

Restricted cubic spline plot of MVPA and cardiometabolic risk indicators

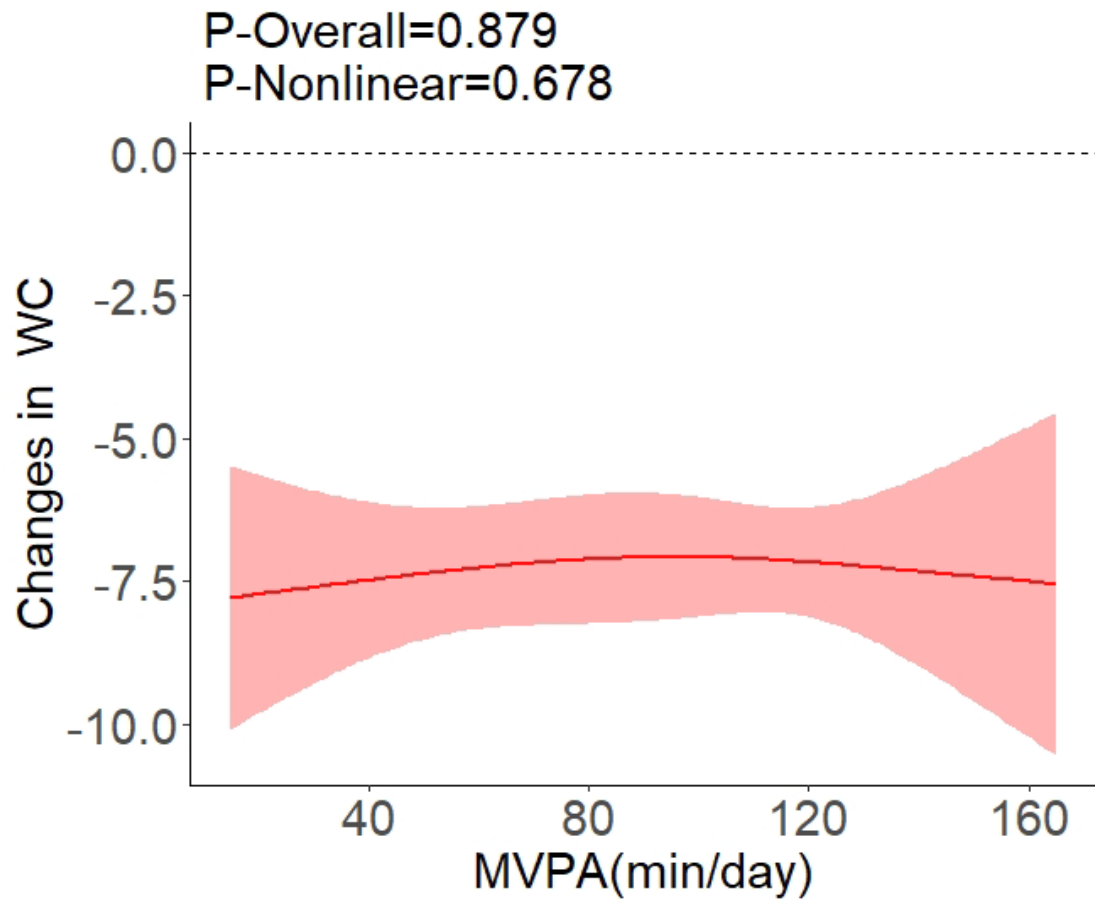


Figure S1 Restricted cubic spline plot of MVPA with changes in WC

