

Published in final edited form as:

Clin Infect Dis. 2022 July 05; 76(3): e920–e929. doi:10.1093/cid/ciac556.

Non-actionable results, accuracy and effect of the first- and second-line line probe assays for diagnosing drug resistant tuberculosis, including on smear-negative specimens, in a high-volume laboratory

S Pillay^{1,2}, M de Vos¹, B Derendinger¹, E Streicher¹, T Dolby², LA Scott¹, AD Steinhobel¹, RM Warren¹, G Theron^{1,†}

M de Vos: Margaretha.DeVos@finddx.org; B Derendinger: brigitta@sun.ac.za; E Streicher: lizma@sun.ac.za; T Dolby: Tania.Dolby@nhls.ac.za; LA Scott: lascott@sun.ac.za; AD Steinhobel: amys@sun.ac.za; RM Warren: rw1@sun.ac.za

¹DSI-NRF Centre of Excellence for Biomedical Tuberculosis Research, South African Medical Research Council Centre for Tuberculosis Research, Division of Molecular Biology and Human Genetics, Faculty of Medicine and Health Sciences, Stellenbosch University, South Africa

²National Health Laboratory Services, Green Point, Cape Town, South Africa

Abstract

Background—Rapid drug susceptibility testing (DST) is crucial to confirm eligibility for new tuberculosis (TB) regimens. Genotype MTBDR*s* is a widely-deployed World Health Organization (WHO)-endorsed assay yet programmatic performance data, including non-actionable results from smear-negative sputum, are scarce.

Methods—Sputa from Xpert MTB/RIF-rifampicin resistant individuals (n=951) were tested by Genotype MTBDR*plus* and MTBDR*s* (both v2) in a routine laboratory. Phenotypic DST was the second-line drug reference standard. Discrepant results underwent Sanger sequencing.

Findings—89% (849/951) individuals were culture-positive [56% (476/849) smear-negative]. MTBDR*plus* had at least one non-actionable result (control and/or TB-detection bands absent or invalid, precluding resistance reporting) in 19% (92/476) of smear-negatives and, for MTBDR*s*, 40% (171/427) were non-actionable [28% (120/427) false-negative TB, 17% (51/427) indeterminate]. In smear-negatives, MTBDR*s* sensitivity for fluoroquinolones was 84% (95% CI 67-93), 81% (54-95) for second-line injectables, and 57% (28-82) for both. Specificities were 93% (89-98), 88% (81-93), and 97% (91-99), respectively. 23% (172/746) of Xpert rifampicin-resistant

Correspondence to: S Pillay.

[†]**Corresponding author:** Professor Grant Theron, Address: BMRI Building, 2nd Floor, Room 2035, Faculty of Health Sciences, Department of Molecular and Biology and Human Genetics, Stellenbosch University, Francie can Zijl Drive, Tygerberg Campus, Tygerberg 7505, South Africa, Contact number: +27 21 938 9693, gtheron@sun.ac.za. **Alternative corresponding author:** Samantha Pillay, Address: BMRI Building, 2nd Floor, Room 2035, Faculty of Health Sciences, Department of Molecular and Biology and Human Genetics, Stellenbosch University, Francie can Zijl Drive, Tygerberg Campus, Tygerberg 7505, South Africa, Contact number: +27 837745142, samanthap@sun.ac.za.

Author Contributions

S.P., M.dV., G.T. and R.W. conceptualized the experiments. T.D., S.P., B.D., R.V. assisted with data curation. S.P. performed formal analysis, methodology and writing original draft. A.D.S., L.A.S., and E.S. assisted S.P. with the investigation. All authors reviewed and edited the manuscript.

Conflict of interests: All authors have declared that no potential conflict of interest.

specimens were MTBDR*plus* isoniazid-susceptible. Days-to-second-line-susceptibility reporting with the programmatic advent of MTBDR*s*/improved [6 (5-7) vs. 37 (35-46); $p < 0.001$].

Conclusion—MTBDR*s*/did not generate a result in almost half of smear-negative individuals (4/10 failed), resulting in substantial missed resistance. However, if MTBDR*s*/generates an actionable result, that result is accurate in ruling-in second-line resistance. Isoniazid susceptibility testing remains crucial. This study provides, in the context of WHO guidance, real-world direct second-line susceptibility testing performance data on non-actionable results (which, if unaccounted for, result in an overestimation of test utility), accuracy, and care cascade impact.

Keywords

Genotype MTBDR*plus*; Genotype MTBDR*s*/; smear-negative; TB; resistance

Introduction

Drug-resistant tuberculosis (DR-TB) is a leading cause of death. Globally, there were half a million rifampicin-resistant (RR) TB cases in 2019; 78% were estimated to be multidrug-resistant (MDR) [1] and only 59% of RR-MDR individuals started on treatment in 2018 were treated successfully [2], partly due to the underdiagnosis of resistance to drugs other rifampicin (RIF) like isoniazid (INH) and the fluoroquinolones (FQs) [3, 4].

The Genotype MTBDR*plus* (Hain LifeSciences, Germany) and MTBDR*s*/ (Hain LifeSciences, Germany) molecular line probe assays (LPAs) are globally used for rapid DR-TB detection. Both are World Health Organization (WHO)-endorsed and commercially-available [5]. According to the Western Cape Province Department of Health (DoH) TB guidelines [6], MTBDR*plus* is done after Xpert MTB/RIF (Xpert) to check for Xpert-detected false-positive rifampicin-resistance and confirm MDR [7]. MTBDR*s*/ is subsequently done to detect second-line resistance. One underappreciated yet important component of these workflows is that, even when an individual is confirmed as TB-positive using Xpert, the downstream reflex test must itself successfully amplify *Mycobacterium tuberculosis* complex (*Mtb*) DNA (for LPAs *Mtb* detection is reported as TUB-band positivity). This applies to many reflex technologies and not just LPAs, including new drug susceptibility tests (DSTs) like Xpert MTB/XDR [8, 9], which is yet to be available at scale.

As frontline TB test performance improves, it can outstrip reflex tests' ability to detect TB and do DST (e.g., Xpert MTB/RIF is almost always done before the LPAs, despite LPAs being an older technology) [10]. Both MTBDR*plus* and MTBDR*s*/ can hence generate non-actionable results (indeterminate or invalid results) that are critical to report to quantify the overall number of drug-resistant cases missed (i.e., not just due to imperfect sensitivity for resistance, but also due to a failure of the test to detect TB). Such performance data that includes non-actionable results are scarce and a major limitation of the current literature. Despite increased demand for DST due to new oral regimens for RR-MDR TB (with the possibility of new fluoroquinolone-based first-line regimens), MTBDR*s*/ is one of only two WHO-endorsed rapid tests that can be used to confirm eligibility for these regimens.

The WHO recommend MTBDR*plus* is used on smear-positive sputum (direct testing) and on culture isolates (indirect testing) for smear-negatives [11]. In contrast, MTBDR*s*/ version 2 is recommended for direct smear-negative testing, however, evidence is of “low certainty” [5, 12] and meta-analyses had insufficient data to create summary point estimates [13-16]. This uncertainty in performance is one reason why LPA uptake for the direct testing is suboptimal: in a global survey of 32 LPA-using laboratories, 66% and 50% tested smear-negative specimens with MTBDR*plus* and MTBDR*s*/, respectively [17]; despite the positive WHO recommendation. Critically, more data are therefore needed.

