



Association of financial incentives with primary care enrollment of adults with serious mental illnesses in Ontario: a retrospective observational population-based study

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Abstract:	<p>Background: Financial incentives may improve primary care (PC) access for adults with schizophrenia or bipolar disorder (serious mental illness, SMI). We studied the association between receipt of a financial premium and rostering of adults with SMI among PC physicians in patient enrollment models (PEM).</p> <p>Methods: Retrospective cohort study of insured Ontario adults with SMI in PEM practices, 2016-2018. Using negative binomial models with log link with and without SMI premium payment, we examined relationships between the proportion of rostered patients and PC model, and the contribution of the incentive and compared with adults with diabetes mellitus and the general population.</p> <p>Results: Of 9730 PEM physicians, 50.9% (N=4866) received a premium and 88.4% of people with SMI in PEMs were rostered. Compared with enhanced fee for service, the likelihood of rostering people with SMI was 3.8% higher for patients in capitation with team based care (TBC) (aRR 1.038 95% CI 1.025, 1.051) and 1.4% higher for capitation without team based care (CAP) (aRR1.014 95% CI 1.003, 1.025). Rostering for</p>

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	<p>people with diabetes to SMI in TBC was similar (aRR 1.034, 95% CI 1.023, 1.046) but higher for CAP (aRR 1.027, 95% CI 1.018, 1.037) and higher for the Ontario population (TBC 1.046, 95% CI 1.037, 1.056, CAP 1.061, 95% CI 1.049, 1.072;). No association was seen when premium payment was included in the model.</p> <p>Interpretation: Incentives may have had a positive association with rostering SMI patients; nonetheless, there were still inequities. Additional policy measures are needed to promote rostering of this underserved population with complex needs.</p>

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3 **Association of financial incentives with primary care enrollment of adults with serious**
4 **mental illnesses in Ontario: a retrospective observational population-based study**
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42 **Contributor's Statement:**

43 All authors take responsibility for the integrity of the data and the accuracy of the data analysis.
44 All authors conceptualized and designed the study, interpreted the data, critically revised and
45 reviewed the manuscript for important intellectual content, and approved the final manuscript.
46 Dr. Bayoumi prepared the initial draft of the manuscript. Ms. Whitehead performed the statistical
47 analysis.
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Abstract

Background: Financial incentives may improve primary care (PC) access for adults with schizophrenia or bipolar disorder (serious mental illness, SMI). We studied the association between receipt of a financial premium and rostering of adults with SMI among PC physicians in patient enrollment models (PEM).

Methods: Retrospective cohort study of insured Ontario adults with SMI in PEM practices, 2016-2018. Using negative binomial models with log link with and without SMI premium payment, we examined relationships between the proportion of rostered patients and PC model, and the contribution of the incentive and compared with adults with diabetes mellitus and the general population.

Results: Of 9730 PEM physicians, 50.9% (N=4866) received a premium and 88.4% of people with SMI in PEMs were rostered. Compared with enhanced fee for service, the likelihood of rostering people with SMI was 3.8% higher for patients in capitation with team based care (TBC) (aRR 1.038 95% CI 1.025, 1.051) and 1.4% higher for capitation without team based care (CAP) (aRR 1.014 95% CI 1.003, 1.025). Rostering for people with diabetes to SMI in TBC was similar (aRR 1.034, 95% CI 1.023, 1.046) but higher for CAP (aRR 1.027, 95% CI 1.018, 1.037) and higher for the Ontario population (TBC 1.046, 95% CI 1.037, 1.056, CAP 1.061, 95% CI 1.049, 1.072;). No association was seen when premium payment was included in the model.

Interpretation: Incentives may have had a positive association with rostering SMI patients; nonetheless, there were still inequities. Additional policy measures are needed to promote rostering of this underserved population with complex needs.

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3 Mental illnesses are prevalent, affecting 10-20% of adults per year^{1,2} and up to 33% over their
4 lifetime.¹ They are responsible for an estimated 22.9% of years lived with a disability³ and a
5 mortality gap estimated at 13-20 years,⁴ of which 60% of deaths are attributable to chronic
6 conditions including cardiovascular and respiratory disease.⁴
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9 Primary care physicians are the most frequently consulted health care professionals by adults
10 with schizophrenia and bipolar disorder, collectively referred to as serious mental illnesses
11 (SMI).⁵ However, adults with SMI are less likely to have an ongoing site of primary care,⁶ and
12 experience both difficulty accessing primary care^{6,7} and lower quality of care.^{8,9} Patient reported
13 barriers to accessing care occur at the patient level (socioeconomic and mental health or
14 medication related), provider level (perceived stigma and lack of willingness to address mental
15 health concerns) and the health system level (difficulty finding a family physician, inadequate
16 time during appointments to meet their health needs and poor collaboration with other health
17 care providers).⁷
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21 Since 2000, Ontario, Canada has implemented a broad suite of voluntary reforms in the delivery
22 and payment of primary care, aimed at improving access, quality of care and retention of primary
23 care physicians.¹⁰ Most primary care physicians shifted from exclusive fee for service to new
24 primary care models involving patient enrollment. The Patient Enrollment Models (PEMs)
25 include the enhanced fee for service (eFFS) model – remunerated by fee for service payments
26 with some bonuses for preventive care- and blended capitation models with and without
27 integration of interdisciplinary team based care (TBC and CAP respectively) –remunerated by
28 capitation payments based on age and sex for in basket services, and additional bonuses for
29 comprehensive and preventive care. Previous work has demonstrated that fewer people with
30 mental illnesses were enrolled in new models¹¹ and that people with serious mental illness who
31 were enrolled in capitation models accessed fewer health services compared with enhanced fee
32 for service models.¹²
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37 Incentives to enroll patients with serious mental illness were included in the reforms in 2003.
38 The Primary Care Serious Mental Illness Special Premium (PC-SMI) is an annual payment paid
39 to physicians working in the Patient Enrollment Models defined above for providing
40 comprehensive primary care to a minimum of five enrolled patients with diagnoses of bipolar
41 disorder or schizophrenia. There are two levels of payment: \$1,000 for the minimum first five
42 enrolled patients and \$1,000 for an additional five or more enrolled patients (maximum \$2,000
43 annually). We examined the impact of the Serious Mental Illness premium on primary care
44 rostering in different primary care models. We hypothesized that people with SMI would
45 experience lower rates of rostering than those with another chronic disease (diabetes mellitus)
46 and the Ontario population. We also hypothesize that premium payment would be associated
47 with increased likelihood of rostering of adults with SMI.
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50 **METHODS**

