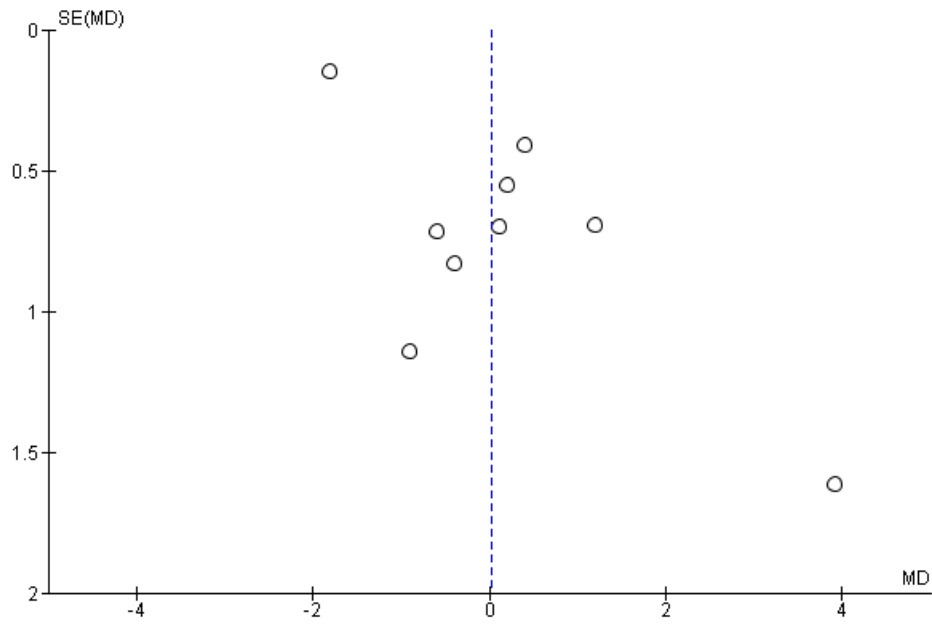
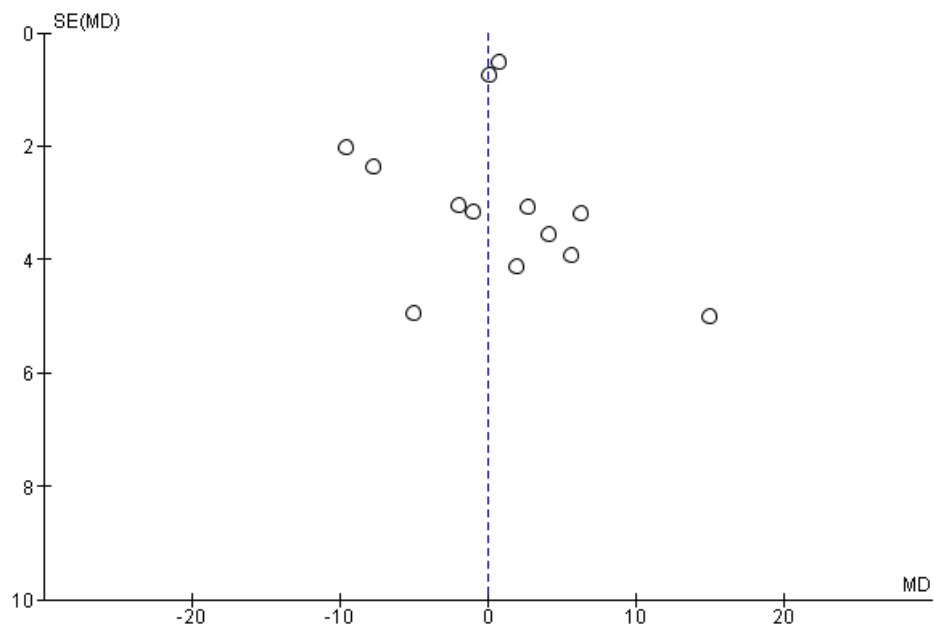


Supplementary figures S1. Funnel plots for outcome variables.

