Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

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Michigan: UL1TR000433, Tulane University: P30GM103337 COBRE Award NIGMS. Support was also provided by the Wake Forest University Claude D. Pepper Older Americans Independence Center (P30-AG21332). Section 2. Inclusion and exclusion criteria

- a) Inclusion Criteria
- 1. At least 50 years old
- 2. Systolic blood pressure

SBP: 130 - 180 mm Hg on 0 or 1 medication SBP: 130 - 170 mm Hg on up to 2 medications SBP: 130 - 160 mm Hg on up to 3 medications SBP: 130 - 150 mm Hg on up to 4 medications

- 3. There are no diastolic blood pressure (DBP) inclusion criteria, since risk is more related to SBP than DBP in the age and risk population anticipated for SPRINT. If a screenee is otherwise eligible for SPRINT but presents with a treated BP and/or number of medications that fall outside the SPRINT inclusion criteria, BP-lowering medications may be adjusted prior to the randomization visit to determine whether, with such adjustments, the screenee will meet eligibility criteria for SPRINT. A screenee who presents on no BP medications should have documentation of SBP ≥130 mm Hg on 2 visits within 3 months prior to the randomization visit in order to be eligible for the trial.
- 4. Risk (one or more of the following):
 - a) Presence of clinical* or subclinical** cardiovascular disease other than stroke
 - b) CKD, defined as eGFR 20 59 ml/min/1.73m² based on the 4-variable Modification of Diet in Renal Disease (MDRD) equation and latest lab value, within the past 6 months. (If the serum creatinine is unstable within the last 6 months, enrollment into SPRINT could be delayed until the serum creatinine has been stabilized and the eGFR is still within the allowed range.)
 - c) Framingham Risk Score for 10-year CVD risk ≥ 15% based on laboratory work done within the past 12 months for lipids
 - d) Age \geq 75 years.
- * Clinical CVD (other than stroke)
 - Previous myocardial infarction (MI), percutaneous coronary intervention (PCI), coronary artery bypass grafting (CABG), carotid endarterectomy (CE), carotid stenting
 - b) Peripheral artery disease (PAD) with revascularization
 - c) Acute coronary syndrome with or without resting ECG change, ECG changes on a graded exercise test (GXT), or positive cardiac imaging study
 - d) At least a 50% diameter stenosis of a coronary, carotid, or lower extremity artery
 - e) Abdominal aortic aneurysm (AAA) ≥5 cm with or without repair
- ** Subclinical CVD
 - a) Coronary artery calcium score \geq 400 Agatston units within the past 2 years.
 - b) Ankle brachial index (ABI) ≤ 0.90 within the past 2 years.
 - c) Left ventricular hypertrophy (LVH) by ECG (based on computer reading), echocardiogram report, or other cardiac imaging procedure report within the past 2 years.

b) Exclusion Criteria

- 1. An indication for a specific BP lowering medication (e.g., beta-blocker following acute myocardial infarction) that the person is not taking and the person has not been documented to be intolerant of the medication class. (If a screenee has a non-hypertension indication for a BP-lowering medication (e.g., beta-blocker post-MI, renin angiotensin system (RAS) blocker for CVD prevention, or alpha blocker for benign prostatic hypertrophy (BPH)), the screenee should be on the appropriate dose of such medication before assessing whether he/she meets the SPRINT inclusion criteria. If the investigator believes that a potential participant has such an indication but is not receiving appropriate treatment, he/she should encourage the potential participant's primary care provider to consider placing the patient on the appropriate therapy prior to proceeding with the screening process.)
- 2. Known secondary cause of hypertension that causes concern regarding safety of the protocol.
- 3. One minute standing SBP < 110 mm Hg. Not applicable if unable to stand due to wheelchair use.
- 4. Proteinuria in the following ranges (based on a measurement within the past 6 months)
 - (a) 24 hour urinary protein excretion ≥1 g/day, or
 - (b) If measurement (a) is not available, then 24 hour urinary albumin excretion ≥_600 mg/day, or
 - (c) If measurements (a) or (b) are not available, then spot urine protein/creatinine ratio ≥ 1 g/g creatinine, or
 - (d) If measurements (a), (b), or (c) are not available, then spot urine albumin/creatinine ratio ≥ 600 mg/g creatinine, or
 - (e) If measurements (a), (b), (c), or (d) are not available, then urine dipstick \geq 2+ protein
- 5. Arm circumference too large or small to allow accurate blood pressure measurement with available devices
- 6. Diabetes mellitus. Participants taking medications for diabetes at any time in the last 12 months are excluded. Participants are also excluded if there is documentation of: FPG at or above 126 mg/dL, A1C ≥6.5 percent, a two-hour value in an OGTT (2-h PG) at or above 200 mg/dL or a random plasma glucose concentration ≥200 mg/dL. The diagnosis of diabetes must be confirmed on a subsequent day by repeat measurement, repeating the same test for confirmation. However, if two different tests (eg, FPG and A1C) are available and are concordant for the diagnosis of diabetes, additional testing is not needed. If two different tests are discordant, the test that is diagnostic of diabetes should be repeated to confirm the diagnosis.
- 7. History of stroke (not CE or stenting)
- 8. Diagnosis of polycystic kidney disease
- 9. Glomerulonephritis treated with or likely to be treated with immunosuppressive therapy
- 10. eGFR < 20 ml/min /1.73m² or end-stage renal disease (ESRD)
- 11. Cardiovascular event or procedure (as defined above as clinical CVD for study entry) or hospitalization for unstable angina within last 3 months
- 12. Symptomatic heart failure within the past 6 months or left ventricular ejection fraction (by any method) < 35%
- 13. A medical condition likely to limit survival to less than 3 years, or a cancer diagnosed and treated within the past two years that, in the judgment of clinical study staff, would compromise a participant's ability to comply with the protocol and complete the trial. Exceptions to the exclusion for diagnosed cancer would include, for example, non-melanoma skin cancer, early-stage prostate cancer, localized breast cancer.

- 14. Any factors judged by the clinic team to be likely to limit adherence to interventions. For example,
 - (a) Active alcohol or substance abuse within the last 12 months
 - (b) Plans to move outside the clinic catchment area in the next 2 years without the ability to transfer to another SPRINT site, or plans to be out of the study area for more than 3 months in the year following enrollment.
 - (c) Significant history of poor compliance with medications or attendance at clinic visits
 - (d) Significant concerns about participation in the study from spouse, significant other, or family members
 - (e) Lack of support from primary health care provider
 - (f) Residence too far from the study clinic site such that transportation is a barrier including persons who require transportation assistance provided by the SPRINT clinic funds for screening or randomization visits
 - (g) Residence in a nursing home. Persons residing in an assisted living or retirement community are eligible if they meet the other criteria.
 - (h) Clinical diagnosis of dementia, treatment with medications for dementia, or in the judgment of the clinician cognitively unable to follow the protocol
 - Other medical, psychiatric, or behavioral factors that in the judgment of the Principal Investigator may interfere with study participation or the ability to follow the intervention protocol
- 15. Failure to obtain informed consent from participant
- 16. Currently participating in another clinical trial (intervention study). Note: Patient must wait until the completion of his/her activities or the completion of the other trial before being screened for SPRINT.
- 17. Living in the same household as an already randomized SPRINT participant
- 18. Any organ transplant
- 19. Unintentional weight loss > 10% in last 6 months
- 20. Pregnancy, currently trying to become pregnant, or of child-bearing potential and not using birth control

Section 3. Definition of Study Outcomes

The primary outcome measure for SPRINT will be major CVD events, defined as the composite endpoint comprised of the first occurrence of a myocardial infarction (MI), non-MI acute coronary syndrome (non-MI ACS), stroke, heart failure (HF), or death attributable to cardiovascular disease (CVD).

SPRINT previously reported primary results with follow-up and events through August 20, 2015(1), the date that the decision was made to terminate the study intervention early for benefit. Those results represented the data available in October 2015. Because of the rapidity of that publication, the ascertainment and adjudication of trial phase events were incomplete, and we continued to collect data and adjudicate potential events through post-intervention close-out. Note that adjudication methods and blinding of adjudication were the same during the trial period and the post-trial observational period.

<u>MI DEFINITION</u>: Generally defined as death of part of the myocardium due to an occlusion of a coronary artery from any cause, including spasm, embolus, thrombus or rupture of a plaque. The definition includes MI that occurred during surgery/procedure and MI aborted by thrombolytic therapy or procedure, as well as due to demand ischemia (2,3). MI will be ascertained both from adjudication of hospital records for clinical events and also from the finding of new significant Q waves from the standardized interpretation of the study visit-obtained ECG (silent or unrecognized MI).

	Positive biomarker findings							
	Cardiac symptoms or signs present			Cardiac symptoms or signs absent			sent	
ECG Findings**	Diagnostic+	Equivocal+	Missing⁺	Normal ⁺	Diagnostic	Equivocal	Missing	Normal
Evolving diagnostic	Def	Def	Def	Def	Def	Def	Def	Def
Positive	Def	Prob	Prob	No	Def	Prob	Poss	No
Nonspecific	Def	Poss	No	No	Def*	Poss	No	No
Negative for evolving ischemia	Def	Poss	No	No	Def*	No	No	No

Table 1. SPRINT Classification of MI (2)

*In absence of diagnostic troponin, downgrade to possible.

**Def = Definite indicates definite MI; Prob = Probable, probable MI; Poss = Possible, possible MI; and No, no MI. Classification of case is at highest level allowed by combinations of 3 characteristics (cardiac signs and symptoms, ECG findings, biomarkers).

Biomarker criteria (2-4):

*Diagnostic = At least 1 positive biomarker (at least 1 value at least twice the upper limit of normal) in an adequate set of biomarkers showing a rising or falling pattern in the setting of clinical cardiac ischemia and the absence of noncardiac causes of biomarker elevation. An adequate set is at least 2 measurements of the same marker taken at least 6 hours apart. Equivocal = Present but not diagnostic. Missing = Not available for the time of the event. Normal = Normal. Troponin will take precedence over CK-MB, and CK-MB will take precedence

over CK if both are available. Enzymes following CPR are non-interpretable; cardiac ablation, pacing and defibrillator shocks are causes of myocardial injury not related to ischemia (2).