P-Overall=0.535
P-Nonlinear=0.302

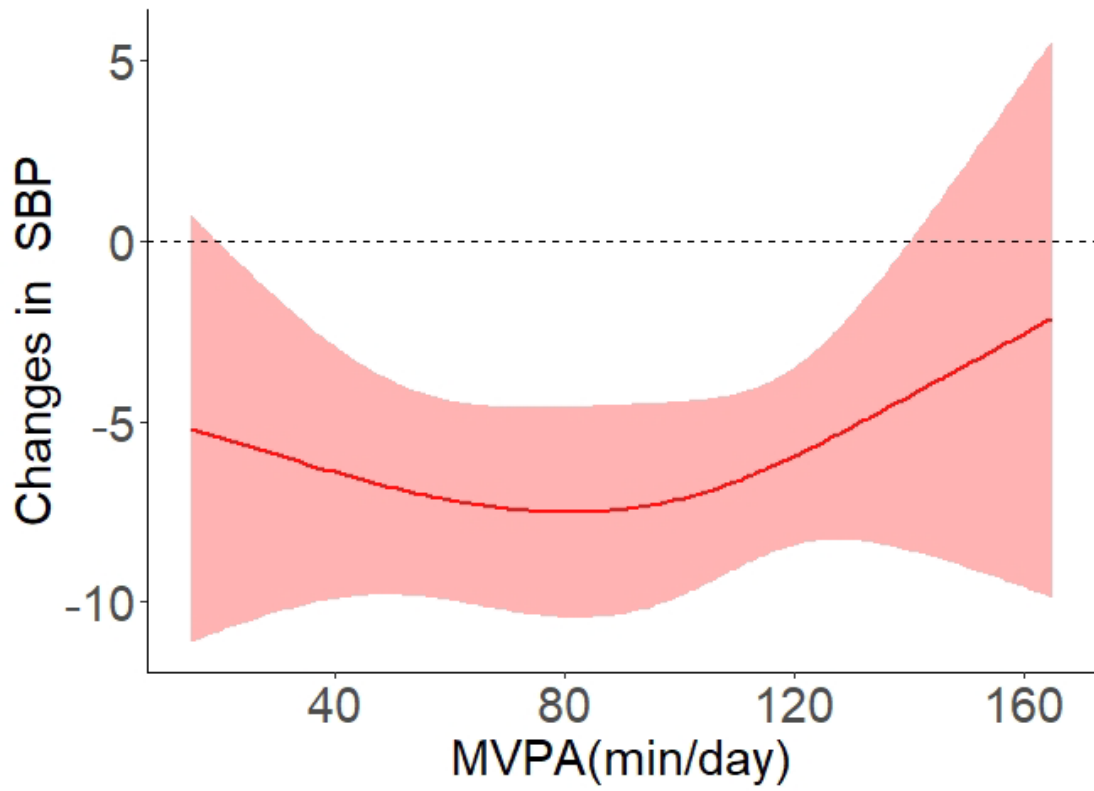


Figure S2 Restricted cubic spline plot of MVPA with changes in SBP

P-Overall=0.502
P-Nonlinear=0.345

