

CARE Checklist (2013) of information to include when writing a case report





Topic	Item	Checklist item description	Reported on Page
Title	1	The words "case report" should be in the title along with the area of focus	1
Key Words	2	2 to 5 key words that identify areas covered in this case report	2
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	28-42
	3b	The main symptoms of the patient and the important clinical findings	28-42
	3c	The main diagnoses, therapeutics interventions, and outcomes	28-42
	3d	Conclusion—What are the main "take-away" lessons from this case?	43-48
Introduction	4	One or two paragraphs summarizing why this case is unique with references	54-107
Patient Information	5a	De-identified demographic information and other patient specific information	109-197
	5b	Main concerns and symptoms of the patient	109-197
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline)	109-197
	5d	Relevant past interventions and their outcomes	109-197
Clinical Findings	6	Describe the relevant physical examination (PE) and other significant clinical findings	109-197
Timeline	7	Important information from the patient's history organized as a timeline	109-197
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys)	199-224
	8b	Diagnostic challenges (such as access, financial, or cultural)	Na
	8c	Diagnostic reasoning including other diagnoses considered	109-197
	8d	Prognostic characteristics (such as staging in oncology) where applicable	Na
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	109-197
	9b	Administration of intervention (such as dosage, strength, duration)	109-197
	9с	Changes in intervention (with rationale)	109-197
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (when appropriate)	109-197
	10b	Important follow-up diagnostic and other test results	109-197
	10c	Intervention adherence and tolerability (How was this assessed?)	Na
	10d	Adverse and unanticipated events	Na
Discussion	11a	Discussion of the strengths and limitations in your approach to this case	289-298
	11b	Discussion of the relevant medical literature.	266-288
	11c	The rationale for conclusions (including assessment of possible causes)	301-305
	11d	The primary "take-away" lessons of this case report	301-305
Patient Perspective	12	When appropriate the patient should share their perspective on the treatments they received	Na
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes X No 🗌