Supplemental Online Content

Tu WJ, Zhao Z, Yin P, et al. Estimated burden of stroke in China in 2020. *JAMA Netw Open*. 2023;6(3):e231455. doi:10.1001/jamanetworkopen.2023.1455

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This supplemental material has been provided by the authors to give readers additional information about their work.

Overview

The stroke prevention and control project is an ongoing population-based project that enrolled community-dwelling adults aged ≥ 40 years each year from 31 provinces in mainland China. This project was initiated in 2011 and covered six provinces across the country. In 2012, it expanded to ten provinces across the country. Since 2013, it enrolled around 0.8 million participants, which covered about 0.15% of the target population across the country each year. The participating hospitals and study sites in each province were determined according to the economic development status, population size, and the basis of work. The stroke prevention and control project is organized and led by the General Office of Stroke Prevention Project Committee, National Health Commission of the People's Republic of China.

Participants were classified into high, medium, and low-risk groups according to the National Stroke Association's Stroke Risk Scorecard. Individuals who were identified as high risk were invited to examine cervical vascular ultrasound. The study recorded carotid intima thickening, plaque, stenosis, or occlusion for the high-risk participants. The high-risk participants, carotid stenosis, and individuals who had experienced stroke or transient ischemic attack were invited to conduct further laboratory tests, lifestyle interventions, and early clinical treatment. The study group followed up the high-risk participants every six months and the intermediate-risk group once a year.

Study sites

The screening point system was established in 2011, covering 93 sites initially, expanding to 450 in 2020 to accommodate societal and economic development. One screening point covers a rural county or an urban district. The selection of the study sites considered the following factors: socioeconomic and environmental conditions, education level, medical care, and lifestyles.

Sampling procedure

The study used a stratified two-stage cluster sampling design to ensure representativeness of the national population of mainland China.

In the first stage of sampling, all the cities in mainland China were stratified as developed, developing and undeveloped according to the gross domestic product per capita, concentration of commercial resources, the extent to which a city serves as a commercial hub, vitality of residents, diversity of lifestyle, and future growth potential of the city. The classification has been published elsewhere. In the first stage of sampling, all the cities in mainland China were stratified as developed, developing and undeveloped according to the GDP per capita of the city. The study selected 16 out of 19 (84.2%) developed cities, 75 out of 99 (75.8%) developing cities and 89 out of 216 (41.2%) undeveloped cities as the primary sampling units (PSUs) using stratified sampling.

The second stage is to list all the communities or villages of the PSUs with at least 2,000 residents' age ≥40 years as the sampling frame, and randomly select one using random sampling method. All the eligible residents of the selected communities or villages were invited to the study. Eligibility criteria include: (1) community residents aged ≥40 years and resident at the selected area for at least6 months and (2) provision of informed consent. All residents who agree to participate in the project will make an appointment of the face-to-face interviews at the project hospital for information collection and health check. The communities or villages with a response rate lower than 85% were dropped out of the study.

Sample Size calculation

The sample size was calculated by the following formula: $N = deff \frac{u^2 p(1-p)}{d^2}$

Where u = 1.96 (corresponding to 95% confidence level), *deff* is design efficiency 5), r is relative error (20%), and $d = r \times p$. p is the prevalence of factor studied for calculation. The prevalence of © 2023 Tu WJ et al. *JAMA Network Open*.

stroke (2%) obtained in the China National Stroke Screening Survey 2013 was used as a measure of probability (p); and the relative error was: d=r×2%, r=15%. Based on these factors, the sample size for each stratum was estimated to be 41831 subjects. Because there were 10 strata, and assuming a potential response rate of 85%, the sample size of ages≥40 years was calculated as 481057 (≈500000 subjects).

Sample weights

Across all stroke prevention and control project, we developed sample weights to account for multistage sampling design and post-stratification. For an individual in the sample, his/her sample weights were developed as follows.

- 1. Design weights for multi-stage design (Wdesign)
- Stratifications: East/ Central /West * Urban/Rural = 6 strata
- A1=Number of districts/counties in different stratum in the sample
- B1=Number of districts/counties -level administrative districts in each stratum
- Wdesign=B1/A1, assign the weight Wdesign of each stratum to the corresponding case of each stratum
- 2. Post-stratification weights (Wps)
- Stratifications: gender (2 levels) * geographic region (6 levels: North China, Northeast China, East China, Central South, Southwest, Northwest) *age group (9 levels: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+) =108 stratum
- A2=The sum of the case weights Wdesign of each stratum of the sample
- B2=Number of people by stratum in the 2010 Sixth census
- Wps=B2/A2, assign the weight Wps of each stratum to the corresponding case of each stratum
- 3. Final weights (Fw)
- Fw= Wdesign* Wps, assign the weight (Fw) to the corresponding case

Reference:

1. Li Y, Teng D, Shi X, et al. Prevalence of diabetes recorded in mainland China using 2018 diagnostic criteria from
the American Diabetes Association: national cross sectional study. BMJ. 2020;369:m997. Published 2020 Apr 28.
doi:10.1136/bmj.m997

eAppendix 2. Data Collection of Stroke Prevention and Control Project

Overview

Stroke prevention and control project field work was coordinated by the General Office of Stroke Prevention Project Committee and local CDCs and implemented by the local stroke base hospitals.

All filed work staff received mandatory training provided by certified instructors from the General Office of Stroke Prevention Project Committee and hosted by provincial CDCs.

From July 16 to December 31, 2020, trained interviewers (Brain Health Manager) from stroke base hospital visited each household and collected the informed consent forms and arranged a face-to-face interview and physical examination time. Basic information and medical history collection, physical measurement, biochemical sample collection and pre-treatment were arranged at the stroke base hospital or community hospital.

Outpatient information collection

During the face-to-face interview, all eligible subjects were asked according to a structural questionnaire that covered demographic characteristics, vegetable or fruit intake(self-report), lifestyle factors, and history of chronic diseases. Participants with a history of stroke were evaluated the mRS score. Surgical or interventional treatment of vascular lesions needs to be collected. For participants with reduced mobility, all work was done by the interviewers at home.

Physical measurements

All subjects were invited to attend a physical measurement. Weight, height, waist circumstance, and blood pressure were measured using a standard protocol. The interviewing neurologists provide cardiac auscultation; cardiac auscultation with arrhythmias using an electrocardiogram (ECG). In this study, patients with atrial fibrillation included self-reported patients and patients with an arrhythmia

detected on-site screening and confirmed by ECG. Participants defined as high risk were invited to additional cervical vascular ultrasound. Carotid intima thickening, plaque, stenosis, or occlusion was recorded.

Blood sample testing

Fasting serum samples were collected, and serum levels of glucose, homocysteine, triglycerides, cholesterol, high density lipoprotein, and low-density lipoprotein were tested by an HP-AFS/3 automatic immunoassay system A3 Specific Protein Analyzer with supporting reagents (Shijiazhuang Hebo Biotechnology Co., Ltd., Shijiazhuang, China). Samples testing was carried out at the screening point, and the test results were uploaded directly to the Bigdata Observatory platform for Stroke of China (BOSC, formerly known as the China Stroke Data Center data reporting platform).

Determination of the primary outcome

- The diagnosis of stroke among the living subjects required the investigator to provide a diagnosis certificate and/or an imaging certificate (CT/MRI) from a secondary or higher medical unit (Level II and above hospitals). Stroke were classified as ischemic stroke [IS, ICD63], intracerebral hemorrhage [ICH, ICD61], subarachnoid hemorrhage [SAH, ICD60], and stroke of undetermined type. Individuals with suspected stroke were re-interviewed by trained neurologists.
- The diagnosis of stroke among those who died during the 12 months preceding the survey used the validated verbal autopsy technique, which obtained information from the members of the households to identify stroke as a possible cause of death. In addition, the study used the death certificate to validate the cause of death.
- At the second stage, Provincial Centre for Disease Control and Prevention and stroke base hospital organized neurologists to ascertain all study participants, including deceased ones, and identified with stroke or suspected stroke to confirm or refute the diagnosis.

• Living subjects with confirmed stroke at interview were considered to have prevalent stroke. The point-prevalence day was determined as December 31, 2020. First ever strokes (including patients who died from stroke) that occurred during 1 year preceding the survey point prevalent time were considered as incident cases.

Data management and quality assurance

The collected information from the study sites were instructed to upload to the Bigdata Observatory platform for Stroke manually before February 28, 2021. The testing results were designed transmitted automatically. All information were reviewed by the specialized staff from General Office of Stroke Prevention Project Committee according to the standard procedure.

All brain health managers at the stroke base hospitals were trained using a standardized protocol and formally certified before taking part in the data collection. Each screening site had a professional quality controller to verify and monitor the quality and completeness of questionnaires and to ensure the adherence to the standardized study protocol. Within a few weeks of the initial baseline survey in a particular community (e.g. village), a quality control survey was done by the Provincial Center for Disease Control and Prevention, involving 2% of the participants randomly selected from that community with repeat questionnaires and measures on selected items. The quality and completeness of study in each survey site would be checked regularly during the study period by the General Office of Stroke Prevention Project Committee. The general office releases the quality control report every month, reporting on the number of people who have died and the number of newly diagnosed chronic diseases (such as stroke and cardiovascular diseases). On-site monitoring visits for ten project sites were also undertaken by general office to check the information of stroke patients and dead patients. The Clinical Research Organization supervise the whole process during the data collection and cleaning process. In 2020, two of the urban screening sites and three rural areas did not meet the requirements of the study design and were excluded from the final data analysis.

eAppendix 3. English and Chinese Version of the Related Questions of the Stroke Prevention and Control Project in 2020

		English version		中文版本	
Code	Question	Answer	问题	回答/选项	
1. Basic	1. Basic Information				
1.1	Name		姓名		
1.2	Gender	○ Male	性别	○男	
		○ Female		〇女	
1.3	Nationality		民族		
1.4	ID		身份证号		
1.5	Marital Status	○ Unmarried	婚姻状况	〇未婚	
		○ Married		○已婚	
		○ Widowed		○丧偶	
		O Divorced		○离婚	
		○ Others		○其他	
1.6	Residential status	○ Living alone	居住状况	○单独居住	
		OLiving only with spouse		○只与配偶同住	
		OLiving only with children		〇只与子女同住	
		OLiving with spouse and children		○与配偶及子女同住	
		O Living with others (with other		○与他人同住(其他亲	
		relatives or caregivers)		戚或照料者同住)	
		○ Nursing home		○养老院	
		Others		○其他	
1.7	Education level	OPrimary school and below	受教育程度	〇小学及以下	
		○Junior high school		○初中	
		○Secondary school/high school		〇中专/高中	
		○College/Undergraduate		〇大专/大本	
		○Master's degree and above		○硕士及以上	
1.8	Retired	○Yes	是否已退休	○是	
		○No		○否	
1.9	Occupation	C Responsible persons of	职业	○国家机关、党群组	
		institutions		织、企业、事业单位负	
		Technical personnel		责人	
		Clerks and related personnel		〇专业技术人员	
		O Business and service personnel		〇办事人员和有关人	
		O The production personnel of		员	
		agriculture, forestry, animal		○商业、服务业人员	
		husbandry, fishery, water conservancy		〇农、林、牧、渔、水	
		industry		利业生产人员	
		O Production, transportation		○生产、运输设备操作	
		equipment operators and related		人员及有关人员	
		personnel		○军人	
		○ Soldiers		〇不便分类的其他从	

