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Duality of purpose: Participant and parent understanding of the purpose of genomic tumor profiling research among children and young adults with solid tumors

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Abstract

PURPOSE: Increasing use of genomic tumor profiling may blur the line between research and clinical care. We aimed to describe research participants' perspectives on the purpose of genomic tumor profiling research in pediatric oncology.

METHODS: We surveyed 45 participants (response rate 85%) in a pilot study of genomic profiling in pediatric solid tumors at four academic cancer centers following return of sequencing results. We defined understanding according to a one-item ("basic") definition (recognizing that the primary purpose was not to improve the patient's treatment) and a four-item ("comprehensive") definition (primary purpose was not to improve patient's treatment; primary purpose was to improve treatment of future patients; there may not be direct medical benefit; most likely result of participation was not increased likelihood of cure).

RESULTS: Sixty-eight percent of respondents (30/44) demonstrated basic understanding of the study purpose; 55% (24/44) demonstrated comprehensive understanding. Understanding was more frequently seen in those with higher education and greater genetic knowledge according to basic (81% vs 50%, $p=0.05$; and 82% vs 46%, $p=0.03$, respectively) and comprehensive definitions (73% vs 28%, $p=0.01$; 71% vs 23%, $p=0.01$). Ninety-three percent of respondents who believed

the primary purpose was to improve the patient's care simultaneously stated that the research also aimed to benefit future patients.

CONCLUSIONS: Most participants in pediatric tumor profiling research understand that the primary goal of this research is to improve care for future patients, but many express dual goals when participating in sequencing research. Some populations demonstrate increased rates of misunderstanding. Nuanced participant views suggest further work is needed to assess and improve participant understanding, particularly as tumor sequencing moves beyond research into clinical practice.

Keywords

cancer; ethics; genomics; molecular profiling; patient perspectives; pediatric oncology; therapeutic misconception

INTRODUCTION

Parents of children with cancer^{1,2} and adults with cancer³⁻⁵ often fail to understand the purpose of clinical trials in which they participate. Understanding the distinction between the goals of research and clinical care is of particular importance in early-phase oncology trials, in which response rates approximate 10%.^{6,7} Up to 60% of research participants demonstrate evidence of therapeutic misconception,^{3,4,8,9} the belief that the primary purpose of research is therapeutic in nature, rather than acquisition of generalizable knowledge.^{10,11}

The precision medicine era invites new exploration of these findings. Paradigm-shifting successes with targeted treatments¹²⁻¹⁵ highlight the potential of a precision approach to cancer care, as have reports of extraordinary responders among adults^{16,17} and children.¹⁷⁻²⁰ While advances in targeted therapeutics generate great excitement, they may also blur the line between research and clinical care.^{21,22} Young adult patients and parents of children with cancer have high hopes/expectations for tumor sequencing,^{23,24} though only a minority experience clinical benefit.²⁵⁻²⁹ This mirrors findings among adult cancer patients³⁰⁻³³ and highlights the need for a deeper understanding of the tumor profiling consent process. Though recent work has described genomic knowledge in parents and young adult cancer survivors,²³ we know little about how patients and parents undergoing sequencing perceive the role of tumor sequencing research, nor how they conceptualize the balance between research and clinical care in the era of precision cancer medicine.

To better understand patient/parent perceptions of these complex concepts, we queried beliefs of participants in a study involving molecular profiling of pediatric solid tumor samples about the primary purpose of such research.

METHODS

We surveyed consenting participants in the iCat (Individualized Cancer Therapy) pilot study of genomic profiling in children with relapsed, recurrent, and high-risk solid tumors (NCT01853345).²⁵ Participants were approached at Dana-Farber/Boston Children's Cancer and Blood Disorders Center (Boston, MA), University of California at San Francisco (San

Francisco, CA), Columbia University Medical Center (New York, NY), and Children's National Medical Center (Washington, DC). The study was approved by the Institutional Review Board of all participating institutions.

The Individualized Cancer Therapy (iCat) study

iCat study procedures have been reported previously.²⁵ All patients receiving care at participating institutions were eligible for enrollment if they were ≥ 30 years at enrollment and had a recurrent, refractory, or high-risk (expected likelihood of cure <25%) extracranial solid tumor with sufficient tumor for submission. The study consent document described the purpose of the study to be “to determine how often the panel of experts can [use tumor sequencing results to] make an individual treatment recommendation,” and to use this information to “help future patients with cancer.” Consent discussions were not standardized, nor was data collected on the content of these discussions.