51 **Design, setting and participants**

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53 We conducted a retrospective observational cohort study using population-level administrative
54 data housed at ICES. ICES is an independent, non-profit research institute whose legal status
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3 under Ontario's health information privacy law allows it to collect and analyze health care and
4 demographic data, without consent, for health system evaluation and improvement. Study
5 participants included all adult (age ≥ 18 years) Ontario residents eligible for universal health
6 insurance diagnosed with schizophrenia or bipolar disorder, who were attached to primary care
7 physicians working in patient enrollment models. Study inclusion dates were between April 1,
8 2016 to March 31, 2018. People with schizophrenia or bipolar disorder were included in the
9 cohort if they had at least one outpatient visit at any time prior to the study period with a family
10 physician or psychiatrist or an emergency department visit or an inpatient hospitalization billing
11 the diagnostic codes Schizophrenia/ Schizoaffective Disorder (ICD-9: 295; ICD-10: F20, F25) or
12 Bipolar Disorder (ICD-9: 296; ICD-10: F31).
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16 In our study, primary care physicians were defined as those whose specialty was listed as general
17 practitioner or family physician, plus any physician with a fulltime affiliation with a Patient
18 Enrollment Model.
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20 **Data sources and linkage**

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22 Several datasets were linked using unique encoded identifiers and analyzed at ICES. To identify
23 and describe the cohort we used: the Registered Persons Database (a registry of all Ontario
24 residents eligible for the Ontario Health Insurance Plan [OHIP]); the National Ambulatory Care
25 Reporting System (a registry of Emergency Department visits)[NACRS]; the Discharge
26 Abstracts Database (a registry of inpatient hospitalizations)[DAD];and the Ontario Mental
27 Health Reporting System (a registry of mental health care contacts including
28 hospitalization)[OMHRS].
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32 We identified primary care physicians and utilization using the Corporate Provider Database (a
33 registry of all providers and provider groups eligible to bill OHIP for their services)[CPDB] and
34 the Client Agency Program Enrolment database (which lists all patients enrolled with a primary
35 care physician within a primary care group), and Primary Care Population (PCPOP), an ICES
36 derived cohort. Patients were attributed to a physician if they were formally enrolled (rostered)
37 or had attended a minimum of three visits with the same primary care provider during the study
38 period (virtually-rostered). Previous work has virtually rostered patients to the physician who
39 billed the largest dollar amount for primary care services in the preceding two years.¹³ An
40 alternative approach was to attribute the patient to a physician with whom they had continuity of
41 care of 10% or more.¹⁴ We selected a higher threshold for virtual rostering in light of the high
42 needs of this population.
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46 For comparative purposes, we identified adult Ontarians diagnosed with diabetes mellitus using
47 the Ontario Diabetes Dataset, an ICES-derived cohort,¹⁵ who had a diabetes related primary care
48 visit in the three years prior to the study period (between April 1, 2013 and Mar. 31, 2016), and
49 an adult general population comparison sample.
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52 **Variable definition**

53 **Outcome**

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3 The dependent variable was the percentage of adults with SMI, diabetes mellitus and in the
4 general population who were rostered, defined at the physician level, during the study period.
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6 **Exposure**

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8 The primary independent variable was primary care physician model of care (eFFS, CAP, TBC).
9 In order to assess the relative contribution of the SMI premium to rostering, we created models
10 with and without SMI premiums to assess change in model estimates.
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12 **Covariates**

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14 We derived age, sex, rurality and recent migration status of people with SMI from the Registered
15 Persons Database. We measured rurality using the postal code and the Rurality Index for Ontario
16 (RIO), with categories of urban (score 0–9), suburban (score 10–39) and rural (score ≥ 40).¹⁶ We
17 derived neighbourhood income quintile using the postal code linked to census dissemination
18 area. We identified recent migrants to Ontario as people who received an Ontario health card for
19 the first time within the previous 10 years (about 75% of this group would be expected to be
20 recent immigrants, and the remainder would be expected to have migrated from other Canadian
21 provinces).¹⁷ We used the Johns Hopkins Adjusted Clinical Groups System Version 10 to
22 capture comorbidity according to Aggregated Diagnosis Groups (ADGs). We derived health
23 service utilization from the OHIP, DAD, NACRS, OMHRS databases.
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27 We derived physician characteristics (age, sex, panel size, years since graduation) from the
28 CPDB. We derived payment of SMI premiums from the Architected Payments dataset.
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31 **Statistical analysis**

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33 We compared the demographic characteristics of people diagnosed with SMI, with those
34 diagnosed with diabetes mellitus and with the adult Ontario population, including those who
35 were rostered and virtually rostered using consistent approaches to rostering among all three
36 populations. Next, we compared the characteristics of physicians receiving SMI premium
37 payments with those who did not receive these payments in the study period. Finally, we
38 developed negative binomial models with log link to examine the relationships between the
39 proportion of rostered patients in the practice (by condition or the Ontario population) and the
40 model of primary care. To examine the relative contribution of SMI premium payment status, we
41 added this variable into each model to assess change in model estimates. We determined that the
42 outcome (proportion of patients rostered) was overdispersed, and therefore used the negative
43 binomial distribution. The unit of observation in the modelling was the primary care physician.
44 Physicians with fewer than 100 patients in total (rostered or virtually rostered) were excluded.
45 For the outcome of proportion rostered, patient data were aggregated at the physician level. The
46 means for continuous variables and the frequencies in each category represented for categorical
47 variables were calculated. We adjusted for a number of patient and physician characteristics as
48 pre-specified covariates. Patient characteristics included in the model were age, sex, rurality,
49 recent migration, neighbourhood income, comorbidity using ADGs, continuity of care (CoC) and
50 health care utilization in the three years prior to the study period (primary care attachment,¹⁴
51 number of primary care visits, and number of psychiatric hospitalization). CoC was determined
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3 at the practice level for patients with at least 3 primary care visits in the study period and was
4 defined as the proportion of primary care visits with the patient's own provider. Physician related
5 covariates were physician age, sex, rurality, panel size, model of care, primary care visits in the
6 study period. To address concerns about physicians with different practice sizes having the same
7 weight in the analysis, we repeated the analyses weighing the observations by the sum of
8 rostered and virtually rostered patients, both with and without panel size included as a covariate
9 in the model. Finally, we did a weighted analysis including panel size but excluding SMI
10 premium in the model.
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13 **Ethics approval**