The 2003 AHA Scientific Statement (2) and the Universal Definition (5) define positive biomarkers as "the 99th percentile of the distribution in healthy populations, or the lowest level at which a 10% coefficient of variation can be demonstrated for that laboratory" assay.

Cardiac symptoms and signs

Cardiac symptoms. Cardiac symptoms include symptoms suggestive of an ischemic cause and include (but are not limited to) acute chest, neck, jaw, arm pain, or epigastric pain, or discomfort or pressure without apparent non-cardiac cause. More general, atypical symptoms, such as fatigue, nausea, vomiting, diaphoresis, faintness, and back pain, should not be used.

Cardiac signs. These can be used for determination of MI, and include acute HF or cardiogenic shock in the absence of non-CHD causes. These can be especially helpful when the patient is unable to provide a history on presentation.

ECG Criteria

Evolving: evolution of a new diagnostic Q wave; OR equivocal Q wave and evolution of major ST depression or elevation or T wave inversion

<u>Positive</u>: evolving ST elevation alone; OR evolving equivocal Q wave and evolving ST or T wave depression or inversion; OR new left bundle branch block

Nonspecific: evolving minor Q wave alone or evolving non-ST elevation non-Q wave pattern (including evolving ST depression alone)

Negative for evolving ischemia: Normal ECG(s), or findings other than those described in the above categories

Aborted MI

Aborted MI is defined as positive signs/symptoms and positive ECG, but enzymes remain below the upper limit of normal and the participant received emergent treatment for cardiac ischemia (thrombolytic or revascularization).

Procedure Related MI

For PTCA, levels of CK- MB or troponin above 3 times the ULN within 48 hours of the procedure will be characterized as positive (5). Similarly for **CABG**, levels of troponin or MB above 5 times the ULN within 48 hours of the procedure will be categorized as positive. Total CK will not be used for post-CABG enzymes (5).

A revascularization procedure performed for the treatment of <u>acute</u> ischemia (e.g., angioplasty following the presentation of acute coronary syndrome/MI) should *not* be considered as procedure-related (2); however, the occurrence of a second MI with the revascularization procedure will be recorded. The procedure-related MI category is intended to identify MIs that occurred only after the procedure, and were not already in evolution.

NON-MI ACS Definition: Defined as hospitalization for evaluation and treatment of an accelerating or new symptom pattern consistent with coronary artery insufficiency without meeting the definition of MI, but requiring evaluation to rule-out MI on clinical presentation. Non-MI ACS will also require objective findings of coronary ischemia.

Non-MI ACS will be defined by one of 3 clinical presentations:

- 1. New cardiac symptoms and positive ECG findings with normal biomarkers not meeting criteria for MI, or
- 2. A changing symptom pattern and positive ECG findings with normal biomarkers not meeting criteria for MI, or
- 3. New or changing cardiac symptoms with normal biomarkers and ECGs but with further confirmatory evidence of CAD (eg 70% cross-sectional obstruction in at least on major coronary artery or branch on angiography at or near the time of admission, treatment with revascularization; prior documented CAD prior CABG, PTCA, etc- positive exercise test at or near the time of admission, perfusion defect documented on stress scintigraphy or echo). Stress testing within approximately one month prior to admission or occurring during admission will be accepted as related to a particular hospital admission for possible non-MI ACS.

Non-MI ACS requires an **unscheduled admission** that must have begun <u>within 24 hours</u> of the most recent symptoms. Escalation of pharmacotherapy such as intravenous nitrates or increasing dosages of β -blockers, should be considered supportive but not diagnostic of non-MI ACS.

STROKE DEFINITION: Stroke is generally defined as neurological deficit of cerebrovascular cause that persists beyond 24 hours or is interrupted by death within 24 hours (6). Stroke will be classified as <u>brain infarction</u>, <u>subarachnoid hemorrhage</u>, <u>intraparenchymal hemorrhage</u>, <u>other hemorrhage</u>, <u>other type</u>, <u>or unknown type</u>.

Brain infarction (ischemic stroke) is defined as a new lesion detected by computed tomography or magnetic resonance imaging or, in the absence of a new lesion on available imaging, clinical findings consistent with the occurrence of stroke that lasted for more than 24 hours (7). Brain infarctions will be further sub-typed large artery atherosclerosis, cardio-aortic embolism, small artery occlusion, other causes, and undetermined causes (8, 9).

Strokes following invasive cardiovascular interventions will also be classified as such. Strokes after cardiovascular invasive interventions will be defined as those associated with the intervention within 7 days. Stroke post non-cardiovascular surgery will be defined as occurring within 7 days of non-cardiovascular surgery or other invasive procedure

Case definitions are based on the World Health Organization definition of stroke, and the updated definition of TIA that is imaging, rather than time, based (10).

Stroke is defined as a rapid onset of focal neurological symptoms, headache, or meningismus AND

Deficit not due to closed head injury, intracranial neoplasm, coma due to metabolic disorders or disorders of fluid or electrolyte balance, peripheral neuropathy, or central nervous system infections (encephalitis or meningitis – subacute bacterial endocarditis would be counted as stroke), or other non-vascular cause

<u>AND</u>

Lesion on brain imaging consistent with symptoms **OR**

Evidence of central or branch retinal artery occlusion

OR

Death within 24 hours without resolution of symptoms

Subarachnoid Hemorrhage (SAH)

Sudden onset of severe headache, meningismus, depressed consciousness or coma, or focal neurological symptoms

AND

Bloody spinal fluid within a few minutes or hours of onset

OR

Xanthochromic spinal fluid after 12 hours

OR

CT or MRI findings indicating a blood clot in the Sylvian fissure, between the frontal lobes, in the basal cisterns, or in a ventricle (without associated intraparenchymal hematoma)

AND

SAH is spontaneous and did not occur as a result of trauma or other process.

OR

Angiographic identification of a saccular aneurysm as a source of bleeding WITH bloody or xanthochromic spinal fluid

OR

Surgical or autopsy evidence of saccular aneurysm in the appropriate clinical setting or with evidence of SAH

<u>Intraparenchymal Hemorrhage</u> (IPH): A focal collection of blood within the brain parenchyma or ventricular system that is not cause by trauma (11).

Sudden onset of focal neurological symptoms or coma

<u>AND</u>

An area of increased density indicative of IPH identified by CT or MRI **OR**

Demonstration of an IPH at autopsy or, surgery

OR

Cerebral angiographic, surgical, or autopsy evidence of a vascular mass without evidence of aneurysm or arteriovenous malformation

<u>Other Hemorrhage</u> (OH): subdural and epidural hematomas are *not* considered strokes (11). Insufficient data to classify SAH or IPH

<u>AND</u>

Imaging shows blood in the parenchyma, subarachnoid space, ventricle, or any combination of the above

OR

Bloody (nontraumatic) or xanthochromic spinal fluid

OR

Surgical or autopsy evidence of blood in the parenchyma, subarachnoid space, ventricle, or any combination

Brain Infarction (INF): An episode of neurological dysfunction caused by focal cerebral or retinal infarction.

Not meeting criteria for SAH, IPH, or OH

<u>AND</u>

Sudden onset of focal neurological symptoms or coma leading to death or lasting > 24 hours AND

Consistent imaging findings (i.e. no SAH, IPH), or clinically consistent lesion compatible with infarction or hemorrhagic infarction

OR

Autopsy or surgical evidence of a nonhemorrhagic (ischemic) infarct of the brain (cerebral thrombosis or cerebral embolism)

Brain Infarct Subtypes

Large artery atherosclerosis

Evident

Either occlusive, or stenotic vascular disease judged to be due to atherosclerosis in the clinically-relevant extracranial or intracranial arteries

 \geq 50% diameter reduction *or* <50% diameter reduction with plaque ulceration or thrombosis, or plaque with <50% diameter reduction that is seated at the site of the origin of the penetrating artery supplying the region of an acute lacunar infarct

<u>AND</u>

The absence of acute infarction in vascular territories other than the stenotic or occluded artery

Probable

Prior history of one or more transient monocular blindness (TMB), TIA, or stroke in the territory of index artery affected by atherosclerosis within the month preceding the index stroke

OR

Evidence of thrombosis, near-occlusive stenosis, or non-chronic complete occlusion judged to be due to atherosclerosis in the clinically-relevant extracranial or intracranial arteries (except for the vertebral arteries)

OR

The presence of ipsilateral and unilateral acute internal watershed infarctions or multiple, temporally separate, infarctions exclusively within the territory of the affected artery

Possible

The presence of an atherosclerotic plaque protruding into the lumen and causing mild stenosis (<50%) in the absence of any detectable plaque ulceration or thrombosis in a clinically-relevant extracranial or intracranial artery and prior history of two or more TMB, TIA, or stroke from the territory of index artery affected by atherosclerosis, at least one event within the last month

Cardio-aortic embolism

Evident

The presence of a high-risk cardiac source of cerebral embolism (left atrial or ventricular thrombus, atrial fibrillation, sick sinus, atrial flutter, recent MI, rheumatic aortic or mitral disease, prosthetic valve, chronic MI plus EF<28%, symptomatic CHF with EF<30%, dilated cardio myopathy, non-bacterial endocarditis, SBE, papillary elastoma, myxoma)

Probable

Evidence of systemic embolism

OR

The presence of multiple temporally related acute infarctions within both right and left anterior, or both anterior and posterior, circulations in the absence of non-embolic occlusion or near occlusive stenosis of all relevant vessels

<u>AND</u>

Other diseases that can cause multifocal ischemic brain injury such as vasculitides, vasculopathies, and haemostatic or hemodynamic disturbances must not be present

Possible

The presence of a cardiac condition with low or uncertain primary risk of cerebral embolism (mitral calcification, PFO, PFO/ASA, left ventricular aneurysm without thrombus, left atrial smoke, aortic athero, other arrhythmias)

Small artery occlusion

Evident

Imaging evidence of a single and clinically relevant acute infarction less than 20 mm in greatest diameter within the territory of basal or brainstem penetrating arteries **AND**

Absence of any focal other pathology in the parent artery at the site of the origin of the penetrating artery (focal atheroma, parent vessel dissection, vasculitis, vasospasm, etc.)

