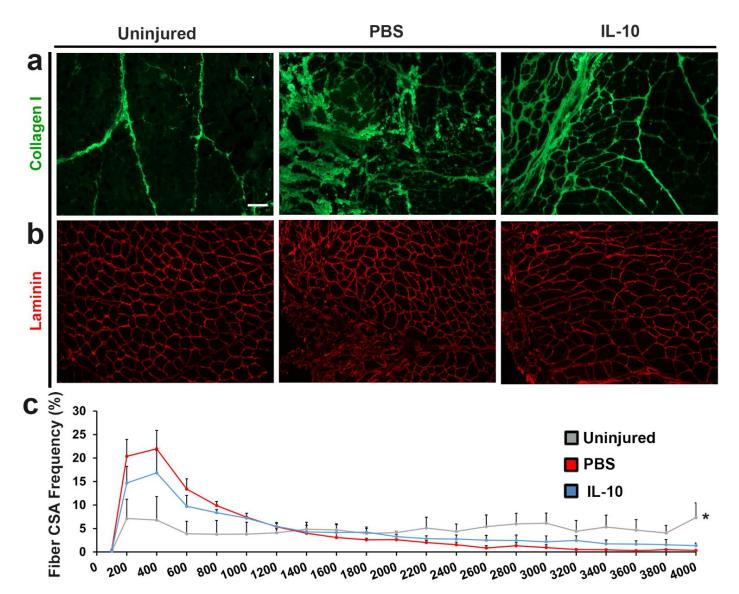


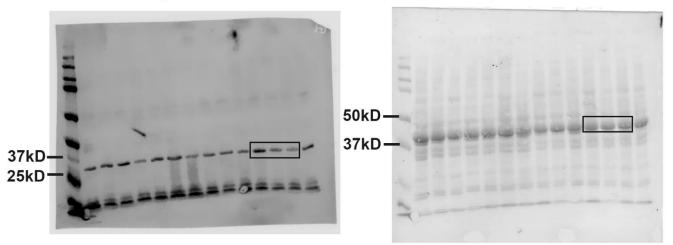
<u>Supplementary figure 1:</u> Selected gene expression for key IL-10 treatment and PBS controls genes with respect to uninjured controls are presented as log ratio ( $log_2FC$ ). "ns" indicates no significant difference (FDR > 0.05).



**Supplementary figure 2:** TA muscle cross-sections were stained for (a) collagen I (green), b) Laminin (red). Representative uninjured (left), 56 days post PBS injection (middle), and IL-10 injection (right) TA cross-sections are presented. Scale bar = 100 $\mu$ m. Lamin cross-sections were used to quantified for (c) muscle fiber cross-sectional area frequency distribution curve. About 600 fibers from and nearby to injury sites were included per animal, with 4 animals per groups. PBS and IL-10 curves displays a similar range of CSA values but are statistically different from injured control (Chi-squared analysis with  $\alpha$  <0.05). Group means + SD are presented; n=4/bin/group. The \* indicates statistically significant difference between uninjured controls and treatment groups.



Figure 4f Ponceau



**Supplementary figure 3:** Original images of Western blots in Fig. 4f.