

Table of Contents:

- ◇ **Figure S1:** Global distribution of included trials (n = 388) p.2
- ◇ **Table S1:** Primary outcomes organized by outcome domains based on COMET database of core outcome sets p.3
- ◇ **Table S2:** Intervention combinations under investigation for PACS with their target organ system (n = 39) p.20
- ◇ **Table S3-S9:** PACS interventions organized according to the organ system targeted
 - Table S3: Cardiovascular System p.21
 - Table S4: Pulmonary System p.23
 - Table S5: Nervous System p.29
 - Table S6: Gastrointestinal System p.35
 - Table S7 Mental Health p.36
 - Table S8: Musculoskeletal System p.39
 - Table S9: Non-system Specific p.41

Figure S1

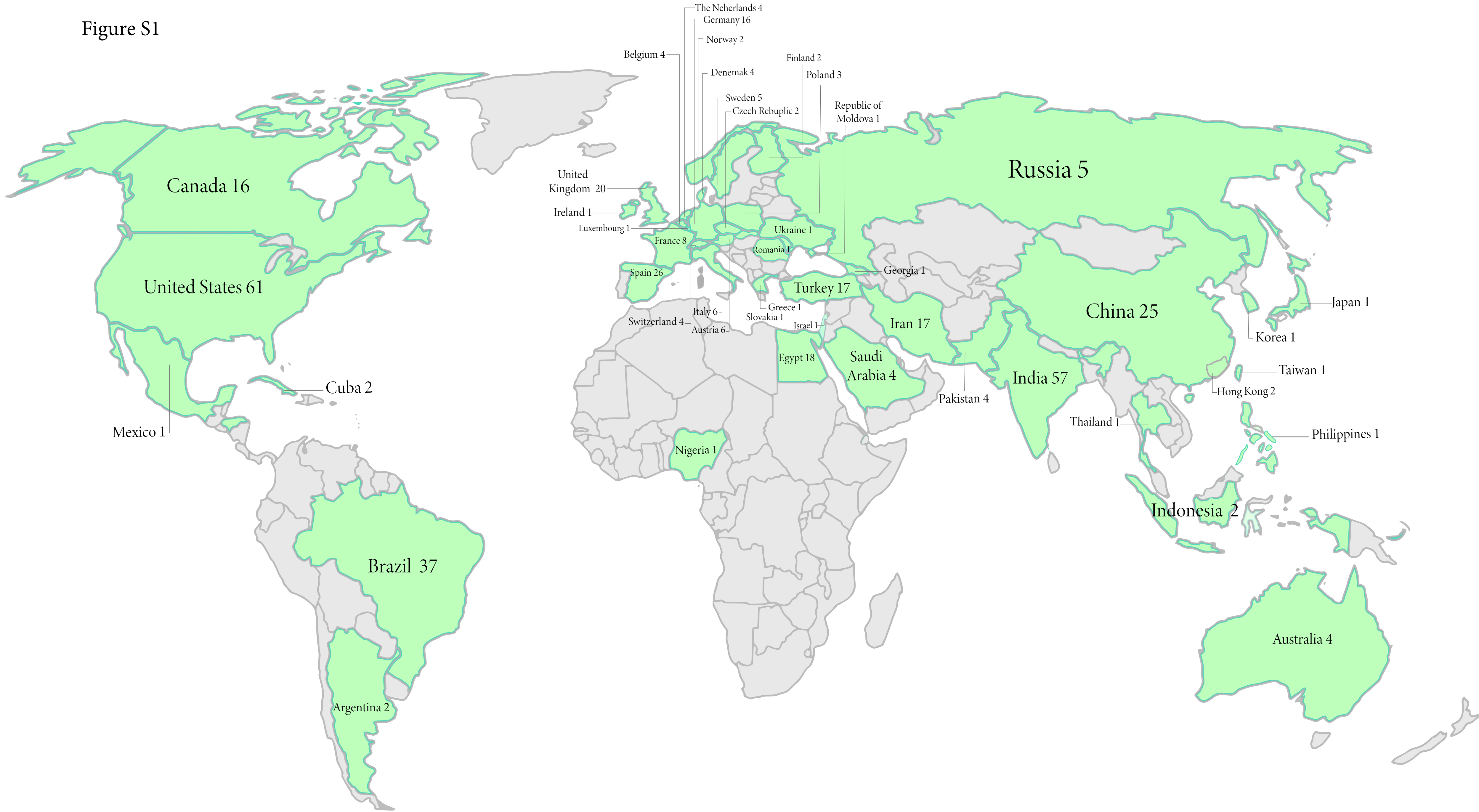


Table S1

Primary outcome	Total number of outcomes
Mortality/survival	
Mortality/survival	3
Physiological/clinical	
Blood and lymphatic system outcomes	
Blood routine test	7
High sensitivity CRP (hs-CRP) or CRP	5
Reduction in oxidative stress	4
Coagulation outcomes	3
Complete metabolic panel	2
ESR	2
Damaged platelet mitochondrial bioenergetics	1
Endogenous concentration of CoQ10-TOTAL (ubiquinone + ubiquinol) in platelets	1
Lipid profile	1
Vitamin D ₃ level	1
Vitamin K ₂ level	1
Cardiac outcomes	
Cardiopulmonary exercise test (CPET)/peak oxygen consumption (VO _{2max})	20
Heart rate variability during physical tests	5
Echocardiography	2
Change in adjusted heart rate reserve	1
Change in cardiorespiratory fitness	1

Change in palpitations	1
Change in pulse rate	1
Change in standing heart rate	1
Change in valvulo-arterial impedance (Zva)	1
Exercise stress testing	1
High sensitivity Troponin T	1
Magnetic resonance imaging for left ventricular mass and right ventricular volume	1
Orthostatic stress test	1
Soluble ST2	1
Endocrine outcomes	
Hair cortisol	1
Plasma level of cortisol	1
Plasma level of FGF-21	1
Plasma level of follistatin	1
Plasma level of irisin	1
Gastrointestinal outcomes	
Change in abdominal distention	1
Change in loose stools	1
Change in zonulin levels over time	1
Gastrointestinal Symptoms Rating Scale (GSRS)	1
Intestinal fatty acid binding protein (iFABP)	1

Microbiome composition by sRNA sequencing	1
Patient Assessment of Constipation-Symptoms questionnaire (PAC-SYM)	1
General outcomes	
Changes in Symptoms of PACS	24
Fatigue Severity Scale (FSS)	16
Chalder Fatigue Scale (CFQ-11)	9
Fatigue Assessment Scale (FAS)	8
Visual Analog Scale (VAS)	7
Reduction of fatigue	6
COVID-19 Severity of Symptoms Questionnaire	5
Fat and lean body mass as measured by Dual Energy X-ray Absorptiometry (DEXA)	4
PROMIS Fatigue SF-7a (Patient-Reported Outcomes Measurement Information System Fatigue Short Form 7a)	4
Fatigue Questionnaire (FQ)	3
Muscle fatigue assessment	3
Vital signs	3
Changes in weight	2
DePaul Symptom Questionnaire-Post-Exertional Malaise (DSQ-PEM)	2
Mean pain score using the diary Numeric Rating Scale (NRS)	2
Modified COVID-19 Yorkshire Rehabilitation Scale	2

Physical examination	2
Somatic Symptom Severity (SSS-8)	2
Total Symptom Score (TSS)	2
Activity metabolic equivalent of task (MET)	1
Analog algometer for pressure pain threshold	1
Asthenia scale	1
Brief Pain Inventory	1
Cardiorespiratory morbidity & inflammation	1
Change in body temperature	1
Change in chest tightness	1
Chronic Fatigue Syndrome Questionnaire	1
Clinical status assessment by using 7-category ordinal scale	1
Edmonton Symptom Assessment System (ESAS)	1
Fatigue assessment by Checklist Individual Strength (CIS)	1
Fatigue index	1
Frequency of disease relapse	1
Functional Assessment of Chronic Illness Therapy - Fatigue Scale (FACIT-Fatigue)	1
Hyperhidrosis	1
McGill Pain Scale short form (SFMPQ)	1
Modified Fatigue Impact Scale (MFIS)	1

Modified Fatigue Impact Scale (MFIS)	1
Multidimensional Assessment Fatigue	1
Multidimensional Fatigue Inventory (MFI)	1
Nottingham Health Profile	1
P4 Numeric Pain Rating Scale	1
Pain Assessment by McGill-Melzack Pain Questionnaire	1
Post-Exertional Malaise (PEM) questionnaire	1
Short form of the McGill Pain Questionnaire (SF-MPQ)	1
Subject and Investigator Assessment Long COVID Questionnaire	1
Immune system outcomes	
IL-6	6
Neutrophil function (burst function, phagocytosis, surface receptor expression, NET formation)	4
IL-10	3
Monocyte function (burst function, phagocytosis, surface receptor expression)	3
TNF-alpha	3
Flow cytometry for CD3 & CD4 T cells	2
IL-8	2
Immunoglobulins Quantitative (IgA, IgE, IgG, IgM)	2
B-cell immunophenotyping	1
Complement Panel (C4, C1-inhibitor, C1-inhibitor Function)	1

GAD-65	1
IL-17	1
IL-1b	1
IL-23	1
IL-4	1
IL-6 receptor	1
Soluble CD14	1
s-TNF-RII	1
T-cell Immunophenotyping	1
Th1/Th2 cytokine levels	1
Toll-like receptors function assay	1
Infection and infestation outcomes	
Endotoxin level	1
Metabolism and nutrition outcomes	
Changes from Baseline in food intake on the four 24-hour dietary recall	1
Food Preference on the Leeds Food Preference Questionnaire (LFPQ)	1
Musculoskeletal and connective tissue outcomes	
Handgrip strength dynamometer	8
Quadriceps muscle endurance & peak load test	3
Ankle strength	1

