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Role of the afferent renal nerves in sodium homeostasis and blood pressure regulation in rats

Alissa A. FRAME^a, Casey Y. CARMICHAEL^a, Jill T. KUWABARA^a, J. Thomas CUNNINGHAM^b, Richard D. WAINFORD^a

^aDepartment of Pharmacology & Experimental Therapeutics and the Whitaker Cardiovascular Institute, Boston University School of Medicine, Boston, Massachusetts,

^bDepartment of Physiology and Anatomy, University of North Texas Health Science Center, Fort Worth, Texas

Abstract

These studies tested the hypothesis that in normotensive salt resistant rat phenotypes the mechanosensitive afferent renal nerve (ARN) reno-renal reflex promotes natriuresis, sympathoinhibition and normotension during acute and chronic challenges to fluid and electrolyte homeostasis. Selective ARN ablation was conducted prior to 1) an acute isotonic volume expansion (VE) or 1M NaCl infusion in Sprague Dawley (SD) rats and 2) chronic high salt intake in SD, Dahl Salt Resistant (DSR), and Dahl Salt Sensitive (DSS) rats. ARN responsiveness following high salt intake was assessed ex-vivo in response to norepinephrine and sodium concentration (SD, DSR and DSS) and via in-vivo manipulation of renal pelvic pressure and sodium concentration (SD and DSS). ARN ablation attenuated the natriuretic and sympathoinhibitory responses to an acute VE (peak natriuresis [x_{eq}/min] sham 52±5 vs. ARN ablation 28±3 p<0.05), but not a hypertonic saline infusion in SD rats. High salt (HS) intake enhanced ARN reno-renal reflex mediated natriuresis in response to direct increases in renal pelvic pressure (mechanoreceptor stimulus) in-vivo and ARN responsiveness to norepinephrine ex-vivo in SD, but not DSS, rats. In-vivo and ex-vivo ARN responsiveness to increased renal pelvic sodium concentration (chemoreceptor stimulus) was unaltered during HS intake. ARN ablation evoked sympathetically-mediated salt sensitive hypertension in SD rats (MAP [mmHg] sham normal salt 102±2 vs. sham HS 104±2 vs. ARN ablation normal salt 103±2 vs. ARN ablation HS 121±2 p<0.05) and exacerbated DSS hypertension. The mechanosensitive ARN mediate an acute sympathoinhibitory natriuretic reflex and counter the development of salt sensitive hypertension.

Corresponding Author: Richard D Wainford, BSc, Ph.D., F.A.H.A., Associate Professor, Boston University School of Medicine, Department of Pharmacology & Experimental Therapeutics and The Whitaker Cardiovascular Institute, 72 East Concord St, Boston, Massachusetts, 02118. Phone: 617-358-8238 Fax: 617-638-4066; rwainf@bu.edu.

Author Contributions

A.A.F, C.Y.C., J.T.C. and R.D.W. conceived and designed research; A.A.F, C.Y.C., J.T.K., J.T.C. and R.D.W performed experiments; A.A.F, C.Y.C., J.T.C. and R.D.W JDM, PC, and RDW analyzed data; A.A.F, C.Y.C., J.T.C. and R.D.W interpreted results of experiments; A.A.F. and R.D.W prepared figures; A.A.F, J.T.C. and R.D.W drafted manuscript; A.A.F, J.T.C. and R.D.W edited and revised manuscript; A.A.F, C.Y.C., J.T.K., J.T.C. and R.D.W approved the final version of manuscript.

Competing Interests

There are no competing interests for any author.

Keywords

Afferent renal nerves; sodium homeostasis; blood pressure

Introduction

The sensory afferent renal nerves (ARN), comprised of mechanosensitive and chemosensitive fibers originating primarily from the renal pelvic wall, contribute to sympathoinhibitory and sympathoexcitatory reno-renal reflexes that modulate efferent renal sympathetic nerve activity, natriuresis, and blood pressure (Johns, 2014; Kopp, 2015). The sympathoinhibitory reno-renal reflex, likely driven by mechanosensitive ARN fibers, has been implicated in the tonic regulation of renal sympathetic nerve activity in healthy, normotensive animal models (Kopp, 1993; Chien *et al.*, 2000; Ma *et al.*, 2002a; Johns & Abdulla, 2013; Johns, 2014; Kopp, 2015). In this reflex, activation of the ARN results in the suppression of efferent renal sympathetic nerve activity, promoting a natriuretic response facilitating sodium homeostasis and normotension (Kopp, 1993; Johns & Abdulla, 2013; Johns, 2014; Kopp, 2015). In contrast, the sympathoexcitatory reno-renal reflex, which increases renal sympathetic outflow and sodium retention, is primarily mediated by chemosensitive ARN fibers that are activated in animal models of disease states, including heart failure and renal failure (Kopp, 1993; Johns & Abdulla, 2013; Johns, 2014; Barry & Johns, 2015; Kopp, 2015).

Salt sensitivity of blood pressure is characterized by an exaggerated pressor response to dietary sodium intake that independently predicts hypertension risk (Franco & Oparil, 2006; Appel *et al.*, 2011). In salt resistant individuals, dietary sodium evokes a sympathoinhibitory response that facilitates natriuresis and normotension (Lohmeier *et al.*, 1999; Johns, 2014). In contrast, in most salt sensitive individuals, sympathoexcitation promotes sodium retention and hypertension in response to dietary sodium intake (Brooks *et al.*, 2005; Stocker *et al.*, 2013). It was recently postulated that neurohumoral control of renal excretory function is the first line of defense against salt-sensitive hypertension (Evans & Bie, 2016); however the role(s) of the ARN in this process is unknown.

A potential role for ARN regulation of natriuresis and blood pressure is suggested by increased ARN activity during high dietary sodium intake in the salt resistant Sprague Dawley (SD) rat (Kopp *et al.*, 2006; Kopp *et al.*, 2009; Kopp *et al.*, 2011). The removal of all sensory afferent inputs from multiple end organs, including the ARN, innervating multiple levels of the spinal cord, surgically via dorsal rhizotomy or pharmacologically by subcutaneous capsaicin evokes salt sensitive hypertension in SD rats (Wang *et al.*, 1998; Wang *et al.*, 2001; Kopp *et al.*, 2003). Significantly, direct electrical stimulation of the ARN, a non-specific stimulus that does not preferentially target mechanosensitive or chemosensitive ARN terminals, activates hypothalamic paraventricular nucleus (PVN) parvocellular neurons and increases blood pressure (Solano-Flores *et al.*, 1997; Xu *et al.*, 2015). These data indicate that the PVN contributes to a sympathoexcitatory reno-reflex. Other studies raise the possibility that the PVN could also participate in sympathoinhibitory reno-renal reflex. For example, lesions of the PVN attenuate the inhibition of renal

sympathetic nerve activity associated with volume expansion (Haselton *et al.*, 1994). This suggests that the PVN integrates visceral sensory information, which includes the ARN for both sympathoexcitatory and sympathoinhibitory reflexes involved in fluid regulation.

In the current study, we hypothesized that in normotensive salt resistant rat phenotypes the mechanosensitive afferent renal nerve (ARN) reno-renal reflex promotes natriuresis, sympathoinhibition and normotension during acute and chronic challenges to fluid and electrolyte homeostasis. To address this hypothesis, we used in-vivo and ex-vivo preparations to test the impact of dietary salt intake on ARN reflexes. Selective ARN ablation was used to investigate their role in the sympathoinhibitory, natriuretic, and blood pressure responses to 1) acute sodium challenges designed to differentially activate the mechanosensitive and chemosensitive ARN and 2) a chronic high sodium diet in salt resistant and salt sensitive rat models.

Methods

Ethical Approval

All animal protocols were approved by the Institutional Animal Care and Use Committee (IACUC) under protocol number AN15241 in accordance with the guidelines of the Boston University School of Medicine and the National Institutes of Health *Guide for the Care and Use of Laboratory Animals*. Please note all possible steps were taken to minimize pain and suffering and euthanasia was conducted in accordance with approved protocols. Our studies fully comply with the Ethical Principles and animal ethics checklist of Experimental Physiology.

Animals

Male Sprague-Dawley (SD), Dahl Salt Resistant (DSR), and Dahl Salt Sensitive (DSS) rats weighing 275–300g, aged approximately 12 weeks, were purchased from Envigo (Indianapolis, IN, USA) and transported in accordance with all NIH and AALAC guidelines. Rats were pair-housed prior to surgical intervention and housed separately following survival surgery as described below. Animals were housed in a temperature (range 20–26°C) and humidity (range 30–70%) controlled facility under a 12-h light-dark cycle and were allowed tap water and standard irradiated rodent diet (Envigo Teklad, WI, Teklad Global Diet #2918, 18% protein, 5% crude fat, 5% fiber, total NaCl content 0.6% [174 mEq Na⁺/kg]) or experimental high sodium diet (Envigo Teklad Diets, WI, TD.03095, 19% protein, 5% crude fat, 3% fiber, total NaCl content 4% [678 mEq Na⁺/kg]) *ad libitum*. Rats were randomly assigned to experimental groups.

Surgical Procedures

Acute femoral vein, femoral artery, renal artery and bladder cannulation

On the day of the acute study, rats were anesthetized with sodium methohexital (20 mg/kg I.P., supplemented with 10 mg/kg I.V. as required). Rats were instrumented with PE-50 catheters in the left femoral vein, left femoral artery, and bladder to allow I.V. administration of isotonic saline and experimental sodium challenges, measurement of mean arterial

pressure (MAP) and heart rate (HR), and assessment of renal excretory function, respectively (Wainford *et al.*, 2013; Carmichael *et al.*, 2016; Walsh *et al.*, 2016). In a subset of rats, the caudal branch of the dorsal division of the left renal artery was cannulated with a heat pulled PE-10 catheter following cannulation of the vein, artery, and bladder to allow renal artery infusion of bradykinin. This surgical approach avoided renal artery occlusion and maintained renal blood flow (verified in pilot studies by the observation of lissamine green dye distribution across the entire kidney) to minimize the risk of renal hypoperfusion. Rats were placed in a Plexiglas rat holder and an I.V. infusion of isotonic saline (20 μ L/min) was maintained during a 2-h surgical recovery period allowing rats to return to full consciousness and stable renal and cardiovascular function prior to study. Inulin (300 mg/kg/h) and para-amminohippurate (PAH; 40 mg/kg/h) were added to the I.V. infusion for a 90-min equilibration period during the recovery period and maintained during experimentation. MAP and HR were recorded continuously via the femoral artery cannula using computer-driven BIOPAC data acquisition software (MP150 and AcqKnowledge 3.8.2, CA) connected to an external pressure transducer (P23XL; Viggo Spectramed Inc., CA).