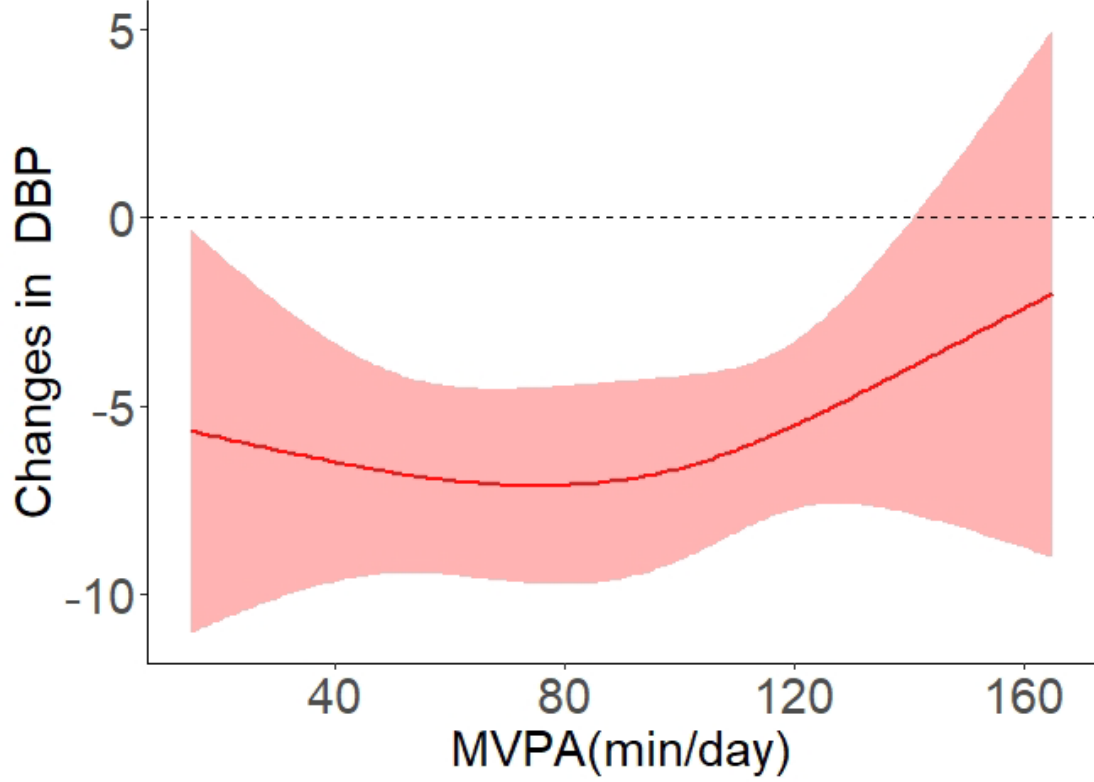


Figure S3 Restricted cubic spline plot of MVPA with changes in DBP

P-Overall=0.709
P-Nonlinear=0.461

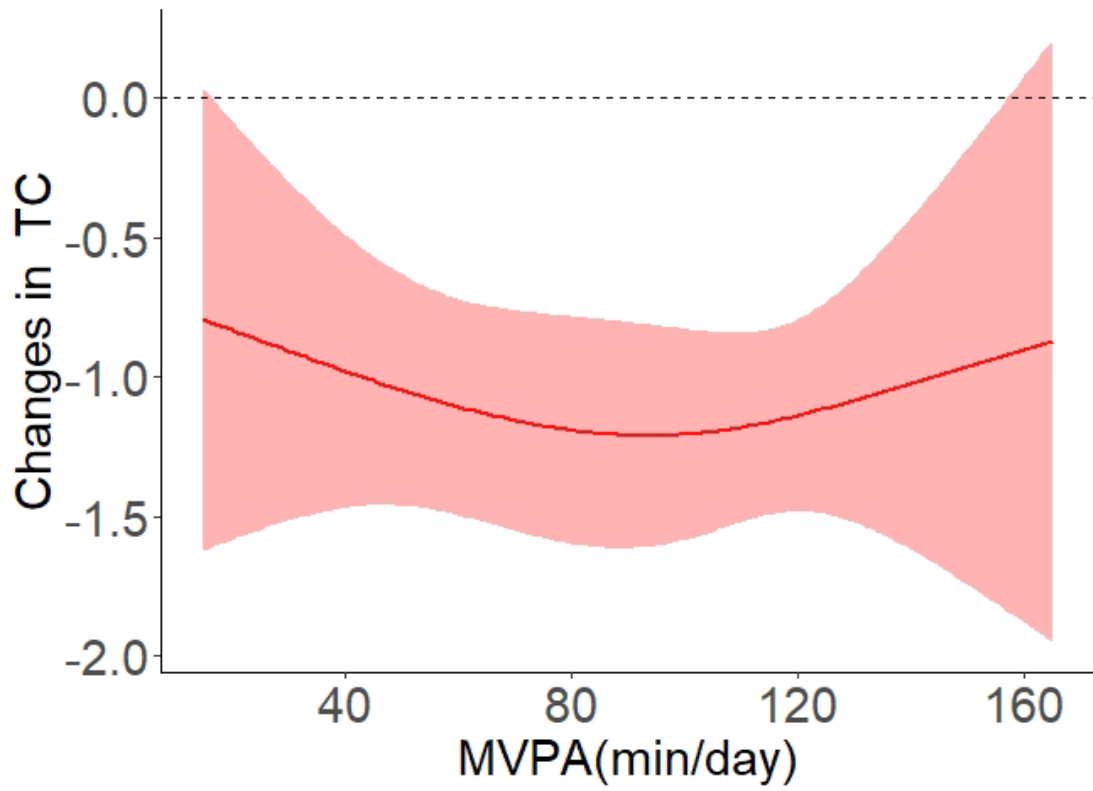


