

Table S2. Means (SD) for all measures at the three assessment points for the three groups in the study.

Group	Guided I-BA (n=11)	Self-guided I-BA (n=10)	TAU (n=11)
Measure			
<i>Clinician-rated</i>			
CGAS			
Baseline	56.6 (4.2)	54.7 (6.4)	52.9 (6.4)
Post	66.1 (13.3)	60.6 (11.5)	59.6 (7.8)
3-month FU §	70.6 (15.4)	63.6 (12.5)	64.3 (10.1)
CGI-S			
Baseline	3.5 (0.8)	4.1 (1.1)	3.7 (0.7)
Post	2.2 (1.3)	3.0 (1.4)	3.3 (1.2)
3-month FU §	2.0 (1.5)	2.3 (1.4)	3.0 (1.8)
<i>Child-rated</i>			
RCADS-S-A			
Baseline	12.5 (4.3)	14.4 (8.8)	12.7 (6.2)
Post	7.9 (5.2)	7.4 (4.6)	15.5 (10.3)
3-month FU §	8.3 (5.3)	10.1 (5.7)	12.3 (9.0)
KIDSCREEN-10-A			
Baseline	31.3 (5.3)	30.7 (4.2)	28.4 (4.2)
Post	34.4 (5.3)	36.0 (6.2)	30.4 (5.2)
3-month FU §	38.0 (5.1)	38.3 (6.0)	33.7 (4.9)
ISI			
Baseline	12.4 (6.3)	12.3 (6.2)	15.5 (3.5)
Post	6.1 (4.3)	7.6 (5.7)	14.3 (7.9)
3-month FU §	4.3 (3.6)	7.0 (4.4)	10.2 (5.5)
ARI			
Baseline	3.8 (1.8)	6.6 (4.1)	6.6 (4.1)
Post	3.4 (2.7)	3.9 (4.0)	5.5 (4.2)
3-month FU §	2.3 (1.6)	2.7 (4.4)	4.0 (3.4)
Need for further treatment			
3-month FU §	0.6 (0.8)	1.4 (1.6)	<i>Not assessed</i>
WAI-A			
3 weeks	31.6 (10.3)	31.1 (13.9)	18.0 (20.8)
Post	36.1 (5.8)	27.3 (13.7)	21.4 (13.2)
BADS-SF			
Baseline	23.1 (7.8)	23.8 (8.2)	19.7 (4.9)
Post	33.5 (8.6)	34.8 (11.3)	27.0 (11.5)
3-month FU §	36.8 (7.9)	34.9 (9.0)	28.8 (8.4)

Parent-rated			
WSAS-P			
Baseline	18.5 (8.4)	16.1 (11.0)	19.2 (7.9)
Post	13.2 (7.0)	11.7 (9.6)	21.9 (7.9)
3-month follow-up§	11.6 (9.7)	13.1 (11.1)	13.2 (8.9)
RCADS-S-P			
Baseline	10.6 (6.6)	10.3 (4.9)	10.4 (7.0)
Post	9.2 (6.4)	8.8 (4.1)	10.0 (5.3)
3-month FU §	7.7 (6.1)	6.5 (4.5)	7.9 (5.7)
KIDSCREEN-10-P			
Baseline	29.6 (4.2)	30.3 (5.6)	28.0 (5.4)
Post	31.5 (3.3)	34.8 (4.4)	31.2 (4.7)
3-month FU §	34.2 (3.4)	33.0 (8.3)	31.6 (5.0)
Need for further treatment-P			
3-month FU §	1.6 (1.4)	1.7 (1.6)	2.0 (1.2)
WAI-P			
3 weeks	38.8 (3.3)	33.0 (5.4)	23.3 (12.1)
Post	38.1 (4.4)	32.4 (9.1)	19.5 (11.5)
<p>I-BA = Internet-delivered behavioural activation; TAU = treatment as usual; CGAS = Children's Global Assessment Scale; CGI-S = Clinical Global Impression – Severity; RCADS-S (A/P) = Revised Children's Anxiety and Depression Scale, short version, anxiety subscales, adolescent and parent version; KIDSCREEN-10 (A/P) = a measure for general health-related quality of life, adolescent and parent version; ISI = Insomnia Severity Index; ARI = Affective Reactivity Index; WAI = Working Alliance Inventory; BADS-SF = Behavioural Activation and Avoidance Scale Short Form; WSAS (P) = Work and Social Adjustment Scale, parent version §Primary endpoint.</p>			