Renal pelvis cannulation

Cannulation of the femoral vein and femoral artery was performed under pentobarbital sodium anesthesia (20 mg/kg I.P.) and maintained with an I.V. infusion of pentobarbital sodium, 0.04 mmol/kg/h, in isotonic saline at 50 μ L/min. The left renal pelvis was cannulated via the left ureter using PE-50 tubing containing three heat-pulled tips of PE-10 tubing that allowed manipulation of renal pelvic sodium concentration and pelvic pressure, drainage of effluent, and continuous recording of renal pelvic pressure, respectively (Kopp *et al.*, 1994; Lin *et al.*, 2015). The right renal pelvis was cannulated via the ureter for contralateral urine collection. Animals recovered for 90-min to allow collection of stable steady state urine. Renal pelvic pressure was recorded continuously via the surgically implanted pelvic cannula.

Selective afferent renal nerve ablation (ADNX) and sham ADNX

Selective afferent renal nerve ablation (ADNX) was performed via direct application of 33 mM capsaicin to the renal nerves (Foss *et al.*, 2015). Under pentobarbital sodium anesthesia (20 mg/kg I.P.) each kidney was exposed via a dorsal flank incision and the renal artery and vein were gently separated from the surrounding fascia. A cotton-tipped swab was used to apply capsaicin (33 mM in isotonic saline containing 5% ethanol and 5% tween-20), taking care to isolate the dissected renal artery and vein from the surrounding tissue to avoid off-target capsaicin exposure. Any excess capsaicin was dried before suturing the flank muscle and skin. In the sham group, each kidney was exposed and the renal artery and vein were visualized before suturing.

The efficacy of selective ADNX was confirmed at the end of the 21-day salt-intake study via a) the MAP response to intra-renal bradykinin infusion (40 μ g/kg/min) assessed as the average value of the last 2-min of a 5-min infusion period (Foss *et al.*, 2015), b) ELISA analysis of norepinephrine (NE) content in kidney tissue as per manufacturer's instructions (IB89537, IBL America, MN) and c) ELISA analysis of renal pelvic calcitonin gene related

peptide (CGRP) content in kidney tissue as per manufacturer's instructions (#589001, Cayman Chemicals, Ann Arbor, MI) (Foss *et al.*, 2015). ADN_X did not alter renal NE content, reduced renal pelvic CGRP to undetectable levels and abolished the pressor response to intra-renal bradykinin 10-days post-ADN_X (Fig. 3). 21-days post ADN_X the pressor response to intra-renal bradykinin was abolished and CGRP levels were less than 90% of sham animals (Fig. 8).

Radiotelemetry probe implantation

Rats were anesthetized with ketamine combined with xylazine (30 mg/kg I.P. ketamine, 3 mg/kg I.P. xylazine). A radiotelemetry probe (PA-C40, DSI, MN) was implanted into the abdominal aorta via the left femoral artery and all animals recovered for 5–7 days prior to collection of baseline blood pressure data (Brouwers *et al.*, 2015; Foss *et al.*, 2015; Wainford *et al.*, 2015).

Experimental protocols

Acute Volume Expansion

SD rats maintained on a normal salt diet (0.6% NaCl) underwent acute femoral vein, femoral artery, renal artery and bladder cannulation 10 days after ADN_X or sham ADN_X surgery (N = 6/ surgical group) (see **Surgical Procedures**). Following the 2-h recovery period, conscious rats underwent an acute I.V. volume expansion protocol consisting of a 20-min control period (isotonic saline, 20 μ L/min) followed by a 30-min volume expansion period (isotonic saline, 5% body weight over 30 min) and a 90-min recovery period (isotonic saline, 20 μ L/min) (Wainford & Kapusta, 2010; Kapusta *et al.*, 2012). MAP and HR were monitored continuously via the femoral artery cannula and BIOPAC. Urine was collected in consecutive 10-min increments and blood was collected in the middle of each half h period. Immediately following the completion of the 120-min VE protocol the pressor response to intra-renal bradykinin infusion was assessed and brain and kidney tissue were collected for PVN Fos immunohistochemistry and validation of ADN_X efficacy, respectively, as described below. In a separate set of SD rats, tissue was collected for baseline PVN Fos immunohistochemistry immediately after the end of the 2-h surgical recovery period and a 20-min control period (N = 6).

Acute 1M NaCl sodium infusion

SD rats maintained on a normal salt diet (0.6% NaCl) underwent acute femoral vein, femoral artery, renal artery and bladder cannulation 10 days after ADN_X or sham ADN_X surgery (N = 6/ surgical group) (see **Surgical Procedures**). Following the 2-h recovery period, conscious rats were challenged with an acute 1 M NaCl infusion protocol consisting of a 1-h control period (isotonic saline, 20 μ L/min, I.V.) followed by a 2-h sodium infusion period (1 M NaCl, 20 μ L/min, I.V.) (Kompanowska-Jezierska *et al.*, 2008; Wainford *et al.*, 2013). MAP and HR were monitored continuously via the femoral artery cannula and BIOPAC. Urine was collected in consecutive 15-min increments and blood was collected in the middle of each half hour period. Immediately following the completion of the 120-min 1M NaCl protocol, the pressor response to intrarenal bradykinin infusion was assessed after which brain and kidney tissues were collected for PVN Fos immunohistochemistry and validation

of ADNX efficacy, respectively, as described below. In a separate set of SD rats, tissue was collected for baseline PVN Fos immunohistochemistry immediately after the end of the 2-h surgical recovery period and a 20-min control period (N = 6).

Fos immunohistochemistry

Rats that underwent a 120-min acute VE study, a 120-min acute 1M NaCl infusion, or a 2-h recovery period were deeply anesthetized with sodium methohexital (10mg/kg I.V.) and underwent transcardiac perfusion with 0.1 M phosphate buffered saline followed by 4% paraformaldehyde (PFA). Brains were removed and submerged in 4% PFA overnight followed by 30% w/v sucrose for 2 days. The PVN was sectioned into three sets of serial 40 μ m coronal sections that were stored free-floating in cryoprotectant (Watson *et al.*, 1986) at -20°C until immunohistochemistry was performed (Carmichael *et al.*, 2016).

On one set of free-floating PVN sections from each rat Fos immunohistochemistry was performed as previously described (Randolph *et al.*, 1998; Carmichael *et al.*, 2016). Sections stored in cryoprotectant came to room temperature and were rinsed twice in 0.1 M PBS for 30-min. Sections were incubated in 0.3% hydrogen peroxide in dH₂O for 30 min and rinsed for 30-min in 0.1 M PBS. Sections were blocked in PBS diluent (0.1 M PBS containing 3% normal horse serum and 0.25% Triton X-100) for 2-h and then incubated with primary antibody (anti-Fos Ab-5, Calbiochem, San Diego, CA; 1:30,000 in PBS diluent) for 48-h at 4°C . Sections were rinsed twice in 0.1 M PBS for 30-min and then incubated with secondary antibody (biotinylated horse anti-rabbit IgG, Vector Laboratories, Burlingame, CA, USA; 1:200 in PBS diluent) for 2-h at room temperature. Sections were then incubated with an avidin-peroxidase conjugate (ABC-Vectastain Kit; Vector Laboratories) and developed using 0.04% 3,3'-diaminobenzidine hydrochloride and 0.04% nickel ammonium sulphate in 0.1 M PBS. Sections were mounted onto gelatin-coated slides and dehydrated using a graded series of alcohols followed by xylenes. Coverslips were placed on the slides using Permount mounting medium. Tissue sections were imaged using an Olympus microscope (BX41) and an Olympus DP70 digital camera with DP MANAGER software (v 2.2.1) (Olympus, Center Valley, PA, USA). The PVN was sampled at three rostral-caudal levels and two sets of tissue from each animal were analyzed. The Fos-positive cell count was quantified by participants blind to the experimental conditions using National Institutes of Health IMAGE J software (NIH, Bethesda, MD, USA), and the counts for each PVN subnucleus were averaged for each animal.

In-vivo renal pelvic studies

SD and DSS rats underwent renal pelvis cannulation (see **Surgical Procedures**) on day 21 of normal (0.6% NaCl) or high salt (4% NaCl) intake (N = 6/strain/diet). Anesthesia (pentobarbital sodium in isotonic saline, 0.04 mmol/kg/h at 50 μ L/min, I.V.) was maintained during a 90-min rest period and the experimental protocol. During pelvic pressure and sodium concentration studies renal pelvic pressure was recorded continuously via the surgically implanted renal pelvic cannula and BIOPAC.

1. *1) Manipulation of renal pelvic pressure:* A syringe filled with 154 mM isotonic saline was connected to the renal pelvis cannula and elevated to increase renal

pelvic pressure across a physiological range (0–10 mmHg). Renal pelvic pressure was increased in 2.5 mmHg increments (0, 2.5, 5.0, 7.5, and 10.0 mmHg, in random order for each rat) for 10-mins per increment with a 10-min recovery period (0 mmHg) between increments. During each increment, contralateral urine was collected.

2. *2) Manipulation of renal pelvic sodium concentration:* The renal pelvis cannula was used to deliver a 10-min infusion of 154 mM isotonic saline (20 $\mu\text{L}/\text{min}$) followed by a 10-min infusion of saline adjusted to contain 450 mM NaCl (solution osmolality 900 mOsm) at the same rate. During each period, contralateral urine was collected. Renal pelvic pressure was not altered during either infusion.