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15 The study was approved by the Queen's University Health Sciences Research Ethics Board.
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18 **RESULTS**

19 We identified 592,431 Ontario adults with a SMI (212,369 with schizophrenia and 380,062 with
20 bipolar disorder) between April 1, 2016 and Mar. 30, 2018, representing 5.7% of the Ontario
21 general population (Table 1). People with schizophrenia and bipolar disorder were more likely to
22 live in lower income neighbourhoods (particularly those with schizophrenia) and in urban
23 centres, and less likely to be recent immigrants to Ontario than the general population. In
24 contrast with those with diabetes, those with SMI were more likely not to have accessed any
25 primary care and to have lower continuity of care.
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29 Of the 13,606 Ontario family physicians identified, 71.5% (N=9730) worked in PEMs and would
30 have been eligible to receive the SMI premium and 50.9% (N=4866) of these received a
31 premium in the study period based on having at least five SMI patients on their roster (Table 2a).
32 Only 90 physicians were in a PEM and had at least five SMI patients in their roster, but did not
33 receive the premium. Compared with PEM physicians who were ineligible for the premium by
34 having too few patients, those who received the highest premium payments were more likely to
35 be male, had larger patient panel size, and were more likely to work in capitation models (with
36 and without team based care). The practices of PEM physicians who were ineligible for the
37 premiums did not differ from those of physicians who received the premium or of non-PEM
38 physicians by age and sex, but were more likely to be recent immigrants and to live in urban
39 settings (Table 2b). Compared with practices of PEM physicians, patients of non-PEM
40 physicians were more likely to live in low income neighbourhoods, be new immigrants, have
41 higher morbidity, more primary care visits and greater continuity of care. In total, \$12,750,400
42 was paid in SMI premiums during the study period.
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47 Of people with serious mental illness receiving primary care through PEMs, 88.4% were
48 formally rostered, compared with 93.3% of people with diabetes and 90.8% in the general
49 population. (Table 3). The proportion of adults with SMI rostered was consistently lower than
50 those for either people with diabetes or in the general population across all patient and physician
51 characteristics and all models of care. For people with SMI, rostering ranged from 85.2% for
52 eFFS models, 85.2% for team based capitation models and 91.0% for non-team based capitation,
53 which were all less than rates observed for diabetes (90.6%- 95.2%) and the general population
54 (86.1%-94.1%).
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Adjusted negative binomial models of the proportion of patients rostered, weighted by practice size, determined that compared with eFFS, the likelihood of physicians rostering people with SMI was higher for those in capitation models with team based care (aRR 1.0389% confidence interval (CI) 1.025, 1.051) and higher for capitation models without team based care (aRR 1.014 95% CI 1.003, 1.025). These parameter estimates are comparable to rostering of people with diabetes in capitation models with team based care (aRR 1.034, 95% CI 1.023, 1.046) but lower than that seen for capitation without team based care (aRR 1.02, 95% CI 1.018, 1.037) and lower than for the Ontario population (capitation with TBC 1.061, 95% CI 1.049, 1.072; capitation without TBC 1.06, 95% CI 1.037, 1.056). When SMI premium was included in the model, with an interaction term for SMI premium amount by model of care, no association was demonstrated between model of care and rostering.

DISCUSSION

Thirteen years after introduction of reforms into the payment and structure of primary care, including a financial incentive to promote enrollment of people with serious mental illness, we found evidence of lower enrollment into new models for individuals with severe mental illnesses compared with both individuals with diabetes and the general population. Including the SMI premium payment attenuated the relationship between enrollment model and rostering, as anticipated since SMI premiums are an intermediate variable on the causal pathway rather than a confounder. Adjusting for intermediate variables on the path from exposure to outcome can bias overall effect estimates toward the null and may introduce overfitting of the model.¹⁸ The change in model estimates when including premium payment provides indirect support that the payments may be associated with rostering.

People with SMI have complex needs and it is encouraging to observe that overall rostering was quite high. Nevertheless, inequitable access to new models was still observed. In Ontario, provincial quality improvement systems, including incentives and practice level reporting, for preventive care (such as cancer screening and immunization) apply only to rostered patients. Lower rostering of individuals with SMI may then translate into lower quality of preventive care and contribute to adverse outcomes in a high need population with elevated risks of chronic disease, including cancer.^{8,19} Furthermore, the incentive structure itself may limit its impact. Once a provider has enrolled 10 patients with SMI, there is no additional incentive to enroll additional patients. Modified capitation as implemented in Ontario includes adjustments for age and sex, but not for case-mix, thereby embedding disincentives for enrollment of patients with complex needs.

Our findings are consistent with a substantial body of research demonstrating the limited impact of pay for performance measures. Pay for performance has been implemented in many countries, settings, and using different structures and targets. A recent systematic review found that most pay for performance programs target chronic disease management in primary care, and found evidence of short term improvements in process of care outcomes, but little or no impact was demonstrated for improved health outcomes (intermediate or patient important outcomes), or longer term improvements.²⁰ Older systematic reviews drew similar conclusions.^{21,22} Few studies have examined pay for performance for mental health care. Rudoler et al. found no increased

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3 provision of follow up care after psychiatric hospitalization or after suicide attempts after
4 implementation of a financial incentive.²³ In the UK, financial incentives were associated with
5 improvements in screening and intervention on physical health (weight, blood pressure, lipid and
6 glucose screening) in people with psychosis in secondary care.²⁴ Gutacker et al. found that better
7 performance on quality metrics of mental health care in the U.K. was associated with higher
8 rates of psychiatric hospitalization.²⁵ A pay for performance program in Taiwan was associated
9 with reduction in unscheduled outpatient visits and compulsory admissions but no change in
10 emergency department visits, or acute psychiatric admissions or readmissions.²⁶ In British
11 Columbia, incentives targeting primary mental health care for people with depression were
12 associated with incremental improvements in the targeted domains but worsening continuity of
13 care.²⁷ To our knowledge, no previous work has examined pay for performance for patient
14 enrollment of people with SMI in primary care.
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19 **Limitations**

