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Acute effects of alcohol on stimulus-induced gamma oscillations in human primary visual and motor cortices

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Abstract

Alcohol is a rich drug affecting both the γ-amino butyric acid (GABA) and glutamatergic neurotransmitter systems. Recent findings from both modelling and pharmacological manipulation have indicated a link between GABAergic activity and oscillations measured in the gamma frequency range (30-80Hz), but there are no previous reports of alcohol's modulation of gamma-band activity measured by magnetoencephalography (MEG) or electroencephalography (EEG). In this single-blind, placebo-controlled crossover study, 16 participants completed two study days, one in which they consumed a dose of 0.8g/kg alcohol, and the other a placebo. MEG recordings of brain activity were taken before and after beverage consumption, using visual grating and finger abduction paradigms known to induce gamma-band activity in the visual and motor cortices respectively. Time-frequency analyses of beamformer source reconstructions in the visual cortex showed that alcohol increased peak gamma amplitude and decreased peak frequency. For the motor task, alcohol increased gamma amplitude in the motor cortex. These data support the notion that gamma oscillations are dependent, in part, on the balance between excitation and inhibition. Disruption of this balance by alcohol, through increasing GABAergic inhibition at $GABA_A$ receptors and decreasing glutamatergic excitation at NMDA receptors, alters both the amplitude and frequency of gamma oscillations. The findings provide further insight into the neuropharmacological action of alcohol.

Keywords

Alcohol; Magnetoencephalography; gamma; GABA; vision; movement

Introduction

Alcohol affects many neurotransmitter systems via the disruption of receptor functioning. The two most universal effects are blockade of glutamatergic N-methyl-D-aspartic acid

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(NMDA) receptors to induce brain-wide decrease in excitation (Grant and Lovinger, 1995; Valenzuela, 1997), and enhancement of γ-aminobutyric acid (GABA) type A receptors to increase post-synaptic chloride ion flux and hyperpolarisation (see Weiner & Valenzuela, 2006 for a comprehensive review). Thus *in vitro*, ethanol is known to increase the amplitude and duration of evoked $GABA_A$ inhibitory post-synaptic potentials (IPSPs) and inhibitory post-synaptic current (IPSC) in a slice of the rat central amygdala nucleus (Roberto *et al*, 2003; Wan *et al*, 1996). Such alterations are likely to disrupt the fine balance between excitation and inhibition throughout the brain, but the effect of alcohol on dynamic cortical circuits in vivo in humans is not well understood.

Evidence from modelling, multimodal imaging and pharmacological intervention suggest that changes to synchronous oscillations in the gamma frequency band (30-80Hz), although they do not directly measure neuronal firing, can be an indicator of disruption to the excitation/inhibition balance, since gamma oscillations are thought to be underpinned by reciprocally connected networks of inhibitory GABAergic interneurons and excitatory glutamatergic pyramidal cells (Buzsáki and Wang, 2012). At a microcircuit level, active GABAergic synapses transiently decrease the probability of pyramidal cells firing, following which synchronised firing of spikes and local field potential oscillations occur (Gonzalez-Burgos and Lewis, 2008). Since alcohol is expected to produce an increase in IPSC decay time, it would lengthen the return time from inhibition and therefore lower the oscillatory frequency. Consistent with this, pharmacological manipulation of GABAergic function *in vitro* by the barbiturate thiopental reduced the frequency of both fast gamma (>70 Hz) and slow gamma (30-70 Hz) oscillations in rat visual cortex (Oke *et al*, 2010).

A further prediction is that lower frequencies could facilitate recruitment of pyramidal cells into the network, which would increase oscillatory power (Gonzalez-Burgos and Lewis, 2008). Although this prediction is counter to the intuition that enhancing inhibition should reduce power, it is supported by evidence that benzodiazepines acting at the $GABA_A$ receptor increase resting gamma power in occipital and pre-frontal areas (diazepam, Hall *et al*, 2010), in addition to decreasing alpha power in the visual cortex (lorazepam, Ahveninen *et al*, 2007) and increasing beta power and decrease beta frequency in sensori-motor cortex (Jensen *et al*, 2005).