Probable

The presence of stereotypic lacunar transient ischemic attacks within the last week **OR**

The presence of a lacunar syndrome (pure motor, pure sensory, sensorimotor, ataxic hemiparesis, dysarthria-clumsy hand)

Possible

Presenting with a classical lacunar syndrome in the absence of imaging that is sensitive enough to detect small infarctions

Other uncommon etiology

Evident

The presence of a specific disease process that involves clinically-appropriate brain arteries

Probable

A specific disease process that has occurred in clear and close temporal or spatial relationship to the onset of brain infarction such as arterial dissection, cardiac or arterial surgery, and cardiovascular interventions

Possible

Evidence for an evident other cause in the absence of complete diagnostic investigation for mechanisms listed above

Undertermined Cause

Unknown

Cryptogenic embolism:

Angiographic evidence of abrupt cut-off consistent with a blood clot within otherwise angiographically normal appearing intracranial arteries

OR

Imaging evidence of complete recanalization of previously occluded artery **OR**

Presence of multiple acute infarctions that have occurred closely-related in time without detectable abnormality in the relevant vessels

Other cryptogenic

Those not fulfilling the criteria for cryptogenic embolism

Incomplete evaluation

The absence of diagnostic tests that, up to the examiner's judgment, their presence would have been essential to uncover the underlying etiology

Unclassified

The presence of more than one possible or evident mechanism where there is either probable evidence for each, or no probable evidence to be able to establish a single cause

Other Stroke (OS) Not meeting criteria for SAH, IPH, OH, or INF (e.g. cerebral sinus thrombosis with IPH, dissection)

Unknown Stroke Type (UNK) Insufficient data to classify as SAH, IPH, OH, INF, or OS (e.g. no data available)

HEART FAILURE DEFINITION: Defined as hospitalization, or emergency department visit requiring treatment with infusion therapy, for a clinical syndrome that presents with <u>multiple</u> signs and symptoms consistent with cardiac decompensation/inadequate cardiac pump function. Adjudication will use the ARIC study adjudication system (12). The SPRINT HF outcome will include definite or possible acute decompensation, including HF with preserved left ventricular ejection fraction as well as HF with reduced ejection fraction. HF cases may also be adjudicated as chronic stable HF but this is not considered a SPRINT outcome. No identification of HF should rely on a single piece of data such as the presence of dyspnea or of edema, a low ejection fraction, or an increased brain naturetic peptide (BNP) value.

In order to consider an ED only visit as either definite or possible decompensated HF, the medical record must contain specific, clear, and unequivocal documentation that IV therapy was administered, regardless of the strength of the history, physical exam, and evaluations. Intravenous therapy must consist of a loop diuretic or an inotropic agent.

Right sided heart failure due to lung disease with no component of left sided heart failure is very unlikely to respond to SPRINT interventions. Right sided heart failure will not be considered a SPRINT outcome and will not be adjudicated as such.

Evidence of signs and symptoms that may indicate new or decompensated heart failure include evidence of increasing or new onset shortness of breath, increasing or new onset edema, increasing or new onset paroxysmal nocturnal dyspnea, increasing or new onset orthopnea, increasing or new onset hypoxia; and evidence in the doctor's notes that the reason for this hospitalization, or ED visit, was heart failure. Avoid assigning a classification of definite or possible decompensated heart failure if the symptoms include edema without respiratory symptoms unless there is other compelling evidence of heart failure.

Definite decompensated heart failure, i.e., decompensation clearly present based on available data (satisfies criteria for decompensation).

Possible decompensated heart failure, i.e., decompensation possibly but not definitively present. A typical case of "possible" rather than "definite" would be due to the presence of comorbidity that could account for the acute symptoms (COPD exacerbation, for example). In general, prefer "possible" whenever the evidence for decompensation (symptoms, signs, imaging) is subtle.

Chronic stable heart failure i.e., no decompensation but participant has chronic heart failure. "Stable" also denotes "compensated" heart failure (not necessarily asymptomatic, but that patient's chronic HF symptoms are controlled with therapy and there is no evidence of augmentation of therapy for worsening HF during the hospitalization.) Note: This includes participants with asymptomatic LV dysfunction (evidence of LV systolic dysfunction, i.e., EF \leq 50%, and no heart failure symptoms).

HF unlikely should generally be chosen if the patient is on chronic dialysis and symptoms are due to inadequate dialysis with no evidence of cardiac systolic or diastolic dysfunction or history of clinical heart failure. Patients with ESRD on dialysis may be classified as "possible decompensated HF" (or possibly "definite") when there is appropriate supporting evidence for heart failure and the primary cause of the exacerbation is unlikely due to inadequate or missed dialysis. Patients with ESRD and low LVEF who had inadequate dialysis as the cause of volume overload should be classified as HF unlikely.

DEATH DEFINITIONS: Causes of death include:

- **Underlying cause** of death is the disease or injury that initiated the event resulting in death
- **Contributory causes** of death include other conditions that contributed to the fatal process, but were not the underlying cause.
- **Immediate cause** of death is the final disease or condition resulting in death and if different from the underlying cause is not recorded.

In SPRINT the adjudicator will only record the main <u>underlying</u> cause of death.

SPRINT-related outcomes

Definite CVD death events will be defined based on temporal relationship to a documented event (e.g., hospitalization for MI or for stroke), or postmortem findings of an acute CVD event. Probable <u>coronary heart disease (CHD) death</u> (2) will be defined based on autopsy findings consistent with chronic CHD, prior history of CHD or documented symptoms consistent with CHD prior to death, and the absence of another likely cause of death. Possible fatal CHD will be adjudicated based on death certificate information consistent with an underlying CHD cause and no evidence of a non-coronary cause.

Case classification of fatal CHD events for hospitalized patients (2):

Definite fatal MI

- 1. Death within 28 days of hospital admission in definite MI cases
- 2. Postmortem findings consistent with MI within 28 days
- Probable fatal MI
 - 1. Death within 28 days of hospital admission in cases defined in probable MI cases
 - 2. Death within 6 hours of hospital admission with cardiac symptoms and/or signs.

Other confirmatory data (biomarkers, ECG) are absent or not diagnostic. Possible fatal coronary event

1. Death within 28 days of hospital admission for possible MI, unstable angina or chronic stable angina

2. Postmortem findings show old infarct and/or \geq 50% atherosclerotic narrowing of coronary arteries.

Case classification of <u>out-of-hospital CHD death (2)</u>:

Definite fatal MI:

- 1. Documented definite or probable MI in the previous 28 days and
- 2. No evidence of a noncoronary cause of death, or

3. Autopsy evidence of recent coronary occlusion or MI <28 days old. Definite fatal CHD:

1. A history of CHD and/or documented cardiac pain within 72 hours before death and

2. No evidence of a noncoronary cause of death, or

3. Autopsy evidence of chronic CHD, including coronary atherosclerosis and myocardial scarring.

Possible fatal CHD:

An ICD code (underlying cause) for CHD death (ICD 9*: 410 to 414, 427.5, 429.2; ICD 10: I20 to 25 and I46) and no evidence of a noncoronary cause of death

Stroke: Death occurring or following cases meeting criteria for stroke.

Sudden cardiac death: death occurring within 1 hour of onset of symptoms, and suggestive of an arrhythmic event

* Sudden cardiac death must occur within one hour of symptom onset of a cardiac etiology and witnessed loss of consciousness with no other lethal non-atherosclerotic cause. Do not select this choice for unwitnessed deaths.

CHF: Death due to clinical, radiologic, or postmortem evidence of CHF without clinical or postmortem evidence of an acute ischemic event (cardiogenic shock included)

Not cardiac but other cardiovascular (e.g. ruptured aortic aneurysm): this category is intended for classifications of cardiovascular diseases for which hypertension is a risk factor that are not included in other causes listed above. It includes death due to ruptured thoracic or abdominal aortic aneurysm, and intestinal ischemia due to rupture of atherosclerotic plaque or due to cardioembolic phenomena (e.g. atrial fibrillation). This classification can be selected for participants who die of complications of attempted surgical repair of an aneurysm that did not rupture. Do not select this criterion for pulmonary embolism. Do not select this choice for an acute traumatic rupture of an otherwise normal artery (no aneurysm found), or for complications of arteritis due to known inflammatory conditions. Prefer definitive evidence, such as CT scan showing a ruptured aortic aneurysm, of the presence of this condition.

Death from kidney disease: In the absence of other causes, death within 30 days of withdrawal from chronic dialysis, death from hyperkalemia, death in ESRD patient in whom dialysis not initiated.

<u>It is important to rule out other causes of death.</u> For example, if a patient has terminal cancer and decides to withdraw from dialysis, the cause of death should be classified as death from malignancy, rather than uremia.

Death related to dialysis: Death related to the dialysis procedure, not the result of impaired kidney function. Examples are intradialytic hemolysis or air embolism as a result of extracorporeal circuit malfunctioning, and sepsis as a result of infected hemodialysis catheters or peritoneal dialysis catheters.

Adjudicators will also use specific information available to them in the case to record whether deaths occurred in relationship to an invasive procedure. There are two categories of intervention related events:

Death after invasive <u>cardiovascular</u> intervention. Death within 28 days of cardiovascular surgery or within 7 days of cardiac cath, arrhythmia ablation, angioplasty, atherectomy, stent

deployment, or other invasive coronary vascular intervention. Cardiovascular procedures include PAD procedures, including amputation for ischemia.