Ex-vivo renal pelvis assay

Sprague Dawley, DSR, and DSS rats were maintained on a 21-day normal (0.6% NaCl) or high salt (4% NaCl) diet (N = 6/strain/diet) prior to conscious decapitation and dissection of the renal pelvis from each kidney. Direct ARN responsiveness in the isolated renal pelvis, assessed as substance P release, was tested in response to 1) a general ARN stimulus, norepinephrine (1250 pM; which acts at α_1 -adrenoceptors to drive an increase in ARN activity) (Kopp *et al.*, 2007) and 2) a specific chemoreceptor stimulus (450 mM NaCl – the upper range of urinary sodium content). Each renal pelvis was placed individually in a separate well of a 24-well plate containing 400 μL HEPES medium and maintained at 37°C. The medium was replaced every 10-mins during a 2-h equilibration period. During the experiment, medium was collected and replaced every 5-mins during 4 control periods, one treatment period (1250 pM norepinephrine or 450 mM NaCl in HEPES), and 4 recovery periods. Each rat served as its own internal control, with one renal pelvis incubated with 1250 pM NE and one renal pelvis incubated with 450 mM NaCl during the treatment period. The medium was stored at –80°C for analysis of substance P content via ELISA (Enzo Life Sciences, Farmingdale, NY, USA; cat#ADI-901–018). Norepinephrine- and NaCl-evoked substance P release was calculated as the difference in substance P release between the treatment period and the average of the control periods.

Metabolic balance studies

Metabolic studies were conducted in separate groups of SD, DSR, and DSS rats. In brief, rats were continuously housed individually in metabolic cages with *ad libitum* access to food and water. Following 48-h acclimatization, all rats underwent a 10-day baseline period on a normal salt (0.6% NaCl) diet prior to random assignment to sham ADNX or ADNX surgery (see **Surgical Procedures**). Immediately following surgery, sham ADNX and ADNX rats were randomly assigned to a 21-day experimental dietary period of either normal salt (0.6% NaCl; SD rats only) or high salt (4% NaCl) intake (N = 6/strain/intervention/diet). Food and water consumption and urine output were measured daily. 24-h sodium balance was calculated as the difference between dietary sodium intake and urinary sodium excretion.

Radiotelemetry studies

SD, DSR, and DSS rats underwent radiotelemetry probe implantation (see **Surgical Procedures**) and blood pressure data was recorded by radiotelemetry (Dataquest A.R.T. 4.2 software (DSI, MN)) via scheduled sampling for 10-s every 10-min. Rats were maintained on a normal salt (0.6% NaCl) diet for a 10-day baseline period and were then randomly assigned to sham ADNX or ADNX surgery and placed immediately on a 21-day normal salt (0.6% NaCl; SD rats only) or high salt (4% NaCl) diet (N=6/strain/intervention/diet) and blood pressure was recorded for a further 21-days. At the end of the protocol, whole kidneys and plasma were collected and stored at -80°C .

Analytical techniques

Urine volume was assessed gravimetrically assuming 1 g = 1 ml. Urine and plasma sodium content was determined by flame photometry (IL-943; Instrumentation Laboratory, Bedford, MA, USA). Plasma renin activity (PRA), assessed as generated angiotensin I, and urinary angiotensinogen (UAGT) levels were determined using ELISA (PRA Tecan Cat. No. DB52011, UAGT IBL #27414) as per manufacturers' instructions. Inulin and PAH concentrations were determined using standard colorimetric assays (Cervenka *et al.*, 1998).

Statistical Analysis

All data are expressed as mean \pm SD. The magnitude of change in cardiovascular and renal excretory parameters at different time points after initiation of acute sodium challenge or chronic dietary sodium intake was compared with the average group control value by a one-way repeated-measures analysis of variance (ANOVA) with subsequent Dunnett's test. Differences between treatment groups (e.g., sham ADNX versus ADNX) were assessed by a two-way repeated measure ANOVA, with treatment group being one fixed effect and time the other, with the interaction included. The time (mins) was used as the repeated factor. Post-hoc analysis was performed using Bonferroni's test, to compare variations among the groups. Statistical analysis was carried out using Prism 7 (GraphPad Software, CA). In all studies, statistical significance was defined as $P < 0.05$.

Results

The ARN modulate the cardiovascular, renal, and parvocellular PVN neuronal responses to an acute volume expansion

Conscious sham afferent renal denervated (ADNX) SD rats, in which surgery was performed but application of capsaicin was omitted to leave the ARN intact, exhibited robust natriuretic and diuretic responses with a transient increase in free water clearance and no change in blood pressure, heart rate or renal hemodynamics (glomerular filtration rate; GFR and renal plasma flow; RPF) during an acute VE (Fig 1A). The acute VE produced minimal increases in urine Na^+ and osmolality (peak urine Na^+ concentration [mmol/L] 105 ± 8 , peak urine osmolality [mOsm/kg] 299 ± 10) and a significant increase in renal pelvic pressure (RPP) in anesthetized naïve SD rats with intact ARN (Fig 1D). Further, in sham ADNX rats an acute VE resulted in increased Fos staining in all PVN parvocellular and magnocellular subnuclei (Fig 1B–C).

Selective ablation of the ARN did not alter baseline cardiovascular or renal excretory parameters and had no impact on the baseline Fos staining in any region of the PVN (Fig 1A–C). In ADNX rats, the natriuretic, but not diuretic or renal hemodynamic response, to the acute VE protocol was significantly blunted and blood pressure was increased (Fig 1A). Similarly, VE-evoked Fos staining of PVN parvocellular neurons was attenuated in ADNX rats, while Fos activation in magnocellular PVN neurons remained intact (Fig 1B–C). The efficacy and selectivity of ARN ablation was confirmed by a) the loss of blood pressure response to intra-renal bradykinin infusion, and b) the selective elimination of renal pelvic CGRP content, but not renal NE content (Fig 3).

The ARN are not required for the cardiovascular, renal, and PVN neuronal responses to an acute 1M NaCl infusion

In conscious sham ADNX SD rats, acute 1M NaCl infusion evoked a natriuretic response in the absence of diuresis, with a corresponding reduction in free water clearance, and had no impact on blood pressure, heart rate, GFR or RPF (Fig 2A). Further, the acute 1M NaCl infusion evoked increases in urine Na and osmolality approximately 3 times greater than that observed during VE (peak urine Na concentration [mmol/L] 270 ± 9 , peak urine osmolality [mOsm/kg] 1167 ± 72) and did not alter RPP in naïve intact anesthetized rats (Fig 2D). Fos staining was increased in all parvocellular and magnocellular PVN regions of sham ADNX rats following infusions of 1M NaCl (Fig 2B–C). Ablation of the ARN did not alter cardiovascular, renal excretory or renal hemodynamic responses, or PVN Fos staining associated with 1M NaCl infusion (Fig 2A–C).

High salt intake increases ARN responsiveness in salt resistant but not salt sensitive rat models

Ex-vivo ARN release of substance P in response to NE stimulation was comparable among SD, DSR, and DSS rats on a normal salt diet (Fig 4A). A 21-day high salt (HS) diet enhanced ex-vivo NE-evoked substance P release in salt resistant SD and DSR rats, a response that was absent in DSS rats (Fig 4A). In-vivo, SD rats on a normal salt diet exhibit a natriuretic response to increased RPP (direct mechanoreceptor stimulus), and a 21-day HS diet dramatically enhanced the natriuretic response to graded increases in RPP in SD rats (Fig 4B–C). In contrast, increased RPP did not alter natriuresis in DSS rats fed a normal salt diet and a HS-induced increase in natriuresis was only observed at the upper limit of the physiological range of increased RPP (Fig 4B–C).

Ex-vivo ARN release of substance P in response to 450mM NaCl, a chemoreceptor stimulus, was similar in SD, DSR, and DSS rats on a normal salt diet and the response was unaffected by a 21 day HS diet (Fig 4D). Further, the acute manipulation of renal pelvic sodium concentration did not alter natriuresis in SD or DSS rats regardless of dietary sodium intake (Fig 4E–F).

The ARN are required for SD and DSR rats to maintain a salt resistant phenotype

In SD rats fed a normal salt diet, sham ADNX and ADNX did not impact blood pressure, urine volume, or sodium balance (Fig 5A–C). Similarly on day 21 of normal salt intake, markers of renal and global sympathetic tone and renin-angiotensin system activity were

similar in sham ADNX and ADNX SD rats (Fig 5D–G). A 21-day HS diet did not alter blood pressure in sham ADNX SD and DSR rats, which possess intact ARN (Figs 5A&Figs 6A). In contrast, SD and DSR rats that underwent ADNX to remove the influence of the ARN immediately prior to HS intake exhibited an increase in blood pressure during the first three days of HS intake that was maintained for the remainder of the 21-day experimental period (Figs 5A&Figs 6A). These HS-fed SD and DSR rats exhibited an increase in urine volume that was similar among sham and ADNX treatment groups (Figs 5B&Figs 6B). Further, HS intake transiently increased daily sodium balance in sham ADNX SD and DSR rats, while this increase was significantly exacerbated in ADNX SD rats (Figs 5C&Figs 6C). The 21-day HS diet evoked a reduction in plasma and renal NE content in sham ADNX SD rats and this reduction was abolished following ADNX (Fig 5D–E). In contrast, both sham ADNX and ADNX SD rats exhibited similar HS-evoked reductions in plasma renin activity and urinary angiotensinogen (Fig 5F–G). Plasma and renal NE content were increased on day 21 of HS intake in ADNX DSR rats compared to sham ADNX (Fig 6D–E). In both sham and ADNX SD and DSR rats a HS intake did not alter plasma sodium (pNa) [pNa (mEq/L) SD NS Sham 140 ± 1 vs. Sham HS 139 ± 1 vs. NS ADNX 139 ± 1 vs. HS ADNX 141 ± 1 ; DSR NS Sham 141 ± 1 vs. HS Sham 140 ± 1 vs. NS ADNX 141 ± 1 vs. HS ADNX 140 ± 2 . The efficacy of the ADNX procedure was confirmed in subgroups of rats via the absence of a pressor response to intrarenal bradykinin infusion and a significant reduction in renal pelvic CGRP content (Fig 8).

The ARN attenuate the development of DSS hypertension

Sham ADNX DSS rats placed on a HS diet exhibited a significant increase in blood pressure by day 7 of HS intake (Fig 7A). ARN ablation immediately prior to HS intake exacerbated the increase in blood pressure (Fig 7A). Sham and ADNX DSS rats exhibited similar increases in urine output during HS intake (Fig 7B), with an increase in 24-h sodium balance that was exacerbated in ADNX rats (Fig 7C). Consistent with increased sympathetic tone, plasma and renal NE content was increased in ADNX versus sham ADNX DSS rats (Fig 7D–E). In DSS rats HS intake did not alter plasma sodium (pNa) irrespective of sham or ADNX surgery [pNa (mEq/L) DSS NS Sham 141 ± 2 vs. Sham HS 141 ± 1 vs. NS ADNX 140 ± 1 vs. HS ADNX 139 ± 2 . ARN ablation was confirmed via a reduction of renal pelvic CGRP content in all rats (Fig 8). Further, ARN ablation conducted after 21-days HS intake in DSS rats with established hypertension had no impact on blood pressure (Fig 9).