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21 Our study has some limitations. The administrative data used were not designed for research
22 purposes. Only those with valid health care coverage were included which is limited to
23 permanent residents of Ontario. The cross-sectional design precludes determination of whether
24 premium payment was associated with increased enrollment of people with SMI into new
25 models. In addition, the results may be biased by residual confounding, though we expect the
26 impact to be limited as we feel we have been thorough in identifying relevant confounders. The
27 diagnostic code to select for bipolar disorder has not been validated and may include individuals
28 with major depressive disorder.
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31 **Data Sharing Statement**

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33 The dataset from this study is held securely in coded form at ICES. While legal data sharing
34 agreements between ICES and data providers (e.g., healthcare organizations and government)
35 prohibit ICES from making the dataset publicly available, access may be granted to those who
36 meet pre-specified criteria for confidential access, available at www.ices.on.ca/DAS (email:
37 das@ices.on.ca). The full dataset creation plan and underlying analytic code are available from
38 the authors upon request, understanding that the computer programs may rely upon coding
39 templates or macros that are unique to ICES and are therefore either inaccessible or may require
40 modification.
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44 **CONCLUSION**

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46 This study found that incentives may have had a positive association with rostering SMI patients;
47 nonetheless, there were still inequities in the likelihood to be rostered. Additional policy
48 measures are needed to promote rostering of this underserved population with complex needs.
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Table 1: Characteristics of patients with Serious Mental Illness, Diabetes Mellitus and Ontario Population 2016/17-2017/18

		Schizophrenia	Bipolar Disorder	Diabetes Mellitus	Ontario Adult Population
VARIABLE		N=212,369 (2.03%)	N=380,062 (3.63%)	N=1,006,692 (9.62%)	N=10,461,874 (100%)
Age at index	18 - 44	93,280 (43.9%)	161,255 (42.4%)	93,775 (9.3%)	4,589,401 (43.9%)
	45 - 64	84,567 (39.8%)	155,639 (41.0%)	431,846 (42.9%)	3,803,639 (36.4%)
	65 - 74	21,315 (10.0%)	41,890 (11.0%)	274,731 (27.3%)	1,211,001 (11.6%)
	75 +	13,207 (6.2%)	21,278 (5.6%)	206,340 (20.5%)	857,833 (8.2%)
	Mean ± SD	47.58 ± 16.74	47.91 ± 16.53	62.91 ± 13.68	48.03 ± 17.98
Female		98,626 (46.4%)	235,623 (62.0%)	467,484 (46.4%)	5,397,953 (51.6%)
Income Quintile - Patient	Q1 (low)	73,707 (34.7%)	92,670 (24.4%)	237,113 (23.6%)	2,030,502 (19.4%)
	Q2	47,013 (22.1%)	81,074 (21.3%)	222,131 (22.1%)	2,082,736 (19.9%)
	Q3	36,487 (17.2%)	72,861 (19.2%)	207,886 (20.7%)	2,102,894 (20.1%)
	Q4	28,362 (13.4%)	65,775 (17.3%)	180,353 (17.9%)	2,077,038 (19.9%)
	Q5 (high)	25,635 (12.1%)	66,286 (17.4%)	157,157 (15.6%)	2,126,537 (20.3%)
New Arrival to Ontario	No	206,128 (97.1%)	369,832 (97.3%)	957,290 (95.1%)	9,723,602 (92.9%)
	Yes	6,241 (2.9%)	10,230 (2.7%)	49,402 (4.9%)	738,272 (7.1%)
RIO Score Group - Patient	Missing	1,914 (0.9%)	2,507 (0.7%)	10,821 (1.1%)	105,539 (1.0%)
	Rural	14,123 (6.7%)	24,417 (6.4%)	74,753 (7.4%)	770,884 (7.4%)
	Suburban	36,615 (17.2%)	76,131 (20.0%)	186,413 (18.5%)	2,020,218 (19.3%)
	Urban	159,717 (75.2%)	277,007 (72.9%)	734,705 (73.0%)	7,565,233 (72.3%)
Total Core PC Visits in study period	0 visits	30,794 (14.5%)	33,178 (8.7%)	37,080 (3.7%)	1,626,541 (15.5%)
	1 visit	15,123 (7.1%)	20,998 (5.5%)	27,528 (2.7%)	954,361 (9.1%)
	2 visits	14,445 (6.8%)	23,002 (6.1%)	36,122 (3.6%)	960,777 (9.2%)
	3 - 5	39,221 (18.5%)	73,871 (19.4%)	155,561 (15.5%)	2,444,397 (23.4%)
	6 - 10	47,922 (22.6%)	100,963 (26.6%)	327,580 (32.5%)	2,449,347 (23.4%)
	11 +	64,864 (30.5%)	128,050 (33.7%)	422,821 (42.0%)	2,026,451 (19.4%)
	Mean ± SD	9.30 ± 11.65	9.70 ± 10.22	11.32 ± 9.55	6.50 ± 7.59
Continuity of care for patients with >2 primary care	0 - 40	35,922 (23.6%)	62,539 (20.6%)	110,932 (12.2%)	1,386,998 (20.0%)
	41 - 80	47,043 (30.9%)	102,157 (33.7%)	228,197 (25.2%)	2,208,455 (31.9%)

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	81 +	69,042 (45.4%)	138,188 (45.6%)	566,833 (62.6%)	3,324,742 (48.0%)
Sum of ADGs in look-back period	0	7,728 (3.6%)	9,442 (2.5%)		695,482 (6.6%)
	1 - 5	57,548 (27.1%)	83,433 (22.0%)	256,557 (25.5%)	4,092,896 (39.1%)
	6 - 10	81,085 (38.2%)	158,263 (41.6%)	439,434 (43.7%)	3,992,407 (38.2%)
	11 +	66,008 (31.1%)	128,924 (33.9%)	310,701 (30.9%)	1,681,089 (16.1%)
Sum of Psychosocial ADGs in look-back period	0	38,749 (18.2%)	89,647 (23.6%)	622,203 (61.8%)	6,951,222 (66.4%)
	1	62,587 (29.5%)	141,303 (37.2%)	297,974 (29.6%)	2,773,087 (26.5%)
	2	78,617 (37.0%)	113,992 (30.0%)	73,167 (7.3%)	619,047 (5.9%)
	3	32,416 (15.3%)	35,120 (9.2%)	13,348 (1.3%)	118,518 (1.1%)
Psychiatry visits in the study period	Mean ± SD	3.68 ± 9.53	2.62 ± 9.01	0.34 ± 3.06	0.32 ± 3.26

