CO-FIDEL - COaches Fidelity in Intervention DELivery

Partly adopted from the Motivational Interviewing Skill Code 2.1 (MISC) and the Solution Focused Interviewing Skills (SFIS) & Questions

DESCRIPTORS:

	1			
Coach:				
Topic:				
Session #:				
Date of session:				
Evaluation #:				
Participants on call:	Mother □ Other □	Father	Grandparent □	Foster parent □
Evaluation form completed by:				
Evaluation form completed on:				
Timeframe used to complete MISC:				
GENERAL COMMENTS:				

OVERVIEW: COACH DELIVERY / CONTENT / APPROACH (out of 70)

The extent to which the coach	1- LOW	2	3	4	5	6	7- HIGH
1. is able to guide the participants through the content of the session							
2. covers all the content for the session							
3. is knowledgeable about the activities and encourages the participants to complete them							
4. respects/follows the content							
5. respects the pace of the participant							
6. ensures the participant understands the content							
7. is interested / curious during the session							
8. respects the timeline of the session							
9. respects the boundaries with the participant							
10.is able to balance "spontaneous" counseling vs. coaching manual content delivery							

GLOBAL COACH RATINGS – MISC (out of 35)

** Definitions and terms provided in the Manual for the Motivational Interviewing Skill Code (MISC) Version 2.1 by Miller, W.R., Moyers, T.B., Ernst, D., & Amrhein, P., (2008): Center on Alcoholism, Substance Abuse and Addictions, The University of New Mexico; available online at https://casaa.unm.edu/download/misc.pdf

ACCEPTANCE: The extent to which the coach communicates unconditional positive regard to the client:											
1-LOW judgemental, harsh, disrespectful, labelling, condescending**	2	3	4	5	6	7-HIGH communicates with acceptance, and respect, is being warm and supportive	N/A				
EMPATHY : The extent to which the coach understands and/or makes an effort to accurately understand the client's perspective:											
1-LOW shows little interest in the client's own perspective and experiences, little effort to gain a deeper understanding, lacking reflective listening **	2	3	4	5	6	7-HIGH show active interest in making sure they understand the client, include client's perceptions, situations, meanings, and feelings; accurately follows client's statements to gain clarity	N/A				
SPIRIT : The extent to which the coach uses motivational interviewing skills of collaboration, evocation and autonomy-supportive:											
Collaboration: coach negotiates with the client and points of views.	avoi	ds ar	ı aut	horit	ariar	n stance; shows respect for ideas, accepts differences and client	t's				
1-LOW	2	3	4	5	6	7-HIGH	N/A				
Evocation: coach draws out the client's perspective give opinions without permission, is curious and pati		er tha	an in	stalli	ing tl	he coaches' knowledge, insight and advice; does not educate o	r				
1-LOW	2	3	4	5	6	7-HIGH	N/A				
Autonomy-supportive: coach emphasizes the client's freedom of choice and conveys an understanding that the critical variables for change are within the client and cannot be imposed by others.											
1-LOW	2	3	4	5	6	7-HIGH	N/A				

			MI-CONSISTEN	T (MIC, +) RE	MI-INCONSISTENT (MIIN, -) RESPONSES							
Utterance/Statement	Advise with permission	Affirm	Emphasize control	Open Question			Support	Advise without permission	Confront	Direct	Raise concern without permission	Warn

GLOBAL COACH RATINGS – **SFIS** (out of 42 or 49, depending if the last skill item used by coach)

1. OPEN-ENDED QUESTIONS : The extent to which the coach uses open-ended questions during the session.												
1-LOW	2	3	4	5	6	7-HIGH	N/A					
2. SUMMARIZING : The extent to which the coach periodically states back to the client his/her thoughts, actions, and feelings.												
1-LOW	2	3	4	5	6	7-HIGH	N/A					
	\boxtimes											
3. TOLERATING/USING SIL	3. TOLERATING/USING SILENCE: The extent to which the coach allows time for the participant to come up with their own responses; and avoid temptation to fill in											
silence with advice.												
1-LOW	2	3	4	5	6	7-HIGH	N/A					
4. COMPLIMENTING : The ex	xtent to which the	coach acknowl	edges the partic	ipants strengths	and past success	ses.						
1-LOW	2	3	4	5	6	7-HIGH	N/A					
5. AFFIRMING CLIENT'S PI	ERCEPTIONS:	The extent to w	nich the coach a	ffirms participa	nts' self-awaren	ess (e.g. thoughts, feelings, behaviors,	and experiences).					
	1											
1-LOW	2	3	4	5	6	7-HIGH	N/A					
6. RETURNING THE FOCUS	TO THE CLIE	NT: The extent	to which the co	ach encourages	the client to retu	urn the focus to themselves and to poss	sible solutions.					
1-LOW	2	3	4	5	6	7-HIGH	N/A					
7. AMPLIFYING SOLUTION	TALK: The ext	ent to which the	coach encourag	es the participa	nt to discuss wh	at aspects of his/her life they want to b	be different and the					
possibilities for making it hap			and the second s	, F 22P w		,						
	•											
1-LOW	2	3	4	5	6	7-HIGH	N/A					