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# An Average Sliding Window Correlation (ASWC) method for Dynamic Functional Connectivity

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## Abstract

Sliding window correlation (SWC) is utilized in many studies to analyze the temporal characteristics of brain connectivity. However, spurious artifacts have been reported in simulated data using this technique. Several suggestions have been made through the development of the SWC technique. Recently, it has been proposed to utilize a SWC window length of 100 sec given that the lowest nominal fMRI frequency is 0.01 Hz. The main pitfall is the loss of temporal resolution due to a large window length. In this work we propose an averaging sliding window correlation (ASWC) approach that presents several advantages over the SWC. One advantage is the requirement for a smaller window length. This is important because shorter lengths allow for a more accurate estimation of transient dynamicity of functional connectivity. Another advantage is the behavior of ASWC as a tunable high pass filter. We demonstrate the advantages of ASWC over SWC using simulated signals with configurable functional connectivity dynamics. We present analytical models explaining the behavior of ASWC and SWC for several dynamic connectivity cases. We also include a real data example to demonstrate the application of the new method. In summary, ASWC shows lower artifacts and resolves faster transient connectivity fluctuations resulting in a lower mean square error than in SWC.

#### Keywords

functional MRI; dynamic functional connectivity

# Introduction

Functional magnetic resonance imaging (fMRI) (Friston et al., 1995) allows for a noninvasive way of investigating temporal changes of localized brain activations (Friston et al., 1998; Friston et al., 1999). Since its early years, event related neural activations have been detected using fMRI in response to varied types of stimuli and task based experiments (Friston et al., 1999; Josephs and Henson, 1999). In addition, spontaneous activations

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occurring while subjects are not engaged in goal-directed external tasks (also known as resting state) have been consistently observed through the brain (Biswal et al., 1995; Cordes et al., 2000). These resting state activations were discovered in localized brain areas forming a consistent set of resting state networks (RSNs) with highly replicable activation patterns (Damoiseaux et al., 2006). One of the first and most widely used methods to study the relationship between RSN activations is temporal correlation which is considered as an assessment of functional connectivity (FC) between two RSNs (Allen et al., 2011; Biswal et al., 1995; Horwitz, 2003; Toro et al., 2008). These ideas lead to the discovery of FC abnormalities in brain function linked to neuropsychiatric disorders (Calhoun et al., 2008; Greicius, 2008; Woodward and Cascio, 2015).

Many studies make one FC assessment for the whole duration of the fMRI scan assuming static FC or the assumption of a constant FC. This view has been challenged by evidence that FC does fluctuate with time even in resting state experiments when no particular external attention is required (Chang and Glover, 2010; Sako lu et al., 2010) and that resting state FC changes are related to a succession of mental states occurring within the duration of an fMRI scan (Allen et al., 2014; Chang et al., 2013). Two major measures can be considered: static functional connectivity (sFC) or dynamic functional connectivity (dFC) that considers the existence of spontaneous fluctuations of FC. One of the main differences among these two FC assessments is the time scale employed. Functional connectivity estimated over a long period of time (generally above 5 minutes) corresponds to sFC while a relatively short time window between 30 and 100 sec has been proposed as a comparatively good window length for dFC (Wilson et al., 2015). Temporal variation in dFC is commonly obtained by sliding the time window (advancing the position) at a regular interval of typically one step which has been used in other fields previously (Schulz and Huston, 2002), a procedure commonly known as sliding window correlation (SWC). Other window-based methods of dFC estimation have been developed, however, there is evidence that their performance is similar to SWC for typical window lengths (larger than 30 sec) (Hua Xie et al., 2018). In addition to its acceptable performance in dFC analysis, SWC has become a common technique to assess dFC (Hutchison et al., 2013; Sako lu et al., 2010; Shakil et al., 2016) offering both easy implementation and easy interpretation.

In spite of evidence for the existence of temporal FC fluctuations, an important concern in the field is to identify whether estimated dFC is effectively due to real changes of FC or corresponds to a static signal corrupted by unrelated nuisances and artifacts. The relatively short temporal span of SWC makes it particularly sensitive to nuisances such as scanner drift, head motion, and physiological noise (Hutchison et al., 2013). Statistical tests for the detection of dynamicity in estimated time series of FC have been proposed based on different factors such as variance (Hindriks et al., 2016; Sako lu et al., 2010), Fourier-transformed time-series (Handwerker et al., 2012) and non-linear statistics (Zalesky et al., 2014). Most statistical procedures look to test the null hypothesis  $H_0$  that FC does not change with time. Once  $H_0$  has been rejected, the next important step is to reduce variability due to random noise and nuisances without compromising the estimation of the true dFC.

In addition to scanner drift, head motion, and physiological noise (Hutchison et al., 2013), SWC outcomes can be affected by the selection of the window length parameter (Sako lu et

al., 2010; Shakil et al., 2016). Window length is expected to be large enough to allow for a robust estimation of the correlation coefficient, but also small enough to detect transient variations (Hutchison et al., 2013; Sako lu et al., 2010). Some studies warn about the existence of spurious fluctuations in the SWC method proposing a rule of thumb to reduce these nuisances that sets the SWC window length to  $1/f_0$  sec or larger, where  $f_0$  corresponds to the smaller frequency in the spectrum (Leonardi and Van De Ville, 2015; Zalesky and Breakspear, 2015). The spectrum of interest for fMRI has been proposed to start at 0.01 Hz after studying frequencies dominated by neuronal activity and away from physiological noise such as cardiac and respiratory activity (Chen and Glover, 2015; Fransson, 2005). Because of the rule of thumb  $1/f_0$ , it has been suggested that dFC will suffer from spurious artifacts unrelated to the true signal if the window length is chosen below 100 sec (Leonardi and Van De Ville, 2015). Although choosing larger window lengths is an option, time scales well beyond a minute (i.e. including the 100 sec mark) may suppress frequency content that characterizes dFC (Zalesky and Breakspear, 2015). Instead of a large time scale, this work proposes to perform an average SWC (ASWC) seeking a better dFC estimation and reducing the window length. In general, averaging repeated measures of correlation coefficients is a way of increasing the accuracy of estimated correlation (Corey et al., 1998; Silver and Dunlap, 1987). This idea derives from the basic statistical principle that the standard error of the average decreases as the number of observations gets larger. The proposed procedure is to average a predefined number of consecutive SWCs, then advance one step and average the next set of SWCs. Through theoretical mathematical characterization and simulation experiments, we demonstrate that ASWC time scales of about 94 sec (windowing plus averaging) are enough to reduce spurious artifacts and account for the 0.01 Hz frequency cut-off. Optimal SWC and ASWC configurations are compared and the effect of reduced sensitivity to dFC variations is demonstrated through simulations.

