

**Supplemental Table 1**

*Descriptive Statistics and Zero-Order Correlations for Time 1 (1) and Time 2 (2) Sense of Purpose (SP), Relationship Satisfaction (RS), Investment Size (IS), Commitment (Com), Intimacy (Int), Trust (Trust), and Perceived Quality of Alternatives (PQA).*

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.
1. SP 1	-													
2. RS 1	.45 [.38, .51]	-												
3. IS 1	.28 [.21, .34]	.56 [.49, .62]	-											
4. Com 1	.27 [.20, .34]	.61 [.56, .66]	.55 [.49, .61]	-										
5. Int 1	.40 [.34, .47]	.87 [.85, .89]	.54 [.48, .61]	.62 [.57, .67]	-									
6. Trust 1	.35 [.29, .42]	.68 [.63, .71]	.47 [.40, .54]	.60 [.55, .65]	.70 [.66, .75]	-								
7. PQA 1	.01 [-.05, .07]	-.09 [-.15, -.03]	-.12 [-.19, -.06]	-.32 [-.38, -.27]	-.12 [-.18, -.06]	-.12 [-.18, -.07]	-							
8. SP 2	.77 [.74, .80]	.45 [.39, .51]	.27 [.21, .34]	.26 [.18, .33]	.42 [.36, .48]	.35 [.28, .43]	.00 [-.07, .06]	-						
9. RS 2	.43 [.36, .49]	.86 [.83, .84]	.48 [.41, .54]	.54 [.49, .59]	.79 [.76, .82]	.62 [.55, .67]	-.09 [-.15, -.03]	.50 [.44, .56]	-					
10. IS 2	.26 [.21, .33]	.48 [.42, .54]	.60 [.55, .65]	.47 [.41, .52]	.47 [.41, .53]	.43 [.36, .50]	-.18 [-.24, -.11]	.34 [.28, .40]	.55 [.50, .61]	-				
11. Com 2	.24 [.17, .30]	.55 [.49, .61]	.47 [.40, .53]	.70 [.66, .74]	.57 [.50, .63]	.52 [.45, .59]	-.27 [-.32, -.23]	.31 [.25, .38]	.62 [.57, .67]	.59 [.54, .64]	-			
12. Int 2	.37 [.30, .44]	.78 [.74, .81]	.48 [.42, .55]	.55 [.50, .60]	.83 [.79, .86]	.58 [.52, .64]	-.12 [-.17, -.06]	.45 [.39, .51]	.86 [.85, .88]	.55 [.50, .61]	.63 [.58, .68]	-		
13. Trust 2	.32 [.26, .38]	.60 [.55, .65]	.42 [.35, .55]	.53 [.48, .58]	.59 [.53, .64]	.75 [.71, .79]	-.15 [-.20, -.10]	.39 [.32, .46]	.69 [.65, .74]	.51 [.45, .58]	.63 [.58, .68]	.70 [.66, .75]	-	
14. PQA 2	.05 [-.01, .11]	-.06 [-.12, .00]	-.11 [-.18, -.05]	-.25 [-.30, -.19]	-.10 [-.16, -.05]	-.13 [-.19, -.07]	.55 [.49, .60]	.06 [.01, .11]	-.06 [-.11, .00]	-.10 [-.17, -.04]	-.30 [-.35, -.24]	-.08 [-.13, -.02]	-.11 [-.17, -.05]	-
Range	1.00-5.00	1.00-9.00	1.00-9.00	1.00-9.00	1.00-7.00	1.00-7.00	1.00-9.00	1.00-5.00	1.00-9.00	1.00-9.00	1.00-9.00	1.00-7.00	1.00-7.00	1.00-9.00
<i>M</i>	4.05	7.00	6.96	7.84	5.83	6.26	4.22	4.09	7.00	7.02	7.90	5.80	6.23	4.15
<i>SD</i>	0.78	2.14	1.73	1.45	1.43	1.06	2.23	0.77	2.11	1.75	1.41	1.44	1.08	2.24

*Note.* Sense of purpose associations are based on entire two wave sample ( $N = 1200$ ) while associations involving relationship quality variables from Time 1 are based on people in relationships at Time 1 ( $N = 912$ ), and associations involving Time 2 relationship quality variables are based on committed continuers ( $N = 874$ ).