Change in isokinetic muscle force	1
Chest press for upper body strength	1
Flexibility, sit-and-reach test, & single-leg stance test	1
Gastrocnemius muscle endurance in response to electrical stimulation	1
Gastrocnemius muscle strength	1
Goniometer for cranio-vertebral angle measurement	1
Lactic acid level	1
Muscle thickness by ultrasound imaging	1
Phosphocreatine recovery rate following moderate exercise	1
Nervous system outcomes	
Sniffin' Sticks test	12
Visual Analog Scale (VAS) for loss of smell	7
University of Pennsylvania Smell Identification Test (UPSIT)	5
Short Version of the Questionnaire of Olfactory Disorders-Negative Statements (sQOD-NS)	3
Mini-Balance Evaluation Systems Test (Mini-BESTest)	2
National Health and Nutrition Examination Survey (NHNES) taste and smell questionnaire (CSQ)	2
Olfactory function test	2
Smell identification test	2

Tinnitus Handicap Inventory (THI)	2
Visual Analog Scale (VAS) for headache	2
Assessment for self-reported olfactory function (ASOF)	1
Botanical test score for smell	1
Brain responses following smell stimulations	1
Brief Smell Identification Test (BSIT)	1
Change in electroencephalography P300 event related potential	1
Changes in amplitude of long-interval intracortical inhibition (LICI)	1
Changes in concussion using King-Devick test	1
Clinical autonomic function	1
Complete neurological exam	1
Connecticut olfactory test (CCCRC)	1
Dizziness Handicap Inventory (DHI)	1
DyNaChron-olfaction questionnaire	1
Headache diary	1
Headache disability index	1
Headache Impact Scale (HIT)	1
Iran Smell Identification Test (Iran-SIT)	1
Migraine Disability Assessment (MIDAS) questionnaire	1
Mini-Mental State Examination (MMSE)	1

NeuroTrax test	1
n-house test for chemosensory dysfunction (TMSC)	1
ODORATEST score for anosmia	1
Resting-state functional connectivity (rsFC)	1
Seizure Severity Questionnaire (SSQ)	1
Sniffin' Sticks Parosmia Test (SSParoT)	1
Taste assessment	1
Tinetti Balance and Gait Analysis (TBGA)	1
Waterless Empirical Taste Test (WETT)	1
Renal and urinary outcomes	
KDIGO functional classification of kidney damage	1
Plasma level of albumin	1
Reproductive system and breast outcomes	
International index of erectile function A & B	1
Index of premature ejaculation	1
Psychiatric outcomes	
Hospital Anxiety & Depression Scale (HADS) questionnaire	5
Pittsburg Sleep Quality Index	5
Beck Anxiety Scale	3
Beck Depression Inventory II	3
Corona Disease Anxiety Scale (CDAS)	2

Hamilton Anxiety Rating Scale (HAM-A)	2
Kessler-10 Psychological Distress Scale (K10)	2
Anorexia assessment	1
Hamilton Depression Rating Scale (HAM-D)	1
Insomnia Severity Index	1
Montgomery-Åsberg Depression Rating Scale (MADRS)	1
Patient Health Questionnaire depression scale (PHQ-8)	1
Perceived stress scale (PSS)	1
Posttraumatic Stress Disorder Checklist for DSM-5 (PCL-5)	1
Quick Inventory of Depressive Symptomatology (QIDS-SR)	1
Self-rating anxiety scale (SAS)	1
Self-rating depression scale (SDS)	1
State-Trait Anxiety Inventory (STAI)	1
State-Trait Anxiety Inventory (STAI-Y1)	1
Symptoms of Post-Traumatic Stress Disorder (PTSD)	1
The Depression, Anxiety and Stress Scale - 21 Items (DASS-21)	1
Respiratory, thoracic, and mediastinal outcomes	
Pulmonary function testing	43
Modified Medical Research Council (mMRC) dyspnea scale	10

Fibrosis in high resolution computed tomography (HRCT) of the lung	9
Inspiratory muscle strength or maximal inspiratory pressure (MIP)	9
Borg Dyspnea Scale	8
Change in blood oxygenation (SpO2 saturation)	8
St. George's Respiratory Questionnaire (SGRQ)	7
Expiratory muscle strength or maximal expiratory pressure (MEP)	5
Modified Borg Dyspnea Scale	5
Respiratory improvement	5
COPD Assessment Test (CAT)	4
Medical Research Council (MRC) dyspnea score	4
Borg Rating of Perceived Exertion (RPE) scale	3
Cough severity index scale	2
Alveolar-arterial oxygen gradient (A-a O2)	1
Arterial blood gas (ABG)	1
Change in dry cough	1
Chemoreflex function	1
Dyspnoea Management Questionnaire (DMQ-30)	1
Multidimensional Dyspnea Profile (MDP)	1
Peak cough flow	1
Peak flow rate	1

Radioaerosol pulmonary deposition	1
Ratio of partial pressure of oxygen to fraction of inspired oxygen (PaO ₂ /FiO ₂)	1
Respiratory rate	1
The University of California, San Diego Shortness of Breath Questionnaire (SOBQ)	1
Visual analog scale (VAS) for cough severity	1
Vascular outcomes	
Brachial artery flow mediated dilation (FMD)	4
Pulse wave velocity	2
Augmentation index by applanation tonometry	1
Cerebral Vascular Endothelial Function with Breath Hold Acceleration Index (BHAi)	1
Microvascular Function with passive leg movement	1
Functioning	
Physical functioning	
6-minute walk test (6MWT)	58
Post-COVID-19 Functional Status (PCFS) scale	12
30 Second Sit to Stand Test	6
Change in exercise capacity (physical function)	6
1-minute sit-to-stand (1-MSTS)	3
Barthel Index of Activities of Daily Living	3
Cardiorespiratory fitness	2

Incremental shuttle walk test	2
Short Physical Performance Battery	2
The International Physical Activity Questionnaires (IPAQ)	2
WHO Disability Assessment Schedule (WHODAS 2.0)	2
5-repetition chair sit and chair test (TSLC5)	1
6-minute pegboard and ring test (6PBRT)	1
Activities of Daily Living Questionnaire (ADLQ)	1
Activity monitoring with ActiGraph GT3X	1
Adapted Illness Intrusiveness Rating (AIIR)	1
Canadian Occupational Performance Measure (COPM)	1
Exercise capacity by Balke treadmill protocol	1
Fall-risk by Biodex balance system	1
International Physical Activity Questionnaire-short form (IPAQ-SF)	1
Katz Index of Independence in Activities of Daily Living	1
NIH Toolbox: Self-Efficacy (Ages 18+) - Item Bank/Fixed Form	1
Oxford Participation and Activities Questionnaire (Ox-PAQ)	1
The Lawton-Brody Instrumental Activities of Daily Living (iADL) scale	1
Social functioning	
Social support rate scale (SSRS)	1
Emotional functioning/well-being	

Brackets RULER (Recognize, Understand, Label, Express, and Regulate) Scale	1
Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS)	1
WHO Wellbeing Index	1
Cognitive functioning	
Montreal Cognitive Assessment (MoCA)	3
Neuropsychological Assessment Battery (NAB)	3
Change in subjective cognitive difficulties	2
Digit Span Task	2
Digit Symbol Substitution Test (DSST)	2
Trail Making Test (TMT)	2
Addenbrooke's Cognitive Examination Revised (ACE-R) test	1
Behavior Rating Inventory of Executive Function - Adult Version (BRIEF-A)	1
Boston Nomination Test (vocabulary test)	1
Brief-COPE (Coping Orientation to Problems Experienced Inventory)	1
California Verbal Learning Test (CVLT)	1
Change in inhibitory control	1
Change in processing speed	1
Clock Drawing Test (CDT)	1
Cognitive Function Self-Assessment Scale (CFSS)	1
Dimensional Change Card Sort Test (DCCS)	1

Executive functioning and memory composite scores	1
Flanker Inhibitory Control and Attention Test (Flanker)	1
Frontal assessment battery (FAB)	1
Life Orientation Test (LOT)	1
List Sorting Working Memory Test	1
Memory Failures of Everyday (MFE) questionnaire	1
N-back task for memory performance	1
Pattern Comparison Processing Speed Test	1
Performance on proprietary cognitive function software	1
Phonological verbal fluency task	1
Picture Sequence Memory Test (PSMT)	1
Psychological test involving concentration and attention	1
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)	1
Rey Auditory Verbal Learning Test (RAVLT)	1
Selective attention/vigilance (computer test)	1
Semantic Verbal Fluency (SVF) test	1
Stroop Color and Word Test (SCWT)	1
Test set COGBAT - Cognitive Basic Assessment	1
Walking While Talking (WWT) test	1
Wechsler Adult Intelligence Scale – Fourth Edition (WAIS-IV)	1





Wechsler Adult Intelligence Scale – Third Edition (WAIS-III)	1
Wechsler Memory Scale (WMS) test	1
Wisconsin Card Sorting Test-64 (WCST-64)	1
Global quality of life	
36-Item Short Form Survey (SF-36)	23
European Quality of Life Questionnaire 5 level version (EQ-5D-5L)	19
Health-related quality of life (HRQoL)	6
12-Item Short Form Survey (SF-12)	3
WHO Quality of Life – BREF (WHOQOL-BREF)	3
PR OMIS-29+2 Profile v2.1 (PROPr)	1
Quality of Life in Neurological Disorders (Neuro- QOL)	1
Short Form-8 (SF-8)	1
Utilities Index Mark 3 (HUI3)	1
Perceived health status	
Fear Avoidance Beliefs Questionnaire (FABQ)	1
The Perceived Medical Condition Self-Management Scale (PMCSMS)	1
Delivery of care	
Compliance with treatment	6
Treatment success rate	5
Acceptability level	3

Clinical Global Impression – Global Improvement (CGI-I)	3
Dropout number/retention rate	3
Patient Global Impression of Change (PGIC)	2
Technology Acceptance Model Questionnaire	2
Change in Time to Clinical Recovery (TTCR)	1
Level of satisfaction	1
Semi-structured interviews with physiotherapists and patients on their experiences of virtual reality for rehabilitation from COVID-19	1
System Usability Scale (SUS) questionnaire	1
Treatment credibility and expectancy questionnaire	1
Usefulness Subscale	1
Resource use	
Hospital	
Enrollment yield/recruitment rate	3
Change in self-reported physician visits	1
Staff Practicality	1
Adverse events/effects	
Incidence of treatment-emergent adverse effects (TEAEs)	9
Incidence of serious adverse effects (SAEs)	4

C: complement component; CD: cluster of differentiation; CRP: C-reactive protein; ESR: erythrocyte sedimentation rate; FGF: Fibroblast growth factor 21; GAD: glutamic acid decarboxylase; Ig: immunoglobulin; IL: interleukin; s-TNF-RII: soluble tumour necrosis factor receptor II.