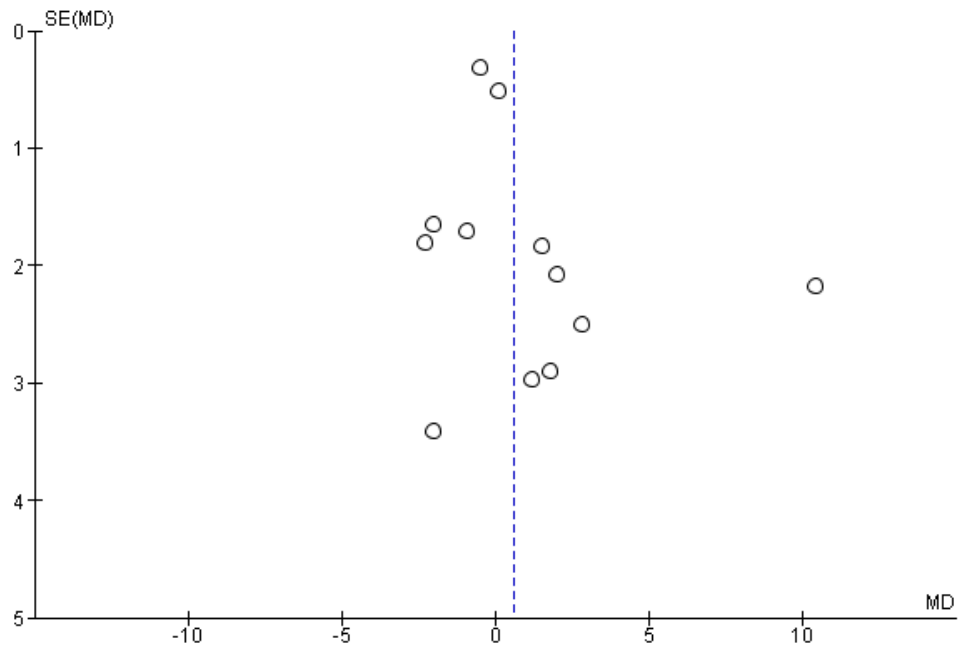
BMI



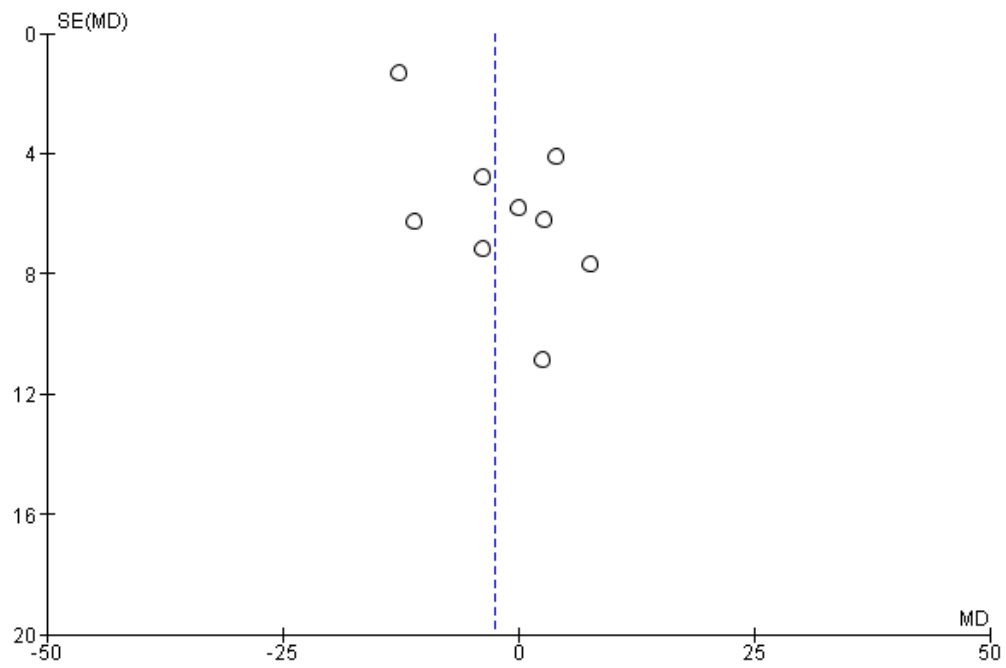
SBP



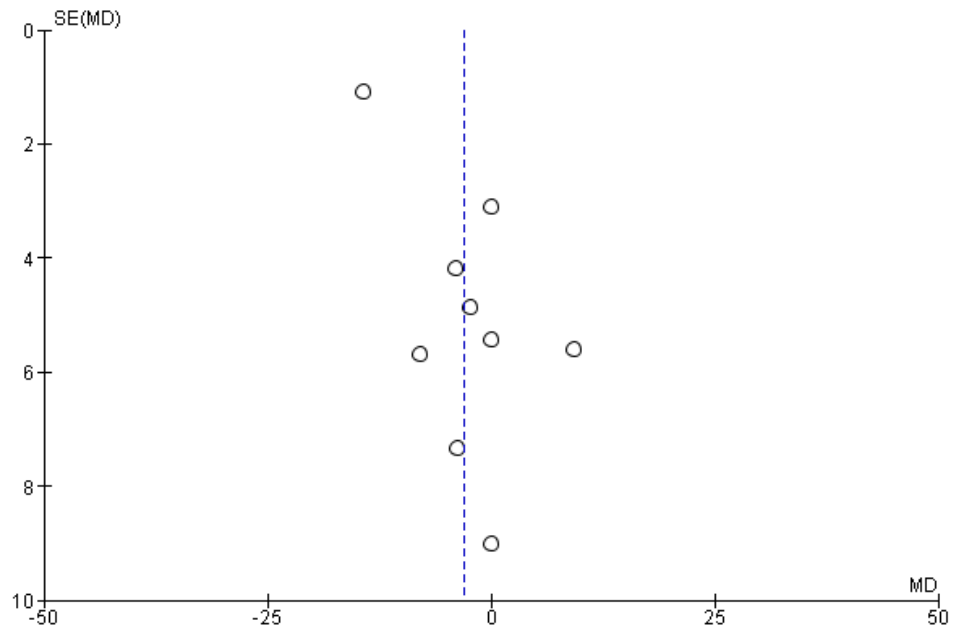
DBP



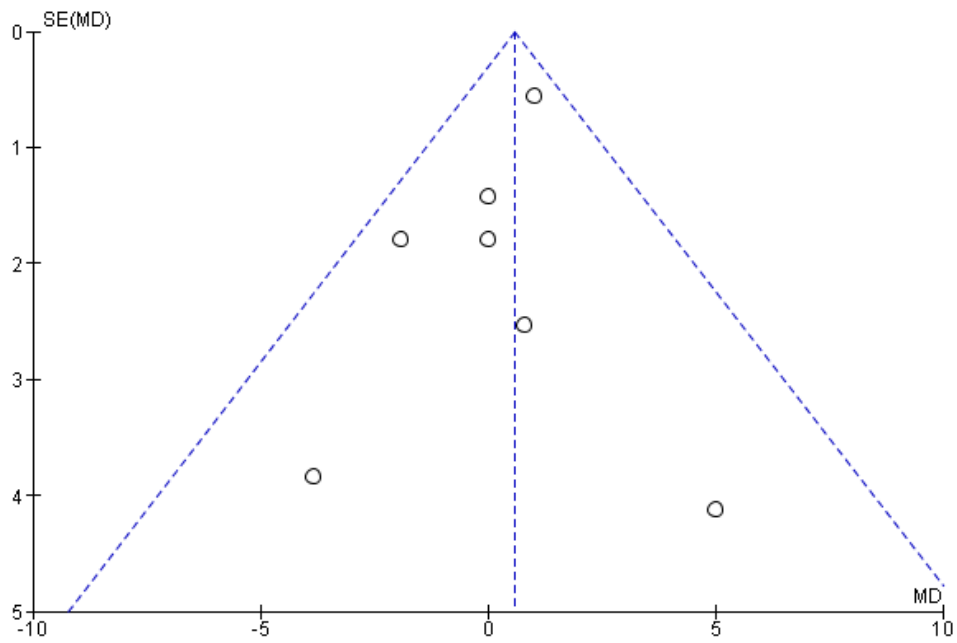