**Supplemental Table 2**

*Factor Loadings, Intercepts, Variances, and Covariances for the Six Sense of Purpose Items and the Five Relationship Quality Manifest Variables: Relationship Satisfaction, Investment Size, Commitment, Intimacy, and Trust with Controlling for Gender, Age, and Relationship Duration at Time 1 and Time 2.*

	<b>Estimate</b>	<b>Lower 95% CI</b>	<b>Upper 95% CI</b>	<b>Std. Est.</b>
<b>Predicting Time 2 Relationship Quality</b>				
Time 1 Sense of Purpose	0.07	-0.05	0.18	0.03
Time 1 Relationship Quality	0.88	0.83	0.92	0.87
Gender (0 = Men)	0.09	-0.02	0.19	0.05
Centered Age	0.00	0.00	0.01	0.00
Centered Relationship Duration	0.00	-0.01	0.01	0.00
<b>Predicting Time 2 Sense of Purpose</b>				
Time 1 Sense of Purpose	0.79	0.73	0.85	0.77
Time 1 Relationship Quality	0.05	0.02	0.07	0.12
Gender (0 = Men)	0.09	0.03	0.15	0.12
Centered Age	0.00	0.00	0.01	0.00
Centered Relationship Duration	0.00	-0.01	0.00	0.00
<b>Correlated Change</b>				
Relationship Quality ~ Purpose	0.12	0.09	0.16	0.36
<b>Factor Loadings</b>				
Item 1	1.00	1.00	1.00	0.71
Item 2	0.79	0.72	0.86	0.56
Item 3	1.08	1.00	1.16	0.77
Item 4	0.75	0.69	0.81	0.53
Item 5	0.90	0.83	0.96	0.64
Item 6	0.74	0.68	0.80	0.53
Satisfaction	1.00	1.00	1.00	1.8
Investment	0.53	0.49	0.57	0.95
Commitment	0.53	0.5	0.57	0.96
Intimacy	0.72	0.7	0.75	1.3
Trust	0.51	0.48	0.54	0.92
<b>Intercepts</b>				
Item 1	4.01	3.95	4.08	4.01
Item 2	3.9	3.85	3.95	3.9
Item 3	3.94	3.88	4.00	3.94
Item 4	4.06	4.01	4.11	4.06
Item 5	4.25	4.2	4.3	4.25
Item 6	4.46	4.41	4.51	4.46
Satisfaction	6.99	6.86	7.11	6.99
Investment	7.00	6.91	7.10	7.00
Commitment	7.88	7.80	7.97	7.88
Intimacy	5.79	5.70	5.88	5.79
Trust	6.24	6.16	6.32	6.24
<b>Variances</b>				
Item 1	0.57	0.52	0.61	0.57

Item 2	0.45	0.42	0.49	0.45
Item 3	0.39	0.35	0.42	0.39
Item 4	0.31	0.28	0.33	0.31
Item 5	0.3	0.27	0.32	0.3
Item 6	0.32	0.3	0.35	0.32
Satisfaction	0.58	0.51	0.66	0.58
Investment	1.49	1.38	1.61	1.49
Commitment	0.96	0.89	1.04	0.96
Intimacy	0.26	0.23	0.3	0.26
Trust	0.57	0.52	0.62	0.57
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<b>Covariances</b>				
Item 1	0.12	0.07	0.16	0.12
Item 2	0.13	0.1	0.17	0.13
Item 3	0.08	0.05	0.11	0.08
Item 4	0.09	0.07	0.12	0.09
Item 5	0.06	0.03	0.08	0.06
Item 6	0.14	0.11	0.16	0.14
Satisfaction	0.31	0.24	0.39	0.31
Investment	0.68	0.56	0.79	0.68
Commitment	0.52	0.44	0.59	0.52
Intimacy	0.12	0.09	0.15	0.12
Trust	0.37	0.32	0.42	0.37

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