	English version		中文版本
	Other practitioners who are		业人员
	inconvenient to classify		
ial income	○<5000 RMB	年收入	○5 千元以下
	○5000-10000 RMB		○5 千-1 万
	○10000-20000 RMB		○1 万-2 万
	○>20000 RMB		〇2 万元以上
cal payment	O Urban Employee Basic Medical	主要医疗付	〇城镇职工基本医疗
ods	Insurance	费方式	保险
	ONew Urban Resident Basic Medical		○新城镇居民基本医
	Insurance		疗保险
	O New Rural Cooperative Medical		○新型农村合作医疗
	Care		○商业医疗保险
	OCommercial medical insurance		○全公费
	OFull public expense		○全自费
	○Full self-paid		○其他社会保险
	Other social insurance		○贫困救助
	OPoverty assistance		○其他
	Others		
e time of this si	urvey		L
1	○ No	是否死亡	○否
	○ Yes (skip to 2.2)		○是 (继续 2.2)
of death	O Before December 31, 2018	死亡时间	○2018 年 12 月 31
	(inclusive)		日(含当日)以前
			○2019 年 1 月 1 日
	O Between January 1, 2019 and		至 2019 年 12 月 31
	December 31, 2019		日之间
			○2020 年 1 月 1 日
	○ After January 1, 2020: January		之后: 2020 年 月 日。
	2020.		
e of Death	O Stroke (O Hemorrhagic Stroke	死亡原因	○脑卒中(○出血性脑
	O Ischemic Stroke O Unknown)		卒中 〇缺血性脑卒中
	(skip to 2.2.3)		〇不详)(继续 2.2.3)
	O Coronary heart disease		○冠心病
	Malignant tumors		○恶性肿瘤
	Respiratory system diseases		○呼吸系统疾病
	O Liver and kidney diseases - non-		〇肝肾疾病-非肿瘤
	tumor		○意外
	O Accidents		
of death	O In the hospital (skip to 2.2.4)	死亡地点	○院内(继续 2.2.4)
	Outside the hospital		○院外
ital level	OProvincial hospital	医院级别	○省级医院
	OPrefecture-level hospital		○地市级医院
	OCounty-level hospital		○县级医院
Ì	Occurry level hospital		OAMEN
	O Community or township health		○社区或乡镇卫生机
	cal payment ods etime of this so of death	Other practitioners who are inconvenient to classify al income O<5000 RMB ○5000-10000 RMB ○10000-20000 RMB ○20000 RMB ○20000 RMB ○New Urban Employee Basic Medical Insurance ○New Urban Resident Basic Medical Insurance ○New Rural Cooperative Medical Care ○Commercial medical insurance ○Full public expense ○Full self-paid ○Other social insurance ○Poverty assistance ○Others et time of this survey In O No ○Yes (skip to 2.2) Of death ○Before December 31, 2018 (inclusive) ○Between January 1, 2019 and December 31, 2019 ○After January 1, 2020: January 2020. et of Death ○Stroke (○Hemorrhagic Stroke ○Ischemic Stroke ○Unknown) (skip to 2.2.3) ○Coronary heart disease ○Malignant tumors ○Respiratory system diseases ○Liver and kidney diseases - nontumor ○Accidents of death ○In the hospital (skip to 2.2.4) ○Outside the hospital	Other practitioners who are inconvenient to classify 年收入 今5000 RMB ○5000-10000 RMB ○10000-20000 RMB ○20000 RMB ○20000 RMB ○ 20000 RMB ○

		English version		中文版本
	Diagnosis of	○Ischemic stroke	入院诊断	○脑梗死
	admission	Cerebral hemorrhage		○脑出血
		○ Subarachnoid hemorrhage		○蛛网膜下腔出血
		○ Transient ischemic attack (TIA)		○短暂性脑缺血发作
		, ,		(TIA)
	Hospital records	○ YES	住院病历	○ 提供
	-	○ NO		○ 没有提供
3. Lifes	tyle		1	
3.1	Smoking	○No	吸烟	○否
		○Yes		○是
		if you are smoking, the number of		 若正在吸烟,吸烟年限
		years of smoking is, and the		年,每天
		number per day is		<u></u>
		If you have quit smoking, quit		^ / 若已戒烟,戒烟年限
		smoking for years is ; have		年,曾经吸烟年
		smoked for years is		
3.2	Drinking alcohol	O Do not drink alcohol	饮酒	 │○不饮酒
3.2	Drinking arconor	C Light drinking		○少量饮酒
		Frequent heavy drinking (white)		○夕重め酒 ○经常大量饮酒(白酒
		wine ≥ 3 times/week, ≥ 100 g each		>3 次/周, 每次>2 两)
		_		<u> </u>
2.2	D 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	time)	<u>~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ </u>	
3.3	Exercise habits	O Regular exercise (moderate-	运动习惯	○经常运动(相当于快
		intensity exercise equivalent to brisk		步走的中等强度运动,
		walking, ≥3 times a week, ≥30		且每周≥3次、每次≥30
		minutes each time, including		分钟,包含中度、重度
		moderate and heavy physical		体力劳动者)
		workers)		〇缺乏运动 (不符合上
		O Lack of exercise (those who do		述经常运动标准者)
		not meet the above criteria for regular		
		exercise)		
3.4	Dietary habits	Taste: O Salty O Light O	膳食习惯	口味: 〇偏咸 〇偏淡
		Moderate		○适中
		Meat and vegetarian: O partial meat		荤素: ○偏荤 ○偏素
		O partial vegetarian O balanced		○均衡
		Vegetables (300g of vegetables per		吃蔬菜(每日食用 6
		day): $\bigcirc \ge 5$ days/week $\bigcirc 3-4$		两蔬菜):
		days/week ○≤2 days/week		○≥5 天/周 ○3-4 天/
		Fruits (200g of fruits per day): ○≥5		周 ○≤2 天/周
		days/week ○ 3-4 days/week ○ ≤2		吃水果(每日食用 4
		days/week		 两水果):
		-		○≥5 天/周 ○3-4 天/
				周 ○≤2 天/周
4. Fami	ly history			1
4.1	Stroke	O None	脑卒中	○无
		OYes, relationship with me: □Father	-	○有,与本人关系:□父
	I .		1	i e e e e e e e e e e e e e e e e e e e

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		□Mother □Siblings (How many		亲□母亲 □兄弟姐妹
)		(患病 人)
		O Unknown		〇不详
4.2	Coronary heart	○ None	冠心病	〇无
	disease	OYes, relationship with me: □Father		○有,与本人关系:□父
		□Mother □Siblings (How many		亲□母亲 □兄弟姐妹
)		(患病 人)
		O Unknown		〇不详
4.3	Hypertension	O None	高血压	〇无
		OYes, relationship with me: □Father		○有,与本人关系:□父
		□Mother □Siblings (How many		亲□母亲 □兄弟姐妹
)		(患病 人)
		O Unknown		○不详
4.4	Diabetes	O None	糖尿病	〇无
		OYes, relationship with me: □Father		○有,与本人关系:□父
		□Mother □Siblings (How many		亲□母亲 □兄弟姐妹
)		(患病 人)
		O Unknown		〇不详
5. Past	medical history and c	ontrol	1	
5.1	History of	○ NO	脑血管病史	〇无
	cerebrovascular	O YES (Skip to 5.1.1-5.1.4)		〇 有(继续 5.1.1-
	disease			5.1.4)
5.1.1	Types of	□Ischemic stroke	脑血管病类	□脑梗死
	cerebrovascular	□ Cerebral hemorrhage	型	□脑出血
	disease	☐ Subarachnoid hemorrhage		□蛛网膜下腔出血 □短
		☐ Transient ischemic attack (TIA)		暂性脑缺血发作 (TIA)
5.1.2	First onset	Time of first onset:	首次发病	首次发病时间:
		yearsmonths		年月
		Level of medical institutions:		就诊机构级别:
		OProvincial hospitals		○省级医院
		OPrefecture-level hospitals		○地市级医院
		OCounty-level hospitals		○县级医院
		O Community or township health		〇社区或乡镇卫生机
		institutions		构
		Main diagnosis:		主要诊断:
		○Ischemic stroke		○脑梗死
		Cerebral hemorrhage		○脑出血
		Subarachnoid hemorrhage		○蛛网膜下腔出血
		o Transient ischemic attack (TIA)		○短暂性脑缺血发作
		Rehabilitation during hospitalization:		(TIA)
		O No		住院期间是否接受康
		○ Yes		复治疗:
		Rehabilitation after discharge:		○否
		○No		〇是
	1	○Yes	I	出院后是否接受康复

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		Medical record materials:		治疗:
		○ Provided		〇否
		O Not provided		○是
				○提供
				○不提供
5.1.3	Last onset	Time of last onset:	最后一次发	末次发病时间:
		years months	病	 年月
		Level of medical institutions:		就诊机构级别:
		OProvincial hospitals		○省级医院
		OPrefecture-level hospitals		○地市级医院
		County-level hospitals		○县级医院
		Community or township health		○社区或乡镇卫生机
		institutions		
		Main diagnosis:		
		o Ischemic stroke		工文 □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □
		Cerebral hemorrhage		○脑は血
				│○蛛网膜下腔出血
		Subarachnoid hemorrhage Transient is shown a steely (TIA)		○短暂性脑缺血发作
		 Transient ischemic attack (TIA) Rehabilitation during hospitalization:		O 应省 I I M 吹 皿 及 IF (TIA)
		No		(TIA) 住院期间是否接受康
		O Yes		
				复治疗:
		Rehabilitation after discharge:		〇否
		ONo OX		
		OYes		出院后是否接受康复
		Medical record materials:		治疗:
		O Provided		〇否
		Not provided		〇是
				病历材料:
				○提供
				○不提供
5.1.4	mRS at the survey	Completely asymptomatic-0	调查时 mRS	〇完全无症状-0
		Although there are symptoms, but	评分	○尽管有症状,但无明
		there is no obvious functional		显功能障碍,能完成所
		impairment, can complete all daily		有日常工作和生活 -1
		work and life-1		○轻度残疾,不能完成
		Mild disability, unable to		病前所有活动,但不需
		complete all activities before the		帮助能照顾自己的日
		illness, but can take care of their daily		常生活-2
		life without assistance-2		〇中度残疾, 需部分帮
		O Moderately disabled, requires		助,但能独立行走-3
		partial assistance, but can walk		○重度残疾,不能独立
		independently-3		行走,无他人帮助不能
		O Severely disabled, unable to walk		满足自身日常生活需
		independently, unable to meet their		求-4
		independently-3 O Severely disabled, unable to walk		行走, 无他人帮助不能 满足自身日常生活需

		English version		中文版本
		daily needs without the help of others-		〇严重残疾,持续卧
		4		床、二便失禁,需持续
		Severe disability, continuous		护理和关注,日常生活
		bedridden, fecal incontinence,		完全依赖他人-5
		requiring continuous care and		
		attention, and dependence on others in		
		daily life-5		
5.2	History of heart	O NO	心脏病史	○ 否
3.2	disease	O YES (Skip to 5.2.1-5.2.5)	10 min 17 19 20	○ 是 (继续 5.2.1-
	discuse	O 125 (SKIP to 5.2.1 5.2.5)		5.2.5)
5.2.1	Type of heart	☐ Coronary heart disease (☐ angina	心脏病类型	□冠心病 (□心绞痛、□
	disease	pectoris, myocardial infarction,		心肌梗死、□无症状冠
		asymptomatic coronary stenosis)		 脉狭窄)
		☐ Atrial fibrillation (o paroxysmal, o		□房颤(○阵发型,○持
		persistent, o unknown)		续性 ○未知)
		□ Valvular heart disease		□瓣膜性心脏病
		□ Other ()		□其他()
		□ specific unknown		□具体不详
5.2.2	The number of		发病次数	
	occurrences:			
5.2.3	First diagnosis of	Time of diagnosis:	冠心病首次	确诊时间:年
	coronary heart	yearsmonths	确诊	月
	disease	Level of medical institutions:		就诊机构级别:
		OProvincial hospitals		○省级医院
		OPrefecture-level hospitals		○地市级医院
		OCounty-level hospitals		○县级医院
		Community or township health		○社区或乡镇卫生机
		institutions		构
5.2.4	Last diagnosis of	Time of diagnosis:	冠心病末次	确诊时间:年
	coronary heart	yearsmonths	确诊	月
	disease	Level of medical institutions:		就诊机构级别:
		OProvincial hospitals		○省级医院
		OPrefecture-level hospitals		○地市级医院
		County-level hospitals		○县级医院
		Community or township health		○社区或乡镇卫生机
		institutions		构
5.2.5	Atrial fibrillation	Time of diagnosis:	房颤	确诊时间:年
		yearsmonths		月
		Take antithrombotic drugs:		抗血栓药物:
		○ No		〇否
		○ YES		○是
		Drug varieties:		用药品种:
		□ warfarin		□华法林
		□ new anticoagulant		□新型抗凝剂
		_		□阿司匹林
		□ aspirin		□阿司匹林