Our overarching aim was to therefore evaluate MTBDR*plus* and MTBDR*s*/v2.0 performance, including in smear-negative specimens, and by describing the non-actionable result rate. Importantly, we did this in a programmatic context that relies on affordable existing diagnostic tools to help guide therapeutic decisions. This approach enabled us to evaluate the association between the expansion of direct second-line DST and time-to-treatment and compare this to the period prior to the advent of direct second-line DST. Our intention was to provide data for laboratories and clinicians diagnosing and treating drug-resistant TB in resource-constrained settings where programmatic laboratory decisions and policies related to rapid diagnostic testing follow WHO guidance.

Materials and methods

Study design

This study was performed in a programmatic context following the TB diagnostic algorithm in the Western Cape, South Africa (Figure 1). Direct testing was performed initially using MTBDR*plus* and MTBDR*s*/ on sputum consecutively tested with no study-specific criteria between 1 June 2016-30 September 2019.

MTBDR*plus* was performed on specimens of all smear status, defined below as the “after period”. All valid results were reported and reflexed for MTBDR*s*/testing. All TUB-band negative, indeterminate for one or both drugs were reported as invalid (MTBDR*plus*/MTBDR*s*/), rifampicin-susceptible results were reported as discrepant and reflexed for indirect testing using a confirmed culture-positive isolate. All culture isolate results, except Sanger sequencing, formed part of indirect diagnostic workflows including Genotype MTBDR*plus*, MTBDR*s*/ and pDST and all valid results were reported immediately. Phenotypic DST was done on specimens with valid direct and indirect LPA results. All discrepant results for MTBDR*plus*/ MTBDR*s*/ with reference standard pDST, were resolved with repeat testing on the cultured isolate. For discrepancies which remained even after repeat testing sequencing was performed (Figure 1).

Ethics

This study was done in accordance with relevant guidelines and regulations, approved by the Health Research Ethics Committee of Stellenbosch University (N16/04/045) and the Western Cape Province Department of Health (2016RP18 637). Permission was granted to access anonymised residual specimens collected as part of routine diagnostic practice and informed consent waived.

Sputum collection and preparation

In the Western Cape Province, two sputum samples were collected upfront for screening of presumptive TB per local guidelines [6]. Sputum processing and testing was done at the National Health Laboratory Service (NHLS) Green Point reference laboratory in Cape Town, South Africa. Pre-treatment individuals whom were first tested using Xpert MTB/RIF (version 4.3; Xpert) formed part of the then standard-of-care algorithm[18]. A paired sputum specimen from Xpert-rifampicin resistant individuals (n=1001) was decontaminated using N-acetyl-L-cysteine-sodium hydroxide (NaOH-NALC; final concentration 1%) and the sediment resuspended in 2ml phosphate buffer [19]. Auramine microscopy was performed. From decontaminated sputum 0.5ml was inoculated into a MGIT (Mycobacteria Growth Indicator Tube; Becton Dickinson, United States) and incubated in a BACTEC MGIT960 instrument for 35 days (our programmatic standard-of-care due to space limitations).

DNA extraction and line probe assay testing

DNA extracted per manufacturer's guidelines [20, 21] from resuspended sputum sediments was tested directly with MTBDR*plus* and MTBDR*sl* (version 2 of both) in parallel by a single operator irrespective of smear status. The GT blot (Hain Lifesciences) and Genoscan software (GS-001, Hain Lifesciences) were used to analyse results followed by operator visual confirmation. All invalid tests (direct testing) were repeated as recommended (the repeat result was reported in analyses). For specimens (direct testing) TB-negative per LPAs (i.e., TUB-band negative), indeterminate for at least one locus, or with an LPA DST result discrepant with phenotypic drug susceptibility testing (pDST), the corresponding isolate was tested using the same LPA (indirect testing). 332 and 224 isolates were tested using MTBDR*plus* and MTBDR*sl*, respectively. The manufacturer-recommended 2.2°C/s ramp rate [17, 22] and ISO15189 standards were used. Results were interpreted per Supplementary Table 1.

TB and phenotypic drug susceptibility testing reference standards

MGIT960 culture positivity with MTBDR*plus* TUB-positivity was used for the detection of TB. Rifampicin pDST was not done. pDST was done programmatically for isoniazid, fluoroquinolones and second-line injectables and, per the algorithm, only MTBDR*plus* rifampicin-resistant, isoniazid-susceptible isolates received isoniazid pDST to ensure resistance was not excluded (we are hence unable to calculate MTBDR*plus*'s sensitivity, specificity, and PPV for isoniazid resistance). If direct MTBDR*plus* was non-actionable or isoniazid susceptible, indirect MTBDR*plus* testing was done and only based on this result, was isoniazid pDST done (hence only the NPV of indirect MTBDR*plus* for resistance was calculable). Supplementary Methods for more information.

Discrepant analysis

Sanger sequencing was used as the composite reference standard to resolve discrepancies involving LPAs, pDST, and Xpert rifampicin-resistant and MTBDR*plus*-rifampicin susceptible specimens (Supplementary Methods and Supplementary Table 6).

Implementation and effect of programmatic MTBDRplus and MTBDRsl testing

We compared the diagnostic care cascade in the “before algorithm” (2 January 2012 - 30 December 2015) vs “after algorithm” periods (1 June 2016- 30 September 2019). In the “before algorithm” period, programmatic DST for isoniazid, fluoroquinolones and amikacin was done phenotypically. MTBDR*plus* (includes v1) was done routinely for both rifampicin and isoniazid directly in smear-positives or on culture isolates. In the “after algorithm” period, MTBDR*plus* and MTBDR*sl* (both v2) was implemented programmatically and reported for potential patient management (Supplementary Methods for more detail on these periods).

Statistical analyses

GraphPad Prism (version 6; GraphPad Software, USA) and STATA (version 14.0; Statacorp, USA; two sample proportion test and McNemar’s) were used. P-values ≤ 0.05 were significant.

Results

Cohort characteristics

Of 1001 Xpert rifampicin-resistant sputa, 95% (951) were from unique patients, 89% (849) were confirmed culture-positive (93 were culture-negative and 10 culture-contaminated), 81% (769) had a usable second-line pDST result [8% (80) contaminated] (Figure 1). Most individuals were male with smear-negative TB (Supplementary Table 2) and, in individuals with a known HIV status, 50% (203/404) were HIV-positive. HIV-positives were more likely to be sputum smear-negative than HIV-negatives [59% (120/203) vs. 48% (110/230); $p=0.018$].

Smear microscopy, culture, and phenotypic DST results

Amongst culture-positives, 44% (373/849) and 56% (476/849) were sputum smear-positive and smear-negative, respectively. Using MTBDR*plus*, 21% (177/849) and 60% (509/849) were classified as rifampicin-monoresistant and MDR (Figure 2). Using MTBDR*sl*, 5% (42/769), 1% (11/769), and 2% (19/769) were FQ-resistant, SLID-resistant, or both FQ and SLID resistant, respectively (Figure 3).

MTBDRplus

Non-actionables: 3% (11/373) and 19% (92/476) of sputum smear-positives and - negatives had non-actionable results, respectively and, of these, 70% (521/746) were phenotypically isoniazid resistant (Figure 2). Of the sputum smear-negative non-actionables, 18% (88/476) were due to a false-negative TB result and 1% (4/476) were due to an indeterminate call (Figure 2). Non-actionable results from indirect testing are in Supplementary Figure 1. No MTBDR*plus* invalid results occurred.