Discussion

Our initial studies were designed to determine the role(s) of the sensory ARN in the regulation of acute natriuresis in conscious normotensive SD rats. Our experimental approach, which employed an acute VE to increase RPP to activate mechanosensitive sensory ARN supports previous work demonstrating that 1) ARN mechanoreceptors that selectively respond to increased RPP also respond to intravenous VE (Chien *et al.*, 2000) and, 2) that increased RPP in the range seen during acute VE activates the ARN (Kopp *et al.*, 1994). Consistent with multiple prior studies demonstrating an acute VE activates sympathoinhibitory parvocellular PVN neurons, (Haselton *et al.*, 1994; Randolph *et al.*, 1998; Ng *et al.*, 2004) and a robust natriuretic response (Haselton *et al.*, 1994; Ng *et al.*,

2004) we observed an increase in Fos-positive cell bodies in all parvocellular PVN subnuclei and a strong natriuretic response with robust diuresis and increased free water clearance in sham ADNX SD rats. Capsaicin-mediated ARN ablation blunted VE-evoked parvocellular, but not magnocellular, PVN neuronal activation and natriuresis, suggesting a specific role for the ARN in VE-evoked parvocellular PVN Fos induction and subsequent natriuresis.

The PVN has been previously implicated as a site of integration for the sympathoexcitatory reno-renal reflex (Xu *et al.*, 2015). However, our data functionally link mechanosensitive ARN to the PVN and the sympathoinhibitory reno-renal reflex. As VE stimulates non-renal sensory afferent signaling pathways to activate parvocellular PVN neurons (Pyner *et al.*, 2002), it is possible these non-renal pathways contribute to the residual VE-evoked parvocellular PVN neuronal Fos induction in ADNX rats. While our Fos immunostaining and physiological findings clearly suggest that ADNX reduces activation of PVN neurons, we acknowledge that Fos staining does not always equate to neuron activation (Dampney & Horiuchi, 2003) and that our data do not confirm these PVN neurons are functionally activated or sympathoinhibitory in nature.

To assess the role of the chemosensitive ARN, which respond to changes in the chemical composition of fluid in the renal pelvis including alterations in sodium concentration, we employed a 1M NaCl infusion (Wainford *et al.*, 2013). In the present studies, we did not assess changes in plasma sodium during a 1M NaCl infusion, however based on our prior study showing no change in plasma sodium during this challenge (Wainford *et al.*, 2013), we speculate that plasma sodium remained unaltered during the course of this experiment. While a 1M NaCl infusion has central effects, the data suggest that it did not activate ARN mechanoreceptors as RPP and urine output remained unchanged. Our data demonstrate selective ARN ablation does not alter 1M NaCl-evoked natriuresis or PVN parvocellular and magnocellular neuronal activation. This is consistent with our previous finding that the natriuretic response to 1M NaCl infusion remains intact following bilateral renal denervation (Wainford *et al.*, 2013). These data suggest that mechanisms independent of the chemosensitive and mechanosensitive ARN, potentially other sodium/osmosensitive visceral afferents or circumventricular organs, (Kinsman *et al.*, 2017) mediate 1M NaCl-evoked PVN neuron activation and natriuresis. A limitation of our acute in-vivo studies is that baseline blood pressure is mildly elevated compared to that observed in radiotelemetred rats. However, these values are consistent with previous studies and baseline pressures are identical between sham and ADNX treatment groups. As such, we believe this limitation has not adversely impacted the current data. Further, while ADNX was validated in vivo via renal artery bradykinin infusion, this approach preferentially assesses the function of renal cortical afferents, which are likely sympathoexcitatory, rather than those terminating in the renal pelvis which are likely sympathoinhibitory. However, combined with the striking reduction in renal pelvic CGRP following ADNX our data suggests that local application of capsaicin to the renal nerves is a valid ablation approach that prevents all ARN signaling. Additionally, owing to our aim to examine ARN integration and neuronal activation in the PVN direct ARN recording, which requires cutting of the nerve and prevention of an ARN signal reaching the CNS, was not performed. As such, future studies, outside the focus of the current work, may be conducted to directly assess afferent and efferent renal nerve activity during acute in-vivo physiological challenges.

ARN responsiveness, assessed as substance P release, to a general ARN stimulus (norepinephrine – acts at α_1 -adrenoceptors to promote ARN activity) (Kopp *et al.*, 2007), is enhanced by a 21-day HS diet in normotensive salt resistant SD and DSR rats but not in hypertensive DSS rats. This suggests that enhanced ARN responsiveness during HS intake may be protective and critical for salt resistance. Significantly, a HS diet has no impact on ARN responsiveness to a direct chemoreceptor stimulus (450 mM NaCl/900 mOsm – the upper range of urinary sodium content) in either salt resistant or salt sensitive rats. This preparation potentially exposes regions of the isolated pelvis to supra-physiological NaCl concentrations. However, given that this represents a concentration that occurs physiologically within the renal pelvis and that substance P release remained similar to baseline levels following a 5 min NaCl exposure, we believe this represents a validated approach to test renal chemoreceptor responses. This suggests that enhanced responsiveness to norepinephrine may reflect a selective increase in the responsiveness of the mechanosensitive ARN during HS intake. Despite the lack of an enhanced response to a HS diet, our data indicate that the ARN in DSS rats are fully responsive to direct ARN stimuli and may be playing a functional role during normal salt intake. The results also indicate that a HS diet significantly enhances the natriuretic response to increased RPP, which activates the mechanosensitive ARN (Ma *et al.*, 2002a; Ma *et al.*, 2002b; Kopp *et al.*, 2003), across a full physiological range in SD rats, while in DSS rats RPP-evoked natriuresis is enhanced only near the upper physiological limit. Consistent with a specific role for the mechanosensitive ARN in salt resistance, HS intake had no impact on the natriuretic response to a chemoreceptor specific stimulus (Ma *et al.*, 2002a; Ma *et al.*, 2002b) in SD or DSS rats. Given the identical responses observed in the ex-vivo renal pelvis preparation in SD and DSR rats, we elected to conduct anesthetized in-vivo renal pelvic studies only in SD and DSS rats. Our in-vivo findings, in concert with our ex-vivo data, strongly suggest the mechanosensitive sympathoinhibitory ARN reno-renal reflex is selectively enhanced during HS intake in salt resistant rats. In the in-vivo renal pelvic chemoreceptor assay we exclusively manipulate renal pelvic NaCl concentration and not the concentration other solutes that influence overall pelvic interstitial osmolarity (e.g., urea). As such, there is the potential this resulted in a hypo-osmotic infusion. However, given the small infusion volume and rate that remained constant throughout the study, and the acute (10 minute) nature of the challenge we believe that this represents a valid chemoreceptor challenge that is not compromised by alterations in renal pelvic osmolarity.

In salt resistant SD and DSR rats, removal of the ARN abolished HS-evoked global and renal sympathoinhibition and induced salt sensitive hypertension. Immediately upon HS intake there was a rapid and transient increase in sodium balance and blood pressure which remained elevated over the 21-day protocol, suggesting resetting of the set-point blood pressure to facilitate pressure-natriuresis and sodium homeostasis. Based on our acute VE data, ex-vivo and in-vivo pelvic studies and evidence that there was no change in plasma sodium during HS-intake following ARN ablation coupled with a dramatic increase in urine output to approximately 90ml/day – a level that increases RPP to a level that would activate mechanosensitive ARN – we believe the development of salt sensitive hypertension reflects the loss of a protective mechanosensitive ARN reflex. This hypothesis is supported by evidence that attenuated sympathoinhibitory ARN reno-renal reflex activity correlates with

enhanced renal sympathetic outflow in the Spontaneously Hypertensive Rat (Kopp *et al.*, 1987). It should be noted our observations contrast with prior work suggesting the ARN have no impact on blood pressure during stepped increases in dietary sodium intake that concluded 7 weeks post-ADNX in SD rats (Foss *et al.*, 2015). However, in the prior study (Foss *et al.*, 2015), 1) ARN-independent adaptive mechanisms could have been activated to facilitate sodium homeostasis and normotension and 2) physical ARN re-innervation occurred but was not functionally assessed. To address the potential confounding effects of non-ARN-mediated compensatory mechanisms and functional ARN reinnervation, ADNX was performed immediately prior to the start of HS intake, and absence of a pressor response to bradykinin and significantly reduced renal pelvic CGRP was confirmed 21-days post-ADNX. Our data, validated in the DSR phenotype, suggest that removal of the ARN may be a causal mechanism in the salt sensitivity of blood pressure observed in prior studies following generalized sensory afferent denervation via dorsal rhizotomy or subcutaneous capsaicin treatment in SD rats (Wang *et al.*, 1998; Wang *et al.*, 2001; Kopp *et al.*, 2003).

Intriguingly, our data in DSS rats suggest that the function of the ARN can change during hypertension. ADNX immediately prior to HS intake, a time point at which our ex-vivo data demonstrate the ARN are functional, evokes a more severe blood pressure phenotype and exacerbated sympathoexcitation, suggesting that the sympathoinhibitory ARN reno-renal reflex has a minor role in countering the development of DSS hypertension. In contrast ADNX during established DSS hypertension did not impact blood pressure (Fig 9), confirming prior studies that reported the ARN do not play a role in the maintenance of early or late phase DSS hypertension (Foss *et al.*, 2016).

Collectively, these data indicate that the mechanosensitive ARN-mediated sympathoinhibitory reno-renal reflex contributes to homeostatic responses to acute sodium challenge in healthy normotensive SD rats. These data also provide evidence that the PVN can be regulated by mechanosensitive ARN stimulation and may be a critical site of central integration of the acute sympathoinhibitory reno-renal reflex. Additionally, our data support a central role for the mechanosensitive ARN sympathoinhibitory reno-renal reflex contributing to salt resistance by facilitating sympathoinhibition and sodium balance. Further, our data add to a growing body of literature indicating that variability in ARN activity and function could influence the efficacy of bilateral renal nerve ablation as an anti-hypertensive intervention (Fudim *et al.*, 2018). We speculate that renal nerve ablation in hypertensive individuals in whom the sympathoinhibitory reno-renal reflex is intact would remove an essential natriuretic pathway, potentially exacerbating hypertension. As such, the development of diagnostic tests to assess sympathoinhibitory reno-renal reflexes could guide patient selection for phenotypically targeted renal nerve ablation.

