

# Predicting YAP/TAZ nuclear translocation in response to ECM mechanosensing

Bo Cheng,<sup>1,2</sup> Moxiao Li,<sup>3,\*</sup> Wanting Wan,<sup>2,4</sup> Hui Guo,<sup>5</sup> Guy M. Genin,<sup>1,2,6</sup> Min Lin,<sup>1,2</sup> and Feng Xu<sup>1,2,\*</sup> <sup>1</sup>The Key Laboratory of Biomedical Information Engineering of Ministry of Education, School of Life Science and Technology, Xi'an Jiaotong University, Xi'an, P.R. China; <sup>2</sup>Bioinspired Engineering and Biomechanics Center (BEBC), Xi'an Jiaotong University, Xi'an, P.R. China; <sup>3</sup>State Key Laboratory of Mechanics and Control of Mechanical Structures, Nanjing University of Aeronautics and Astronautics, Nanjing, China; <sup>4</sup>Key Laboratory of Shaanxi Province for Craniofacial Precision Medicine Research, College of Stomatology, Xi'an Jiaotong University, Xi'an, P.R. China; <sup>a</sup>Department of Medical Oncology, The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an, P.R. China; and <sup>6</sup>NSF Science and Technology Center for Engineering Mechanobiology, Washington University in St. Louis, St. Louis, MO, USA

ABSTRACT Cells translate mechanical cues from the extracellular matrix (ECM) into signaling that can affect the nucleus. One pathway by which such nuclear mechanotransduction occurs is a signaling axis that begins with integrin-ECM bonds and continues through a cascade of chemical reactions and structural changes that lead to nuclear translocation of YAP/TAZ. This signaling axis is self-reinforcing, with stiff ECM promoting integrin binding and thus facilitating polymerization and tension in the cytoskeletal contractile apparatus, which can compress nuclei, open nuclear pore channels, and enhance nuclear accumulation of YAP/TAZ. We previously developed a computational model of this mechanosensing axis for the linear elastic ECM by assuming that there is a linear relationship between the nucleocytoplasmic ratio of YAP/TAZ and nuclear flattening. Here, we extended our previous model to more general ECM behaviors (e.g., viscosity, viscoelasticity, and viscoplasticity) and included detailed YAP/TAZ translocation dynamics based on nuclear deformation. This model was predictive of diverse mechanosensing responses in a broad range of cells. Results support the hypothesis that diverse mechanosensing phenomena across many cell types arise from a simple, unified set of mechanosensing pathways.

SIGNIFICANCE The mechanics of the extracellular microenvironment (e.g., matrix elasticity, viscosity, viscoelasticity, and viscoplasticity) affect physiological and pathological cell behaviors. A goal of mechanobiology is to identify, predict, and disrupt the molecular pathways underlying pathology. Toward this goal, we developed a computational model of a critical signaling pathway and applied it to predict diverse mechanosensing phenomena. The model lays a foundation for understanding how diverse cellular behaviors arise from a concise set of signaling steps and for potentially disrupting certain pathological mechanosensing behaviors.

#### INTRODUCTION

Mechanical cues from the extracellular microenvironment, such as elasticity, viscosity, and viscoelasticity of the extracellular matrix (ECM), regulate cellular behaviors such as migration, proliferation, and differentiation (1). Changes to these cues accompany pathologies such as metastasis and fibrosis and have been implicated in the development of drug resistance in chemotherapy (2). These observations motivate a range of emerging applications of mechanobiol-

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https://doi.org/10.1016/j.bpj.2022.11.2943 © 2022 Biophysical Society. ogy, including concepts of mechanomedicine (3,4) and mechanochemical conversion (5).

Many different mechanotransduction pathways have been identified that can explain such phenomena, with a common theme being the force-dependent manipulation of molecules that link the ECM. This manipulation can affect nuclear signaling and gene expression through pathways that begin with members of the integrin family, whose extracellular domains can bind to the ECM (6). Through mechanochemical conversion involving focal adhesion kinase (FAK), the talin-vinculin complex, actomyosin, and a series of molecules that link the cytoskeleton to the nucleus, ECM mechanics can be transduced by integrins (7) and translated into nuclear translocation of molecular signals that affect the hippo pathway, specifically the Yes-associated protein and transcriptional coactivator with PDZ-binding motif (YAP/ TAZ) (8,9).

Mathematical models of integrin-mediated intracellular signaling have reconciled many disparate cellular responses to matrix mechanics. For example, mechanosensing differences between neurons and U251 glioma cells can be explained by differences in the motor-clutch dynamics of ECM-integrinactin linkages (10), and seemingly inconsistent trends observed in the dependence of actin flow on matrix stiffness can be explained by talin unfolding dynamics and integrin cross-talk (11,12). Clinical translation of observations like these about the role of the integrin-FAK-actomyosin-YAP/TAZ axis may someday be possible through the use of drugs that affect the different steps of the cascade, such as biogen for  $\alpha_v \beta_6$  integrin, defactinib for FAK, and 4-HAP for myosin (13).

A critical need is the capacity to screen such molecules in silico to predict how such a mechanosensitive axis can modulate cellular behaviors (14), including decision-making in response to pathological mechanosignaling in disease (15). Mechanobiological models can now predict how certain cell behaviors and mechanics evolve with microenvironmental cues. Such models include the chemomechanical model of Shenoy and co-workers (16,17); the models of Deshpande, McGarry, and co-workers (18,19); the Chan-Odde molecular clutch model (20,21); and its extensions by the Roca-Cusachs groups and others (11,12,22-25) for talin-vinculin dynamics and viscous effects. Motor-clutch models predict a surprising diversity of cellular responses (e.g., cell adhesions, cell traction, and actin flows) to matrix mechanics, including matrix elasticity, viscosity, viscoelasticity, and plasticity (20,23,24,26). However, these models are not capable of predicting the responses of intracellular signals (such as YAP/ TAZ nuclear translocation) to matrix mechanics.

Recently, deterministic methods such as homogenized and spatial models have been developed to study the integrin-YAP signaling axis in response to an elastic matrix (27,28). Besides, we also proposed a computational model for predicting how YAP/TAZ nuclear translocation dynamics respond to matrix elasticity (29). However, linear elasticity does not cover matrix mechanics in vivo, and we therefore extended previous computational approaches to develop a single treatment accounting for the recursive feedback between ECM mechanics, focal adhesion dynamics, and integrin-FAK-myosin-YAP/ TAZ signaling. We hypothesized that a diversity of heterogeneous cellular behaviors could be predicted from a small set of mechanobiological and rate equations and tested this hypothesis by verifying the model against a range of experimental observations reported in the literature.

#### MATERIALS AND METHODS

## Stochastic mechanochemical computational model

Overview of the model

Standard motor-clutch model and its extensions are used to describe the FAmediated mechanosensing in response to matrix elasticity, viscosity, and viscoelasticity (Fig. 1 *a*). Although motor-clutch models can successfully explain FA dynamics (e.g., cell traction and actin flow) on the cell-ECM interface in response to various mechanical cues, they still cannot be used to predict the dynamics of intracellular signaling. Here, we implement the motor-clutch model by treating stretch clutches as integrins, which can be activated when the elongation of stretched clutches exceeds a certain threshold (Fig. 1 *b*). Active integrins then can act as the enzyme to activate FAK molecules (5).

Later, active FAK can activate the RhoA-mDia1/ROCK-actomyosin axis (Fig. 1 c) (30-32). The output of this signaling axis is the amount of actin cap filaments and, hence, the perinuclear forces above the nucleus, represented as the product of amounts of active myosin molecules and F-actin (27). Perinuclear forces are known to induce nuclear deformation, nuclear pore expansion, and unfolding of YAP/TAZ molecules through interaction with phenylalanine-glycine repeat tethers on nucleoporins (FG nups) and to enhance YAP/TAZ nuclear import (9) (Fig. 1 d). Based on previous studies (33), we modeled the normalized nuclear pore diameter as directly proportional to perinuclear forces. Finally, the effects of nuclear compression by actin cap filaments on nuclear pore opening and YAP/TAZ dynamics were modeled. The RhoA-mDia1/ROCK-actomyosin-YAP/TAZ axis in our computational model was simulated by a stochastic simulation algorithm (SSA) with a motor-clutch model in a unified framework. Because YAP/TAZ dynamics are predictive of cellular mechanosensing and other behaviors including cell differentiation and proliferation, this integrated computational model serves as a general tool to enable predictions of how perturbations to the mechanical microenvironment and intracellular signaling dynamics affect mechanosensing.

#### Motor-clutch model of cell adhesion

We extended our previous motor-clutch models (20,29), which link matrix elasticity and actin flow in various cell types, to explain mechanosensing and mechanoresponsiveness from the perspective of molecular bond dynamics. Elasticity-mediated cellular mechanosensing is described below. The elastic motor-clutch model considers myosin motors, actin filaments, molecular clutches, and an elastic matrix. Actin filaments are pulled by  $n_m$  myosin motors, resulting in a retrograde flow that would be at a speed of  $V_0$  in the absence of cell-generated external forces. However, because of the movement of myosin motors, the speed of retrograde flow can decrease to the point at which the motors "stall" at a stall force of  $F_{stall} = n_m F_m$ , where  $F_m$  is the maximum force that each motor can exert. When a force  $F_s$  is transmitted across all connected clutch bonds, the effective retrograde flow speed  $V_r$  reduces linearly:

$$V_r(F_s) = V_0 \left( 1 - \frac{F_s}{F_{stall}} \right), \tag{1}$$

$$F_{s} = K_{link} \sum_{i=1}^{N_{link}} (x_{i} - x_{s}), \qquad (2)$$

where  $N_{link}$  is the number of clutch bonds within an FA that are connected to transmit force from actin filaments to the matrix;  $x_i$  is the elongation that clutch bond *i* within an FA has displaced; and  $x_s$  is the displacement of the clutch's binding site on the matrix. All such binding sites were modeled as moving together with a single displacement  $x_s$  according to the matrix constitutive laws described in the next section.