Mtb—MTBDR*plus*’s sensitivity was 97% (363/373) and 82% (388/476; $p<0.001$) for sputum smear-positives and -negative TB, respectively (Table 1).

Rifampicin—91% (686/746) of the Xpert rifampicin-resistant patients whose direct MTBDR*plus* was actionable were MTBDR*plus* rifampicin-resistant [24% (177/746) had MTBDR*plus*-defined rifampicin-monoresistance]. In a head-to-head comparison of direct MTBDR*plus* and Xpert actionable results, 8% (60/746) were Xpert-resistant MTBDR*plus*-susceptible, with most discrepant in smear-negatives TB rather than - positives (Figure 2). Overall, of the discrepant successfully sequenced (nine culture-contaminated, three non-amplifiable), 85% (22/26) resolved in favour of Xpert (Table 2). Indirect MTBDR*plus* results are in Supplementary Figure 1.

Isoniazid—68% (509/746) of Xpert rifampicin-resistant patients whose direct MTBDR*plus* was actionable had, per MTBDR*plus*, MDR and 2% (12/746) isoniazid mono-resistance (remainder rifampicin-monoresistant). 328 received indirect MTBDR*plus* testing and 53% (177/328) were MTBDR*plus* rifampicin-resistant, isoniazid susceptible (Supplementary Figure 1). 17% (30/177) were phenotypically resistant. We can only calculate MTBDR*plus*'s NPV for isoniazid resistance when done indirectly, which was 83% (147/177). When discrepant isoniazid results [indirect MTBDR*plus*-susceptible, pDST-resistant (n=30)] were analysed, 80% (24/30) had usable sequences. 79% (19/24), all of which were sequencing wildtype, resolved in favour of MTBDR*plus* (Table 2), resulting in NPV increasing to 97% (166/171).

MTBDR*s*

Non-actionable—When done directly, 10% (35/342) of sputum smear-positives and 40% (171/427) of smear-negatives were non-actionable (Figure 3). 4% (8/206), 0% (1/206), and 0% (0/206) of non-actionables were phenotypically resistant to the fluoroquinolones, SLIDs, or both fluoroquinolones and SLIDs, respectively. Like MTBDR*plus* on sputum smear-negatives, most MTBDR*s*/smear-negative results were non-actionable due to a false-negative TB result [28% (120/427)] or an indeterminate result [17% (51/427)] (Figure 3). 28 MTBDR*s*/results were initially invalid prior pDST [1% (2/373) vs. 5% (26/476) for sputum smear-positives and - negatives respectively; $p < 0.001$] (Supplementary Table 3) but all resolved upon retesting (and were hence ultimately not non-actionable). No indirect non-actionable results occurred (Supplementary Figure 2).

Mtb—Sensitivity was 93% (347/373) and 73% (349/476; $p < 0.001$) for sputum smear-positive and -negative specimens, respectively (Table 1), and less than MTBDR*plus* in the same individuals (97% [95% CI 94-98] vs 93% [90-95]; $p < 0.001$) for sputum smear-positives and (82% [77-84] vs 73% [69-77]; $p < 0.001$) for smear-negatives.

Fluoroquinolones—For direct sputum smear-positive and -negative testing, sensitivities were 89% (40/45) and 84% (31/37; $p = 0.105$) and specificities 92% (180/195) and 93% (117/126; $p = 0.855$), respectively (Table 1; Figure 4). For indirect testing, sensitivity was 92% (12/13) and specificity 100% (211/211; Supplementary Table 4). When discrepant FQ results from direct testing were analysed [MTBDR*s*-resistant pDST-susceptible (n=24); MTBDR*s*-susceptible pDST-resistant (n=11)], 83% (29/35) generated usable sequences. 69% (20/29) of discrepancies were in favour of MTBDR*s* and 31% (9/29) favoured pDST (Table 3). MTBDR*s* falsely reported two specimens with *gyrA* S95T natural

polymorphisms [23] as resistant through the absence of a wild-type band (WT3, MUT3C). After following discrepant analysis reclassification, sensitivities and specificities increased (Figure 4; Supplementary Table 5).

Second-line injectable drugs—For direct testing in sputum smear-positive and -negatives, sensitivities were 86% (19/22) and 81% (13/16; $p=0.011$), respectively and specificities 97% (205/212) and 88% (112/127; $p=0.002$), respectively (Table 1; Figure 3). For indirect testing, sensitivity was 100% (6/6) and specificity 100% (218/218) (Supplementary Table 4; Figure 4). When direct MTBDR_s/pDST discrepant results [MTBDR_s-resistant pDST-susceptible ($n=22$), MTBDR_s-susceptible pDST-resistant ($n=6$)] were analysed, 43% (12/28) had sequencable isolate DNA. In contrast to fluoroquinolones, most discrepancies [67% (8/12)] resolved in favour of pDST (Table 3; Supplementary Table 7). Following reclassification, sensitivity and specificity increased (Figure 4; Supplementary Table 5).

Joint FQ and SLID resistance—For sputum smear-positives and smear-negatives, direct sensitivity was 85% (11/13) and 57% (8/14; $p=0.118$), respectively, and specificities 97% (165/169) and 97% (92/95; $p=0.701$), respectively (Table 1; Figure 3). Indirect testing sensitivity and specificity were very high (Supplementary Table 4; Figure 4). Like that observed for the individual drug classes, after discrepancy resolution, MTBDR_s/sensitivity and specificity increased (Supplementary Table 5).

Diagnosis care cascade gaps in “before” and “after” periods

We compared of programmatic data from period immediately preceding the study (“before period”; when MTBDR_{plus} was the only LPA done directly - only on sputum smear-positives - and the only second-line testing was pDST) to a similar period after the start of study testing (“after period”; both LPAs were done, at a minimum, directly and reported for routine patient management). With MTBDR_s/implementation, the proportion of individuals on treatment without second-line DST results decreased from 23% (668/2938) to 5% (40/799; $p<0.001$) (Table 4), and second-line DST results were available quicker [33 (29-38) to 16 (13-22) days for smear-positives, 42 (36-50) to 22 (18-27) days for smear-negatives], even after factoring in many smear-negatives with direct non-actionables result that required sub-culture for further testing compared to smear-positives [37% (143/383) vs 9% (36/416); $p<0.001$] (Table 4).

Discussion

There are limited data on non-actionable results, accuracy, and effect of rapid molecular assays for the diagnosis of resistance beyond rifampicin, especially on smear-negative sputum. To address this, we performed a large-scale evaluation of the newest-generation LPAs in a routine programmatic setting, did comprehensive reference standard testing, and compared care cascade data before and after. Definitive data on MTBDR_s's performance on smear-negative specimens is essential as the need for fluoroquinolone susceptibility testing increases and new tools like Xpert MTB/XDR remain expensive (cost per cartridge \$19.80, at least \$3860 to upgrade existing modules [24]).

Our key findings include: 1) 19% and 40% of smear-negative individuals tested by MTBDR*plus* and MTBDR*s/* were non-actionable, respectively; resulting in many individuals with resistance missed, 2) About 25% of Xpert rifampicin-resistant patients have MTBDR*plus*-defined isoniazid susceptibility, and 3) deployment of direct LPA testing was associated with improvements in days-to-diagnosis, more individuals receiving DST, and reduced culture reliance.

