Summary of supplementary files for:

Australian airway clearance services for adults with chronic lung conditions: a National survey.

Ms Laura Cooper, Associate Professor Kylie Johnston and Professor Marie Williams

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Appendix 1 – Airway Clearance Survey Questions

Domain		Question	Answer	Data Type
1. Health care context				
	1.1	Which of the following best describes the type of organisation that provides the airway clearance service?	 Public health service Private healthcare provider Not for profit organisation Research Other 	Tick a box, allows one choice only "Other" allows space for free text
	1.2	Which of the following best describes the location of your service?	Inner CityMetropolitanRegionalRuralRemote	Tick a box, allows one choice only
	1.3	Which of the following venues does your service provide airway clearance intervention from? (tick all that apply)	 Public hospital outpatient department Private hospital Community clinic Primary care setting Patient's home Other 	Tick a box, allows one choice only "other" allows space for free text
	1.4	How many sites does your	• 1	Tick a box,

	1.5	what is the method of airway clearance intervention service delivery? (tick all that apply)	 2 3 4 5 or more 1:1 face to face delivery Group based delivery Phone consultation Tele-health 	allows one choice only Tick a box, allows one choice only "Other" allows space for free text
		Does your site provide outreach PT services to other locations?	delivery Other Yes No	Tick a box, allows one choice only
2. Referrals	2.1	Do these outreach services provide 1:1 airway clearance intervention? From which sources does your	YesNoPrivate	Tick a box, allows one choice only Tick a box,
		airway clearance service accept referrals from? (tick all that apply)	physicians Public physicians GP's Nursing staff Allied Health Respiratory Scientists Home oxygen teams Self-referred Other (please specify)	allows one choice only "Other" allows space for free text
	2.2	Which referral sources do you receive referrals from? (tick all that apply)	 Private physicians Public physicians GP's Nursing staff Allied Health Respiratory Scientists Home oxygen teams Self-referred Other (please specify) 	Tick a box, allows one choice only "Other" allows space for free text
	2.3	Which referral source do you receive the most referrals from?	 Private physicians Public physicians GP's Nursing staff Allied Health 	Tick a box, allows one choice only "Other" allows space for free text

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	2.4	Are the patients referred on a	•	Respiratory Scientists Home oxygen teams Self-referred Other (please specify) Needs basis	Tick a box,
		needs basis or by blanket referral?	•	Blanket referral	allows one choice only
	2.5	Does your service have specific inclusion criteria? If so, please list here			Free text
	2.6	Does your service have specific exclusion criteria? If so, please list here			Free text
	2.7	Approximately how many referrals did the airway clearance service receive in the year 2018?	•	<30 31-60 61-90 91-120 120+	Tick a box, allows one choice only
	2.8	How were referrals to the airway clearance service received? (tick all that apply)	•	Email Fax Paper form Phone Electronic database	Tick all that apply
	2.9	Which conditions would be accepted by your airway clearance service? (tick all that apply)	•	COPD Asthma Bronchiectasis ILD Lung cancer Other	Tick a box, allows one choice only "Other" allows space for free text
	2.10	Please rank the three conditions most frequently referred to your service in 2018, with 1 being the most frequently referred	•	COPD Asthma Bronchiectasis ILD Lung cancer Other	Number accordingly
	2.11	Does your service triage referrals into categories of urgency?	•	Yes No	Tick a box, allows one choice only
3. Service provision (include staffing, funding	3.1	Is there a waiting time for patients to be seen by the airway clearance service?	•	Yes No	Tick a box, allows one choice only
	3.2	If so, which of the following best describes an average wait time?	•	< 1 week 1–3 weeks 3-6 weeks	Tick a box, allows one choice only