<u>Non-SPRINT related outcomes</u>: Require documentation of a specific underlying cause in medical records and/or autopsy. Categories include:

Other cardiac/non-ischemic (eg, myocarditis) Cancer

Accident/injury/homicide

- Other non-cardiac, non-stroke death: requires evidence of a non-coronary and non-stroke cause of death exclusive of categories above. Deaths included in this category include those due to specific pulmonary diseases (eg, COPD), infection (eg, sepsis, pneumonia), and gastrointestinal disease (eg, gastrointestinal hemorrhage, pancreatitis).
- Unclassifiable: insufficient information to determine whether the death was a CHD death (at any certainty level) or a non-cardiac death. Includes other ill-defined and unknown cause of morbidity and mortality and no evidence of a non-coronary cause

END STAGE RENAL DISEASE DEFINITION: One of the clinical outcomes of interest in SPRINT is the initiation of renal replacement therapy for ESRD. In order to meet criteria for SPRINT, a participant must have been on chronic dialysis for at least 3 months and/or received a renal transplant. The adjudicator will examine medical records to confirm whether the participant was currently on dialysis (any modality(ies)), and had received RRT for at least 3 months continuously, and if so, enter the date of initiation of dialysis (date of first treatment). The adjudicator will also confirm whether the participant received a transplant, and if so, the date of the transplant. Acute dialysis for management of acute kidney injury will not be considered a SPRINT ESRD outcome.

Section 4. Multiple imputation to assess the influence of missing outcome data

General Approach

We used the non-parametric risk-set imputation approach of Hsu and Taylor(13) to investigate the influence of incomplete ascertainment of outcomes, i.e. participants that did not complete any outcome ascertainment during follow-up or those with incomplete follow-up. Briefly, this approach works by fitting two Cox proportional hazards regression models, separately by treatment group, one for the observed event times and the other for the observed censoring times. Let $X = \{X_1, X_2, ..., X_p\}$ be a set of auxiliary variables, which we assume to be timeindependent. If we let $\beta_E = \{\beta_{1E}, \beta_{2E}, ..., \beta_{pE}\}$ and $\beta_C = \{\beta_{1C}, \beta_{2C}, ..., \beta_{pC}\}$ be the estimated log hazard ratios from the event and censoring models respectively, then define risk-scores from each model as the linear combinations, $RS_E = X\beta_E$ and $RS_C = X\beta_C$. After standardizing the riskscores by subtracting the mean and dividing by the standard deviation, the scaled risk scores are then used to define a pair-wise distance between participants *j* and *k* as

$$d(j,k) = \sqrt{w\{RS_E(j) - RS_E(k)\}^2 + (1-w)\{RS_C(j) - RS_C(k)\}^2},$$

where *w* is a weight used to account for dependent censoring. The imputing risk set is then a group of *NN* participants with longer follow-up times than subject *j* and the smallest pair-wise distances (or simply the number of participants still at risk if it is less than *NN*). Observations are then imputed by drawing an event time from the Kaplan-Meier estimate of participants in the imputing risk set (14).

Details of Multiple Imputation Procedure

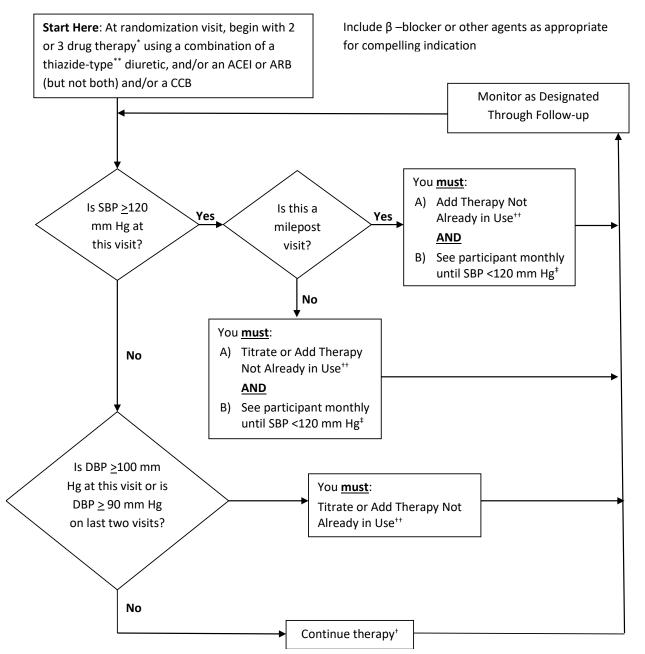
For all scenarios, we used 10 imputed datasets. We varied both the censoring weight (w = 0.2, 0.5, or 0.8) and the size of the imputing risk-set (*NN*=5, 10, 15, or 20). Outcomes were not imputed for participants that either experienced the event of interest, or those with complete follow-up through the extended follow-up visits. For participants that were censored prior to the close-out visit, we set the maximum observation time as the time between July 26, 2016 and their date of randomization. The lone exception to this was if a participant died during follow-up, then their maximum observation time was the time between their date of death and randomization.

We used the following baseline auxiliary variables to define the risk-sets: age, sex, race/ethnicity (White, Black, Hispanic, or Other), education (less than high school education, high school graduate, additional training beyond high school but no college degree, college graduate or higher), smoking status (never, former, or current smoker), polypharmacy (<5 medications, 5 to <10 medications, 10 or more medications), history of cardiovascular disease (CVD, Yes vs No), estimated glomerular filtration rate (eGFR), log urine albumin to creatinine ratio, serum bicarbonate, HDL cholesterol, body mass index, systolic blood pressure (SBP), diastolic blood pressure (DBP), use of aspirin, use of statins, Montreal Cognitive Assessment (MoCA) score, Digit Symbol Coding score, physical and mental component summary scores from the VR-12, and a PHQ-9 score ≥ 10 (yes vs no). There was a small degree of sporadic missing data amongst the baseline auxiliary variables, so we first imputed those variables based on a fully conditional specification as shown in the table below. The base set of predictors for those imputations included the following set of variables with no missing data: age, sex, race/ethnicity, education, history of CVD, smoking status, SBP, DBP, polypharmacy, use of statins, and use of aspirin.

Auxiliary Variable	No. Missing (%)	Imputation Model	Predictors
Body Mass Index (BMI)	76 (0.8)	Linear	Base Set
HDL Cholesterol (HDL)	38 (0.4)	Linear	Base Set + BMI
Serum Bicarbonate (CO2)	27 (0.3)	Linear	Base Set + BMI + HDL
eGFR	53 (0.6)	Linear	Base Set + BMI + HDL + CO2
Log Urine Albumin to Creatinine Ratio (log UACR)	449 (4.8)	Linear	Base Set + BMI + HDL + CO2+ eGFR
MoCA Score (MoCA)	65 (0.7)	Linear	Base Set + BMI + HDL + CO2 + eGFR + log UACR
Digit Symbol Coding Score (DSC)	87 (0.9)	Linear	Base Set + BMI + HDL + CO2 + eGFR + log UACR + MoCA
VR-12 Physical Component Summary Score (VR-12 PCS)	42 (0.4)	Linear	Base Set+BMI+HDL+CO2+eGFR+log UACR+MoCA+DSC
VR-12 Mental Component Summary Score (VR-12 MCS)	48 (0.5)	Linear	Base Set + BMI + HDL + CO2 + eGFR + log UACR + MoCA + DSC + VR-12 PCS
PHQ-9 Score ≥ 10	47 (0.5)	Logistic	Base Set + BMI + HDL + CO2 + eGFR + log UACR + MoCA + DSC + VR-12 PCS + VR-12 MCS

The multiple imputation procedure was implemented using *proc mi* and *proc mianalyze* in SAS v9.4 (SAS, Cary, NC), and the *InformativeCensoring* package for the R Statistical Computing Environment (15).





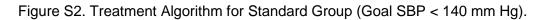
* May begin with a single agent for participants 75 years old or older with SBP < 140 on 0-1 meds at study entry. A second medication should be added at the 1 Month visit if participant is asymptomatic and SBP > 130.

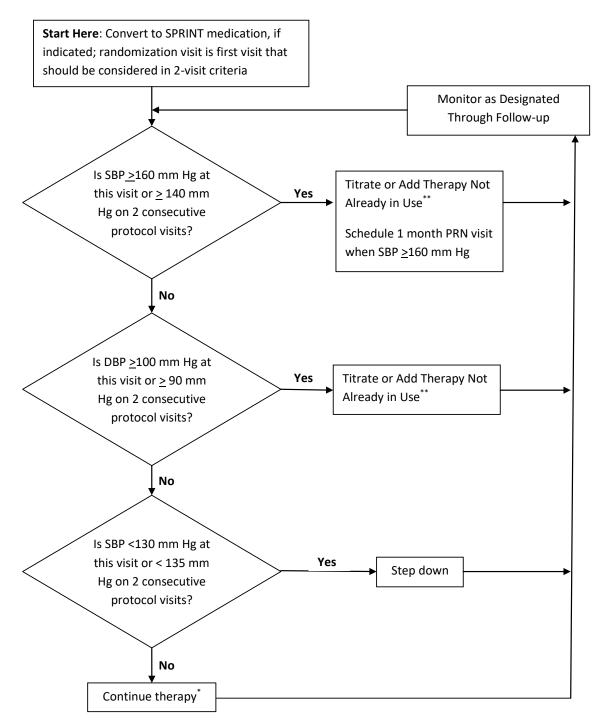
** May use loop diuretic for participants with advanced CKD

+ Unless side effects warrant change in therapy

⁺⁺ Consider consulting with the Clinical Center Network before adding a fifth anti-hypertensive medication

