Supplementary material

Title:

Preventable risk factors for dementia: Population Attributable Fractions in a Brazilian

population-based study.

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Supplementary Table 1. ELSI-Brazil variables collected for this study and their corresponding responses and definitions.

Variable	ELSI-Brazil code (Alphabetical order)	Question description	Possible answers	Variable definition
Family income	D28	*"When you sum all monthly income of all inhabitants of this house, which of the following options describe the total inhouse income?"*	17 options according to the number of minimum wage strata (1, 1 to 2, 2 to 3, and so on)	-
Ethnicity	E9	*"Which of the following options best describes your race?"*	White, Black, Brown, Yellow (Asian), Indigenous	-
Less education	E22	*"What was the highest grade in school that you completed?"*	Years of formal education	Less than 4 years
Physical inactivity	L5	*"In how many days of the last week did you walk for at least 10 continuous minutes, at home or at work, as a way of transportation to get from one place to another, for leisure, for pleasure or as a way of exercise?"*	Number of days a week	Less than 3 days a week of walking or any physical exercise
Alcohol consumption	L25	*"How many days a week do you usually drink alcohol?"*	Number of days a week	(Doses*day per week) in grams
	L26	*"In general, on the day you drink, how many doses do you take?"*	Number of doses a day	
Heavy drinking	L25, L26	-	-	Alcohol consumption above 21 units/week (equivalent to 168 grams of pure alcohol) [1]
Smoking	L30	*"Do you currently smoke?"*	Yes, daily; Yes, less than daily; No	Answering "Yes, daily" or "Yes, less than daily"
Obesity	MF22	*Average weight*	-	Body mass index: $(MF22/(MF13*MF13)) \geq 29$
	MF13	*Average height*	-	
Hearing aids	N15	Do you use a hearing device?	No, Yes	
Hearing loss	N16	*"How do you evaluate your hearing (even when using a hearing device)?"*	Very good, good, regular, bad, very bad	Answering "bad" or "very bad"
Hypertension	N28	*"Has any doctor ever told you that you have hypertension (high blood pressure)?"*	No, Yes	Answering "Yes"
Diabetes	N35	*"Has any doctor ever told you that you have diabetes ("high blood sugar")?"*	No, Yes	Answering "Yes"
Depression	N59	*"Has a doctor ever told you that you have depression?"*	No, Yes	Answering "Yes"

Illiteracy	Q2	*"Do you know how to read and write a note?"*	No, Yes	Answering "No"
Social isolation	S2	*"How often do you meet (in person) with any of your children, not counting the ones that live with you?"*	3 or more times a week, 1-2 times a week, 1-2 times a month, every 2-3 months, 1-2 times a year, Less than once a year or never	Less than once per month on S2 or S5 or S8
	S5	*"How often do you meet (in person) with any of your relatives, not counting the ones that live with you?"*		
	S8	*"How often do you meet (in person) with any of your friends, not counting the ones that live with you?"*		

Supplementary Panel 1. Formula to calculate weighted PAF.

Individual unweighted PAF = Pe(RRe – 1)/(1 + Pe[RRe – 1])

Overall unweighted PAF = 1 - [(1 - PAF hypertension)*(1 - PAF diabetes)*(1 - PAF depression)...]

Weighted PAF = (individual PAF) / ∑ (individual PAF) * (overall PAF)

Pe is the Prevalence of the exposure and RRe is the Relative Risk associated with that exposure. Prevalence of the exposure was estimated using the ELSI-Brazil cohort, while Relative Risk was presented by Livingston *et al.* 2020 [2].

References

1. (WHO) World Health Organization. 2018. Global status report on alcohol and health 2018. Geneva. Website: https://apps.who.int/iris/bitstream/handle/10665/274603/9789241565639-eng.pdf. Accessed on February 6, 2022.

2. Livingston G, Huntley J, Sommerlad A, Ames D, Ballard C, Banerjee S, et al. Dementia prevention, intervention, and care: 2020 report of the Lancet Commission. Lancet. 2020 Aug 8;396(10248):413–46.