Figure S4 Restricted cubic spline plot of MVPA with changes in TC

P-Overall=0.892
P-Nonlinear=0.954

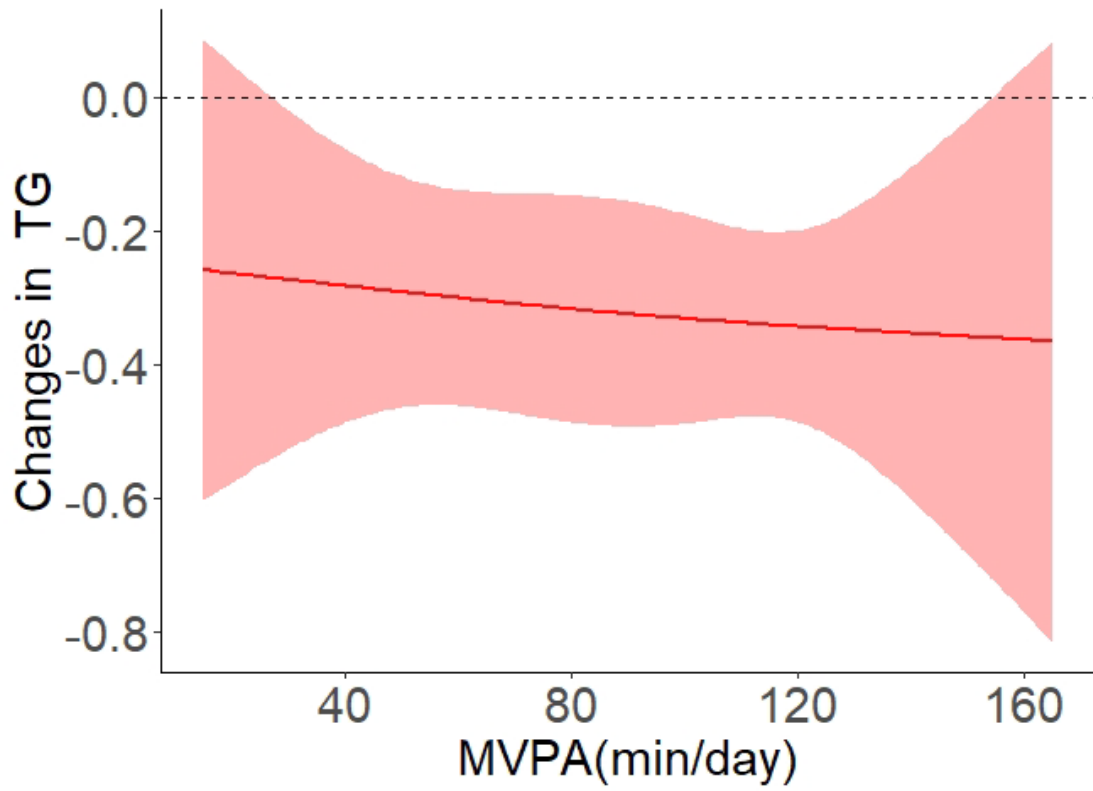


Figure S5 Restricted cubic spline plot of MVPA with changes in TG