#### Analysis of Averaged Sliding Window Correlation

#### Background

Leonardi and Van De Ville (Leonardi and Van De Ville, 2015) proposed an approximate model to warn about the presence of artifacts in the SWC approach. Their theoretical development utilizes properly normalized cosines  $x[k] = \sqrt{2}\cos(\omega kTR)$  and  $y[k] = \sqrt{2}\cos(\omega kTR + \theta)$  of angular frequency  $\omega = 2\pi f$  (where the frequency f is measured in Hertz) and phase difference  $\theta$ . The two cosines are evaluated at time points kTR where constant TR is specific to the fMRI scanning protocol and  $k \in \{0, 1, 2, ...\}$ . The purpose of factor  $\sqrt{2}$  is to normalize variances  $C_{xx}$  and  $C_{yy}$  to one. Under the condition that  $C_{xx} = C_{yy} = 1$ , it follows that covariance equals correlation  $\rho_{xy} = C_{xy}/\sqrt{C_{xx}C_{yy}} = C_{xy}$ . Furthermore, the phase difference  $\theta$  is related to correlation by  $\rho_{xy} = \cos \theta$  if the correlation is calculated over a window length 1/f, i.e. over a period of the cosines. To study the effects caused by other windowing conditions, the SWC length is defined by h = (2 + 1)TR where is a predefined number of time points. Defining  $\bar{x}[n]$  and  $\bar{y}[n]$  as the cosine averages at point n over the interval [n - , n + ], the covariance at each point n can be written as

$$C_{xy}[n] = \frac{TR}{h} \sum_{k=n-\Delta}^{n+\Delta} x[k]y[k] - \bar{x}[n]\bar{y}[n]$$
(1)

A closed-form equation for the covariance term was then obtained after approximating the sum using integrals resulting in (Leonardi and Van De Ville, 2015)

$$C_{xy}[n] = \cos\theta + \frac{1}{h\omega}\cos(2\omega nTR + \theta)\sin(2\omega\Delta TR) - \frac{8}{h^2\omega^2}\cos(\omega nTR)\cos(\omega nTR + \theta)\sin^2(\omega\Delta TR)$$
<sup>(2)</sup>

The results of the model are summarized in Figure 1. Figure 1a shows two properly normalized cosines used for further simulation. Figure 1b displays the outcome of varying the SWC length h and sliding the window at different time points nTR replicating the same simulation experiments found through the literature (Leonardi and Van De Ville, 2015; Zalesky and Breakspear, 2015). As the SWC length h increases the terms at the right of cos  $\theta$  in (2) vanish and the covariance approaches the correlation. The suggestion of limiting h to  $1/f_{min}$  can be understand by recognizing that artifacts have their largest dynamic range in the interval 0 < h < 1/f (between 0 and 40 sec in Figure 1b). Notice that larger window lengths, i.e. 1/f < h, result in smaller artifact fluctuations. Also notice that in spite of artifact reduction, the observed nuisance fluctuations are not guaranteed to disappear for 1/f < h. This fact is demonstrated by the second artifact lobe, occurring at h = 50 sec in Figure 1b. In this work, we propose the use of ASWC to further reduce artifacts. Averaging has been performed in Figure 1c for the second lobe of artifacts in Figure 1b (h = 50 sec) briefly illustrating how artifacts can be reduced through ASWC. In the following sections, we will make a theoretical characterization of the artifact reduction shown in Figure 1c to better explain the effects of ASWC.

#### Mathematical Characterization of ASWC

As displayed in Figure 1, mismatches between window length *h* and frequency *f* introduce spurious fluctuations unless tuning h = 1/f is achieved. Since the frequency spectrum of real data is generally not composed of a singleton frequency, imperfect tuning is likely to exist along with spurious fluctuations from untuned frequencies. Given that spurious fluctuation artifacts might be unavoidable, the next option is to minimize the impact of artifacts. One possibility to address the lack of tuning is to consider large window lengths given the factor 1/h in (2) which predicts improved estimation accuracy as *h* increases. This procedure is not convenient as larger window lengths decrease the sensibility of detecting transient fluctuations of FC (Hutchison et al., 2013). Instead of increasing *h* as a method of decreasing artifacts, we consider the option of taking *g* consecutive SWCs and averaging them to improve the estimation of correlation. To mathematically characterize ASWC, we define the averaging interval  $g = 2\nabla TR$  from m –  $\nabla$  to  $m + \nabla$  (where  $\nabla$  is a parameter used to select the averaging length) and perform a similar integral approximation as that proposed in

(Leonardi and Van De Ville, 2015). We thus define the average correlation  $\overline{C}_{xy}[m]$  at a time point defined by *m* over the averaging interval  $[m - \nabla, m + \nabla]TR$  as

$$\overline{C}_{xy}[m] = \frac{TR}{g} \sum_{m=-\nabla}^{m+\Delta} C_{xy}[m] \approx \frac{1}{g} \int_{(m-\nabla)TR}^{(m+\nabla)TR} C_{xy}(t) dt$$
(3)

The integral (3) is applied to each of the three terms in (2). The first term  $\cos \theta$  in (2) is unaffected by the integral averaging.

$$\frac{(m+\nabla)TR}{\int_{m}^{m}\int_{m}^{m}\cos\theta\,dt} = \cos\theta$$

For the second term of (2), i.e.  $\frac{1}{h\omega}\cos(2\omega nTR + \theta)\sin(2\omega\Delta TR)$ , only the factor  $\cos(2\omega nTR + \theta)\sin(2\omega\Delta TR)$ 

 $\theta$ ) is time dependent and requires a simple integration. A full description of the integral of  $\cos(2\omega nTR + \theta)$  is described in the Supplementary Material. The averaging integral of the second term in (2) is

$$\frac{1}{gh\omega}\sin(2\omega\Delta TR)\int\limits_{(m-\nabla)TR}^{(m+\nabla)TR}\cos(2\omega t+\theta)dt = \frac{1}{gh\omega^2}\sin(2\omega\Delta TR)\sin(2\omega\nabla TR)\cos(2\omega mTR+\theta)\,.$$

The third term  $\frac{8}{h^2 - \omega^2} \cos(\omega nTR) \cos(\omega nTR + \theta) \sin^2(\omega \Delta TR)$  in (2) has two time dependent

cosines to be included, but using the identity

 $2\cos(\omega nTR)\cos(\omega nTR + \theta) = \cos\theta + \cos(2\omega nTR + \theta)$  and given that we already have the integral of  $\cos(2\omega t + \theta)$  (see Supplementary Material) we can write

$$\frac{8}{gh^2\omega^2}\sin^2(\omega\Delta TR)\int_{(m-\nabla)TR}^{(m+\nabla)TR}\cos(\omega t)\cos(\omega t+\theta)dt$$
$$=\frac{4}{h^2\omega^2}\sin^2(\omega\Delta TR)\cos\theta + \frac{4}{gh^2\omega^2}\sin^2(\omega\Delta TR)\int_{(m-\nabla)TR}^{(m+\nabla)TR}\cos(2\omega t+\theta)dt$$
$$=\frac{4}{h^2\omega^2}\sin^2(\omega\Delta TR)\cos\theta + \frac{2}{gh^2\omega^2}\sin^2(\omega\Delta TR)\sin(2\omega\nabla TR)\cos(2\omega mTR+\theta).$$

Arranging terms, the solution to the integration from (3) can be written as

$$\begin{split} \overline{C}_{xy}[m] &= \cos\theta \bigg( 1 - \frac{4}{h^2 \omega^2} \sin^2 \omega \Delta T R \bigg) \\ &+ \cos(2\omega m T R + \theta) \frac{1}{g h \omega^2} \sin(2\omega \nabla T R) \bigg[ \sin(2\omega \Delta T R) - \frac{2}{h \omega} \sin^2(\omega \Delta T R) \bigg] \end{split}$$

The final averaging equation can then be written using the identity  $sin(2\omega\Delta TR) = 2sin(\omega\Delta TR)cos(\omega\Delta TR)$  as

$$\overline{C}_{xy}[m] = \cos\theta \operatorname{K}(h,\omega,TR) + \cos(2\omega mTR + \theta) \Psi(g,h,\omega,TR)$$
<sup>(4)</sup>

where

 $K(h,\omega,TR) = \left(1 - \frac{4}{h^2 \omega^2} \sin^2 \omega \Delta TR\right)$ 

and

$$\Psi(g,h,\omega,TR) = \frac{2}{gh\omega^2} \sin(2\omega\nabla TR) \sin(2\omega\Delta TR) \left[\cos(\omega\Delta TR) - \frac{\sin(\omega\Delta TR)}{h\omega}\right]$$

