

1 **Table S1. Brain Fog questionnaire score**

PARAMETER	<i>B. coagulans</i> (N=33)	PLACEBO (N=33)
Screening visit		
Yes	1 (3.03 %)	2 (6.06 %)
No	32 (96.97 %)	31 (93.94 %)
Final visit		
Yes	1 (3.03 %)	2 (6.06 %)
No	32 (96.97 %)	31 (93.94 %)

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3 Brain Fog Questionnaire Score percentage was recorded on screening and final visit.

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