		,	
		• 6 weeks -3 months	
		• 3 months+	
3.3	How long is allocated for an	• 15 mins	Tick a box,
	initial appointment?	• 30 mins	allows one
	initial appointment.	• 45 mins	choice only
			enoice only
		• 60 mins	
	YY 1 1 1 1 1 C	• >60 mins	7D' 1 1
3.4	How long is allocated for a	• 15 mins	Tick a box,
	review appointment?	• 30 mins	allows one
		• 45 mins	choice only
		• 60 mins	
		• >60 mins	
3.5	Does your airway clearance	• Regular set clinic	Tick a box,
	service have regular set clinic	times	allows one
	hours or are appointments	 Ad hoc 	choice only
	made on an ad hoc basis?	appointments	
3.6	How is your airway clearance	Operational	Tick a box,
	service funded?	budget	allows one
		Activity based	choice only
		funding	•
		Project / research	
		grant	
		Do not know	
3.7	Is there a cost for patients to	Yes	Tick a box,
3.7	attend the airway clearance	• No	allows one
	service?	TNO	choice only
3.8	If airway clearance devices are	Patient funded	Tick a box,
3.8	prescribed how are they		allows one
	funded?	Program funded	choice only
	runded:	• Other	"Other"
			allows
			space for
			free text
3.9	Which airway clearance	• Flutter	Tick a box,
3.9	devices does your service have		allows one
	access to? (tick all that apply)	Pari-O-Pep Total a factor	choice only
	access to: (tick all that apply)	Turboforte	"Other"
		• PEPE	allows
		Acapella Blue	space for
		Acapella Green	free text
		Acapella Duet	HEE IEAI
		Acapella Choice	
		RC-Cornet	
		 Aerobika 	
		 Aeroeclipse 	
		Bottle PEP	
		Therabubble	
		Pari PEP System	
		1	
		Pari PEP S	
		• TheraPEP	
		PARI Sprint	

		D.D	
		PARI Sprint Star PARI C PI	
		PARI LC Plus	
2.10	0 1	• Other	7D: 1 1
3.10	On average how many one on	• 1 visit	Tick a box,
	one assessment/education	• 2-3 visits	allows one
	sessions would your patients	• 4-5 visits	choice only
	receive in a course of therapy?	• 6-7 visits	
		• 8+ visits	
3.11	Which of the following clinicians / programs does your service have access to? (tick all that apply)	 Pulmonary Rehabilitation Respiratory Nurse Speech pathology Occupational Therapy Psychology 	Tick a box, allows one choice only "Other" allows space for free text
		 Dietetics Exercise Physiology Social Work Incontinence 	
		Physiotherapist Other	
3.12	Which of the following clinicians / programs do you refer airway clearance patients to? (tick all that apply)	 Pulmonary Rehabilitation Respiratory Nurse Speech pathology Occupational Therapy Psychology Dietetics Exercise Physiology Social Work Incontinence Physiotherapist 	Tick a box, allows one choice only "Other" allows space for free text
3.13	Do you routinely follow the	OtherYes	Tick a box,
	patients up at regular intervals, for example 6 or 12 monthly?	NoComment (optional)	allows one choice only "Other" allows space for free text
3.14	Which medical professionals do you have access to if you are concerned about your airway clearance patient?	 Respiratory specialist Medical officer General Practitioner 	Tick a box, allows one choice only "Other" allows space for

	3.15	Which intervention categories best describe the format of the service? (tick all that apply) Are educational resources provided? In what form?	 Respiratory Nurse Medical emergency team Ambulatory Care team Other Education Exercise prescription Device prescription Paper based Web based Other Tick a box, allows one choice only Tick a box, allows one choice only "Other" allows of the control of th
	3.17	Which health professionals provide the airway clearance service? (tick all that apply)	 space for free text Physiotherapists Occupational therapists Respiratory nurses Tick a box, allows one choice only
	3.18	Is the service provided by generalist physiotherapists (see a range of client types) or dedicated cardiorespiratory physiotherapy staff?	 Generalist Physiotherapists Cardiorespiratory Physiotherapists Other Tick a box, allows one choice only "Other" allows space for free text
	3.19	Approximately how many health professional hours were spent providing airway clearance per week in 2018?	• Yes Tick a box,
	3.20	Is there administrative support for your service?	YesNoTick a box, allows one choice only
	3.21	If so, how many hours per week is the administrative support available?	 1-5 hours 6-15 hours 16-25 hours 26-38 hours Tick a box, allows one choice only
4. Outcomes / Program Metrics	4.1	Does your service focus on: (tick all that apply)	 Hospital avoidance allows one choice only of stay Chronic condition selfmanagement Management of acute exacerbations Tick a box, allows one choice only "Other" allows space for free text