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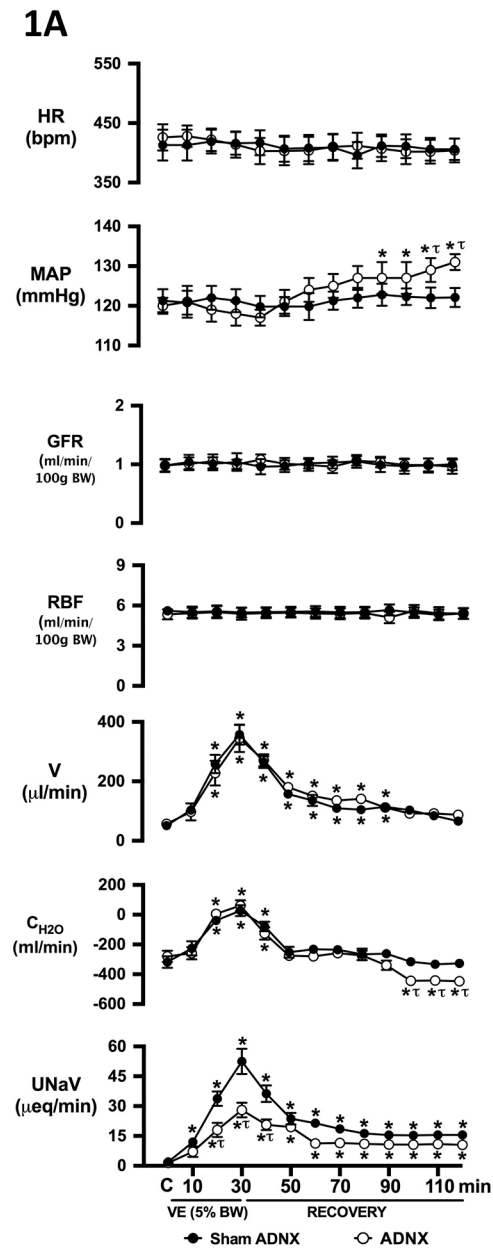
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What is the central question of this study?

These studies were designed to determine the differential roles of the mechanosensitive and chemosensitive afferent renal nerves in the reno-renal reflex that promotes natriuresis, sympathoinhibition, and normotension during acute and chronic challenges to sodium homeostasis.

What is the main finding and its importance?

The mechanosensitive afferent renal nerves contribute to an acute natriuretic sympathoinhibitory reno-renal reflex that may be integrated within the paraventricular nucleus of the hypothalamus. Critically, the afferent renal nerves are required for the maintenance of salt resistance in Sprague Dawley and Dahl Salt Resistant rats and attenuate the development of Dahl Salt Sensitive hypertension.



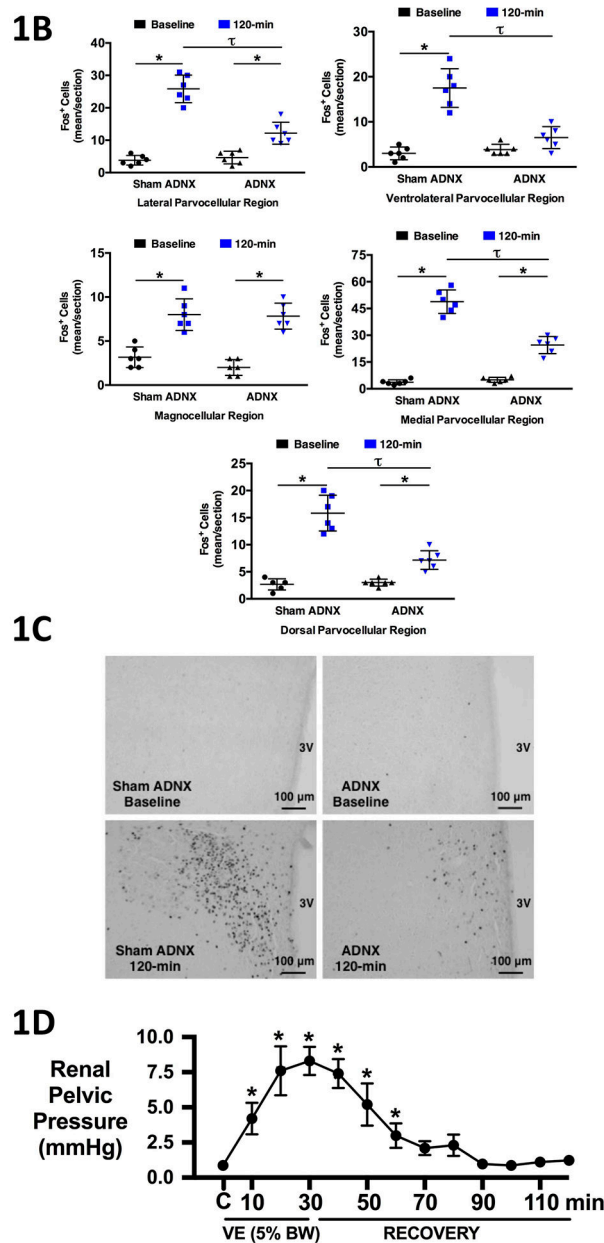


Figure 1. Effect of selective afferent renal nerve ablation on the cardiovascular, renal, and PVN neuronal responses to an acute volume expansion

(A) Cardiovascular and renal responses to a 30-min 5% body weight isotonic saline volume expansion (VE) followed by a 90-min recovery period in conscious male Sprague Dawley (SD) rats 10 days after a selective afferent renal nerve ablation (ADNX) or sham ADNX procedure, (B) neuronal activation (c-fos-positive cell count) in the lateral parvocellular, ventrolateral parvocellular, magnocellular, medial parvocellular, and dorsal parvocellular regions of the paraventricular nucleus (PVN) of the hypothalamus following VE or a 2-h surgical recovery and control period (baseline group) in conscious male SD rats 10 days after a sham or ADNX procedure, (C) representative images from level 2 of the PVN and, (D) renal pelvic pressure [mmHg] in a separate group of anesthetized male Sprague Dawley

rats during a control period (denoted C), a 30 minute 5% isotonic saline volume expansion (VE) period and a 90 minute recovery period. HR = heart rate (bpm), MAP = mean arterial pressure (mmHg), GFR = glomerular filtration rate (ml/min/100g body weight (BW)), RPF = renal plasma flow (ml/min/100g BW), V = urinary flow rate (μ L/min), C_{H_2O} = free water clearance (ml/min), $UNaV$ = urinary sodium excretion (μ eq/min). N = 6/group. *p < 0.05 vs. group baseline value, denoted C; τ p < 0.05 vs. respective sham ADNX value.

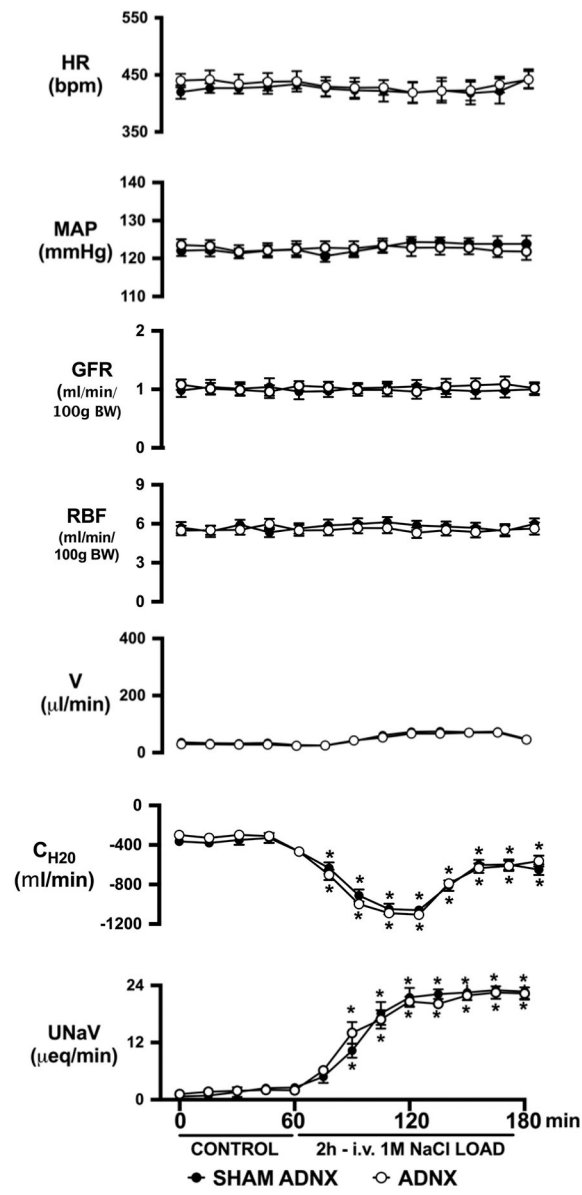
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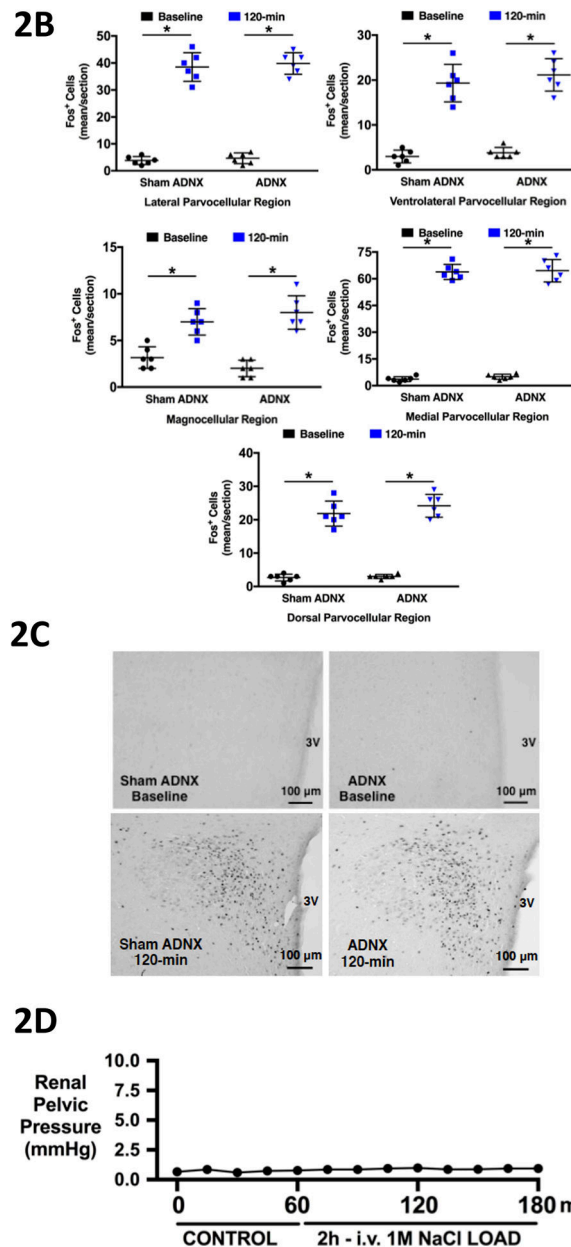


