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## Supplemental information

## Mitochondrial genome recovery by ATFS-1

### is essential for development after starvation

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## Figure S1: Upon feeding following prolonged L1 arrest, *atfs-1(null)* worms develop slower than wildtype worms and are infertile, Related to Figure 1.

(A) Percentage of wildtype and *atfs-1(null*) mutants worms that develop into egg-laying adults following prolonged L1 arrest.
(B) Images of wildtype and *atfs-1(null*) worms in control and L1 arrest-fed conditions obtained 4 days after food was introduced (Scale bar, 0.5 mm).

(C) Images of wildtype and *atfs-1(null)* worms in L1 arrest-fed conditions obtained at the time wildtype worms reached L4 stage.

(D) Whole-worm DAPI staining images obtained from wildtype and *atfs-1(null)* in control and L1 arrest-fed conditions (Scale bar, 0.1 mm)



vha-6p::tomm-20(1-54)::mScarlet



## Figure S2: ATFS-1 activity is required to maintain or establish mitochondrial morphology following L1 arrest, Related to Figure 2.

(A) Images of wildtype and atfs-1(null) worms carrying vha-6p::tomm-20(1-54)::mScarlet transgene in control and

L1 arrest-fed conditions taken when control worms reached the L4 stage (Scale, 0.01 mm).

(B) Images comparing development of *mev-1(kn1)* worms in control and L1 arrest - fed conditions on day 1 of adulthood (Scale bar, 0.5 mm).

(C) Quantification of body lengths of mev-1(kn1) worms in control and L1 arrest - fed conditions measured on day 1 of adulthood (n = 3 ± SD, Student's t-test).

(D) Brood size quantification of mev-1(kn1) worms in control and L1 arrest - fed conditions (n = 3 ± SD, Student's t-test).



#### Figure S3: Mitophagy does not impair mtDNA accumulation in atfs-1(null) worms following L1 arrest.

(A) Images of wildtype, *atfs-1(null)*, *pdr-1(tm598)* and *atfs-1(null)*;*pdr-1(tm598)* worms in control and L1 arrest - fed conditions obtained when control worms reached the L4 stage (Scale bar, 0.5 mm).

(B) Quantification of body length of wildtype, *atfs-1(null)*, *pdr-1(tm598)* and *atfs-1(null)*;*pdr-1(tm598)* in control condition when the worms L4 stage (n =  $3 \pm SD$ , \*\*\*\* $p \le 0.0001$ , one-way ANOVA with post-hoc Tukey's multiple comparison test). (C) Quantification of body length of L1 arrest - fed wildtype, *atfs-1(null)*, *pdr-1(tm598)* and *atfs-1(null)*;*pdr-1(tm598)* when the control condition worms of each strain reached the L4 stage (n =  $3 \pm SD$ , \*\*\*\* $p \le 0.0001$ , one-way ANOVA with post-hoc Tukey's multiple comparison test).

(D) mtDNA quantification of control and L1 arrest-fed wildtype, atfs-1(null), pdr-1(tm598) and atfs-1(null); pdr-1(tm598) worms when the control condition worms of each strain reached the L4 stage (n = 5 ± SD, two-way ANOVA with post-hoc Sidak's multiple comparison test).



# Figure S4. Mitochondrial-localized ATFS-1 mediates growth, mitochondrial network recovery and repression of mtDNA gene transcription following prolonged L1 arrest, Related to Figure 3.

(A) Images comparing the size of *clk-1(qm30)* and *clk-1(qm30);atfs-1*<sup> $\Delta NLS$ </sup> worms hatched on food obtained when the *clk-1(qm30)* reached day 1 of adulthood (Scale bar, 0.5 mm).

(B) Brood size comparison of *clk-1* or *clk-1(qm30);atfs-1*<sup> $\Delta NLS$ </sup> worms hatched onto food (n = 3 ± SD, \*\*\**p* = 0.0009, Student's t-test).

(C) Quantification of TMRE staining morphology of wildtype, *atfs-1(null)* and *atfs-1*<sup> $\Delta NLS$ </sup> worms at the L4 stage in control or L1 arrest - fed conditions (n = 25 to 30 worms).

(D) Images of wildtype, *atfs-1(null)* and *atfs-1*<sup>RR</sup> worms in control and L1 arrest - fed conditions obtained when control worms reached L4 stage (Scale bar, 0.5 mm).

(E) mtDNA quantification of control and L1 arrest - fed wildtype, *atfs-1(null)* and *atfs-1<sup>R/R</sup>* worms when the control condition worms reached the L4 stage (n =  $3 \pm SD$ , \**p* = 0.03 comparing *atfs-1(null)* and *atfs-1<sup>R/R</sup>* worms, \*\*\**p* = 0.0004 comparing wildtype and *atfs-1(null)* worms, two-way ANOVA with post-hoc Sidak's multiple comparison test). (F) Transcript levels of mtDNA- and nuclear DNA-encoded OXPHOS genes in wildtype and *atfs-1(null)* control worms 24 hours after hatching on food (n =  $3 \pm SD$ , Student's t-test).