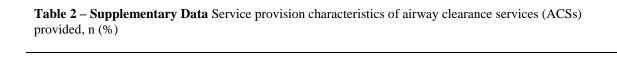
4.2	Which measures, if any, of health care utilisation do you record? (tick all that apply) If health care utilisation data is recorded for your patients, how long is it captured for before intervention?	•	Number of GP visits Number of hospital presentations Number of hospital admissions Number of specialist appointments? 3 months 6 months 12 months Other	Tick a box, allows one choice only Tick a box, allows one choice only "Other"
4.4	If health care utilisation data is recorded for your patients, how long is it captured for after intervention?	•	3 months 6 months 12 months Other	allows space for free text Tick a box, allows one choice only "Other" allows space for
4.5	Which, if any, measures of functional exercise capacity are used? (tick all that apply)	•	6MWT 4MGS Other	free text Tick a box, allows one choice only "Other" allows space for free text
4.6	Which if any measures of health status do you use? (tick all that apply)	•	COPD Assessment Tool The Quality Of Life Questionnaire - Bronchiectasis 12-Item Short Form Health Survey (SF-12) 36-Item Short Form Health Survey (SF-36) St Georges Respiratory Questionnaire (SGRQ) Chronic Respiratory Questionnaire (CRQ) Other	Tick a box, allows one choice only "Other" allows space for free text

4 7	D 4 .		Г , ,
4.7	Do you use any other outcome measures routinely with your patients? Please list		Free text
4.8	Are all outcome measures measured before and after intervention where possible?	Before onlyAfter onlyBefore and afterOther	Tick a box, allows one choice only "Other" allows space for free text
4.9	Do your patients have the opportunity to provide feedback on the service?	• Yes • No	Tick a box, allows one choice only
4.10	If so, how is feedback provided?	VerbalWrittenOther	Tick a box, allows one choice only "Other" allows space for free text
4.11	Does your service inform referrers of the outcome of the service for each patient routinely?	YesNo	Tick a box, allows one choice only
4.12	Does your service inform the GP of the outcome of the service for each patient routinely?	• Yes • No	Tick a box, allows one choice only
4.13	Do you feel that the current airway clearance service and how it operates meets the needs of the respiratory cohort in your region?	YesNoIf no, please comment	Tick a box, allows one choice only "Other" allows space for free text

Table 1 – Supplementary Data Referral information of airway clearance services (ACSs) provided, n (%)

14	bic 1 – Supplementa	All data		Private		Public -			Public – Non-				
(N=91)			(N=4)		Metropolitan			metropolitan					
			(11-)1)	•		(11-1)			(N=34)		(<i>N</i> =53)		
So	urces of referrals for	Acc	Rec	Rec	Acc	Rec	Rec	Acc	Rec	Rec	Acc	Rece	Rece
AC		ept	eive	eive	ept	eive	eive	ept	eive	eive	ept	ive	ive
		1		mos	r		mos	r		mos	1		most
				t			t			t			
-	Private physicians	77	74	14	4	4	3	29	30	5	44	40	6
-	Public physicians	(85)	(81)	(15)	(100	(100	(75)	(85)	(88)	(15)	(83)	(75)	(11)
_	GPs	84	79	40))	0	32	33	26	48	44	14
-	Nursing staff	(92)	(87)	(44)	4	2	(0)	(94)	(97)	(76)	(91)	(83)	(26)
-	Allied health	80	80	22	(100	(50)	1	29	29	0	47	47	21
-	Respiratory	(88)	(88)	(24))	4	(25)	(85)	(85)	(0)	(89)	(89)	(40)
	scientists	72	65	6	4	(100	0	25	25	1	43	37	5 (9)
-	Home oxygen	(79)	(71)	(7)	(100)	(0)	(74)	(74)	(3)	(81)	(70)	4 (8)
	teams	83	75	5)	3	0	31	30	1	48	42	0 (0)
_	Client self-	(91)	(82)	(5)	4	(75)	(0)	(91)	(88)	(3)	(91)	(79)	0 (0)
	referred	33	12	0	(100	3	0	11	4	0	20	8	0 (0)
_	Blank	(36)	(13)	(0))	(75)	(0)	(32)	(12)	(0)	(38)	(15)	3 (6)
		26	7	0	4	0	0	9	4	0	15	3 (6)	
		(29)	(8)	(0)	(100	(0)	(0)	(26)	(12)	(0)	(28)	22	
		37	38	0)	0	0	11	12	0	22	(42)	
		(41)	(42)	(0)	2	(0)	(0)	(32)	(35)	(0)	(42)	3 (6)	
		0	0	4	(50)	4	0	1	1	1	3		
		(0)	(0)	(4)	2	(100	(0)	(3)	(3)	(3)	(6)		
					(50))							
					4	0							
					(100	(0)							
)								
					0								
					(0)								