Enrolled subjects underwent tumor profiling via targeted next generation sequencing and copy number assessment or a Sequenom assay. A multi-disciplinary expert panel reviewed profiling results, utilizing applicable literature to identify results with potential therapeutic implications. A letter was sent to the treating oncologist identifying such results along with variants suggesting a change in diagnosis or possible cancer predisposition syndrome. An “iCat recommendation” was provided for subjects with one or more actionable alterations for which a matched targeted therapy was available via clinical trial or FDA-approved medication; the recommendation described actionable alteration(s) found and strength of evidence for each treatment recommendation.

Study population

iCat participants were offered a self-administered written survey following return of study results to the patient's oncologist. Surveys were offered in English to the consenting individual: the patient if he/she was ≥ 18 years at enrollment, or the patient's parent/guardian, if the patient was <18 at enrollment. Surveys were not offered if: the patient died between the time of enrollment and approach by the study team (N=41); the patient/parent did not understand English sufficiently to complete the survey (N=3); the patient/parent declined further contact from study investigators after enrollment (N=0); and/or the oncologist did not permit approach by the study team (N=4).

Survey methods

Survey procedures have been reported previously.²⁴ Surveys consisted of 103 items and included scales addressing subject understanding of the purpose of clinical research³⁴, genetic knowledge,³⁵ and the SF-36 general health perceptions question. Our primary outcome of interest was participant understanding. Secondary outcomes were participant-level predictors of understanding (demographic characteristics, genetic knowledge, experience with genetics, clinical status, receipt of iCat recommendation/targeted therapy). Eligible subjects were approached at least 4 weeks following return of sequencing results. Participants enrolled between September 2012 and November 2013; surveys were administered between September 2014 and July 2015.

Participant understanding of the purpose of research sequencing

We assessed participant understanding with four independent items (TABLE 1). Three were adapted from the Quality of Informed Consent (QuIC) – a validated measure assessing adult cancer patients’ understanding of the purpose of oncology clinical trials³⁴ and further validated in parents of children with cancer¹ – with answer choices of “agree,” “unsure,” and “disagree.”³⁴ The fourth item offered respondents multiple choices regarding their perceived most likely result of study participation.

Participants were asked how well they understood conversation(s) they had with their/their child’s doctor about the iCat study and the testing involved in it, with responses collected on a 5-point Likert scale (extremely well/well/moderately/poorly/extremely poorly). They were also asked to respond to the statement “I feel I have helped myself/my child by participating in this study” (extremely true/very true/somewhat true/a little true/not at all true).

Genetic knowledge/experience

Genetic knowledge was assessed with four items from the Genetic Knowledge Index (GKI) regarding the role of genetics in disease prevention/cure, genetic determinism, heredity, and the role of genetics in health (APPENDIX TABLE A1).³⁵ This validated scale previously has been utilized to measure patient knowledge about genetics/genomics.^{24,36,37} Respondents were asked if they had regular exposure to genetics and/or genetic information through their job and if they had ever attended any classes/lectures on genes/genetics.

Statistical methods

We defined understanding of the purpose of the study in two ways. “Basic understanding” was defined as accurate recognition that the primary purpose of participation was not to improve their/their child’s treatment (TABLE 1, **item 1**). “Comprehensive understanding” was defined as understanding all four of the following: 1) the primary purpose was not to improve their/their child’s treatment; 2) the primary purpose was to improve treatment of future patients with cancer; 3) there may not have been direct medical benefit to them/their child; and 4) the most likely result of participation was not an increased likelihood of cure for themselves/their child. Participants who correctly answered all four items were coded as having comprehensive understanding; those who answered zero to three items correctly did not. For example, if a subject identified that the primary purpose of the study was not to improve her child’s treatment, she demonstrated basic understanding of the study’s purpose. If she incorrectly answered any (or all) of the other three understanding items, she did not demonstrate comprehensive understanding. To be as inclusive as possible, and due to the complexity and uncertainty inherent in tumor profiling research, responses of “unsure” to any of the first three items were coded as consistent with understanding. Sensitivity analyses were performed excluding responses of “unsure” from analysis. For the fourth item, only responses that the most likely result of participating in the study was cure were coded as inconsistent with understanding; all other responses were coded as understanding, including answers of “other.” Missing responses to any of the four understanding items were excluded from analysis of comprehensive understanding; only those missing the first item were excluded from analysis of basic understanding.

Self-report of degree of understanding of the consent conversation(s) was dichotomized as “well”/“extremely well” (coded as “good self-reported understanding”) versus all others. Those who answered “extremely true” or “very true” to the item querying how helpful participation was to them/their child were coded as feeling the study to have been helpful, with remaining answer choices coded as feeling it was not.

Experience with genetics was defined as an affirmative response to 1) having regular exposure to genetics or experience with genetics/genetic information, and/or 2) having taken any classes/lectures on genes or genetics. High genetic knowledge was defined as correctly answering all four items from the GKI.³⁵ Those who answered fewer than four GKI items correctly were coded as having low genetic knowledge.