RIO: Rurality Index of Ontario; PC: Primary Care; ADGs: Aggregated Diagnosis Groups

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Table 2a: Characteristics of Family Physician eligible for SMI premium 2016/17-2017/18

VARIABLE	VALUE	\$3001 - \$4000	\$2001 - \$3000	\$1001 - \$2000	<= \$1000	Eligible (had at least 5 SMI pts) no premium	Ineligible (< 5 SMI pts) in an eligible model	Non-PEM physicians	Total
		N=1,767	N=723	N=1,310	N=1,066	N=90	N=4,774	N=3,876	N=13,606
Age	Mean ± SD	51.07 ± 11.54	49.46 ± 12.20	48.90 ± 12.16	48.21 ± 12.82	49.02 ± 10.77	51.24 ± 12.71	49.28 ± 14.54	50.09 ± 13.06
Sex	Missing/ Unknown	0 (0.0%)	0 (0.0%)	19 (1.5%)	33 (3.1%)	0 (0.0%)	162 (3.4%)	245 (6.3%)	459 (3.4%)
	Female	699 (39.6%)	343 (47.4%)	647 (49.4%)	547 (51.3%)	43 (47.8%)	2,180 (45.7%)	1,567 (40.4%)	6,026 (44.3%)
	Male	1,068 (60.4%)	380 (52.6%)	644 (49.2%)	486 (45.6%)	47 (52.2%)	2,432 (50.9%)	2,064 (53.3%)	7,121 (52.3%)
Years from graduation	Mean ± SD	24.23 ± 12.21	22.55 ± 12.83	22.02 ± 12.72	21.37 ± 13.45	22.41 ± 11.43	24.36 ± 13.25	22.16 ± 15.02	23.16 ± 13.61
Rurality	Missing	0 (0.0%)	<=5 (0.1%)	29 (2.2%)	40 (3.8%)	0 (0.0%)	182 (3.8%)	282 (7.3%)	534 (3.9%)
	Urban	1,328 (75.2%)	547 (75.7%)	978 (74.7%)	724 (67.9%)	53 (58.9%)	3,494 (73.2%)	2,872 (74.1%)	9,996 (73.5%)
	Suburban	346 (19.6%)	132 (18.3%)	217 (16.6%)	206 (19.3%)	26 (28.9%)	750 (15.7%)	474 (12.2%)	2,151 (15.8%)
	Rural	93 (5.3%)	43 (5.9%)	86 (6.6%)	96 (9.0%)	11 (12.2%)	348 (7.3%)	248 (6.4%)	925 (6.8%)
Panel size *	Mean ± SD	1,854.20 ± 859.92	1,694.31 ± 883.63	1,615.77 ± 775.60	1,532.64 ± 836.58	1,488.84 ± 630.98	1,528.04 ± 903.87	1,182.97 ± 763.88	1,596.97 ± 875.32
Enrollment Model	Blended Capitation TBC	649 (36.7%)	264 (36.5%)	487 (37.2%)	341 (32.0%)	42-46 (46.7 – 51.1%)	1,015-1,019 (21.3%)	0 (0.0%)	2,802 (20.6%)
	Blended Capitation no TBC	696 (39.4%)	277 (38.3%)	446 (34.0%)	298 (28.0%)	43 (47.8%)	947 (19.8%)	0 (0.0%)	2,707 (19.9%)
	eFFS	362 (20.5%)	149 (20.6%)	231 (17.6%)	250 (23.5%)	0 (0.0%)	1,834 (38.4%)	0 (0.0%)	2,826 (20.8%)
	Other	60 (3.4%)	33 (4.6%)	146 (11.1%)	177 (16.6%)	<=5 (4.4%)	974-978 (20.4-20.5%)	3,876 (100.0%)	5,271 (38.7%)
Number of schizophrenia patients	Mean ± SD	32.72 ± 26.47	24.41 ± 17.46	19.68 ± 15.90	17.07 ± 14.56	16.87 ± 9.52	15.13 ± 13.90	6.18 ± 10.53	17.55 ± 18.49
Number of schizophrenia patients Rostered	Mean ± SD	28.90 ± 23.88	20.86 ± 15.51	16.59 ± 13.99	14.15 ± 13.08	13.67 ± 8.23	12.11 ± 11.83	0.00 ± 0.06	13.76 ± 16.62
Number of schizophrenia patients VR	Mean ± SD	3.82 ± 6.13	3.55 ± 5.12	3.09 ± 5.14	2.92 ± 4.73	3.19 ± 3.00	3.02 ± 5.38	6.18 ± 10.53	3.80 ± 6.81
Number of bipolar disorder patients	Mean ± SD	55.04 ± 39.05	45.84 ± 30.23	37.92 ± 29.94	33.67 ± 27.65	37.78 ± 25.65	30.52 ± 30.82	7.38 ± 11.53	31.59 ± 32.67
Number of bipolar disorder patients Rostered	Mean ± SD	49.79 ± 36.69	40.47 ± 28.76	33.05 ± 27.99	28.81 ± 26.24	32.62 ± 24.16	25.89 ± 27.54	0.01 ± 0.11	26.19 ± 30.65

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Number of bipolar disorder patients VR	Mean ± SD	5.26 ± 6.91	5.38 ± 6.62	4.87 ± 6.56	4.85 ± 6.56	5.16 ± 4.07	4.63 ± 8.56	7.37 ± 11.53	5.40 ± 8.64
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*Panel size =rostered and virtually rostered patients in past 2 years; SMI: Serious mental illness; PEM: Patient Enrollment Model; TBC: Team-based Care; eFFS: Enhanced Fee for Service; VR: virtually rostered.