‡ Or until clinical decision made that therapy should not be increased further





Include β –blocker or other agents as appropriate for compelling indications

* Unless side effects warrant change in therapy

** Consider consulting with the Clinical Center Network before adding a fifth anti-hypertensive medication



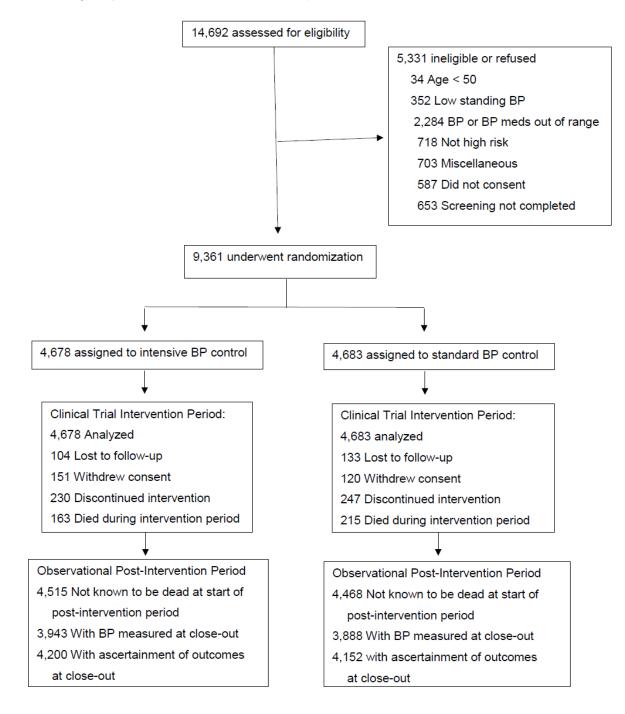
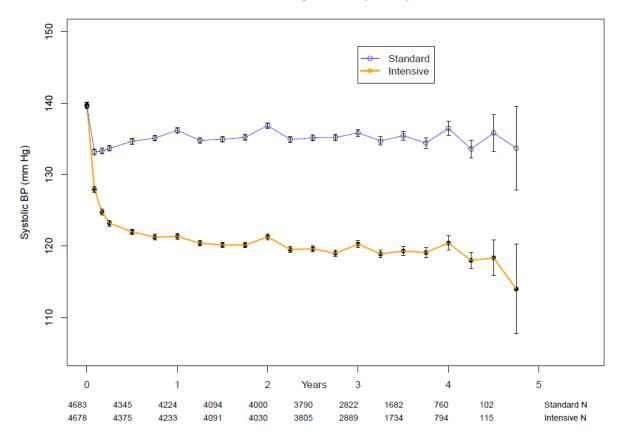
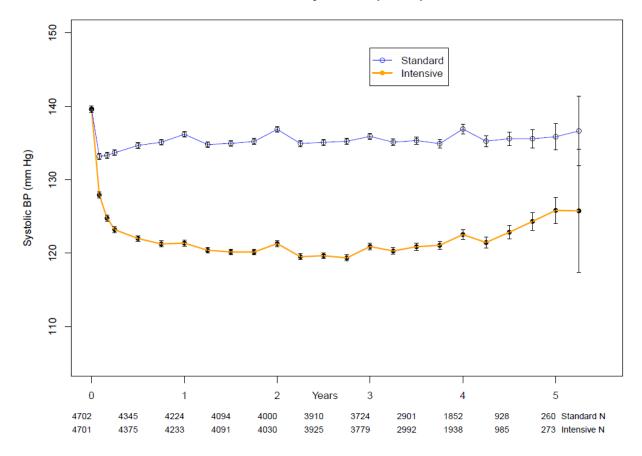


Figure S4. Mean Systolic BP through August 20, 2015

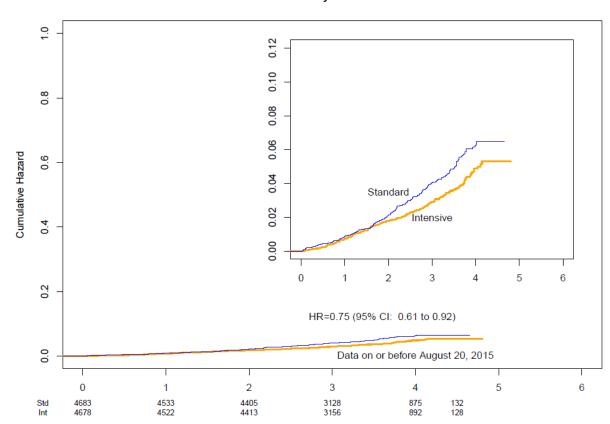


Mean Systolic BP (95% CI)





Mean Systolic BP (95% CI)



All-Cause Mortality Cumulative Hazards

Figure S6. All-cause mortality cumulative hazards through August 20, 2015

Figure S7. Forest Plot of Total Mortality by Subgroups in Intervention Phase (on or before August 20, 2015).

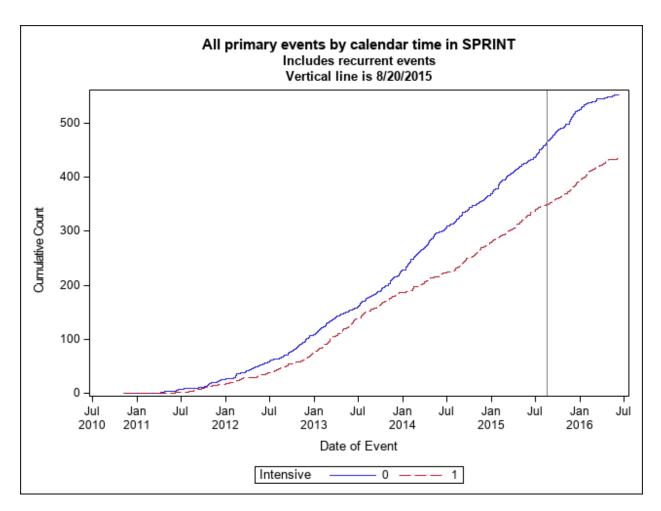
Overall event rates and percentages are reported for each subgroup by treatment. Estimated hazard ratios and 95% confidence intervals were estimated separately within subgroups. Unadjusted p-values for the tests of the interactions between treatment and the subgroups are reported in the right-most column. The solid line for a hazard ratio equal to 1 represents no effect. The box sizes are proportional to the precision of the estimates. HR denotes hazard ratio, Int P denotes interaction P value, CKD denotes chronic kidney disease, CVD denotes cardiovascular disease, and SBP denotes systolic blood pressure. Note that the 'No Prior CKD' group includes some participants with unknown CKD status at baseline, and African-American includes Hispanic African-Americans and African-American as part of a multiracial identification. Interaction p values are adjusted for multiple comparisons.

Subgroup	Intensive	Standard	HR	Int P	
Overall	163/4678 (3.48)	215/4683 (4.59)	0.75 (0.61,0.92)		
No Prior CKD	88/3349 (2.63)	116/3367 (3.45)	0.77 (0.58,1.02)	0.77	
Prior CKD	75/1329 (5.64)	99/1316 (7.52)	0.74 (0.54,1.00)		
Age < 75	84/3361 (2.50)	107/3364 (3.18)	0.77 (0.58,1.03)	0.77	
Age≥75	79/1317 (6.00)	108/1319 (8.19)	0.72 (0.53,0.97)		
 Female	49/1684 (2.91)	56/1648 (3.40)	0.85 (0.58,1.25)	0.49	
Male	114/2994 (3.81)	159/3035 (5.24)	0.72 (0.57,0.92)		
African-American	54/1454 (3.71)	57/1493 (3.82)	0.95 (0.65,1.39)	0.09	
Non African-American	109/3224 (3.38)	158/3190 (4.95)	0.66 (0.52,0.84)		_∎_
No Prior C∨D	111/3738 (2.97)	143/3746 (3.82)	0.77 (0.60,0.98)	0.74	
Prior CVD	52/940 (5.53)	72/937 (7.68)	0.70 (0.48,1.01)		∎
SBP ≤ 132	48/1583 (3.03)	65/1553 (4.19)	0.75 (0.51,1.09)	0.72	
132 < SBP < 145	44/1489 (2.96)	65/1549 (4.20)	0.70 (0.47,1.03)		
SBP ≥ 145	71/1606 (4.42)	85/1581 (5.38)	0.83 (0.60,1.14)		

0.40 0.60 1.0 1.4 Hazard Ratio

P-values adjusted for multiple subgroups tested.

Figure S8. Cumulative counts of all SPRINT primary events by randomized treatment assignment group, including events occurring during the intervention phase (through August 20, 2015, left of vertical line) and the post-interventional follow-up phase (August 21, 2015 through July 29, 2016, right of vertical line).



Intensive treatment goal (1) compared to standard treatment goal (0) Plot includes all SPRINT primary events, fatal and non-fatal, as well as multiple events per person.