Total cholesterol



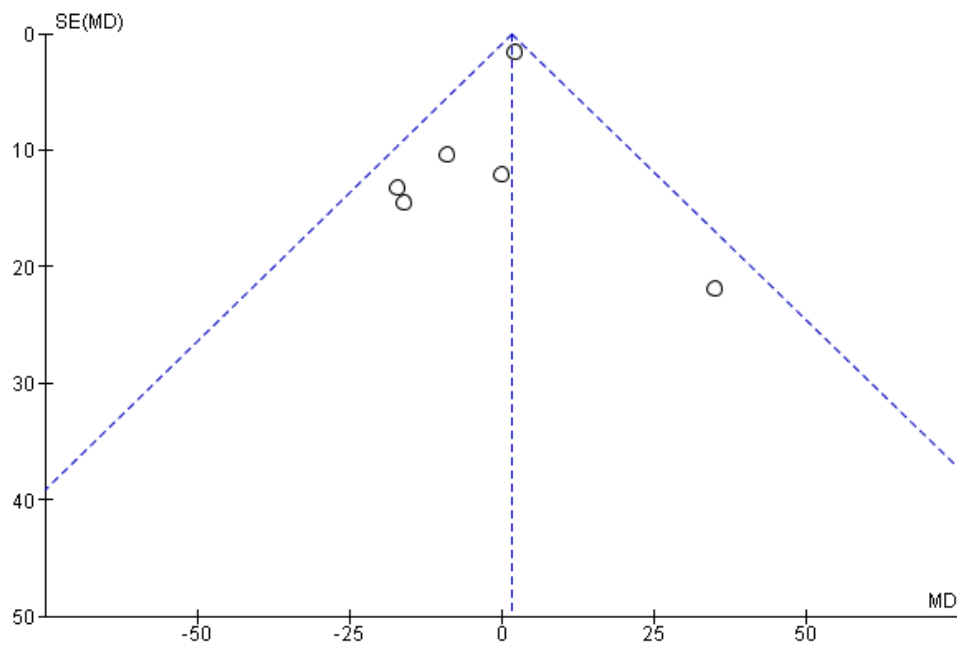
LDL cholesterol



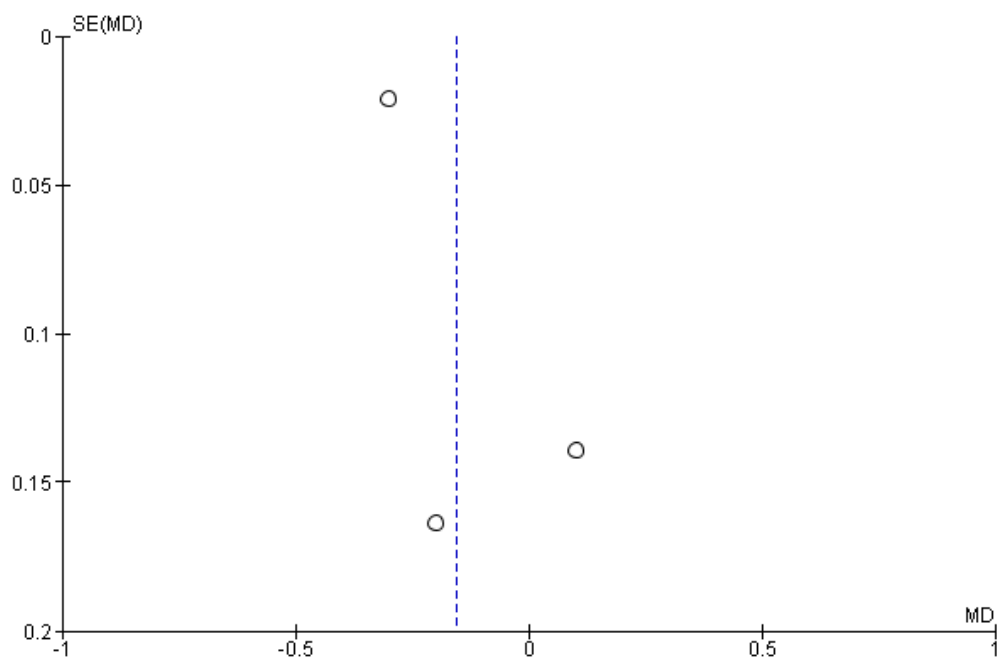
HDL cholesterol



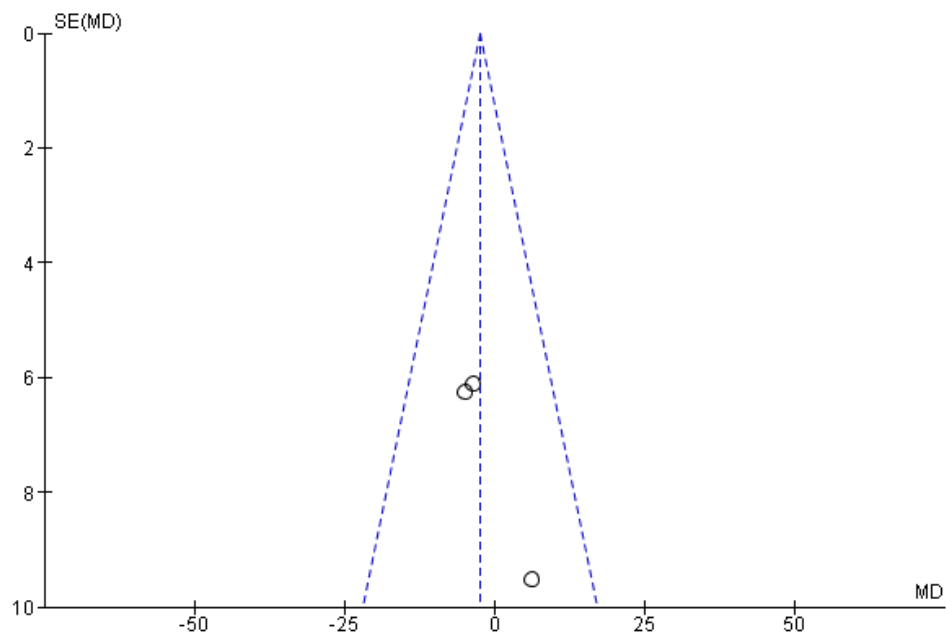
Tryglicerides