Figure 2. Effect of selective afferent renal nerve ablation on the cardiovascular, renal, and PVN neuronal responses to an acute 1M NaCl infusion

(A) Cardiovascular and renal responses to a 2-h 1M NaCl infusion in conscious male Sprague Dawley (SD) rats 10 days after a selective afferent renal nerve ablation (ADNX) or sham ADNX procedure, (B) neuronal activation (c-fos-positive cell count) assessed after a 120-min sodium load or a 2-h surgical recovery and control period (baseline group) in the lateral parvocellular, ventrolateral parvocellular, magnocellular, medial parvocellular, and dorsal parvocellular regions of the paraventricular nucleus of the hypothalamus following 1M NaCl infusion in conscious male SD rats 10 days after sham or ADNX procedure, (C) representative images from level 2 of the PVN and, (D) renal pelvic pressure [mmHg] in a separate group of anesthetized male Sprague Dawley rats during a 1 hour control isotonic

saline infusion (20 μ l/min) and a 2 hour 1M NaCl infusion (20 μ l/min). HR = heart rate (bpm), MAP = mean arterial pressure (mmHg), GFR = glomerular filtration rate (ml/min/100g body weight (BW)), RPF = renal plasma flow (ml/min/100g BW), V = urinary flow rate (μ L/min), C_{H_2O} = free water clearance (ml/min), UNaV = urinary sodium excretion (μ eq/min). N = 6/group. *p < 0.05 vs. group baseline value, denoted C.

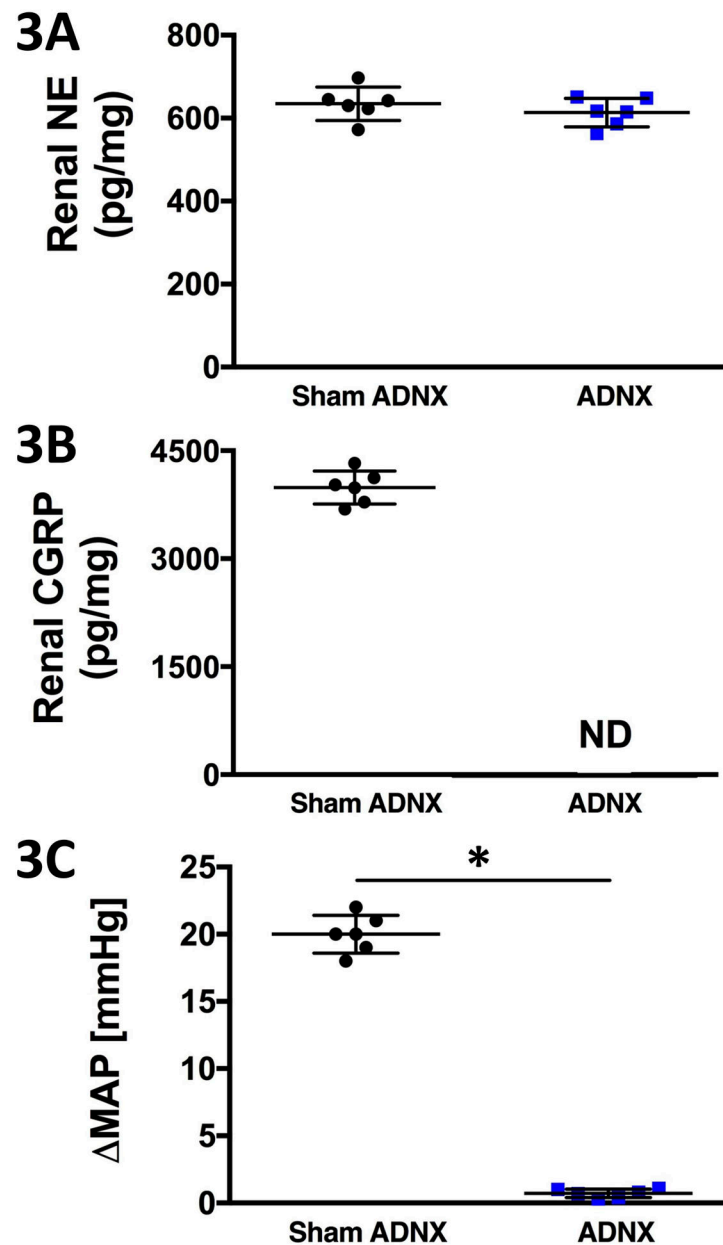


Figure 3. Impact of afferent renal nerve ablation on renal norepinephrine and CGRP content and the blood response to intra-renal bradykinin.

(A) Renal norepinephrine content [NE; pg/mg], (B) renal pelvic calcitonin gene related peptide content [CGRP; pg/mg] and (C) peak change in mean arterial pressure [MAP; mmHg] in response to 40 μ g/kg/min intra-renal bradykinin in subsets of Sprague Dawley rats that underwent acute volume expansion or 1M NaCl infusion 10 days after sham surgery or selective afferent renal nerve ablation (ADNX). N = 6/group. *p < 0.05 versus sham ADNX group value.

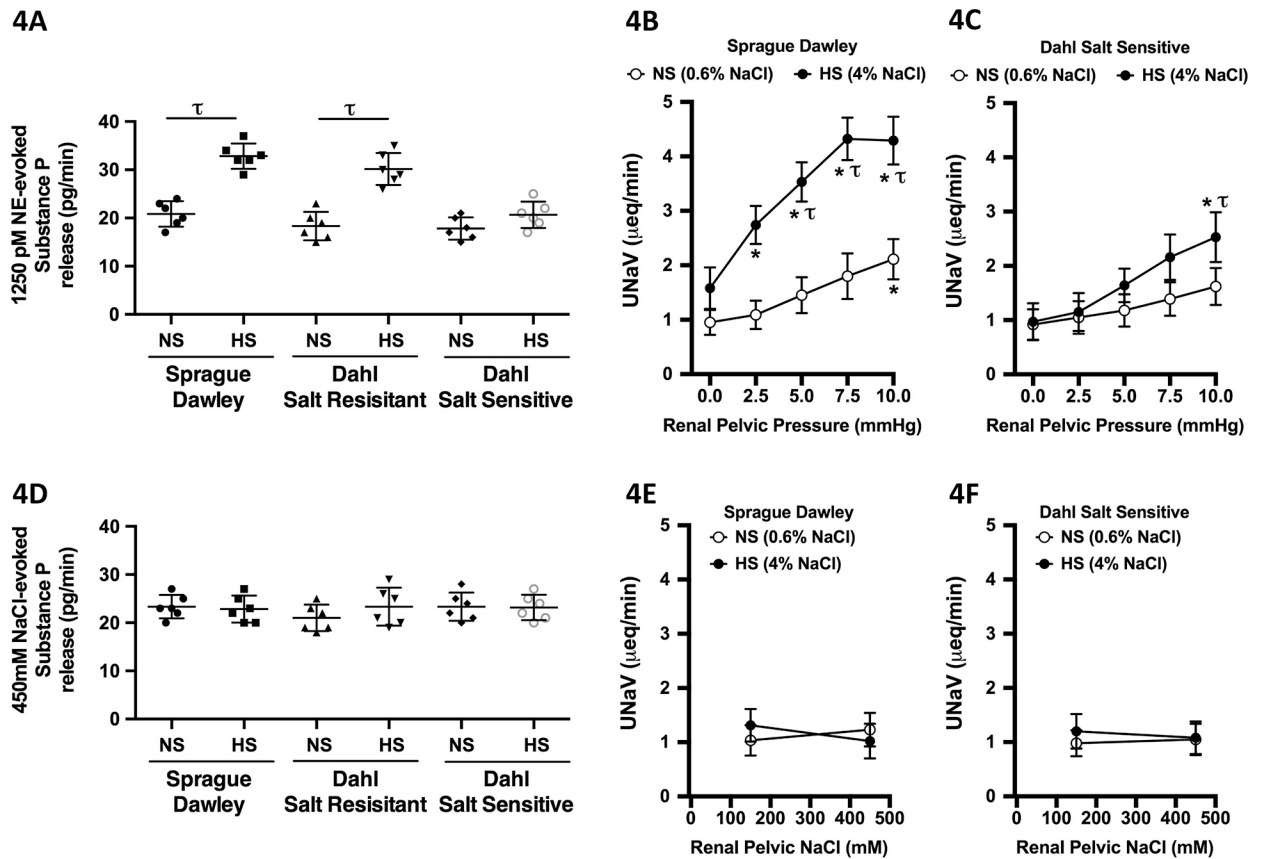


Figure 4. Effect of high salt intake on afferent renal nerve responsiveness

(A) Ex-vivo renal pelvis substance P release (pg/min) in response to 1250 pM norepinephrine (NE) on day 21 of a normal salt (NS; 0.6% NaCl) or high salt (HS; 4% NaCl) diet in male Sprague Dawley (SD), Dahl Salt Resistant (DSR), and Dahl Salt Sensitive (DSS) rats and urinary sodium excretion (UNaV) in response to graded increases in renal pelvic pressure in male (B) SD and (C) DSS rats following a 21-day NS or HS diet, (D) ex-vivo renal pelvis substance P release in response to 450mM NaCl on day 21 of a NS or HS diet in male SD, DSR, and DSS rats and urinary sodium excretion in response to increased renal pelvic sodium concentration in male (E) SD and (F) DSS rats. N = 6/group. *p < 0.05 vs. group baseline UNaV with renal pelvic pressure at 0 mmHg, τ p < 0.05 vs. respective NS group value.