Respondent demographics/characteristics and understanding of results and the purpose of testing were evaluated using descriptive statistics. Bivariable associations between respondent characteristics and understanding of the purpose of tumor profiling were conducted utilizing Fisher’s exact test. Item non-response was <10%, and participants with non-response to an item were excluded from analyses of that item. All analyses were performed using Stata version 13.1 (StataCorp, College Station, TX).

RESULTS

Respondent characteristics

Of 101 subjects who underwent profiling on the iCat study, 53 were eligible for survey administration. Forty-five surveys (85%) were completed. Surveys were completed a median of 13.5 months (interquartile range 11.2–18.8) following return of results to clinicians and 22.6 months (19.1–24.0) following study enrollment. Characteristics of survey respondents are provided in TABLE 2 for the overall cohort and subdivided into patient (24%, N=11) and parent/guardian (76%, N=34) respondents. Characteristics of patients themselves are also provided, subdivided similarly. Sixty-two percent of participants reported having a good understanding of what they were told about the iCat study and its involved testing.

Participant understanding

Nearly all survey participants (98%, 44/45) correctly stated that by participating in the study, they were helping doctors and scientists learn information that may benefit future cancer patients, with 89% (39/44) also stating they believed their participation was helping doctors and scientists learn information that may benefit them/their child.

FIGURE 1 depicts participant responses to survey items addressing understanding of the purpose of participating in the iCat research study (data with responses of “unsure” excluded are shown in APPENDIX FIGURE A1). Sixty-eight percent of respondents (30/44) recognized that the primary reason the study was performed was not to improve the treatment of them/their child, which met our definition of basic understanding of the purpose of the study. Fifty-five percent (24/44) demonstrated comprehensive understanding according to the composite four-item definition, including 98% (43/44) who indicated that the primary reason for the study was to improve treatment of future cancer patients, 93% (41/44) who recognized that there may not have been direct benefit to them/their child by

participating, and 82% (37/45) who recognized that the most likely result of participation was not a better chance of being cured.

Basic understanding was seen more frequently among those with at least a college education (81% vs 50%, $p=0.05$; TABLE 3), higher genetic knowledge (82% vs 46%, $p=0.03$), and not receiving cancer-directed therapy at the time of survey completion (83% vs 52%, $p=0.05$). No significant differences were seen according to respondent age, gender, or race/ethnicity; according to self-reported health status or likelihood of cure; receipt of an iCat treatment recommendation or matched targeted therapy; or to participant-identified understanding of what they were told about the study. Results were similar when responses of “unsure” were excluded from analysis (APPENDIX FIGURE A1).

Similar results were seen with understanding defined by the composite four-item scale. Comprehensive understanding of the purpose of genomic profiling research was seen with statistically greater frequency among those with at least a college education (73% vs 28%, $p=0.01$) and higher genetic knowledge (71% vs 23%, $p=0.01$), and among white/non-Hispanic respondents (68% vs 37%, $p=0.07$), though the latter was not statistically significant. Statistically significant differences in respondent understanding were not seen according to respondent age or gender, or self-reported health status or likelihood of cure. Similarly, no statistical difference in understanding was seen according to receipt of an iCat treatment recommendation or matched targeted therapy, or according to whether the respondent reported a good understanding of what they were told about the study/testing. Decreased understanding was seen in those who stated participating in the study had been helpful to them/their child (35% vs 71%, $p=0.03$). Sensitivity analyses excluding responses of “unsure” provided similar findings (APPENDIX TABLE A2). Time between return of results and survey completion did not differ statistically between participants with and without basic understanding (median 13.3 vs 16.0 months, $p=0.31$) or comprehensive understanding (median 13.2 vs 15.0 months, $p=0.34$).

Many participants recognized dual roles for this study. Among those who mistakenly identified the primary purpose as improving their/their child’s treatment, 93% (13/14) simultaneously recognized that it aimed to benefit future patients. 93% (13/14) of this subgroup also correctly reported that they/their child might not have directly benefited from participating. All respondents who stated that the most likely result of participation was increased chance of cure also identified benefiting future patients as the study’s primary purpose. 28% (12/43) of those who identified that the primary purpose was to benefit future patients also reported that the primary purpose was to improve their/their child’s treatment.

DISCUSSION

In this multi-institutional study examining the role of molecular profiling of pediatric solid tumors, nearly all participants recognized that the primary purpose was to benefit future patients. However, approximately one-third of respondents believed that the primary purpose of the trial was to improve their/their child’s treatment, and nearly one-fifth expected participation to impart a greater chance of cure.