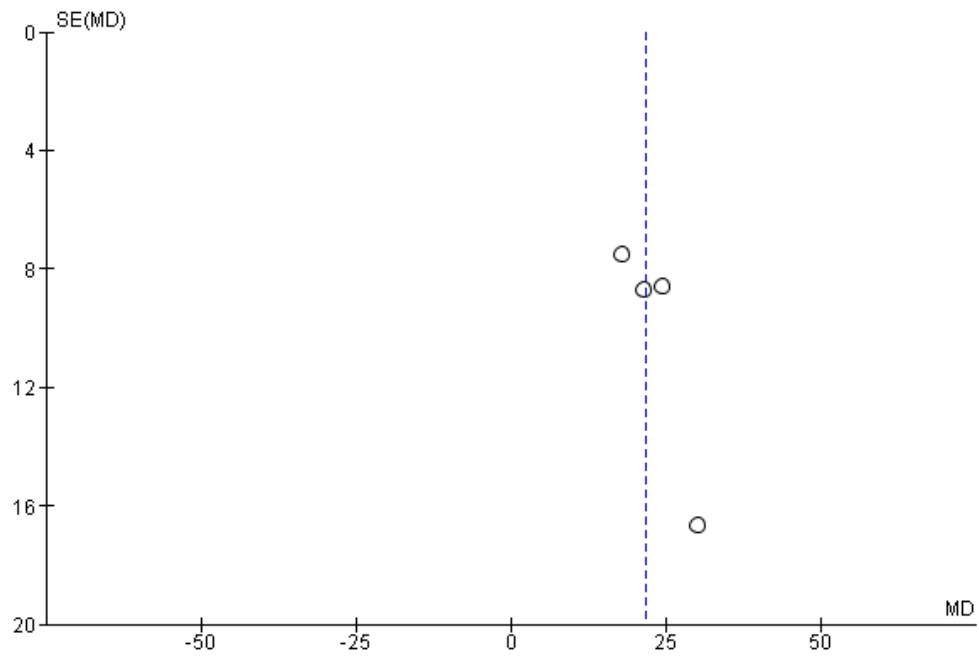
HbA1c



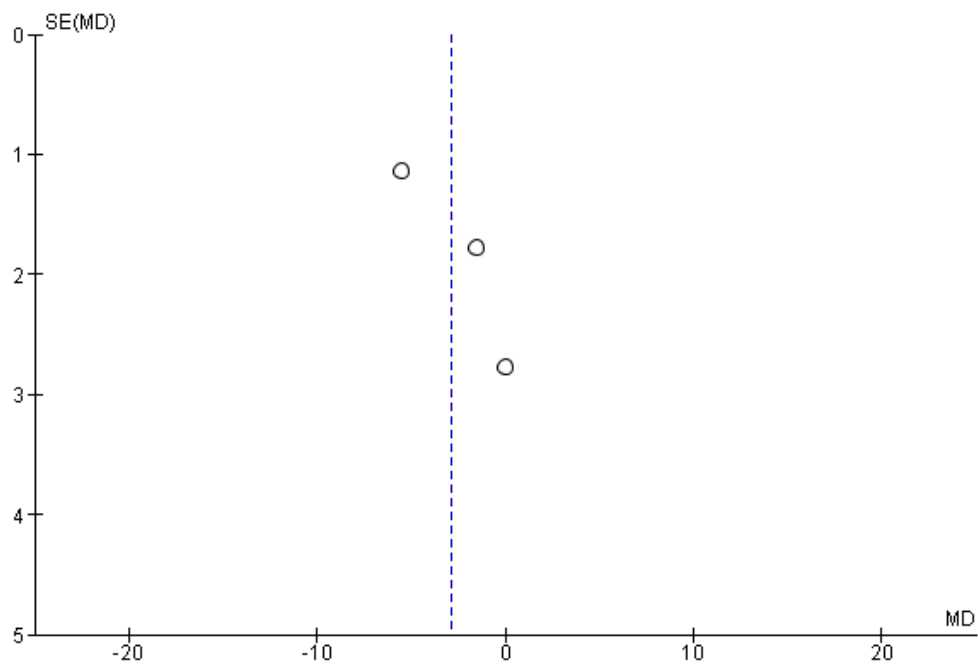
Glucose



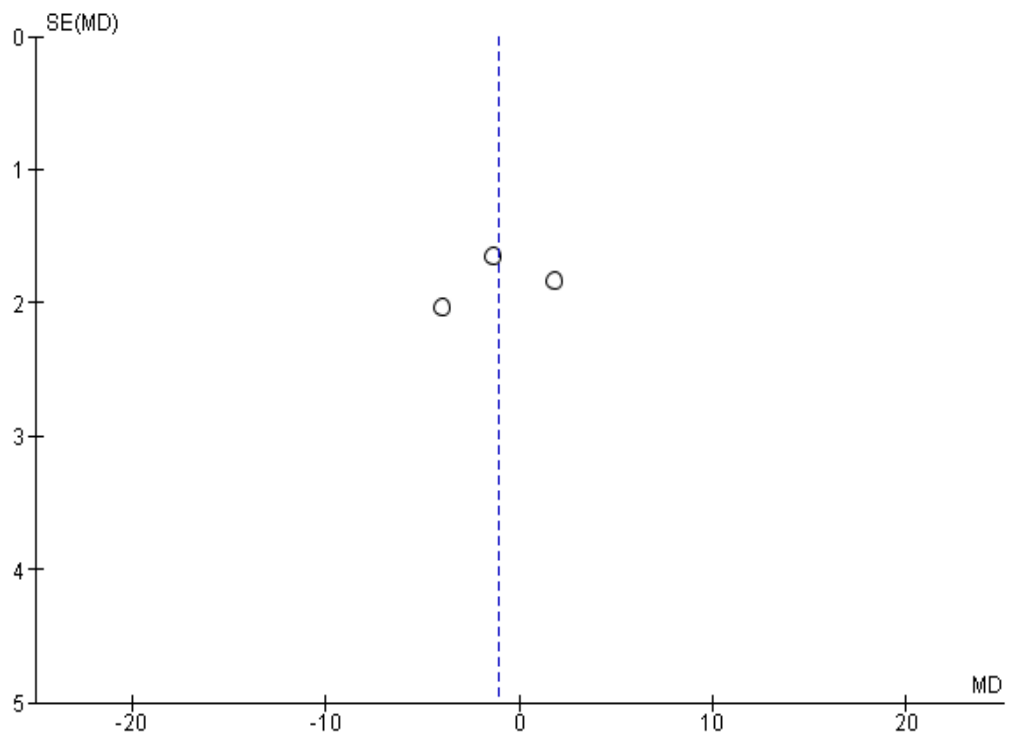
6 minutes walking test