MTBDR*s/* had almost double the non-actionable result rate of MTBDR*plus* in smear-negatives for TB detection, causing diagnostic and treatment delays. Our data highlights the suboptimal ability of reflex DSTs to detect TB even in individuals already identified as TB-positive by frontline tests. This information loss will persist as the limit of detection of new frontline tests outstrips that of reflex tests (Xpert MTB/RIF Ultra vs. Xpert MTB/XDR). We recommend all studies that evaluate reflex test report this key metric (non-actionable results).

In Xpert rifampicin-resistant specimens that were MTBDR*plus* rifampicin-susceptible, Xpert was correct more frequently than MTBDR*plus* [25, 26]. Possible reasons include heteroresistance and variants not included in MTBDR*plus*. These findings question diagnostic algorithms that use MTBDR*plus* to confirm Xpert-detected rifampicin resistance [7, 26, 27].

Importantly, MTBDR*plus* has value for isoniazid susceptibility detection: our data suggest isoniazid is likely effective in 25% of Xpert rifampicin-resistant individuals and, in agreement with that observed in the Democratic Republic of the Congo [28], and Iran [29], we recommend rifampicin-resistant TB is not automatically assumed to be MDR and all Xpert rifampicin-resistant individuals receive isoniazid DST (which should be done anyway as INH resistance prevalence is globally in excess that of rifampicin [30]).

Fluoroquinolones are key components of new regimens and second-line injectable drugs like amikacin remain important. Although important new tools Xpert MTB/XDR are emerging [31], MTBDR*s/* is already established in many laboratories worldwide. The sensitivity and specificity for FQ on smear-negatives were 84% and 93%, respectively. High MTBDR*s/* sensitivity (81%) was observed on smear-negatives for SLID, however, specificity was less (88%); both improving after discrepant analysis. Importantly, in contrast to fluoroquinolones, most SLID MTBDR*s/*-pDST discrepant results resolved in favour of pDST-confirmed susceptibility.

In the “after period” we found significant improvements in the proportion of people that had any second-line DST results (such individuals are thus more likely to start effective treatment) and time-to-result. Such real-world data regarding the programmatic impact of TB diagnostics is scarce but important. With the scale-up of second-line LPAs, individual with smear-negative TB still suffered from unacceptably long times-to-diagnosis. This subset of individuals should be targeted for interventions to accelerate treatment initiation, such as new expensive new assays like Xpert MTB/XDR or Deeplex Myc-TB (Genoscreen) [8, 32].

A strength and limitation is the programmatic context of the study, permitting it to be large and the results reported for potential patient management within the South African care cascade. However, this meant the study was constrained by contemporary diagnostic algorithms, which affected specimen and meta-data availability given the suboptimal quality-of-care common in high-volume resource-scarce settings.

Time-to-DST results associated with LPA scale-up may vary across other provinces within South Africa as, unlike in the Western Cape, only one specimen is collected initially for presumptive TB and a second-sputum specimen is dependent on an individual returning to clinic (this may affect generalisability). We were unable to do pDST for rifampicin and isoniazid, however, our primary objective was to evaluate LPA performance for second-line drugs. We also did targeted rather than whole genome sequencing and discrepant analyses may have missed rare non-canonical variants, however, WHO-recommended second-line pDST was done in all isolates [33].

LPA use in our programmatic laboratory was associated with improvements in the care cascade and patient-important outcomes remained suboptimal. Until next generation reflex DSTs are widely available, expanded LPA testing remains key to the successful scale-up of new regimens, despite important paucibacillary specimen performance caveats.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

The authors thank the National Health Laboratory and Hain Lifesciences. The authors thank Dr Rouxjeane Venter for help with patient data collection.

Funding

This work was supported by Stellenbosch University Faculty of Health Sciences, the National Research Foundation and Harry Crossley. RMW acknowledges funding from the South African Medical Research Council. GT acknowledges funding from the EDCTP2 programme supported by the European Union [grant # SF1401, OPTIMAL DIAGNOSIS] and the National Institute of Allergy and Infection Diseases of the National Institutes of Health [grant # U01AI152087]. Hain Lifesciences donated MTBDRs/kits but had no role in study design or results interpretation.

References

1. World Health Organization. Global Tuberculosis Report. 2020.
2. World Health Organization. Global Tuberculosis Report. 2021.
3. Naidoo P, Theron G, Rangaka MX, et al. The South African Tuberculosis Care Cascade: Estimated Losses and Methodological Challenges. *The Journal of Infectious Diseases*. 2017; 216 (suppl_7) S702–S13. [PubMed: 29117342]

4. Cox H, Dickson-Hall L, Ndjeka N, et al. Delays and loss to follow-up before treatment of drug-resistant tuberculosis following implementation of Xpert MTB/RIF in South Africa: a retrospective cohort study. *PLoS medicine*. 2017; 14 (2) e1002238 [PubMed: 28222095]
5. World Health Organization. The use of molecular line probe assays for the detection of resistance to second-line anti-tuberculosis drugs: policy guidance. Report No.: 9241510560. 2016.
6. Director, AC; Kruger, MJ. Clinical Guidelines & Standard Operating Procedure for the Implementation of the Short & Long DR-TB regimens for Adults, Adolescents and Children.
7. Beylis N, Ghebrekristos Y, Nicol M. Management of false-positive rifampicin resistant Xpert MTB/RIF. *The Lancet Microbe*. 2020; 1 (6) e238 [PubMed: 35544218]
8. World Health Organization. World Health Organization consolidated guidelines on tuberculosis: module 3: diagnosis-rapid diagnostics for tuberculosis detection: web annex 4: evidence synthesis and analysis. 2021.
9. Penn-Nicholson A, Georghiou SB, Ciobanu N, et al. Detection of isoniazid, fluoroquinolone, ethionamide, amikacin, kanamycin, and capreomycin resistance by the Xpert MTB/XDR assay: a cross-sectional multicentre diagnostic accuracy study. *The Lancet Infectious Diseases*. 2021.
10. García-Basteiro AL, DiNardo A, Saavedra B, et al. Point of care diagnostics for tuberculosis. 2018; 24 (2) 73–85.
11. Samra Z, Kaufman L, Bechor J, Bahar J. Comparative study of three culture systems for optimal recovery of mycobacteria from different clinical specimens. *European Journal of Clinical Microbiology and Infectious Diseases*. 2000; 19 (10) 750–4. [PubMed: 11117638]
12. World Health Organization. WHO consolidated guidelines on drug-resistant tuberculosis treatment. Geneva: 2016.
13. Theron, G; Peter, J; Richardson, M; , et al. The diagnostic accuracy of the GenoType® MTBDRsl assay for the detection of resistance to second-line anti-tuberculosis drugs. 2014.
14. Bai YWY, Shao C, Hao Y, Jin Y. GenoType MTBDRplus Assay for Rapid Detection of Multidrug Resistance in *Mycobacterium tuberculosis*: A Meta-Analysis. *PLoS One*. 2016; 11 (3) e0150321 [PubMed: 26934724]
15. Drobniowski, FCM, Jordan, J. Health Technology Assessment. Vol. 19. NIHR Journals Library; Southampton (UK): 2015. May, Systematic review, meta-analysis and economic modelling of molecular diagnostic tests for antibiotic resistance in tuberculosis. Chapter 3, Systematic review. 2015 Available from <https://www.ncbi.nlm.nih.gov/books/NBK293793>
16. Theron, G, Peter, J, Richardson, M, Warren, R, Dheda, K, Steingart, KR. GenoType® MTBDRsl assay for resistance to second-line anti-tuberculosis drugs. *The Cochrane Library*; 2016.
17. Derendinger B, De Vos M, Nathavitharana R, et al. Widespread use of incorrect PCR ramp rate negatively impacts multidrug-resistant tuberculosis diagnosis (MTBDR plus). 2018; 8 (1) 3206.
18. National Institute for Communicable Diseases Division of National Health Laboratory Service. South African Tuberculosis Drug Resistant Survey. 2012-2014. 2016.
19. Kent, PT. Public health mycobacteriology: a guide for the level III laboratory. US department of health and human services, public health service, Centers; 1985.
20. Hain Lifescience. Genotype MTBDRplus version 2.0: instructions manual. GmbH; Nehren, Germany: 2012.
21. Hain Lifescience GmbH. GenoType MTBDRsl Ver2.0: instruction manual. Hain Lifescience GmbH; Nehren, Germany: 2015.
22. Derendinger, B; de Vos, M; Pillay, S; , et al. Frequent suboptimal thermocycler ramp rate usage negatively impacts MTBDRsl performance for second-line drug resistant tuberculosis diagnosis. 2021.
23. Miotto P, Tessema B, Tagliani E, et al. A standardised method for interpreting the association between mutations and phenotypic drug resistance in *Mycobacterium tuberculosis*. 2017; 50 (6)
24. Naidoo K, Dookie N. Can the GeneXpert MTB/XDR deliver on the promise of expanded, near-patient tuberculosis drug-susceptibility testing? *The Lancet Infectious Diseases*. 2022.
25. Van Rie A, Whitfield MG, De Vos E, et al. Discordances between molecular assays for rifampicin resistance in *Mycobacterium tuberculosis*: frequency, mechanisms and clinical impact. 2020; 75 (5) 1123–9.