Table S1. SPRINT Formulary

Class			Usual Dose	Usual Daily
	Drug	Available Strengths	Range/Day	Frequency
Diuretics	Chlorthalidone	25mg	12.5 – 25mg	1
	Furosemide	20mg, 40mg, 80mg	20 – 80mg	2
	Spironolactone	25mg	25-50 mg	1
	Triamterene/HCTZ	75/50mg	37.5/25mg – 75/50 mg	1
	Amiloride	5 mg	5-10 mg	1-2
Ace Inhibitors		5mg, 10mg, 20mg,		
	Lisinopril	40mg	5 – 40mg	1
Angiotensin	Losartan	25mg, 50mg, 100mg	25 – 100 mg	1-2
Receptor	Azilsartan	40mg, 80mg	40 – 80 mg	1
Blockers			40/12.5 -	
	Azilsartan/Chlorthalidone	40/12.5mg, 40/25mg	40/25 mg	1
Calcium		120mg, 180mg, 240mg,		
Channel	Diltiazem	300mg	120 – 540 mg	1
Blockers	Amlodipine	2.5mg, 5mg, 10mg	2.5 – 10 mg	1
Beta Blockers	Metoprolol Tartate	25mg, 50mg, 100mg	50 – 200 mg	1-2
	Atenolol	25mg, 50mg, 100mg	25 – 100 mg	1
	Atenolol/Chlorthalidone	50/25mg	50/25 mg	1
Vasodilators	Hydralazine	25mg, 50mg, 100mg	50 – 200 mg	2
	Minoxidil	2.5mg, 10mg	2.5 – 80 mg	1-2
Alpha 2				
Agonists	Guanfacine	1mg, 2mg	0.5 – 2 mg	1
Alpha Blockers	Doxazosin	1mg, 2mg, 4mg, 8mg	1 – 16 mg	1
Potassium	KCL tablets	20mEq	20 – 80 mEq	1-2
Supplements	KCL oral solution (10%)	20mEq/15ml	20 – 80 MEq	1-2
the study and m	cations are included in a restri ay be prescribed for individua esentative for each CCN.		sultation with and approva	l from a
			Usual Dose Range in	Usual Daily
Class	Drug	Available Strengths	mg/day	Frequency
			10-40/	
Ace Inhibitors	Lisinopril/HCTZ	20/12.5mg, 20/25mg	12.5 – 50 mg	1
Adrenergic				_
inhibitors	Reserpine	0.1mg, 0.25mg	0.1 – 0.25 mg	1
Alpha 2				
Agonists	Clonidine patch	0.1mg, 0.2mg, 0.3mg	0.1 – 0.3 mg	1 wkly
		25mg, 50mg, 100mg,		
Beta blockers	Metoprolol ER	200mg	50 – 200 mg	1
Diuretics	Amiloride/HCTZ	5/50mg	5/50 mg	1
Thiazide				
diuretics	HCTZ	12.5mg, 25mg	12.5 – 50 mg	1
Angiotensin				
Receptor				
Blockers	Valsartan	80mg, 160mg, 320mg	80 – 320 mg	1-2

Table S2. Baseline characteristics of the study participants.*

	Intensive Treatment (N=4678)	Standard Treatment (N=4683)
Inclusion criteria		
Age ≥75 years	1317 (28.2)	1319 (28.2)
Baseline chronic kidney disease (estimated GFR <60)	1329 (28.4)	1316 (28.1)
Prior cardiovascular disease	940 (20.1)	937 (20.0)
Clinical	779 (16.7)	783 (16.7)
Subclinical	247 (5.3)	246 (5.3)
10-year Framingham Risk ≥15%	3556 (76.0)	3547 (75.7)
Only Framingham Risk ≥15%	1542 (33.0)	1546 (33.0)
Gender (female)	1684 (36.0)	1648 (35.2)
Age (years)	67.9 (9.4)	67.9 (9.5)
Race (4-level category)		
Black	1379 (29.5)	1423 (30.4)
Hispanic	503 (10.8)	481 (10.3)
White	2698 (57.7)	2701 (57.7)
Other	98 (2.1)	78 (1.7)
Black raceł	1454 (31.1)	1493 (31.9)
Age ≥75 years	1317 (28.2)	1319 (28.2)
Age among those ≥75 years	79.8 (3.9)	79.9 (4.1)
Baseline blood pressure, mm Hg		
Systolic	139.7 (15.8)	139.7 (15.4)
Diastolic	78.2 (11.9)	78.0 (12.0)
Systolic blood pressure tertile, mm Hg		
SBP ≤ 132	1583 (33.8)	1553 (33.2)
132 < SBP < 145	1489 (31.8)	1549 (33.1)
SBP ≥ 145	1606 (34.3)	1581 (33.8)
Serum creatinine (mg/dL)	1.07 (0.34)	1.08 (0.34)
Estimated glomerular filtration rate, ml/min/1.73m2		
Overall	71.8 (20.7)	71.7 (20.5)

	Intensive Treatment (N=4678)	Standard Treatment (N=4683)
Non-CKD cohort	81.3 (15.5)	81.1 (15.5)
CKD cohort	47.8 (9.5)	47.9 (9.5)
Urine albumin/creatinine (mg/g)	44.1 (178.7)	41.1 (152.9)
Total cholesterol (mg/dL)	190.2 (41.4)	190.0 (40.9)
Fasting HDL-C (mg/dL)	52.9 (14.3)	52.8 (14.6)
Fasting total triglycerides (mg/dL)	124.8 (85.8)	127.1 (95.0)
Fasting plasma glucose (mg/dL)	98.8 (13.7)	98.8 (13.4)
Statin use	1978 (42.6)	2076 (44.7)
Aspirin use	2406 (51.6)	2350 (50.4)
Smoking		
Never smoker	2051 (43.8)	2072 (44.2)
Former smoker	1977 (42.3)	1996 (42.6)
Current smoker	639 (13.7)	601 (12.8)
Missing	11 (0.3)	14 (0.3)
Body mass index (kg/m2)	29.9 (5.8)	29.8 (5.7)
Number of medication agents entering baseline visit	1.8 (1.0)	1.8 (1.0)
Not using hypertensive agents	432 (9.2)	450 (9.6)

*Mean (SD) or N (%)

ł includes Hispanic and non-Hispanic

Table S3. First occurrence of outcomes in the randomized trial intervention phase as previously reported,* outcomes added in the current report, and the total number after final adjudication of all outcomes.†

	with Outcomes			Standard Treatment: No. of Participants with Outcomes			
	Previously Reported*	Additional Outcomes Added	Total Outcomes Reported	Previously Reported*	Additional Outcomes Added	Total Outcomes Reported	
All Participants		N = 4678			N = 4683		
Primary	243	21	264	319	35	354	
Outcome‡			-				
Secondary Outcom	es	L	•		•		
Myocardial	97	5	102	116	24	140	
infarction							
Acute coronary	40	2	42	40	1	41	
syndrome							
Stroke	62	7	69	70	8	78	
Heart failure	62	6	68	100	5	105	
Death –	37	4	41	65	6	71	
cardiovascular							
Death – any	155	8	163	210	5	215	
cause							
Primary	332	38	370	423	51	474	
outcome or death							
Participants with		N = 1330			N = 1316		
CKD at baseline							
Composite renal	14	3	17	15	1	16	
outcome§							
≥ 50%	10	2	12	11	1	12	
reduction in eGFR¶							
Long-term	6	1	7	10	0	10	
dialysis							
Kidney	0	0	0	0	0	0	
transplantation							
Incident	49/526	15	64	59/500	26	85	
albuminuriall				-			
Participants		N = 3332			N = 3345		
without CKD at							
baseline			1			1	
≥ 30%	127	21	148	37	4	41	
reduction in							
eGFR¶							
Long-term	0	0	0	0	0	0	
dialysis							
Kidney	0	0	0	0	0	0	
transplantation							
Incident	110/1769	32	142	135/1831	49	184	
albuminuriall							

*The SPRINT Research Group. A randomized trial of intensive versus standard blood pressure control. New Engl J Med 2015;373:2103-16.

†CKD denotes chronic kidney disease, eGFR estimated glomerular filtration rate

‡ The primary outcome was the first occurrence of myocardial infarction, acute coronary syndrome not resulting in infarction, stroke, acute decompensated heart failure, or death from cardiovascular causes. Primary outcome components are shown including fatal and non-fatal cases.

§The composite renal outcome for participants with CKD at baseline was the first occurrence of a reduction in eGFR of 50% or more, long-term dialysis, or kidney transplantation.

¶Reductions in eGFR were confirmed by a second laboratory test at least 90 days later.

Illncident albuminuria was defined by a doubling of the ratio of urinary albumin (in mg) to creatinine (in g) from less than 10 at baseline to greater than 10 during follow-up. The denominators for number of participants represent those without albuminuria at baseline

Clinical Trial Intervention Period* **Observational Post-Intervention Period**** Hazard Ratio Hazard Ratio Intensive Standard Intensive Interaction Standard Treatment Treatment (95% CI) Treatment Treatment (95% CI) P Valuett All Participants N = 4678 N = 4683 N = 4515 N = 4468 % per year % per % per vear % per year vear 2.35 Primary outcomet 1.77 2.40 0.74 (0.63-0.87) 2.70 0.85 (0.61-1.17) 0.44 1.48 1.97 Primary outcome 0.75 (0.63-0.89) 1.64 2.29 0.75 (0.51-1.07) 0.99 without non-fatal heart failure Secondary outcomes Myocardial 0.68 0.93 0.74 (0.57-0.94) 0.58 0.56 (0.30-1.00) 0.40 0.96 infarction Acute coronary 0.28 0.27 0.98 (0.64-1.49) 0.13 0.27 0.67 (0.15-2.09) 0.55 syndrome Stroke 0.45 0.52 0.85 (0.62-1.17) 0.44 0.81 0.63 (0.29-1.24) 0.42 Heart failure 0.45 0.70 0.68 (0.50-0.92) 1.42 0.59 1.63 (1.02-2.57) 0.001 Non-fatal heart 0.69 (0.50-0.93) < 0.001 0.43 0.67 1.42 0.59 1.67 (1.04-2.64) failure 0.27 0.47 0.56 (0.38-0.82) 0.66 0.71 0.07 Death -1.08 (0.57-1.95) Cardiovascular 0.97 (0.69-1.34) Death – any cause 1.06 0.75 (0.61-0.91) 2.31 0.16 1.41 2.51 Primary outcome or 2.47 3.20 0.78 (0.68-0.88) 3.90 4.20 0.92 (0.71-1.18) 0.22 death Participants with N =1330 N = 1316 N = 1148 N = 1125 CKD at baseline⁺ Composite renal 0.37 0.99 (0.50-1.93) 0.16 0.50 0.37 (0.02-2.06) 0.31 0.39 outcome§ 0.28 0.28 1.07 (0.48-2.40) 0.16 0.43 (0.02-2.54) \geq 50% reduction 0.17 0.37 in eGFR†¶ 0.16 0.23 0.60 (0.22-1.51) 0.16 0.33 1.54 (0.08-12.39) 0.47 Long-term dialysis Kidnev 0 0 0 0.17 transplantation 4.71 Incident 3.93 5.61 0.71 (0.50-0.99) 2.30 0.64 (0.21-1.54) 0.83 albuminuria∥

Table S4. First occurrence of outcomes during clinical trial intervention period and during observational post-intervention periods.

