Supplemental material

| Tr J                                |                                 |                                 |                                 |                                  |
|-------------------------------------|---------------------------------|---------------------------------|---------------------------------|----------------------------------|
| Variable                            | Group 1 (n = 194)               | Group 2 $(n = 103)$             | Group 3 (n = 103)               | Group 4 (n = 200)                |
| Age, years                          | $62.04 \pm 8.80$                | $63.14 \pm 8.35$                | $59.19 \pm 8.70$                | $61.46 \pm 9.13$                 |
| Female, number (%)                  | 110 (56.70)                     | 46 (44.66)                      | 67 (65.05)                      | 130 (65.00)                      |
| BMI, kg/m <sup>2</sup>              | $30.73\pm4.77$                  | $30.72 \pm 4.66$                | $30.05 \pm 5.01$                | $30.52 \pm 4.77$                 |
| Race, White, %                      | 155 (79.90)                     | 91 (88.35)                      | 74 (71.84)                      | 155 (77.50)                      |
| K/L grade 1/2/3, number (%)         | 24/84/86<br>(12.37/43.30/44.33) | 14/47/42<br>(13.59/45.63/40.78) | 13/61/29<br>(12.62/59.22/28.16) | 24/114/62<br>(12.00/57.00/31.00) |
| WOMAC pain score                    | $10.15 \pm 12.98$               | $16.50 \pm 19.83$               | $9.61 \pm 13.32$                | $12.95 \pm 16.14$                |
| Pain medication use, number (%)     | 63 (32.47)                      | 22 (21.36)                      | 37 (35.92)                      | 55 (27.50)                       |
| Minimum medial radiographic JSW, mm | $3.79 \pm 1.39$                 | $3.77 \pm 1.19$                 | $3.93 \pm 1.02$                 | $3.86 \pm 1.01$                  |

<sup>\*</sup> Values are the mean  $\pm$  SD except for numbers and percentages.

Group 1 were knees with both radiographic and pain progression; Group 2 were knees with radiographic progression but not pain progression; Group 3 were knees with pain progression but not radiographic progression; Group 4 were knees with neither radiographic progression nor pain progression.

OA = osteoarthritis; BMI = body mass index; K/L = Kellgren/Lawrence; WOMAC = Western Ontario and McMaster Universities Osteoarthritis Index; JSW = joint space width.