Although these responses raise concerns about the quality of informed consent for tumor sequencing, they must be considered in context of a complex technology with an evolving role in clinical care. Importantly, participants often felt that sequencing had dual roles, with potential benefits to future patients but also to themselves/their children. This duality is echoed by the American Society of Clinical Oncology, which states that early phase clinical trials in oncology simultaneously generate new knowledge and provide participants the opportunity for psychological and clinical benefit.^{22,38} Oncologists often balance dual goals for patients: recommending enrollment in a phase I trial while hoping for patient benefit, or simultaneously providing palliative and cancer-directed (“blended”) care.³⁹ In the era of precision cancer medicine, it is reasonable that patients/families might perceive such dualities as well.

This duality has important clinical implications. If patients/parents frequently identify dual goals when participating in sequencing research, consenting clinicians should query and explore these goals during pre-sequencing counseling. Further work is needed to better understand how participants conceptualize and balance dual goals in genomics research. However, an initial approach could be to discuss the primary goal of the study as gaining new knowledge to help future patients, followed by acknowledging that many patients/parents—and many clinicians—hold hope that the child will also benefit from participation, while tempering this statement with realistic expectations. In the case of next-generation sequencing, for example, it is important to note that the number of patients who experience direct benefit via receipt of a targeted therapy is quite low, likely in the range of 3–19%.^{25–29}

Our results also underscore the significance of hope among patients and parents of children with cancer in clinical and research settings.^{40–42} Hopeful thinking may partially explain why participants who felt the study had helped them/their child and those who were receiving cancer-directed therapy at the time of survey completion less frequently demonstrated understanding of the purpose of research tumor sequencing.

In this cohort, understanding was observed more frequently in those with at least a college education and those with good genetic knowledge. This finding, also reported elsewhere,²³ is not surprising given the complexity of these concepts and the expected link between understanding and health literacy/numeracy.⁴³ Understanding also varied according to race/ethnicity, consistent with similar work in the pediatric oncology phase I literature,² although not reaching statistical significance in this pilot study. These disparities underscore the importance of attention to the needs of vulnerable populations when counseling about genomic results, though the optimal mechanism for such counseling remains unclear.⁴⁴

Prior work in pediatric oncology has identified that refinement of the consent process may improve understanding,⁴⁵ but optimal strategies to adequately convey the complexities of tumor sequencing and support fully informed consent for participation in sequencing research are not yet known. A follow-up study is in development to examine the benefit of such an intervention for those who demonstrate less than comprehensive understanding as defined in this cohort. Tools such as these will become only more important as genomic sequencing becomes more frequently used in the clinical setting and research explores the role of RNA sequencing, methylation profiling, or the next promising precision modality.

Data collected in this study are limited primarily by the cross-sectional nature and timing of survey administration. Patients/parents may have better understood the purpose of profiling closer to the time of consent, though understanding did not vary statistically with time to survey completion in this cohort. Some may also disagree with how we have defined “understanding” in this work. Individual respondents may have felt the primary purpose of the study for them was different than it was for the researchers, for example. We consider our definitions to be a starting point for clarifying the complex issues inherent in studies of pediatric tumor profiling. Our use of validated items to define understanding^{1,34} and our similar results for both basic and comprehensive understanding support these definitions. Further, variability in consent discussions could have impacted participant understanding of the study’s purpose. Additional work is necessary to isolate the role of these important considerations.

Respondents were queried after return of sequencing results, which could have affected their responses. Many study participants died before surveys could be administered; however, demographic and clinical characteristics of respondents mirror those of the overall cohort.²⁵ Finally, subjects were enrolled at four large academic centers, so results may not be generalizable to those from smaller and/or community centers. This could, for example, explain the unexpectedly high genetic knowledge and experience seen in this cohort.

Although some participants misidentify the primary goal of tumor profiling research as therapeutic in nature, participants’ views are nuanced. Nonetheless, some populations demonstrate decreased understanding of the purpose of tumor profiling research and warrant special attention to ensure equitably informed consent for all research subjects. Interventional work aimed at improving participant understanding of these complexities and nuances is necessary as sequencing moves from the laboratory to the clinic. Such work can guide pediatric oncologists how to manage expectations and best counsel patients and families about the meaning and significance of clinical profiling results.