Very few articles have studied alcohol intoxication using MEG/EEG (e.g. Kovacevic *et al*, 2012; Marinkovic *et al*, 2012; Nikulin *et al*, 2005), and these have focused on changes to beta, alpha and theta-band oscillations. As such alcohol's effects on gamma activity are incompletely known. Moreover, previous evidence from pharmacological interventions is mixed. Cortical responses to visual stimuli consist of both phase-locked evoked responses and non-phase-locked, induced responses. GABA transporter 1 (GAT-1) blockade by tiagabine decreased only evoked responses, whereas no changes in induced gamma power and frequency were detected across placebo and drug conditions (Muthukumaraswamy *et al*, 2013a). Sedation by propofol (a $GABA_A$ agonist) significantly increased induced sustained gamma amplitudes and simultaneously decreased the evoked response (Saxena *et al*, 2013). Both benzodiazepines and propofol are positive allosteric modulators of the $GABA_A$ receptor, which increase chloride ion flux and induce hyperpolarisation of the postsynaptic neuron. Tiagabine, on the other hand, acts to increase endogenous GABA levels via GAT-1

blockade. It is possible that these differences in mechanism are responsible for the differences in influence on the gamma response, but exactly how is still unknown.

In motor cortex, simple digit movements induce transient gamma-band frequency oscillations (movement related gamma synchronisation, MRGS; Cheyne *et al*, 2008), as well as post-movement beta-rebound (PMBR) and beta event-related desynchronisation (beta-ERD) in sensorimotor areas (Jurkiewicz *et al*, 2006). It is likely that each component is generated by anatomically separate cortical circuits (Pfurtscheller & Lopes da Silva, 1999). Benzodiazepines and tiagabine have both been reported to enhance movement induced beta-ERD activity, and tiagabine also reduced PMBR. Surprisingly neither drug appeared to modulate MRGS (Hall *et al*, 2010; Jensen *et al*, 2005; Muthukumaraswamy *et al*, 2013b).

The current study employed two tasks: a gamma inducing visual grating paradigm and a simple motor task known to induce gamma and beta band activity. These were completed in both pre- and post-drink MEG recording sessions. A simple saccadic eye-movement task was also included to measure sedation.

Methods

Participants and Screening

Sixteen volunteers (8 male, mean age 25.9 years SD 3.8, mean body weight 75.7kg, SD 12.7) were recruited after informed consent (procedures approved by Cardiff University School of Psychology Ethics Committee). Participants had no known allergy to alcohol and were taking no medication that was affected by alcohol consumption. All participants abstained from alcohol for 12 hours prior to participation and gave a Breath Alcohol Concentration (BrAC) of 0 μg/100ml on arrival. Reported mean consumption was moderate, males: 23.9 (9.7), females: 16.5 (5.1) UK units per week (1 unit=8g ethanol, therefore mean male consumption = 191.2g, females = 132g per week). Participants were screened for alcohol dependence using the Alcohol Use Disorders Identification Test (AUDIT; Babor *et al*, 1993) and the Severity of Alcohol Dependence Questionnaire (SADQ; Stockwell *et al*, 1983); Scores were reasonably low (AUDIT 8.4 (2.8); SADQ 6.1 (3.9)) and below the alcohol dependence threshold (≥16). None of the participants reported depression or anxiety symptoms in the Hospital Anxiety and Depression Scale (HADS; Zigmond & Snaith, 1983) at the time of testing (anxiety mean = 4.1 (2.2), depression mean = 1.7 (3.0)). For saccadic eye movements and the motor task only 14 full datasets were acquired, due to technical difficulties. After screening of data quality by an observer blind to condition (poor data quality defined as low amplitude gamma response with no clear peak in at least one of the four conditions [pre/post, placebo/alcohol]), four participants were excluded from statistical analyses of visual gamma. For transient visual responses, data from an additional participant was removed using the same criteria. Individual participant fits and excluded participants can be seen in Supplementary Information Figures S1A-F.

Alcohol dose and Administration

Participants attended two testing days separated by at least 24 hours. On one testing day, after the initial scanning session, participants were given a dose of alcohol in the form of

40% alcohol by volume vodka; males received 0.8g per kg of body weight, while females were given 90% of this dose due to differences in body water content (Sutker *et al*, 1983; Brumback *et al*, 2007)). This was made up to a 500ml solution with a carbonated citrus juice drink (*Orangina*) and divided into 10 equal aliquots of 50ml each. Participants consumed one aliquot every 3 minutes and then waited for 15 minutes to allow absorption of the alcohol. In the placebo condition participants were given 10×50ml aliquots of *Orangina* with the rim of the glass sprayed with alcohol and a few drops of alcohol floated on top of the drink (Rose and Duka, 2008). Experimenters were not blind to the experimental intervention.