The  $n_c$  clutch bonds were modeled as parallel springs, each with spring constant  $K_{link}$ . The effective unbinding rate for these individual clutch bonds,  $k_{off}$ , is accelerated by the force  $F_i$  on each bond according to the Bell model (20):

$$k_{off} = k_0 e^{F_i/F_b}, \qquad (3)$$

$$F_i = K_{link}(x_i - x_s), \tag{4}$$

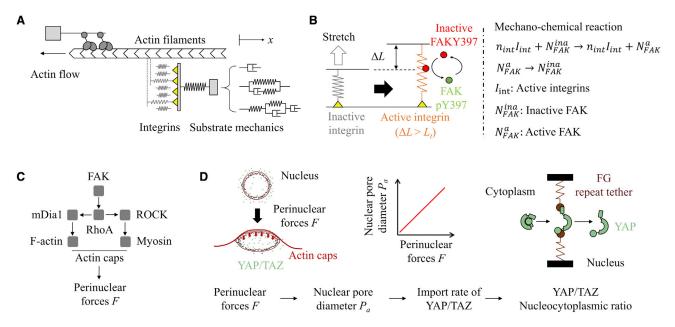


FIGURE 1 Computational model for predicting YAP/TAZ nuclear translocation. (*A*) The extended motor-clutch model is used to simulate the focal adhesion dynamics mediated mechanosensing at the cell-ECM interface. Matrices are modeled as elastic, viscous, viscoelastic, and viscoplastic elements. (*B*) In the model, active integrins (i.e., bonded clutches with stretched lengths over a certain threshold) can enhance the level of FAKY397 phosphorylation at cell adhesions. This mechanochemical reaction is related to the amount of active integrins and inactive FAKY397 molecules. (*C*) FAKpY397 can later be fully activated by Src. Active FAK molecules can activate the Rho-mDia1/ROCK axis, which further promotes formation of intracellular stress fibers composed of F-actin and myosin (including actin caps above the nucleus) and perinuclear forces. (*D*) Descriptions of the dynamics of YAP/TAZ nucleocytoplasmic shuttling. Generally, perinuclear forces can induce deformation of the nucleus, which leads to a larger nuclear pore area, increasing the import rate of YAP/TAZ and ultimately changing the nucleoplasmic ratio of YAP/TAZ. To see this figure in color, go online.

where  $F_b$  is the characteristic rupture force of a clutch bond and  $k_0$  is the minimum off-rate, which would exist in the absence of force. The effective binding rate,  $k_{on}$ , is accelerated by a process called adhesion reinforcement, whereby the talin unfolding exposes cryptic vinculin binding sites, leading to integrin recruitment. This was modeled as follows:

$$k_{on} = k_{on}^0 C_{int}, (5)$$

where  $k_{on}^0$  is the base on-rate and  $C_{int}$  is the density of integrin on the membrane. Thus, the density of integrin is determined by the force feedback in each of the clutch bonds. Following previous studies (11), we assumed that when the force exceeds a threshold force  $F_{cr}$ , that is  $(F_s > F_{cr})$ , the density of integrins increases with a value of  $d_{add}$ . However, when  $F_s < F_{cr}$ , the density of integrins decreases with a value of  $d_{add}$ . Importantly, we also used similar methods to evaluate the active bonds (i.e., active integrins) that can activate the FAK molecules (11). When the elongation of clutch exceeds a certain threshold, i.e.,  $\Delta L = x_i - x_s > L_t$ , the inactive clutch bond switches to the active clutch bond. Active clutch bonds then can act as the enzyme to activate FAK molecules (by promoting FAKY397 phosphorylation) as a mechanochemical reaction:

$$n_{int}I_{int} + N_{FAK}^{ina} \to n_{int}I_{int} + N_{FAK}^{a}, \tag{6}$$

where  $I_{int}$  stands for active integrins,  $N_{FAK}^{bia}$  stands for inactive FAK molecules, and  $N_{FAK}^{a}$  stands for active FAK molecules.

#### Matrix constitutive models

Four types of constitutive models were considered for the matrices. *Elastic model*. The first was the elastic model, where the matrix was modeled as a linear spring, so that

$$F_s = Ex_s, \tag{7}$$

where E is the effective spring constant of the elastic matrix.

*Viscous model.* To model the viscosity of cellular microenvironments, the second model was a dashpot with viscosity  $\eta$ , so that

$$F_s = \eta \dot{x_s}.$$
 (8)

*Viscoelastic model.* The third was a viscoelastic matrix modeled as a standard linear solid (SLS), for which

$$(E_a + E_l)\eta \dot{x_s} + E_a E_l x_s = E_a F_s + \eta F_s.$$
(9)

For certain constant displacement applied on the SLS,  $E_a + E_l$  represents the initial stiffness (short-term stiffness) of the SLS,  $E_l$  represents the equilibrium stiffness (long-term stiffness) of the SLS, and  $E_a$  represents the decrease of stiffness as SLS relaxes, i.e., additional stiffness.  $\eta$  is the matrix viscosity, and  $\tau_s = \eta/E_a$  is the matrix relaxation time.  $K_{\text{short}}$  and  $K_{\text{long}}$  represent dimensionless short-term and long-term stiffnesses of the matrix, respectively, i.e.,  $K_{\text{short}} = \frac{E_a + E_l}{K_{\text{long}}}$  and  $K_{\text{long}} = \frac{E_l}{K_{\text{long}}}$ .

*Viscoplastic model.* Three different viscoplasticity models were used. The first was the Burgers viscoplastic element, for which the force-displacement relationship could be written as:

$$\eta_2 \dot{x}_s + \frac{\eta_1 \eta_2}{E_1} \ddot{x}_s = F_s + \left(\frac{\eta_1}{E_1} + \frac{\eta_2}{E_1} + \frac{\eta_2}{E_2}\right) \dot{F}_s + \frac{\eta_1 \eta_2}{E_1 E_2} \ddot{F}_s, \quad (10)$$

where  $E_2$  and  $(E_1+E_2)/E_1E_2$  are the additional and long-term matrix stiffnesses, respectively;  $\eta_1$  represents the viscosity associated with viscoelastic relaxation; and  $\eta_2$  represents the viscosity associated with irreversible deformation. The second was the Bingham linear plastic flow model, with viscosity for viscoplasticity expressed as

$$\eta_2 = \begin{cases} 0 & \sigma < \sigma_0 \\ & \frac{1}{\dot{x_s}} & (F_s - \sigma_0) & \sigma > \sigma_0, \end{cases}$$
(11)

where  $\sigma_0$  is the threshold stress. The third was the Norton-Hoff nonlinear plastic model, with viscosity for viscoplasticity expressed as

$$\eta_2 = \begin{cases} 0 & \sigma < \sigma_0 \\ \sqrt[N]{\frac{1}{\dot{x_s}}} (F_s - \sigma_0) F_s^{N-1} \sigma > \sigma_0, \qquad (12) \end{cases}$$

where N = 2 is exponent for nonlinear plastic flow in our model.

#### Conversion of matrix Young's modulus and spring stiffness

Our extended motor-clutch model is a one-dimensional model in which the elastic matrix is modeled as an elastic spring. The model output is therefore a force (pN/nm). However, cell behaviors (e.g., cell adhesion, cell traction, and YAP/TAZ dynamics) in experiments are often expressed as a relationship to the Young's modulus of the matrix (kPa or Pa). Thus, to compare model predictions with experiments, we used a previously described method (34) that converts spring constants to the corresponding Young's modulus. Briefly, this approach considers a semiinfinite uncompressible elastic matrix where a circular point of adhesion of radius  $S_a$  applies a uniform shear stress. The elastic spring constant  $k_{sub}$  of the system is the ratio between the total force exerted at the adhesion point and the displacement produced by the adhesion center. Thus, the elastic spring constant  $k_{sub}$  can be related to the Young's modulus *E* as

$$E = \frac{9k_{sub}}{4\pi S_a}.$$
 (13)

#### RhoA-mDia1/ROCK-actomyosin-YAP/TAZ signal transduction dynamics

A series of chemical reactions were then used to simulate the cytoplasmic signal transduction from FAK molecules to perinuclear forces and, finally, to YAP/TAZ nuclear translocation. Following the models of the Zaman group (27), the critical variables that determine the force generation are the relative amounts of active F-actin,  $[C_{F-actin}]$ , and myosin,  $[C_{Myosin-a}]$ . The perinuclear force *F* varies with these factors according to

$$F = [C_{F-actin}] [C_{Myosin-a}].$$
(14)

The perinuclear force caused by actin cap filaments (or external forces) can promote nuclear pore deformation, and YAP/TAZ nuclear import rates are also enhanced by the low stability (i.e., easily unfolded protein and less resistance in space) of YAP/TAZ molecules (9). Our model thus first assumed that the effective nuclear pore diameter  $P_a$  varied with perinuclear forces *F* according to a linear relationship

$$F = \alpha P_a, \tag{15}$$

where  $\alpha$  is the adjustable parameter. Secondly, the nuclear import rate of YAP/TAZ,  $k_{YAP-in}$ , was modeled as exponentially dependent on the nuclear pore diameter, while export rate  $k_{YAP-out}$  was kept constant:

$$k_{YAP-in} = k_{YAP-in}^0 e^{k_e P_a / F_{YAP-unfolding}}, \text{ and } (16)$$

$$k_e = \frac{K_{YAP}K_{FG}}{K_{YAP} + K_{FG}},$$
(17)

where  $k_e$  is the effective stiffness of the YAP/TAZ-FG complex;  $K_{YAP}$  and  $K_{FG}$  are the stiffness of YAP and FG, respectively;  $k_{YAP-in}^0$  is the base nuclear import rate in the absence of perinuclear force, and  $F_{YAP-unfolding}$  is the threshold force for YAP/TAZ unfolding. Finally, the nucleocytoplasmic ratio of YAP/TAZ (i.e., YAP/TAZ N/C ratio) is  $r = N_{YAP/TAZ}^{in}/N_{YAP/TAZ}^{out}$ . The details of signaling dynamics can be found in the supporting material.

#### SSA

The integrated YAP/TAZ computational model was implemented using a Gillespie SSA. The order of events in the model is as follows. Step 1: calculate the association and disassociation rates for each clutch bond based on the current force on each bond and the integrin density on the membrane. The molecular clutch bond at the cell-ECM interface was modeled as a slip bond using the Bell model. Step 2: update all biochemical reaction rates according to amounts of each chemical species and reaction constants. Step 3: calculate the reaction times for each possible reaction in each loop:

$$t_i = \frac{-\ln(RAN_i)}{k_i},\tag{18}$$

where  $RAN_i$  is a uniformly distributed random number between 0 and 1 and  $k_i$  is 1) the kinetic rate for each clutch bond (including formation, rupture, activation, and deactivation) and 2) the chemical reaction rates of cytoplasmic signal axis, e.g., Rho-ROCK/mDia1-actomyosin signals and YAP/TAZ nuclear translocation. Step 4: execute the chemical reaction (clutch bond formation or rupture, protein molecule activation or deactivation, YAP/TAZ importing or exporting from the nucleus) with the minimum  $t_i$ . Step 5: advance time by the minimum  $t_i$ . Step 6: calculate actin retrograde flow rate based on the current cell traction force using the linear force-velocity relationship. Step 7: advance connected bond positions by the product of the actin retrograde flow rate and time step. Step 8: calculate the matrix displacement using an elastic, viscous, viscoelastic, or viscoplastic force-displacement relationship. Step 9: calculate the cell traction, actin cap filaments, and YAP/TAZ N/C ratio. Step 10: return to step 1. Parameter values can be found in the supporting material.