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Appendix

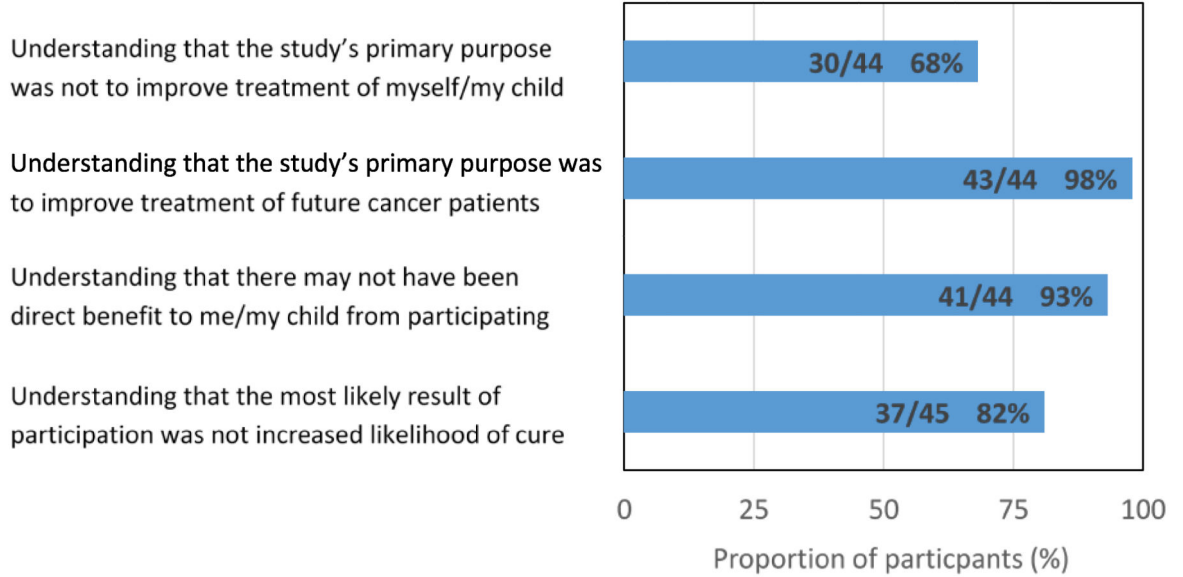


Figure A1. Participant understanding of the purpose of participation (“unsure” responses excluded).

Table A1.

Survey items for assessment of participant genetic knowledge.

| Question stem | Answer choices |
|---|-------------------|
| Once a genetic marker for a disorder is identified in a person, the disorder can be prevented or cured. | True False |
| If a person has a genetic marker for a disorder, the person will always get the disorder. | True False |
| Only mothers can pass on genetic disorders. | True False |
| People who have a genetic marker for a disease are unhealthy. | True False |

Correct answer choices depicted in **boldface**. All items adapted from the Genetic Knowledge Index (GKI).³⁵

Table A2.

Sensitivity analyses for the relationship between participant demographics and understanding of the purpose of research tumor profiling (“unsure” responses excluded). Values within the table represent frequencies (row percentages).*

| Characteristics of survey respondents | Basic understanding (N=33) | | Comprehensive understanding (N=26) | |
|---------------------------------------|----------------------------|---------|------------------------------------|---------|
| | N (%) | P value | N (%) | P value |
| | 19/33 (58%) | | 16/26 (62%) | |
| Age | | 0.27 | | 0.99 |
| 40 | 14 (67) | | 12 (63) | |

| Characteristics of survey respondents | Basic understanding (N=33) | | Comprehensive understanding (N=26) | |
|--|----------------------------|---------|------------------------------------|---------|
| | N (%) | P value | N (%) | P value |
| | 19/33 (58%) | | 16/26 (62%) | |
| <40 | 5 (42) | | 4 (57) | |
| Sex | | 0.72 | | 0.66 |
| Male | 6 (50) | | 4 (50) | |
| Female | 13 (62) | | 12 (67) | |
| Education | | 0.03 | | 0.19 |
| College graduate and higher | 15 (75) | | 13 (72) | |
| Less than college graduate | 4 (31) | | 3 (38) | |
| Race/ethnicity | | 0.30 | | 0.42 |
| White, non-Hispanic | 12 (67) | | 11 (69) | |
| Non-white or Hispanic | 7 (47) | | 5 (50) | |
| Experience with genetics and/or genetic testing | | 0.46 | | 0.37 |
| No | 5 (45) | | 3 (43) | |
| Yes | 14 (64) | | 13 (68) | |
| Genetic knowledge * | | 0.02 | | 0.16 |
| Low genetic knowledge | 3 (30) | | 2 (33) | |
| High genetic knowledge | 16 (76) | | 14 (70) | |
| Survey completed by | | 0.11 | | 0.99 |
| Parent/guardian | 17 (65) | | 14 (61) | |
| Patient | 2 (29) | | 2 (67) | |
| Characteristics of patients | | | | |
| Participant-reported health status | | 1.00 | | 0.42 |
| Excellent/very good | 11 (55) | | 10 (56) | |
| Good/fair/poor | 8 (62) | | 6 (75) | |
| Participant-reported likelihood of cure | | 0.16 | | 0.25 |
| 60% chance | 8 (44) | | 7 (50) | |
| <60% chance | 11 (73) | | 9 (75) | |
| Receiving treatment at time of survey completion | | 0.29 | | 0.23 |
| No | 10 (71) | | 10 (77) | |
| Yes | 9 (47) | | 6 (46) | |
| Received iCat treatment recommendation | | 0.99 | | 0.64 |
| No | 15 (58) | | 13 (65) | |
| Yes | 4 (57) | | 3 (50) | |
| Received targeted treatment | | 0.99 | | 0.99 |
| No | 18 (56) | | 15 (60) | |
| Yes | 1 (100) | | 1 (100) | |
| Respondent attitudes about iCat study | | | | |