Participants without CKD at baseline	N = 3332	N = 3345		N = 2887	N = 2967		
≥ 30% reduction in eGFR¶	1.39	0.38	3.71 (2.68-5.22)	0.64	0.43	1.37 (0.62-2.79)	0.004
Long-term dialysis	0	0		0	0		
Kidney transplantation	0	0		0	0		
Incident albuminurial	2.54	3.25	0.79 (0.63-0.98)	0.99	1.76	0.42 (0.19-0.84)	0.09

* Includes additional events not previously reported¹

† CI denotes confidence interval, CKD chronic kidney disease, eGFR estimated glomerular filtration rate

[‡] The primary outcome was the first occurrence of myocardial infarction, acute coronary syndrome not resulting in infarction, stroke, acute decompensated heart failure, or death from cardiovascular causes. Primary outcome components are shown including fatal and non-fatal cases, except where noted for non-fatal heart failure.

§ The composite renal outcome for participants with CKD at baseline was the first occurrence of a reduction in eGFR of 50% or more, long-term dialysis, or kidney transplantation.

¶ Reductions in eGFR ere confirmed by a second laboratory test at least 90 days later.

Illncident albuminuria was defined by a doubling of the ratio of urinary albumin (in mg) to creatinine (in g) from less than 10 at baseline to greater than 10 during follow-up. The denominators for number of participants represent those without albuminuria at baseline

** Participants not known to be dead as of the beginning of the post-trial observational period included in analyses

++ P values represent comparison using an indicator for on/before or after August 20, 2015, in a time-varying-covariate model. Inferences drawn from these tests may not be reproducible since none of the p-values or 95% confidence intervals are adjusted for multiplicity

Note that there are small differences between models shown in this Table and models shown in Tables 1 and 2. This Table includes data from both the

intervention and post-intervention observational periods and uses a time varying covariate model including an interaction term. These small differences in results relate to differences in baseline hazards between the models employed to create these Tables.

Table S5. Medication changes by randomized treatment assignment group comparing the last visit in the intervention phase (through August 20, 2015) to the first post-intervention visit in the observational phase (August 21, 2015 through July 29, 2016) among participants with both types of visits (data presented are N [%]).*‡

Medication	Standard Ir	ntervention	N = 4006	Intensive In	tervention N :	= 4055	P value†
	Stopped	No change	Added	Stopped	No change	Added	
ACE inhibitor	36 (0.9%)	3891 (97.1%)	79 (2.0%)	47 (1.2%)	3993 (98.5%)	15 (0.4%)	<0.001
Aldosterone receptor blocker	5 (0.1%)	3993 (99.7%)	8 (0.1%)	17 (0.4%)	4026 (99.3%)	12 (0.3%)	0.22
Combined alpha- and beta- blocker§	5 (0.1%)	3991 (99.6%)	10 (0.2%)	3 (0.1%)	4047 (99.8%)	5 (0.1%)	0.53
Alpha-1 blocker	12 (0.3%)	3989 (99.6%)	5 (0.1%)	20 (0.5%)	4028 (99.3%)	7 (0.2%)	0.38
Angiotensin II receptor blocker	41 (1.0%)	3919 (97.8%)	46 (1.1%)	39 (1.0%)	3986 (98.3%)	30 (0.7%)	0.26
Central alpha-2 agonists/other centrally acting drugs	3 (0.1%)	4001 (99.9%)	2 (0.0%)	3 (0.1%)	4051 (99.9%)	1 (0.0%)	0.74
Direct vasodilator	2 (0.0%)	3995 (99.7%)	9 (0.2%)	21 (0.5%)	4026 (99.3%)	8 (0.2%)	0.002
Potassium sparing diuretic	11 (0.3%)	3991 (99.6%)	4 (0.1%)	5 (0.1%)	4048 (99.8%)	2 (0.0%)	0.39
Loop diuretic	14 (0.3%)	3978 (99.3%)	14 (0.3%)	19 (0.5%)	4016 (99.0%)	20 (0.5%)	0.90
Non- dihydropyridine calcium channel blocker	14 (0.3%)	3986 (99.5%)	6 (0.1%)	6 (0.1%)	4043 (99.7%)	6 (0.1%)	0.15
Beta blocker without intrinsic sympathomimetic activity	25 (0.6%)	3947 (98.5%)	34 (0.8%)	35 (0.9%)	3989 (98.4%)	31 (0.8%)	0.24
Thiazide-type diuretics	64 (1.6%)	3826 (95.5%)	116 (2.9%)	105 (2.6%)	3920 (96.7%)	30 (0.7%)	<0.001
Any diuretic	69 (1.7%)	3824 (95.5%)	113 (2.8%)	103 (2.5%)	3910 (96.4%)	42 (1.0%)	<0.001
Any ACE or ARB	71 (1.8%)	3818 (95.3%)	117 (2.9%)	71 (1.8%)	3953 (97.5%)	31 (0.8%)	<0.001
Any beta blocker	25 (0.6%)	3947 (98.5%)	34 (0.8%)	35 (0.9%)	3989 (98.4%)	31 (0.8%)	0.24
Chlorthalidone	56 (1.4%)	3864 (96.5%)	86 (2.1%)	105 (2.6%)	3926 (96.8%)	24 (0.6%)	<0.001

Hydro-	18 (0.4%)	3950	38 (0.9%)	11 (0.3%)	4027	17	0.12
chlorothiazide		(98.6%)			(99.3%)	(0.4%)	
Other thiazide	0 (0.0%)	4005	1 (0.0%)	1 (0.0%)	4054	0 (0.0%)	0.16
		(100.0%)			(100.0%)		
Triamterene	6 (0.1%)	3996	4 (0.1%)	3 (0.1%)	4051	1 (0.0%)	0.99
		(99.8%)			(99.9%)		
Hydralazine	2 (0.0%)	3995	9 (0.2%)	18 (0.4%)	4029	8 (0.2%)	0.005
		(99.7%)			(99.4%)		
Minoxidil	0 (0.0%)	4006	0 (0.0%)	3 (0.1%)	4052	0 (0.0%)	0.09
		(100.0%)			(99.9%)		

*The first visit in the post-intervention phase could be a close-out visit or a "PRN" visit arranged for follow-up of a specific issue (eg, follow-up for an adverse event)

[†]P value from 2-sided Cochran-Armitage Trend Test for medication changes in standard vs intensive § not available in the SPRINT formulary although some participants may have been prescribed by a SPRINT clinician or by a clinician outside SPRINT

‡ Inferences drawn from these tests may not be reproducible since none of the p-values or 95% confidence intervals are adjusted for multiplicity

ACE, angiotensin converting enzyme; ARB, Angiotensin II receptor blocker

Table S6. Medication changes by randomized treatment assignment group among 55 participants having a heart failure outcome after the intervention phase, comparing the last visit in the intervention phase (through August 20, 2015) to the first post-intervention visit in the observational phase (August 21, 2015 through July 29, 2016) among participants with both types of visits (data presented are N [%]).*

	Standard I	ntervention N	= 19	Intensive Intervention N= 36		
Medication	Stopped	No change	Added	Stopped	No change	Added
ACE inhibitor	0 (0.0%)	19 (100.0%)	0 (0.0%)	2 (5.6%)	34 (94.4%)	0 (0.0%)
Aldosterone	0 (0.0%)	18 (94.7%)	1 (5.3%)	0 (0.0%)	36	0 (0.0%)
receptor blocker					(100.0%)	
Combined	0 (0.0%)	17 (89.5%)	2 (10.5%)	0 (0.0%)	36	0 (0.0%)
alpha- and beta-					(100.0%)	
blocker						
Alpha-1 blocker	0 (0.0%)	19 (100.0%)	0 (0.0%)	0 (0.0%)	36	0 (0.0%)
					(100.0%)	
Angiotensin II	0 (0.0%)	18 (94.7%)	1 (5.3%)	0 (0.0%)	36	0 (0.0%)
receptor blocker					(100.0%)	
Any ACE or ARB	0 (0.0%)	18 (94.7%)	1 (5.3%)	2 (5.6%)	34 (94.4%)	0 (0.0%)
Direct	0 (0.0%)	19 (100.0%)	0 (0.0%)	1 (2.8%)	35 (97.2%)	0 (0.0%)
vasodilator						
Loop diuretic	0 (0.0%)	16 (84.2%)	3 (15.8%)	2 (5.6%)	31 (86.1%)	3 (8.3%)
Non-	0 (0.0%)	19 (100%)	0 (0.0%)	1 (2.8%)	35 (97.2%)	0 (0.0%)
dihydropyridine						
calcium channel						
blocker						
Beta blocker	1 (5.3%)	18 (94.7%)	0 (0.0%)	0 (0.0%)	34 (94.4%)	2 (5.6%)
without intrinsic						
sympathomimet						
ic activity						
Thiazide-type	1 (5.3%)	18 (94.7%)	0 (0.0%)	2 (5.6%)	34 (94.4%)	0 (0.0%)
diuretic						
Any diuretic	0 (0.0%)	17 (89.5%)	2 (10.5%)	2 (5.6%)	32 (88.9%)	2 (5.6%)
Any beta	1 (5.3%)	18 (94.7%)	0 (0.0%)	0 (0.0%)	34 (94.4%)	2 (5.6%)
blocker						
Chlorthalidone	1 (5.3%)	18 (94.7%)	0 (0.0%)	1 (2.8%)	35 (97.2%)	0 (0.0%)
Other thiazide	0 (0.0%)	19 (100%)	0 (0.0%)	1 (2.8%)	35 (97.2%)	0 (0.0%)
Hydralazine	0 (0.0%)	19 (100%)	0 (0.0%)	1 (2.8%)	35 (97.2%)	0 (0.0%)

*includes medications or medication classes with any change between intervention period compared to post-intervention period