Naturotherapy + yoga based lifestyle 	2
Palmitoylethanolamide + Antioxidant flavonoid luteolin (PEA-LUT) 	2
Transcranial direct current stimulation (tDCS) + Cognitive training 	2
Acupuncture therapy + Budesonide + Olfactory training 	1
Aerosolized 13 cis retinoic acid or All trans retinoic acid + vitamin D 	1
Basti + Rasayana 	1
Betamethasone drops + auricular acupuncture with laser 	1
Biometric shirt + Exercise program 	1
Cardiopulmonary Rehabilitation + Oxygen therapy 	1
Chatushashti Prahari Pippali + Rehabilitation 	1
CoQ10 + Melatonin + Vitamin B + Vitamin D 	1
Corticosteroids + Antihistamine 	1
Glucocorticoid therapy + Olfactory training 	1
Individualized nutrition therapy + Pateitn-tailored physical rehabilitation program 	1
Insulin + Gabapentin + Zinx + Ice cube stimulation 	1
Interferential therapy + short-acting Beta Agonist (SABA) ± Steroid in 45 or 90 degrees sitting position 	1
Liujunzhi Decoction (LJZD) + Shasehen Majdong Decoction 	1
Loratadine + Famotidine 	1
Mestinon + Salbutamol 	1
Mitoquinone + Exercise 	1
Mountin spa rehabilitation + Ubiquinol (reduced coenzyme Q10) 	1
NAC (N-acetyl cysteine) + Alpha lipoic acid (ALA) + liposomal glutathione (GSH) 	1
Naltrexone + Nicotinamide adenine dinucleotide (NAD+) 	1
Photobiomodulation + Vitamin B 	1
Pirfenidone + Pulmonary rehabilitation 	1
Pulmonary Telerehabilitation + Muscle resistance exercises 	1
Pulsed Electromagnetic field therapy + Pulmonary rehabilitation program 	1
Qi Maifei Luoping Mixture + Respiratory Training + Rehabilitation Education Guidance 	1
Rajyoga + Yoga based rehabilitation 	1
Respiratory Physiotherapy + Neurorehabilitation 	1
Self- applied acupressure + Qigong course + advice literature 	1
Traditional Chinese Medicine + Psychological intervention 	1
Vardhamana pippali rasayana + Rehabilitation 	1
Vitamin K2 (MK-7) + Vitamin D3 	1
Yoga based rehabilitation + Herbal Concoction 	1

Symbols next to each intervention represent the targeted system:

Pulmonary system: 
 Cardiovascular system: 
 Non-system specific: 
 Mental health: 




Musculoskeletal system: 
 Nervous system: 
 Gastrointestinal system: 

Table S3: Cardiovascular System

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
Physical exercise	10	Brazil, Denmark, Indonesia, India, Pakistan, Spain, Sweden, Turkey, United States	676	General cardiopulmonary function and postural orthostatic tachycardia syndrome (POTS)	N/A	N/A
REmotely monitored, Mobile health supported Multidomain Rehabilitation Program with High Intensity Interval Training (REMM-HIIT)	1	United States	140	General cardiopulmonary function	Remotely monitored tailored, structured, progressive multidomain physical rehabilitation & personalized instruction & coaching.	N/A
General rehabilitation including telerehabilitation and physiotherapy	2	Australia, Norway	80	General cardiopulmonary function with focus on dyspnea and physical activity level	N/A	N/A
Respiratory muscle training (inspiratory ±expiratory)	2	Brazil, Canada	90	General lung function (respiratory muscle strength)	N/A	N/A
Breathing and chest mobilization exercises	1	Indonesia	66	General cardiopulmonary function	N/A	N/A
Heart rate variability biofeedback	1	Germany	48	Heart rate variability	Registration and visualization of the interrelation of heart rhythm and respiratory rate	N/A
Beta Blockers						
Metoprolol succinate	1	United States	20	Tachycardia	Beta-1-adrenergic receptor inhibitor	Angina, heart failure, myocardial infarction, atrial fibrillation/flutter, and hypertension
Psychostimulants						
Caffeine	1	Brazil	34	General cardiopulmonary function	Adenosine A1 receptor antagonism	Apnea of prematurity in infants
Traditional Chinese Medicine (TCM)						

Jinshuibao tablet	1	China	200	General cardiopulmonary function	N/A	N/A
Anti-gout						
Colchicine	1	India	350	General cardiopulmonary function	Disrupts cytoskeletal functions through inhibition of β -tubulin polymerization into microtubules	Gout and Familial Mediterranean Fever
Cardiac preparations						
Ivabradine	1	United States	250	Tachycardia	Inhibition of If channels ("funny channels") in the heart	Heart failure
Angiotensin II Receptor Blockers (ARBs)						
Sacubitril/ Valsartan	1	United States	50	General cardiopulmonary function	Inhibits neprilysin and blocks angiotensin I	Hypertension
HMG CoA Reductase Inhibitors						
Rosuvastatin	1	Spain	1080	General cardiovascular function and decrease mortality associated with myocardial infarction and stroke	Competitive inhibitor of the enzyme HMG-CoA (3-hydroxy-3-methylglutaryl coenzyme A) reductase	Hypercholesterolemia
Other Interventions						
Sodium pyruvate nasal spray (EmphyCorp, N115)	1	United States	22	Tachycardia	Reduced nasal and lung inflammation and congestion by reducing inflammatory cytokines including the IL-6 cytokine	Chronic obstructive pulmonary disease, pulmonary fibrosis, cystic fibrosis, allergic rhinitis, chronic rhinitis, sinusitis, and flu
Taxifolin Aqua	1	Russian Federation	100	Contractile function	Inhibitory activity against inflammation, malignancies, microbial infection, oxidative stress, cardiovascular disease, and liver disease	N/A
Intervention Combinations						
Naturopathy + Yoga based lifestyle	1	India	80	Heart rate variability	N/A	N/A

Table S4: Pulmonary System

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
Physical exercise	23	Austria, Brazil, Canada, Denmark, Germany, Iran, India, Indonesia, Spain, Turkey	1605	General pulmonary function (functional capacity, vital capacity, and respiratory muscle strength) and dyspnea	N/A	N/A
General rehabilitation including telerehabilitation and physiotherapy	21	Austria, Brazil, Belgium, China, Egypt, France, Greece India, Iran, Norway, Poland Switzerland, Spain, Turkey, United States	1755	SARS pneumonia and general lung function with focus on dyspnea and physical activity level	N/A	N/A
Respiratory muscle training (inspiratory ±expiratory)	16	Brazil, Canada, Egypt, Italy, Pakistan, Sweden, Spain, Turkey	727	General pulmonary function (respiratory muscle strength), dyspnea, cough, and chest tightness	N/A	N/A
Breathing and chest mobilization exercises	7	Germany, Indonesia, India, Iran, Saudi Arabia, Turkey	292	General lung function (functional capacity) and dyspnea	N/A	N/A
Yoga based rehabilitation	4	India, United States	514	General pulmonary function (compliance)	N/A	N/A
Virtual reality (VR) rehabilitation	4	Australia, Iran, Switzerland, Turkey	250	General pulmonary function and dyspnea	N/A	N/A
Counterweight-Plus/DIRECT diet weight management program	1	United Kingdom	200	General pulmonary function and dyspnea	Diet programs delivered by Counterweight Ltd. via an online platform with text chat, video, or telephone support. Individuals will be allocated a named "Counterweight Coach" for personal support for regular appointments and to moderate an online chat facility to enable peer support between participants.	N/A

Vocal-based respiratory training	3	Germany, Ireland, United States	92	General pulmonary function and dyspnea	Breathing and singing classes that are designed to correct dis-ordered breathing	N/A
Manual therapy (hand operated technique and breathing exercises)	1	India	54	General pulmonary function	Therapy using PNF and MET techniques along with breathing exercises	N/A
PowerBreathe® and Therosold PEP® tools	1	United Kingdom	120	General pulmonary function	N/A	N/A
Beta Blockers						
Metoprolol succinate	1	United States	20	Dyspnea	Beta-1-adrenergic receptor inhibitor	Angina, heart failure, myocardial infarction, atrial fibrillation/flutter, and hypertension
Traditional Chinese Medicine (TCM)						
Bufei Huoxue Capsule	1	China	60	General pulmonary function	N/A	N/A
Traditional Chinese Medicine Decoction	2	China	220	General lung function and pulmonary fibrosis	N/A	N/A
Xiaotan Sanjiefang granule	1	China	150	General pulmonary function	N/A	N/A
Shengmai Decoction	1	China	100	General pulmonary function	N/A	N/A
Tai Ji Quan (Tai Chi)	1	China	100	General pulmonary function	N/A	N/A
Electroacupuncture	1	Brazil	60	General pulmonary function	N/A	N/A
Laser acupuncture	1	Brazil	60	General pulmonary function	N/A	N/A
Multi-domain Tai Chi	1	United States	200	General pulmonary function	N/A	N/A
Jinshuibao tablet	1	China	200	General pulmonary function	N/A	N/A
Anti-gout						
Colchicine	3	Egypt, India, Iran	1300	Acute respiratory distress syndrome, dyspnea & pulmonary fibrosis	Disrupts cytoskeletal functions through inhibition of β -tubulin polymerization into microtubules	Gout and Familial Mediterranean Fever
Immunosuppressant						

