Table 1 Supplementary. Covariate-adjusted means $\pm SEM$ for variables for each parity group.

	Nulliparous	Low parity	Medium	Grand	p-
			parity	multiparity	value
Average DSST score	39.94 <u>+</u> 1.23	36.88 <u>+</u> 0.83	39.32 <u>+</u> 0.79	40.29 <u>+</u> 1.35	0.05
Average 3MS score	91.73 <u>+</u> 0.65	91.34 <u>+</u> 0.44	92.16 <u>+</u> 0.42	91.76 <u>+</u> 0.72	0.63
Change in DSST	-0.61 <u>+</u> 0.06	-0.60 <u>+</u> 0.04	-0.60 <u>+</u> 0.04	-0.63 <u>+</u> 0.06	0.98
score over 10 years					
Change in 3MS score	-0.24 <u>+</u> 0.06	-0.26 <u>+</u> 0.04	-0.26 <u>+</u> 0.04	-0.25 <u>+</u> 0.06	0.99
over 10 years					
Average time spent	87.79 <u>+</u> 14.88	98.48 <u>+</u> 10.06	92.80 <u>+</u> 9.61	76.14 <u>+</u> 16.43	0.70
walking over 10					
years*					

^{*} Average number of minutes spent walking over the past 7 days across the 10 year study period. Overall, participants were engaging in less walking than is currently recommended by the World Health Organization for people over the age of 65 (i.e., 150 minutes of moderate-intensity physical activity each week).