ACS: airway clearance service; GP: general practitioner



			Public –	Public - Non-	
	All data	Private	Metropolitan	metropolitan	
	(N = 91)	(N = 4)	(N = 34)	(N = 53)	p Value
Wait time for ACSs					
Yes	68 (75)	2 (50)	29 (85)	37 (70)	
No	17 (19)	2 (50)	4 (12)	11 (21)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Time allocated to initial ACS					
appointments					
15 minutes	0 (0)	0 (0)	0 (0)	0 (0)	
30 minutes	8 (9)	0 (0)	2 (6)	6 (11)	
45 minutes	16 (18)	1 (25)	4 (12)	11 (21)	
60 minutes	51 (56)	1 (25)	20 (59)	30 (57)	
>60 minutes	8 (9)	1 (25)	6 (18)	1 (2)	
Other ¹	2(2)	1 (25)	1 (3)	0 (0)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Time allocated to review appointments					
15 minutes	0 (0)	0 (0)	0 (0)	0 (0)	
30 minutes	62 (68)	3 (75)	19 (56)	40 (74)	
45 minutes	12 (13)	0 (0)	7 (21)	5 (9)	
60 minutes	10 (11)	1 (25)	7 (21)	2 (4)	
>60 minutes	0 (0)	0 (0)	0 (0)	0 (0)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Funding for ACSs	0 (//	0 (0)	1 (3)	5 (5)	
Operational budget	44 (48)	0 (0)	18 (53)	26 (49)	
Activity based funding	33 (36)	1 (25)	13 (38)	19 (36)	
Do not know	10 (11)	0 (0)	3 (9)	7 (13)	
Project / research grant	0 (0)	0 (0)	0 (0)	0 (0)	
Other ²	7 (8)	3 (75)	2 (6)	2 (4)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Cost to the client for ACSs	0(//	0 (0)	1 (3)	3 (7)	
No	72 (79)	0 (0)	33 (97)	39 (74)	
Yes	13 (14)	4 (100)	0 (0)	9 (17)	0.015
Blank	6 (7)	0 (0)	1 (3)	5 (9)	0.013
Airway clearance devices accessible in	0(7)	0 (0)	1 (3)	3 (9)	
ACSs					
Bottle PEP	55 (60)	1 (25)	23 (68)	31 (58)	
Flutter					
Acapella Green	40 (44) 30 (33)	3 (75) 2 (50)	17 (50) 16 (47)	20 (38) 12 (23)	
•	27 (30)	3 (75)		, ,	
Pari-O-Pep Aerobika	27 (30)		16 (47)	8 (15) 5 (9)	
Pari PEP S		3 (75)	15 (44)		
	22 (24)	2 (50)	13 (38)	7 (13)	
Acapella Choice	18 (20)	1 (25)	14 (41)	3 (6)	
Therabubble	17 (19)	0 (0)	10 (29)	7 (13)	
TheraPEP	16 (18)	1 (25)	6 (18)	9 (17)	
Acapella Blue	15 (16)	1 (25)	10 (29)	4 (8)	
Aeroeclipse	13 (14)	3 (75)	7 (21)	3 (6)	
Turboforte	12 (13)	1 (25)	7 (21)	4 (8)	
PARI Sprint	10 (11)	0 (0)	8 (24)	2 (4)	
Pari PEP System 1	9 (10)	0 (0)	5 (15)	4 (8)	
PARI LC Plus	9 (10)	0 (0)	6 (18)	3 (6)	
PARI Sprint Star	5 (5)	0 (0)	4 (12)	1 (2)	
Other ³	22 (24)	1 (25)	7 (21)	14 (26)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Routine follow up at regular intervals in					
ACSs					
Yes	11 (12)	2 (50)	6 (18)	3 (6)	
No	74 (81)	2 (50)	27 (79)	45 (85)	
Other ⁴	19 (21)	1 (25)	11 (32)	7 (13)	Ī

Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Access to medical professionals for					
unstable clients in ACSs					
General Practitioner	69 (76)	4 (100)	22 (65)	43 (81)	
Respiratory Physician	54 (59)	4 (100)	29 (85)	21 (40)	0.000
Respiratory Nurse	49 (54)	0 (0)	25 (74)	24 (45)	0.010
Medical Officer	34 (37)	0 (0)	10 (29)	24 (45)	
Medical Emergency Team	34 (37)	0 (0)	21 (62)	13 (25)	0.001
Ambulatory Care Team	10 (11)	1 (25)	5 (15)	4 (8)	
Other ⁵	10 (11)	1 (25)	3 (9)	6 (11)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Format of education resources provided					
in ACSs					
Paper based	83 (91)	4 (100)	33 (97)	46 (87)	
Web based	38 (42)	2 (50)	19 (56)	17 (32)	
N/A	1(1)	0 (0)	0 (0)	1 (2)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Health professionals providing ACSs					
Physiotherapists	85 (93)	4 (100)	33 (97)	48 (91)	
Respiratory Nurses	12 (13)	0 (0)	2 (6)	10 (19)	0.087
Occupational Therapists	1(1)	0 (0)	1 (3)	0 (0)	
Exercise Physiologists	1(1)	0 (0)	0 (0)	1 (2)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Title of physiotherapists providing					
intervention in ACSs					
Cardiorespiratory Physiotherapists	47 (52)	4 (100)	30 (88)	13 (25)	0.000
General Physiotherapists	38 (42)	0 (0)	3 (9)	35 (66)	
Other ⁶	11 (12)	0 (0)	5 (15)	6 (11)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Weekly health professional hours spent					
on ACSs in 2018					
<free text=""></free>	85 (93)	4 (100)	33 (97)	48 (91)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	
Administrative support for ACSs					
Yes	39 (43)	2 (50)	20 (59)	17 (32)	0.040
No	46 (51)	2 (50)	13 (38)	31 (58)	
Blank	6 (7)	0 (0)	1 (3)	5 (9)	

ACS: airway clearance service; PEP: positive expiratory pressure. For p values <0.05 the values were in bold 1'90 minutes'
2'Private health insurance', 'EPC'
3'Threshold PEP'
4'unable due to service constraints', 'patients can make contact if needed'

- 5 and less hours = 50 (Private = 1, metro = 16, non-metro = 33)
- 6-10 hours = 11 (Private = 1, metro = 4, non-metro = 6)
- 11-20 hours = 7 (Private = 1, metro = 4, non-metro = 2)
- 21-30 hours = 3 (Private = 0, metro = 1, non-metro = 2)
- 31-40 hours = 1 (Private = 0, metro = 1, non-metro = 0)
- 41+ hours = 7 (Private = 1, metro = 4, non-metro = 2)

⁵Emergency Department' ⁶Both generalist and cardiorespiratory'

Table 3 – Supplementary Data Program metrics of airway clearance services (ACSs), n (%)