Procedure

On each testing day participants completed a breathalyser measurement, were weighed, ate a small sandwich (filling depended upon dietary restrictions, mode calorie content: 427 kcal, range: 359-473kcal; mode fat content: 23.4g, range: 22.9-26.6g) and completed the AUDIT, SADQ, mini-international neuropsychiatric interview (MINI; non-alcohol substance abuse section) and HADS questionnaires. They were then fitted with MEG coils and electrodes which they kept on for the remainder of the session. Participants then completed a 'pre-drink' MEG recording. Following this, participants completed the drink challenge as described above. After providing a breathalyser measurement at 15 minutes from last drink, participants completed the 'post-drink' MEG recording, after which a further breathalyser measurement was taken at 1 hour from last drink, as well as psychological measures of the Biphasic Alcohol Effects Scale (BAES; Martin *et al*, 1993) and Subjective High Assessment Scale (SHAS; Schuckit, 1980).

Visual task—Participants were presented with a vertical, stationary, maximum contrast, three cycles per degree, square-wave grating (8° visual angle) presented on a mean luminance background with a central fixation point (Muthukumaraswamy and Singh, 2013). The screen was positioned centrally at eye-level. For 100 trials the stimulus was presented for 1500ms and a button-press response was given at its offset with right-hand index finger to maintain concentration. Participants were given 750ms to respond and warned when no or late responses were given. This response period was followed by a 2000ms inter-stimulus-interval (ISI) (see Figure 1a).

Motor task—Participants performed 100 trials of a cued finger movement task, similar to that described in Muthukumaraswamy (2010) and Muthukumaraswamy *et al* (2013b). The participants were required to perform ballistic abductions of the right-hand index finger at the onset of an auditory tone pip (same volume for all participants) played through insert headphones (4.5 s ISI) placed by the participant. All participants confirmed they could hear the tone before the experiment began. The participants' right index finger lightly rested against a small piece of plastic that was attached to an optical displacement system. After the auditory pip (1.5s), the participants received on-screen feedback with a "virtual ruler" for 1s, indicating how far they had moved relative to a target movement criterion (10 mm).

The visual and motor tasks were presented on a Mitsubishi Diamond Pro 2070 monitor controlled by the Psychophysics Toolbox (Brainard, 1997; Pelli, 1997). The screen size was

1024 by 768 pixels and the monitor frame rate was 100Hz. The monitor was outside the magnetically shielded room and viewed at 2.15m through a cut-away portal in the shield.

Saccadic eye-movement (SEM)—As an objective measure of sedation, we measured the velocity of 50 saccadic eye movements (Lehtinen *et al*, 1979), based on a task of Ball *et al* (1991). Electrooculography measurements were used to quantify this velocity. Participants fixated on a red square that alternated from left to right every 1500ms, prompting 30-degree saccades along the horizontal mid-point. Stimuli were projected onto a screen at 80 cm viewing distance.

MEG acquisition

Whole head MEG recordings were made using a CTF 275-channel radial gradiometer system sampled at 1200Hz (0-300Hz bandpass). An additional 29 reference channels were recorded for noise cancellation purposes and the primary sensors were analysed as synthetic third-order gradiometers (Vrba and Robinson, 2001). Three of the 275 channels were turned off due to excessive sensor noise. Participants were fitted with three electromagnetic head coils (naison and pre-auriculars) which were localised relative to the MEG system immediately before and after the recording session for each task. Participants were also fitted with electrooculography (EOG) electrodes, above and below the pupil of the right eye, and 1cm lateral to the outer canthus of each eye. For the motor task, a bipolar electromyogram was recorded from right dorsal interosseus. EOG and EMG recordings were sampled simultaneously with the MEG recordings. All participants had completed a 1mm isotropic T_1 weighted FSPGR image on the same 3 Tesla full body GE MRI scanner prior to participation, as part of a different study, to be used for MEG/MRI co-registration. Fiduciary markers were placed on the MR image corresponding to the positions of the electromagnetic head coils as ascertained through photographs of the participants on the day of testing.