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		□ clopidogrel		□氯吡格雷
		□ other		□其他
		Years of medication: Years,		
		Medication situation: O Regular O		用药情况: 〇规律 〇
		Irregular		不规律
5.3	Hypertension		高血压	1 3211
5.3.1	Blood pressure	Frequency of measurement during	血压测量	本次调查期间血压测
	measurement	this survey: O Never measured	,— <u>v</u>	量频率:
		Frequent (at least once/week)		○从未测量
		Occasional measurement		○经常测量(每周至少
		Measure blood pressure at home:		1次)
		O No		- ' (ス/) ○偶尔测量
		Occasional		
		O Frequent: frequency:		
		times/week		○日 ○偶尔测量
		times/week		○ ○ ○
				○ 25 元 例 里 . 例 里 例
5.3.2	Diagnosis and	Diagnosed with hypertension in the	诊断和治疗	平:
3.3.2	Treatment	past:		
	Treatment	ONone		<u> </u>
		OYes, time of diagnosis: □□□□ years		○元 ○有,确诊时间: □□□□
		Take antihypertensive drugs:		
		ONo		艹 是否服用降压药:
		OYes		
				○否
		Types of medication:		○是 四####
		□ oral diuretics		用药种类:
		☐ oral calcium antagonists		口利尿药
		□ oral beta-blockers		口钙拮抗剂
		□ oral alpha-blockers		口β受体阻滞剂
		☐ Oral Alpha, Beta Blockers		口α受体阻滞剂
		□ Oral ACEI		口 α, β 受体阻滞剂
		□ Oral ARB		□ ACEI
		☐ Others		□ ARB
		Years of medication:years,		口其他
		Medication situation:		用药年限: 年,
		○ Regular		用药情况:
		○ Irregular		○规律
		Blood pressure control:		〇不规律
		Meet the target		血压控制情况:
		O Not meet the target		○达标
		O Unclear		〇不达标
				〇不清楚
5.4	Dyslipidemia		血脂异常	
5.4.1	Blood lipid	Frequency of blood lipid	血脂测量	频率:
	measurement	measurement:		〇从未检测

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		O Never test		○定期检测
		Regular test		○偶尔检测(每年检测
		Occasional test (less than 1 test		<1 次)
		per year)		
	Diagnosis and	Previously diagnosed with	诊断和治疗	既往有无被诊断为血
	Treatment	dyslipidemia:		脂异常
		○ None		〇无
		○Yes, time of diagnosis: □□□□ years		○有,确诊时间: □□□□
		Types of dyslipidemia:		年
		☐ High cholesterol		血脂异常类型:
		☐ High triglycerides		□高胆固醇
		□ High LDL-C		□高甘油三酯
		□ Low HDL-C		□高 LDL-C
		□ Unknown		□低 HDL-C
		Whether to take lipid-lowering drugs:		 □不详
		○ No		 是否服用调脂药:
		○ Yes: □Statins □Fibrates □Others		〇否
				○是: □他汀类□贝特类
				□其他
5.5	Diabetes		糖尿病	
5.4.1	Blood glucose	Frequency of blood glucose	血糖测量	频率:
	measurement	measurement:		○从未检测
		O Never test		○定期检测
		Regular test		○偶尔检测(每年检测
		Occasional test (less than 1 test		<1次)
		per year)		,
	Diagnosis and	Previously diagnosed with Diabetes:	诊断和治疗	既往有无被诊断为糖
	Treatment	○ None		 尿病
		○Yes, time of diagnosis: □□□□ years		〇无
		Whether to use hypoglycemic drugs:		○有, 确诊时间: □□□□
		○ No		年
		○ Yes:		 是否应用降糖药:
		☐ Taking hypoglycemic drugs		 ○否
		□ Insulin		○是:
		□ Others		□服降糖药
		Blood sugar control:		□胰岛素
		Basically reach the target		□其他
		OUnreachable		血糖控制情况
		OUnclear		○基本达标
				○未达标
				○不清楚
6. Phys	ical examination	1	<u> </u>	- 1 1127-
6.1	General signs	Height: cm	一般体征	身高: cm
		Weight: kg	. , –	 体重: kg
		BMI (auto-generated): (kg/m2)		BMI: (自动生成):
•	•		•	•

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		Waist: cm		(kg/m2) 腰围:
				cm
6.2	Blood pressure	First time:	现测血压(同	第一次:
	measurement (on	Systolic blood pressure:mmHg	侧, 需测量 2	收缩压:mmHg
	the same side,	Diastolic blood pressure:mmHg,	次)	舒张压:mmHg
	need to measure	Pulse:beats/min		脉搏: 次/分
	twice)	Second time,		第二次:
		Systolic blood pressure:mmHg		收缩压:mmHg
		Diastolic blood pressure:mmHg,		舒张压 mmHg
		pulse:beats/min		脉搏: 次/分
6.3	Cardiac	Heart murmur:	心脏听诊	心脏杂音:
	auscultation	O None		〇无
		○ Yes		○有
		Heart rhythm:		心律:
		○ Regular		○整齐
		○ Irregular		〇不齐
6.4	Electrocardiogram	Check result:	心电图: 心脏	检查结果:
	(a must-do item	○ normal	听诊有心律	〇正常
	for those with	○ Abnormal,	不齐者必做	○异常
	arrhythmia on	Abnormal type:	项目	异常类型:
	cardiac	Atrial fibrillation		 ○房颤
	auscultation)	Other types		○其他类型
7. Labo	ratory examination	**		
7.1	Blood glucose	O Testing time :	血糖	○检查时间: 年
		Year month day,		月日,
		fasting blood glucose: mmol/L		一 空腹血糖: mmol/L
		Testing time :		
		Year month day,		月日,,
		2 hours postprandial blood glucose		— — 餐后 2 小时血糖(推
		(recommended):mmol/L		荐):mmol/L
		Testing time :		
		Year month day,		
		Glycated hemoglobin %		糖化血红蛋白%
7.2	Blood lipids	Testing time :	血脂	检查时间:年_月
	•	Year month day		日
		Triglycerides: mmol/L,		│ │甘油三酯:mmol/L,
		Cholesterol: mmol/L,		—— 胆固醇: mmol/L
		LDL cholesterol: mmol/L,		低密度脂蛋白胆固醇:
		HDL cholesterol:mmol/L		mmol/L,
				—— 高密度脂蛋白胆固醇:
				mmol/
7.3	Homocysteine	Testing time :	同型半胱氨	
		Year month day	酸	日 日
		Homocysteine: µmol/L		
				µmol/L
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

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8. Strok	ke Risk Rating		•	
8.1.1	Hypertension	○ Yes	高血压:	○有
		○ No		〇无
8.1.2	Dyslipidemia	○Yes	血脂异常	○有
		ONo		〇无
8.1.3	Diabetes	○Yes	糖尿病	○有
		ONo		〇无
8.1.4	Atrial fibrillation	○Yes	房颤或瓣膜	○有
	or valvular heart	ONo	性心脏病	〇无
	disease			
8.1.5	History of	○Yes	吸烟史	○有
	smoking	○No		〇无
8.1.6	Significantly	○Yes	超重或者肥	○有
	overweight or	ONo	胖	〇无
	obese			
8.1.7	Lack of exercise	○Yes	缺乏运动	○有
		ONo		〇无
8.1.8	Family history of	○Yes	卒中家族史	
	stroke	ONo		
8.1.9	Past stroke:	○Yes	既往脑卒中	○有○无
		ON₀		
8.110	Past transient	○Yes	既往短暂性	○有○无
	ischemic attack	ONo	脑缺血	
8.2	Risk classification	OStroke	风险分级	○脑卒中
		OTIA		OTIA
		O High risk: Risk factors>= 3		〇高危:危险因素大于
		OIntermediate risk		等于 3
		OLow risk		〇中危
				○低危
8.3	Danger signs	○Stroke	危险标识	○脑卒中
		OTIA		OTIA
		O High risk: Risk factors>= 3		〇高危:危险因素大于
		OIntermediate risk		等于 3
		OLow risk		〇中危
				○低危
8.4	Hierarchical	Strengthen management	管理分级	强化管理
	management	Standardized management		规范化管理
		health management		健康管理
		(required for high-risk groups, TIA, and		T
9.1	Test results	O All are normal	检查结果	○全部正常
		O Any part is abnormal (Skip to 9.2-		○任一部位有异常(完
		9.4)		成 9.2-9.4)
9.2	Intimal IMT	OLeft common carotid artery	内膜增厚	○左侧颈总动脉
	(≥1.0mm))	ORight common carotid artery	(≥1.0mm))	○右侧颈总动脉

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9.3	Plaque	OPattern (1=irregular, 0=regular)	斑块	○形态(1=不规则,0=规
<i>y</i>	1 mqus	OUlcer (1=Yes, 0=No)	22.70	则)
		OEcho (1=strong echo, 2=moderate		○溃疡(1=有,0=无)
		echo acoustic, 3=low echo, 4=mixed		○回声(1=强回声,2=中
		echo)		等回
		ceno)		^{寸口} 声, 3=低回声,4=混合回
9.4	Narrow	Stenosis rate	狭窄或者闭	<i>狭</i> 窄率
	or occlusion	○0= no stenosis	塞	○0= 无 狭 窄
		○1=1-49%,		○1=1-49%,
		○2=50-69%,		O2=50-69%,
		○3=70-99%,		○3=70 - 99%,
		O4=Occlusion		, ○4=闭塞
10. Sur	gical or intervention	al treatment of vascular lesions		1.02
10.1	Carotid artery		颈动脉	
10.1.1	CAS	ONo	CAS, 支架	○否
		○Yes,	术	○是,
		○Left ○Right ○Bilateral		〇左 〇右 〇双侧
		Operation time: □□□□ year		手术时间: 0000年
		Institution performing CAS:		CAS 机构名称:
		Postoperative follow-up:		术后复查:
		○ No		○否
		○ Yes,		○是,
		Follow-up time:		 复查时间:
		☐ 3 months after surgery,		口术后 3 个月
		☐ 6 months after surgery,		口术后 6 个月
		☐ 1 year after surgery,		口术后一年
		☐ 2 years or more after surgery		口术后两年及以上
		Examination methods:		复查检查方式:
		□ ultrasound,		口超声
		□ CTA,		□ CTA
		□ MRI,		□ MRI
		□ DSA		□ DSA
		Postoperative restenosis:		C
		ONo		
		OYes		〇是
		Reintervention:		○足 再次干预:
		ONo		
		OYes		〇 _日 〇是
		Treatment:		〇定 治疗方式:
		Treatment: □ CEA		口 CEA
		☐ CAS		П CAS
		☐ CAS		
10.1.2	CEA	ONo	古 時 割 的 🕹	□保守治疗
10.1.2	CEA		内膜剥脱术,	○否
		○Yes,	CEA	○是,

