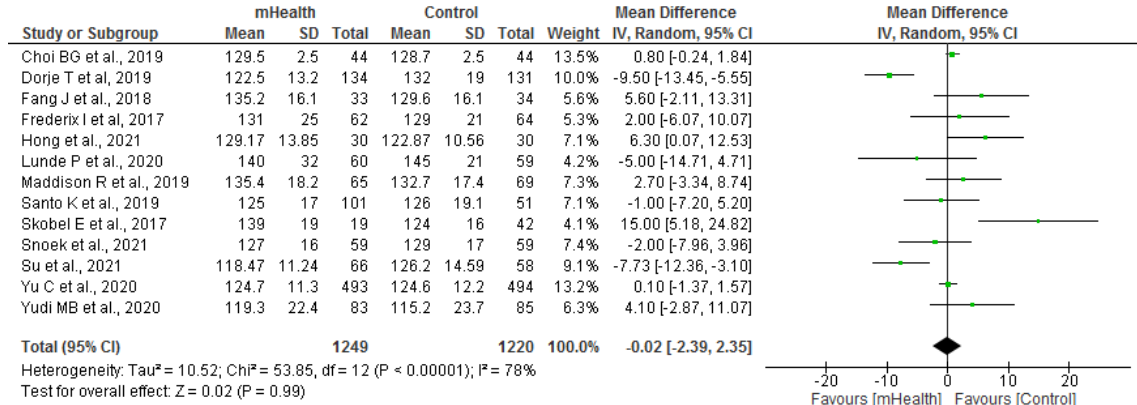
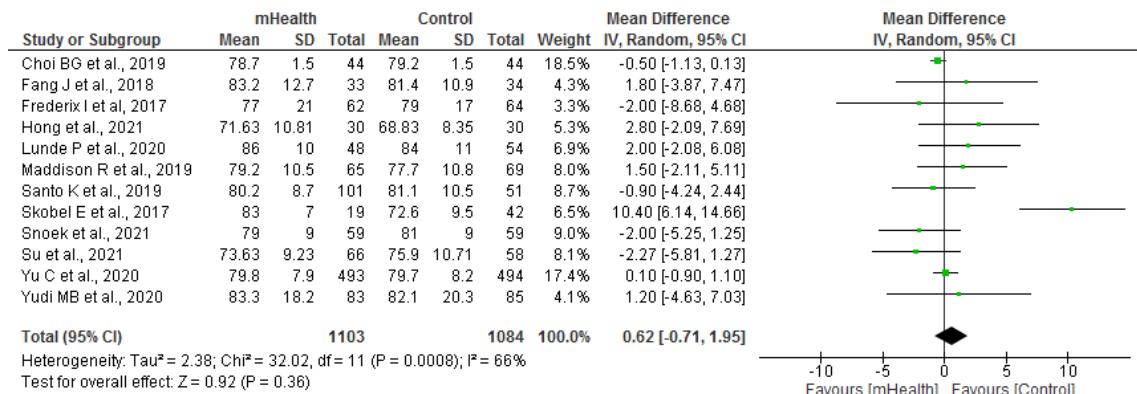


Supplementary figures S2. Forest plots for changes in systolic blood pressure, diastolic blood pressure, body mass index and waist circumference.

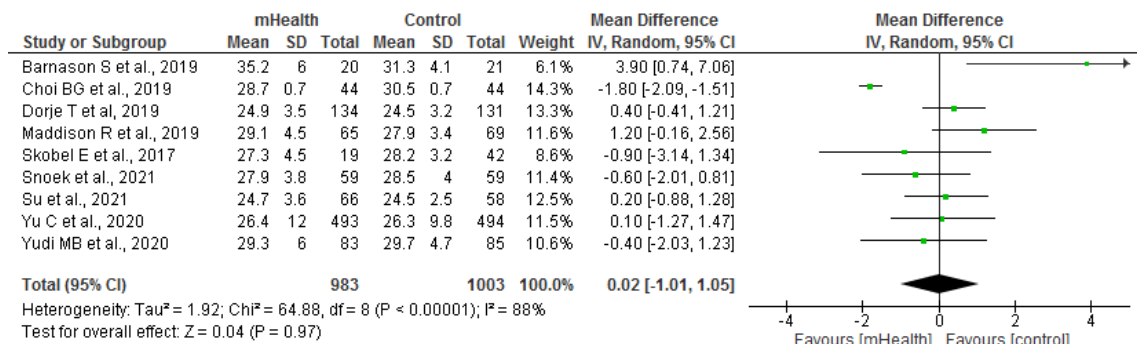
Systolic blood pressure



Diastolic blood pressure



Body mass index



Waist circumference