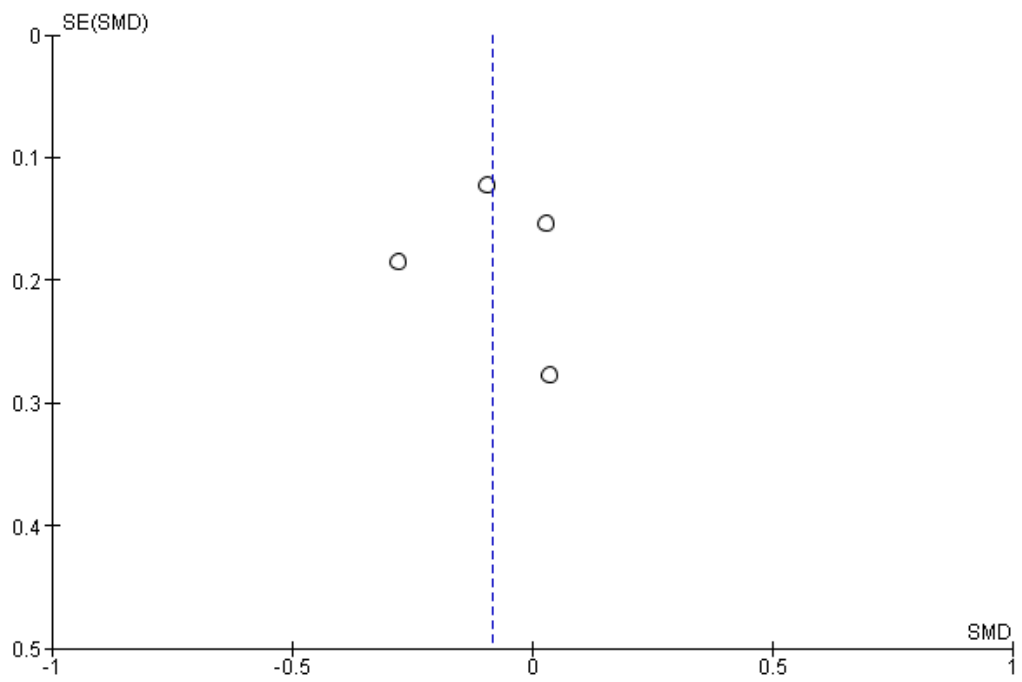
Heart rate



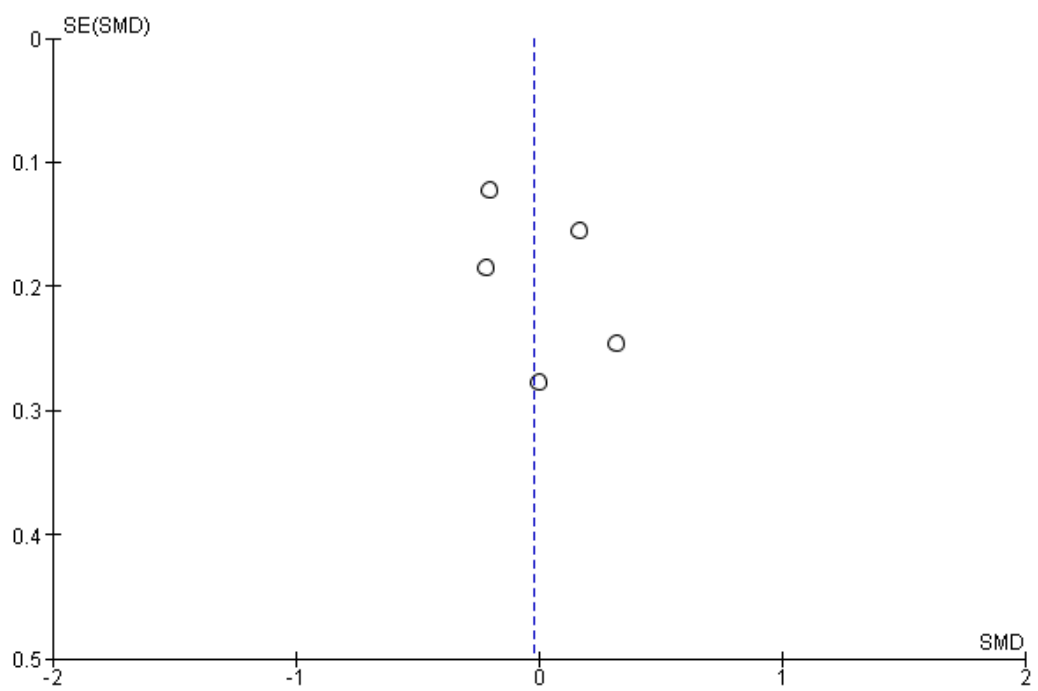
Waist circumference



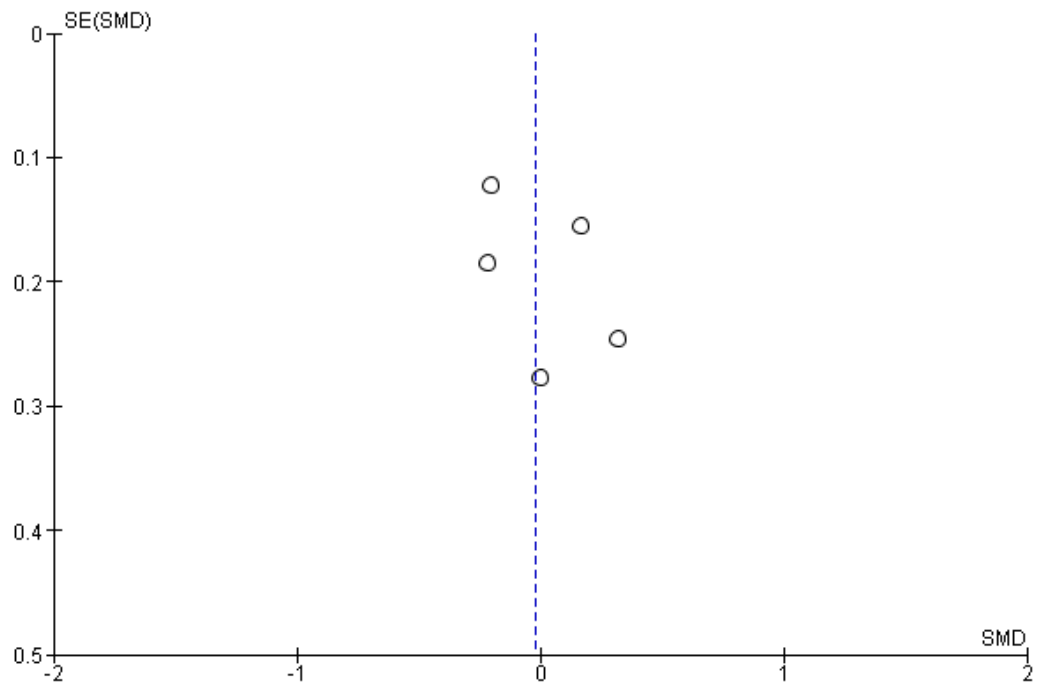
Anxiety



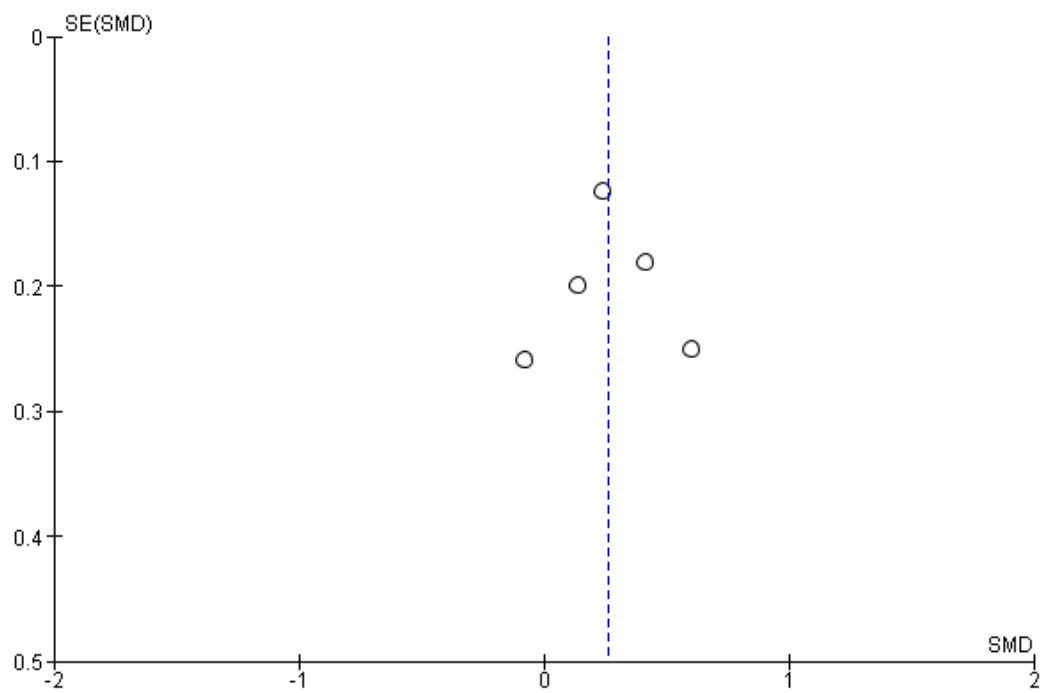
