

## Vanderbilt Fatigue Scale-Parent (VFS-P)

**This scale is designed to assess listening-related fatigue in children.**

Sometimes communicating, or just trying to listen and understand, can be physically, mentally, or emotionally tiring for children.

**For each item below, select the SINGLE response that best describes how often your child experiences the following in a typical WEEK.**

<b>MENTAL FATIGUE</b>	<b>NEVER</b>	<b>RARELY</b>	<b>SOMETIMES</b>	<b>OFTEN</b>	<b>ALMOST ALWAYS</b>
1. My child gets frustrated when it is difficult to hear.	0	1	2	3	4
2. My child prefers to be alone after listening for a long time.	0	1	2	3	4
3. My child shuts down after listening for a long time.	0	1	2	3	4
4. Listening takes a lot of effort for my child.	0	1	2	3	4
5. My child gets tired of listening by the end of the day.	0	1	2	3	4
6. My child shuts down if he/she becomes frustrated from listening.	0	1	2	3	4
7. My child "gives up" in difficult listening situations.	0	1	2	3	4
<b>PHYSICAL FATIGUE</b>	<b>NEVER</b>	<b>RARELY</b>	<b>SOMETIMES</b>	<b>OFTEN</b>	<b>ALMOST ALWAYS</b>
8. My child needs time to relax after school.	0	1	2	3	4
9. My child is so tired that he/she lays down to rest.	0	1	2	3	4
10. My child seems drained at the end of the school day.	0	1	2	3	4
11. My child is more tired during the week than on weekends.	0	1	2	3	4
12. My child needs to relax after a tiring day of listening.	0	1	2	3	4

# **Vanderbilt Fatigue Scale-Parent (VFS-P)**

## **Scoring information**

### **Summed Scoring**

**VFS-P Mental Fatigue Subscale Score:** To calculate a score simply sum the responses to items 1-7.

VFS-P Mental fatigue subscale scores can range from 0 to 28.

**VFS-P Physical Fatigue Subscale Score:** To calculate a score simply sum the responses to items 8-12.

VFS-P Physical fatigue subscale scores can range from 0 to 20.

### **Item Response Theory (IRT) Scoring**

R code capable of calculating IRT scale scores from data sets of VFS-Peds raw scores is available for free download from the following link: <https://osf.io/vpjf5/>