

Supplemental Appendix 1. Summary of key terminology

<i>Term</i>	<i>Definition</i>
<i>Short/acute courses</i>	40–50 mg/day for 3–7 days
<i>Long-term use</i>	Dosing exceeding 7 days
<i>Low dose</i>	OCS: typically ≤ 7.5 mg/day
	The GINA report recommends that long-term, low-dose OCS is used as an add-on maintenance therapy in patients with uncontrolled severe asthma (defined as poor control despite optimal therapy with high-dose ICS) with or without LABA and other controllers, but only if contributing factors and side effects are taken into account
<i>High-dose ICS*</i>	From 200 to >2000 mcg/day depending on which ICS is prescribed in adults
	<i>Total daily high-dose ICS examples according to GINA recommendations:</i>
	<ul style="list-style-type: none"> • <i>Fluticasone furoate (DPI) 200 mcg/day</i> • <i>Beclomethasone dipropionate (pMDI, standard particle, HFA) >1000 mcg/day</i>

<i>Medium-dose ICS*</i>	From 100 to 1000 mcg/day depending on which ICS is prescribed in adults	<p><i>Total daily medium-dose ICS examples according to GINA recommendations:</i></p> <ul style="list-style-type: none"> • <i>Fluticasone furoate (DPI) 100 mcg/day</i> • <i>Beclomethasone dipropionate (pMDI, standard particle, HFA) >500–1000 mcg/day</i>
<i>Low-dose ICS*</i>	From 80 to 5000 mcg/day depending on which ICS is prescribed in adults	<p><i>Total daily low-dose ICS examples according to GINA recommendations:</i></p> <ul style="list-style-type: none"> • <i>Ciclesonide (pMDI, extrafine particle, HFA) 80–160 mcg/day</i> • <i>Beclomethasone dipropionate (pMDI, standard particle, HFA) 200–500 mcg/day</i>
<i>Cumulative use</i>	OCS: ≥450 mg within a 90-day period (corresponding to ≥5 g/day)	
<i>Inappropriate use</i>	Courses of SCS that are not clinically justified	

*Daily ICS doses are shown as metered doses. See product information for delivered doses

DPI, dry powder inhaler; GINA, Global Initiative for Asthma; HFA, hydrofluoroalkane propellant; ICS, inhaled corticosteroid(s); LABA, long-acting β_2 -agonist(s); mcg, micrograms; OCS, oral corticosteroid(s); pMDI, pressurized metered dose inhaler; SCS, systemic corticosteroid(s)