#### **Experimental methods**

#### Hydrogel preparation and cell culture

For elastic hydrogels, 30 wt % gelatin (type A, Sigma-Aldrich, Burlington, MA, USA) aqueous solution and 4 wt % microbial transglutaminase (mTG; Pangbo, Shanghai, China) aqueous solution were mixed at prescribed concentration (gelatin aqueous solution: 10%, 10%, 15%, 10%, 10%, 15%, and 20%; mTG aqueous solution: 0.1%, 0.5%, 0.5%, 1.5%, 2%, 2%, and 2%) in Petri dishes at 37°C for 3 h to obtain hydrogels with gradient stiffnesses of 1, 5, 15, 25, 45, 65, and 125 kPa, respectively. The stiffness was determined by an atomic force microscope (Agilent Technologies, Santa Clara, CA, USA). For viscoplastic hydrogels, 3 mg/mL type I collagen (Corning, Corning, NY, USA) was self-assembled at 37°C for 40 min. To fabricate viscoplastic (irreversible deformation) hydrogels, 0.1 wt % mTG was added to cover the self-assembled collagen. After chemical cross-linking at 37°C for 5 h, the hydrogel was then washed in phosphate-buffered saline to remove unreacted molecules. To culture cells, hydrogels were soaked in phosphate-buffered saline for 24 h, and 3T3 cells were seeded onto hydrogels at a concentration of 10<sup>5</sup> cells/mL.

#### Western blotting analysis

FAKY397 phosphorylation was detected after 2 h of cell seeding. Total proteins were extracted with a mammalian protein extraction kit (CWBIO, Beijing, China) according to its protocol. The extracted cellular proteins were separated by SDS-polyacrylamide gel electrophoresis and transferred onto polyvinylidene fluoride membranes. After blocking with 5% bovine serum albumin at room temperature for 1 h, the membranes

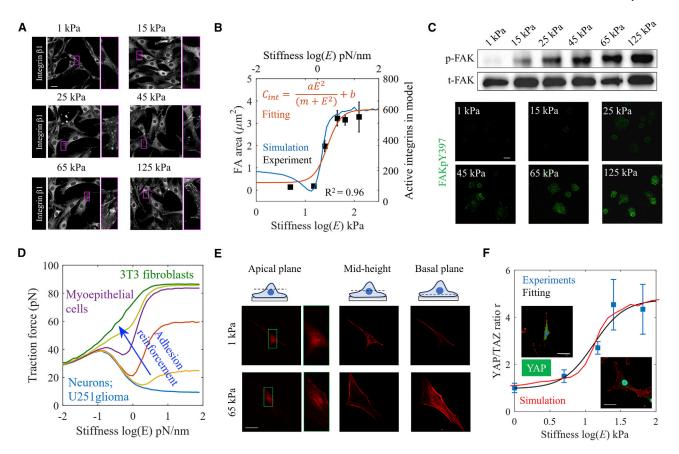


FIGURE 2 YAP/TAZ response to matrix elasticity. (*A*) Focal adhesions on 3T3 fibroblasts cultured on matrices of different stiffnesses from 1–125 kPa. Scale bar, 30  $\mu$ m. Increased cell adhesions were found in cells cultured on stiff matrices. (*B*) Predictions showed trends similar to those of experiments and followed a Hill-type function. Mean  $\pm$  SE of n = 23 (1 kPa), 27 (15 kPa), 20 (25 kPa), 31 (45 kPa), 26 (65 kPa), and 34 (125kPa) cells from three independent experiments. (*C*) 3T3 fibroblasts cultured on matrices of different stiffness were immunostained for Y397-phosphorylated FAK (green). Scale bar, 30  $\mu$ m. Cell lysate was analyzed by Western blot with antibodies for detecting specific FAK phosphorylation sites on Y397. Increased FAKpY397 levels were observed in cells on stiff matrices as can be identified from increased fluorescence intensity. (*D*) Adhesion reinforcement determines the change of traction force response to stiffness, i.e., biphasic or monotonic. (*E*) Cells cultured on a stiff matrix showed pronounced actin caps at the top the nucleus. Scale bar, 50  $\mu$ m. (*F*) 3T3 fibroblasts cultured on matrices of different stiffness (1 and 65 kPa) were immunostained for YAP (green), F-actin (red), and DAPI (blue). Scale bar, 50  $\mu$ m. Increased YAP N/C ratio was found in cells cultured on stiff matrices as can be identified from increased fluorescence intensity, with experiments and predictions following a Hill-type function. Mean  $\pm$  SE of n = 18 (1 kPa), 21 (5 kPa), 18 (15 kPa), 24 (25 kPa), and 15 (65 kPa) cells from three independent experiments. To see this figure in color, go online.

were incubated with anti-phospho-FAKY397 and anti-FAK antibody (Abcam, Camrbdige, UK) at 4°C overnight. Following washing with triethanolamine buffered saline and polysorbate 20, the blots were incubated with secondary antibodies (Cell Signaling, Danvers, MA, USA) at room temperature for 1 h. The relative integrated density of each protein band was determined using an Odyssey infrared imaging system (LI-COR, Lincoln, NE, USA).

#### Immunofluorescence staining

3T3 cells were fixed in 4% paraformaldehyde for 20 min and permeabilized in 0.5% Triton X-100 for 10 min. The cells were then blocked with 5% goat serum and incubated with the following antibodies 4°C overnight: anti-phospho-FAKY397 antibody (Abcam), anti-vinculin antibody (Cell Signaling Technology), and anti-YAP antibody (Cell Signaling Technology) at 4°C overnight. Then cells were incubated with secondary antibodies (AlexaFluor 488; Cell Signaling Technology) for 2 h at room temperature. Nuclei were counterstained with 4',6-diamidino-2-phenylindole, and cytoplasmic cytoskeleton were stained with phalloidin (AlexaFluor 594; Invitrogen, Waltham, MA, USA). Images were taken with a confocal laser scanning microscope (FV3000, Olympus, Tokyo, Japan).

#### RESULTS

#### YAP/TAZ response to matrix elasticity

The cellular mechanosensing model begins with FA dynamics, which can be viewed as the beginning of mechanochemical signal conversion at the cell-ECM interface. This process was specifically validated using 3T3 fibroblasts cultured on matrices with stiffness across the physiological range (1–125 kPa). Quantitative immunofluorescence analysis revealed that the average area of FAs increases with increasing matrix stiffness up to a plateau (Fig. 2 *a*), which is well predicted by our computational model and can be approximated by a Hill-type relationship (Fig. 2 *b*):

$$C_{int} = \frac{aE^2}{m+E^2} + b, \qquad (19)$$

where  $C_{int}$  is the normalized area of FAs (or connected integrins in model), *E* is the matrix stiffness (pN/nm for simulation and kPa for experiments), and *m* is the Hill coefficient, while *a* and *b* are fitting parameters. As shown in Fig. S1, the average number of FAs for each cell also increases with matrix stiffness. These results showed that on a stiff matrix, cells have more and larger FAs. Later, as evident from both immunostaining and quantitative Western blot analysis, phosphorylation of FAKY397 in 3T3 fibroblasts increases with increasing matrix stiffness (Fig. 2 *c*).

Especially when adhesion reinforcement is considered, our computational model can predict the complex relationship between cell traction force and matrix mechanics as observed in previous studies (e.g., neuron, U251 glioma, and myoepithelial cells) and our experiments (e.g., 3T3 fibroblasts) (10–12,20) (Fig. 2 *d*). Thus, our computational model can capture integrin-mediated mechanochemical conversion at the cell-ECM interface and predict the quantitative relationship between ECM stiffness and traction force or actin flow for a broad diversity of cells.

The downstream signals of FAK are the concentration of actin cap filaments, i.e., the perinuclear forces above the nucleus (35). As observed by our experiments, actin cap filaments appear at the top of the nucleus only in cells cultured on stiff matrices (65 kPa but not 5 kPa) (Fig. 2 e). To simulate how matrix stiffness affects the YAP/TAZ N/C ratio by such perinuclear forces, we compared predictions of our model to immunofluorescence staining of YAP/TAZ N/C ratio in 3T3 fibroblasts. Experiments showed that cells cultured on the stiff matrix (65 kPa) have greater YAP/TAZ N/C ratios than those cultured on the soft matrix (5 kPa) (Fig. 2 f). Based on our computational tool, we predicted that the stiffness-YAP/TAZ N/C ratio relationship would also follow a Hill-type function (Fig. 2 f) as well, indicating that mechanosensitive variables of relevance (e.g., FA area and YAP/TAZ N/C ratio) depend upon matrix stiffness according to a Hill-type function (Eq. 19). To apply the computational model in the context of mechanomedicine, we performed a sensitivity analysis of parameters (Note S1). Results showed that talin unfolding force and nuclear deformation coefficients can effectively change the stiffness range for cell mechanosensing, while integrin density and the dynamics of ROCK only took effect on regulating YAP/TAZ N/C ratio on stiff matrices.

#### YAP/TAZ response to matrix viscosity

Time-dependent matrix mechanics affects the integrin-FAK-myosin-YAP/TAZ axis (36). One source of this time dependence is the viscosity ( $\eta$ ) of the matrix. Our extended model (Fig. 3 *a*) predicts that the cell traction and the amount of active integrins increase with increasing viscosity (Fig. S2), with higher viscosity causing higher loading rates in clutch bonds, which promote bond reinforcement over bond disassociation. When passing the threshold force, the increased fraction of bonds increases the concentration of connected integrin molecules and intracellular tension.

Matrix viscosity now can be tuned experimentally by regulating the diffusion of ligands in the membrane (23). Our model predictions and other experimental results (23) both showed that FAKY397 phosphorylation and YAP/TAZ N/C ratio increase with increasing matrix viscosity (from 0.01 to 1 pN  $\cdot$  s/nm), eventually reaching a saturation level (Fig. 3 *b*). These effects of viscosity are similar to the effects of matrix elasticity, implying that the YAP/TAZ N/C ratio increases proportionally and synergistically with FAKpY397 in elasticity and viscosity sensing, with stiffer and more viscous microenvironment yielding larger FAs due to their synergistic effects on the integrin-FAK-myosin-YAP/TAZ signaling axis (Fig. 3 *c*). By adjusting the molecular diffusion coefficient of vesicle membrane, a regulation of YAP/TAZ in vivo may be achieved.