| Characteristics of survey respondents | Basic understanding (N=33) | | Comprehensive understanding (N=26) | |
|--|----------------------------|---------|------------------------------------|---------|
| | N (%) | P value | N (%) | P value |
| | 19/33 (58%) | | 16/26 (62%) | |
| Understanding of iCat information | | 0.09 | | 0.22 |
| Poor self-reported understanding | 10 (77) | | 8 (80) | |
| Good self-reported understanding | 9 (45) | | 8 (50) | |
| Helpfulness of participating in iCat study | | 0.30 | | 0.23 |
| Not helpful to myself/my child | 11 (69) | | 10 (77) | |
| Helpful | 8 (47) | | 6 (46) | |

*For the analysis of “basic understanding,” genetic knowledge was unknown for 2 participants

ABBREVIATIONS:

| | |
|-------------|-------------------------------|
| iCat | Individualized Cancer Therapy |
| QuIC | Quality of Informed Consent |
| GKI | Genetic Knowledge Index |

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KEY POINTS

Key objective:

How well do participants in a pediatric genomic tumor profiling research study understand the purpose of participating in such research?

Knowledge generated:

Most participants recognize that the purpose of such research is to benefit future patients, but many participants demonstrate some degree of misunderstanding about the purpose of this research and some subgroups demonstrate increased rates of misunderstanding. Further, many participants simultaneously identify dual purposes for genomic tumor profiling research in pediatric oncology.

Relevance:

Consenting clinicians should query and explore participant goals during pre-sequencing counseling, identifying both 1) those who do not recognize that the primary purpose of research sequencing is to generate knowledge to help future patients, and 2) those who report dual purposes for this research. Further work is necessary to better understand the perspectives and motivations of those expressing this duality and to develop and test interventions aimed at improving equitable understanding of the purpose of genomic tumor profiling research in pediatric oncology.

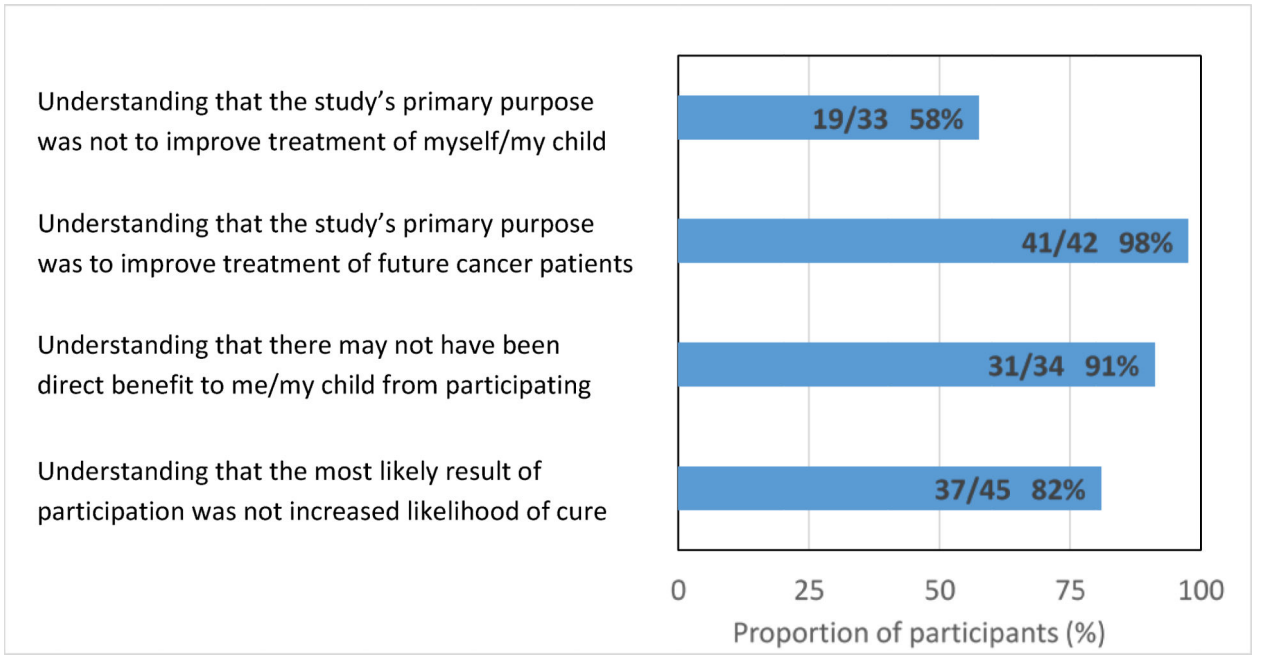


Figure 1. Participant understanding of the purpose of participation.