Data Analysis

Visual task data was epoched from −2s before to 2s after the stimulus onset. For the Motor task, data pre-processing was similar to our previous work (Hamandi *et al*, 2011; Muthukumaraswamy, 2010). In short, EMG onsets were marked using an automated algorithm that marked increases in the rectified EMG signal by 3SDs above the noise floor (Cheyne *et al*, 2008), subject to the constraint that they occurred within 750ms of the tone pip. Data were then epoched from 1.5s before, to 3.0s after the EMG markers. For both tasks each trial was visually inspected and discarded if there were excessive MEG signal artefacts (e.g. head movements/jaw clenches, blinks); motor trials were further inspected for irregular movement displacements (e.g. double movements) or irregular EMG activity. Mean number of trials analysed; visual task: Pre-alcohol 82.6 (SD=17.8), post-alcohol 85 (SD=11.2), pre-placebo 82.4 (SD=14.5), post-placebo 77.2 (SD=16.1), motor task: pre-alcohol 83.9 (SD=6.4), post-alcohol 86.3 (SD=10.9), pre-placebo 85.9 (SD=9.1), post-placebo 83.5 (SD=10.3).

Synthetic aperture magnetometry (SAM; Robinson and Vrba, 1999) was used for source localisation in the gamma frequency band (visual task: 30-80Hz, Gaetz *et al*, 2012; motor

task: 60-90Hz, Muthukumaraswamy *et al*, 2013b). Additional SAM source localisation was conducted in the beta-band (15-30Hz, Muthukumaraswamy *et al*, 2013b). Global covariance matrices were generated for each bandpass-filtered dataset and beamformer weights were calculated for the whole brain at a 4mm isotropic voxel resolution using the beamformer algorithm (Robinson and Vrba, 1999).

For the visual data student *t*-images of source power changes were calculated using a baseline period of −1.5 to 0s and an active period of 0 to 1.5s. The voxel with the largest power increase in the gamma frequency band was located in the occipital lobe for each recording for each participant. In order to generate a time-frequency representation of the stimulus response, the virtual sensor at this voxel was repeatedly band-pass filtered between 1 and 100Hz at 0.5Hz frequency step intervals with an 8Hz bandwidth (third-order Butterworth filter, Le Van Quyen *et al*, 2001) and at each frequency step the amplitude envelope was calculated from the analytic signal using the Hilbert transform. A similar analysis was performed on the motor data but using the following times (as used in Muthukumaraswamy *et al*, 2013): baseline MRGS = −1.3s --1s active MRGS = 0-0.3s, baseline beta-ERD = −1.25s - -0.5s, active beta-ERD = −0.25s – 0.5s, baseline PMBR = −1.25s - -0.5s active PMBR = 1s – 1.75s. Time-frequency spectra were computed as a percentage change from the pre-stimulus baselines by frequency band. MEG auditory responses to the tone pip were not analysed as they are known to not contaminate gamma-band responses in the motor cortex (Muthukumaraswamy, 2010).

For the production of grand-average SAM maps, individual SAM images were first spatially normalised onto the MNI (T_1) average brain using FMRIB's Linear Affine Registration Tool (Jenkinson and Smith, 2001). This was done by first obtaining a set of warping parameters by registering the participant's anatomical MRI with the average brain an then applying these parameters to the SAM source power maps.

Visual time-frequency spectra were split into two epochs: transient responses (0.0-0.3s from stimulus onset) and sustained responses (0.3-1.5s), as typical for this kind of stimulus (Swettenham et al., 2009). The amplitude spectrum for each of these epochs was calculated by averaging the time-frequency maps over these respective time ranges and skewed Gaussian functions were fit to a 20Hz window centred on the average peak frequency across conditions for each participant, in order to remove noise in the estimation of peak frequencies (Figure 1b and Supplementary Information Figures S1A-F for individual participant fits). For each visual time-frequency epoch, peak amplitude and corresponding frequency were taken from the fitted functions. For the motor MRGS response, peak frequency and amplitude were taken from the fitted functions.

Source-level evoked responses were calculated from visual virtual sensor data. A low pass filter of 40Hz and a baseline of −0.2 - 0s were applied. For group-level analysis, to ensure all virtual sensors had the same polarity data were assigned polarity based upon the 80 ms component direction.

For motor beta values, mean power collapsed across 15-30Hz for the respective active and baseline periods for each participant were calculated.

All statistical analyses were performed using 2 (drug: placebo/alcohol) by 2 (time: pre-drink/post-drink) within-subjects ANOVAs, with the interaction term being of most interest. Within-subject standard errors are used to express variance throughout.