The first term  $\cos\theta K(h, \omega, TR)$  of (4) describes the effects that are independent of averaging length g and averaging position m since none of the factors  $\cos \theta$  and K(h,  $\omega$ , TR) include g or *m*. On the other hand, the second term of (4)  $\cos(2\omega mTR + \theta) \Psi(g, h, \omega, TR)$  describes sinusoidal type artifacts containing a frequency  $2\omega$  twice higher than that of the original signal. This term can be zeroed by setting  $\sin(2\omega \nabla TR) = 0$ , which results in  $\Psi(g, h, \omega, TR)$ = 0. This condition can be met if  $2\omega \nabla TR = j\pi$  where  $j \in \{\dots, -2, -1, 0, 1, 2, \dots\}$ . Since  $g = j\pi$  $2\nabla TR$  and  $\omega = 2\pi f$ , solving for g results in g = j/2f. Figure 1c shows an averaging simulation where the different points of  $\sin(2\omega \nabla TR) = 0$  can be observed. This means for example that if TR = 1 and f = 0.025 Hz the specific averaging length is  $g = 1/(2 \times 0.025)$ sec = 21 sec to zero the second term in (4). Although a similar analysis could be applied to h by forcing  $\sin(2\omega\nabla TR) = 0$  in (4), setting h = 1/2f causes estimation inaccuracies due to effects described by  $K(h, \omega, TR)$  that will be explained in the next section. In addition, Figure 1d illustrates how all estimation variability is eliminated once g = j/2f including the range h = 1/f. Notice that Figure 1d replicates the simulation experiment from Figure 1b, but including an averaging step of length g = 1/2f = 20 sec, zeroing all artifacts for h = 1/f. Since we have set  $\Psi(g, h, \omega, TR) = 0$  in Figure 1d, the observed behavior corresponds to  $K(h, \omega, TR) = 0$ TR) where the estimation inaccuracy follows a monotonic trend in the range h = 1/f.

Equations developed in this section predict a series of advantageous effects after averaging. The SWC artifact fluctuations due to lack of the tuning h = 1/f illustrated in Figure 1b can be completely obliterated by the implementation of the ASWC method with appropriate tuning g = 1/2f as predicted by (4) and simulated in Figure 1d. While it is true that frequency and averaging length are not guaranteed to match in real data, there is an important reduction of artifacts even for non-matching averaging lengths. This reduction is illustrated in Figure 1c where a wide range of averaging lengths were tested resulting that artifacts are the strongest for the no averaging case (g = 0). The equations we present show that ASWC have weaker artifacts than SWC because of two important factors. First, the strongest SWC artifacts diminish at a rate of 1/h as shown in the second term of (2). In contrast, it is predicted by (4) that artifact reduction in ASWC is stronger through a quadratic factor  $1/h^2$  and a factor with combined window and averaging lengths 1/gh. Also, in both SWC and ASWC it is expected that artifact fluctuations diminish as the frequency increases. However, ASWC artifacts

decrease quadratically through the factor  $1/\omega^2$  ( $\omega = 2\pi f$ ) compared with the SWC artifacts with a slope that depends on  $1/\omega$ . Equations also predict an ASWC with advantages over SWC even for non-ideal matching between configured parameters and frequency. It is evident at this point that studying the effects of frequency is one important next step in this development since real signals likely contain complex frequency content.

#### Asymptotic Analysis of Artifacts and Frequency

Our discussion will now move away from the averaging artifact term  $\Psi(g, h, \omega, TR)$ discussed in the previous subsection and focus on the term K( $h, \omega, TR$ ) that has a strong dependence with frequency. As previously explained, factor  $\Psi g, h, \omega, TR$ ) can be zeroed out by tuning the averaging length, but also by taking the asymptote  $g \rightarrow \infty$ . For the current presentation, we introduce the use of the function sinc  $x = \sin \pi x / \pi x$  to simplify K(h, f, TR)  $= (1 - \operatorname{sinc}^2 fh)$ . When the averaging length approaches the values of interest  $g \rightarrow \infty$  and g $\rightarrow 1/2f$  leading to  $\Psi(g, h, \omega, TR) = 0$  this produces the frequency dependent limit

$$\lim_{\substack{g \to \infty \\ or \\ g \to 1/2f}} \overline{C}_{xy}[m] = \cos\theta \left(1 - \operatorname{sinc}^2 fh\right)$$
(5)

For the purpose of simplifying the exposition, we will call (5) the asymptotic behavior of (2). Notice that the results from averaging over a long time scale (i.e.  $g \rightarrow \infty$ ) is more compatible with real data than tuning  $g \rightarrow 1/2f$ . For the moment, we assume that either asymptote will be achieved and  $\overline{C}_{xy}[m]$  can be fully described by  $\cos(1 - \sin^2 fh)$ . Mathematically, the function is an inverted  $\sin^2 x$  where the highest variability occurs at its main lobe with some small side lobes for values x > 1. Figure 2a displays the inverted lobe behavior of  $(1 - \sin^2 x)$  for the product x = fh. Notice that achieving  $K(h, f, TR) = (1 - \sin^2 fh) = 1$  in (5) allows for a perfect estimation. In this case, deviations from K(h, f, TR) = 1 describe the estimation error. The maximum error occurs at the first side lobe of  $(1 - \sin^2 fh)$  after the point where fh = 1 and reaches a value of 0.9528 representing the largest estimation error for the range fh - 1. Under the studied conditions, this estimation error is less than a 5% error. The effect of this asymptotic behavior for different values of f and h is illustrated in Figure 2b where the neighborhood of fh = 1 (the first wide white band after the dark red area in Figure 2b) results in an exact estimation while some small vanishing lobes (less than 5% error as discussed) are observed for fh > 1.

The next step in our analysis focuses on the interplay between frequency  $\omega = 2\pi f$  and window length *h*. As a first sanity check, let  $h \to \infty$  or  $\omega \to \infty$  to see that K(*h*,  $\omega$ , *TR*) approaches 1, i.e. perfect asymptotic estimation according to (5). For the other direction  $h \to 0$  or  $\omega \to 0$ , Figure 2a illustrates how small values of *h* or  $\omega$  fall within the main inverted lobe with a behavior given by the limit  $\lim_{h \to \infty} K(h, \omega, TR) = \lim_{\omega \to \infty} K(h, \omega, TR) = 0$ . Thus, the power for low frequencies is reduced all the way down to zero similar to a high pass filter. The point of perfect estimation is defined by  $\sin^2 fh = 0$ , or  $fh = 1 \to h = 1/f$ , providing a second sanity check point. Notice that all described conditions h = 1/f,  $h \to \infty$  and  $\omega \to \infty$ 

agree with the SWC features previously predicted for SWC, see (2) and (Leonardi and Van

De Ville, 2015). In contrast to SWC, the ASWC equations predict a high-pass filter behavior. We theoretically demonstrate that resulting ASWC filter can be tuned to remove low frequency content allowing the removal of frequencies below 0.01 Hz.