Depression



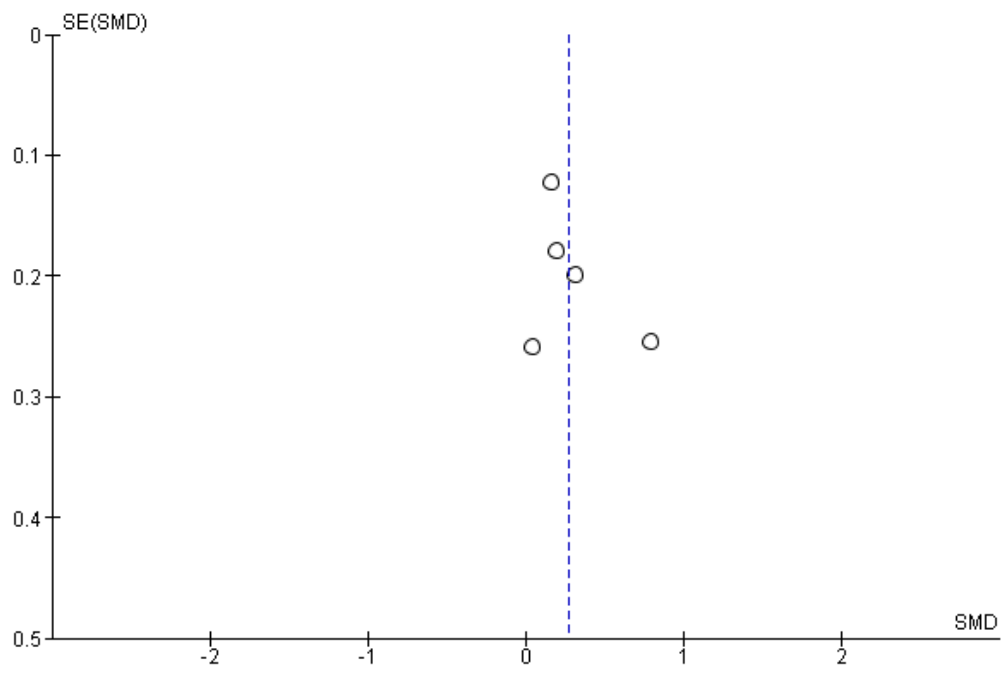
Quality of life. General



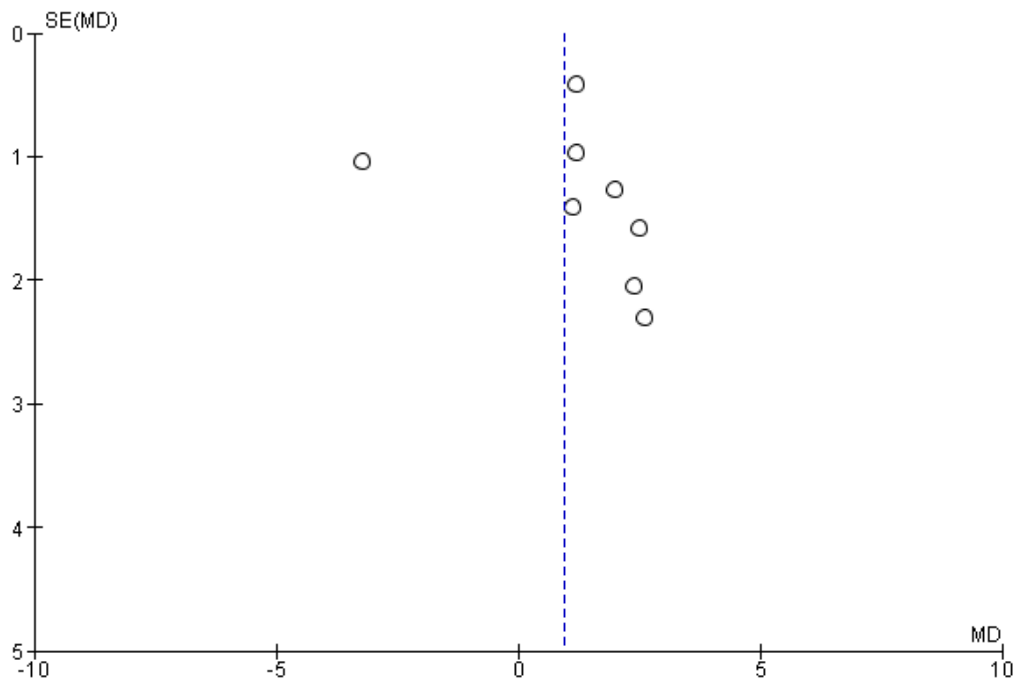
Quality of life. Physical dimensión or physical health