26. Ngabonziza JCS, Decroo T, Migambi P, et al. Prevalence and drivers of false-positive rifampicin-resistant Xpert MTB/RIF results: a prospective observational study in Rwanda. *The Lancet Microbe*. 2020; 1 (2) e74–e83. [PubMed: 35544156]
27. Ghebrekristos, Y. Characterization of Mycobacterium tuberculosis isolates with discordant rifampicin susceptibility test results. University of Cape Town; 2018.
28. Bisimwa BC, Nachega JB, Warren RM, et al. Xpert MTB/RIF-detected Rifampicin Resistance is a Sub-Optimal Surrogate for Multidrug Resistant Tuberculosis in Eastern Democratic Republic of the Congo: Diagnostic and Clinical Implications. 2020.
29. Nasiri M, Zamani S, Pormohammad A, et al. The reliability of rifampicin resistance as a proxy for multidrug-resistant tuberculosis: a systematic review of studies from Iran. 2018; 37 (1) 9–14.
30. Dean AS, Zignol M, Cabibbe AM, et al. Prevalence and genetic profiles of isoniazid resistance in tuberculosis patients: A multicountry analysis of cross-sectional data. *PLoS medicine*. 2020; 17 (1) e1003008 [PubMed: 31961877]
31. Bainomugisa A, Gilpin C, Coulter C, Marais BJ. New xpert MTB/XDR: Added value and future in the field. *Eur Respiratory Soc*. 2020.
32. Feuerriegel S, Kohl TA, Utpatel C, et al. Rapid genomic first-and second-line drug resistance prediction from clinical Mycobacterium tuberculosis specimens using Deeplex-MycTB. *European Respiratory Journal*. 2021; 57 (1)
33. Georghiou SB, Schumacher SG, Rodwell TC, et al. Guidance for studies evaluating the accuracy of rapid tuberculosis drug-susceptibility tests. *The Journal of Infectious Diseases*. 2019; 220 (Supplement_3) S126–S35. [PubMed: 31593599]

Summary

MTBDR_s/ assay fails to generate a result in almost half of smear-negatives, resulting in substantial missed resistance, but has high rule-in value. Many rifampicin-resistant individuals would likely benefit from isoniazid. Programmatic direct testing was nevertheless associated with care cascade improvements. 40/40

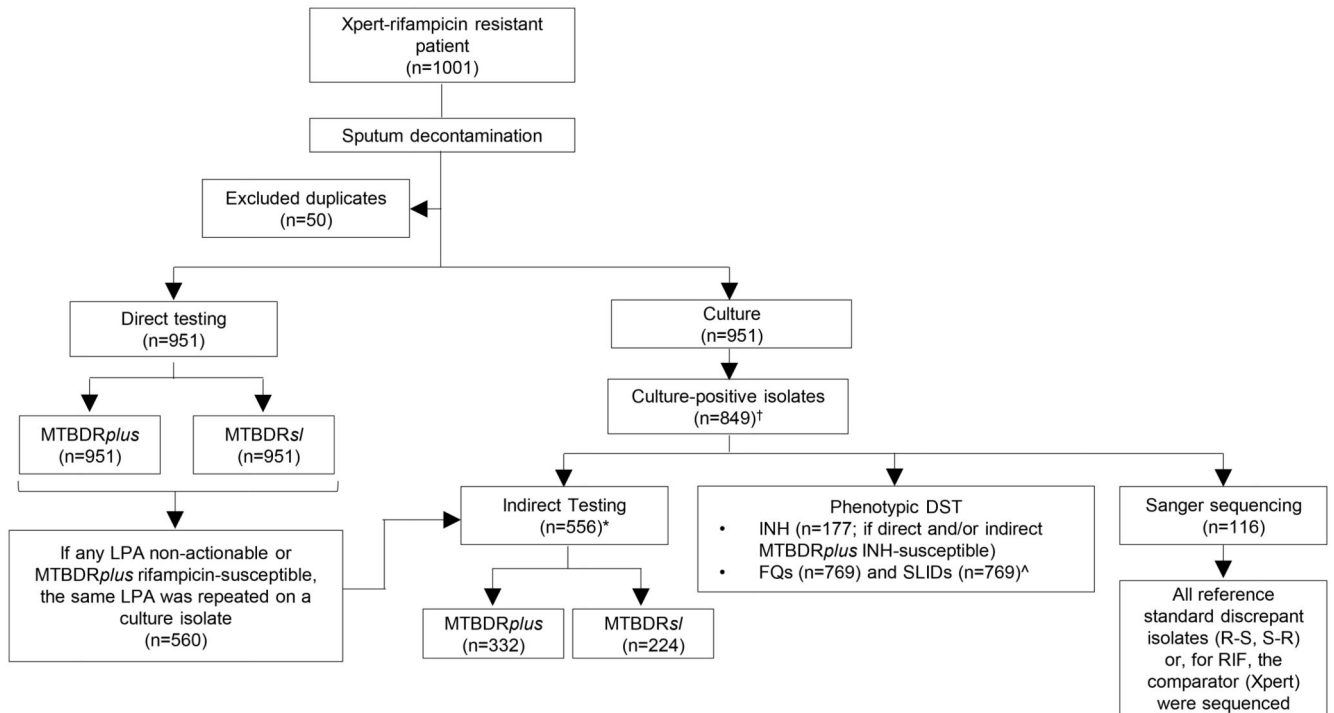


Figure 1.