#### **ASWC Filtering**

For now, we refocus our attention on the analysis of the ASWC/SWC problem from the frequency perspective. The approximation in (5) allows tracking the magnitude of covariance for a singleton frequency given that the sliding window length *h* is constant. This assumption is more relevant in practice since the window length is commonly chosen and left unchanged through the analysis of real data (Allen et al., 2014). For the moment, we will continue assuming the asymptotic behavior (5) where  $\overline{C}_{xy}[m] = \cos\theta(1 - \sin^2 f h)$ . Setting *h* constant leaves frequency *f* as the only variable of interest. Figure 2c illustrates how equation (5) describes a high pass filter type relationship between averaged covariance and frequency with approximate solution as follows:

$$f_0 \approx \frac{1}{h} \sqrt{\frac{10}{\pi^2} \left( 1 - \sqrt{1 - \frac{6}{5} \left( 1 - \sqrt{1 - \alpha} \right)} \right)} \approx \frac{0.4441}{h} \Big|_{\alpha = 1/2} \tag{6}$$

The approximation (6) can be obtained using the Taylor expansion of  $x \approx 1 - \pi^2 x^2/6 + \pi^2 x^4/120$  and its derivation is displayed in the Supplementary Material. We present the whole approximation for the general case where a covariance threshold  $\overline{C}_{th}(\alpha = \overline{C}_{th}/\overline{C}_{max})$  is required. For the purposes of filter design, the cut-off frequency is the point where the filter cuts frequency power in half, thus the value  $\alpha_{cut - off} = \overline{C}_{th}/\overline{C}_{max} = 1/2$ . Equation (6) was evaluated for  $\alpha = 1/2$  to provide a simple way of tuning the ASWC window length to the required frequency response.

#### Comparing Tuned SWC and Tuned ASWC

In wide band signals, both techniques SWC and ASWC will suffer from spurious fluctuations due to the existence of non-tuned frequencies. The important concern we must answer next is if there are values satisfying the inequality  $g_{ASWC} + h_{ASWC} < hSWC$  with reduced power of unavoidable artifact fluctuations. We did this comparison using a simulation spanning frequencies from 0 to 0.08 Hz. Before estimating the SWC we applied a typical high pass fifth-order Butterworth filter, but did not use the filter for the ASWC. With this procedure we are using the natural filtering characteristics of ASWC shown in Figure 2c. The Butterworth filter order in the SWC simulation is the same as that recommended in (Allen et al., 2011). Since we are interested in a cut-off frequency of  $f_0 = 0.01$  Hz, we set  $h_{SWC} = 1/f_0 = 100$  sec. Following the recommendation in equation (6) we set  $h_{ASWC} =$  $0.4441/f_0 \approx = 44$  sec. As illustrated in Figure 1, the averaging length should be  $g_{ASWC} =$  $1/2f_0$ , but adjusting to the current frequency of interest (i.e. 0.01 Hz) gives  $g_{ASWC} = 50$  sec. Notice that selected values comply with the inequality  $g_{ASWC} + h_{ASWC} < h_{SWC}$ . Figure 3 displays the simulation outcomes where  $h_{SWC} = 100$  sec,  $h_{ASWC} = 44$  sec and  $g_{ASWC} = 50$ sec. According to equation (6), larger window lengths decrease the ASWC cut-off, but we need to keep low frequencies of no interest controlled by fixing the cut-off at 0.01 Hz. Shorter window lengths will move the ASWC cut-off above 0.01 Hz thus removing

important frequency content. We compared the power of artifact fluctuations by estimating their standard deviations  $\sigma_{SWC}$  and  $\sigma_{ASWC}$  for each corresponding method. Figure 3 displays the ratio  $\sigma_{SWC}/\sigma_{ASWC}$  for each frequency. The plots for SWC and ASWC show similar trends for low frequencies, but this trend is in part related to the fifth-order filter. The frequency cut-off in ASWC can be clearly observed in Figure 3b at 0.01 Hz where the predicted covariance is 0.5. At higher frequencies, the fluctuations in ASWC look smaller compared to those from the SWC. The plot for  $\sigma_{SWC}/\sigma_{ASWC}$  in Figure 3 further confirms this observation. Starting from the cut-off 0.01 Hz we can see that ASWC has a clear advantage over SWC. At higher frequencies, the ratio  $\sigma_{SWC}/\sigma_{ASWC}$  peaks close to 2<sup>10</sup> indicating that the standard deviation of SWC fluctuations could be as high as 1024 times larger as in ASWC.

#### Sharp Phase Transitions

Sliding windows are used in the context of dynamic changes of coherence, but equations so far have been applied to a static constant phase. This is not practical as the focus of dynamic connectivity is to study the temporal changes of correlation  $\rho_{xy}$ . Correlation dynamics can be characterized in the single frequency covariance model by temporal variations of the cosine phase difference  $\theta$ . The following development presents theoretical development based on a simple and tractable case of a sharp cosine phase transition and also generalizes to describe a more practical situation.

The next stage is to mathematically characterize phase transitions. The simplest of these transitions is a sharp change at a given time point  $t_0 = 0$ . Before  $t_0$  let the two cosines x[k] and y[k] have phases  $\gamma$  and  $\theta$  respectively, and after  $t_0$  let the phases update to  $\varphi$  and  $\phi$ . We first reformulate the SWC analysis from (2) in a way that includes the four phases ( $\gamma$ ,  $\theta$ ,  $\varphi$  and  $\phi$ ) resulting in

$$\begin{split} C_{xy}[n] &= \frac{TR}{h} \sum_{k=n-\Delta}^{n+\Delta} x[k]y[k] \\ &\approx \frac{2}{h} \Biggl[ \int_{(n-\Delta)TR}^{0} \cos(\omega t + \gamma) \cos(\omega t + \theta) dt + \int_{0}^{(n+\Delta)TR} \cos(\omega t + \varphi) \cos(\omega t + \phi) dt \Biggr] \\ &= \frac{(\Delta - n)TR}{h} \cos[\gamma - \theta] + \frac{(\Delta + n)TR}{h} \cos[\varphi - \phi] \\ &+ \frac{1}{h} \Biggl[ \int_{(n-\Delta)TR}^{0} \cos(2\omega t + \gamma + \theta) dt + \int_{0}^{(n+\Delta)TR} \cos(2\omega t + \varphi + \phi) dt \Biggr] \end{split}$$

To go from the first line to the second, we used the identity  $\cos a + b\cos a + c = \frac{1}{2}(\cos|b - c| + \cos(2a + b + c))$ . The covariance then approximates a weighted sum of the cosines of phase differences plus a term  $\Box_h$  that depends on 1/h. The covariance term can be expressed as

$$C_{xy}[n] = \frac{(\Delta - n)TR}{h} \cos[\gamma - \theta] + \frac{(\Delta + n)TR}{h} \cos[\varphi - \phi] + \beth_h \tag{7}$$

Figure 4b displays a simulation result where the influence of term  $\beth_h$  is evident from the observed spurious fluctuations. To obtain the ASWC version, averaging reduces the spurious artifacts as shown in Figure 4b. The equation looks similar except that in ASWC the artifact term has been averaged  $\overline{\beth}_{h,g}$ , but the first two terms defining the weighted averaging in (7) remain unaltered. In addition, the artifact term  $\overline{\beth}_{h,g}$  depends on both 1/*h* and 1/*g*, hence generally exhibiting a weaker strength than  $\beth_h$  which only depends on 1/*h*. For a more formal analysis see the Supplementary Material.

$$\overline{C}_{xy}[m] = \frac{(\Delta - m)TR}{h} \cos[\gamma - \theta] + \frac{(\Delta + m)TR}{h} \cos[\varphi - \phi] + \overline{\Box}_{h,g}$$
(8)

Although the closed form of the artifact terms  $\beth_h$  and  $\overline{\beth}_{h,g}$  were not developed due to their complexity, we can expect that averaging reduces artifacts following a similar behavior as that described in (2) and (4). We will call the first two terms in (7) and (8) the estimation terms since they allow tracking the covariance variation of the sharp phase transition. Figure 4 displays a sharp phase transition simulation for SWC and ASWC versions of the covariance estimation assuming a perfect tuning for 2 intervals where correlation is constant. As in the static case of (2) and (4), averaging in Figure 4b decreased the artifact fluctuations present in SWC. The most important result from (8) is that averaging does not change the estimation terms of the sharp edge equation (8). Thus, the averaging length does not affect the estimation terms and only decreases the strength of the artifact term  $\overline{\beth}_{h,g}$ . This is illustrated by Figure 4b and Figure 4c where there are small changes in fluctuation, but not in the overall estimation when averaging length is doubled. On the contrary, the window length has a key role defining the weights within the estimation terms. Thus, the window length has a large influence on the estimation. Figure 4d illustrates the loss of estimation sharpness due to doubling the window length. These results indicate that it is more important to reduce the window length h than reduce the averaging length g since h has greater influence in the estimation.