Mycophenolate mofetil	1	India	60	COVID-19 related interstitial lung disease	Prevents T-cell and B-cell proliferation and the production of cytotoxic T-cells and antibodies	Immunosuppressants to prevent organ transplant rejection
Pirfenidone	4	China, India, Spain	272	General pulmonary function (functional capacity) and lung fibrosis	The exact mechanism of action of pirfenidone is not fully understood. ⁹ It is suggested that the antioxidant effects of pirfenidone contribute to its anti-inflammatory effects, leading to antifibrotic effects	Idiopathic pulmonary fibrosis (IPF)
LYT-100 (Deupirfenidone)	1	Argentina, Brazil, Moldova, Romania, Republic of Philippines, United States, Ukraine, United Kingdom	168	General pulmonary function	The exact mechanism of action of pirfenidone is not fully understood. ⁹ It is suggested that the antioxidant effects of pirfenidone contribute to its anti-inflammatory effects, leading to antifibrotic effects	Idiopathic pulmonary fibrosis (IPF)

Psychostimulants

Caffeine	1	Brazil	34	General pulmonary function	Adenosine A1 receptor antagonism	Apnea of prematurity in infants
----------	---	--------	----	----------------------------	----------------------------------	---------------------------------

Protein Kinase Inhibitor

Nintedanib	4	China, France, India, United States	524	General pulmonary function (functional capacity) and pulmonary fibrosis	Competitive, triple angiokinase inhibitor that targets multiple receptor tyrosine kinases (RTKs) and non-receptor tyrosine kinases (nRTKs)	Idiopathic pulmonary fibrosis (IPF) and to slow declining pulmonary function in patients with systemic sclerosis-associated interstitial lung disease
------------	---	-------------------------------------	-----	---	--	---

Corticosteroid

Prednisolone	1	India	130	General pulmonary function	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Anti-inflammatory or immunosuppressive for endocrine, rheumatic, and hematologic disorders; collagen, dermatologic, ophthalmic, respiratory, and gastrointestinal diseases; allergic and edematous states; and other conditions like tuberculous meningitis
Prednisone	1	Egypt	450	Post COVID-19 Pulmonary Fibrosis	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Anti-inflammatory or immunosuppressive for endocrine, rheumatic, and hematologic disorders; collagen, dermatologic, ophthalmic, respiratory, and gastrointestinal diseases; allergic and edematous states; and other conditions like tuberculous meningitis
Methylprednisolone	1	Turkey	642	General pulmonary function	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which	Anti-inflammatory or immunosuppressive for endocrine, rheumatic, and hematologic disorders; collagen, dermatologic, ophthalmic,

decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors

respiratory, and gastrointestinal diseases; allergic and edematous states; and other conditions like tuberculous meningitis

Ayurveda

Bharangi Guda	1	India	30	Dyspnea and cough	N/A	N/A
Sahachradi yapan basti	1	India	60	Dyspnea and cough	N/A	N/A
Aoim-Z tablets	1	India	30	General pulmonary function	N/A	N/A

Leukotriene Receptor Antagonist

Montelukast	2	Egypt, Spain	348	General pulmonary function and cough	Leukotriene receptor antagonist that binds with high affinity and selectivity to the CysLT type 1 receptor, which consequently assists in inhibiting any physiological actions of CysLTs like LTC4, LTD4, and LTE4 at the receptor that may facilitate asthma or allergic rhinitis	Prophylaxis and chronic treatment of asthma, prevention of exercise-induced bronchoconstriction, and the relief of symptoms of seasonal allergic rhinitis
-------------	---	--------------	-----	--------------------------------------	--	---

Other Interventions

Intraoperative use of Positive end-expiratory pressure (PEEP) - Fixed PEEP and individualized PEEP	1	India	40	General pulmonary function	N/A	N/A
MON002	1	United Kingdom	5	Pulmonary fibrosis	Autologous monocytes	N/A
CIMAvax-EGF®	1	Cuba	135	General pulmonary function	Therapeutic vaccine rhEGF-rP64k conjugate	N/A
Transcranial direct current stimulation (tDCS)	1	Brazil	30	General pulmonary function	Causing the neuron's resting membrane potential to depolarize or hyperpolarize	Neuropsychiatric conditions such as depression, anxiety, Parkinson's disease, and chronic pain
Microcannula Harvest Adipose Derived tissue stromal vascular fraction (tSVF)	1	United States	10	Pulmonary alveolar proteinosis, chronic obstructive pulmonary disease, idiopathic pulmonary fibrosis, viral pneumonia, interstitial lung disease	Anti-inflammatory and structural potential to improve the residual, permanent damaged alveolar tissues of the lungs	N/A
S-1226 (8%) (composed of bronchodilator gas and perflubron)	1	Canada	48	General pulmonary function, cough, and dyspnea	Rapid bronchodilation, enhanced blood oxygenation, improved mucus clearance and reduction of work of breathing	Asthma, bronchiectasis, and cystic fibrosis
Allogeneic culture-expanded adipose-derived mesenchymal stem cells (MSCs)	1	United States	60	General pulmonary function	N/A	Autoimmune diseases, including multiple sclerosis

Sodium pyruvate nasal spray (EmphyCorp, N115)	1	United States	22	General pulmonary function, dyspnea, and cough	Reduced nasal and lung inflammation and congestion by reducing inflammatory cytokines including the IL-6 cytokine	Chronic obstructive pulmonary disease, pulmonary fibrosis, cystic fibrosis, allergic rhinitis, chronic rhinitis, sinusitis, and flu
Treamid (bisamide derivative of dicarboxylic acid)	2	Russian Federation	472	General pulmonary function and exercise tolerance	Can chelate metal ions including zinc, copper, iron, magnesium, and calcium and restores the function of various tissues and organs	N/A
Homeopathic medications	1	India	50	General pulmonary function	N/A	N/A
Taxifolin Aqua	1	Russian Federation	100	General pulmonary function	Inhibitory activity against inflammation, malignancies, microbial infection, oxidative stress, cardiovascular disease, and liver disease	N/A
Omni-Biotic® Pro-Vi 5	1	Austria	20	General pulmonary function	Probiotics targeting dysbiosis, barrier dysfunction, translocation of bacterial products and hyperinflammation	N/A
Fibrotac	1	India	50	Dyspnea and cough	Anti-inflammatory and anti-fibrotic properties	Idiopathic pulmonary fibrosis
Resistive Capacitive Monopolar Radio Frequency at 448 kHz (INDIBA®) (RFMCR)	1	Spain	24	Dyspnea	Metabolic stimulation, increased vascularization, and oxygenation of directly affected tissues, effects of deep hyperthermia generated by the interaction of the current with the treated biological substrate, as well as the activation of tissue regeneration	Neurological and pneumological pathologies
ADAPT-232	1	Georgia	100	Dyspnea	N/A	N/A
Intervention Combinations						
Mountain spa rehabilitation + Ubiquinol (reduced coenzyme Q10)	1	Slovakia	51	Chronic pulmonary diseases	N/A	N/A
Qi Maifei Luoping Mixture + Respiratory Training + Rehabilitation Education Guidance	1	China	80	General pulmonary function	N/A	N/A
Pirfenidone + Pulmonary rehabilitation	1	India	60	General pulmonary function (functional capacity) and lung fibrosis	N/A	N/A
Biometric shirt + Exercise program	1	Canada	20	General pulmonary function and dyspnea	N/A	N/A

Pulsed Electromagnetic field therapy + Pulmonary rehabilitation program	1	Spain	33	General pulmonary function and exercise tolerance	N/A	N/A
Pulmonary Telerehabilitation + Muscle resistance exercises	1	Turkey	52	Exercise tolerance	N/A	N/A
Interferential therapy + Short-Acting Beta-Agonists (SABA) ± Steroid in 45 degrees sitting position	1	Nigeria	48	General pulmonary function	N/A	N/A
Interferential therapy + Short-Acting Beta-Agonists (SABA) ± Steroid in 90 degrees sitting position	1	Nigeria	48	General pulmonary function	N/A	N/A
Respiratory Physiotherapy + Neurorehabilitation	1	Spain	200	General pulmonary function	N/A	N/A

Table S5: Nervous System

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
Cognitive rehabilitation	6	Canada, Germany, India, Luxembourg, Norway, United States	603	Cognitive disorder	N/A	N/A
Respiratory muscle training (inspiratory ±expiratory)	1	Canada	60	Cognitive disorder	N/A	N/A
Olfactory training	6	Brazil, Canada, United Kingdom, United States	761	Anosmia and dysgeusia	N/A	N/A
Neurorehabilitation	2	Austria, Czech Republic	40	Anosmia, dysgeusia, dizziness, seizures, migraines, attention, concentration, and memory	N/A	N/A
Proprioceptive Training	1	Brazil	20	Tinnitus	Use of somatosensory signals such as proprioceptive or tactile afferents in the absence of information from other modalities such as vision	Restore sensorimotor function
Exercise	1	Canada	75	Anosmia and dysgeusia	N/A	N/A
Virtual reality (VR) rehabilitation	1	Netherlands	48	Cognitive disorder	N/A	N/A
Sniffin' sticks Duftquartett	1	Austria	100	Anosmia	N/A	N/A
AKL-T01 (Akili Interactive)	1	United States	125	Cognitive disorder	A remotely delivered digital cognitive intervention	Improve attention in children with attention-deficit/hyperactivity disorder (ADHD)
Antidepressants						
Vortioxetine	1	Canada	200	Cognitive disorder	Serotonin modulator and simulator	Major depressive disorder