Testing flow diagram showing direct and indirect testing using *MTBDRplus* and *MTBDRs/* and the use of reference standard phenotypic testing for second-line drugs, irrespective of the LPA result. Prior to the study, the flow of tests was the same except *MTBDRs/* was not used and *MTBDRplus* was only done directly if the specimen was smear-positive.

*4 direct non-actionables were culture-negative and unable to be test indirectly

†102 Xpert-positives were not culture-positive and hence did not have an isolate available

ª80 isolates were contaminated upon regrowth for FQ and SLID pDST

Abbreviations: DST-drug susceptibility testing, R-resistant, S-susceptible, n-number, INH-isoniazid, MDR-multi drug resistant, Xpert-Xpert MTB/RIF, FQs-fluoroquinolones, SLID-second-line injectables drugs, n-number, LPA-line probe assay.

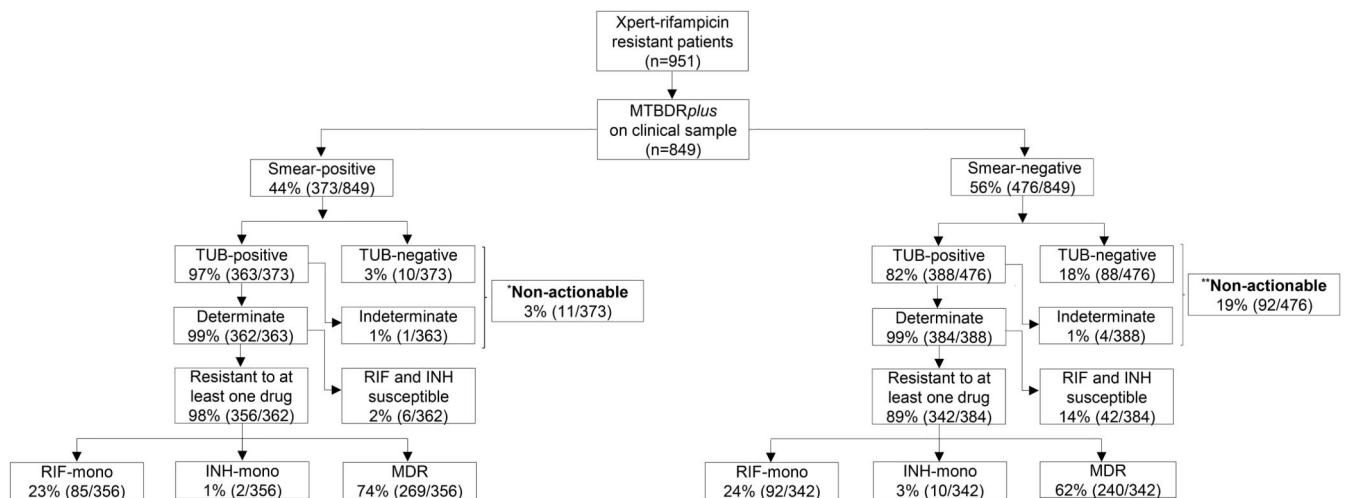


Figure 2.

Direct MTBDR $plus$ testing of sputum is successful in almost all smear-positives and most smear-negatives, however, it fails to generate a susceptibility result in a significant minority of smear-negatives (one in five), indicating that a failure to detect TB is the primary cause of drug-resistance being missed (i.e., non-actionable results). Furthermore, a significant minority of Xpert rifampicin-resistant patients do not have MDR per MTBDR $plus$, suggesting a continued role for isoniazid DST. Importantly, in patients with actionable MTBDR $plus$ results, sensitivity and specificity for resistance did not differ by smear status. Resistance classifications on bottom two rows of boxes are per direct MTBDR $plus$. Of the 951 Xpert rifampicin-resistant patients only 849 were confirmed culture-positive.

*Indirect smear-positive MTBDR $plus$ results: MDR (n=7), Rif-mono (n=0), INH-mono (n=1), fully-susceptible (n=3), and non-actionable (n=0).

**Indirect smear-negative MTBDR $plus$ results: MDR (n=69), Rif-mono (n=0), INH-mono (n=3), fully-susceptible (n=20), and non-actionable (n=0).

Abbreviations: RIF-rifampicin, INH-isoniazid, mono-mono-resistant, MDR-multi-drug resistant, TUB-TUB-band, n-number, Xpert-Xpert MTB/RIF.

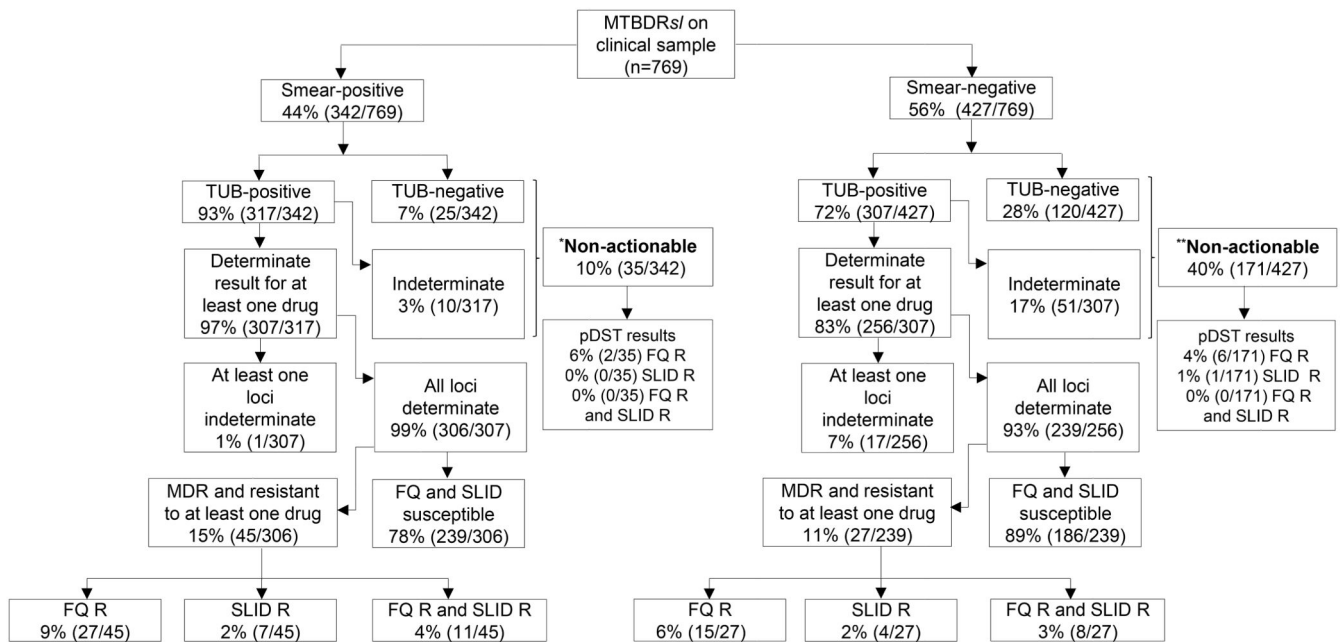


Figure 3.

Although direct MTBDRs/ testing of sputum is successful in most patients, it results in relatively high proportions of non-actionable results in smear-positives and especially in smear-negatives. MTBDRs/ failed in four out of 10 smear-negative patients with Xpert-diagnosed rifampicin-resistance. As seen for MTBDR*plus*, a failure to generate an actionable result on smear-negatives was the primary cause of resistance missed (as opposed to a false-negative susceptible result).

