

## Supplementary Results

**Table S2.** Display of Adverse Events for one participant.

<b>CATEGORY</b>	<b><i>B. coagulans</i> Group (N=33)</b>	<b>PLACEBO Group (N=33)</b>	<b>Overall</b>
<b>All Participant Subjects</b>	35	35	70
<b>Number of subjects with at least one AE</b>	00	01	01
<b>Subject Discontinuation due to AE</b>	00	00	00
<b>Subject with SAE or Death</b>	00	00	00

Only one subject reported the adverse event in *B. coagulans* group. A list of adverse events experienced by study subjects in active group are provided.