Results

Confirmation of intoxication

Participants reached a mean peak BrAC of 36.4 μg/100ml (SD = 6.2 μg/100ml). Saccadic Eye Movements could be analysed for 14 participants, and as expected there was an alcohol-induced slowing of eye-movement velocity compared to w*time interaction: $F(1,13) = 15.92$, $p = .002$). In the subjective questionnaires, 13 full datasets were analysed; 3 were incomplete. Significant differences were observed between the placebo and alcohol conditions for both sedative ($F(1,12) = 35.32$, $p = <.001$), and stimulant feelings ($F(1,12) = 6.28$, $p = .028$) measured by the BAES. A significant difference was also observed between placebo and alcohol for the SHAS ($F(1,12) = 27.66$, $p <.001$). Reaction time to the offset of visual stimuli was also slower following intoxication, while it was faster following placebo (drug*time interaction $F(1,15) = 5.70$, $p = .031$). No significant drug*time interactions were observed from behavioural motor data for both peak movement displacement ($F(1,13) = 0.114$, $p = .741$) and the latency at which peak displacement was reached ($F(1,13) < 0.000$, $p = .993$). Descriptive statistics for these effects can be found in Supplementary Information Table S1C.

Visual Gamma

As indicated in Figure 1d, significant drug*time interactions were found for both peak amplitude ($F(1,11) = 5.317$, $p = .042$) and frequency ($F(1,11) = 13.31$, $p = .004$) of sustained visual gamma responses, such that alcohol increases visual gamma peak amplitude, and decreases mean peak frequency. Grand-averaged time frequency spectrograms for peak gamma-band locations for each condition are presented in Figure 1c. The increase in amplitude can be observed in the spectrogram for the post-alcohol condition as a darker red colour.

The spectrograms also show that preceding the narrow-band sustained gamma response there is an initial broadband transient gamma response, which is typically present for this type of visual stimulus, though less reliable (Swettenham *et al*, 2009). As for the sustained data, the mean transient peak frequency decreased with alcohol ($F(1,10) = 5.50$, $p = .041$, Figure 2a), but the drug*time interaction for amplitude, though in the same direction, failed to reach significance ($F(1,10) = 3.99$, $p = .074$).

Activity within the pre-stimulus baseline period showed a possible elevation of alpha power in the post-alcohol condition ($F(1,11) = 3.904$, $p = .074$) and no differences in the gamma-band ($F(1,11) = 1.04$, $p = .331$; see Figure 2b, descriptive statistics in Supplementary Information Tables S1A-B). Analysis of evoked responses found no differences between pre- and post-drink recordings for both alcohol and placebo, see Figure 2c.

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Motor Gamma

A significant drug* time interaction was found for peak MRGS amplitude ($F(1,13) = 9.46$, $p = .009$) but no significant interaction was observed for frequency ($F(1,13) = 2.02$, $p = .179$) (Figure 3). Peak gamma amplitude increased under the influence of alcohol.

Grand-averaged time-frequency spectrograms for the activity recorded during the motor task are shown in Figure 3. The spectrograms display a typical response: a transient gamma response (MRGS) in the 60-90 Hz range at 0–0.3s, beta-ERD evident at −0.25s to 0.5s and the sustained PMBR at 1 to 1.75s both in the 15-30 Hz range. Grand-averaged SAM maps indicate the pattern of activity of the MRGS, PMBR and beta-ERD responses (Figure 3).

No significant differences in mean gamma amplitude during the baseline period were anticipated therefore gamma amplitude was calculated as a percentage change from baseline. However, a near significant drug*time interaction was observed for baseline gamma ($F(1,13) = 4.41$, $p = .056$), non-baselined analyses were conducted which still revealed a significant drug*time interaction for residual, active – baseline period gamma amplitude ($F(1,13) = 6.42$, $p = .025$).

For beta-ERD and PMBR both baselined and non-baselined time-frequency analyses were conducted and revealed that there were differences in baseline period beta power following alcohol ingestion (Figure 4). Using non-baselined data, for both the peak beta-ERD contralateral location and PMBR location there were no significant time*drug interactions for the baseline period (beta-ERD $F(1,13) = 0.067$, $p = .800$; PMBR $F(1,13) = 0.112$, $p = .743$), the active period (beta-ERD $F(1,13) = 0.341$, $p = .570$; PMBR $F(1,13) = 0.282$, $p = .604$) or the residual strength, i.e. active - baseline (beta-ERD $F(1,13) = 0.497$, $p = .492$; PMBR $F(1,13) = 0.065$, $p = .802$).