#### A Moving Average Model (Beyond Sharp Phase Transitions)

Figure 4 shows the complete obliteration of ASWC sinusoidal artifacts as predicted by (4) for properly tuned window and averaging lengths. The sharp edge transition explains how the selection of a window length can have a large impact in resolving transient changes in phase. Despite predicting artifact reduction after averaging, the sharp phase transition is limited to one phase transition between two constant phase intervals. Nonetheless, the trend of reduced artifacts can be expected to be similar for more complex configurations. For example, two sharp transitions will eventually be characterized as the weighted sum of the three different phases plus the artifact term which in our case will depend on the choice of SWC or ASWC. Furthermore, increasing the number of sharp transitions can characterize increasingly smooth changes of phase and correlation through time. After considering a sufficiently large number of transitions, SWC can be described by the weighted average over a large number of time intervals, each with a weight  $w_k$  and a given phase difference  $\theta_k$  plus an artifact term such that

$$C_{xy}[n] = \left(\sum_{k} w_k \cos\theta_k\right) + \beth'_h \tag{9}$$

Similar as in equation (7), weight values will depend on the size of intervals between sharp transitions. However, let's assume that all sharp edge transitions are equal and of the same length of 1 TR. In these conditions, all weights are of the same value and the equation above describes a moving average (MA) system plus the corresponding artifact term  $\beth'_h$ . In the frequency domain, MA systems behave like a low pass filter. Since the frequency response of MA systems is well known (Oppenheim and Schafer, 2010), it is convenient to continue analyzing (9) in the frequency domain without loss of generality. Denote the MA corresponding frequency response as  ${}^{SWC}_hH(f)$ , whereas before h = 2 TR, and by  $\Theta(f)$  the frequency content of cos  $\theta_k$ . Equation (9) can then be expressed as

$$C_{xy}(f) = \frac{SWC}{h}H(f)\Theta(f) + \beth'_h(f)$$
(10)

where the MA frequency response can be written for any 0 < f < 1/2 as (Oppenheim and Schafer, 2010)

$$\left| \begin{array}{c} SWC\\h \end{array} H(f) \right| = \frac{1}{2\Delta + 1} \frac{\sin \pi T R f(2\Delta + 1)}{\sin \pi T R f}$$
(11)

The MA frequency response has a low pass response and it is zero at any point where sin  $\pi TRf(2 + 1) = 0$ . Using the approximation  $h_{SWC} \approx 2 + 1$ , the first zeroing is obtained at  $1/h_{SWC}$ . This is illustrated in Figure 5a where the frequency response for the nominal value  $h_{SWC} = 100$  sec has been plotted. At frequency  $1/h_{SWC}$  it will not be possible to measure any signal since  $(\sum_k W_k \cos \theta_k) = 0$  and the only surviving term  $\beth'_h$  represents the artifact fluctuations. Thus, it is of interest to set  $h_{SWC}$  as small as possible to resolve faster fluctuations of correlation.

Up to this point, we have not established ASWC as a simple MA of SWC because the MA concept was not needed to develop the ASWC equations for the static correlation case of (4). In the more general case of the SWC in (10), ASWC can be described by applying an additional MA to SWC in (9). The frequency response of the ASWC can be obtained by multiplying a second MA response  ${}^{ASWC}_{g}H(f)$  corresponding to the averaging part by the first MA response  ${}^{ASWC}_{h}H(f)$  corresponding to the sliding window part resulting in

$$\overline{C}_{xy}(f) = {}^{ASWC}_{g}H(f) {}^{ASWC}_{h}H(f)\Theta(f) + \overline{\beth}'_{h,g}(f)$$
(12)

Equation (12) exhibits two zeroing frequencies  $1/h_{ASWC}$  and  $1/g_{ASWC}$ . The larger of the two parameters  $h_{ASWC}$  and  $g_{ASWC}$  will determine the characteristics of resolving high frequency content.

The goal of finding settings  $g_{ASWC} + h_{ASWC} < h_{SWC}$  has yet another advantage since SWC will be more restrictive with a first zeroed frequency at  $1/h_{SWC}$  lower than those obtained in ASWC with a less restrictive characteristics given by  $1/h_{ASWC}$  or  $1/g_{ASWC}$ . Figure 5 shows the comparison for the nominal setting previously suggested where  $h_{SWC} = 100$  sec,  $h_{ASWC} = 44$  sec and  $g_{ASWC} = 50$  sec. Based on these nominal values, ASWC will be able to resolve frequencies in  $\Theta(f)$  up to 0.02 Hz which is a higher limit to that in SWC (up to 0.01 Hz). Higher frequencies than the first zeroing correspond to side lobes exhibiting decreasing magnitude as the frequency increases.

#### Wide Band Frequency Data

All the numerical simulations presented in the previous section were based on single sinusoidal signals, covariance measurements and designed to aid interpreting covariance-based derivations. The objective now is to simulate the effectiveness of the presented development for more realistic cases with a wide-band frequency content. Thus, we applied SWC and ASWC to simulated data with wider spectrum signals and using Fisher transformed correlations instead of covariance. Code and basic data for all simulations and examples are open and can be downloaded at http://mialab.mrn.org/software.

#### Simulation

In contrast to the single frequency analysis used in (2) and (4), this particular analysis used a wide frequency band signal simulated by simply adding several cosines with selected frequency, amplitude and phase. We followed the Fourier series approach in the sense that any signal can be represented as a sum of several sinusoidal components. This procedure is especially useful since our purpose is to configure the frequency spectrum to produce controlled changes of correlation through time. The frequency spectrum of interest can be set to be from 0.01 to 0.1 Hz which is often suggested in literature (Damoiseaux et al., 2006; Fransson, 2005). Although other researchers have found important higher frequency content, such frequencies have lower magnitude power thus contributing weakly to the signal (Chen and Glover, 2015). We will consider frequency spectrums below 0.1 Hz with no limitation at the lower end. Simulated signals will then be high-pass filtered at 0.01 Hz using a fifth-order Butterworth filter which is a procedure recommended for real data. In addition, the frequency spectrum was modulated such that lower frequencies exhibited higher amplitude than higher frequencies similar to observations of spectrums from real data (Kiviniemi et al., 2004; Mantini et al., 2007). Four different correlation dynamic scenarios were simulated: 1) a static correlation with no changes through time; 2) a transition from positive to negative [-0.9 to 0.9]; 3) a single period sinusoidal correlation behavior; and 4) a sinusoidal dynamic correlation with a period of 100 sec. These controlled correlations were implemented by changing the phase of each Fourier component at each time point. Sliding window correlation was then calculated using a rectangular window on each simulated case followed by the application of Fisher's Z transform. In the case of ASWC, Fisher's transformation was applied before averaging. We set a constant window length of 100 sec for the SWC method while comparing different window lengths ranging from 10 to 100 seconds for the ASWC method. The averaging length was set to half the window length plus one TR following the mathematical tuning suggested in Figure 1.