ACE, angiotensin converting enzyme; ARB, angiotensin receptor blocker

Table S7. Medication changes by randomized treatment assignment group comparing the last visit in the intervention phase (through August 20, 2015) to the first post-intervention visit in the observational phase (August 21, 2015 through July 29, 2016) among participants with both types of visits (data presented are N [%]): Among all participants and among participants with a heart failure outcome after the intervention phase.*

	All Participants								
	Standard I	ntervention	N = 4006		Intensive	Interventio	n N = 4055		
	Stopped	No	Added	Added	Stopped	No	Added	Added	
		Change		and		Change		and	
				Stopped				Stopped	
Any	143	3552	244	67	204	3688	96	67 (1.7%)	
Medication	(3.6%)	(88.7%)	(6.1%)	(1.7%)	(5.0%)	(90.9%)	(2.4%)		
	Parti	cipants with	Heart Failu	re Outcome	e After Inter	vention Ph	ase		
	Standard I	ntervention	N = 19		Intensive Intervention N = 36				
Any	0 (0.0%)	14	3	2	3 (8.3%)	29	1 (2.8%)	3 (8.3%)	
Medication		(73.7%)	(15.8%)	(10.5%)		(80.6%)			

*includes medications or medication classes with any change between intervention period compared to post-intervention period

Table S8. First occurrence of outcomes combining clinical trial intervention period with observational post-intervention period, through July 29, 2016.*

	Intensive Treatment		Standard Treatm	ent		
All Participants	N = 4678		N = 4683		Hazard Ratio (95%CI)	P value
	No. of Participants (%)	% per year	No. of Participants (%)	% per year		
Primary outcome [†]	315 (6.7)	1.84	411 (8.8)	2.43	0.76 (0.65-0.88)	<0.001
Primary outcome without non-fatal heart failure	258 (5.5)	1.50	342 (7.3)	2.01	0.75 (0.64-0.88)	<0.001
Secondary outcomes						
Myocardial infarction	115 (2.5)	0.66	161 (3.4)	0.94	0.71 (0.56-0.90)	0.005
Acute coronary syndrome	45 (1.0)	0.26	47 (1.0)	0.27	0.95 (0.63-1.43)	0.81
Stroke	79 (1.7)	0.45	96 (2.0)	0.55	0.82 (0.61-1.10)	0.18
Heart failure - all	100 (2.1)	0.57	118 (2.5)	0.68	0.84 (0.64-1.09)	0.19
Heart failure - nonfatal	98 (2.1)	0.56	114 (2.4)	0.66	0.85 (0.65-1.11)	0.23
Death – cardiovascular	56 (1.2)	0.32	87 (1.9)	0.50	0.65 (0.46-0.90)	0.01
Death – any cause	216 (4.6)	1.23	272 (5.8)	1.55	0.79 (0.66-0.94)	0.009
Primary outcome or death	455 (9.7)	2.66	563 (12.0)	3.32	0.80 (0.70-0.90)	<0.001
Participants with CKD at baseline	N = 1330		N = 1316			
Composite renal outcome‡	18 (1.4)	0.36	19 (1.4)	0.39	0.90 (0.47-1.73)	0.76
≥ 50% reduction in eGFR§	13 (1.0)	0.26	13 (1.0)	0.27	0.96 (0.44-2.10)	0.92
Long-term dialysis	8 (0.6)	0.16	12 (0.9)	0.25	0.65 (0.26-1.59)	0.35
Kidney transplantation	0		1 (0.1)	0.02	0.00	0.26
Incident albuminuria	69/526 (13.1)	3.74	94/500 (0.19)	5.51	0.70 (0.50-0.97)	0.03
Participants without CKD	N = 3332		N = 3345			
at baseline						
≥ 30% reduction in e GFR§	158 (4.7)	1.29	48 (1.4)	0.39	3.34 (2.44-4.66)	<0.001
Long-term dialysis	0		0			
Kidney transplantation	0		0			

Incident albuminuria¶	150/1769 (8.5) 2.35	198/1831 (10.8) 3.07	0.75 (0.61-0.93)	0.009

* Includes additional events not previously reported;¹ CI denotes confidence interval, CKD chronic kidney disease, eGFR estimated glomerular filtration rate

†The primary outcome was the first occurrence of myocardial infarction, acute coronary syndrome not resulting in infarction, stroke, acute decompensated heart failure, or death from cardiovascular causes. Primary outcome components are shown including fatal and non-fatal cases, except where noted for non-fatal heart failure‡ The composite renal outcome for participants with CKD at baseline was the first occurrence of a reduction in eGFR of 50% or more, long-term dialysis, or kidney transplantation.

§ Reductions in eGFR ere confirmed by a second laboratory test at least 90 days later.

¶ Incident albuminuria was defined by a doubling of the ratio of urinary albumin (in mg) to creatinine (in g) from less than 10 at baseline to greater than 10 during follow-up. The denominators for number of participants represent those without albuminuria at baseline

I P value for between group differences; inferences drawn from these tests may not be reproducible since none of the p-values or 95% confidence intervals are adjusted for multiplicity

Table S9. Sensitivity analysis for missing data using risk-set multiple imputation* on primary outcome combining clinical trial period with observational post-intervention period through July 29, 2016.

		Hazard ratio (95% CI)	P value
Primary Outcom	Primary Outcome Observed†		<0.001
NN	W		
5	0.2	0.76 (0.65-0.87)	<0.001
	0.5	0.75 (0.65-0.87)	<0.001
	0.8	0.75 (0.65-0.87)	<0.001
10	0.2	0.75 (0.65-0.87)	<0.001
	0.5	0.75 (0.65-0.88)	<0.001
	0.8	0.75 (0.65-0.87)	<0.001
15	0.2	0.76 (0.66-0.88)	<0.001
	0.5	0.76 (0.65-0.89)	<0.001
	0.8	0.75 (0.65-0.87)	<0.001
20	0.2	0.75 (0.65-0.87)	<0.001
	0.5	0.76 (0.65-0.88)	<0.001
	0.8	0.76 (0.65-0.88)	<0.001

*The methods used for multiple imputation are described in Supplementary Appendix Section 4

† See Table S8

Table S10. Serious adverse events, conditions of interest, and monitored clinical events combining data collected during the clinical trial intervention period and observational post-intervention period, through July 29, 2016¶

Variable	Intensive Trea	atment	Standard Trea	atment		
	N = 4678		N = 4683			
	No. of participants (%)	% per year	No. of participants (%)	% per year	Hazard ratio (95% CI)	P Value
Serious adverse event*	1962 (41.9)	14.4	1924 (41.1)	14.0	1.03 (0.97- 1.10)	0.36
Conditions of interest						
Serious adverse event						
Hypotension	112 (2.4)	0.6	63 (1.3)	0.4	1.78 (1.31- 2.44)	<0.001
Syncope	107 (2.3)	0.6	84 (1.8)	0.5	1.27 (0.96- 1.70)	0.10
Bradycardia	91 (1.9)	0.5	80 (1.7)	0.5	1.13 (0.84- 1.53)	0.41
Electrolyte abnormality	156 (3.3)	0.9	116 (2.5)	0.7	1.35 (1.06- 1.72)	0.01
Injurious fall†	126 (2.7)	0.7	115 (2.5)	0.7	1.09 (0.85- 1.41)	0.50
Acute kidney injury or acute renal failure‡	222 (4.7)	1.3	131 (2.8)	0.8	1.70 (1.37- 2.12)	<0.001
Emergency departme	ent visit or serio	us adverse	event	•		
Hypotension	163 (3.5)	0.9	85 (1.8)	0.5	1.93 (1.49- 2.51)	<0.001
Syncope	163 (3.5)	0.9	114 (2.4)	0.7	1.43 (1.13- 1.83)	0.003
Bradycardia	108(2.3)	0.6	89 (1.9)	0.5	1.21 (0.92- 1.61)	0.18
Electrolyte abnormality	189 (4.0)	1.1	141 (3.0)	0.8	1.35 (1.08- 1.68)	0.007
Injurious fall†	383 (8.2)	2.3	349 (7.5)	2.1	1.10 (0.95- 1.27)	0.22
Acute kidney injury or acute renal failure‡	229 (4.9)	1.3	136 (2.9)	0.8	1.69 (1.37- 2.10)	<0.001
Monitored clinical event						
Adverse laboratory m		1		1		1
Serum sodium < 130 mmol/liter	204 (4.4)	1.2	113 (2.4)	0.7	1.82 (1.45- 2.30)	<0.001
Serum sodium > 150 mmol/liter	6 (0.1)	0.0	0 (0.0)	0	-	0.004
Serum potassium < 3.0 mmol/liter	129 (2.8)	0.7	86 (1.8)	0.5	1.50 (1.15- 1.98)	0.003
Serum potassium > 5.5 mmol/liter	206 (4.4)	1.2	195 (4.2)	1.1	1.06 (0.87- 1.28)	0.59

* A serious adverse event was defined as an event that was fatal or life threatening, resulting in significant or persistent disability, requiring or prolonging a hospitalization, or was an important medical event that

the investigator judged to be a significant hazard or harm to the participant that may have required medical or surgical intervention to prevent one of the other events listed above.

† Injurious fall was defined as any fall that resulted in evaluation in an emergency department or resulted in hospitalization, regardless of injury

‡ Acute Kidney Injury and Acute renal failure were coded if the diagnosis was listed in the hospital discharge summary and was felt to be one of the top 3 reasons for admission or continued

hospitalization. Although acute kidney injury was not reportable as a condition of interest if it resulted only in evaluation in an emergency department, it was noted in a few cases in which the participant presented to an emergency department for one of the other conditions of interest.

§ Adverse laboratory measures were detected on routine or unscheduled tests; routine labs were performed at one month, then quarterly during the first year, then every 6 months.

¶ Inferences drawn from these tests may not be reproducible since none of the p-values or 95%

confidence intervals are adjusted for multiplicity

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