Exploratory correlational analyses indicated significant correlations between the absolute change in visual gamma frequency from baseline to post-alcohol with BrAC, $r=-.605$, n=12, $p=.037$. Full correlational matrices can be found in the Supplementary Information Tables S2A-B.

Discussion

The present experiment examined the effect of a moderate dose of alcohol on temporally organised synchronous neuronal oscillations in human participants. An alcohol-induced increase in peak gamma amplitude was observed for both visual and motor stimulus responses, and a decrease in peak frequency for visual gamma was observed. Since responses were analysed at posterior sensors, these findings are not likely to be confounded by any alcohol-induced changes in eye-movements (Carl *et al*, 2012). Also, checks for eye-movement related activity on grand-averaged SAM spatial maps found no evidence of gamma-band activity in areas near extra-ocular muscles. Similar findings to ours are echoed in the *in vitro* animal literature. For example, under the administration of the barbiturate thiopental, Oke *et al* (2010) observed an increase in gamma amplitude and a slowing of gamma frequency in rat visual cortex slices.

Positive allosteric modulation of $GABA_A$ receptors may be the key driver of changes to synchronous gamma oscillations. Alcohol is known to increase the duration of IPSCs and the amplitude of IPSPs (Roberto *et al*, 2003; Wan *et al*, 1996), which in turn is expected to decrease the oscillation frequency of the network (Gonzalez-Burgos and Lewis, 2008), as we observed for visual gamma. The increases in gamma amplitude we also observed are broadly consistent with the further prediction that there could be greater pyramidal cell recruitment (Gonzalez-Burgos and Lewis, 2008) and also match a previous report that visual gamma amplitude is increased during propofol administration (Saxena *et al*, 2013). Propofol, like alcohol, is a positive allosteric modulator of the $GABA_A$ receptor that similarly alters the IPSCs and IPSPs (Orser *et al*, 1994). However, with propofol an influence on frequency was not detected, possibly due to two methodological differences. Our experiment used a more optimal visual stimulus, filling a larger proportion of the visual field eliciting a greater amplitude response (Muthukumaraswamy and Singh, 2013). Secondly, we used a fitting procedure whereas Saxena *et al* (2013) extracted peak frequency directly from the data, possibly allowing any decrease in frequency to be masked by noise.

Our findings are also in broad concordance with previously observed positive correlations between visual gamma frequency and GABA concentration in the visual cortex measured by Magnetic resonance spectroscopy (MRS) (Muthukumaraswamy et al, 2009). During alcohol intoxication MRS has indicated a decrease in GABA concentration (Gomez et al, 2012). Therefore, a decrease in gamma frequency by alcohol fits this trend. However, it is unknown how this pattern should be related to another finding that tiagabine had no detectable effect on amplitude or frequency of visual gamma responses; rather, a reduction of visual evoked responses was detected (Muthukumaraswamy et al, 2013a). Tiagabine acts via the blockade of GABA transporter 1 to increase endogenous GABA levels (Borden et al, 1994). It remains unclear why this should have a different effect to direct enhancement of GABA at $GABA_A$ receptors, or to naturally occurring individual differences in GABA levels as measured by MRS. One possibility is that increased concentrations of extracellular GABA may translate to decreased availability for release and/or greater baseline receptor activity could affect network timing or synchrony due to fewer available binding sites for the next release.

For motor gamma responses, pharmaco-MEG investigations using diazepam (Hall *et al*, 2010) and tiagabine (Muthukumaraswamy *et al*, 2013b) have found no modulation of the amplitude or frequency of the gamma response. Propofol has not been studied in the context of motor gamma, but likealcohol, diazepam is a positive allosteric modulator of GABA at $GABA_A$ receptors, and thus the apparent lack of any effect contrasts with the clear effect of alcohol on motor gamma amplitude found here. Further, in contrast to the visual gamma findings, our motor gamma did not show an alcohol-induced alteration to frequency. A possible explanation for this could be the different physiological mechanisms underlying the visual and motor gamma responses. Motor gamma oscillations are thought to be driven sub-cortically by the subthalamic nucleus (Litvak *et al*, 2012). This subthalamic drive may make pharmacological manipulations of local circuits in motor area M1 less likely to affect frequency.