Simulations were performed for ASWC window/averaging lengths 10/50, 20/50, 44/50, 50/50 and 100/50 sec. We included a 44 sec window length value from solving (6) for frequency of 0.01 Hz (cut-off frequency  $f_0 = 0.4441/(0.01 \text{ Hz}) = 44.41 \text{ sec}$ ). Averaging length was set using the recommended length  $g = 1/2f_0 = 50$  sec. While the magnitude of each frequency was constant, the phases were chosen at random for one of the time courses. For the other time course, the phases were shifted on each time step following the ground truth connectivity dynamics. Since we are interested in tracking deviations from ground truth, we calculated the mean square error (MSE) over the time range of the simulation for ASWC and SWC. We measured the MSE one hundred times with a different selection of random phases per iteration and plotted the MSE. Results are displayed in Figure 6 where the plotting areas have been divided in two regions: one where ASWC MSE > SWC MSE and the other one where ASWC MSE < SWC MSE.

Simulation results are displayed in Figure 6 and Figure 7. Figure 7 displays the actual estimation at each time point for SWC and ASWC for one of the 100 iterations from Figure 6. A look at the actual estimation in Figure 7 complements the outcomes presented in Figure 6. When the connectivity remains constant (the first row in Figure 6 which is the static case), ASWC with window lengths of 44 sec and above achieve better performance than a tuned SWC with a window length of 100 sec. The case of  $h_{ASWC} = 44$  sec and  $h_{ASWC} = 50$  sec corresponds to ASWC tuned to 0.01 Hz also illustrated in Figure 3 where it was shown to provide better performance than tuned SWC. For this static case, larger window lengths help improving the estimation in ASWC. The first row of Figure 7 allows visualizing how shorter window lengths produce stronger artifacts until ASWC gets properly tuned, i.e. a point where the ASWC artifacts are weaker than SWC. For the static case, increasing the window length improves the estimation.

In all other rows of Figure 6, the tuned ASWC case ( $h_{ASWC}$  = 44 sec and  $h_{ASWC}$  = 50 sec) outperforms SWC. We can explain this by two factors. First, we have shown than tuned ASWC has weaker artifacts than tuned SWC. For the second explanation, we need to take a look at Figure 5 where the phase frequency spectrum response of tuned ASWC with shorter window lengths can resolve higher frequencies than tuned SWC which requires a larger window length. In other words, as the correlation fluctuates faster, the estimation worsens with a rate that depends on the window length. ASWC has smaller window length and thus results in better performance than SWC.

The last row in Figure 6 shows the results for a dynamic correlation varying with a frequency of 100 Hz. In this case, ASWC outperforms SWC except at the point where SWC and ASWC have the same window length in the last column ( $h_{ASWC}$ = 100 sec and  $h_{SWC}$ = 100 sec for the last row and last column panel). At shorter window lengths there is more temporal resolution power. The outcome of the last row in Figure 7 shows how the artifacts, although present, are weak for the ASWC method with 10 sec window length. As the window length increases, the capability of resolving the 100 Hz frequency diminishes. At the point where  $h_{ASWC}$ = 100 sec, both SWC and ASWC show similar performance. This is explained by (10), (12) and Figure 5 predicting that a correlation frequency of 0.01 Hz cannot be we accurately estimated if the window length is 100 sec. The last row of Figure 7 illustrates the signal obliteration due to the 100 sec window length configured for tuned

SWC. Since the estimation term  ${}^{SWC}_{h}H(f)\Theta(f)$  in (10) is zero at 0.01 Hz, all that we can see during the last row of Figure 7 is the artifact term  $\beth'_{h}$  of the SWC. When the window length is set to 100 sec in the last column and last row of Figure 7, ASWC also exhibit a zero estimation term  ${}^{ASWC}_{g}H(f){}^{ASWC}_{h}H(f)\Theta(f)$  from (12) and all that remains is the corresponding artifact term  $\overline{\beth'_{h,g}}$ .

#### **Real Data Example**

Data for this example was borrowed from a previous dynamic connectivity study on polysubstance addiction. We will briefly describe data essentials, but a more detailed description can be found in (Vergara et al., 2018). Resting state fMRI data were collected on a 3T Siemens TIM Trio (Erlangen, Germany) scanner. Participants kept their eyes open during the 5-minute resting scan. Echo-planar EPI sequence images (TR = 2,000 ms, TE =29 ms, flip angle =  $75^{\circ}$ ) were acquired with an 8-channel head coil. Each volume consisted of 33 axial slices ( $64 \times 64$  matrix,  $3.75 \times 3.75$  mm<sup>2</sup>, 3.5 mm thickness, 1 mm gap). After the necessary preprocessing steps explained in (Vergara et al., 2017) and group independent component analysis, time courses for thirty nine resting state networks were estimated. All time courses were filtered using a Butterworth band-pass filter 0.01 to 0.15 Hz. The SWC technique was then applied with a window length of 40 sec. For the 39 retained resting state networks, a total of 741 dynamic functional network connectivity (dFNC) values were estimated for each window. Finally, a k-means procedure was applied to detect 6 different dFNC states in order to identify dFNC state duration, beginning and ending points. We utilized the k-means clustering outcome to explore difference between SWC and ASWC. We used the dFNC states sequence to get an approximation of temporal changes in dFNC. Such changes are not the result of a single SWC from a pair of brain areas, but were detected using a whole brain analysis including 741 pairs of SWC per time point. We assume that dFNC changes from analyzing the whole set are rooted on temporal dFNC variations of the individual SWCs. The dFNC analysis allowed us to find different patterns of temporal dFNC transients to be used as examples.

We pick the three most relevant cases simulated in Figure 6 and Figure 7: static FNC (first row), relatively sharp transition from one dFNC level to a different one (second row), a relatively rapid and periodic dFNC transient (fourth row). Interestingly, each one of these three cases were found more than once through the available set of dFNC data. We picked one subject from each case and one of the 741 FNCs that closely fit the detected dFNC transients. Next, we reran the dFNC framework for well-tuned SWC (nominal value  $h_{SWC}$ = 100 sec) and ASWC (nominal values  $h_{ASWC}$ = 44 sec and  $g_{ASWC}$ = 50 sec). The results are presented in Figure 8 where several observations can be spotted in each case. The standard deviation in the static case is lower in ASWC than SWC similar to the simulation in Figure 7 except that true constant correlation is not guaranteed. Yet, fluctuations are weaker for tuned ASWC indicating a better estimation for this quasi-static FNC. The transition case in the second row of Figure 8 exemplifies how these transitions are sharper and suffering from weaker artifacts in ASWC. These results closely resemble the outcomes in Figure 4 where a sharp transition was enforced as the ground truth. The last case of rapid fluctuations also

shows the advantage of ASWC over SWC. Transient fluctuations were detected with a higher magnitude as predicted by the frequency responses of the MA model. In the real data, the dFNC state fluctuation changes at approximately 0.012 Hz. This frequency is close to the zeroing SWC frequency 0.01 Hz (Figure 5), thus its strength is highly reduced. Contrastingly, the strength is higher in ASWC because the zeroing frequency 0.02 Hz is not that close to 0.012 Hz as compared to SWC.

#### Discussion

Several concerns were raised when the first model tracking dynamic connectivity using covariance was first made public (Leonardi and Van De Ville, 2015). One controversial assertion was the choice of a window length  $1/f_0$  according with the lowest frequency  $f_0$  of the BOLD signal. Given that typical low frequency cutoff is 0.01 Hz, the covariance equation leads to a window length of 100 sec (Leonardi and Van De Ville, 2015). As demonstrated by our simulations, a long window length such as 100 sec diminishes the ability of accurately resolving the functional connectivity dynamics because of the smoothing nature of performing a correlation over a long period of time. The ASWC method proposed in this work exhibited better performance over SWC at both dFNC extremes: very slow (quasi-static) and relatively fast temporal fluctuations of connectivity. The cost for ASWC involves an additional processing step necessary to perform the averaging in ASWC as compared to SWC, while the pay-out for this trivial averaging step is a significant improvement in performance.