Nervous system drugs

Fampridine	1	Switzerland	44	Amnesia	Inhibits voltage-gated potassium channels in the CNS to maintain the transmembrane potential and prolong action potential	Neurofunctional modifier that helps improve walking speed in patients with multiple sclerosis
Vitamins						
Vitamin D3	1	Egypt	60	Anosmia	N/A	Refractory rickets (or vitamin D resistant rickets), hypoparathyroidism, and familial hypophosphatemia
Blood glucose lowering drugs						
Intranasal insulin	1	Mexico	27	Anosmia	Agonist at the insulin receptor and activator of insulin-like growth factor 1 (IGF-1) receptor	Improve glycemic control in adults and children with diabetes mellitus
Pituitary and hypothalamic hormones and analogues						
Somatropin	1	United States	83	Cognitive disorder	Growth hormone and prolactin receptors ligand and promotes production of insulin-like growth factor-1 (IGF-1)	Pediatric patients who have growth failure due to an inadequate secretion of endogenous growth hormone or syndromic short stature. Also, adults with adult-onset growth hormone deficiency, either alone or associated with multiple hormone deficiencies (hypopituitarism), because of pituitary disease, hypothalamic disease, surgery, radiation therapy, or trauma
Xanthines						
Theophylline	1	United States	62	Anosmia and dysgeusia	Relaxes the smooth muscle of the bronchial airways and pulmonary blood vessels and reduces airway responsiveness to histamine, methacholine, adenosine, and allergen while competitively inhibiting type III and type IV phosphodiesterase (PDE)	Chronic asthma and other chronic lung diseases, such as emphysema and chronic bronchitis
Anticholinesterases (Anti-dementia drugs)						
Donepezil	1	Iran	70	Memory impairment	Selectively and reversibly inhibits the acetylcholinesterase enzyme, enhancing cholinergic transmission	Alzheimer's dementia
Blood and related products						
Platelet rich plasma (PRP)	1	Belgium	56	Anosmia	Increase the concentration of specific bioproteins or hormones	Musculoskeletal injuries, post-surgical Healing, osteoarthritis, hair Loss, and skin rejuvenation
H2-receptor Antagonists						
Famotidine	1	Iran	50	Cognitive disorder	N/A	Active duodenal ulcer (DU), active gastric ulcer, symptomatic non-erosive gastroesophageal reflux disease (GERD), and erosive esophagitis due to GERD

Avermectines

Ivermectin	2	Egypt	177	Anosmia	Agonist of the neurotransmitter gamma-aminobutyric acid (GABA), thereby disrupting GABA-mediated central nervous system neurosynaptic transmission. Also, binds selectively and with high affinity to glutamate-gated chloride ion channels in invertebrate muscle and nerve cells of the microfilaria	Intestinal strongyloidiasis caused by Strongyloides stercoralis and onchocerciasis caused by Onchocerca volvulus
------------	---	-------	-----	---------	--	--

Antiepileptics

Gabapentin	1	United States	50	Anosmia	Voltage-dependent calcium channel subunit alpha-2/delta-1 inhibitor	Postherpetic neuralgia in adults and for the adjunctive treatment of partial-onset seizures, with or without secondary generalization, in patients 3 years of age and older
------------	---	---------------	----	---------	---	---

Corticosteroids

Mometasone	2	Iran, Thailand	106	Anosmia and hyposmia	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Seasonal allergic and perennial allergic rhinitis, and prophylactic for asthma
Budesonide	1	France	120	Hyposmia	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Crohn's disease, prophylactic therapy in asthma, COPD exacerbations, hay fever, and upper respiratory allergies
Prednisolone	1	Netherlands	116	Anosmia	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Anti-inflammatory or immunosuppressive for endocrine, rheumatic, and hematologic disorders; collagen, dermatologic, ophthalmic, respiratory, and gastrointestinal diseases; allergic and edematous states; and other conditions like tuberculous meningitis
Methylprednisolone	1	United State	60	General neurological symptoms	Glucocorticoid agonist which inhibits neutrophil apoptosis and demargination; they inhibit phospholipase A2, which decreases the formation of arachidonic acid derivatives and inhibits NF-Kappa B and other inflammatory transcription factors	Anti-inflammatory or immunosuppressive for endocrine, rheumatic, and hematologic disorders; collagen, dermatologic, ophthalmic, respiratory, and gastrointestinal diseases; allergic and edematous states; and other conditions like tuberculous meningitis

Education

Cognitive psychoeducation	1	Belgium	130	Cognitive disorder	N/A	N/A
Education and strategies intervention	1	Canada	270	Cognitive disorder	N/A	N/A

Traditional Chinese Medicine (TCM)

Acupuncture	1	Hong Kong	100	Anosmia	N/A	N/A
-------------	---	-----------	-----	---------	-----	-----

Hematological Agents

Ruconest	1	United States	40	General neurological symptoms	C1 Esterase Inhibitor (recombinant) regulating the activation of the complement and contact system pathway	Hereditary angioedema
----------	---	---------------	----	-------------------------------	--	-----------------------

Antipsychotics

Pimozide	1	United States	50	Tinnitus	Inhibits the dopamine D2 receptor in the central nervous system	Suppression of motor and phonic tics in patients with Tourette's Disorder
----------	---	---------------	----	----------	---	---

Ayurveda

Aoim-Z tablets	1	India	30	Cognitive disorder	N/A	N/A
----------------	---	-------	----	--------------------	-----	-----

Other Interventions

Hope Biosciences adipose-derived mesenchymal stem cells – allogeneic (HB-adMSCs)	1	United States	80	General neurological symptoms	N/A	Autoimmune diseases, including multiple sclerosis
--	---	---------------	----	-------------------------------	-----	---

Cerebrolysin	1	Egypt	100	Anosmia and ageusia	Neurotrophic and neuroprotective properties may promote recovery of olfactory and gustatory dysfunctions	Cerebrovascular disorders
--------------	---	-------	-----	---------------------	--	---------------------------

Hyperbaric oxygen	1	Israel	91	Cognitive disorder	Improve pulmonary gas exchange by restoring hypoxic pulmonary vasoconstriction	N/A
-------------------	---	--------	----	--------------------	--	-----

Photobiomodulation	2	Brazil	130	Dysgeusia, tension headache, and orofacial pain	Light therapy that induces a complex chain of physiological reactions in diseased and damaged tissues to accelerate wound healing and tissue regeneration, increase circulation, reduce acute inflammation, reduce acute and chronic pain, and help restore normal cellular function	Stimulate hair growth and decrease fat deposits
--------------------	---	--------	-----	---	--	---

Inogen One® G4 (portable oxygen concentrator)	1	Canada	20	Cognitive disorder	N/A	N/A
---	---	--------	----	--------------------	-----	-----

Whole body cryotherapy	1	Iran	45	Anosmia or hyposmia	Reduces inflammation and painful effects	To relieve muscle pain, sprains and swelling after soft tissue damage or surgery
------------------------	---	------	----	---------------------	--	--

Transcranial direct current stimulation (tDCS)	2	Iran, United States	50	Anosmia and cognitive disorder	Causing the neuron's resting membrane potential to depolarize or hyperpolarize	Neuropsychiatric conditions such as depression, anxiety, Parkinson's disease, and chronic pain
Transcutaneous auricular vagus nerve stimulation (TENS)	2	France, United States	50	Pain and headache	Enhances brain GABA and noradrenaline levels	Epilepsy and depression
Stellate ganglion block	1	United States	20	Anosmia	Blocking the sympathetic neuronal firing and resetting the balance of the autonomic nervous system	Complex regional pain syndrome and peripheral vascular disease
Cracie Bojungikgi-tang extract	1	Republic of Korea	45	Cognitive disorder	N/A	N/A
Gyeongbang Gyeongok-go	1	Republic of Korea	45	Cognitive disorder	N/A	N/A
Hanpoong Soonsimhwan	1	Republic of Korea	45	Cognitive disorder	N/A	N/A
Niagen (Vitamin B3)	1	United States	100	Cognitive disorder	Increase NAD+ (nicotinamide adenine dinucleotide) level, a vital coenzyme naturally produced in the body, that promotes cellular defense, resilience, and repair	Cardiovascular, neurodegenerative, and metabolic disorders
Temelimab (formerly GNBAC1)	1	Switzerland	200	Cognitive disorder	Humanized IgG4 monoclonal antibody that binds HERV-W-ENV and antagonizes its capacity for immune cell activation and inhibition of oligodendrocyte precursor cell maturation	Multiple sclerosis
Low-intensity pulsed ultrasound	1	Iran	30	Anosmia	Induce regenerative and anti-inflammatory effects on biological tissues	Soft tissue injuries
Resistive Capacitive Monopolar Radio Frequency at 448 kHz (INDIBA®) (RFMCR)	1	Spain	24	Neuropathy	Metabolic stimulation, increased vascularization, and oxygenation of directly affected tissues, effects of deep hyperthermia generated by the interaction of the current with the treated biological substrate, as well as the activation of tissue regeneration	Neurological and pneumological pathologies
Human immunoglobulin G (IVIG)	1	United State	60	General neurological symptoms	Competitively blocks gamma Fc receptors, preventing the binding and ingestion of phagocytes and suppressing platelet depletion	Immunodeficiency and a wide variety of autoimmune disorders
Intervention combinations						
Betamethasone drops + Auricular Acupuncture with the laser	1	Iran	90	Anosmia	N/A	N/A
Corticosteroids + Antihistamines	1	Egypt	200	Anosmia	N/A	N/A