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		○Left ○Right ○Bilateral		〇左 〇右 〇双侧
		Operation time: □□□□ year		手术时间: □□□□年
		Institution performing CAS:		CAS 机构名称:
		Postoperative follow-up:		 术后复查:
		O No		○否
		○ Yes,		○是,
		Follow-up time:		复查时间:
		☐ 3 months after surgery,		口术后 3 个月
		☐ 6 months after surgery,		口术后 6 个月
		☐ 1 year after surgery,		口术后一年
		☐ 2 years or more after surgery		口术后两年及以上
		Examination methods:		复查检查方式:
		□ ultrasound,		口超声
		□ СТА,		□ CTA
		□ MRI,		□ MRI
		□ DSA		□ DSA
		Postoperative restenosis:		术后再狭窄:
		ONo		○否
		○Yes		○是
		Reintervention:		再次干预:
		○No		〇否
		○Yes		○是
		Treatment:		治疗方式:
		□ CEA		□ СЕА
		□ CAS		□ CAS
		☐ Conservative Treatment		口保守治疗
10.1.3	Intracranial and	ONo	颅内外血管	○否
	extracranial	○Yes,	搭桥术	○是,
	vascular bypass	operation time: □□□□ years		手术时间: 0000年
10.2	Coronary artery		冠状动脉	
10.2.1	Interventional	ONo	介入术 (PCI)	○否
	procedure (PCI)	○Yes,		○是,
		operation time: □□□□ years		手术时间: 0000年
10.2.2	Bypass surgery	ONo	搭 桥 术	○否
	(CABG)	○Yes,	(CABG)	○是,
		operation time: □□□□ years		手术时间: □□□□年
10.3	Surgical treatment	Surgical treatment for hemorrhagic	出血性卒中	是否接受过出外科治
	of hemorrhagic	stroke: ONo	外科治疗	疗
	stroke	○Yes,		○否
		Treatment method:		○是,
		Treatment time: □□□□ years		治疗方式:
				治疗时间: □□□□年

Anhui Provincial Hospital, The First Affiliated Hospital of Anhui Medical University, Anging Municipal Hospital, Fuyang People's Hospital, The First People's Hospital of Huainan City, Maanshan City People's Hospital, Suzhou Municipal Hospital, Tongling People's Hospital, The Second People's Hospital of Wuhu City, Peking University Third Hospital, Dongfang Hospital of Beijing University of Chinese Medicine, Characteristic Medical Center of the PLA Strategic Support Force, Beijing Anzhen Hospital of Capital Medical University, Beijing Luhe Hospital of Capital Medical University, Capital Medical University Xuanwu Hospital, China Academy of Chinese Medical Sciences Xiyuan Hospital, Fujian Provincial Hospital, The Second Affiliated Hospital of Fujian Medical University, The First Affiliated Hospital of Fujian Medical University, Longyan First Hospital, Ningde City Hospital Affiliated to Ningde Normal University, Sanming First Hospital, The First Affiliated Hospital of Xiamen University, The First People's Hospital of Baiyin City, Gansu Provincial People's Hospital, Jiuquan People's Hospital, Lanzhou University Second Hospital, Qingyang People's Hospital, The First People's Hospital of Tianshui City, Wuwei City People's Hospital, Qingyuan People's Hospital, Shenzhen Second People's Hospital, Yuebei People's Hospital, Zhanjiang Central People's Hospital, Zhongshan People's Hospital, Zhuhai People's Hospital, Baise City People's Hospital, Beihai City People's Hospital, People's Hospital of Guangxi Zhuang Autonomous Region, Liuzhou Workers' Hospital, Qinzhou Second People's Hospital, Wuzhou Red Cross Hospital, The First People's Hospital of Yulin City, Guizhou Provincial People's Hospital, Affiliated Hospital of Guizhou Medical University, Haikou People's Hospital, Hainan Provincial People's Hospital, Sanya People's Hospital, Sanya Central Hospital, Baoding First Hospital, Cangzhou Central Hospital, Chengde Central Hospital, Dingzhou People's Hospital, Harrison International Peace Hospital, Handan City First Hospital, Hebei Provincial People's Hospital, The Second Hospital of Hebei Medical University, The First Hospital of Hebei Medical University, The First Hospital of Qinhuangdao City, Shijiazhuang Third Hospital, Xingtai City People's Hospital, Anyang People's Hospital, Huaihe Hospital of Henan University, The First Affiliated Hospital of Henan University of Science and Technology, Henan Provincial People's Hospital, Hebi City People's Hospital, Jiyuan City People's Hospital, Second People's Hospital of Jiaozuo City, Luoyang Central Hospital, Luohe Central Hospital, Nanyang Nanshi Hospital, Nanyang Central Hospital, Pingdingshan First People's Hospital, Puyang Oilfield General Hospital, Sanmenxia Central Hospital, The First People's Hospital of Shangqiu City, The First Affiliated Hospital of Xinxiang Medical College, Xinyang Central Hospital, Xuchang Central Hospital, The Fifth Affiliated Hospital of Zhengzhou University, First Affiliated Hospital of Zhengzhou University, Zhengzhou People's Hospital, Zhoukou Central Hospital, Zhumadian Central Hospital, Daging Oilfield General Hospital, Harbin Second Hospital, The Second Affiliated Hospital of Harbin Medical University, Heilongjiang Provincial Hospital, The First Affiliated Hospital of Jiamusi University, Mudanjiang Second People's Hospital, Qiqihar First Hospital, Huazhong University of Science Tongji Hospital, Tongji Medical College, The First People's Hospital of Jingmen City, Taihe Hospital of Shiyan City, Wuhan First Hospital, Xiangyang First People's Hospital, Xiaogan Central Hospital, Yichang Central People's Hospital, Changde First People's Hospital, The First People's Hospital of Chenzhou City, Hunan Provincial Brain Hospital, Hunan Provincial People's Hospital, The First

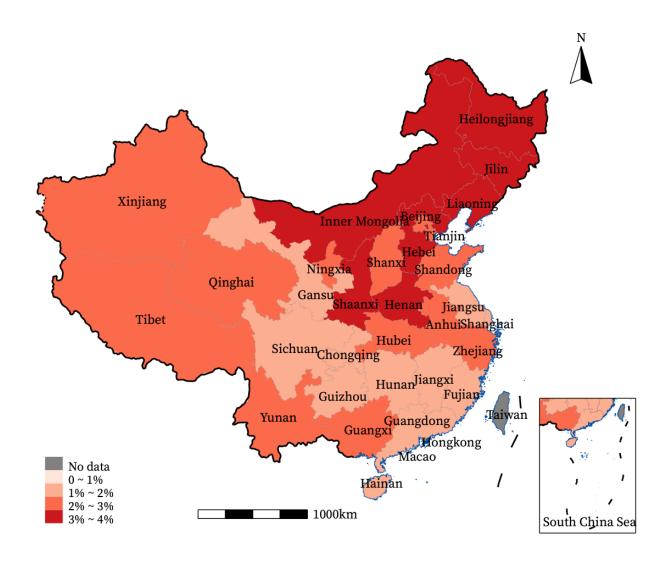
People's Hospital of Huaihua City, Liuyang City Jili Hospital, The First Affiliated Hospital of Nanhua University, Shaoyang Central Hospital, Xiangtan Central Hospital, Yongzhou Central Hospital, Yueyang First People's Hospital, Changsha Central Hospital, Xiangya Hospital of Central South University, Zhuzhou Central Hospital, The First Hospital of Jilin University, Jilin Provincial People's Hospital, Jilin Central Hospital, Siping Central Hospital, Songyuan Central Hospital, Tonghua Central Hospital, Affiliated Hospital of Yanbian University, Changzhou First People's Hospital, Jiangsu Provincial People's Hospital, Lianyungang First People's Hospital, Nanjing Gulou Hospital, Nanjing Brain Hospital, Nantong University Hospital, Subei People's Hospital, The First Affiliated Hospital of Soochow University, Wuxi Second People's Hospital, Affiliated Hospital of Xuzhou Medical University, Yancheng First People's Hospital, Ganzhou People's Hospital, Jiangxi Provincial People's Hospital, The First People's Hospital of Jingdezhen City, The First People's Hospital of Jiujiang City, The Second Affiliated Hospital of Nanchang University, The First Affiliated Hospital of Nanchang University, Pingxiang City People's Hospital, Xinyu City People's Hospital, Yichun City People's Hospital, Benxi Central Hospital, Chaoyang Central Hospital, Dalian Central Hospital, Dandong Central Hospital, Jinzhou Central Hospital, Liaoning Provincial People's Hospital, Liaoyang Central Hospital, Shenyang First People's Hospital, Yingkou Central Hospital, General Hospital of the Northern Theater of the Chinese People's Liberation Army, The First Affiliated Hospital of China Medical University, Baotou Central Hospital, Chifeng City Hospital, Ordos Central Hospital, Inner Mongolia Forestry General Hospital, Affiliated Hospital of Inner Mongolia Medical University, People's Hospital of Inner Mongolia Autonomous Region, People's Hospital of Ningxia Hui Autonomous Region, General Hospital of Ningxia Medical University, Affiliated Hospital of Qinghai University, Qinghai Provincial People's Hospital, Affiliated Hospital of Binzhou Medical University, Dezhou People's Hospital, The First People's Hospital of Jining City, Liaocheng Second People's Hospital, Liaocheng People's Hospital, Linyi City People's Hospital, Qingdao University Hospital, Qilu Hospital of Shandong University, Shandong Provincial Hospital, Qianfoshan Hospital of Shandong Province, Shengli Oilfield Central Hospital, Tai'an Central Hospital, Weihai Municipal Hospital, Affiliated Hospital of Weifang Medical College, Yantai Yuhuangding Hospital, The Third People's Hospital of Datong City, Sinopharm Tongmei General Hospital, The First People's Hospital of Jinzhong City, Linfen Central Hospital, Fenyang Hospital of Shanxi Province, Shanxi Provincial People's Hospital, The First Hospital of Shanxi Medical University, Yangmei Group General Hospital, Yuncheng Central Hospital, Heping Hospital Affiliated to Changzhi Medical College, Hanzhong Central Hospital, Shaanxi Provincial People's Hospital, The First Affiliated Hospital of Xi'an Jiaotong University, Affiliated Hospital of Yan'an University, Yulin Second Hospital, 3201 Hospital, Shanghai Pudong Hospital, Shuguang Hospital Affiliated to Shanghai University of Traditional Chinese Medicine, Affiliated Hospital of North Sichuan Medical College, Deyang People's Hospital, Leshan City People's Hospital, Mianyang Central Hospital, Nanchong Central Hospital, West China Hospital of Sichuan University, Sichuan Provincial People's Hospital, Suining Central Hospital, Affiliated Hospital of Southwest Medical University, Yibin Second People's Hospital, The First People's Hospital of Zigong City, Tianjin First Central Hospital, Tianjin Huanhu Hospital, The Second Hospital of Tianjin Medical University, Tianjin Medical University General Hospital, General Hospital of Tibet Military Region, The First People's Hospital of Kashgar, People's Hospital of Xinjiang Uygur Autonomous Region,

The Fifth Affiliated Hospital of Xinjiang Medical University, Dali Bai Autonomous Prefecture People's Hospital, The First People's Hospital of Qujing City, Yuxi City People's Hospital, The First People's Hospital of Yunnan Province, Hangzhou First People's Hospital, Huzhou Central Hospital, Lishui Central Hospital, Shaoxing People's Hospital, Second Affiliated Hospital of Zhejiang University School of Medicine, Taizhou Hospital, The First Affiliated Hospital of Army Medical University, Chinese People's Liberation Army Army Characteristic Medical Center, Three Gorges Hospital Affiliated to Chongqing University, Chongqing People's Hospital.