Resistance classifications on bottom two rows of boxes are per direct MTBDRs/

Of the 849 culture-positive patients only 769 had usable pDST (80-contaminated).

*Indirect smear-positive MTBDRs/ results: FQ-R (n=3), SLID-R (n=0), FQ-R and SLID-R (n=0), fully susceptible (n=33), and non-actionable (n=0).

**Indirect smear-negative MTBDRs/ results: FQ-R (n=7), SLID-R (n=4), FQ-R and SLID-R (n=2), fully susceptible (n=175), and non-actionable (n=0)

Abbreviations: FQ-fluoroquinolones, SLID-second line injectable drug, R-resistant, n-number, TUB-TUB-band, pDST-phenotypic drug susceptibility testing.

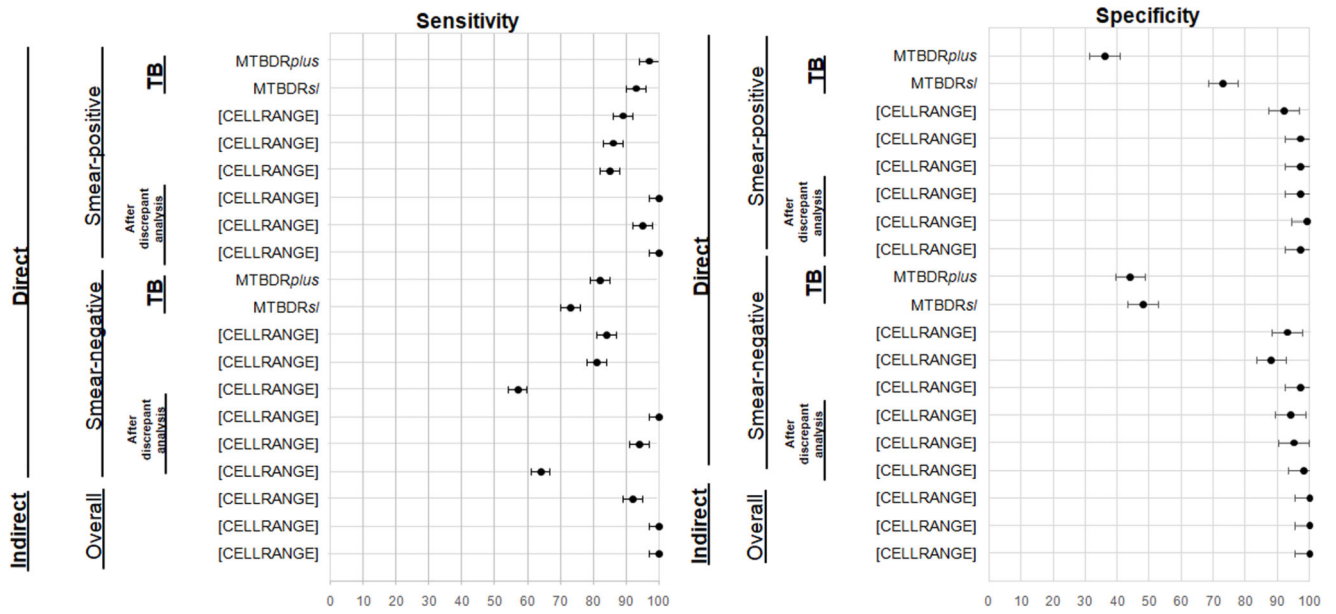


Figure 4. Selected summary forest plots showing sensitivity and specificity estimates (with 95% CI) for MTBDRplus and MTBDRsl. Importantly, only patients first detected as TB positive (top two rows) can generate an actionable LPA DST result. Estimates for smear-negatives were lower than smear-positives and, overall, estimates for SLIDs were lower than for FQs. All estimates improved in favour of LPAs after discrepant resolution. Abbreviations: TB-tuberculosis, FQ-fluoroquinolones, SLID-second line injectable drugs

Table 1
Accuracy of direct MTBDR_{plus} and MTBDR_{s/l} testing for TB and phenotypic second-line drug resistance in sputum of Xpert-positive rifampicin-resistant patients. Data are % (n/N) 95% CI.

		Overall		Smear-positive		Smear-negative	
	Sensitivity	Specificity	Sensitivity	Specificity	Sensitivity	Specificity	
MTBDR_{plus}	TB	88 (751/849) 86-90	43 (40/93) 32-53	97 (363/373) 94-98	36 (4/11) 10-69	82 (388/476) 77-84 * p<0.001	44 (36/82) 32-54 * p=0.635
MTBDR_{s/l}	TB	82 (696/849) 79-84 † p<0.001	51 (47/93) 32-54 † p=0.303	93 (347/373) 90-95 † p=0.006	73 (8/11) 39-93 † p=0.086	73 (349/476) 69-77 * p<0.001 † p=0.002	48 (39/82) 36-58 * p=0.117 † p<0.001
	Fluoroquinolones	87 (71/82) 77-93	93 (297/321) 90-96	89 (40/45) 75-96	92 (180/195) 88-96	84 (31/37) 67-93 * p=0.105	93 (117/126) 89-98 * p=0.855
	Second-line injectables drugs	84 (32/38) 68-93 ** p=0.720	94 (317/339) 90-95 ** p=0.820	86 (19/22) 65-97 ** p=0.001	97 (205/212) 93-98 ** p=0.108	81 (13/16) 54-95 * p=0.011 ** p=0.821	88 (112/127) 81-93 * p=0.002 ** p=0.052
	Fluoroquinolone and second-line injectable drugs	70 (19/27) 69-98	97 (257/264) 94-98	85 (11/13) 54-98	97(165/169) 94-99	57 (8/14) 28-82 * p=0.118	97 (92/95) 91-99 * p=0.701

* Within row comparisons between smear statuses

** Within column comparisons for second-line injectables vs. fluoroquinolones

† Within column comparisons for MTBDR_{s/l} vs. MTBDR_{plus}

Table 2

Sequencing of MTBDR*plus* targets (*rpoB*, *katG*, *inhA* promoter region) done to resolve discrepant results either between MTBDR*plus* and Xpert (rifampicin) or MTBDR*plus* and phenotype (isoniazid). Sequencing suggested Xpert is more sensitive for rifampicin resistance than MTBDR*plus*. MTBDR*plus* detected mutations known to cause isoniazid resistance better than pDST. See Supplementary Methods for how LPA results were categorised as discrepant.

Locus	MTBDR <i>plus</i>	Comparator result	Mutation	Sequencing				Resolved in favour of LPA or comparator
				No. isolates	No. with HR	Susceptibility result		
Rifampicin <i>rpoB</i> [*] (n=29)	S	R	S531L	8	1	R	Xpert	
			H526Y	2	0	R	Xpert	
			D516V	3	1	R	Xpert	
			Q513P	1	0	R	Xpert	
			L511P ^{**}	8 (1 double mutant with D485N)	1	R	Xpert	
			WT	4	0	S	MTBDR <i>plus</i>	
NR	3							
<i>Discrepant resolution by sequencing</i>			<i>85% (22/26) resistant (resolved in favour of Xpert)</i> <i>15% (4/26) susceptible (resolved in favour of MTBDR<i>plus</i>)</i>					
Isoniazid <i>katG</i> [^] (n=24)	S	R	G312C	1		R	pDST	
			S315T	3		R	pDST	
			WT	19		S	MTBDR <i>plus</i>	
			NR	1				
<i>inhA</i> promoter [^] (n=24)	S	R	-8 T/C	1		R	pDST	
			WT	23		S	MTBDR <i>plus</i>	
<i>Discrepant resolution by sequencing</i>			<i>21% (5/24) resistant (resolved in favour of pDST)</i> <i>79% (19/24) susceptible (resolved in favour of MTBDR<i>plus</i>)</i>					

* Only Xpert rifampicin-resistant and MTBDR*plus* rifampicin-susceptible discrepant sputa were sequenced from the isolate

[^] Discrepant isolates sequenced included only MTBDR*plus*-susceptible that were phenotypic resistant (due to contemporaneous programmatic algorithm).