Transcranial direct current stimulation (tDCS) + Cognitive training	2	Brazil, Germany	120	Cognitive disorder	N/A	N/A
Aerosolized 13 cis retinoic acid + Vitamin D	1	China, Egypt, Saudi Arabia, United States	10000	Anosmia	N/A	N/A
Aerosolized All trans retinoic acid + Vitamin D	1	China, Egypt, Saudi Arabia, United States	10000	Anosmia	N/A	N/A
Insulin + Gabapentin + Zinc + Ice cube stimulation	1	Saudi Arabia	22	Anosmia and dysgeusia	N/A	N/A
Photobiomodulation + Vitamin B	1	Brazil	180	Dysgeusia	N/A	N/A
Acupuncture therapy + Budesonide + Olfactory training	1	United States	100	Anosmia	N/A	N/A
Glucocorticoid therapy + Olfactory training	1	China	124	Anosmia	N/A	N/A
Palmitoylethanolamide + Antioxidant flavonoid luteolin (PEA-LUT)	2	Italy	234	Anosmia, cognitive disorder	N/A	N/A
CoQ10 + Melatonin + Vitamin B + Vitamin D	1	Iran	80	Headache	N/A	N/A
Respiratory Physiotherapy + Neurorehabilitation	1	Spain	200	Anosmia and dysgeusia	N/A	N/A

Table S6: Gastrointestinal System

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Traditional Chinese Medicine (TCM)						
Xiangsha Liujun pill	1	China	200	Abdominal distension and loose stools	N/A	N/A
Lu-Dang-Shen oral liquid	1	China	200	Abdominal distension, loose stools, and digestive dysfunction	N/A	N/A
Other Interventions						
Omni-Biotic® Pro-Vi 5	1	Austria	20	General gastrointestinal function	Probiotics targeting dysbiosis, barrier dysfunction, translocation of bacterial products and hyperinflammation	N/A
Mediterranean diet	1	Spain	95	General gastrointestinal function	N/A	N/A
Intervention combinations						
CoQ10 + Melatonin + Vitamin B + Vitamin D	1	Iran	80	Constipation	N/A	N/A

Table S7: Mental Health

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
General rehabilitation including telerehabilitation and physiotherapy	6	Australia, China, Germany, Spain, United Kingdom	857	General mental health and anxiety, depression, and sleep disorder	N/A	N/A
Respiratory muscle training (inspiratory ±expiratory)	3	Brazil, Canada, Turkey	104	Anxiety, depression, psychological stress, and sleep disorder	N/A	N/A
Physical exercise	5	Brazil, Pakistan, Spain, Turkey, United States	346	Psychological stress, anxiety, depression, and sleep disorder	N/A	N/A
Yoga based rehabilitation	2	India, United States	268	Mental health	N/A	N/A
Virtual reality (VR) rehabilitation	1	Netherlands	48	Psychological stress	N/A	N/A
Counterweight-Plus/DIRECT diet weight management program	1	United Kingdom	200	Anxiety and depression	Diet programs delivered by Counterweight Ltd. via an online platform with text chat, video, or telephone support. Individuals will be allocated a named "Counterweight Coach" for personal support for regular appointments and to moderate an online chat facility to enable peer support between participants.	N/A
Neurorehabilitation	2	Austria, Czech Republic	40	Anxiety, attention disorders, sleep disorder, and depression	N/A	N/A
Benson's relaxation technique	1	Iran	100	Anxiety	N/A	N/A
Education						
Education and strategies intervention	1	Canada	270	Psychiatric symptoms	N/A	N/A
Traditional Chinese Medicine (TCM)						
Shumian Capsule	1	China	100	Sleep disorder, anxiety, and depression and other mood disorders	N/A	N/A

Xiaoyao capsule	1	China	100	Irritability, anxiety, and sleep disorder	N/A	N/A
Ayurveda						
Shirodhara	1	India	80	Anxiety and depression	N/A	N/A
Saraswat Churna	1	India	60	Anxiety	N/A	N/A
Bharangi Guda	1	India	30	Sleep disorder	N/A	N/A
Aoim-Z tablets	1	India	30	Anxiety	N/A	N/A
Psychostimulants						
Caffeine	1	Brazil	34	Mental fatigue	Adenosine A1 receptor antagonism	Apnea of prematurity in infants
Psychotherapy						
Cognitive behavioral therapy (CBT)	2	Norway, Turkey	396	Depression, anxiety, and psychological stress	N/A	Different mental health conditions
Telemedicine mindfulness-based protocol	1	Italy	40	Symptoms of post-traumatic stress disorder	N/A	N/A
Mindful self-compassion treatment	1	Iran	75	Anxiety	N/A	N/A
Wearable brain sensing wellness device (Muse™-S)	1	United States	60	Stress and anxiety	Clinical grade, headband style, wireless electroencephalogram system designed to interact with a mobile device and regulate brain activity by biological feedback	N/A
PACS Coping and Recovery (PACS-CR) Intervention	1	United States	36	Depression, anxiety, suicidal ideation, and identity concerns	Improve psychological adjustment to PACS symptoms, promote resiliency, and facilitate coping	N/A
Other Interventions						
Niagen (Vitamin B3)	1	United States	100	Anxiety and depression	Increase NAD+ (nicotinamide adenine dinucleotide) level, a vital coenzyme naturally produced in the body, that promotes cellular defense, resilience, and repair	Cardiovascular, neurodegenerative, and metabolic disorders
MYMD1	1	United States	90	Depression	Regulates the immuno-metabolic system through the modulation of numerous pro-inflammatory cytokines, including TNF- α , IL-6 and IL-17A	Sarcopenia

Cranial electrotherapy stimulation (CES)	1	Germany	40	Anxiety	Change in electric waves of the brain with an increase of alpha-waves and a decrease of beta- and delta-waves, as well as a change of concentration of neurotransmitters, e.g. beta-endorphin or serotonin	Depression, fatigue, and cognitive disabilities.
Transcutaneous auricular vagus nerve stimulation (TENS)	1	United States	20	Forgetfulness, and confusion	Enhances brain GABA and noradrenaline levels	Epilepsy and depression
Hyperbaric oxygen	1	Israel	91	Insomnia	Improve pulmonary gas exchange by restoring hypoxic pulmonary vasoconstriction	N/A
Temelimab (formerly GNBAC1)	1	Switzerland	200	Neuropsychiatric function	Humanized IgG4 monoclonal antibody that binds HERV-W-ENV and antagonizes its capacity for immune cell activation and inhibition of oligodendrocyte precursor cell maturation	Multiple sclerosis
Allogenic marrow stromal cells (MSCs)	1	United States	32	Depression	Attenuate post-covid inflammation and reduce the resulting neuropsychiatric symptoms	Degenerative, inflammatory, and autoimmune diseases
ADAPT-232	1	Georgia	100	Anxiety and depression	N/A	N/A
Intervention Combinations						
Traditional Chinese Medicine + Psychological intervention	1	China	30	Depression	N/A	N/A
Cardiopulmonary Rehabilitation + Oxygen therapy	1	United States	24	Mental health and cognition	N/A	N/A
Yoga based rehabilitation + Herbal Concoction	1	India	66	Anxiety, post-traumatic stress disorder, and quality of life	N/A	N/A
CoQ10 + Melatonin + Vitamin B + Vitamin D	1	Iran	80	Anxiety and sleep disorder	N/A	N/A
Naturopathy + Yoga based lifestyle	1	India	80	Anxiety, stress, and depression	N/A	N/A

Table S8: Musculoskeletal System

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
General rehabilitation including telerehabilitation and physiotherapy	5	Brazil, France, Greece, Turkey, United Kingdom	837	Muscle weakness	N/A	N/A
Physical exercise	5	Brazil, Egypt, Pakistan, Spain	520	Muscle weakness, muscle flexibility, and sarcopenia	N/A	N/A
Low-load resistance training with blood flow restriction (LL-BFR)	1	Iran	18	Quadriceps function, strength, and thickness	N/A	Enhance the morphology and strength response in human muscle tissue
Yoga based rehabilitation	1	Turkey	85	Myalgia	N/A	N/A
Proprioceptive Training	1	Brazil	20	Muscle weakness	Use of somatosensory signals such as proprioceptive or tactile afferents in the absence of information from other modalities such as vision	Restore sensorimotor function
Psychotherapy						
HUS internet therapy for bodily stress syndromes (iHUSbs)	1	Finland	360	Bodily stress syndromes and fibromyalgia	N/A	Different mental health conditions
Amygdala and insula retaining program (AIR)	1	Finland	360	Bodily stress syndromes and fibromyalgia	N/A	N/A
Ayurveda						
Sahachradi yapan basti	1	India	60	Myalgia	N/A	N/A
Traditional Chinese Medicine (TCM)						
Tai-Chi	1	Egypt	60	Hand-grip strength	N/A	N/A
Other Interventions						

Electrical stimulation	2	United States	60	Muscle pain and weakness	N/A	N/A
AXA1125	1	United Kingdom	40	Muscle weakness	N/A	N/A
Photobiomodulation	1	Brazil	32	Muscle weakness	Light therapy that induces a complex chain of physiological reactions in diseased and damaged tissues to accelerate wound healing and tissue regeneration, increase circulation, reduce acute inflammation, reduce acute and chronic pain, and help restore normal cellular function	Stimulate hair growth and decrease fat deposits
Resistive Capacitive Monopolar Radio Frequency at 448 kHz (INDIBA®) (RFMCR)	1	Spain	24	Global muscle capacity	Metabolic stimulation, increased vascularization, and oxygenation of directly affected tissues, effects of deep hyperthermia generated by the interaction of the current with the treated biological substrate, as well as the activation of tissue regeneration	Neurological and pneumological pathologies
Intervention Combinations						
Mestinon + Salbutamol	1	Denmark	84	Muscle weakness	N/A	N/A

