

Unravelling the truth: Examining the evidence for health-related claims made by naturopathic influencers on social media – a retrospective analysis

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Supplementary File 1. NHMRC Levels of Evidence for Intervention Studies

Level of Evidence	Type of Study Design
I	A systematic review of Level II studies
II	A randomised controlled trial
III-I	A pseudorandomised controlled trial (i.e., alternate allocation of some other method)
III-2	A comparative study with concurrent controls: <ul style="list-style-type: none">• Non-randomised experimental trial• Cohort study• Case-control study• Interrupted time series with a control group
III-3	A comparative study without concurrent controls: <ul style="list-style-type: none">• Historical control study

- Two or more single arm study
- Interrupted time series without a parallel control group

IV

Case studies with either post-test or pre-test/post-test outcomes