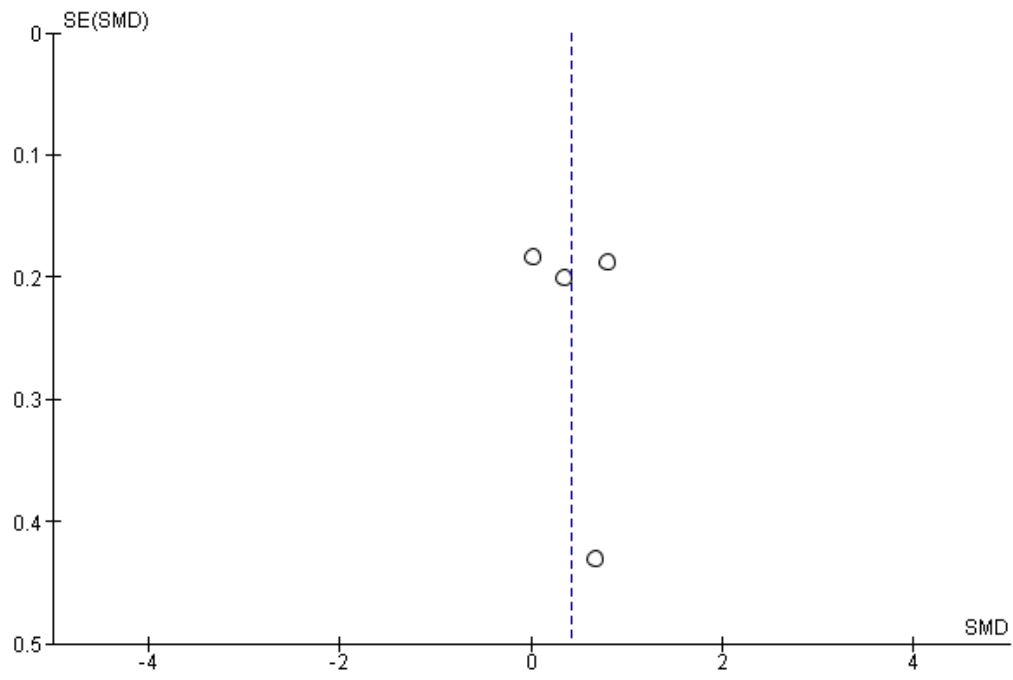
Quality of life. Mental dimension or mental health