(G) Transcript levels of mtDNA and nuclear DNA-encoded genes in wildtype and *atfs-1(null)* L1 arrest-fed worms at 12 hours following the introduction of food (n =  $3 \pm SD$ , \*\* $p \le 0.01$ , Student's t-test).



# Figure S5: DAF-2 inhibition promotes mtDNA accumulation and recovery from prolonged L1 arrest, Related to Figure 4.

(A) mtDNA quantification of wildtype and *daf-2(e1370)* starved L1 worms over a period of 5 days (n =  $3 \pm SD$ , \*p = 0.03 on day 5 comparing wildtype and *daf-2(e1370)*, Student's t-test).

(B) Images of wildtype and *daf-2(1370)* worms in control and L1 arrest - fed conditions exposed to 0 or 30 µg/ml of ethidium bromide obtained when the control condition worms reached L4 stage (Scale bar, 0.5 mm).

(C) Quantification of body lengths of wildtype and *daf-2(e1370)* worms in control and L1 arrest - fed condition exposed to 0 or 30 µg/ml of EtBr obtained when the control condition worms reached L4 stage (n =  $3 \pm SD$ , \*\*\*\* $p \le 0.0001$ , two-way ANOVA with post-hoc Tukey's multiple comparison test).

(D) mtDNA quantification of wildtype, *daf-2(e1370)* in control and L1 arrest - fed condition exposed to 0, 10 or 30 µg/ml of EtBr obtained when the control condition worms reached L4 stage (n = 3 ± SD, \*\*\*\* $p \le 0.0001$ , two-way ANOVA with post-hoc Tukey's multiple comparison test).

(E) mtDNA quantification of wildtype, daf-2(e1370), daf-16(mu86), daf-2(e1370); daf-16(mu86) worms at the L4 stage raised in control conditions (n = 4 ± SD, \*\*\*p = 0.0004, one-way ANOVA with post-hoc Tukey's multiple comparison test). (F) mtDNA quantification of wildtype, daf-2(e1370), daf-2(e1370); daf-16(mu86), daf-2(e1370); atfs-1(null) and daf-2(e1370); daf-16(mu86); atfs-1(null) worms at the L4 stage raised in control conditions (n = 3 ± SD, \*\*\*p ≤ 0.001,

\*\* $p \le 0.01$ , one-way ANOVA with post-hoc Tukey's multiple comparison test).

### Table S1. Data from survival assay of L1s arrested in liquid. Related to Figure 1.

The following table shows the results obtained for survival assays performed with L1 larvae maintained in solution. The figures the data refer to are indicated in the table. n > 100 worms were used at every time point in every batch.

Strain	Experiment batch no.	Showed in Figure	Tempe- rature (°C)	Mean survival rate <sup>#</sup>	Area under the curve - Alive <sup>##</sup>
wildtype N2	1	1C	20	35.26 ± 0.09	3094
wildtype N2	2	-	20	23.82 ± 0.14	2116
wildtype N2	3	-	20	33.02 ± 0.17	2887
atfs-1(null)	1	1C	20	34.56 ± 0.09	2990
atfs-1(null)	2	-	20	23.52 ± 0.18	2051
atfs-1(null)	3	-	20	31.42 ± 0.21	2724

# Mean survival rate for each replicate was determined using OASIS2 platform (See also Methods).
 ## Area under the curve was calculated with GraphPad Prism.

Strain	Average mean survival rate of all replicates	<i>p-value</i> (Student's t-test between the average mean survival rates)
wildtype N2	30.7 ± 3.5	NA
atfs-1(null)	29.83 ± 3.284	0.9364 (n.s)

### Table S3. Statistics for lifespan. Related to Figure 1.

The following table shows the results obtained for adult lifespan assay performed on plates. The figures the data refer to are indicated in the table. n = total 100 to 120 worms for each biological replicate.

Strain	Experiment batch #	Showed in Figure	Tempe- rature (°C)	Number of worms#	Log-rank test <i>p-value</i>
wildtype N2 vs. <i>atfs-</i> 1(null)	1	1B	20	wildtype: 96/100 <i>atfs-1(null)</i> : 79/100	****p < 0.0001
wildtype N2 vs. <i>atfs-</i> 1(null)	2	-	20	wildtype: 113/120 atfs-1(null): 101/120	****p < 0.0001
wildtype N2 vs. <i>atfs-</i> 1(null)	3	-	20	wildtype: 105/110 atfs-1(null): 89/110	****p < 0.0001
wildtype N2 vs. <i>atfs-1<sup>∆NLS</sup></i>	1	1B	20	wildtype: 96/100 <i>atfs-1<sup>ΔNLS</sup></i> :97/100	n.s
wildtype N2 vs. <i>atfs-1<sup>∆NLS</sup></i>	2	-	20	wildtype: 113/120 <i>atfs-1<sup>∆NLS</sup></i> :73/100	n.s
wildtype N2 vs. <i>atfs-1<sup>∆NLS</sup></i>	3	-	20	wildtype: 105/110 <i>atfs-1<sup>∆NLS</sup></i> :96/110	n.s

\*Number of worms represents the number of dead worms scored relative to total number of worms initially started with. The difference in number is indicative of censored worms