#### YAP/TAZ response to matrix viscoelasticity

ECM proteins such as collagen and fibrin exhibit viscoelasticity with both elasticity and a resistance to cell forces that relaxes over time (37,38). These relaxation rates are controlled by cellular remodeling of the ECM but recursively affect cell behavior. For example, cells paradoxically exhibit larger FAs and higher YAP/TAZ N/C ratios on viscoelastic matrices than on elastic matrices with the same long-term stiffness and YAP/TAZ N/C ratios increasing with faster stress relaxation (37). To model such effects, we treated the matrix as a standard linear viscoelastic solid, characterized by three mechanical parameters (Fig. 3 *d*): a dimensionless, short-term stiffness ( $K_{\text{short}}$ ), the ratio of the long-term to short-term stiffness ( $K_{\text{short}}$ ), and the stress relaxation time constant ( $\tau_s$ ).

The predicted YAP/TAZ dynamics are diverse. As shown in Fig. S3, in the presence of bond reinforcement, cell traction force increases with  $K_{\text{long}}/K_{\text{short}}$  only when  $K_{\text{short}} = 1$  pN/nm but has nearly no change with  $K_{\text{long}}/K_{\text{short}}$  when  $K_{\text{short}} = 10$ pN/nm with a different relaxation time. For no bond reinforcement, cell traction force decreases with  $K_{\text{long}}/K_{\text{short}}$ only when  $\tau_s = 0.1$  s. For  $K_{short} = 1$  pN/nm, three completely different responses are possible (Fig. 3 e): 1) for  $K_{\text{long}}$ /  $K_{\text{short}} = 0.9$ , matrix viscoelasticity has negligible effect on the YAP/TAZ N/C ratio; 2) for  $K_{\text{long}}/K_{\text{short}}$  near 0.5, the YAP/TAZ N/C ratio increases with relaxation time; or 3) for  $K_{\text{long}}/K_{\text{short}} = 0.1$ , more interestingly, the YAP/TAZ N/C ratio is maximal at intermediate relaxation times. To explore the meaning and source of such a peak for the YAP/TAZ responses, we studied how internal model parameters vary with increasing  $K_{\text{long}}/K_{\text{short}}$  at both fast ( $\tau_{\text{s}} = 0.1 \text{ s}$ ) and slow ( $\tau_s = 1$  s) relaxation times. Simulation results showed that bond lifetimes with different relaxation times  $(\tau_s = 0.1 \text{ and } 1 \text{ s})$  both decrease with increasing  $K_{\text{long}}/K_{\text{short}}$ (Fig. S4). So, bond lifetimes should not be the reason for such a peak. Next, we focused on two other parameters,

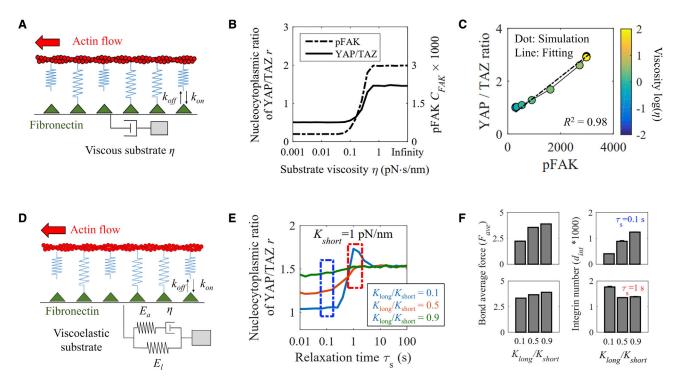


FIGURE 3 Cellular response to matrix viscosity and viscoelasticity. (*A*) Descriptions of the viscous matrix molecular clutch model. (*B*) Relationships between FAKpY397 or YAP/TAZ N/C ratio and viscosity followed a Hill-type function. (*C*) A linear relationship between FAK activation in adhesions and matrix stiffness in response to matrix viscosity was observed. (*D*) Schematic depicting the molecular clutch model for a viscoelastic matrix. (*E*) At low long-term stiffness, intermediate viscosity promotes an increased YAP/TAZ N/C ratio, but low viscosity inhibits this. (*F*) The bond average forces increased with the ratio of long-term stiffness to short-term stiffness. The integrin number increased with the ratio of long-term stiffness to short-term stiffness. Mean  $\pm$  SE of n = 10 independent simulations for each condition. To see this figure in color, go online.

integrin density on the membrane  $(d_{int})$  and average bond force  $(F_{ave})$ . Simulation results showed that, similar to the bond lifetimes, the bond average forces have the similar trends in response to  $K_{long}/K_{short}$  when  $\tau_s = 0.1$  and 1 s, i.e., with average bond force  $(F_{ave})$  increasing with  $K_{long}/K_{short}$  (Fig. 3 f). However, the variation of integrin density  $(d_{int})$  as a function of  $K_{long}/K_{short}$  exhibits opposite trends for fast and slow relaxation rates (Fig. 3 f), which is similar to the YAP/TAZ N/C ratio when  $\tau_s = 0.1$  and 1 s. This implies that the effective integrin density on the membrane may be a key factor in determining how the YAP/TAZ N/C ratio is controlled by matrix viscoelasticity and demonstrates our model platform as an in silico tool for identifying potential molecular mechanisms.

#### YAP/TAZ response to matrix viscoplasticity

Matrix viscoplasticity, loading-rate-dependent deformation that can be partially irreversible, is central to cell-ECM interactions (39). Our experimental results have revealed that cells cultured on the matrix with reversible deformation show a larger YAP/TAZ N/C ratio (Fig. 4, *a* and *b*). To evaluate how matrix viscoplasticity affects YAP/TAZ translocation dynamics, we modeled the matrix as a four-element Burgers material with two viscous parameters:  $\eta_1$ , a viscosity analogous to that of a (reversible) SLS, and  $\eta_2$ , with the degree of plasticity increasing with the ratio  $\eta_1/\eta_2$  (Figs. 4 *c* and S5).

As shown in Fig. S6, when  $K_{\text{short}} = 1$  pN/nm, the YAP/TAZ N/C ratio shows a trend of increasing and then decreasing with irreversible deformation, which is contrary to our experiment. Thus, we later mainly focus on the condition with higher shortterm stiffness, i.e.,  $K_{\text{short}} = 10 \text{ pN/nm}$ . Simulations show that when  $K_{\text{short}} = 10$  pN/nm, the YAP/TAZ N/C ratio increases with increasing viscosity  $\eta_2$  at a larger  $K_{\text{long}}/K_{\text{short}}$ , which is consistent with our experiments (Fig. 4 d). Besides, we can find that when the  $\eta_2$  is too small, cells cannot develop effective perinuclear forces because of the relative flow of matrix. Therefore, the YAP/TAZ N/C ratio maintains a low level and is independent of other material parameters (e.g.,  $K_{long}/K_{short}$ ). However, when the  $\eta_2$  is large, the YAP/TAZ N/C ratio increases with  $K_{\text{long}}/K_{\text{short}}$  because of a highly effective stiffness. Finally, users can use our model to design materials that would decrease the YAP/TAZ ratio in cells and thereby regulate cell behaviors.

## YAP/TAZ response to stress-dependent viscoplasticity

Next, we investigated the effects of stress-dependent viscoplasticity on YAP/TAZ dynamics. To achieve this goal, we

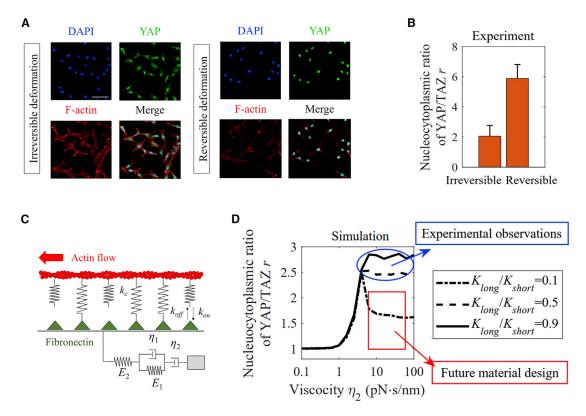


FIGURE 4 YAP/TAZ response to matrix viscoplasticity. (*A* and *B*) Experiments showed that a high degree of irreversible deformation in the matrix can decrease the YAP/TAZ N/C ratio. Mean  $\pm$  SE of n = 21 (irreversible condition) and 37 (reversible condition) cells from three independent experiments. (*C*) A Burgers element was used to investigate the effects of irreversible deformation on cellular behavior. The mechanical parameter  $\eta_2$  represents the level of irreversible deformation. (*D*) Experiments and predictions showed that when short-term stiffness and the ratio of long-term to short-term stiffness are relatively high, the YAP/TAZ ratio increases with decreasing relative flow. However, when the ratio of long-term to short-term stiffness was relatively small, the YAP/TAZ ratio first increased and then decreased with decreasing relative flow,  $K_{\text{short}} = 10 \text{ pN/nm}$  and  $\eta_1 = 0.1 \text{ pN} \cdot \text{s/nm}$ . All simulation results are the average value of 100 simulated trajectories. To see this figure in color, go online.

used a viscoplastic model with a Bingham plastic element and a Norton-Hoff plastic element to represent the behaviors of linear and nonlinear stress-dependent viscoplasticity behaviors, respectively (Figs. 5 *a* and S7, *a* and *b*). For the Bingham plastic element, the degree of plasticity has no change with stress. However, for the Norton-Hoff plastic element, the degree of plasticity will increase with stress (Fig. S7 *c*). Also, the degree of plasticity for the Norton-Hoff plastic element is greater than that for the Bingham plastic element when the creep time is small (Fig. S7 *d*).

Later, we investigated the effects of cell traction with different viscoplastic elements (SLS element, Bingham element, and Norton-Hoff element) by our computational model. We found that cell traction increases with  $K_{long}/K_{short}$  with the SLS element and the Bingham element. However, the traction of the Norton-Hoff element decreases slightly with  $K_{long}/K_{short}$  (Fig. 5 *b*).