Table S9: Non-system Specific

Major intervention class and name	Registered trials	Countries	Estimated enrollment	Specific clinical use in the trial/s	Mechanism of action*	Other general clinical uses
Rehabilitation						
Physical exercise	25	Austria, Brazil, Denmark, Germany, India, Iran, Pakistan, Poland, Saudi Arabia, Spain, Sweden, Taiwan, Turkey, United Kingdom, United States	1668	PACS symptoms relief, general quality of life, and fatigue	N/A	N/A
General rehabilitation including telerehabilitation and physiotherapy	22	Australia, Brazil, Canada, China, France, Germany, Greece, Luxembourg, Iran, India, Italy Norway, Spain, Sweden	1702	PACS symptoms relief, general quality of life, fatigue, and exercise tolerance	N/A	N/A
Respiratory muscle training (inspiratory ±expiratory)	6	Brazil, India, Spain, Turkey	218	General quality of life, fatigue, and exercise tolerance	N/A	N/A
Yoga based rehabilitation	2	India, Turkey	245	General quality of life	N/A	N/A
Whole body vibration training	1	Turkey	60	Fatigue	N/A	N/A
Rehabilitation robot (Luna by EGZOTech)	1	Poland	80	Fatigue	N/A	N/A
Virtual reality (VR) rehabilitation	2	Netherlands, Turkey	111	Pain and quality of life	N/A	N/A
BREATHE	1	Canada	36	PACS symptoms relief	Virtual, multidisciplinary, patient-centered self-management program that provides education on Breathing, Rest/recovery, Education, Activity management, Thinking/cognition, Healthy voice strategies, and Eating/nutrition	N/A

Breathing and chest mobilization exercises	1	India	40	Fatigue	N/A	Improve range of motion and boost muscle flexibility and strength
Counterweight-Plus/DIRECT diet weight management program	1	United Kingdom	200	Fatigue and pain	Diet programs delivered by Counterweight Ltd. via an online platform with text chat, video, or telephone support. Individuals will be allocated a named "Counterweight Coach" for personal support for regular appointments and to moderate an online chat facility to enable peer support between participants.	N/A
Activity tracker and a bespoke mobile phone 'App'	1	United Kingdom	250	General quality of life and malaise	N/A	N/A
Online singing, breathing and wellbeing program (ENO Breathe)	1	United Kingdom	153	PACS symptoms relief	N/A	N/A
Lymphatic drainage massage	1	United Kingdom	100	Fatigue	N/A	Lymphedema
Heart rate variability biofeedback	1	United Kingdom	30	Dysautonomia	Registration and visualization of the interrelation of heart rhythm and respiratory rate	N/A
Manual therapy (hand operated technique and breathing exercises)	1	India	54	General quality of life	Therapy using PNF and MET techniques along with breathing exercises	N/A
Neurofeedback therapy	1	Czech Republic	10	Fatigue	Regulate brain activity by biological feedback	Learning, attention, memory, motor function, sleep disorders, and other neurological conditions
Long COVID optimal health program (LC-OHP)	1	United Kingdom	60	PACS symptoms relief	Multidisciplinary collaborative therapy and self-efficacy intervention	N/A
NexJ Connected Wellness	1	Canada	152	General quality of life	N/A	N/A
Slow-paced breathing	1	India	100	PACS symptoms relief	N/A	N/A
Education						
Pain and self-management education	1	Spain	40	General quality of life and pain	N/A	N/A
Medical psychoeducational talks	1	Germany	26	Fatigue	N/A	N/A
Education and Strategies Intervention	1	Canada	270	General quality of life	N/A	N/A

Leukotriene receptor antagonists

Ibudilast	1	Canada	1000	PACS symptoms relief	Anti-inflammatory effects, such as phosphodiesterase inhibition, and neuroprotective effects, such as inhibition of nitric oxide synthesis and reduction in reactive oxygen species	Multiple sclerosis, asthma, and cerebrovascular disease.
Antihistamines for systemic use						
Loratadine	1	India	64	PACS symptoms relief	H1 histamine receptors antagonists	Allergic rhinitis, wheal formation, urticaria, and other allergic dermatologic conditions
Nucleosides and Nucleotides excl. Reverse Transcriptase Inhibitors						
Remdesivir	1	Finland	202	General quality of life	Nucleoside analog used to inhibit the action of RNA polymerase	Acute COVID-19
Purine Derivatives						
Pentoxifylline	1	Canada	1000	PACS symptoms relief	Synthetic dimethylxanthine derivative that modulates the rheological properties of blood and has both anti-oxidant and anti-inflammatory properties	Intermittent claudication in patients with chronic occlusive arterial disease
Direct factor Xa inhibitors						
Apixaban	1	United Kingdom	2631	Improve mortality	Selectively inhibits factor Xa in its free and bound forms and inhibits prothrominase	Reducing the risk of stroke and systemic embolism
Rivaroxaban	1	United Kingdom	4520	Fatigue and PACS symptoms relief	Selectively inhibits factor Xa in its free and bound forms	Prevention of venous thromboembolic events
Blood and related products						
Plasma Exchange	1	Spain	50	Fatigue and general quality of life	Removes 65% to 70% of the disease-causing proteins (antibodies) in the plasma	Various autoimmune diseases
HMG CoA Reductase Inhibitors						
Atorvastatin	1	United Kingdom	2631	Improve mortality	Competitive inhibitor of the enzyme HMG-CoA (3-hydroxy-3-methylglutaryl coenzyme A) reductase	Dyslipidemias
Drugs used in alcohol dependence (Opioid Receptor Antagonist)						
Naltrexone	1	Canada, United States	160	Fatigue and general quality of life	Pure opiate antagonist and has little or no agonist activity	Maintenance of opiate cessation and management of alcohol dependence
Psychotherapy						
Mind body syndrome therapy	1	United States	22	Multiple somatic complaints	N/A	N/A
Mindfulness-based therapy	1	Germany	118	Fatigue	N/A	N/A

Cognitive behavioral therapy (CBT)	2	Netherlands, Spain	154	General pain and fatigue	N/A	Different mental health conditions
PACS Coping and Recovery (PACS-CR) Intervention	1	United States	36	PACS symptoms relief	Improve psychological adjustment to PACS symptoms, promote resiliency, and facilitate coping	N/A
LISTEN intervention	1	United Kingdom	558	PACS symptoms relief	N/A	N/A
Adhera® Digital Health Intervention	1	Spain	15	Fatigue	Digital program that includes personalized patient education and support, monitoring using psychometrics and wearables, and mental wellbeing exercises	N/A
Antianemic Preparations						
Erythropoietin	1	Cuba	135	Multiple organ systems	Recombinant form of human erythropoietin used to increase differentiation of progenitor cells to red blood cells	Anemia due to multiple causes
Anti-gout						
Colchicine	1	United Kingdom	4520	Fatigue and PACS symptoms relief	Disrupts cytoskeletal functions through inhibition of β -tubulin polymerization into microtubules	Gout and Familial Mediterranean Fever
Pituitary and hypothalamic hormones and analogues						
Somatropin	1	United States	83	Fatigue and general quality of life	Growth hormone and prolactin receptors ligand and promotes production of insulin-like growth factor-1 (IGF-1)	Pediatric patients who have growth failure due to an inadequate secretion of endogenous growth hormone or syndromic short stature. Also, adults with adult-onset growth hormone deficiency, either alone or associated with multiple hormone deficiencies (hypopituitarism), because of pituitary disease, hypothalamic disease, surgery, radiation therapy, or trauma
Antithrombotic agents						
Sulodexide	1	Russian Federation	30	Endothelial dysfunction	Thrombin inhibition produced and antithrombin-III catalysis by fast moving heparin (FMH).	Chronic venous ulcers in the legs
Psychostimulants						
Caffeine	1	Brazil	34	PACS symptoms relief	Adenosine A1 receptor antagonism	Apnea of prematurity in infants

Ayurveda

Aarogyam	1	India	150	General quality of life	N/A	N/A
Cardamom extract	1	India	100	PACS symptoms relief	N/A	N/A
Ashwagandha	5	India, United Kingdom	2764	General quality of life, fatigue, and male sexual dysfunction	N/A	N/A
Amalaki Rasayan	1	India	15	PACS symptoms relief	N/A	N/A
Shwadanshtradi Rasayan	1	India	35	PACS symptoms relief	N/A	N/A
Bhargyadi Taila Nasya	1	India	24	PACS symptoms relief	N/A	N/A
Rasa Pacahna Kwath	1	India	24	PACS symptoms relief	N/A	N/A
Guduchi Ghana Vati	1	India	24	PACS symptoms relief	N/A	N/A
ProGenX	1	India	200	Fatigue	N/A	N/A
Virecana karma	2	India	122	PACS symptoms relief	N/A	N/A
Panchamutti kanji	1	India	10	Fatigue	N/A	N/A
Bharangi Guda	1	India	30	Fatigue and weight loss	N/A	N/A
Sahachradi yapan basti	1	India	60	Fatigue	N/A	N/A
Aoim-Z tablets	1	India	30	General quality of life	N/A	N/A
Nellikai legiyam	1	India	1409	PACS symptoms relief	N/A	N/A

