## The VicHealth Local Government Partnership (VLGP) Connecting the Dots framework.

The Connecting the Dots framework provides the basic building blocks to develop staff capabilities and skills in systems-thinking and engagement with children and young people in planning, policies and programs. It consists of structured training workshops (Block 1) and the delivery of systems thinking approaches (Block 2).

Connecting the Dots foundation module training workshops for council facilitation teams – Block  $\bf 1$ 

## Block 1: Understanding systems thinking approaches: Fundamentals in Systems Thinking & Facilitation

Training sessions on; 1) Basics of systems thinking including the fundamental skills around concepts and language; 2) community-based systems dynamics and GMB workshop facilitation process via participation in facilitated demonstrations and guided facilitation practice.

Connecting the Dots foundation module delivering of systems thinking approaches – Block  $\bf 2$ 

## Block 2: Actioning new systems thinking approaches: workshop preparation & delivery

The preparation seminars covered various topics and focussed closely on supporting council teams as they negotiated the tasks and preparations relative to the stages of the 3 GMB workshop delivery facilitation practice with community stakeholders (outlined

**GMB workshop 1:** Orientation of participants to VLGP project, local context for work and GMB process to be undertaken. Development of initial systems map.

**GMB workshop 2:** Refinement of systems map based on revisions since workshop 1 and further conversation and consideration of health and wellbeing determinants. Discussion of preliminary insights on potential focal points on systems map for community-led action, and potential additional invitees and recruitment strategies for workshop 3.

**GMB workshop 3:** Introduction and orientation to systems map for new participants if required. Further discussion of revisions to systems maps since workshop 2. Facilitated discussion and prioritisation of potential community-led actions identified in response to insights from systems map.

During GMB workshops 1-3 council facilitation teams and community stakeholders will together create a CLD of the locally relevant drivers of health and wellbeing of children or young people in their community and determined the highest-priority leverage points for action.