In addition to proposing a new technique, we have characterized and compared ASWC against SWC through this work. The first model analyzed corresponded to a non-varying correlation or a static case. This represents the most extreme case of zero fluctuations, or frequency zero. The presence of artifacts in the form of spurious fluctuations was the main concern in this static case. Analytical methods predicted artifact reduction in ASWC beyond that obtained with SWC. Real data simulations in Figure 8 corroborate the prediction since fluctuations were weaker in ASWC when no change in dFNC state was estimated. The condition in this case was that averaging length needed tuning using  $g_{ASWC} = 1/2f_0$  reducing artifacts for any time-course frequency  $f > f_0$ . Notably, in this static connectivity case time signals can exhibit any frequency while their correlation is constant. Figure 1 shows that complete artifact obliteration is achievable for a single constant sinusoidal signal at  $f_0$ . The analysis for frequencies above  $f_0$  revealed a better performance of ASWC over SWC. The simulation in Figure 3 reveals an artifact magnitude of more than 1000 times larger in SWC compared to ASWC for some frequencies. However, achieving the better performance was dependent on appropriate tuning of the ASWC window length. After analyzing the influence of time signals frequency, it was determined in (6) the correct tuning to be  $h_{ASWC} = 0.4441/$  $f_0$ . This value if about 44.4% times the tuning suggested in SWC, i.e.  $h_{SWC} = 1/f_0$  (Leonardi and Van De Ville, 2015). While the true rewards of a shorter window length in ASWC are not fully observable in the static case, there are obvious advantages in non-static cases which we discuss next.

The sharp transition model described sudden changes in connectivity. In this case, the averaging length plays a lesser role. The sharpness resolution is mainly determined by the

window length. Since  $h_{ASWC}$  is less than half  $h_{SWC}$  the model roughly predicts twice the ability of resolving sudden changes in connectivity. Simulations in Figure 4 show how doubling the window length, but not the averaging length, doubled the smoothing of the imposed sudden connectivity change. This model does not only describe an idealized situation, but it could also characterize time intervals of quasi static dynamic connectivity. These quasi static intervals were suggested since the dawn of dynamic connectivity to explain why clustering methods might be able to detect intervals featuring a single dFNC state (Allen et al., 2014). With respect to our current discussion, the quasi-static case displayed on the second row of Figure 8 was better described by ASWC with better definition of the transition interval and flatter slopes on the quasi static extremes. Although the real connectivity is unknown for real data, stronger fluctuations were observed in towards left and right sides of the SWC estimation. Since larger artifact fluctuations are expected in SWC for the static connectivity case depicted in Figure 3, we can suspect that SWC lobes not present in ASWC are anything but artifacts.

The most complete description of SWC and ASWC presented in this work was the moving average model (MA model). In this model, we divided the signal in an estimation term and an artifact term. The main interest is to allow for the estimation term to be stronger than the artifact term. In both SWC and ASWC, the estimation terms are described by a moving average system. Moving average systems exhibit a well-known frequency response which allows making further prediction for SWC and ASWC. The frequencies in the MA model refer to how fast the correlation between two time signals changes, as opposed to the frequency of time signals that were characterized in the static connectivity model. SWC is limited in frequency by the window length which should be tuned to  $h_{SWC} = 1/f_0$ , while ASWC depends on the averaging length tuned at  $g_{ASWC} = 1/2f_0$ . In simple terms, the MA model indicates that ASWC will resolve faster transients than SWC because the correlation frequency spectrum allows it. Notice that at tuning  $h_{SWC}/g_{ASWC} = 2$ , ASWC allows for about two times higher frequencies than SWC. Real data and wide band simulations agree with this prediction. Figure 7 shows how the simulated ground truth is obliterated in tuned SWC because the correlation fluctuated with a frequency of exactly  $1/h_{SWC}$ . The fluctuations in this case were related only to the artifact terms of the MA model. Since it is tuned differently, ASWC was able to track the relatively fast simulated changes that SWC could not resolve. The real data example in Figure 8, shows how the connectivity frequency at 0.012 Hz is weaker in SWC compared to ASWC because of its proximity to the zeroing SWC frequency tuned at 0.01 Hz. However, ASWC tuning permit frequencies up to 0.02 Hz (see Figure 5) resulting in a better estimation.

#### Limitations

As is the case with other similar studies (Leonardi and Van De Ville, 2015; Zalesky and Breakspear, 2015), the current work does not promise to eliminate all artifact fluctuations, but focuses on reducing their magnitude. Other effects due to hemodynamic response, sluggishness, and noise (Hutchison et al., 2013; Lehmann et al., 2017) are not considered in this work. However, ASWC might reduce some of these nuisance effects due to the filtering properties of the MA (Oppenheim and Schafer, 1989).

The improved performance of ASWC over SWC was initially tested through simulations since a ground truth exists for simulated data. A similar attempt to use real data confirmed similar trends as those obtained from simulations. Whether the estimated fluctuations in real data fully represent neuronal activations or are the result of signal nuisances still remains to be confirmed and is a question beyond the topic of this work. However, we might hope that reducing window length artifacts of dFC signals can allow future research in determining ways of cleaning the signal from other nuisances.

#### Conclusion

Including an averaging step in the processing of SWC (ASWC) provided a method of reducing artifact fluctuations due to windowing as compared to raw SWC. This reduction in artifacts enhances the ability of the ASWC method to track real dFC fluctuations as compared to the raw SWC method. In contrast to SWC, which requires only setting the window length, there are two parameters to define in ASWC, the window length  $h_{ASWC}$  and the averaging length  $g_{ASWC}$ . The optimal design parameters for ASWC can be written as

- **a.** Select a design lowest allowed frequency  $f_0$  for the time signals to be correlated.
- **b.** Set  $h_{ASWC} = 0.4441/f_0$  to implement ASWC as a second order high-pass filter with cut-off at  $f_0$ .
- c. Set  $g_{ASWC} = 1/2f_0$  to maximize the reduction of artifacts at  $f_0$  and for higher frequencies  $f > f_0$ .

Assuming a cut-off at  $f_0$ = 0.01 Hz, the configuration values are  $h_{ASWC}$ = 44.41 sec and  $g_{ASWC}$ = 50 sec. Although 50 sec seems like a large averaging because  $g_{ASWC}$ +  $h_{ASWC}$ 94 sec, this work showed that temporal resolution depends less on the sum  $g_{ASWC}$ +  $h_{ASWC}$  and is more heavily influenced by the individual lengths  $g_{ASWC}$  and  $h_{ASWC}$ . The important point was to reduce window and averaging lengths (or a combination) for a frequency spectrum that allowed resolving higher frequencies. In summary, an optimally configured ASWC suggests several advantages over the optimal SWC configuration with the recommended length  $h_{SWC}$ = 100 sec:

- 1. A smaller optimal window length  $h_{ASWC}$  = 44.41 sec allows for better tracking of temporal dFC fluctuations (Figure 6)
- 2. The ASWC configuration with ( $h_{ASWC}$  = 44.41 sec and  $g_{ASWC}$  = 50 sec) behaves similar to a Butterworth filter at 0.01 Hz thus aiding in removing nuisance frequencies (Figure 2)
- **3.** Overall, ASWC exhibits less artifact fluctuations when considering a wide range of frequencies of interest at very low frequencies (quasi-static). See Figure 3 for temporal signals frequency.
- **4.** ASWC presents a correlation frequency spectrum that allows resolving higher frequencies than SWC. See Figure 5 for a comparison of frequency spectrums. See Figure 6 and Figure 7 for simulation results on correlation frequency.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1. Averaging of the Cosine Model for a simulated correlation of 0.2.