Amukkura chooranam	1	India	1409	PACS symptoms relief	N/A	N/A
Traditional Chinese Medicine (TCM)						
Traditional Chinese medicine decoction	1	China	34	Fatigue	N/A	N/A
Gu-Shen Ding-Chuan-Wan	1	China	144	Fatigue	N/A	N/A
Jiexingjunzi granules	1	China	100	PACS symptoms relief	N/A	N/A
Qibei Fuzheng granules	1	China	100	PACS symptoms relief	N/A	N/A
Tricholoma matsutake	1	China	100	Physical wellbeing	N/A	N/A
Dendrobium candidum	1	China	100	Physical wellbeing	N/A	N/A
Cannabis sativa capsule	1	China	100	Physical wellbeing	N/A	N/A
Acupuncture	2	Brazil, United Kingdom	210	PACS symptoms relief and fatigue	N/A	N/A
Laser acupuncture	1	Egypt	80	PACS symptoms relief and fatigue	N/A	N/A
Tai-Chi	1	Egypt	60	PACS symptoms relief	N/A	N/A
Other Interventions						
Prospekta	1	Russian federation	680	Asthenia	N/A	N/A
AXA1125	1	United Kingdom	40	Muscle weakness	N/A	N/A
Curcumin/Boswellia Serrata/Ascorbic acid mixture	1	Australia	32	PACS symptoms relief	N/A	N/A
IMMUNODAAT™ Botanical Ingredient	1	India	60	PACS symptoms relief	N/A	N/A
Omega-3 (Eicosapentaenoic acid - EPA + docosahexaenoic acid - DHA)	1	United States	100	PACS symptoms relief	N/A	N/A
ImmunoSEB + ProbioSEB CSC3	1	India	200	Fatigue	Probiotic complex	N/A
Nutraceuticals	1	Australia	60	PACS symptoms relief	N/A	N/A
Hope Biosciences adipose-derived mesenchymal stem cells – allogeneic (HB-adMSCs)	1	United States	80	Fatigue	N/A	Autoimmune diseases, including multiple sclerosis

Personalized multidisciplinary day-hospital intervention	1	France	130	PACS symptoms relief	N/A	N/A
Echinochrome A	1	Argentina	60	PACS symptoms relief	An antioxidant diminishes ROS in the cells, enhance glutathion pathways and diminish cellular inflammation	
High tone power therapy	1	Egypt	56	Fatigue and exercise tolerance	N/A	N/A
Immulina™ (Spirulina)	1	United States	120	PACS symptoms relief	Immunopotentialion	N/A
Lactobacillus Plantarum 299v in fermented oat drink	1	United States	80	Endothelial dysfunction	Probiotic that reduces circulating levels of cell-free mitochondrial DNA (cf-mtDNA), decreases toll-like receptor 9 (TLR9) activation [and downstream interleukin (IL-6)], and improves micro- and macrovascular (brachial artery) endothelial dysfunction	N/A
Zofin (formerly Organiceell Flow)	1	United States	30	PACS symptoms relief	Contains exosomes carrying several miRNAs that are involved in the promotion of immune regulation and response and miRNAs that target ACE2	Acute COVID-19
Transcutaneous auricular vagus nerve stimulation (TENS)	2	United Kingdom, United States	116	Fatigue	Selectively activate large diameter non-noxious afferents (A-beta) to reduce nociceptor cell activity and sensitization at a segmental level in the central nervous system	Peripheral neuropathy and fibromyalgia. It also effectively improves lower-extremity perfusion and oxygen delivery in patients with ischemic lesions
BlaQmax ®	1	India	70	PACS symptoms relief	acetylcholinesterase inhibition property, reduced sleep latency and improved both duration of deep sleep and sleep quality	Anxiety, stress, and sleep disorders
Cold knee casts	1	Germany	60	Fatigue	N/A	N/A
Xltran Plus™ or Xltran™	1	United States	111	PACS symptoms relief	Full cannabis flower formulation, rich in cannabinoids and terpenes formulation	N/A
TNX-102	1	United States	470	General pain	Potent binding and antagonist activities at the serotonin2A, α1-adrenergic, histaminergic-H1, and muscarinic-M1 receptors	Centrally acting analgesic that helps in relieving pain by improving sleep
Hydrogen-Oxygen Generator with nebulizer	1	China	216	General quality of life	N/A	N/A
Niagen (Vitamin B3)	1	United States	100	General physical health	Increase NAD+ (nicotinamide adenine dinucleotide) level, a vital coenzyme naturally produced in the body, that	Cardiovascular, neurodegenerative, and metabolic disorders

					promotes cellular defense, resilience, and repair	
Photobiomodulation	1	Egypt	100	Fatigue	Light therapy that induces a complex chain of physiological reactions in diseased and damaged tissues to accelerate wound healing and tissue regeneration, increase circulation, reduce acute inflammation, reduce acute and chronic pain, and help restore normal cellular function	Stimulate hair growth and decrease fat deposits
Cracie Bojungiki-tang extract	1	Republic of Korea	45	Fatigue	N/A	N/A
Gyeongbang Gyeongok-go	1	Republic of Korea	45	Fatigue	N/A	N/A
Hanpoong Soonsimhwan	1	Republic of Korea	45	Fatigue	N/A	N/A
ADAPT-232	1	Georgia	100	Fatigue and general quality of life	N/A	N/A
Targeted Wellness Formula C™	1	United States	60	General quality of life	N/A	N/A
Individualized homeopathic treatments	3	India, United States	182	Fatigue and PACS symptoms relief	N/A	N/A
5-aminolevulinic acid phosphate (5-ALA)	1	Japan	42	Fatigue and general quality of life	A natural delta amino acid critical component in the body's synthesis of heme, a major component of hemoglobin and myoglobin and also an essential component of cytochromes and therefore a critical component of the energy generating function of mitochondria	N/A
Coenzyme-Q10	1	Denmark	120	PACS symptoms relief	N/A	N/A
Bioarginin C	1	Italy	50	Fatigue	Supplementation of L-arginine and vitamin C	N/A
Hyperbaric oxygen	1	Sweden	80	General quality of life	Improve pulmonary gas exchange by restoring hypoxic pulmonary vasoconstriction	N/A
Lactoferrin	1	Netherlands	72	Fatigue	Iron-binding protein with immunological properties, and is both antibacterial and antiviral	Reduces the risk of respiratory tract infections
Anhydrous enol-oxaloacetate	1	United States	40	Fatigue	A small molecule blood glutamate scavenger, that can be used to lower glutamate plasma levels, and has potential neuroprotective activity	Traumatic brain injury

Bone marrow mesenchymal stem cell derived extracellular vesicles	1	United States	60	Morbidity		
Ruconest	1	United States	40	Fatigue	C1 Esterase Inhibitor (recombinant) regulating the activation of the complement and contact system pathway	Hereditary angioedema
Transcranial direct current stimulation (tDCS)	6	Brazil, Czech Republic, Spain, United States	211	Fatigue and generalized body pain	Causing the neuron's resting membrane potential to depolarize or hyperpolarize	Neuropsychiatric conditions such as depression, anxiety, Parkinson's disease, and chronic pain
Sodium pyruvate nasal spray (EmphyCorp, N115)	1	United States	22	PACS symptoms relief	Reduced nasal and lung inflammation and congestion by reducing inflammatory cytokines including the IL-6 cytokine	Chronic obstructive pulmonary disease, pulmonary fibrosis, cystic fibrosis, allergic rhinitis, chronic rhinitis, sinusitis, and flu
RSLV-132	1	United States	70	Fatigue	RNase-Fc fusion protein designed to remove RNA, a pro-inflammatory nucleic acid	Lupus and Sjögren's syndrome
Leronlimab	1	United States	56	General quality of life and PACS symptoms relief	Reduction in the cytokine storm, particularly IL-6, as well as a normalization of the CD4/CD8 T-cell ratio.	Number of cancers and HIV
Intervention Combinations						
Mountain spa rehabilitation + Ubiquinol (reduced coenzyme Q10) supplementation	1	Slovakia	51	Accelerate recovery of patients with PACS	N/A	N/A
Basti + Rasayana	1	India	24	PACS symptoms relief	N/A	N/A
LiuJunzhi Decoction (LJZD) + Shashen Maidong Decoction (SSMDD)	1	Hong Kong	68	Fatigue	N/A	N/A
Chatushashti Prahari Pippali + Rehabilitation	1	India	80	General quality of life and PACS symptoms relief	N/A	N/A
Vardhamana pippali rasayana + Rehabilitation	1	India	80	General quality of life and PACS symptoms relief	N/A	N/A
Loratadine + Famotidine	1	United Kingdom	4520	Fatigue and PACS symptoms relief	N/A	N/A
Mitoquinone + Exercise	1	United States	100	PACS symptoms relief	N/A	N/A
Rajyoga + Yoga based rehabilitation	1	India	500	General quality of life	N/A	N/A
Vitamin K2 (MK-7) + Vitamin D3	1	United States	150	General quality of life and PACS symptoms relief	N/A	N/A
NAC (N-acetyl cysteine) + Alpha lipoic acid (ALA) + liposomal glutathione (GSH)	1	United State	50	General quality of life and PACS symptoms relief	N/A	N/A

Self- applied acupressure + Qigong course + advice literature	1	Germany	200	Fatigue	N/A	N/A
Individualized nutrition therapy + Patient-tailored physical rehabilitation program	1	Belgium	66	PACS symptoms relief	N/A	N/A
Naturopathy + Yoga based rehabilitation	2	India	226	General quality of life and PACS symptoms relief	N/A	N/A
Biometric shirt+ Exercise program	1	Canada	20	Fatigue and general quality of life	N/A	N/A
CoQ10 + Melatonin + Vitamin B+ Vitamin D	1	Iran	80	Fatigue	N/A	N/A
Naltrexone + Nicotinamide adenine dinucleotide (NAD+)	1	United States	60	Fatigue and general quality of life	N/A	N/A
Osteopathic manipulative treatment + Physiotherapy	1	Brazil	104	Fatigue and functional status	N/A	N/A