Above we have focussed on the role of GABA, but the action of alcohol on glutamatergic NMDA receptors may also play a critical role. As already mentioned, increases in gamma amplitude may reflect recruitment of additional pyramidal cells in the post-inhibition excitation phase. Alcohol inhibits the excitatory post-synaptic currents (EPSCs) and potentials (EPSPs) induced by NMDA receptors (Lovinger *et al*, 1989, 1990) further reducing excitation. Counter-intuitively, this could in turn lead to the recruitment of further pyramidal cells, increasing gamma amplitude (Pfurtscheller and Lopes da Silva, 1999; Singer, 1993).

A limitation of our findings is the method for administering alcohol and placebo. Anecdotally, a number of participants reported knowledge of the drink condition they had been assigned on each day, which is impossible to avoid given that participants are familiar with the symptoms of mild alcohol doses. This may have altered their attention during experimental tasks affecting their gamma band response (Kahlbrock *et al*, 2012). However, unlike broadband visual gamma, the narrow-band response studied here has previously been shown to be insensitive to attentional manipulation (Koelewijn *et al*, 2013), suggesting it is purely a bottom-up driven stimulus response. The method of administration was selected because it has been successfully used by a number of studies administering alcohol (Nutt *et al*, 2007; Rose and Duka, 2008).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

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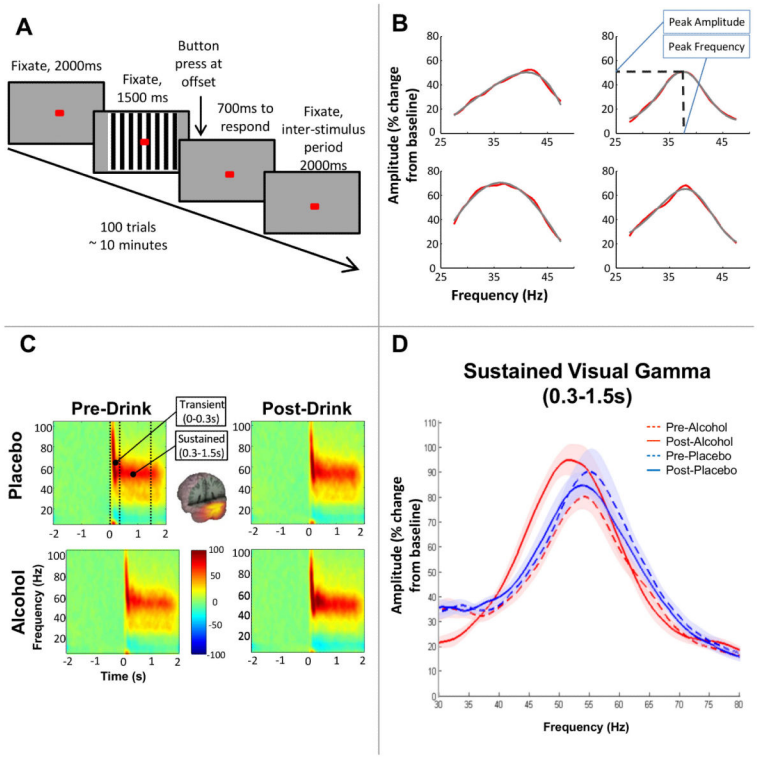

Figure 1.

(**A**) Paradigm for visual task (**B**) An example of skewed Gaussian function fitting to visual data (red) from one participant. Peak amplitude and corresponding frequency are taken from the fitted function (grey), (**C**) Time-frequency spectrograms of visual task responses. The location of transient responses, thought to be generated from long-ranging bottom-up connections from the thalamus upward to the cortex (Castelo-Branco *et al*, 1998) and sustained responses, most likely generated by intracortical mechanisms reflecting local cortical circuit activity (Castelo-Branco *et al*, 1998). Grand-averaged source activity is presented on a 3D-rendered MNI template brain indicating the stimulus-induced increase in gamma power is located in the primary visual cortex. (**D**) Grand averaged amplitude by frequency plots of raw, non-fitted sustained visual gamma responses for each condition. Shaded areas represent ± 1 within-subject standard error.