P-Overall=0.446
P-Nonlinear=0.268

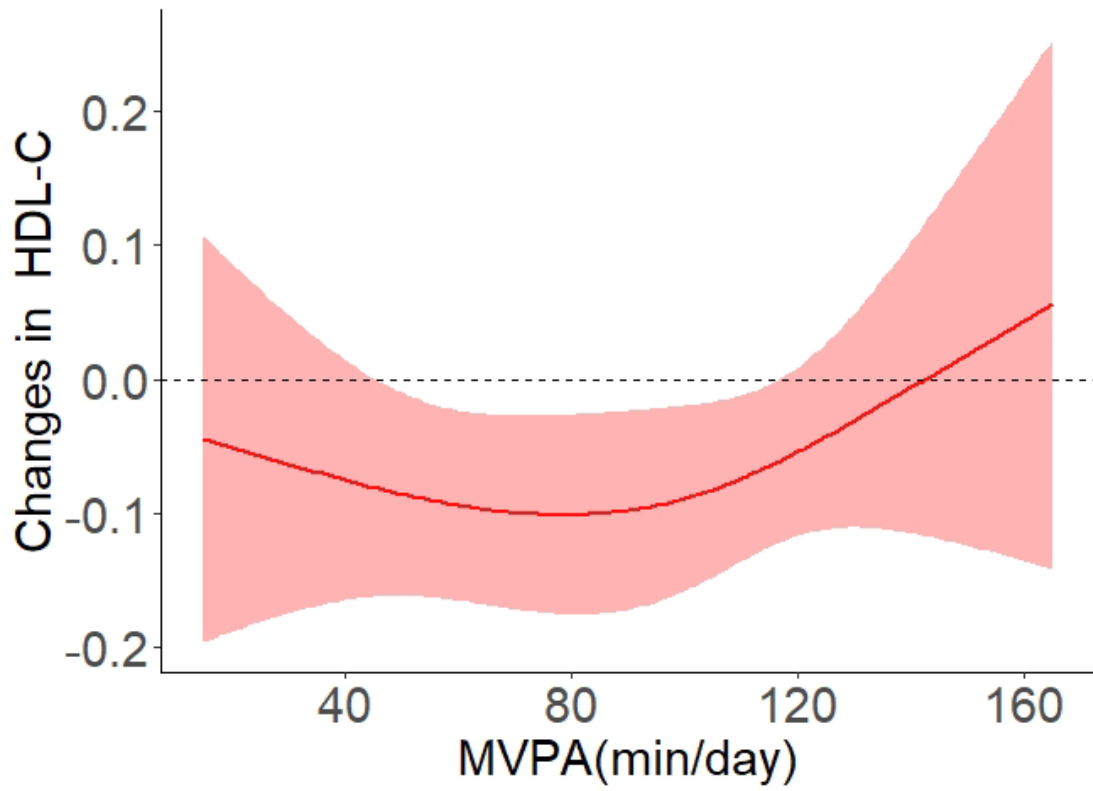


Figure S6 Restricted cubic spline plot of MVPA with changes in HDL-C

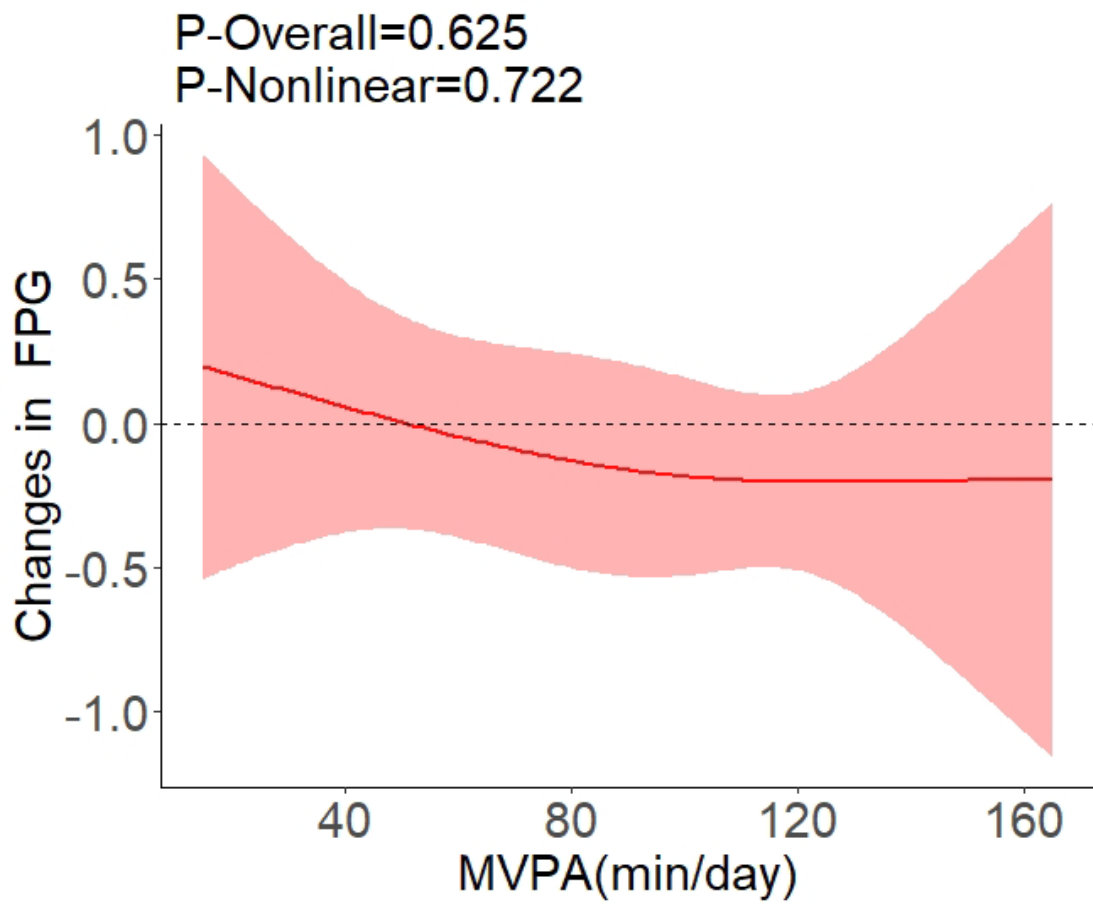