Table 2b: Characteristics of Patients Enrolled with Family Physician eligible for SMI premium 2016/17-2017/18

VARIABLE	VALUE	\$3001 - \$4000	\$2001 - \$3000	\$1001 - \$2000	<= \$1000	Eligible (had at least 5 SMI pts) no premium	Ineligible (< 5 SMI pts) in an eligible model	Non-PEM physicians	Total
		N=2,307,819	N=825,873	N=1,304,148	N=934,499	N=88,890	N=3,642,797	N=373,489	N=13,606
Age at index	18 - 44	954,450 (41.4%)	347,823 (42.1%)	548,041 (42.0%)	397,114 (42.5%)	36,363 (40.9%)	1,590,094 (43.7%)	138,273 (37.0%)	4,012,158 (42.3%)
	45 - 64	858,945 (37.2%)	301,975 (36.6%)	482,621 (37.0%)	344,002 (36.8%)	32,479 (36.5%)	1,335,576 (36.7%)	143,141 (38.3%)	3,498,739 (36.9%)
	65 - 74	286,368 (12.4%)	101,979 (12.3%)	158,648 (12.2%)	114,185 (12.2%)	11,745 (13.2%)	422,858 (11.6%)	51,108 (13.7%)	1,146,891 (12.1%)
	75 +	208,056 (9.0%)	74,096 (9.0%)	114,838 (8.8%)	79,198 (8.5%)	8,303 (9.3%)	294,269 (8.1%)	40,967 (11.0%)	819,727 (8.6%)
Age at Index - Patient	Mean ± SD	49.03 ± 18.12	48.86 ± 18.09	48.76 ± 18.06	48.57 ± 17.99	49.34 ± 18.31	48.07 ± 17.86	50.98 ± 18.31	48.64 ± 18.02
Female		1,191,074 (51.6%)	436,917 (52.9%)	705,173 (54.1%)	506,256 (54.2%)	47,322 (53.2%)	1,934,913 (53.1%)	197,062 (52.8%)	5,018,717 (53.0%)
Income Quintile - Patient	Q1 (low)	462,482 (20.0%)	154,425 (18.7%)	236,646 (18.1%)	161,755 (17.3%)	15,002 (16.9%)	659,526 (18.1%)	92,058 (24.6%)	1,781,894 (18.8%)
	Q2	466,334 (20.2%)	165,135 (20.0%)	255,402 (19.6%)	178,764 (19.1%)	15,900 (17.9%)	716,594 (19.7%)	80,561 (21.6%)	1,878,690 (19.8%)
	Q3	459,216 (19.9%)	167,933 (20.3%)	261,031 (20.0%)	190,827 (20.4%)	17,480 (19.7%)	750,051 (20.6%)	74,611 (20.0%)	1,921,149 (20.3%)
	Q4	441,416 (19.1%)	162,172 (19.6%)	265,909 (20.4%)	197,063 (21.1%)	18,485 (20.8%)	763,377 (21.0%)	66,202 (17.7%)	1,914,624 (20.2%)
	Q5 (high)	473,584 (20.5%)	174,595 (21.1%)	282,464 (21.7%)	204,195 (21.9%)	21,852 (24.6%)	745,371 (20.5%)	59,063 (15.8%)	1,961,124 (20.7%)
	Missing	4,787 (0.2%)	1,613 (0.2%)	2,696 (0.2%)	1,895 (0.2%)	171 (0.2%)	7,878 (0.2%)	994 (0.3%)	20,034 (0.2%)
New Arrival to Ontario	No	2,203,310 (95.5%)	778,408 (94.3%)	1,225,055 (93.9%)	873,121 (93.4%)	85,063 (95.7%)	3,341,258 (91.7%)	345,593 (92.5%)	8,851,808 (93.4%)
	Yes	104,509 (4.5%)	47,465 (5.7%)	79,093 (6.1%)	61,378 (6.6%)	3,827 (4.3%)	301,539 (8.3%)	27,896 (7.5%)	625,707 (6.6%)
Rurality - Patient	Urban	1,645,034 (71.3%)	597,805 (72.4%)	936,030 (71.8%)	653,124 (69.9%)	49,727 (55.9%)	2,710,734 (74.4%)	289,903 (77.6%)	6,882,357 (72.6%)
	Suburban	500,010 (21.7%)	169,018 (20.5%)	256,380 (19.7%)	187,267 (20.0%)	26,262 (29.5%)	658,362 (18.1%)	50,517 (13.5%)	1,847,816 (19.5%)