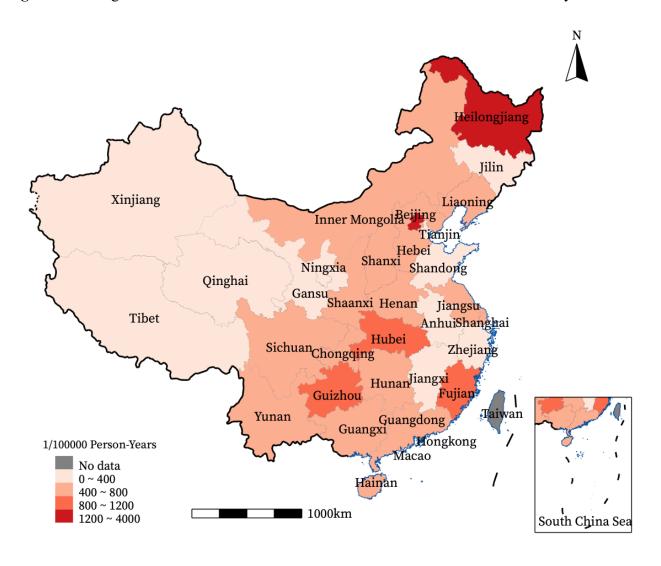
eFigure 1. Map of Study Sites Participated in the Cross-Sectional Survey



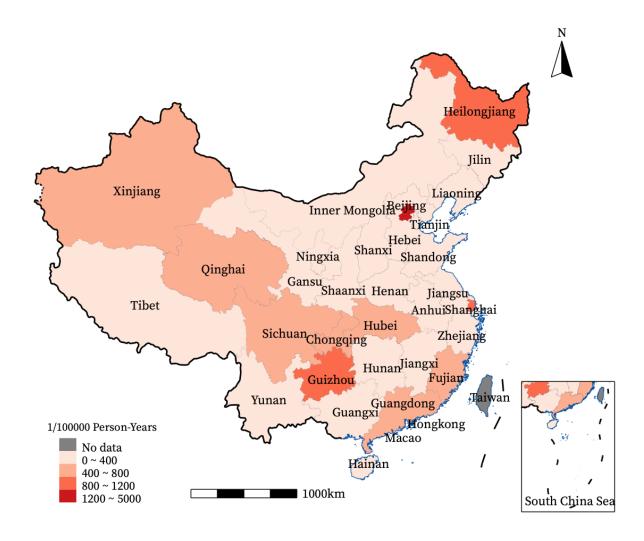
eFigure 2. Age-Standardized and Sex-Standardized Prevalence of Stroke Stratified by Provinces



eFigure 3. The Age-Standardized and Sex-Standardized Incidence of Stroke Stratified by Provinces



eFigure 4. The Age-Standardized and Sex-Standardized Mortality of Stroke Stratified by Provinces



eTable 1. Baseline Characteristics of All Participants Stratified by Locality in 2020

Characteristics	All	Urban	Rural	P
Total	676,394(100.0)	350,824(51.9)	325,570(48.1)	_
Mean age (SD), years	59.7(11.0)	59.7(10.9)	59.8(11.1)	<.0001
Age Group, years				
40–49	143,135(21.2)	74,865(21.3)	68,270(21.0)	<.0001
50–59	206,193(30.5)	105,229(30.0)	100,964(31.0)	
60–69	190,424(28.2)	102,232(29.1)	88,192(27.1)	
70–79	107,513(15.9)	54,275(15.5)	53,238(16.4)	
80+	29,129(4.3)	14,626(4.2)	14,503(4.5)	
Sex				
Male	281,272(41.6)	144,638(41.2)	136,634(42.0)	<.0001
Female	395,122(58.4)	206,186(58.8)	188,936(58.0)	<.0001
Socioeconomic status				
Education				
High school or less	618,976(91.5)	303,844(86.6)	315,132(96.8)	<.0001
College/undergraduate	56,032(8.3)	45,751(13.0)	10,281(3.2)	
Postgraduate	1,376(0.2)	1,219(0.3)	157(0.05)	
Annual income, RMB				
≤10000	270,260(40.1)	83,872(23.9)	186,388(57.4)	<.0001
>10000	406,134(59.9)	266,952(76.1)	139,182(42.6)	
Geographical Regions				
North	101,096(15.0)	47,659(13.6)	53,437(16.4)	<.0001
Northeast	57,672(8.5)	32,290(9.2)	25,382(7.8)	
East	203,041(30.0)	110,633(31.5)	92,408(28.4)	
Central	127,778(18.9)	62,823(17.9)	64,955(20.0)	
South	51,602(7.6)	32,443(9.2)	19,159(5.9)	
Southwest	85,713(12.7)	46,006(13.1)	39,707(12.2)	
Northwest	49,492(7.3)	18,970(5.4)	30,522(9.4)	

Characteristics	All	Urban	Rural	P
Economic level††				
Undeveloped	73,608(10.9)	49,232(14.0)	24,376(7.5)	<.0001
Intermediately	129,157(19.1)	68,305(19.5)	60,852(18.7)	
Developed	473,629(70.0)	233,287(66.5)	240,342(73.8)	
Behavioral factors				
Smoking	89,089(13.2)	39,985(11.4)	49,104(15.1)	<.0001
Drinking	107,052(15.8)	54,697(15.6)	52,355(16.1)	<.0001
Physical inactivity†††	161,705(23.9)	76,910(21.9)	84,795(26.0)	<.0001
Weight status				
BMI groups, kg/m ²				
<18.5	13,848(2.1)	6,062(1.7)	7,786(2.4)	<.0001
18.5–23.9	306,626(45.3)	156,910(44.7)	149,716(46.0)	
24.0–27.9	267,681(39.6)	142,730(40.7)	124,951(38.4)	
≥28.0	88,239(13.1)	45,122(12.9)	43,117(13.2)	
Underlying disease				
History of stroke				
IS	20,276(3.0)	11,115(3.2)	9,161(2.8)	<.0001
ICH	2,782(0.4)	1,400(0.4)	1,382(0.4)	.10
SAH	319(0.05)	200(0.1)	119(0.03)	.0001
TIA	5,672(0.8)	3,058(0.9)	2,614(0.8)	<.0001
Atrial fibrillation	4,328(0.6)	2,532(0.7)	1,796(0.6)	<.0001
History of heart disease	33,712(5.0)	19,293(5.5)	14,419(4.4)	<.0001
Hypertension††††				
Prevalence	302,676(44.8)	155,724(44.4)	146,952(45.1)	<.0001
Awareness rate	181,324(59.9)	95,080(61.1)	86,244(58.7)	<.0001
Treatment rate	152,467(50.4)	82,241(52.8)	70,226(47.8)	<.0001
Control rate	84,213(27.8)	46,741(30.0)	37,472(25.5)	<.0001

Characteristics	All	Urban	Rural	P
Diabetes††††				
Prevalence	143,331(21.2)	78,877(22.5)	64,454(19.8)	<.0001
Awareness rate	61,633(43.0)	37,175(47.1)	24,458(37.9)	<.0001
Treatment rate	49,673(34.7)	30,680(38.9)	18,993(29.5)	<.0001
Control rate	89,237(62.3)	48,937(62.0)	40,300(62.5)	<.0001
Dyslipidemia††††				
Prevalence	252,307(37.3)	136,329(38.9)	115,978(35.6)	<.0001
Awareness rate	86,163(34.2)	50,745(37.2)	35,418(30.5)	<.0001
Treatment rate	26,762(10.6)	17,288(12.7)	9,474(8.2)	<.0001
Control rate	49,302(19.5)	28,475(20.9)	20,827(18.0)	<.0001
Family history of stroke	68,025(10.1)	37,891(10.8)	30,134(9.3)	<.0001

[†]The results were presented as n (percentages) for categorical variables and as mean (Standard deviation, SD) for continuous variables.

††††† Prevalence=the number of diseases / the total number of participants * 100%; Awareness rate= Number of patients who knew they had the disease/total number of patients*100%; Treatment rate= Number of patients taking treatment /total number of patients*100%; Control rate= The number of patients who reach the clinical control standard / the total number of patients * 100%.

BMI, body mass index; WC, Waist circumference; CNY, Chinese Yuan; SBP, Systolic blood pressure; DBP, Diastolic blood pressure; FPG, fasting plasma glucose; TC, Total cholesterol; IS, ischaemic stroke; ICH, intracerebral haemorrhage; SAH, 0 haemorrhage; TIA, Transient ischaemic attack

^{††}Please refer to the supplementary materials for the division of economic level of Chinese cities

^{†††}Current Chinese criteria define general obesity as a BMI of 28 kg/m2 or higher.

^{††††}Physical inactivity was defined according to World Health Organization's recommendations standard (at least 150 min of moderate-intensity, or 75 min of vigorous-intensity physical activity per week, or any equivalent combination of the two).

eTable 2. Respond Rate Calculator of the 2020 National Stroke High-Risk Population Screening Program According to American Association for Public Opinion Research (AAPOR)

	Urban	Rural	All
Interview (Category 1)			
Complete (all versions)	372800	334769	707569
Partial (all versions)	2399	1576	3975
Eligible, non-interview (Category 2)			
Refusal and breakoff (phone, IPHH, mail, mail_U)	26775	3044	29819
Refusal (phone, IPHH, mail, web)	3783	211	3994
Household-level refusal (phone, IPHH, mail, web)			
Known-respondent refusal (phone, IPHH, mail, web)	4875	2300	7217
Implicit refusal (phone, mail, mail_U)			
Break off/ Implicit refusal (phone, mail, web, mail_U)		42	
Non-contact (phone, IPHH, mail, web, mail_U)			
Respondent unavailable during field period (IPHH, mail, mail_U)	5883	2432	8315
Other, non-refusals (phone, IPHH, mail, web, mail_U)	11753	5754	17507
Total sample used	428268	350128	778396
I=Complete Interviews	372800	334769	707569
P=Partial Interviews	2399	1576	3975
R=Refusal and break off	35433	5597	41030

	Urban	Rural	All
NC=non-Contact	5883	2432	8315
O=Other	11753	5754	17507
Response Rate			
Response Rate 1			
I/(I+P) + (R+NC+O) + (UH+UO)	0.870	0.956	0.909
Response Rate 2			
(I+P)/(I+P) + (R+NC+O) + (UH+UO)	0.876	0.961	0.914
Response Rate 3			
I/((I+P) + (R+NC+O) + e(UH+UO))	0.870	0.956	0.909
Response Rate 4			
(I+P)/((I+P) + (R+NC+O) + e(UH+UO))	0.876	0.961	0.914
Cooperation Rate			
Cooperation Rate 1			
I/(I+P) + R+O)	0.883	0.963	0.919
Cooperation Rate 2			
(I+P)/((I+P)+R+O))	0.888	0.967	0.924
Cooperation Rate 3			
I/((I+P) +R))	0.908	0.979	0.940
Cooperation Rate 4			

