



## SUPPLEMENTAL MATERIAL

Supplementary Figure 1. Characterisation of osteoblast-derived EVs. Mouse primary osteoblasts were starved in serum-free DMEM for 24 hours and EVs were isolated from their conditioned medium (CM) by ultracentrifugation. (A) Size and concentration determination of OB-EVs (isolated from 12 ml of CM collected from one 175 cm² flask, cel l density = 3.5x10<sup>4</sup> cells/cm²) by nanoparticle tracking analysis (NanoSight NS300). (B) Western blot for the EV positive markers CD81, CD63, Annexin II (Anxa2), for the negative marker SOD2 and for β-Actin as loading control in protein lysates (8μg) extracted from osteoblasts (OBs) and osteoblast-derived EVs (OB-EVs). (C) Transmission Electron Microscopy (TEM) evaluation of OB-EVs (arrows), original magnification 34000x; insets: higher magnification (92000x) in different fields of the same EVs sample. Data are representative of 3 independent preparations. (D) TaqMan-based real time RT-PCR amplification plot of glutathione reductase (gr) and glutamate-cysteine ligase catalytic subunit (gclc) transcripts in total RNA isolated from OB-EVs. Data are from 2 independent preparations.

## Supplementary Table I: Antibodies and dilutions used for Western blot analyses.

Target	Manufacturer	Catalogue #	RRID#	Working
				dilution
β-actin	Santa Cruz	sc-81178	AB_2223230	1:1000
	Biotechnologies			
Annexin II	Santa Cruz	sc-9061	AB_2057340	1:200
	Biotechnologies			

CD81	Santa Cruz	sc-166029	AB_2275892	1:400			
	Biotechnologies						
CD63	Thermo Fisher	PA5-92370	AB_2806456	1:500			
	Scientific						
CAT	Abcam	ab16731	AB_302482	1:2000			
SOD2	Abcam	ab86087	AB_2191662	1:1000			
p53	Cell signaling	48818S	AB_2713958	1:1000			
	technologies						
MFN1/2	Abcam	ab57602	AB_2142624	1:750			
PGC1a	Santa Cruz	sc-518025	AB_2890187	1:200			
	Biotechnologies						
a-tubulin	Sigma Aldrich	T5168	AB_477579	1:4000			
Secondary antibodies (HRP conjugated)							
Goat anti-mouse	Thermo Fisher	31430	AB_228307	1:5000			
IgG	Scientific						
Mouse anti-	Santa Cruz	sc-2357	AB_628497	1:5000			
rabbit IgG	Biotechnologies						

**Abbreviations:** CAT, catalase; MFN1/2, mitofusin 1/2; PGC1a, Peroxisome proliferator-activated receptor gamma coactivator 1-alpha; SOD2, superoxide dismutase 2.