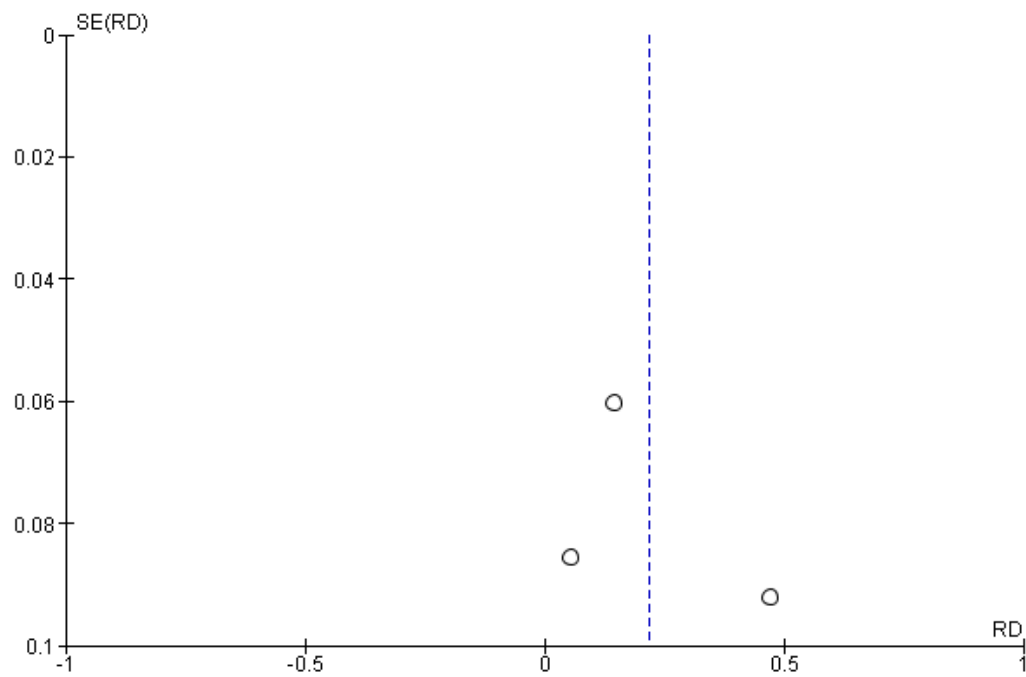
VO2 peak



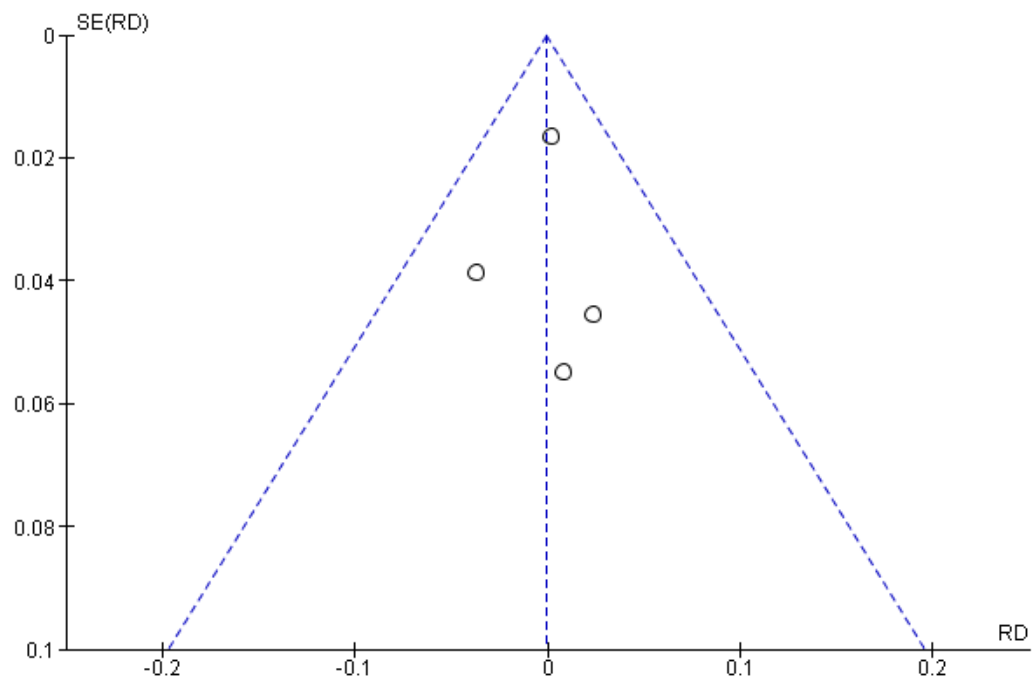
Physical activity



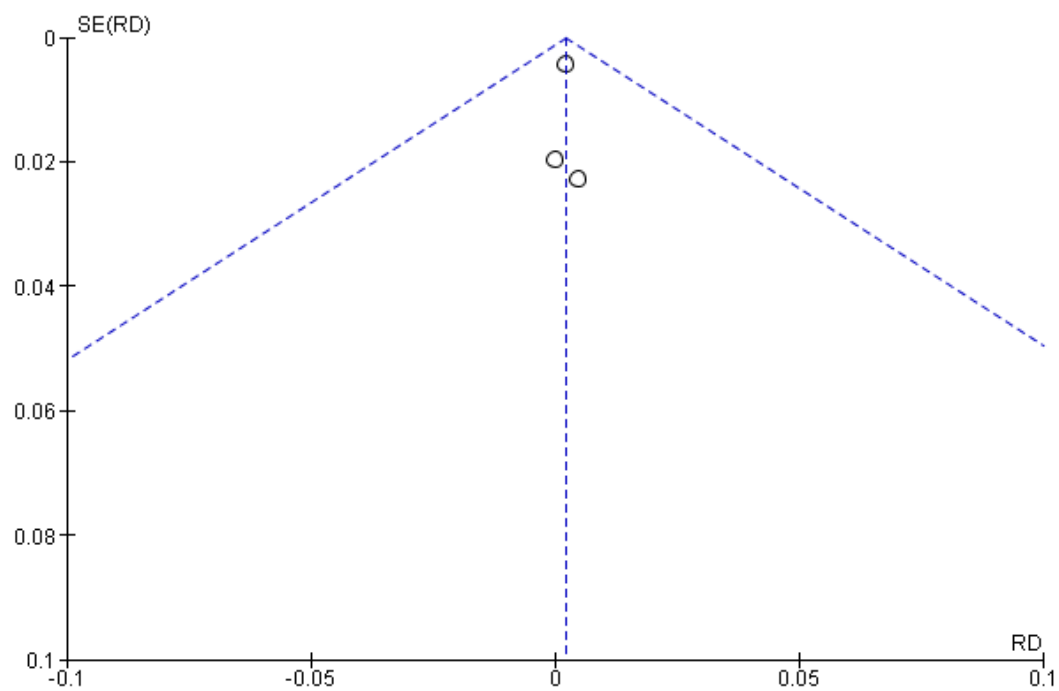
Adherence to medications



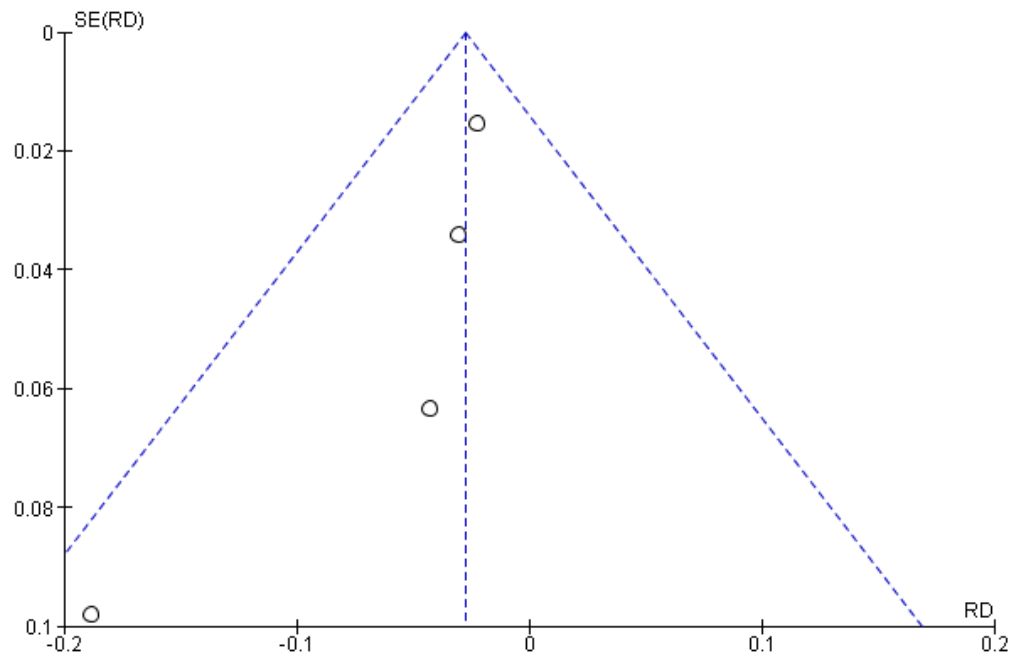
Smoking cessation



Mortality



Rehospitalization all causes



Rehospitalization cardiovascular causes

