Supplementary Table 3: Detail of CASP appraisal of sampled papers

Author and year	Clear statement of aims	Appropriate qualitative methodology	Appropriate design to meet research aims	Clear consistent and coherent theoretical underpinnings	Recruitment strategy appropriate to research aims	Data collected in a way that addressed the research issue?	Considered relationship between researcher and participants	Considered ethical	Sufficiently rigorous data analysis	Clear statement of findings	Research value	Summary methodological assessment
Abraham 2017	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Clear discussion of findings in relation to existing knowledge	No or very minor concerns
Baughcum 2017	Yes	Yes	Yes	Somewhat	Yes	Yes	Can't tell	Yes	Yes	Yes	Clear discussion of finding in relation to existing model	Minor concerns
Brooten 2013	Yes	Yes	Yes	Can't tell	Yes	Yes	Somewhat	Yes	Somewhat	Yes	Clear clinical implications	Minor concerns
Butler 2018 a	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Clear discussion of contributio	No or very minor concerns

											ns including unique findings	
Butler 2018 b	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Discussion of implications	No or very minor concerns
Currie 2016	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Suggestions of implications for practise section	No or very minor concerns
Davies 2005	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Discussion of implications	No or very minor concerns
Falkenburg 2016	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Discussion of findings in relation to existing knowledge	No or very minor concerns
Falkenburg 2018	Yes	Vac	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	Makes recommend ations for medical education pro-	No or very minor
Hannan 2005	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes Somewhat	Discussion of contrib-	Minor concerns

											ution to research	
Heller 2005	Yes	Yes	Yes	Yes	Yes	Yes	Somewhat	Yes	Yes	Yes		No or very minor concerns
Hendricks- Ferguson 2007	Yes	Yes	Yes	Yes	Somewhat	Somewhat	Can't tell	Yes	Yes	Yes	Discussion of contribution to research and implications for practice	Minor concerns
Hendriks 2017	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes		No or very minor concerns
Lamiani 2013	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	YEs	Suggests key messages for practise	No or very minor concerns
Lord 2020	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes	_	No or very minor concerns
Mitchell 2019	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes		No or very minor concerns

											literature, recommend ations for practise and further research
Monterosso 2008	Yes	Yes	Yes	Yes	Somewhat	Yes	Can't tell	Yes	Yes	Yes	Comparison with existing literature, recommend ations for further research Minor concerns
Papadatou 2021	Yes	Yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	Yes	Discussion of contri- bution to research and implications No or very minor for practice concerns
Rapoport 2013	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	YEs	Yes	First study to look at parental perceptions of withdrawin No or very minor g nutrition concerns
Sedig 2020	Yes	Yes	Yes	Can't tell	Yes	Yes	No	Yes	Yes	Yes	Considers future implications with some Minor concerns comparison

											with existing knowledge	
Snaman 2016	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Yes	Yes	Yes		No or very minor concerns
Sullivan 2018	Yes	Yes	YEs	Can't tell	Yes	Yes	Can't tell	Yes	Yes	Yes		No or very minor concerns
Thornton 2020	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Discusses results in context of other research and gives clear implications for practice	No or very minor concerns

Thornton 2021	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Discusses results in context of other research and gives clear implications for practice	s No or very minor concerns
Vickers 2000	Yes	Yes	Yes	Yes	Yes	Yes	Can't tell	Yes	Yes	Yes	Discussion in relation to existing knowledge, identifi- cation of knowledge gap	No or very minor concerns