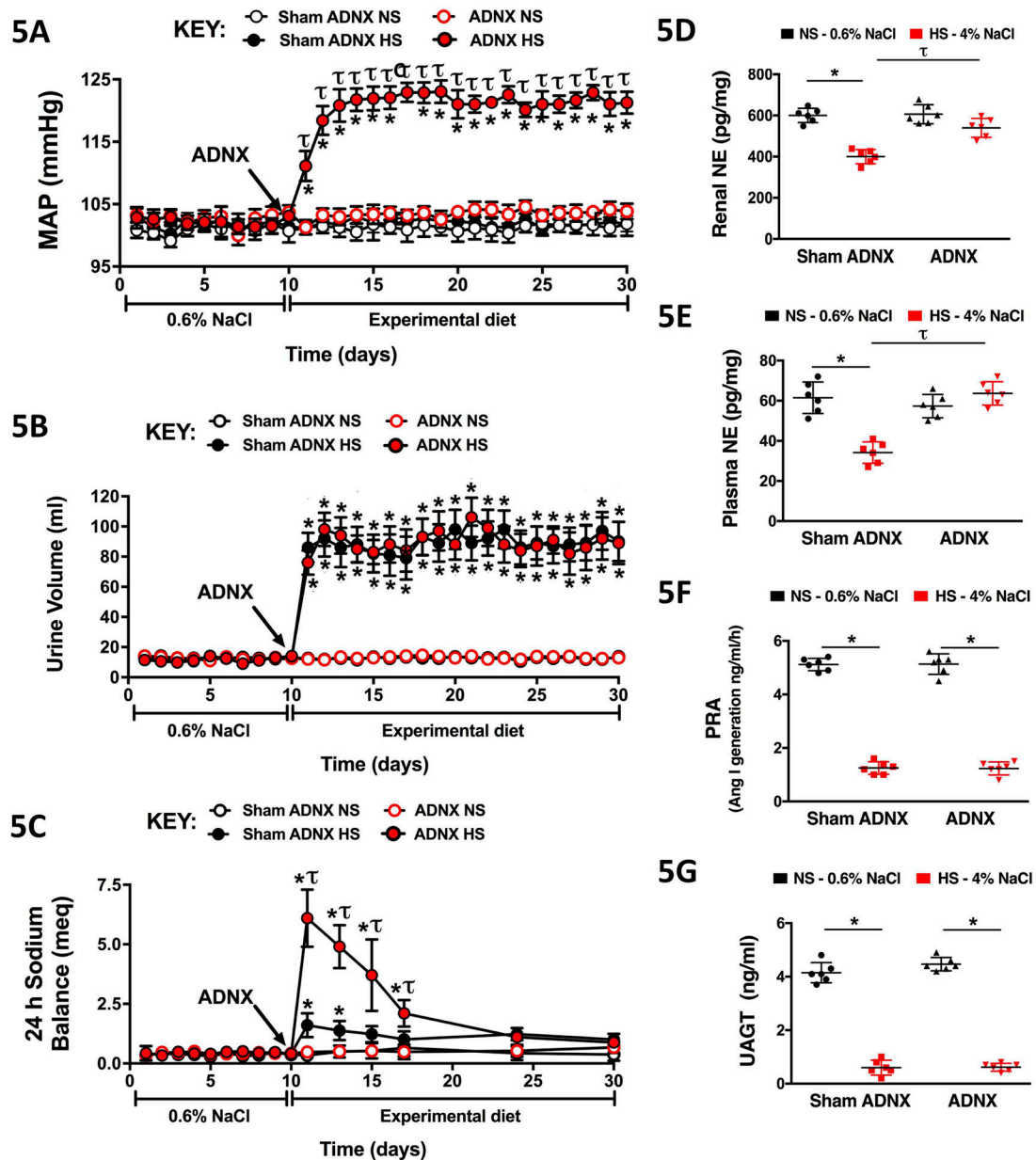


Figure 5. Effect of selective afferent renal nerve ablation on the cardiovascular, renal, and sympathetic responses to high salt intake in Sprague Dawley rats

Daily (A) mean arterial pressure (MAP; mmHg), (B) 24-h urine volume (mL), and (C) 24-h sodium balance (meq) in male Sprague Dawley rats that underwent sham ADNX or ADNX immediately prior to a 21-day experimental normal salt (NS; 0.6% NaCl) or high salt (HS; 4% NaCl) diet and (D) renal norepinephrine (NE) content (pg/mg), (E) plasma NE concentration (nmol/L), (F) plasma renin activity (PRA; angiotensin I [ang I] generation, ng/ml/h) and (G) urinary angiotensinogen (UAGT; ng/ml) on day 21 of NS or HS intake. $N = 6/\text{group}$. * $p < 0.05$ vs. baseline (NS intake); $\tau p < 0.05$ vs. respective sham ADNX group.

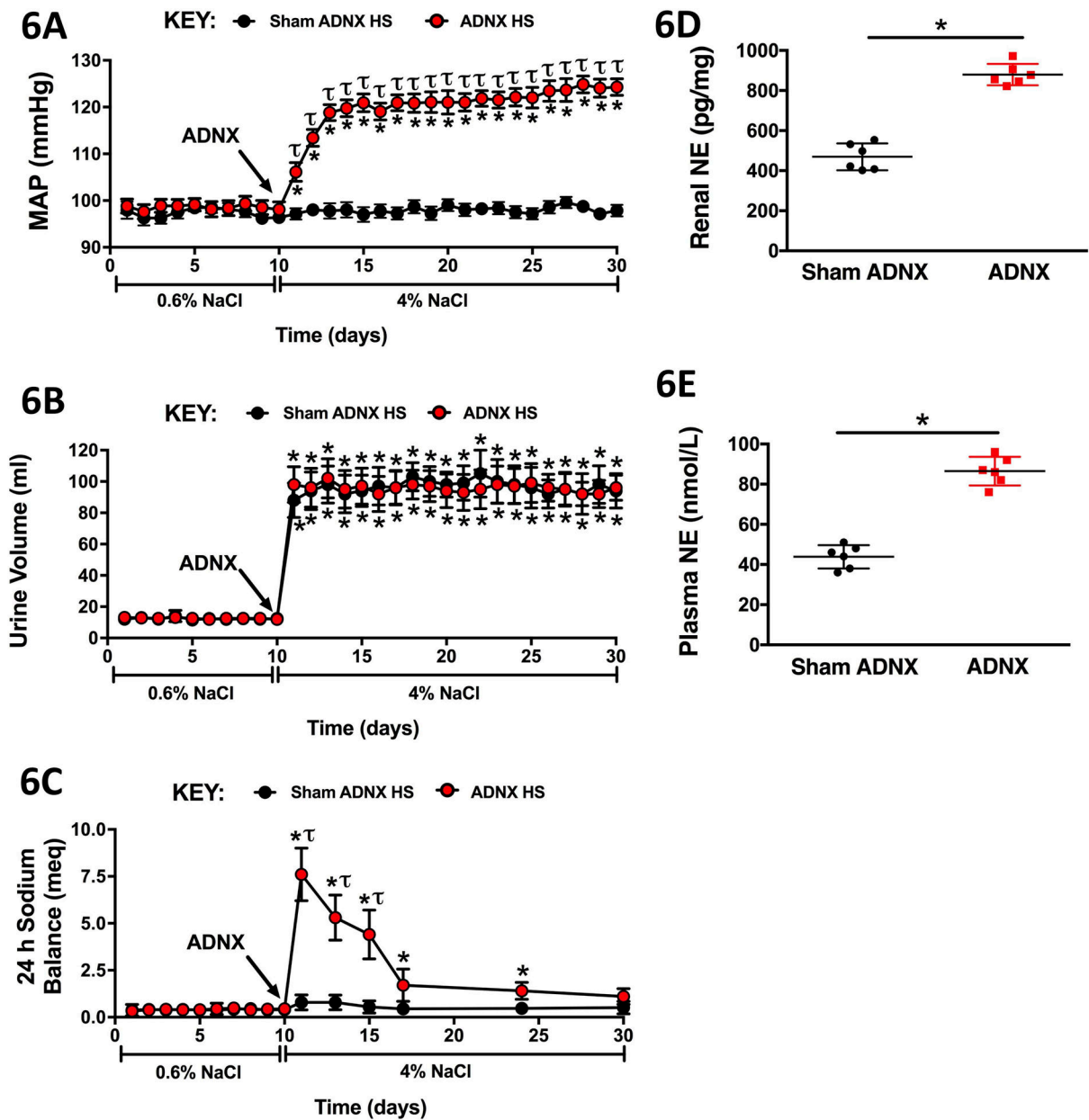


Figure 6. Effect of selective afferent renal nerve ablation on the cardiovascular, renal, and sympathetic responses to high salt intake in Dahl Salt Resistant rats

Daily (A) mean arterial pressure (MAP; mmHg), (B) 24-h urine volume (mL), and (C) 24-h sodium balance (meq) in male Dahl Salt Resistant rats that underwent sham ADNX or ADNX immediately prior to a 21-day experimental high salt (HS; 4% NaCl) diet and (D) renal norepinephrine (NE) content (pg/mg), and (E) plasma NE concentration (nmol/L) on day 21 of HS intake. $N = 6/\text{group}$. * $p < 0.05$ vs. baseline (NS intake); $\tau p < 0.05$ vs. sham ADNX.

