

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Canto., 2012	+	?	+	?	+	+	+
Ichinose., 2018	+	+	+	+	+	+	+
Jayaram., 2013	+	-	+	?	+	+	+
Maltais., 2014	+	+	+	?	?	+	+
Maltais., 2018	+	?	+	?	-	+	+
Maltais., 2020	+	?	+	?	+	+	+
Minakata., 2019	+	+	+	+	+	+	+
O'Donnell., 2017	+	?	+	?	+	+	+
O'Donnell., 2018	+	?	+	?	?	+	+
Riley., 2018	+	+	+	?	+	+	+
Singh., 2018	+	?	+	?	?	+	+
Stringer., 2021	+	+	+	?	+	+	+
Takahashi et al., 2020	+	-	-	?	+	+	+
Troosters., 2018	+	?	-	?	+	+	+
Tufvesson., 2021	+	?	+	?	+	-	?
Watz., 2016	+	?	+	+	+	+	+
Watz., 2017	+	?	+	?	+	+	+