	Rural	149,890 (6.5%)	54,391 (6.6%)	101,727 (7.8%)	88,015 (9.4%)	11,214 (12.6%)	245,121 (6.7%)	26,939 (7.2%)	677,297 (7.1%)
	Missing	12,885 (0.6%)	4,659 (0.6%)	10,011 (0.8%)	6,093 (0.7%)	1,687 (1.9%)	28,580 (0.8%)	6,130 (1.6%)	70,045 (0.7%)
Sum of ADGs in look-back period	0	91,519 (4.0%)	30,267 (3.7%)	50,933 (3.9%)	36,092 (3.9%)	3,601 (4.1%)	145,728 (4.0%)	6,648 (1.8%)	364,788 (3.8%)
	1 -- 5	897,827 (38.9%)	319,607 (38.7%)	512,007 (39.3%)	358,194 (38.3%)	37,015 (41.6%)	1,384,168 (38.0%)	114,154 (30.6%)	3,622,972 (38.2%)
	6 -- 10	921,573 (39.9%)	332,292 (40.2%)	523,081 (40.1%)	378,056 (40.5%)	34,458 (38.8%)	1,483,288 (40.7%)	165,320 (44.3%)	3,838,068 (40.5%)
	11 +	396,900 (17.2%)	143,707 (17.4%)	218,127 (16.7%)	162,157 (17.4%)	13,816 (15.5%)	629,613 (17.3%)	87,367 (23.4%)	1,651,687 (17.4%)
Psychosocial ADGs in look-back period	0	1,458,436 (63.2%)	530,378 (64.2%)	848,479 (65.1%)	609,479 (65.2%)	59,651 (67.1%)	2,405,454 (66.0%)	202,272 (54.2%)	6,114,149 (64.5%)
	1	658,251 (28.5%)	232,994 (28.2%)	361,883 (27.7%)	259,414 (27.8%)	23,261 (26.2%)	996,946 (27.4%)	125,393 (33.6%)	2,658,142 (28.0%)
	2	159,368 (6.9%)	52,723 (6.4%)	79,046 (6.1%)	55,698 (6.0%)	5,056 (5.7%)	204,210 (5.6%)	36,605 (9.8%)	592,706 (6.3%)
	3	31,764 (1.4%)	9,778 (1.2%)	14,740 (1.1%)	9,908 (1.1%)	922 (1.0%)	36,187 (1.0%)	9,219 (2.5%)	112,518 (1.2%)
Psychiatric hospitalization in look-back period	Mean ± SD	0.02 ± 0.25	0.02 ± 0.24	0.02 ± 0.22	0.02 ± 0.21	0.01 ± 0.18	0.02 ± 0.22	0.04 ± 0.40	0.02 ± 0.24
Total Core PC Visits in study period	0 visits	237,754 (10.3%)	79,765 (9.7%)	130,508 (10.0%)	89,789 (9.6%)	10,136 (11.4%)	344,073 (9.4%)	16,186 (4.3%)	908,211 (9.6%)
	1 visit	222,485 (9.6%)	79,499 (9.6%)	124,800 (9.6%)	85,956 (9.2%)	9,873 (11.1%)	330,709 (9.1%)	9,381 (2.5%)	862,703 (9.1%)
	2 visits	229,656 (10.0%)	82,718 (10.0%)	130,338 (10.0%)	90,181 (9.7%)	10,101 (11.4%)	337,166 (9.3%)	14,167 (3.8%)	894,327 (9.4%)
	3 -- 5	588,811 (25.5%)	214,719 (26.0%)	339,289 (26.0%)	237,518 (25.4%)	24,628 (27.7%)	879,080 (24.1%)	76,899 (20.6%)	2,360,944 (24.9%)
	6 -- 10	581,432 (25.2%)	210,175 (25.4%)	332,059 (25.5%)	242,029 (25.9%)	21,686 (24.4%)	922,331 (25.3%)	117,603 (31.5%)	2,427,315 (25.6%)
	11 +	447,681 (19.4%)	158,997 (19.3%)	247,154 (19.0%)	189,026 (20.2%)	12,466 (14.0%)	829,438 (22.8%)	139,253 (37.3%)	2,024,015 (21.4%)
Continuity of care	0 – 40%	290,431 (18.0%)	107,264 (18.4%)	174,785 (19.0%)	147,292 (22.0%)	581,342 (21.6%)	35,981 (10.8%)	1,337,095 (19.6%)	290,431 (18.0%)
	41 – 80%	488,994 (30.2%)	185,762 (31.8%)	295,262 (32.1%)	225,428 (33.7%)	843,174 (31.3%)	126,545 (37.9%)	2,165,165 (31.8%)	488,994 (30.2%)
	>80%	838,499 (51.8%)	290,865 (49.8%)	448,455 (48.8%)	295,853 (44.3%)	1,265,113 (47.0%)	171,229 (51.3%)	3,310,014 (48.6%)	838,499 (51.8%)

SMI: Serious mental illness; PEM: Patient Enrollment Model; PC: Primary Care; ADGs: Aggregated Diagnosis Groups

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Table 3. Proportion of patients rostered to primary care by patient and provider characteristics

		SMI Patients	Diabetes Mellitus Patients	Ontario Population
VARIABLE		Rostered	Rostered	Rostered
	N, Total %	N=448,319 (4.29%)	N=854,668 (8.17%)	N=8,135,246 (77.8%)
	Group %	88.40%	93.30%	90.80%
Age at index	18 - 44	186,077 (86.4%)	75,707 (90.3%)	3,388,208 (88.7%)
	45 - 64	184,472 (89.2%)	364,188 (92.8%)	3,029,283 (91.8%)
	65 - 74	50,514 (91.4%)	236,718 (94.1%)	1,005,245 (93.6%)
	75 +	27,256 (91.7%)	178,055 (94.4%)	712,510 (94.0%)
Age at Index - Patient	Mean ± SD	48.34 ± 16.61	63.16 ± 13.53	48.91 ± 17.97
Sex	Male	186,458 (87.5%)	456,420 (93.2%)	3,799,657 (90.1%)
	Female	261,861 (89.0%)	398,248 (93.3%)	4,335,589 (91.5%)
Income Quintile - Patient	Missing	1,168 (79.2%)	1,348 (85.1%)	14,808 (79.0%)
	Q1 (low)	117,950 (86.6%)	195,392 (92.3%)	1,477,462 (89.2%)
	Q2	96,584 (88.3%)	188,533 (93.3%)	1,602,289 (90.6%)
	Q3	84,809 (89.2%)	178,112 (93.6%)	1,657,195 (91.2%)
	Q4	74,650 (89.6%)	155,313 (93.7%)	1,666,417 (91.5%)
	Q5 (high)	73,158 (89.6%)	135,970 (93.7%)	1,717,075 (91.6%)
New Arrival to Ontario	Yes	11,349 (84.9%)	39,709 (89.6%)	511,661 (86.8%)
	No	436,970 (88.5%)	814,959 (94.3%)	7,634,585 (91.9%)
Rurality	Missing	2,365 (84.2%)	7,243 (90.8%)	53,855 (87.1%)
	Rural	28,440 (88.9%)	62,534 (94.0%)	587,390 (92.6%)
	Suburban	87,323 (89.2%)	162,483 (94.3%)	1,631,452 (92.2%)
	Urban	330,191 (88.2%)	622,408 (92.9%)	5,862,549 (90.3%)
Sum of ADGs in look-back period	0	6,884 (89.8%)		321,924 (90.8%)
	1 - 5	101,956 (88.5%)	217,459 (93.8%)	3,114,293 (90.0%)
	6 - 10	187,590 (88.9%)	376,133 (93.6%)	3,303,576 (91.5%)
	11 +	151,889 (87.7%)	261,076 (92.4%)	1,395,453 (91.2%)
Psychosocial ADGs in look-back period	0	92,430 (89.8%)	534,174 (93.9%)	5,307,675 (91.1%)
	1	160,749 (89.6%)	251,122 (92.8%)	2,263,334 (91.1%)
	2	147,070 (87.6%)	59,281 (90.8%)	480,171 (88.7%)
	3	48,070 (84.4%)	10,091 (87.6%)	84,066 (84.4%)
PC attachment in look-back period	Attached	444,994 (89.2%)	852,469 (93.5%)	8,040,316 (92.2%)
	Unattached	3,325 (39.5%)	2,199 (49.3%)	94,930 (40.2%)
Primary care visits in the look-back period (PC utilization)	Mean ± SD	22.80 ± 26.04	23.48 ± 19.01	13.92 ± 15.73
Psychiatric hospitalization in look-back period	0	403,260 (88.9%)	845,144 (93.3%)	8,058,855 (90.9%)
	1	27,809 (85.1%)	6,865 (89.0%)	54,145 (85.9%)
	≥ 2	17,250 (83.1%)	2,659 (85.1%)	22,246 (83.3%)
Psychiatry visits in the study period	Mean ± SD	3.03 ± 9.23	0.33 ± 2.97	0.32 ± 3.27
Psychiatric hospitalizations in the study period	0	415,028 (88.8%)	846,442 (93.3%)	8,074,434 (90.9%)
	1	21,934 (84.4%)	6,429 (89.1%)	45,620 (85.6%)
	≥ 2	11,357 (82.3%)	1,797 (85.9%)	15,192 (82.8%)