Survey items for assessment of participant understanding of the purpose of genomic profiling research in pediatric oncology.

Table 1.

| | Question stem | Answer choices | | |
|----|---|--|---|---|
| 1) | The main reason this study was done was to improve the treatment of myself/my child | Agree | Unsure* | Disagree |
| 2) | The main reason this study was done was to improve the treatment of future cancer patients | Agree | Unsure* | Disagree |
| 3) | There may not have been direct medical benefit to me/my child from participating | Agree | Unsure* | Disagree |
| 4) | What of the following did you think was most likely to happen because of your participation in this research study? | <p>I/My child would have a better chance of being cured</p> <p>Doctors would be able to learn more about my/my child's cancer</p> <p>I would learn about my/my child's genes</p> | <p>Doing this testing would give me peace of mind</p> <p>I/my child would have a greater number of treatment options</p> <p>I would learn about my family's genes</p> | <p>Doctors would be better able to find cures for future patients</p> <p>Nothing was likely to happen as a result of this research</p> <p>Other</p> |

Answer choices coded as indicating participant understanding depicted in **boldface** (see Figure 1). Answer choices with asterisks excluded from sensitivity analyses (see Appendix Figure A1 and Appendix Table A2)

Table 2.

Participant and patient demographics, overall and separately according to whether the survey was completed by the patient's parent/guardian or by the patient him/herself.

| | Overall N(%) | Parent/guardian respondent N(%) | Patient respondent N(%) |
|---|-----------------|------------------------------------|----------------------------|
| Characteristics of survey respondents | | | |
| Age | | | |
| 40 | 26 (58) | 26 (76) | 0 (0) |
| <40 | 19 (42) | 8 (24) | 11 (100) |
| Sex | | | |
| Male | 18 (40) | 10 (29) | 8 (73) |
| Female | 27 (60) | 24 (71) | 3 (27) |
| Education | | | |
| College graduate and higher | 26 (58) | 23 (68) | 3 (27) |
| Less than college graduate | 19 (42) | 11 (32) | 8 (73) |
| Race/ethnicity | | | |
| White, non-Hispanic | 25 (56) | 20 (59) | 5 (45) |
| Non-white or Hispanic | 20 (44) | 14 (41) | 6 (55) |
| Experience with genetics and/or genetic testing | | | |
| No | 14 (31) | 12 (35) | 2 (18) |
| Yes | 31 (69) | 22 (65) | 9 (82) |
| Genetic knowledge * | | | |
| Low genetic knowledge | 13 (32) | 8 (25) | 5 (56) |
| High genetic knowledge | 28 (68) | 24 (75) | 4 (44) |
| Characteristics of patients | | | |
| Age | | | |
| <2 | 3 (7) | 3 (9) | 0 (0) |
| 2–9 | 15 (33) | 15 (44) | 0 (0) |
| 10–17 | 16 (36) | 16 (47) | 0 (0) |
| 18 | 11 (24) | 0 (0) | 11 (100) |
| Sex | | | |
| Male | 26 (58) | 18 (53) | 8 (73) |
| Female | 19 (42) | 16 (47) | 3 (27) |
| Diagnosis | | | |
| Ewing sarcoma | 5 (11) | 2 (6) | 3 (27) |
| Neuroblastoma | 6 (13) | 5 (15) | 1 (9) |
| Osteosarcoma | 3 (7) | 3 (9) | 0 (0) |
| Renal tumors | 6 (13) | 5 (15) | 1 (9) |
| Rhabdomyosarcoma | 6 (13) | 6 (18) | 0 (0) |
| Other sarcoma | 12 (27) | 7 (21) | 5 (45) |