a) The two cosines at the upper left plot were generated assuming a TR = 1 sec, a frequency of f = 0.025 Hz and a phase difference given by  $\theta = \arccos 0.2$ . b) Sliding window correlations (SWCs) were estimated at all possible shifts of one TR and for SWC lengths from 2 to 120 sec. For a given window length, the SWC value depends on the time shift. SWCs for all time shifts are plotted on the upper right figure using small black dots. In this example, following the recommended SWC length (Leonardi and Van De Ville, 2015) will result in  $f_{min} = 0.025$  Hz and  $h_{min} - 1/f_{min} = 40$  sec. However, this figure shows that artifacts are still strong around  $h = \{50,70, \dots\}$ . c) The bottom left plot shows the effect of averaging for the window length h = 50 sec. Spurious variability of SWCs disappear at the averaging length g = 1/2f = 20 sec. d) Bottom right plot shows the resulting SWC value (black line) as a function of h at averaging length g = 20 sec. The SWC values are independent of the time shift selected. For comparison, the asymptotic averaging result  $g \rightarrow \infty$  obtained in Equation (5) is displayed in red. The two average settings g = 1/2f and  $g \rightarrow \infty$  lead to the same result.



#### Figure 2. Asymptotic Response of Averaged SWCs.

a) The left top plot displays the shape of asymptote (5) described by  $(1 - \operatorname{sinc}^2 x)$  for the factor x = fh, where f is the frequency and h is the window length. b) The right top plot illustrates the deleterious effects (perfect covariance estimation, i.e.  $\overline{C}_{xy} = 1$ , is indicated by white areas) predicted by (5) on covariance estimation for a range of values of f and h. This result indicates that low frequencies and low window lengths (dark red areas) must be avoided since they result in the largest deviation from ground truth. c) The bottom left panel features a 15 min simulation using two identical cosines (i.e. for  $\overline{C}_{xy} = 1$ ) for the same window length of 40 sec but varying frequency. Since h = 40 sec the cutoff frequency estimated by (6) is 0.011 Hz which is indicated by the circle drawn in the plot. The plot also shows how the filter compares to second order Butterworth filters using cutoffs of 0.01 Hz and 0.025 Hz. d) The bottom right plot shows the root mean square error (RMSE) (averaged over 15 min) after setting h = 40 sec for different frequencies and averaging lengths. The largest observed RMSE was 1.27, but fitting the color range to this value left obscured other smaller errors; hence this plot was instead scaled to the [0, 0.5] range. The figure clearly shows the cut-off 0.5 at 0.011 Hz, an observation that does not change with the averaging length. However, averaging lengths below the tuning period (20 sec) show larger RMSE than those above the tuning period..



**Figure 3.** Comparing larger SWC length versus averaging using the same number of samples. The simulation in this plot was performed with a TR = 1 sec and estimations were taken over 5 min. In the first panel (a), a window length of  $h_{SWC}$ = 100 sec was selected and the result was not averaged. A fifth-order high-pass Butterworth filter with cut-off 0.01Hz was applied to remove low frequencies of no interest. We can see the existence of spurious SWCs at frequencies not tuned to 1/100 Hz. In panel b), time points were redistributed to have a window length of  $h_{ASWC}$ = 44 sec and an averaging length of  $g_{ASWC}$ = 50 sec. No filter was applied; the simulation used the natural filtering of ASWC described in Figure 2c, but re-adjusted to fit the 0.01 Hz cut-off. In c), the ratio of standard deviations  $\sigma_{SWC}/\sigma_{ASWC}$  has been plot in a logarithmic scale showing that SWC exhibit higher artifact power than ASWC at frequencies higher than the cut-off 0.01 Hz.



#### Figure 4. This plot shows a sharp correlation transition from 0.5 to -0.5.

a) The two cosines (f=0.025 Hz) suffer a phase change at time t=0 defining four different phases distributed among the two cosines. The phases were selected to simulate the configured correlations: cosine in blue shifted phase from  $\pi/4$  to  $-\pi/4$  radians, the red cosine from ( $\pi/4 - 0.5$ ) to ( $-\pi/4 + 0.5$ ) radians. b) Performing a tuned SWC with h = 40 sec shows the effect of the phase transition resulting in sinusoidal like artifacts. The effect of averaging g = 1/2f = 20 sec reduces the artifacts, but neither the phase transition nor the weighted averaging trend are removed as predicted in (7) and (8). C) In this plot we doubled the averaging length g = 40 sec resulting in little change with respect to the original setup. d) Larger differences are observed when doubling the window length (h = 80 sec). As predicted in (8), changes in the window length will have a larger effect than changes in the averaging length.



**Figure 5. Frequency response of the non-artifact terms for SWC (10) and ASWC (12).** The two plots were built for the corresponding nominal values a) for SWC  $h_{SWC}$  = 100 sec the first zeroed frequency corresponding to 0.01 Hz. Correlation variations with this frequency cannot be resolved. b) For ASWC  $h_{ASWC}$  = 44 sec and  $g_{ASWC}$  = 50 sec, the first zero frequency is determined by the largest parameter between  $h_{ASWC}$  and  $g_{ASWC}$  which in this case is  $g_{ASWC}$  = 50 sec. The frequency 0.01 Hz is not zeroed and within the first lobe resulting in a better frequency resolution. At the same time ASWC exhibit a higher suppression of side lobes.



Figure 6. This plot shows the mean square error (MSE) for the ASWC and SWC methods while tracking simulated connectivity dynamics.

Four different connectivity dynamics were simulated as representing the ground truth. Time courses were simulated using a cosine summation with randomly selected phases and with phase differences at each time point designed to track the ground truth dynamics. One hundred iterations (each iteration with a different set of random phases) were performed and the MSE displayed for each case. On each ASWC vs. SWC plot, a line divides the plotting area in sections where one method has better performance than the other one.

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#### Figure 7. This plot displays one iteration of the simulation from Figure 6.

Connectivity estimations for ASWC are displayed by the broken lines in black. Continuous lines in orange represent the SWC estimation. The blue lines represent the ground truth and can be differentiated from the SWC line because they are completely smooth.



#### Figure 8. This plot shows several examples from real data.

This set of examples closely resembles the simulations in Figure 6 and Figure 7. Although there is no ground truth, we can estimate quasi-static, quasi sharp transitions and fluctuating dFNC using the dynamic state membership functions of each case. Centroid matrices for the six dynamic states are displayed. To better illustrate the centroids, brain areas were organized into eight domains subcortical (SBC), cerebellum (CER), auditory (AUD), sensorimotor (SEN), visual (VIS), salience (SAL), default mode network (DMN), executive control network (ECN) and precuneus (PRE). Six brain areas are used: insula, middle occipital gyrus (MOG), inferior frontal gyrus (IFG), postcentral gyrus, posterior cingulate cortex (PCC) and lingual gyrus/cerebellar vermis. Displayed coordinates are in MNI space. Brain areas and dynamic states were extracted from previous work (Vergara et al., 2018). Each row uses data from a different subject where the corresponding pattern was observed. Both SWC and ASWC were tuned to nominal values based on a lower limit frequency of 0.01 Hz. On the static case, ASWC exhibit weaker fluctuations as expected from an appropriate estimation of static connectivity. The single transition case was better defined by ASWC where a smoother and shaper slope was estimated. In the fluctuating dFNC case, ASWC shows a stronger signal than in SWC.