Then, we investigated the roles of such linear or nonlinear stress-dependent viscoplasticity in YAP/TAZ dynamics. We found that, for the Bingham plastic model, when  $K_{\text{short}} = 100 \text{ pN/nm}$ , the YAP/TAZ ratio increases with threshold force (Fig. 5 *c*, *blue line*). However, when  $K_{\text{short}} = 10 \text{ pN/}$ nm, the YAP/TAZ N/C ratio reaches its maximal value in

the intermediated threshold force (Fig. 5 c, orange line). When  $K_{\text{short}} = 1$  pN/nm, the YAP/TAZ N/C ratio is insensitive to the values of threshold force (Fig. 5 c, purple line). It implies that when the threshold force is high, cells can effectively sense the short-term stiffness. Also, cell traction and YAP/TAZ will increase with the long-term stiffness. Next, we modeled the matrix as a nonlinear strain-dependent viscoplasticity model. We found that for certain short-term stiffness, the YAP/TAZ ratio also increases with threshold force (Fig. 5 d). For a certain threshold force, the cell displays a higher YAP/TAZ N/C ratio on a linear viscoplastic matrix. This implies that for a certain stress, cells experience lower strain for the nonlinear model, with lower tension in the bonds and thus smaller cell traction and YAP/TAZ N/C ratio. Model results predict that such materials could be used to tailor cell responses, with the YAP/TAZ N/C ratio maintaining a high level with increasing  $K_{\text{short}}$  only when the threshold force is large (Fig. 5 d).

#### Conclusions

In this study, we developed a computational model for predicting YAP/TAZ nuclear translocation in matrix mechanics

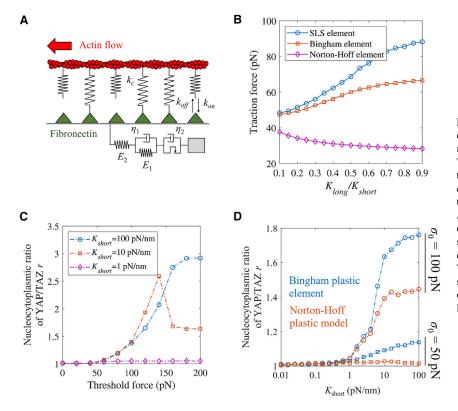


FIGURE 5 YAP/TAZ response to stress-dependent matrix viscoplasticity. (A) The molecular clutch model for a stress-dependent viscoplastic matrix. (B) Traction force increased with the ratio of long-term to short-term stiffness  $K_{long}/K_{short}$  for an SLS element and Bingham element but decreased with the ratio of long-term to short-term stiffness  $K_{long}/K_{short}$  for a Norton-Hoff element. (C) For stressdependent viscoplasticity, the YAP/TAZ N/C ratio showed different relationships with threshold force depending upon different short-term stiffnesses. (D) The YAP/TAZ N/C ratio increased with short-term stiffness. All simulation results are the average value of 100 simulated trajectories. To see this figure in color, go online.

sensing. Our model could predict the relationship between mechanical properties of matrices and nuclear mechanosensing for the integrin-mediated YAP/TAZ dynamics. This computational model helps us understand the heterogeneity of cellular mechanosensing behaviors and the quantitative law of mechanochemical conversion, identify some potential targets for mechanomedicines, and also design novel biomaterials through analysis of system parameters. The model predicted the complex relationship between actin flow or cell traction and stiffness in different types of cells; the Hill-type

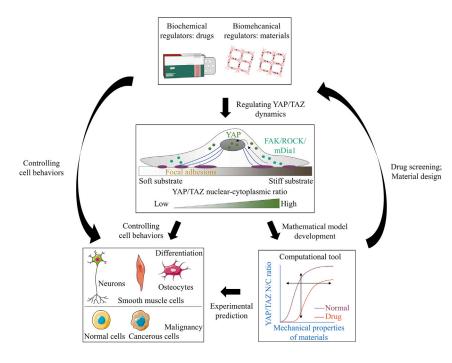


FIGURE 6 The computational tool may hold potential for predicting the effects of inhibitors and drugs on YAP/TAZ nuclear translocation and for calculating material parameters for biomaterial design. To see this figure in color, go online. quantitative relationships between cell adhesions or YAP/TAZ N/C ratio and matrix stiffness; the effects of the time courses of both reversible and irreversible matrix deformation; the effects of drugs on these relationships; and material parameters for novel biomaterial design (Fig. 6).

Accumulating evidence suggests that adhesion proteins, cytoskeleton-related proteins, and YAP/TAZ play key roles in cellular mechanosensing. This can be manifested by the elevated levels of protein activation (e.g., talin unfolding and activation, FAKY397 phosphorylation, and RhoA/ROCK activation). These activated proteins increase the assembly of structural proteins (e.g., FAs, actomyosins, and nucleoskeletal lamin-A) and, finally, enhance the YAP/TAZ transcriptional activation. The motor-clutch system may be a universal mechanism for cells to respond to different matrix mechanics.

In our model, changes to matrix mechanics initiated integrin-mediated FAK activation and a series of downstream signaling pathways that ultimately regulated YAP/TAZ dynamics. However, we still cannot exclude that there are other potential ways to affect cellular responses to matrix mechanics. For example, from the perspectives of polymer physics and systems mechanobiology, tension-mediated stabilization or degradation of polymeric proteins (e.g., lamin-A, collagenous matrix, and myosin II) could also influence the chemical rates in our model (40). Introducing these tension-mediated rates into our model would further increase the complexity of our model (e.g., the nuclear viscoplasticity changes caused by tension-mediated lamina accumulation). Our existing YAP/TAZ computational model with constant rates (not tension-mediated chemical rates) is an idealization of real and complex YAP/TAZ dynamical system in cells. Although we did not model all aspects of tension-mediated YAP/TAZ dynamics, our study may provide a basis for more detailed analysis when required.

Our model still needs to include the cross-talk between signal pathways such as the integrin-FAK-YAP/TAZ axis and the MAPK signaling axis (41). Key future directions include introducing other potential mechanics-mediated pathways (such as interleukin-1 $\beta$  and nuclear factor- $\kappa$ B signals related to cellular immunity) into our computational model. The one-dimensional nature of the model is also a known limitation, with two-dimensional molecular clutch models known to add important details, and three-dimensional models potentially adding even more. However, the computational tool here appears to capture essential biophysics of matrix-to-nucleus signal transduction, providing both sufficient detail and simplicity to identify classes of inhibitors and agonists that can be used as mechanotherapeutics.

#### Data accessibility

All data generated or analyzed during the study are included in this article and its supporting material. Computer codes for this study are available upon request from the authors.

#### SUPPORTING MATERIAL

Supporting material can be found online at https://doi.org/10.1016/j.bpj. 2022.11.2943.

#### **AUTHOR CONTRIBUTIONS**

F.X. and M.L. designed the framework. B.C. constructed the computational model. W.W. performed the experiments. All authors analyzed data and wrote the manuscript.

#### ACKNOWLEDGMENTS

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#### **DECLARATION OF INTERESTS**

The authors declare no competing interests.

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contribute to emergent outcomes. *Proc. Natl. Acad. Sci. USA*. 118:e2021571118.

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## **Supplemental information**

# Predicting YAP/TAZ nuclear translocation in response to ECM mechanosensing

Bo Cheng, Moxiao Li, Wanting Wan, Hui Guo, Guy M. Genin, Min Lin, and Feng Xu

## *Supplementary Materials* for "Predicting YAP/TAZ Nuclear Translocation in Response to ECM Mechanosensing"

Bo Cheng<sup>1,2</sup>, Moxiao Li<sup>3#</sup>, Wanting Wan<sup>2,4</sup>, Hui Guo<sup>5</sup>, Guy M. Genin<sup>1,2,6</sup>, Min Lin<sup>1,2</sup>, Feng Xu<sup>1,2#</sup>

<sup>1</sup> MOE Key Laboratory of Biomedical Information Engineering, School of Life Science and Technology, Xi'an Jiaotong University, Xi'an 710049, P.R. China

<sup>2</sup> Bioinspired Engineering and Biomechanics Center (BEBC), Xi'an Jiaotong University, Xi'an 710049, P.R. China

<sup>3</sup> State Key Laboratory of Mechanics and Control of Mechanical Structures, Nanjing University of Aeronautics and Astronautics, Nanjing 210016, China

<sup>4</sup> Key Laboratory of Shaanxi Province for Craniofacial Precision Medicine Research, College of Stomatology, Xi'an Jiaotong University, Xi'an 710004, P.R. China

<sup>5</sup> Department of Medical Oncology, The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an 710004, P.R. China

<sup>6</sup> NSF Science and Technology Center for Engineering Mechanobiology, Washington University in St. Louis, St. Louis 63130, MO, USA

<sup>#</sup> Corresponding authors: <u>moxiaoli@nuaa.edu.cn, fengxu@mail.xjtu.edu.cn</u>

### **Contents:**

- 1. Supplementary Figures 1 to 7.
- 2. Supplementary Notes (containing supplementary Figures 8 to 10 and Tables S1 to S4).
- Computational screening of mechanotherapeutics
- Model parameters
- Constitutive equations of SLS and Burgers model
- Coupling between substrate deformation and chemical reactions
- Model description: Dynamical equations and the flow chart

### 3. Supplementary references.

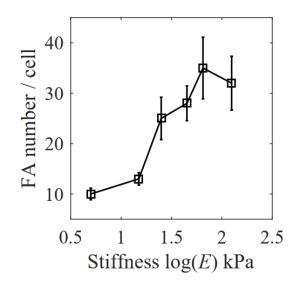


Figure S1. Effects of the stiffness of elastic matrix on the FA number.

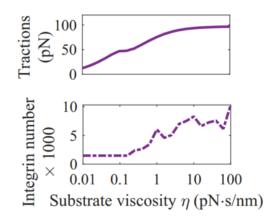


Figure S2. Cell traction and active integrin number both increase with matrix viscosity.

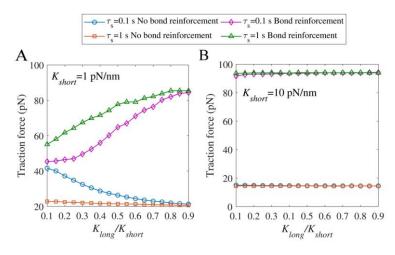


Figure S3. Effects of short-term stiffness of the viscoplastic substrate on cell traction force.