Physician sex	Female	180,920 (89.4%)	294,295 (93.6%)	3,272,627 (91.5%)
	Male	267,399 (87.7%)	560,373 (93.1%)	4,862,619 (90.4%)
Physician age	Mean ± SD	51.87 ± 11.63	53.30 ± 11.46	52.39 ± 11.37
Rurality	Missing	701 (83.1%)	1,859 (87.9%)	14,078 (87.9%)
	Rural	22,932 (89.6%)	51,201 (94.7%)	460,515 (93.3%)
	Suburban	77,781 (89.3%)	147,931 (94.6%)	1,447,933 (92.7%)
	Urban	346,905 (88.1%)	653,677 (92.9%)	6,212,720 (90.3%)
Panel size	Mean ± SD	1,957.03 ± 1,025.16	2,091.80 ± 1,055.08	2,034.42 ± 1,036.28
Total Core PC Visits in study period	0 visits	30,482 (100.0%)	21,561 (100.0%)	871,124 (100.0%)
	1 visit	24,629 (80.3%)	20,651 (86.1%)	711,475 (83.9%)
	2 visits	27,961 (84.8%)	29,263 (89.6%)	762,917 (87.5%)
	3 - 5	90,066 (87.8%)	133,167 (92.3%)	2,027,137 (90.0%)
	6 - 10	121,877 (89.3%)	288,343 (94.0%)	2,075,481 (91.6%)
	11 +	153,304 (88.2%)	361,683 (93.3%)	1,687,112 (91.4%)
	Mean ± SD	9.93 ± 10.30	11.38 ± 9.25	6.92 ± 7.43
Continuity of care	0 – 40 %	79,427 (89.5%)	95,283 (93.3%)	1,163,249 (91.2%)
	41 – 80 %	110,935 (84.5%)	184,573 (90.4%)	1,736,926 (87.7%)
	>80%	174,885 (90.6%)	503,337 (94.6%)	2,889,555 (93.0%)
Attachment by collapsed Model of Care	Blended Capitation TBC	147,487 (91.0%)	240,428 (95.2%)	2,517,934 (94.1%)
	Blended Capitation no TBC	149,674 (88.7%)	294,021 (94.5%)	2,862,906 (92.6%)
	eFFS	145,252 (85.2%)	312,141 (90.6%)	2,677,226 (86.1%)
	Other	5,906 (100.0%)	8,078 (100.0%)	77,180 (100.0%)

SMI: Serious mental illness; PC: Primary Care; ADGs: Aggregated Diagnosis Groups

Table 4. Adjusted models of proportion of patients rostered, weighted by practice size

		SMI		Diabetes Mellitus		Ontario population	
		Estimate (CI)	P-value	Estimate (CI)	P-value	Estimate (CI)	P-value
Regression Model without SMI Premium							
Enrollment model (Ref=eFFS)	FHT	1.038 (1.025 - 1.052)	< 0.0001	1.034 (1.023 - 1.046)	< 0.0001	1.061 (1.050 - 1.072)	< 0.0001
	CAP	1.015 (1.004 - 1.026)	0.01	1.028 (1.018 - 1.038)	< 0.0001	1.047 (1.037 - 1.056)	< 0.0001
	OGP	1.044 (1.006 - 1.084)	0.02	1.022 (0.990 - 1.056)	0.18	1.0278(0.997 - 1.060)	0.08
Regression Model with SMI Premium							
Enrollment model - (Ref=eFFS)	FHT	1.017 (0.989 - 1.045)	0.24	1.024 (0.999 - 1.049)	0.06	1.048 (1.024 - 1.072)	< 0.0001
	CAP	0.992 (0.965 - 1.019)	0.55	1.012 (0.989 - 1.037)	0.31	1.029 (1.006 - 1.053)	0.01
	OGP	1.042 (0.897 - 1.211)	0.59	1.003 (0.878 - 1.146)	0.96	1.013 (0.895 - 1.147)	0.84

SMI: Serious mental illness; FHT: Family Health Team; CAP: Capitation Model; OGP: Other Group; eFFS: Enhanced Fee for Service

STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	1
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	2
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3
Objectives	3	State specific objectives, including any prespecified hypotheses	3
Methods			
Study design	4	Present key elements of study design early in the paper	3,4
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	3,4
Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	3-5
		(b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	5
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	4
Bias	9	Describe any efforts to address potential sources of bias	6
Study size	10	Explain how the study size was arrived at	NA
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	5,6
		(b) Describe any methods used to examine subgroups and interactions	No subgroup analysis was completed

(c) Explain how missing data were addressed	Only complete data were used in modelling
(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	NA
(e) Describe any sensitivity analyses	

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60**Results**

Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	6
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	6, Table 1
		(b) Indicate number of participants with missing data for each variable of interest	Table 1
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	6,7, Table 3
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7, Table 4
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	7, Table 4

Discussion

Key results	18	Summarise key results with reference to study objectives	7
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	8
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	7,8
Generalisability	21	Discuss the generalisability (external validity) of the study results	8

Other information

Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	1
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*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.