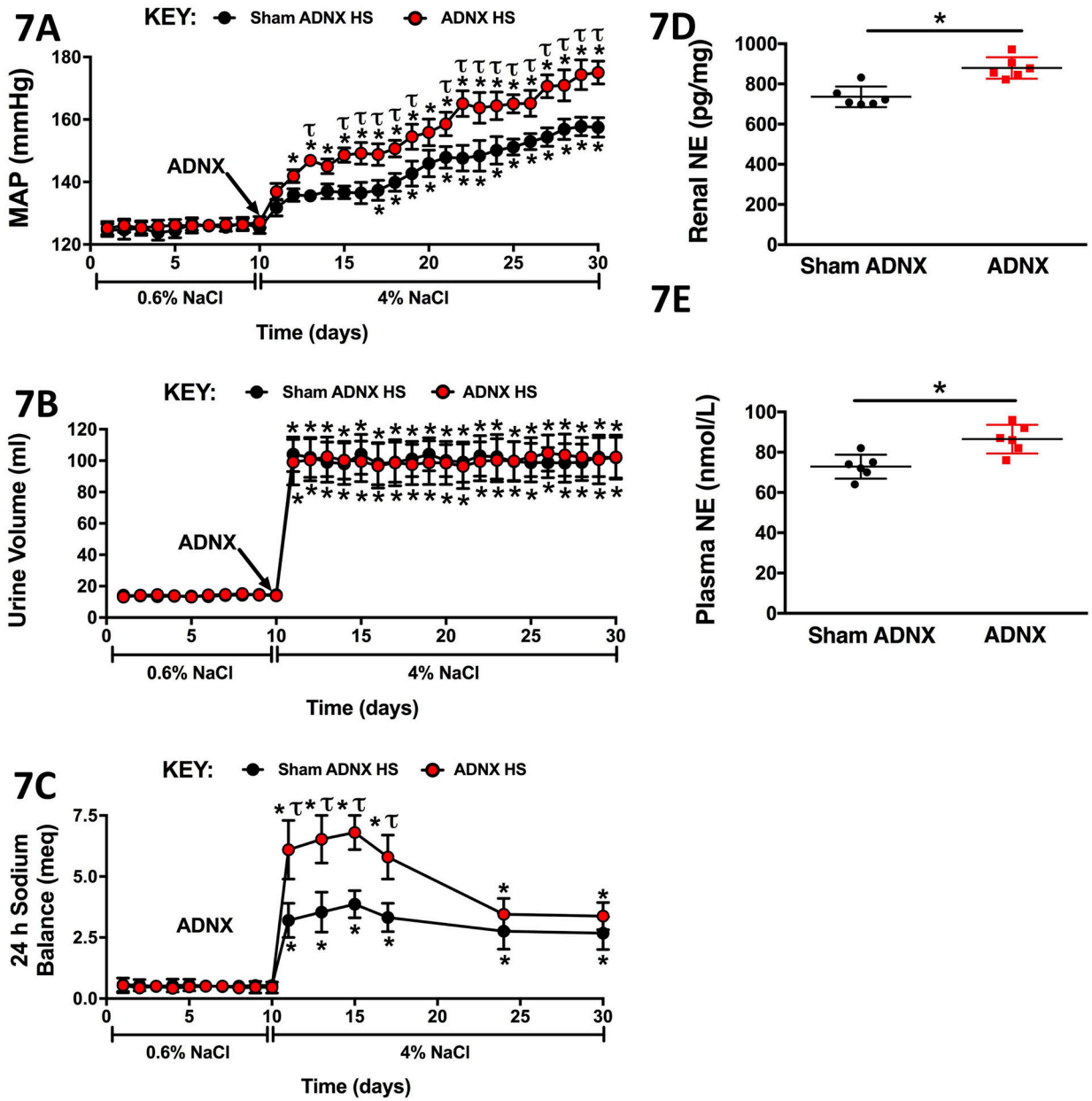


Figure 7. Effect of selective afferent renal nerve ablation on the cardiovascular, renal, and sympathetic responses to high salt intake in Dahl Salt Sensitive rats
 Daily (A) mean arterial pressure (MAP; mmHg), (B) 24-h urine volume (mL), and (C) 24-h sodium balance (meq) in male Dahl Salt Sensitive rats that underwent sham ADNX or ADNX immediately prior to a 21-day experimental high salt (HS; 4% NaCl) diet and (D) renal norepinephrine (NE) content (pg/mg), and (E) plasma NE concentration (nmol/L) on day 21 of HS intake. N = 6/group. *p < 0.05 vs. baseline (NS intake); τp < 0.05 vs. sham ADNX.

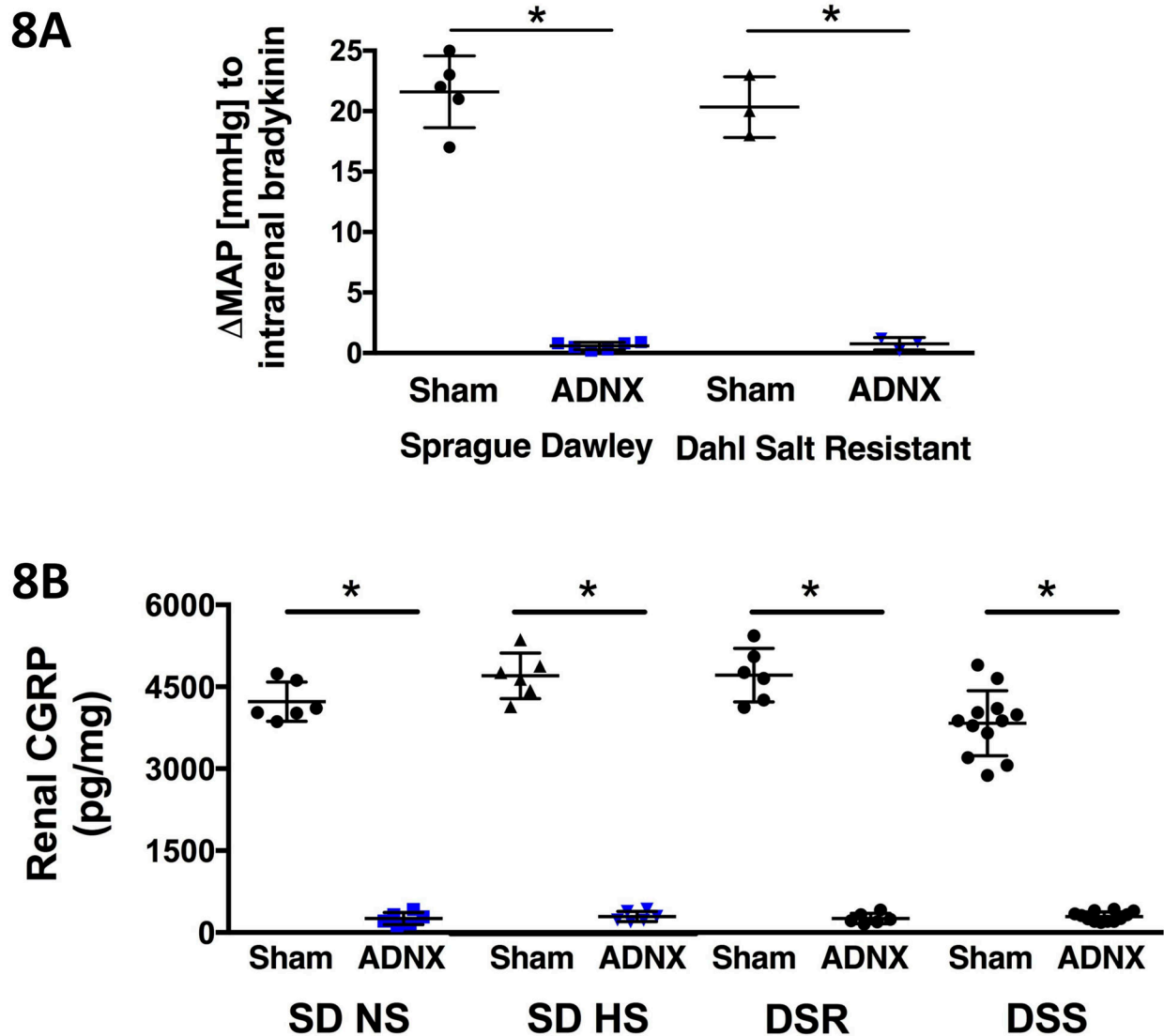


Figure 8. Impact of afferent renal nerve ablation on the blood response to intra-renal bradykinin and renal CGRP content 21-days post surgery.

Change (A) in blood pressure (mmHg) in response to intrarenal bradykinin infusion in Sprague Dawley (SD) (N = 5/group) and Dahl Salt Resistant (DSR) rats (N = 3/group) and (B) renal CGRP content (pg/mg) in SD (N = 6/group), DSR (N = 6/group), and Dahl Salt Sensitive (DSS) rats (N = 12/group) maintained on a normal (NS; 0.6% NaCl) or high (HS; 4% NaCl) following sham surgery or selective afferent renal nerve ablation (ADNX). *p < 0.05 vs. respective sham group.

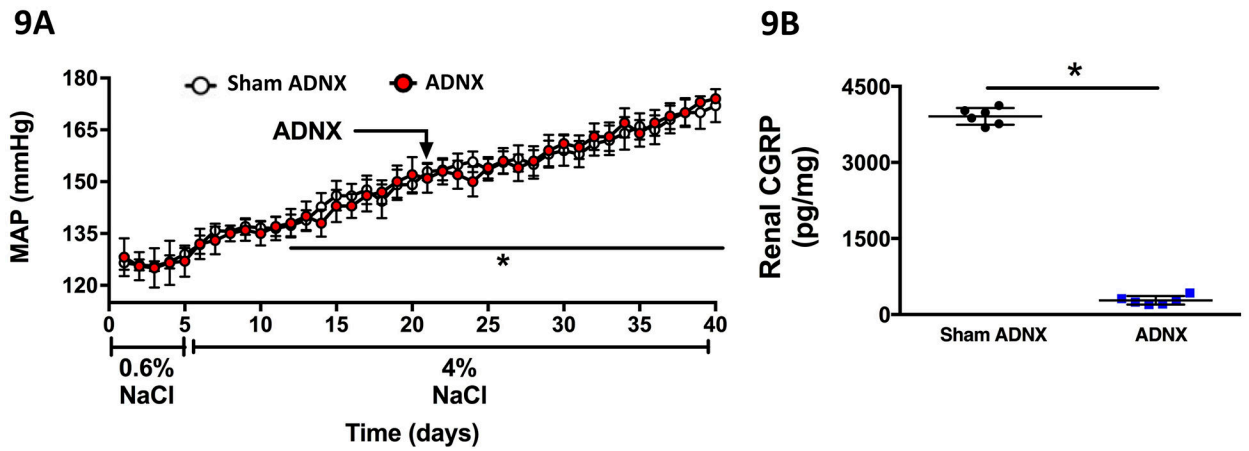


Figure 9. Effect of selective afferent renal nerve ablation on blood pressure in Dahl Salt Sensitive rats with established hypertension

(A) Blood pressure (mmHg) in radiotelemetred Dahl Salt Sensitive (DSS) rats that underwent selective afferent renal nerve ablation (ADNX) after 16 days of high salt (4% NaCl) intake and (B) renal CGRP content (pg/mg) on day 40 of high salt intake. * $p < 0.05$ vs. baseline, $\tau p < 0.05$ vs. sham ADNX.