

Supplementary Material 1 Overview of the *BRIGHT Coaching* program



BRIGHT Coaching

TALK - LEARN - SHARE



Welcome to BRIGHT Coaching
Topic 1: Telling your story
Topic 2: Understanding child development
Topic 3: Supporting child development
Topic 4: Finding your support people
Topic 5: Understanding the roles of service providers
Topic 6: Understanding diagnosis
Topic 7: Nurturing child development every day
Topic 8: Preparing for appointments
Topic 9: Staying organized
Topic 10: Experiencing your child
Topic 11: Experiencing your family
Topic 12: From surviving to thriving
Wrap-up

TALK
TO A COACH
THROUGH
THIS TRANSITION



LEARN

HOW YOU
CAN SUPPORT
YOUR CHILD

SHARE

AND CONNECT
WITH OTHER
PARENTS