Figure S7 Restricted cubic spline plot of MVPA with changes in FPG

P-Overall=0.412
P-Nonlinear=0.193

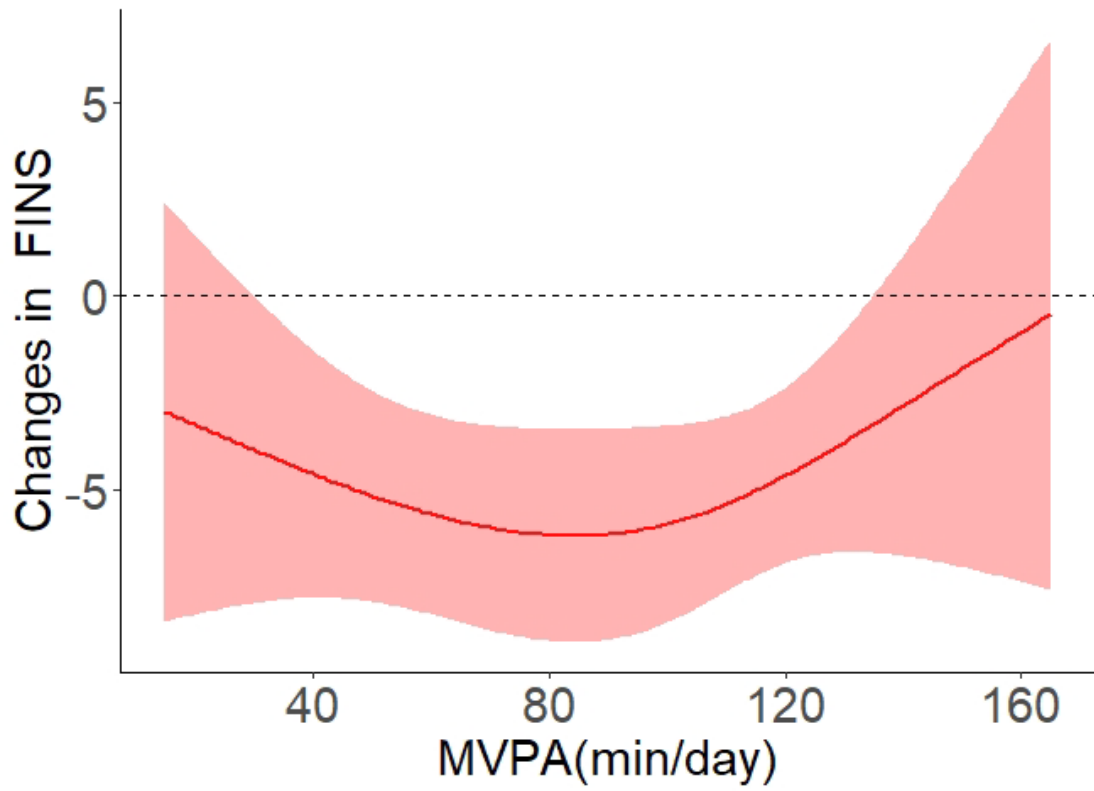