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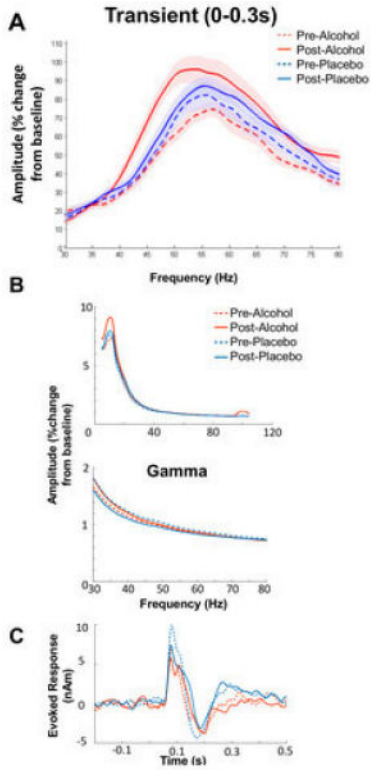

Figure 2.

(**A)** Grand averaged amplitude by frequency plots of raw, non-fitted transient visual gamma responses for each condition. Shaded areas represent ± 1 within-subject standard error. (**B)** Amplitude by frequency plots of pre-stimulus baseline period activity. The bottom figure indicates only gamma-band activity (**C**) Visual evoked responses.

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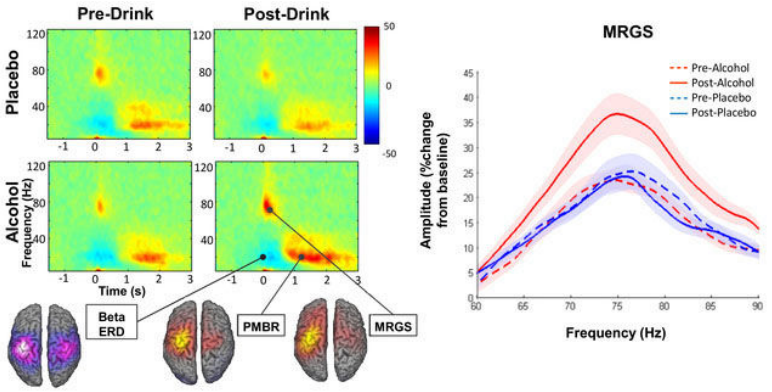

Figure 3.

Grand-averaged time-frequency spectrograms of motor responses for each condition and a map of grand-averaged source activity across all conditions shown on MNI template brains. For MRGS responses a power by frequency plot of average non-fitted data is presented with shaded within-subject error. There is a clear alcohol-induced increase in amplitude.

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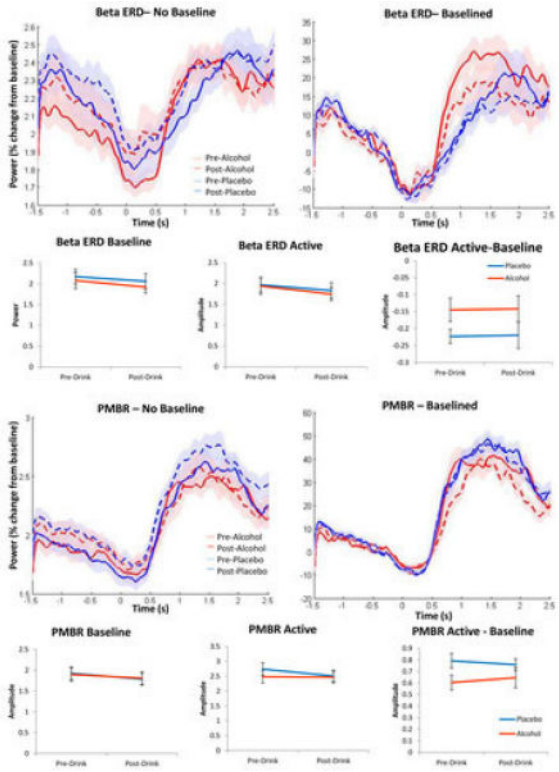

Figure 4.

Beta event related desynchronisation (beta ERD; top) and post-movement beta rebound (PMBR; bottom) data from the motor task. Time by amplitude plots indicate the mean time course of the amplitude of beta activity throughout a trial. Non-baselined plots indicate a discrepancy between conditions in the baseline pre-stimulus period. Plots of mean amplitude across the baseline and active periods and the difference between the two periods indicate no significant interactions between drug and time. Shaded areas and error bars indicate ± 1 within-subject standard error.