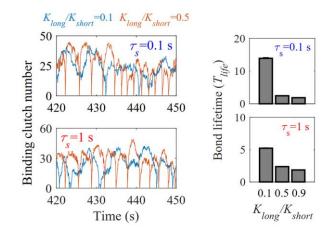
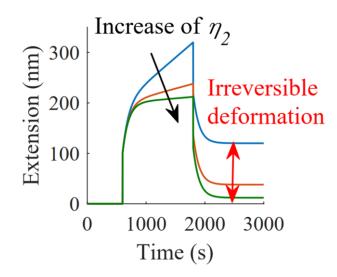


Figure S4. Lifetimes of bonds decrease with increasing  $K_{\text{long}}/K_{\text{short}}$  at different relaxation times ( $\tau_s = 0.1$  and 1 s).



**Figure S5.** The mechanical parameter,  $\eta_2$ , represents the level of irreversible deformation of the matrix.

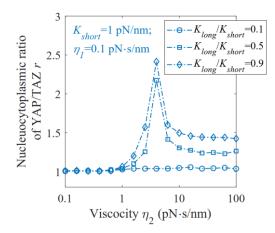


Figure S6. When the short-term stiffness is relatively small, the YAP/TAZ ratio first increases and then decreases with increasing  $\eta_2$ .

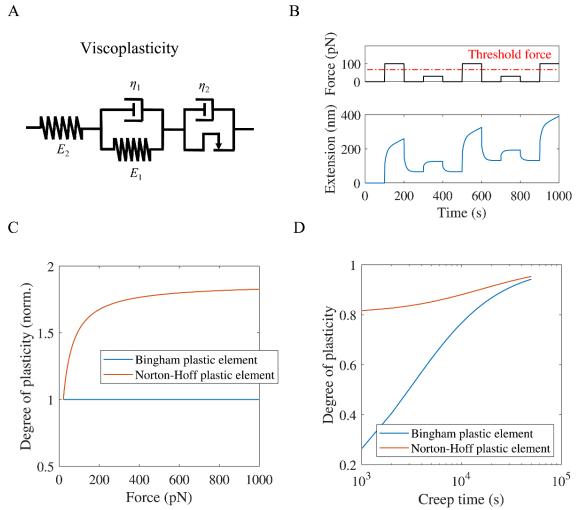


Figure S7. The threshold force and creep time can regulate the degree of plasticity of the matrix.

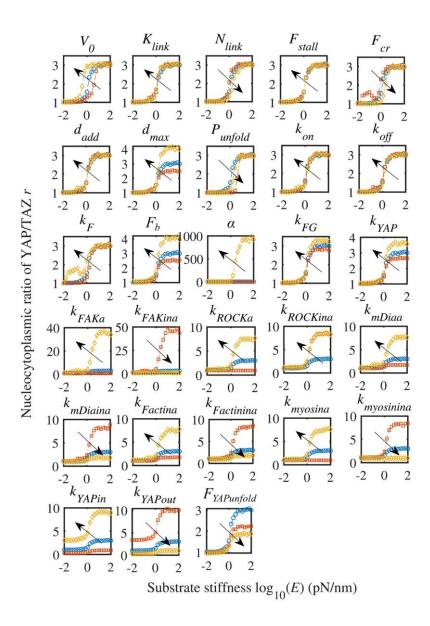
#### **Supplementary Note 1 - Computational screening of mechanotherapeutics**

To apply the computational model in the context of mechanomedicine, we performed computer simulations of how integrin-FAK-myosin-YAP/TAZ pathway inhibitors can control cellular sensing of matrix elasticity. To identify target inhibitors (e.g., targeting integrin binding activity, myosin activation), we performed a sensitivity analysis on the entire suite of model parameters, and then identified inhibitors that affect the biochemical reactions (Fig. S8). The sensitivity analyses quantified how model parameters affect mechanosensitivity by evaluating how, for each set of parameters, the YAP/TAZ N/C ratio (r) would vary with matrix stiffness (E) in the Hill-type scaling law:  $r = \frac{AE^2}{M+E^2} + B$ , where the Hill coefficient M describes the sensitivity range, B describes the response on a compliant matrix, and A describes the response on a stiff matrix (Fig. S9). The parameters fell into three categories: (i) adhesion dynamics parameters, including retrograde flow rate ( $V_0$ ), integrin stiffness ( $K_{link}$ ), integrin density (Nlink), myosin stall force (Fstall), talin unfolding force (Funfold), adhesion reinforcement rate ( $d_{add}$ ), adhesion reinforcement threshold force ( $F_{cr}$ ), integrin binding and unbinding rates  $(k_{on}^{0}, k_{off}^{0})$  and clutch bond characteristic rupture force  $(F_{b})$ ; *(ii)* cytoplasmic signaling dynamics parameters, including auto-phosphorylation and dephosphorylation rates of FAKY397 (k<sub>FAK-a</sub>, k<sub>FAK-ina</sub>), activation and deactivation of ROCK (k<sub>ROCK-a</sub>, k<sub>ROCK-ina</sub>), mDia  $(k_{mDia-a}, k_{mDia-ina})$ , myosin  $(k_{myosin-a}, k_{myosin-ina})$ , and F-actin polymerization  $(k_{F-actin-a})$  and depolymerization ( $k_{\text{F-actin-ina}}$ ); (*iii*) nucleocytoplasmic shuttling dynamics parameters including the stiffnesses of FG and YAP ( $K_{FG}$ ,  $K_{YAP}$ ), YAP/TAZ nuclear import and export rates ( $k_{YAPin}$ ,  $k_{\text{YAPout}}$ ), and the YAP unfolding force ( $F_{\text{YAP-unfold}}$ ). The Hill-type function is used to fit the simulation results. We found that talin unfolding force, nuclear deformation coefficients and FAK activation rates influence the Hill coefficient (K) and thus the stiffness range for mechanosensing (Fig. S9). Integrin density, nuclear deformation coefficients, and activation and deactivation rates of FAK and ROCK are found to influence  $\alpha$ , and thus the response on stiff matrices.

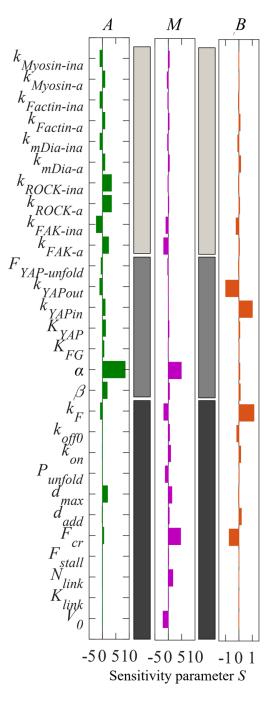
#### Method for parameter sensitivity analysis

The sensitivity value S of the level of nucleocytoplasmic ratio of YAP/TAZ to a parameter p is defined as:  $S = \frac{d\log(r)}{d\log(p)}$ , where p is the base parameter value, and r is the nucleocytoplasmic ratio of YAP/TAZ at the base parameter value. The S value is equivalent to the slope of r versus p on a log-log plot and represents the fold-change in the nucleocytoplasmic ratio of

YAP/TAZ resulting from a fold-change in a parameter value (0.1-, 1- and 10-fold changes of the base parameter). A line was fitted to the data points with the slope of the line taken to be the S value.



**Figure S8.** Parameter sensitivity analysis of cell adhesion, signaling and nucleocytoplasmic shuttling dynamics of YAP/TAZ in the integrated model for the elastic substrate.



**Figure S9.** Parameter sensitivity analysis about adhesion dynamics, signal transduction and nuclear deformation dynamics.

#### **Supplementary Note 2 - Model parameters**

> Parameters for integrin-clutch dynamics (Table S1)

 $F_{\text{stall}}$  is the stall force of motor where the rate of actin flow is equal to zero, *i.e.*,  $F_{\text{stall}} = n_m F_m$ , where  $F_m$  is the maximum force that each single motor can exert and the  $n_m$  is the myosin number. Molloy *et al.* showed that a single myosin head can produce a force of ~1-2 pN under isometric conditions (1). In our model,  $F_m = 2$  pN. As for  $n_m$ , we set the same value as in the literature (2), *i.e.*,  $n_m = 50$ , in order to ensure that the maximal adhesion force is within a range of quantities, ~100 pN as measured in (3).

 $V_0$  is the maximum actin flow rate which is also the unloaded myosin motor velocity. Elosegui-Artola *et al.* (4) and Chan *et al.* (3) have measured that actin flow rates with the minimal integrin bond connection are ~100-120 nm/s.

 $N_{link}$  is the number of clutch bonds. This is a free parameter that is set to slow retrograde flow to experimentally observed level ranging between 120 pN/nm and 40 pN/nm (4). Usually, for motor-clutch system, we set the number of clutch bonds and the number of motors to be equal in simulations to ensure cells can perform effective stiffness-sensing (2).

 $F_b$  is the characteristic rupture force of substrate-actin clutch bond. Jiang *et al.* showed that such rupture force of slip bond is ~2 pN (5).

 $k_{on}^{0}$  is the true binding rate of integrins. Elosegui-Artola *et al.* have experimentally shown that the true binding rates of  $\alpha_5\beta_1$ -FN and  $\alpha_v\beta_6$ -FN bonds are  $6.1 \times 10^{-5} \ \mu m^2/s$  and  $6 \times 10^{-5} \ \mu m^2/s$ , respectively (4). Besides, Litvinov et al. showed that  $\alpha_{II}\beta_3$ -fibrinogen binding rate is  $1-2 \times 10^{-4} \ \mu m^2/s$ . Since  $\alpha_5\beta_1$  integrins are the main type of mechanosensing molecule, we set true binding rate to be  $6 \times 10^{-5} \ \mu m^2/s$ .

 $k_{off}^{0}$  is the bond off-rate. This is the pseudo first-order unloaded off-rate constant for clutch dissociation from F-actin. Lele et al. showed that the range of values for bond off-rate is 0.01-0.1 s<sup>-1</sup> (7).

 $K_{link}$  is the motor-clutch spring constant. Roca-Cusachs *et al.* showed that the stiffness of talin is ~1.5 pN/nm and of FN is ~0.5 pN/nm (8). Since the unfolding and reinforcement processes

of clutch bonds occur mainly on talin molecules, we set this value to be 0.8 pN/nm.

 $d_{int}$  is the integrin density on the membrane and  $d_{add}$  is the added integrin density during the reinforcement process. Note that as described in (4),  $d_{add}$  does not influence the results of motor-clutch dynamics, which just regulates the time required by the simulation to reach steady state. So we set  $d_{add} = 4/\mu m^2$  (4). Integrin densities on the membrane is measured experimentally ~488/ $\mu m^2$  for  $\alpha_5\beta_1$  and ~2513/ $\mu m^2$  for  $\alpha_v\beta_6$  (4). Considering that the  $\alpha_5\beta_1$  integrins are the main type of mechanosensing molecule, we set this value to be 500/ $\mu m^2$ .