	Urban	Rural	All
(I+P)/((I+P)+R))	0.914	0.984	0.945
Refusal Rate			
Refusal Rate 1			
R/((I+P) +(R+NC+O) + UH + UO))	0.083	0.016	0.053
Refusal Rate 2			
R/((I+P) + (R+NC+O) + e (UH + UO))	0.083	0.016	0.053
Refusal Rate 3			
R/((I+P) + (R+NC+O))	0.083	0.016	0.053
Contact Rate			
Contact Rate 1			
(I+P) +R+O / (I+P) +R+O+NC+ (UH + UO)	0.986	0.993	0.989
Contact Rate 2			
(I+P) +R+O / (I+P) +R+O+NC + e(UH+UO)	0.986	0.993	0.989
Contact Rate 3			
(I+P) +R+O / (I+P) +R+O+NC	0.986	0.993	0.989

eTable 3. Characteristics of the All Participants and Stroke Participants Stratified by Sex in 2020

Characteristics		All Partic	ipants		Stroke Participants			
	Total	Men	Women	P	Total	Men	Women	P
N, %	676394(100.0)	281272(41.6)	395122(58.4)	-	22974(100.0)	11302(49.2)	11672(50.8)	-
Mean age (SD), years	59.7(11)	60.1(11.2)	59.5(10.9)	<.0001	66.9(9.0)	66.8(9.2)	67.0(8.7)	<.0001
BMI, mean (SD), kg/m2	24.5(3.5)	24.6(3.4)	24.4(3.6)	<.0001	25.2(3.7)	25.1(3.5)	25.3(3.8)	<.0001
BMI groups, Kg/m2								
<18.5	13848(2.1)	5159(1.8)	8689(2.2)	<.0001	411(1.8)	197(1.7)	214(1.8)	<.0001
18.5-23.9	306626(45.3)	121433(43.2)	185193(46.9)		8366(36.4)	4077(36.1)	4289(36.7)	
24.0-27.9	267681(39.6)	118944(42.3)	148737(37.6)		9898(43.1)	5089(45)	4809(41.2)	
>=28.0	88239(13.1)	35736(12.7)	52503(13.3)		4299(18.7)	1939(17.2)	2360(20.2)	
WC, mean (SD), cm	83.7(9.3)	86(9.2)	82.1(9.1)	<.0001	86.6(9.8)	88.2(9.5)	85.1(9.8)	<.0001
Education								
Primary school or lower	258877(38.3)	91120(32.4)	167757(42.5)	<.0001	10858(47.3)	4332(38.3)	6526(55.9)	<.0001
Junior high school	251960(37.3)	111734(39.7)	140226(35.5)		7746(33.7)	4383(38.8)	3363(28.8)	
High school	108139(16)	49454(17.6)	58685(14.9)		3150(13.7)	1771(15.7)	1379(11.8)	
College and above	57408(8.5)	28961(10.3)	28447(7.2)		1220(5.3)	816(7.2)	404(3.5)	
Annual income, CNY								
0-5000	170610(25.3)	58169(20.7)	112441(28.5)	<.0001	8190(35.7)	3403(30.2)	4787(41.1)	<.0001
5000-10000	99650(14.8)	39893(14.2)	59757(15.1)		3268(14.3)	1622(14.4)	1646(14.1)	
10000-20000	103317(15.3)	42378(15.1)	60939(15.4)		3042(13.3)	1473(13.1)	1569(13.5)	
>20000	301858(44.7)	140395(50.0)	161463(40.9)		8439(36.8)	4780(42.4)	3659(31.4)	
7 Geographical Regions								
North	101096(15.0)	41638(14.8)	59458(15.0)	<.0001	3747(16.3)	1934(17.1)	1813(15.5)	.005
Northeast	57672(8.5)	23860(8.5)	33812(8.6)		2982(13)	1406(12.4)	1576(13.5)	
East	203041(30)	85430(30.4)	117611(29.8)		6470(28.2)	3226(28.5)	3244(27.8)	
Central	127778(18.9)	52263(18.6)	75515(19.1)		4707(20.5)	2287(20.2)	2420(20.7)	
South	51602(7.6)	20689(7.4)	30913(7.8)		1226(5.3)	598(5.3)	628(5.4)	
Southwest	85713(12.7)	35580(12.6)	50133(12.7)		2035(8.9)	964(8.5)	1071(9.2)	

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Characteristics		All Partic	ipants			Stroke Participants			
	Total	Men	Women	P	Total	Men	Women	P	
Northwest	49492(7.3)	21812(7.8)	27680(7.0)		1807(7.9)	887(7.8)	920(7.9)		
Economic level									
Undeveloped	73608(10.9)	30995(11)	42613(10.8)	.0003	2222(9.7)	1052(9.3)	1170(10)	.023	
Intermediately	129157(19.1)	53221(18.9)	75936(19.2)		4467(19.4)	2267(20.1)	2200(18.8)		
Developed	473629(70)	197056(70.1)	276573(70)		16285(70.9)	7983(70.6)	8302(71.1)		
Risk factors									
Obesity ^{††}									
BMI	88239(13.1)	35736(12.7)	52503(13.3)	<.0001	4299(18.7)	1939(17.2)	2360(20.2)	<.0001	
WC	236964(35)	91933(32.7)	145031(36.7)	<.0001	10797(47)	4852(42.9)	5945(50.9)	<.0001	
TIA	5672(0.8)	2211(0.8)	3461(0.9)	<.0001	306(1.3)	136(1.2)	170(1.5)	.0943	
Smoking	89089(13.2)	83686(29.8)	5403(1.4)	<.0001	3702(16.1)	3414(30.2)	288(2.5)	<.0001	
Drinking	107052(15.8)	90134(32.0)	16918(4.3)	<.0001	3644(15.9)	3262(28.9)	382(3.3)	<.0001	
Atrial fibrillation	4328(0.6)	1984(0.7)	2344(0.6)	<.0001	545(2.4)	297(2.6)	248(2.1)	.0122	
Physical inactivity	161705(23.9)	66715(23.7)	94990(24.0)	.0022	6752(29.4)	3267(28.9)	3485(29.9)	.1135	
Family history of stroke	68025(10.1)	27099(9.6)	40926(10.4)	<.0001	5519(24)	2606(23.1)	2913(25.0)	.0008	
History of heart disease	33712(5)	13346(4.7)	20366(5.2)	<.0001	4640(20.2)	1934(17.1)	2706(23.2)	<.0001	
History of stroke									
IS	20276(3.0)	9862(3.5)	10414(2.6)	<.0001	20276(88.3)	9862(87.3)	10414(89.2)	<.0001	
ICH	2782(0.4)	1500(0.5)	1282(0.3)	.10	2782(12.1)	1500(13.3)	1282(11)	<.0001	
SAH	319(0.05)	153(0.1)	166(0.04)	.021	319(1.39)	153(1.4)	166(1.42)	.66	
Laboratory test									
SBP, mm Hg	132.8(17.9)	133.5(17.1)	132.4(18.4)	<.0001	141.3(19.7)	140.9(19.2)	141.7(20.1)	.16	
DBP, mm Hg	81(99.1)	82.1(10.7)	80.1(129.4)	<.0001	83.4(11.4)	84.4(11.6)	82.4(11.2)	<.0001	
TC, mmol/l	4.6(1.1)	4.4(1.1)	4.8(1.1)	<.0001	4.5(1.2)	4.3(1.1)	4.8(1.2)	<.0001	
HDL, mmol/l	1.5(0.6)	1.4(0.6)	1.5(0.5)	<.0001	1.4(0.5)	1.3(0.5)	1.5(0.4)	<.0001	
FPG, mmol/l	5.3(8.2)	5.3(12.6)	5.3(1.6)	<.0001	5.7(1.9)	5.6(1.9)	5.8(2)	<.0001	
Homocysteine, umol/l	14.6(9.4)	16.4(11.1)	13.2(7.8)	<.0001	17.0(10.8)	19.1(12.4)	14.9(8.6)	<.0001	

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Characteristics		All Participants					Stroke Participants			
	Total	Men	Women	P	Total	Men	Women	P		
Hypertension										
Prevalence	302676(44.8)	129752(46.1)	172924(43.8)	<.0001	18594(80.9)	9171(81.1)	9423(80.7)	.42		
Awareness rate	181324(59.9)	76634(59.1)	104690(60.5)	<.0001	15862(85.3)	7775(84.8)	8087(85.8)	.044		
Treatment rate	152467(50.4)	63316(48.8)	89151(51.6)	<.0001	14353(77.2)	6972(76.0)	7381(78.3)	.0006		
Control rate	84213(27.8)	35714(27.5)	48499(28.0)	.0016	6445(34.7)	3200(34.9)	3245(34.4)	.51		
Diabetes										
Prevalence	143331(21.2)	59948(21.3)	83383(21.1)	.037	7987(34.8)	3717(32.9)	4270(36.6)	<.0001		
Awareness rate	61633(43)	25939(43.3)	35694(42.8)	.082	5445(68.2)	2471(66.5)	2974(69.6)	.0024		
Treatment rate	49673(34.7)	20814(34.7)	28859(34.6)	.058	4627(57.9)	2108(56.7)	2519(59)	.53		
Control rate	89237(62.3)	37722(62.9)	51515(61.8)	<.0001	4644(58.1)	2229(60.0)	2415(56.6)	.0017		
Hyperlipidemia										
Prevalence	252307(37.3)	107307(38.2)	145000(36.7)	<.0001	11981(52.2)	5709(50.5)	6272(53.7)	<.0001		
Awareness rate	86163(34.2)	34024(31.7)	52139(36)	<.0001	7084(59.1)	3147(55.1)	3937(62.8)	<.0001		
Treatment rate	26762(10.6)	10177(9.5)	16585(11.4)	<.0001	3707(30.9)	1637(28.7)	2070(33)	.64		
Control rate	49302(19.5)	18676(17.4)	30626(21.1)	<.0001	4087(34.1)	1775(31.1)	2312(36.9)	<.0001		

[†]The results were presented as n(percentages) for categorical variables and as mean (Standard deviation, SD) for continuous variables

BMI, body mass index; WC, Waist circumference; CNY, Chinese Yuan; SBP, Systolic blood pressure; DBP, Diastolic blood pressure; FPG, fasting plasma glucose; TC, Total cholesterol; IS, ischemic stroke; ICH, intracerebral hemorrhage; SAH, Subarachnoid hemorrhage; TIA, Transient ischemic attack.

†††Prevalence=the number of diseases / the total number of participants * 100%; Awareness rate= Number of patients who knew they had the disease/total number of patients *100%; Treatment rate= Number of patients taking treatment /total number of patients * 100%. Control rate= The number of patients who reach the clinical control standard / the total number of patients * 100%.

