## Supplementary Table 4: Quality Assessment of the included studies, based on the QATQS

					Data	*****	
First Author	Selection Bias	Design	Confounders	Blinding	Collection Method	Withdrawals and Drop-out	Global Rating
Bond et al,						= 10p 010	g
2021	Strong	Moderate	Weak	Moderate	Strong	Weak	Weak
Dimoff et al,							
2016	Weak	Strong	Strong	Strong	Strong	Moderate	Moderate
Dobson et al,							
2019	Moderate	Moderate	Weak	Moderate	Strong	Strong	Moderate
Dobson et al,							
2021	Moderate	Moderate	Weak	Strong	Strong	Strong	Moderate
Eiroa-Orosa et al, 2021	Moderate	Stanza -	Weak	Strong	Cturne	Moderate	Moderate
Griffith et al,	Moderate	Strong	weak	Strong	Strong	Moderate	Moderate
2016	Weak	Strong	Strong	Strong	Strong	Moderate	Moderate
Hamann et al.	WCak	Strong	Strong	Strong	Strong	Wioderate	Moderate
2016	Moderate	Moderate	Weak	Moderate	Strong	Strong	Moderate
Hanisch et al.					5000	~~~~~	
2017	Strong	Moderate	Weak	Moderate	Strong	Strong	Moderate
Kristman et							
al, 2019	Weak	Moderate	Weak	Moderate	Weak	Moderate	Weak
Kubo et al,							
2018	Strong	Moderate	Weak	Weak	Strong	Strong	Weak
Moffitt et al,		_	_			_	
2014	Moderate	Strong	Strong	Strong	Weak	Strong	Moderate
Moll et al, 2018	Madama	Gt	Gt	C4	G4	Madami	64
Paterson et al,	Moderate	Strong	Strong	Strong	Strong	Moderate	Strong
2021	Weak	Moderate	Weak	Strong	Strong	Weak	Weak
Quinn et al,	WCak	Wioderate	WCak	Strong	Strong	WCak	weak
2011	Moderate	Moderate	Weak	Weak	Moderate	Strong	Weak
Reavley et al,	1110de1dte	1110 de l'uio	77 0002	- Trous	1110 del del	Sureng	77044
2018	Strong	Strong	Strong	Strong	Strong	Weak	Moderate
Shann et al,							
2018	Weak	Strong	Strong	Strong	Moderate	Moderate	Moderate
Svensson and							
Hansson, 2014	Moderate	Strong	Strong	Strong	Strong	Moderate	Strong
Szető et al, 2019	Strong	Moderate	Weak	Moderate	Strong	Strong	Moderate
2017	Suong	iviouerate	vv cak	wiouerate	Suong	Suong	Moderate

Tynan et al,							
2018	Strong	Moderate	Strong	Strong	Weak	Moderate	Moderate