 $F_{cr}$  is the threshold force for adhesion reinforcement. When  $F_s > F_{cr}$ , the density of integrins increases with a value of  $d_{add}$ . Here, in our model, we set  $F_{cr} = 87$  pN which is consistent with (4).

 $P_a$  is the radius of the circular adhesion site. It has been shown that the typical length scale of cell adhesions is on the order of ~1-2 µm (9). Thus, we set  $P_a = 550$  nm, which is also consistent with (4).

Parameter	Symbol	Value	Refs
Stall force of motor	F <sub>stall</sub>	100 pN	(1)
Maximum actin flow rate	$V_0$	120 nm/s	(2)
Number of clutch bonds	$N_{link}$	50	(2)
Characteristic rupture force of clutch bond	$F_b$	2 pN	(5)
Bond on-rate	$k_{on}{}^0$	$6 \times 10^{-5} \ \mu m^2 \ s^{-1}$	(4)
Bond off-rate	$k_{off}{}^0$	$0.1  \mathrm{s}^{-1}$	(7)
Bond spring constant	$K_{link}$	0.8 pN/nm	(8)
Threshold force for adhesion reinforcement	F <sub>cr</sub>	87 pN	(4)
Added integrin density	$d_{add}$	4 μm <sup>-2</sup>	(4)
Integrin density on the membrane	$d_{int}$	500 µm <sup>-2</sup>	(4)
Radius of circular adhesion site	$P_a$	550 nm	(4)
Stiffness for elastic substrate	Ε	10 <sup>-2</sup> ~10 <sup>2</sup> pN/nm	adjust

Table S1. Baseline of model parameters for integrin-clutch and substrate mechanics

Long-term stiffness for viscoelastic substrate	$E_l$	10 <sup>-2</sup> ~10 <sup>2</sup> pN/nm	adjust
Additional stiffness for viscoelastic substrate	$E_a$	10 <sup>-2</sup> ~10 <sup>2</sup> pN/nm	adjust
Viscosity for viscous substrate	η	10 <sup>-2</sup> ~10 <sup>2</sup> pN·s/nm	adjust

Parameters for intracellular signaling pathways

Parameters of the intracellular signaling pathway are obtained and supported from the existing literature (**Table S2**).

Parameter	Symbol	Value	Refs
Auto-phosphorylation rate of FAK	$k_{ m FAK-a}$	$0.015 \ s^{-1}$	(10) (11)
Dephosphorylation rate of FAK	$k_{ m FAK-ina}$	$0.035 \ s^{-1}$	(11) (12)
Activation rate of RhoA	$k_{ m Rho-a}$	$0.0168 \ s^{-1}$	(11)
Deactivation rate of RhoA	$k_{ m Rho-ina}$	$0.625 \ s^{-1}$	(11) (13)
Activation rate of ROCK	$k_{ m ROCK-a}$	2.2 s <sup>-1</sup>	(10) (14)
Deactivation rate of ROCK	$k_{ m ROCK-ina}$	$0.8 \ s^{-1}$	(10) (15)
Activation rate of mDia	k <sub>mDia-a</sub>	$1  {\rm s}^{-1}$	(10) (16)
Deactivation rate of mDia	$k_{ m mDia-ina}$	$1  \mathrm{s}^{-1}$	(10) (11)
Activation rate of myosin	$k_{ m myosin-a}$	$0.03 \ s^{-1}$	(11)
Deactivation rate of myosin	$k_{ m myosin-ina}$	$0.067 \ s^{-1}$	(11)
F-actin polymerization rate	$k_{ m F-actin-a}$	$0.4 \ s^{-1}$	(17)
F-actin depolymerization rate	$k_{ m F-actin-ina}$	3.5 s <sup>-1</sup>	(17)

Table S2. Baseline of model parameters for intracellular signaling pathway

> Parameters for YAP/TAZ dynamics (Table S3)

 $\alpha$  is the nuclear pore deformation coefficient which is the intensity of nuclear stress's effect on nuclear pore deformation. Our previous study showed that the nuclear pore is linearly related to nuclear stress (18). Thus, for simplicity, we here assumed that perinuclear forces *F* also is proportional to nuclear stress, *i.e.*,  $\alpha = 1$ .

 $k_{\text{YAP-in}}$  and  $k_{\text{YAP-out}}$  are the YAP/TAZ nuclear import and export rate, respectively.  $k_{\text{YAP-in}}$  is the rate of import of YAP/TAZ to nucleus due to the increased pore deformation. We can obtain

the import and export rates by fitting the FRAP experimental curves with an exponential function (19). Here, we set the import rate on a soft substrate (5 kPa) to be  $0.1 \text{ s}^{-1}$  and export rate on different substrates to be  $0.3 \text{ s}^{-1}$ .

 $F_{YAP-unfold}$  is the YAP unfolding force. Elosegui-Artola *et al.* experimentally investigated the mechanical stability of YAP molecules by pulling single YAP molecule with an AFM (19). These results showed that, in the majority of the cases, YAP molecules can be unfolded at undetectable forces (<10 pN). Thus, we set YAP unfolding force to be 2 pN which is within an order of magnitude of the clutch unfolding force to ensure that cells have appropriate force-sensitive behavior.

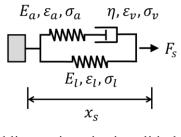
About the stiffnesses of FG and YAP molecules. Bestembayeva *et al.* experimentally showed that the stiffness of FG-nup is ~1-5 pN/nm (20). As for YAP molecules, an estimated value obtained from the AFM data (19) (the example curves showing YAP/polyprotein extension as a function of forces) is used in the model. Thus, we set  $K_{\text{YAP}} = K_{\text{YAP}} = \sim 2 \text{ pN/nm}$ .

Parameter	Symbol	Value	Refs
Nuclear pore deformation coefficients	α	1	adjust
Stiffnesses of FG	$K_{ m FG}$	2 pN/nm	(20)
Stiffnesses of YAP	$K_{ m YAP}$	2 pN/nm	Estimated from (19)
YAP/TAZ nuclear import rate	$k_{ m YAP-in}$	$0.1  \mathrm{s}^{-1}$	Estimated from (19)
YAP/TAZ nuclear export rate	$k_{ m YAP-out}$	$0.3 \ s^{-1}$	Estimated from (19)
YAP unfolding force	$F_{ m YAP-unfold}$	2 pN	(19)

Table S3. Baseline of model parameters for YAP/TAZ dynamics

#### Supplementary Note 3 - Constitutive equations of SLS and Burgers model

> The constitutive equations of standard linear viscoelastic solid (SLS):



A force  $F_s$  acting on the standard linear viscoelastic solid, therefore,

$$F_s = \sigma_l + \sigma_a = \sigma_l + \sigma_\nu, \tag{S1}$$

$$x_s = \varepsilon_l = \varepsilon_a + \varepsilon_v. \tag{S2}$$

According to Hooke's law and Newton's law of flow,

$$\sigma_l = E_l \varepsilon_l = E_l x_s, \tag{S3}$$

$$\sigma_a = E_a \varepsilon_a,\tag{S4}$$

$$\sigma_{\nu} = \eta \dot{\varepsilon_{\nu}}.$$
 (S5)

From Eq. S2,

$$\dot{x_s} = \dot{\varepsilon_a} + \dot{\varepsilon_v}.$$
 (S6)

Substitute Eq. S4 and Eq. S5 into Eq. S6,

$$\dot{x_s} = \frac{\sigma_a}{E_a} + \frac{\sigma_v}{\eta}.$$
 (S7)

Substitute Eq. S1 into Eq. S7,

$$\dot{x_s} = \frac{\dot{F_s} - \dot{\sigma_l}}{E_a} + \frac{F_s - \sigma_l}{\eta}.$$
(S8)

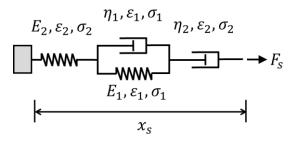
Then,

$$\dot{x_s} = \frac{\dot{F_s} - E_l \dot{x_s}}{E_a} + \frac{F_s - E_l x_s}{\eta}.$$
(S9)

Then constitutive equations of standard linear viscoelastic solid as follows:

$$\eta(E_a + E_l)\dot{x_s} + E_a E_l x_s = \eta \dot{F_s} + E_a F_s.$$
(S10)

#### > The constitutive equations of Burgers viscoplastic element:



Let D = d/dt stand for differential arithmetic and V(D) represent the arithmetic polynomial. Now, there are two basic units  $F_{s,1} = V_1(D)x_{s,1}$  and  $F_{s,2} = V_2(D)x_{s,2}$ . If the two units are "in series", then  $F_s = F_{s,1} = F_{s,2}$  and  $x_s = x_{s,1} + x_{s,2}$ . The Burgers element is composed of Kelvin body and Maxwell body in series. Thus,

$$F_{s} = \frac{V_{1}(D)V_{2}(D)}{V_{1}(D) + V_{2}(D)}x_{s},$$
(S11)

Then,

$$F_{s} = \frac{E_{1}E_{2}\eta_{2}D + E_{2}\eta_{1}\eta_{2}D^{2}}{E_{1}E_{2} + (E_{1}\eta_{2} + E_{2}\eta_{1} + E_{2}\eta_{2})D + \eta_{1}\eta_{2}D^{2}}x_{s},$$
(S12)

Then, we have

$$\eta_2 \dot{x_s} + \frac{\eta_1 \eta_2}{E_1} \dot{x_s} = F_s + \left(\frac{\eta_1}{E_1} + \frac{\eta_2}{E_1} + \frac{\eta_2}{E_2}\right) \dot{F_s} + \frac{\eta_1 \eta_2}{E_1 E_2} \ddot{F_s},\tag{S13}$$

## Supplementary Note 4 - Coupling between substrate deformation and chemical reactions

First, the cell traction force in algorithm is calculated by:

$$F_{s} = \sum_{i=1}^{N_{link}} K_{link} (x_{i} - x_{s}) = K_{link} \sum_{i=1}^{N_{link}} x_{i} - x_{s} K_{link} N_{link} = F_{sum} - x_{s} K_{sum}.$$
 (S14)

where  $F_{sum}$  is the sum of all closed bond deformation and  $K_{sum}$  is the sum of all closed bond stiffnesses;  $F_s$  is the force acting on the substrate and  $x_s$  is thus the strain of substrate. Later, the constitutive equations of substrates are discretized using a Backward Euler method and the cell traction force is calculated based on the new deformation of substrate. Details about method of substrate strain in algorithm are as follows:

#### For elastic model:

$$F_s = Ex_s = F_{sum} - x_s K_{sum}, \tag{S15}$$

Then,

$$x_s = \frac{F_{sum}}{E + K_{sum}}.$$
(S16)

#### For viscous model:

$$F_s = \eta \dot{x_s} = F_{sum} - x_s K_{sum},\tag{S17}$$

Then, we developed discrete format of differential equations by substituting,

$$\dot{x_{s,n+1}} = (x_{s,n+1} - x_{s,n})/dt, \tag{S18}$$

$$F_{s,n+1} = F_{sum,n+1} - x_{s,n+1} K_{sum,n+1}.$$
 (S19)

Then,

$$x_{s,n+1} = \frac{x_n}{A} + \frac{1}{A}\frac{dt}{\eta}F_{sum,n+1},$$
 (S20)

$$A = 1 + \frac{dtK_{sum,n+1}}{\eta}.$$
 (S21)

#### For viscoelastic model:

First, we developed discrete format of differential equations by substituting,

$$x_{s,n+1} = (x_{s,n+1} - x_{s,n})/dt,$$
 (S22)

$$F_{s,n+1} = (F_{s,n+1} - F_{s,n})/dt,$$
(S23)

$$F_{s,n+1} = F_{sum,n+1} - x_{s,n+1} K_{sum,n+1},$$
(S24)

$$F_{s,n} = F_{sum,n} - x_{s,n} K_{sum,n}, \tag{S25}$$

$$(E_a + E_l)\eta x_{s,n+1} + E_a E_l x_{s,n+1} = E_a F_{s,n+1} + \eta F_{s,n+1}.$$
 (S26)

Then,

$$x_{s,n+1} = \frac{A}{C}x_n + \frac{B}{C},\tag{S27}$$

$$A = \frac{p_1 K_{sum,n} + q_1}{dt},\tag{S28}$$

$$B = \left(1 + \frac{p_1}{dt}\right) F_{sum,n+1} - \frac{p_1}{dt} F_{sum,n},\tag{S29}$$

$$C = q_0 + \frac{q_1}{dt} K_{sum,n+1} + K_{sum,n+1} \frac{p_1}{dt'}$$
(S30)

$$p_1 = \frac{\eta}{E_a}, q_0 = E_l, q_1 = \frac{(E_a + E_l)\eta}{E_a}.$$
 (S31)

## For viscoplastic model:

First, we developed discrete format of differential equations by substituting,

$$x_{s,n+1} = (x_{s,n+1} - x_{s,n})/dt,$$
 (S32)

$$x_{s,n+1} = (x_{s,n+1} - 2x_{s,n} + x_{s,n-1})/dt^2,$$
(S33)

$$F_{s,n+1} = (F_{s,n+1} - F_{s,n})/dt,$$
 (S34)

$$\ddot{F}_{s,n+1} = \left(F_{s,n+1} - 2F_{s,n} + F_{s,n-1}\right)/dt^2,$$
(S35)

$$F_{s,n+1} = F_{sum,n+1} - x_{s,n+1} K_{sum,n+1},$$
(S36)

$$F_{s,n} = F_{sum,n} - x_{s,n} K_{sum,n}, \tag{S37}$$

$$F_{s,n-1} = F_{sum,n-1} - x_{s,n-1} K_{sum,n-1},$$
(S38)

Then,

$$x_{s,n+1} = \frac{M_0 + M_1 x_n - M_2 x_{n-1}}{N},$$
(S39)

$$M_0 = \left(1 + \frac{q_1}{dt} + \frac{2q_2}{dt^2}\right) F_{sum,n+1} - \left(\frac{p_1}{dt} + \frac{2p_2}{dt^2}\right) F_{sum,n} + \frac{p_2}{dt^2} F_{sum,n-1},$$
(S40)

$$M_{1} = \frac{q_{1}}{dt} + \frac{2q_{2}}{dt^{2}} + K_{sum,n} \left(\frac{p_{1}}{dt} + \frac{2p_{2}}{dt^{2}}\right),$$
(S41)

$$M_2 = \frac{q_2}{dt^2} + K_{sum,n-1} \frac{p_2}{dt^{2'}}$$
(S42)

$$N = \frac{q_1}{dt} + \frac{q_2}{dt^2} + K_{sum,n+1} \left( 1 + \frac{p_1}{dt} + \frac{p_2}{dt^2} \right),$$
(S43)

$$p_1 = \left(\frac{\eta_1}{E_1} + \frac{\eta_2}{E_1} + \frac{\eta_2}{E_2}\right), p_2 = \frac{\eta_1 \eta_2}{E_1 E_2}, q_1 = \eta_2, q_2 = \frac{\eta_1 \eta_2}{E_1}.$$
 (S44)

### Supplementary Note 5 - Model description: Dynamical equations and the flow chart

> Dynamical equations for intracellular signaling pathways

The dynamical equations to describe the cytoplasmic signal pathway (*Table S4*) are as follows:

Reaction	Rate	Description	
$n_{\text{int}}I_{\text{int}} + N_{FAK}^{ina} \rightarrow n_{\text{int}}I_{\text{int}} + N_{FAK}^{a}$	$r_{1f} = \frac{n_{\text{int}}^2}{n_{\text{int}}^2 + K} \left[ C_{FAK-ina} \right] + k_{FAK-a}$	$n_{int}$ : the number of active clutch $I_{int}$ : active clutch	
$N^a_{FAK}  ightarrow N^{ina}_{FAK}$	$r_{1r} = k_{FAK-ina} [C_{FAK-a}]$	$N_{FAK}^{ina}$ : inactive FAK $N_{FAK}^{a}$ : active FAK	
$N^a_{FAK} + N^{ina}_{Rho} \to N^a_{FAK} + N^a_{Rho}$	$r_{2f} = k_{Rho-a} [C_{FAK-a}] [C_{RhoA-ina}]$	N <sup>ina</sup> : inactive Rho	
$N^a_{Rho}  o N^{ina}_{Rho}$	$r_{2r} = k_{Rho-ina} [C_{RhoA-a}]$	$N^a_{Rho}$ : active Rho	
$N^a_{Rho} + N^{ina}_{ROCK} \to N^a_{Rho} + N^a_{ROCK}$	$r_{3f} = k_{ROCK-a} [C_{ROCK-ina}] [C_{RhoA-a}]$	N <sup>ina</sup> NROCK: inactive ROCK	
$N^a_{ROCK}  o N^{ina}_{ROCK}$	$r_{3r} = k_{ROCK-ina} [C_{ROCK-a}]$	$N^a_{ROCK}$ : active ROCK	
$N^a_{Rho} + N^{ina}_{mDia1} \rightarrow N^a_{Rho} + N^a_{mDia1}$	$r_{4f} = k_{mDia1-a} [C_{mDia1-ina}] [C_{RhoA-a}]$	N <sup>ina</sup> m <sub>Dia1</sub> : inactive mDia1	
$N^a_{mDia1} \rightarrow N^{ina}_{mDia1}$	$r_{4r} = k_{mDia1-ina} [C_{mDia1-a}]$	$N^a_{mDia1}$ : active mDia1	
$N^a_{ROCK} + N^{ina}_{Myosin} \rightarrow N^a_{ROCK} + N^a_{Myosin}$	$r_{5f} = k_{Myosin-a} [C_{Myosin-ina}] [C_{ROCK-a}]$	N <sup>ina</sup> <sub>Myosin</sub> : inactive myosin	
$N^a_{Myosin}  ightarrow N^{ina}_{Myosin}$	$r_{5r} = k_{Myosin-ina} [C_{Myosin-a}]$	$N^a_{ m Myosin}$ : active myosin	
$N^{a}_{mDia1} + N_{G-actin} \rightarrow N^{a}_{mDia1} + N_{F-actin}$	$r_{6f} = k_{\rm F-actin} [C_{\rm G-actin}] [C_{mDia1}]$	$N_{G-actin}$ : G-actin	
$N_{F-actin} \rightarrow N_{G-actin}$	$r_{6r} = k_{\mathrm{G-actin}}[C_{\mathrm{G-actin}}]$	$N_{F-actin}$ : F-actin	
$N_{YAP/TAZ}^{out} \to N_{YAP/TAZ}^{in}$	$r_{7f} = k_{YAP-in} [C_{YAP-out}]$	<i>N<sup>out</sup></i> <sub>YAP/TAZ</sub> : cytoplasmic YAP/TAZ	
$N_{YAP/TAZ}^{in} \to N_{YAP/TAZ}^{out}$	$r_{7r} = k_{YAP-out}[C_{YAP-in}]$	$N_{YAP/TAZ}^{in}$ : nuclear YAP/TAZ	

where  $[C_{\text{molecule}}]$  represents the time-varying amounts of various signaling molecules;  $k_{\text{molecule-}a}$  and  $k_{\text{molecule-}ina}$  are the activation and deactivation rates of these signals, respectively.

$$\frac{d[C_{FAK-a}]}{dt} = r_{1f} - r_{1r},$$
(S45)

$$\frac{d[C_{RhoA-a}]}{dt} = r_{2f} - r_{2r},$$
 (S46)

$$\frac{d[C_{ROCK-a}]}{dt} = r_{3f} - r_{3r},$$
(S47)

$$\frac{d[C_{mDia1-a}]}{dt} = r_{4f} - r_{4r},$$
(S48)

$$\frac{d[C_{Myosin-a}]}{dt} = r_{5f} - r_{5r},$$
(S49)

$$\frac{d[C_{F-actin-a}]}{dt} = r_{6f} - r_{6r},\tag{S50}$$

where the  $r_f$  and  $r_r$  are the activation and deactivation rates of signals correspondingly in

### Supplementary Note 2.

> The flow chart of simulation

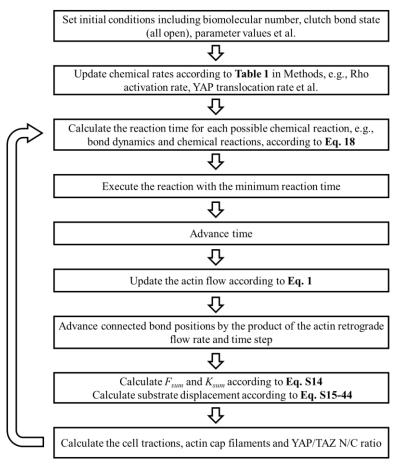


Figure S10. The flow chart for stochastic simulation algorithm.

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