^{††} Current Chinese criteria define general obesity as a BMI of 28 kg/m2 or higher and abdominal obesity as a WC of at least 90 cm for men and at least 85 cm for women

eTable 4. Characteristics of the All Participants and Stroke Participants Stratified by Locality in 2020

Characteristics		All participants				Stroke Partic	cipants	
	All	Urban	Rural	P	All	Urban	Rural	P
Total	676,394(100.0)	350,824(51.9)	325,570(48.1)	-	22974(100.0)	12477(54.3)	10497(45.7)	-
Male	281,272(41.6)	144,638(41.2)	136,634(42.0)	<.0001	11302(100.0)	6138(49.2)	5164(49.2)	0.99
Female	395,122(58.4)	206,186(58.8)	188,936(58.0)	<.0001	11672(100.0)	6339(50.8)	5333(50.8)	0.99
Mean age (SD), years	59.7(11.0)	59.7(10.9)	59.8(11.1)	<.0001	66.9(9.0)	67.1(8.9)	66.6(9.1)	.0006
Age Group, years								.0002
40-49	143,135(21.2)	74,865(21.3)	68,270(21.0)	<.0001	697(3.0)	329(2.6)	368(3.5)	
50-59	206,193(30.5)	105,229(30.0)	100,964(31.0)		4122(17.9)	2157(17.3)	1965(18.7)	
60-69	190,424(28.2)	102,232(29.1)	88,192(27.1)		9035(39.3)	4956(39.8)	4079(38.8)	
70-79	107,513(15.9)	54,275(15.5)	53,238(16.4)		7344(32.0)	3979(31.9)	3365(32.0)	
80+	29,129(4.3)	14,626(4.2)	14,503(4.5)		1776(7.7)	1039(8.3)	737(7.0)	
Education								
High school or less	618,976(91.5)	303,844(86.6)	315,132(96.8)	<.0001	21754(94.7)	11386(91.3)	10368(98.8)	<.0001
College/undergraduate	56,032(8.3)	45,751(13.0)	10,281(3.2)		1206(5.2)	1078(8.6)	128(1.2)	
Postgraduate	1,376(0.2)	1,219(0.3)	157(0.05)		14(0.1)	13(0.1)	1(0.01)	
Annual income, RMB								
≤10000	270,260(40.1)	83,872(23.9)	186,388(57.4)	<.0001	11458(50.0)	3891(31.3)	7567(72.1)	<.0001
>10000	406,134(59.9)	266,952(76.1)	139,182(42.6)		11516(50.0)	8586(68.7)	2930(27.9)	
Geographical Regions								
North	101,096(15.0)	47,659(13.6)	53,437(16.4)	<.0001	3747(16.3)	1628(13.0)	2119(17.0)	<.0001
Northeast	57,672(8.5)	32,290(9.2)	25,382(7.8)		2982(13.0)	1740(13.9)	1242(10.0)	
East	203,041(30.0)	110,633(31.5)	92,408(28.4)		6470(28.2)	3623(29.0)	2847(22.8)	<.0001
Central	127,778(18.9)	62,823(17.9)	64,955(20.0)		4707(20.5)	2652(21.3)	2055(16.5)	
South	51,602(7.6)	32,443(9.2)	19,159(5.9)		1226(5.3)	897(7.2)	329(2.6)	
Southwest	85,713(12.7)	46,006(13.1)	39,707(12.2)		2035(8.9)	1202(9.6)	833(6.7)	<.0001
Northwest	49,492(7.3)	18,970(5.4)	30,522(9.4)		1807(7.9)	735(5.9)	1072(8.6)	<.0001
Economic level††								

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Characteristics		All participants			Stroke Participants				
	All	Urban	Rural	P	All	Urban	Rural	P	
Undeveloped	73,608(10.9)	49,232(14.0)	24,376(7.5)	<.0001	2222(9.7)	1553(12.4)	669(5.4)	<.0001	
Intermediately	129,157(19.1)	68,305(19.5)	60,852(18.7)		4467(19.4)	2405(19.3)	2062(16.5)		
Developed	473,629(70.0)	233,287(66.5)	240,342(73.8)		16285(70.9)	8519(68.3)	7766(62.2)		
Behavioral factors									
Smoking	89,089(13.2)	39,985(11.4)	49,104(15.1)	<.0001	3702(16.1)	1850(14.8)	1852(14.8)	<.0001	
Drinking	107,052(15.8)	54,697(15.6)	52,355(16.1)	<.0001	3644(15.9)	2097(16.8)	1547(12.4)	<.0001	
Physical inactivity†††	161,705(23.9)	76,910(21.9)	84,795(26.0)	<.0001	6752(29.4)	3453(27.7)	3299(26.4)	<.0001	
Weight status									
BMI groups, kg/m ²									
<18.5	13,848(2.1)	6,062(1.7)	7,786(2.4)	<.0001	411(1.8)	171(1.4)	240(1.9)	<.0001	
18.5-23.9	306,626(45.3)	156,910(44.7)	149,716(46.0)		8366(36.4)	4520(36.2)	3846(30.8)		
24.0-27.9	267,681(39.6)	142,730(40.7)	124,951(38.4)		9898(43.1)	5483(43.9)	4415(35.4)		
≥28.0	88,239(13.1)	45,122(12.9)	43,117(13.2)		4299(18.7)	2303(18.5)	1996(16.0)		
Underlying disease									
History of stroke									
IS	20,276(3.0)	11,115(3.2)	9,161(2.8)	<.0001	20276(88.3)	11115(89.1)	9161(73.4)	<.0001	
ICH	2,782(0.4)	1,400(0.4)	1,382(0.4)	.10	2782(12.1)	1400(11.2)	1382(11.1)	<.0001	
SAH	319(0.05)	200(0.1)	119(0.03)	.0001	319(1.4)	200(1.6)	119(1.0)	.0025	
TIA	5,672(0.8)	3,058(0.9)	2,614(0.8)	<.0001	306(1.3)	182(1.5)	124(1.0)	<.0001	
Atrial fibrillation	4,328(0.6)	2,532(0.7)	1,796(0.6)	<.0001	545(2.4)	345(2.8)	200(1.6)	<.0001	
Family history of stroke	68,025(10.1)	37,891(10.8)	30,134(9.3)	<.0001	5519(24.0)	3059(24.5)	2460(19.7)	.056	
History of heart disease	33,712(5.0)	19,293(5.5)	14,419(4.4)	<.0001	4640(20.2)	2756(22.1)	1884(17.9)	<.0001	
Hypertension									
Prevalence	302,676(44.8)	155,724(44.4)	146,952(45.1)	<.0001	18594(80.9)	9985(80.0)	8609(69.0)	.0001	
Awareness rate	181,324(59.9)	95,080(61.1)	86,244(58.7)	<.0001	15862(85.3)	8533(85.5)	7329(85.1)	.53	
Treatment rate	152,467(50.4)	82,241(52.8)	70,226(47.8)	<.0001	14353(77.2)	7760(77.7)	6593(76.6)	.035	
Control rate	84,213(27.8)	46,741(30.0)	37,472(25.5)	<.0001	6445(34.7)	3650(36.6)	2795(32.5)	<.0001	

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Characteristics	All participants					Stroke Participants			
	All	Urban	Rural	P	All	Urban	Rural	P	
Diabetes									
Prevalence	143,331(21.2)	78,877(22.5)	64,454(19.8)	<.0001	7987(34.8)	4587(36.8)	3400(27.3)	<.0001	
Awareness rate	61,633(43.0)	37,175(47.1)	24,458(37.9)	<.0001	5445(68.2)	3304(72.0)	2141(63.0)	<.0001	
Treatment rate	49,673(34.7)	30,680(38.9)	18,993(29.5)	<.0001	4627(57.9)	2810(61.3)	1817(53.4)	<.0001	
Control rate	89,237(62.3)	48,937(62.0)	40,300(62.5)	<.0001	4644(58.1)	2716(59.2)	1928(56.7)	.065	
Hyperlipidemia									
Prevalence	252,307(37.3)	136,329(38.9)	115,978(35.6)	<.0001	11981(52.2)	6739(54.0)	5242(42.0)	<.0001	
Awareness rate	86,163(34.2)	50,745(37.2)	35,418(30.5)	<.0001	7084(59.1)	4241(62.9)	2843(54.2)	<.0001	
Treatment rate	26,762(10.6)	17,288(12.7)	9,474(8.2)	<.0001	3707(30.9)	2294(34.0)	1413(27.0)	.0003	
Control rate	49,302(19.5)	28,475(20.9)	20,827(18.0)	<.0001	4087(34.1)	2431(36.1)	1656(31.6)	<.0001	

[†]The results were presented as n (percentages) for categorical variables and as mean (Standard deviation, SD) for continuous variables.

††††† Prevalence=the number of diseases / the total number of participants * 100%; Awareness rate= Number of patients who knew they had the disease/total number of patients*100%; Treatment rate= Number of patients taking treatment /total number of patients*100%; Control rate= The number of patients who reach the clinical control standard / the total number of patients * 100%.

BMI, body mass index; WC, Waist circumference; CNY, Chinese Yuan; SBP, Systolic blood pressure; DBP, Diastolic blood pressure; FPG, fasting plasma glucose; TC, Total cholesterol; IS, ischaemic stroke; ICH, intracerebral haemorrhage; SAH, 0 haemorrhage; TIA, Transient ischaemic attack

^{††}Please refer to the supplementary materials for the division of economic level of Chinese cities

^{†††}Current Chinese criteria define general obesity as a BMI of 28 kg/m2 or higher.

^{††††}Physical inactivity was defined according to World Health Organization's recommendations standard (at least 150 min of moderate—intensity, or 75 min of vigorous—intensity physical activity per week, or any equivalent combination of the two).

eTable 5. Stroke Burden of Chinese Adults Aged 40 Years or Over by Sex in 2020

Characteristics	Participants	Prevalence, 9	%	Incidence per 100 000‡‡		
		N	Rate(95%CI)	N	Rate(95%CI)	
Overall	676394	22974	2.6(2.6-2.6)	2330	274.5(255.6-288.4)	
Body mass index		I				
<18.5	13848	411	2.5(2.3-2.8)	53	355.9(256.6-455.1)	
18.5-23.9	306626	8366	2.1(2.0-2.1)	887	226.7(209.8-243.5)	
24.0-27.9	267681	9898	2.9(2.8-2.9)	1002	303(282.2-323.9)	
≥28.0	88239	4299	3.8(3.6-3.9)	388	349.9(310.9-388.9)	
P Value	<.0001			<.0001		
Education status	-			<u> </u>		
High school or less	618976	21754	2.7(2.7-2.8)	2193	285.8(272.5-299.1)	
College and undergraduate	56032	1206	1.3(1.2-1.4)	131	178.5(143.5-213.4)	
Postgraduate	1376	14	0.5(0.1-0.9)	6	242.0(-17.9-502)	
P Value	<.0001	I		<.0001		
Annual income, CNY						
0-10000	270260	11458	3.6(3.5-3.6)	1106	350.9(328.6-373.2)	
>10000	405175	11481	2.0(1.9-2)	1224	219.8(205.4-234.2)	
P Value	<.0001	1		<.0001		
Family history of stroke						
No	608369	17455	2.2(2.1-2.2)	1882	242.6(230.3-255)	
Yes	68025	5519	6.7(6.5-6.9)	448	577.7(520.7-634.6)	
P Value	<.0001	1		<.0001		
Smoking status	<u> </u>			'		
No	587305	19272	2.5(2.5-2.6)	1947	264.3(251.2-277.5)	
Yes	89089	3702	3.0(2.9-3.1)	383	331.2(293.5-369)	
P Value	<.0001	I	L	<.0001		

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Characteristics	Participants	Prevalence,	%	Incidence po	er 100 000‡‡	
		N	Rate(95%CI)	N	Rate(95%CI)	
No	569342	19330	2.6(2.6-2.7)	1968	282.6(268.8-296.4)	
Yes	107052	3644	2.4(2.4-2.5)	362	244.6(215-274.2)	
P Value	0.88	L		0.68		
Hypertension	-			<u> </u>		
No	373718	4380	0.8(0.8-0.9)	570	113.5(102.7-124.3)	
Yes	302676	18594	5.3(5.3-5.4)	1760	526.4(500.7-552.2)	
P Value	<.0001			<.0001		
Diabetes						
No	533063	14987	2.1(2.1-2.2)	1493	221.5(208.9-234.2)	
Yes	143331	7987	4.6(4.5-4.7)	837	487.8(451.7-523.9)	
P Value	<.0001			<.0001		
Hyperlipidemia						
No	424087	10993	2.0(1.9-2.0)	1163	216.4(202.4-230.4)	
Yes	252307	11981	3.7(3.6-3.8)	1167	378.5(354.5-402.5)	
P Value	<.0001	L		<.0001		
Obesity, BMI>=28kg/m2	-			<u> </u>		
No	588155	18675	2.4(2.4-2.5)	1942	263.9(250.8-277)	
Yes	88239	4299	3.8(3.6-3.9)	388	349.9(310.9-388.9)	
P Value	<.0001	L		<.0001		
TIA				<u> </u>		
No	670722	22668	2.6(2.6-2.6)	1864	224.2(212.8-235.5)	
Yes	5672	306	4.9(4.3-5.4)	466	7932(7228.7-8635.4)	
P Value	<.0001	I.		<.0001		
Atrial fibrillation				1		
No	672066	22429	2.6(2.5-2.6)	2287	271.1(258.6-283.5)	
Yes	4328	545	11.6(10.6-12.5)	43	1188.8(865.7-1511.9)	
P Value	<.0001	1	l	<.0001	'	

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Characteristics	Participants	Prevalence, %		Incidence per 100 000‡‡		
		N	Rate(95%CI)	N	Rate(95%CI)	
Physical inactivity						
No	514689	16222	2.4(2.4-2.4)	1610	253.8(240-267.6)	
Yes	161705	6752	3.2(3.1-3.3)	720	341.5(313.1-369.9)	
P Value	<.0001			<.0001		
Hyperhomocysteinemia, HCY>=15mmol/l						
No	454704	12585	2.1(2-2.1)	1408	240.8(226.6-255.1)	
Yes	221685	10389	3.7(3.6-3.8)	922	337.4(313.3-361.6)	
P Value	<.0001			<.0001		

The results indicate the age-standardised and sex-standardised rates to China census population 2010.

