

Table S1. Sample demographics (Sample N= 317)

Demographic Study Variable	Mean	
	n	%
<i>Current age</i>	49.63 (SD= 14.77)	
<i>Sex</i>		
Male	49	15.5
Female	267	84.2
Other	1	0.3
<i>Ethnicity</i>		
Caucasian/white	293	92.4
First Nations	3	0.9
African American/Black	1	0.3
South Asian/Chinese/Filipino	5	1.6
Indian-subcontinent	4	1.3
Other	11	3.5
<i>Education</i>		
High school	41	12.9
Trade school	12	3.8
Community College	70	22.1
University (undergraduate)	111	35.0
University (professional/post-graduate)	82	25.9
No response	1	0.3
<i>Income</i>		
less than \$30,000	57	18.0
\$30,000 to less than \$50,000	67	21.1
\$50,000 to less than \$80,000	83	26.2
\$80,000 to less than \$120,000	70	22.1
greater than \$120,000	31	9.8
No response	9	2.8
<i>Marital Status</i>		
Single (never legally married)	70	22.1
Married	151	47.6
Common-law	49	15.5
Divorced	20	6.3
Separated	14	4.4
Widowed	11	3.5
No response	2	0.6
<i>Community</i>		
Metropolitan	232	73.2
Regional/remote	80	25.2
No response	5	1.6
<i>Province</i>		
Alberta	113	35.6
British Columbia	30	9.5
Manitoba	23	7.3

New Brunswick	5	1.6
Newfoundland and Labrador	2	0.6
Nova Scotia	8	2.5
Ontario	112	35.3
Quebec	13	4.1
Saskatchewan	10	3.2
No response	1	0.3