Table 3 – Supplementary Data Program metrics of airv	way ciearanc	e services (F	Public -	Dealette Mi
	A 11 . 1 . 4 .	Duit of the		Public - Non-
	All data	Private	Metropolitan	Metropolitan
T d C2 1 1d 21 2 1 1 1 1 1 1 C	(N = 91)	(N=4)	(N = 34)	(N = 53)
Length of time health care utilisation data recorded for				
before intervention in ACSs	4.40	0 (0)	4 (2)	2 (5)
3 months	4 (4)	0 (0)	1 (3)	3 (6)
6 months	2 (2)	0 (0)	0 (0)	2 (4)
12 months	17 (19)	0 (0)	12 (35)	5 (9)
No health care utilisation data recorded	62 (68)	4 (100)	20 (59)	38 (72)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Length of time health care utilisation data recorded for				
after intervention in ACSs				
3 months	2 (2)	0 (0)	0 (0)	2 (4)
6 months	2 (2)	0 (0)	1 (3)	1 (2)
12 months	9 (10)	0 (0)	6 (18)	3 (6)
No health care utilisation data recorded	72 (79)	4 (100)	26 (76)	42 (79)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Outcome measures used routinely in ACSs				
If yes, please list outcome measures used ¹	85 (93)	4 (100)	33 (97)	48 (91)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Timing of use of outcome measures in ACSs				
Before and after	64 (70)	4 (100)	24 (71)	36 (68)
No outcome measures used	16 (18)	0 (0)	9 (26)	7 (13)
Before only	5 (5)	0 (0)	0 (0)	5 (9)
After only	0 (0)	0 (0)	0 (0)	0 (0)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Feedback opportunities in ACSs	` '		/	. ,
Yes	79 (87)	4 (100)	30 (88)	45 (85)
No	6 (7)	0 (0)	3 (9)	3 (6)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Methods of providing feedback in ACSs	5 (1)	0 (0)	- (-)	2 (2)
Written	62 (68)	1 (25)	21 (62)	40 (75)
Verbal	49 (54)	3 (75)	20 (59)	26 (49)
Electronic	14 (15)	3 (75)	8 (24)	3 (6)
N/A	6 (7)	0 (0)	3 (9)	3 (6)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Routine correspondence with referrers in ACSs	3 (1)	0 (0)	1 (0)	2 (>)
Yes	62 (68)	3 (75)	24 (71)	35 (66)
No	23 (25)	1 (25)	9 (26)	13 (25)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Routine correspondence with GPs in ACSs	0(1)	0 (0)	1 (3)	5 (7)
Yes	52 (57)	3 (75)	18 (53)	31 (58)
No	33 (36)	1 (25)	15 (44)	17 (32)
Blank	6 (7)	0 (0)	1 (3)	5 (9)
Adequate ACSs in regions	0(1)	0 (0)	1 (3)	3 (7)
No ²	52 (57)	2 (50)	21 (62)	29 (55)
	32 (37)	2 (50)	12 (35)	19 (36)
Yes	6 (7)	0 (0)	12 (33)	5 (9)
Blank	0 (7)	0 (0)		
Free text responses (n=45)	0.4.(0=)	0.450	19 (42)	26 (58)
ACS: pirrory clearance services GP: general practitioner	34 (37)	2 (50)	17 (52)	15 (28)

ACS: airway clearance service; GP: general practitioner.

1'DASS', 'MMRC', 'spirometry', 'Borg', SNOT', 'LCQ'

2Metropolitan – issues are access to devices, delays in service delivery, limited funding and resources, limited home visiting capacity. Non-metro - minimal referrals, lack of staff knowledge, ad hoc services, lack of EFT, patients have to travel+, lack of awareness of utilisation of services.

Neuromuscular diseases and spinal cord injuries

Table 4 Supplementary Data Themed responses: reasons for airway clearance needs not being met by current service, n

	Metropolitan (<i>N</i> =18)	Non-metropolitan (<i>N</i> =28)	Total (<i>N</i> =46)
Staffing limitation - employment	3	8	11
Unable to follow patients up	6	5	11
Limited resources (including devices)	6	4	10
No designated service / ad hoc	2	8	10
Problems with access to existing services	2	6	8
Funding limitations	3	3	6
Patients not referred	2	4	6
Staffing limitation - expertise	0	5	5