Figure S8 Restricted cubic spline plot of MVPA with changes in FINS

P-Overall=0.132
P-Nonlinear<0.05

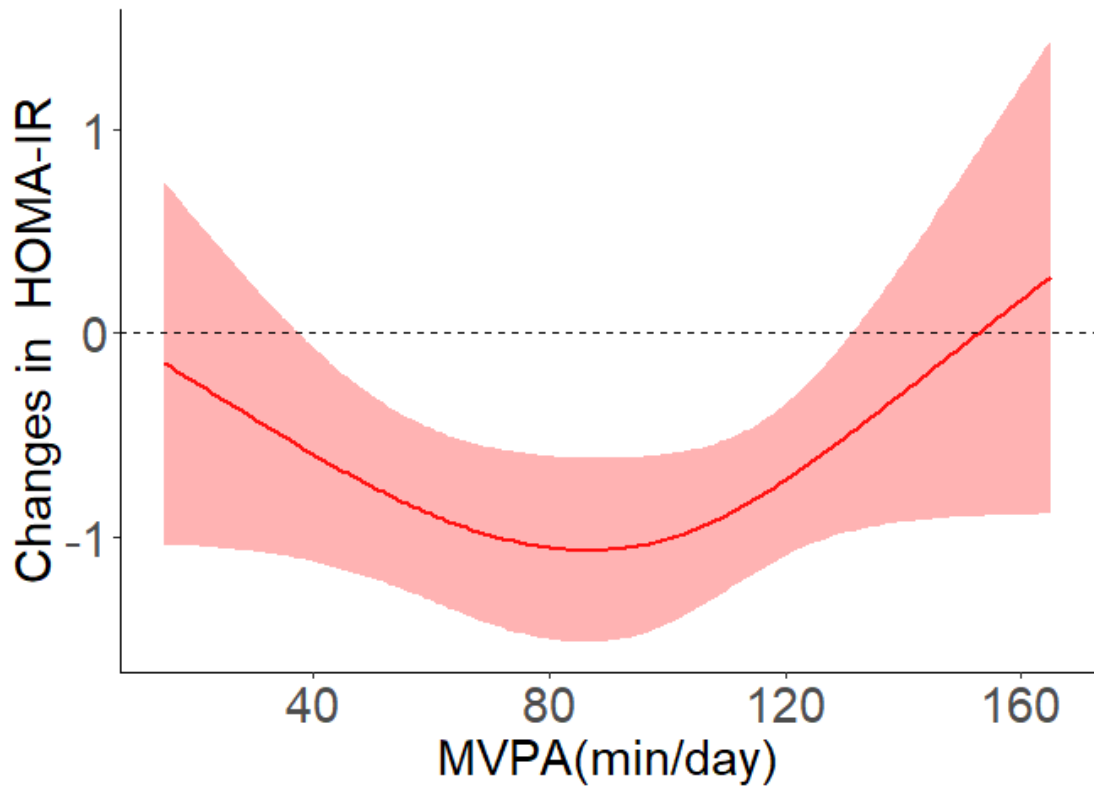


Figure S9 Restricted cubic spline plot of MVPA with changes in HOMA-IR