| | Overall N(%) | Parent/guardian respondent N(%) | Patient respondent N(%) |
|--|-----------------|------------------------------------|----------------------------|
| Characteristics of survey respondents | N=45 | N=34 | N=11 |
| Other diagnosis | 7 (16) | 6 (18) | 1 (9) |
| Site | | | |
| DFCI | 30 (67) | 25 (74) | 5 (45) |
| Columbia | 4 (9) | 2 (6) | 2 (18) |
| CNMC | 5 (11) | 3 (9) | 2 (18) |
| UCSF | 6 (13) | 4 (12) | 2 (18) |
| Participant-reported health status * | | | |
| Excellent/very good | 26 (59) | 22 (67) | 4 (36) |
| Good/fair/poor | 18 (41) | 11 (33) | 7 (64) |
| Participant-reported likelihood of cure | | | |
| 60% chance | 26 (58) | 21 (62) | 5 (45) |
| <60% chance | 19 (42) | 13 (38) | 6 (55) |
| Receiving treatment at time of survey completion | | | |
| No | 24 (53) | 17 (50) | 7 (64) |
| Yes | 21 (47) | 17 (50) | 4 (36) |
| Received iCat treatment recommendation | | | |
| No | 33 (73) | 24 (71) | 9 (82) |
| Yes | 12 (27) | 10 (29) | 2 (18) |
| Received targeted treatment | | | |
| No | 44 (98) | 33 (97) | 11 (100) |
| Yes | 1 (2) | 1 (3) | 0 (0) |
| Respondent attitudes about iCat study | | | |
| Understanding of iCat information | | | |
| Poor self-reported understanding | 17 (38) | 12 (35) | 5 (45) |
| Good self-reported understanding | 28 (62) | 22 (65) | 6 (55) |
| Helpfulness of participating in this study | | | |
| Not helpful to myself/my child | 25 (56) | 18 (53) | 7 (64) |
| Helpful | 20 (44) | 16 (47) | 4 (36) |

* Genetic knowledge was unknown for 4 participants and health status was unknown for 1 participant

Table 3.

Relationship between participant demographics and understanding of purpose of research tumor profiling. Values within the table represent frequencies (row percentages).*

| Characteristics of survey respondents | Basic understanding (N=44) | | Comprehensive understanding (N=41) | |
|--|----------------------------|---------|------------------------------------|---------|
| | N (%) | P value | N (%) | P value |
| | 30/44 (68%) | | 24/44 (55%) | |
| Age | | 0.75 | | 0.22 |
| 40 | 18 (72) | | 16 (64) | |
| <40 | 12 (63) | | 8 (42) | |
| Sex | | 0.99 | | 0.36 |
| Male | 12 (67) | | 8 (44) | |
| Female | 18 (69) | | 16 (62) | |
| Education | | 0.05 | | 0.01 |
| College graduate and higher | 21 (81) | | 19 (73) | |
| Less than college graduate | 9 (50) | | 5 (28) | |
| Race/ethnicity | | 0.33 | | 0.07 |
| White, non-Hispanic | 19 (76) | | 17 (68) | |
| Non-white or Hispanic | 11 (58) | | 7 (37) | |
| Experience with genetics and/or genetic testing | | 0.32 | | 0.34 |
| No | 8 (57) | | 6 (43) | |
| Yes | 22 (73) | | 18 (60) | |
| Genetic knowledge * | | 0.03 | | 0.01 |
| Low genetic knowledge | 6 (46) | | 3 (23) | |
| High genetic knowledge | 23 (82) | | 20 (71) | |
| Survey completed by | | 0.29 | | 0.08 |
| Parent/guardian | 24 (73) | | 21 (64) | |
| Patient | 6 (55) | | 3 (27) | |
| Characteristics of patients | | | | |
| Participant-reported health status * | | 0.99 | | 0.99 |
| Excellent/very good | 17 (65) | | 14 (54) | |
| Good/fair/poor | 12 (71) | | 9 (53) | |
| Participant-reported likelihood of cure | | 0.21 | | 0.37 |
| 60% chance | 15 (60) | | 12 (48) | |
| <60% chance | 15 (79) | | 12 (63) | |
| Receiving treatment at time of survey completion | | 0.05 | | 0.23 |
| No | 19 (83) | | 15 (65) | |
| Yes | 11 (52) | | 9 (43) | |
| Received iCat treatment recommendation | | 0.72 | | 0.33 |
| No | 21 (66) | | 19 (59) | |
| Yes | 9 (75) | | 5 (42) | |

| Characteristics of survey respondents | Basic understanding (N=44) | | Comprehensive understanding (N=41) | |
|--|----------------------------|---------|------------------------------------|---------|
| | N (%) | P value | N (%) | P value |
| | 30/44 (68%) | | 24/44 (55%) | |
| Received targeted treatment | | 0.99 | | 0.99 |
| No | 29 (67) | | 23 (53) | |
| Yes | 1 (100) | | 1 (100) | |
| Respondent attitudes about iCat study | | | | |
| Understanding of iCat information | | 0.18 | | 0.12 |
| Poor self-reported understanding | 14 (82) | | 12 (71) | |
| Good self-reported understanding | 16 (59) | | 12 (44) | |
| Helpfulness of participating in the study | | 0.11 | | 0.03 |
| Not helpful to myself/my child | 19 (79) | | 17 (71) | |
| Helpful | 11 (55) | | 7 (35) | |

* Genetic knowledge was unknown for 3 participants and health status was unknown for 1 participant

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