BMI, body mass index; WC, Waist circumference; TIA, Transient ischemic attack; HCY, Homocysteine

^{‡‡} The results indicate the Nonfatal Stroke Incidence; Clinical information was not available for 2119 incident cases who had died in the survey.

eTable 6. The Prevalence and Nonfatal Stroke Incidence in Chinese Adults Aged 40 Years or Older in 2020

Characters	P	revalence, %	Incide	ence, 1/100000	Mortal	Mortality, 1/100000		
	Men	Women	Men	Women	Men	Women		
All	2.9(2.9-3.0)	2.3(2.2-2.3)	568.8(541.4-596.3)	440.9(420.4-461.4)	368.5(346.4-390.6)	318.0(300.7-335.5)		
Age Group, y								
40-49	0.7(0.6-0.7)	0.3(0.3-0.4)	173.8(140.4-207.2)	102.5(80.8-124.0)	51.1(32.9-69.1)	10.8(3.8-17.8)		
50-59	2.7(2.6-2.8)	1.8(1.7-1.8)	418.8(374.6-462.9)	268.3(239.7-296.8)	102.5(80.6-124.4)	36.4(25.9-47.0)		
60-69	5.3(5.2-5.5)	4.3(4.2-4.4)	790.6(730.0-851.4)	538.0(495.0-581.0)	296.4(259.1-333.7)	131.0(10.9.7-152.2)		
70-79	7.7(7.5-8.0)	6.6(6.4-6.8)	1553.6(1444.7-1662.1)	1133.6(1049.8-1217.3)	1031.2(942.4-1120.1)	610.4(438.7-672.0)		
80-	7.2(6.8-7.7)	5.2(4.9-5.5)	2862.2(2598.2-2126.1)	2668.8(2436.4-2900.9)	5359.9(5008.1-5711.7)	5011.0(4700.6-5321.4)		
Residence								
Urban	3.1(3.1-3.2)	2.3(2.2-2.4)	535.5(498.4-573.1)	437.3(409.0-465.3)	325.8(296.7-355.0)	294.5(271.5-317.7)		
Rural	2.8(2.7-2.9)	2.3(2.2-2.3)	593.8(553.8-633.7)	443.9(414.1-473.9)	400.5(367.7-433.4)	337.3(311.3-363.4)		
Ethnic								
Minority	2.6(2.3-2.8)	2.1(1.9-2.3)	373.3(261.3-485.3)	290.1(206.3-374.0)	420.4(395.5-444.1)	360.4(330.5-386.5)		
Han	3.0(2.9-3.0)	2.3(2.2-2.3)	297.2(276.8-317.7)	249.1(233.3-264.9)	389.0(369.4-409.4)	315.2(299.5-336.0)		
7 Geographical Re	egions							
North	3.7(3.5-3.9)	2.6(2.5-2.7)	693.8(614.7-772.9)	482.1(426.7-537.6)	526.9(457.9-595.8)	442.3(389.2-495.3)		
Northeast	4.3(4.1-4.6)	3.5(3.3-3.7)	781.1(670.4-892.1)	563.6(484.2-643.0)	408.5(328.2-488.8)	271.4(216.3-326.6)		
East	2.7(2.6-2.8)	2.1(2.0-2.2)	431.6(388.5-474.7)	367.4(333.2-401.5)	272.8(238.5-307.1)	271.7(242.4-301.1)		
Central	3.2(3.0-3.3)	2.4(2.3-2.5)	624.1(557.4-690.8)	409.3(364.0-454.5)	302.7(256.2-349.2)	253.2(217.6-288.8)		
South	2.1(1.9-2.3)	1.6(1.4-1.7)	572.8(472.3-673.4)	473.2(397.7-548.8)	403.9(319.5-488.4)	339.9(270.4-397.4)		
Southwest	2.2(2.0-2.3)	1.8(1.7-1.9)	659.4(575.7-743.1)	513.6(451.1-576.1)	571.2(493.3-649.0)	445.5(387.3-503.7)		
Northwest	2.9(2.6-3.1)	2.3(2.2-2.5)	328.0(252.9-403.1)	426.6(350.3-502.9)	173.6(119.0-228.2)	262.3(202.5-322.2)		

[‡]The results indicate the age-standardised and sex-standardised rates to China census population 2010

eTable 7. Multivariable Adjusted Odds Ratios for Stroke

Variable	N %		Stroke	Stroke		Ischemic stroke		Hemorrhagic stroke	
			OR (95%CI)	P Value	OR (95%CI)	P Value	OR (95%CI)	P Value	
Overall	22974	100							
Age groups (Reference:40-<50)	701	3							
50-<60	4138	18	2.96(2.73-3.21)	<.0001	3.28(2.99-3.6)	<.0001	2.07(1.76-2.43)	0.2089	
60-<70	9041	39	5.62(5.20-6.09)	<.0001	6.64(6.07-7.27)	<.0001	2.71(2.31-3.18)	<.0001	
70-<80	7317	32	7.54(6.96-8.18)	<.0001	9.19(8.38-10.07)	<.0001	2.90(2.45-3.43)	<.0001	
≥80	1777	8	7.29(6.66-7.99)	<.0001	8.82(7.96-9.77)	<.0001	2.95(2.40-3.62)	<.0001	
Sex (Ref: Female)	11672	51		<.0001		<.0001		<.0001	
Male	11302	49	1.43(1.39-1.47)		1.40(1.36-1.45)		1.62(1.5-1.74)		
Residence (Ref: Rural)	10497	46		<.0001		<.0001		0.0342	
Urban	12477	54	1.24(1.21-1.28)		1.27(1.23-1.32)		1.09(1.01-1.18)		
Regions (Ref: Eastern)†	6470	28							
Northern	3747	16	1.22(1.16-1.27)	<.0001	1.24(1.18-1.29)	<.0001	1.06(0.94-1.19)	0.0059	
Northeast	2982	13	1.80(1.72-1.89)	<.0001	1.84(1.75-1.93)	<.0001	1.65(1.45-1.88)	<.0001	
Central	4707	20	1.12(1.08-1.17)	0.1357	1.12(1.08-1.17)	0.0239	1.14(1.03-1.27)	0.1987	
Southern	1226	5	0.85(0.80-0.90)	<.0001	0.80(0.75-0.86)	<.0001	1.24(1.07-1.44)	0.5803	
Southwest	2035	9	0.75(0.71-0.79)	<.0001	0.72(0.68-0.76)	<.0001	1.02(0.90-1.16)	0.0017	
Northwest	1807	8	1.21(1.15-1.28)	<.0001	1.19(1.12-1.26)	0.0001	1.42(1.23-1.63)	0.0025	
Economic level (Ref: Developed)††	6689	29							
Undeveloped	16285	71	1.05(1.02-1.09)	0.0007	1.03(1.00-1.07)	0.0532	1.20(1.11-1.31)	<.0001	
Education (Ref: Postgraduate)	1220	5							
Undergraduate or less	21754	95	1.20(1.13-1.28)	<.0001	1.20(1.12-1.28)	<.0001	1.23(1.05-1.45)	0.012	
Annual income (Ref: ≥100000)	11481	50							
<10000	11458	50	1.37(1.33-1.41)	<.0001	1.38(1.34-1.43)	<.0001	1.31(1.21-1.42)	<.0001	
Family history of stroke (Ref: No)	17455	76							
Yes	5519	24	2.38(2.3-2.46)	<.0001	2.36(2.27-2.44)	<.0001	2.50(2.29-2.72)	<.0001	

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Variable	N	%	Stroke		Ischemic stro	oke	Hemorrhagic stroke	
			OR (95%CI)	P Value	OR (95%CI)	P Value	OR (95%CI)	P Value
History of heart disease (Ref: No)	18334	80						
Yes	4640	20	2.49(2.4-2.59)	<.0001	2.58(2.48-2.68)	<.0001	1.86(1.67-2.08)	<.0001
Hypertension (Ref: No)	4380	19						
Yes	18594	81	3.20(3.09-3.32)	<.0001	3.07(2.96-3.18)	<.0001	4.34(3.93-4.79)	<.0001
Diabetes (Ref: No)	14987	65						
Yes	7987	35	1.44(1.4-1.48)	<.0001	1.47(1.43-1.52)	<.0001	1.25(1.16-1.35)	<.0001
Dyslipidemia (Ref: No)	10993	48						
Yes	11981	52	1.39(1.35-1.43)	<.0001	1.42(1.38-1.46)	<.0001	1.24(1.15-1.33)	<.0001
Obesity (Ref: No)	18675	81						
Yes	4299	19	1.15(1.1-1.19)	<.0001	1.15(1.11-1.2)	<.0001	1.09(0.99-1.2)	0.0763
Atrial fibrillation (Ref: No)	22429	98						
Yes	545	2	1.19(1.08-1.31)	0.0007	1.16(1.05-1.29)	0.0044	1.39(1.07-1.81)	0.014
Physical inactivity (Ref: No)	16222	71						
Yes	6752	29	1.19(1.16-1.23)	<.0001	1.17(1.13-1.21)	<.0001	1.38(1.28-1.49)	<.0001
Hyperhomocysteinemia (Ref: No) †††	12585	55						
Yes	10389	45	1.22(1.19-1.25)	<.0001	1.20(1.16-1.24)	<.0001	1.39(1.29-1.49)	<.0001
Insufficient Vegetable/fruit (Ref: No)	15714	68						
Yes	7260	32	1.13(1.09-1.16)	<.0001	1.14(1.11-1.18)	<.0001	1.01(0.93-1.09)	0.8464

^{†7} Geographical Regions of China included North China (Beijing, Tianjin, Hebei, Shanxi, Inner Mongolia), Northeast China (Liaoning, Jilin, Heilongjiang), East China (Shanghai, Jiangsu, Zhejiang, Anhui, Fujian, Jiang xi, Shandong), South China (Guangdong, Guangxi, Hainan), Central China (Henan, Hubei, Hunan), Southwest China (Chongqing, Sichuan, Guizhou, Yunnan, Tibet), Northwest China (Shaanxi, Gansu, Qinghai, Ningxia, Xinjiang).

 $[\]dagger\dagger$ Please refer to the supplementary material II for the division of economic level of cities.

 $[\]dagger\dagger\dagger Hyperhomocysteinemia~was~defined~as~serum~homocysteine~concentration~greater~than~or~equal~to~15.0umol/l$