** L511P is considered borderline by "WHO" who recommend people found with this mutation be classified as resistant [28].

Abbreviation: R-resistant, S-susceptible, HR-heteroresistance, WT-wild-type, NR-Not reportable (did not amplify for sequencing), LPA-line probe assay, n-number, pDST-phenotypic drug susceptibility testing, Xpert-Xpert MTB/RIF

Table 3
Sequencing of MTBDR_{sl} targets (*gyrA*, *rrs*) to resolve results discrepant with pDST.
Most fluoroquinolone discrepant resolved in favour of MTBDR_{sl} whereas most SLIDs
discrepant resolved in favour of pDST.

Locus	Sequencing						Resolved in favour of LPA or pDST
	MTBDR _{sl}	pDST	Mutation	No. isolates	Susceptibility result		
Fluoroquinolones	<i>gyrA</i> (n=11)	S	R	G81C [*]	1	S	MTBDR _{sl}
				A88T	1	R	pDST
				WT	9	S	MTBDR _{sl}
				A88T	1	R	MTBDR _{sl}
				C86T	1	R	MTBDR _{sl}
				D89N	1	R	MTBDR _{sl}
	(n=24)	R	S	A90V	4	R	MTBDR _{sl}
				S91P	1	R	MTBDR _{sl}
				D94G	2	R	MTBDR _{sl}
				S95T [^]	2	S	pDST
				WT	6	S	pDST
				NR	6		
				<i>Discrepant resolution by sequencing</i>			<i>69% (20/29) in favour of MTBDR_{sl}</i> <i>31% (9/29) in favour of pDST</i>
Second-line injectables	<i>rrs</i> (n=6)	S	R	WT	3	S	MTBDR _{sl}
				NR	3		
	(n=22)	R	S	WT	8	S	pDST
				A1401G	1	R	MTBDR _{sl}
				NR	13		
<i>Discrepant resolution by sequencing</i>			<i>33% (4/12) in favour of MTBDR_{sl}</i> <i>67% (8/12) in favour of pDST</i>				

* G81C - silent mutation

[^] S95T – does not cause resistance [28, 29]

Abbreviation: R-resistant, S-susceptible, WT-wild-type, NR-number of specimens that did not amplify for sequencing, n-number, pDST-phenotypic drug susceptibility testing, LPA-line probe assay

Table 4
Comparison of key care cascade gaps for the diagnosis of drug-resistance before and after the implementation of improved molecular diagnostics for resistance beyond rifampicin.

Implementation of first-line MTBDR*plus* testing on Xpert rifampicin-resistant sputum to include smear-negatives and MTBDR*s/l* testing on all sputum resulted in a greater proportion of patients receiving second-line DST, reduced reliance on culture, and reduced turnaround time. The Supplementary Methods contains more information on these periods. Data are median (IQR) or % (n/N).

	Retrospective period <i>MTBDRplus</i> only on smear-positives Second-line DST by <i>pDST</i> only			Prospective period <i>MTBDRplus</i> and <i>MTBDRsl</i> irrespective of smear-status Second-line <i>pDST</i> still done		
	Overall (n=2938)	Smear-positive (n=1674)	Smear-negative (n=1264)	Overall (n=799)	Smear-positive (n=416)	Smear-negative (n=383)
<i>On treatment without receiving any second-line DST</i>	23 (668/2938)	21 (357/1674)	25 (311/1264) * p=0.358	5 (40/799) ^ p<0.001	2 (7/416) ^ p<0.001	9 (33/383) * p<0.001 ^ p<0.001
<i>MTBDRplus</i> direct testing	N/A	100 (1674/1674)	N/A	100 (799/799)	100 (416/416)	100 (383/383)
With an actionable result	N/A	79 (1317/1674)	N/A	99 (797/799)	100 (416/416)	99 (381/383) * p=0.140
Without an actionable result	N/A	21 (357/1674)	N/A	0 (2/799)	0 (0/416)	1 (2/383)
<i>MTBDRsl</i> direct testing	N/A	N/A	N/A	100 (799/799)	100 (416/416)	100 (383/383)
With an actionable result	N/A	N/A	N/A	78 (622/799)	91 (380/416)	63 (242/383) * p<0.001
Without an actionable result	N/A	N/A	N/A	22 (177/799)	9 (36/416)	37 (141/383) * p<0.001
Days-to-result (actionable or non-actionable)	N/A	N/A	N/A	6 (5-7)	6 (5-7)	6 (5-7) * p<0.001
<i>MTBDRsl</i> indirect testing	N/A	N/A	N/A	22 (177/177)	9 (36/36)	37 (141/141)
With an actionable result	N/A	N/A	N/A	22 (177/177)	9 (36/36)	37 (141/141)
Without an actionable result	N/A	N/A	N/A	0	0	0
Days-to-result (actionable or non-actionable)	N/A	N/A	N/A	22 (16-26)	16 (13-22)	22 (18-27) * p=0.081
<i>pDST</i>	77 (2270/2938)	79 (1317/1674)	75 (953/1264) * p=0.358	94 (750/799) ^ p<0.001	96 (400/416) ^ p<0.001	91 (350/383) * p=0.500 ^ p<0.001
Days-to-result (IQR)	37 (35-46)	33 (29-38)	42 (36-50) * p<0.001	30 (27-36) ^ p<0.001	28 (25-35) ^ p<0.001	34 (30-40) * p<0.001 ^ p<0.001
<i>Overall, second-line DST</i>						
Patients who required second-line DST on isolates (indirect <i>MTBDRsl</i> or <i>pDST</i>) when	0	0	0	22 (177/799)	9 (36/416)	37 (141/383) * p<0.001

	Retrospective period <i>MTBDRplus only on smear-positives Second-line DST by pDST only</i>			Prospective period <i>MTBDRplus and MTBDRsl irrespective of smear-status Second-line pDST still done</i>		
	Overall (n=2938)	Smear-positive (n=1674)	Smear-negative (n=1264)	Overall (n=799)	Smear-positive (n=416)	Smear-negative (n=383)
direct MTBDR _{sl} / was non-actionable						
Days-to-first actionable second line DST result (direct MTBDR _{sl} /, indirect MTBDR _{sl} /, or pDST)	37 (35-46)	33 (29-38)	42 (36-50) * p<0.001	6 (5-7)	6 (5-7)	6 (5-7) * p<0.001

[^] Comparisons within rows in “retrospective” vs “prospective” periods

* Comparisons within rows and between columns by same smear status

Abbreviations and definitions: pDST-phenotypic drug susceptibility testing, IQR-interquartile range, n-number, N/A-non applicable, DST-drug susceptibility testing.