

Chronic non-cancer pain management in tertiary pain clinic's network. A retrospective study

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Supplementary Table. Description of pain treatment

Pharmacological treatments		Interventional invasive treatments		Complementary treatment	
Type	n (%)	Type	n (%)	Type	n (%)
Opioids	691 (43.0)	PFPI ^a	389 (24.2)	Acupuncture	132 (8.2)
Acetaminophen	186 (11.6)	Pulsed radiofrequency denervation	108 (6.7)	Massage and physiotherapy	43 (2.7)
Strong opioids	460 (53.6)	Mesotherapy	63 (3.9)	Scrambler therapy and others ^c	30 (1.9)
Oxycodone-naloxone	166 (46.0)	Epidural infusion or infiltration	64 (4.0)		
Oxycodone	89 (24.6)	Intra-articular injection	32 (2.0)		
Hydromorphone	79 (21.9)	Block and denervation of the facet joints	29 (1.8)		
Oxycodone-acetaminophen	45 (12.4)	Hyaluronic acid and other ^b	22 (1.4)		
Fentanyl	36 (10.0)				
Weak opioids	399 (46.4)				
Tramadol	224 (56.1)				
Tapentadol	83 (20.8)				
Paracetamol-codeine	33 (8.3)				
Adjuvants	242 (15.1)				
Anticonvulsants	145 (60.0)				
Antidepressants	29 (12.0)				
Corticosteroids	13 (5.2)				
Benzodiazepines	6 (2.4)				
Non-selective NSAIDs		n (%)			
Diclofenac	50 (26.7)				
Ketoprofen	40 (21.3)				
Ketorolac	37 (20.0)				
Ibuprofen	27 (14.7)				
Selective NSAIDs		n (%)			
Etoricoxib	79 (51.0)				
Celecoxib	37 (32.4)				
Other molecules		n (%)			
Palmitoylethanolamide	134 (8.4)				
Various substances	39 (2.4)				

a: PFPI = Periradicular/foraminal/perinervous infiltrations

b: Other = trigger point injections, percutaneous discectomy, ozone therapy, etc.

c: Other = scar therapy, platelet gel, magnetotherapy, TENS, homoeopathy

d: alpha-lipoic acid, nice tile, tizanidine magnesium, arnica, condones, clonidine, cyanocobalamin

n=1,606, but a patient can be given more than one treatment for pain management, so the percentage sum of the totals is above 100%