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Characterization of altered gene expression and histone methylation in peripheral blood mononuclear cells regulating inflammation in COVID-19 patients

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Abstract

The pandemic of COVID-19 disease has caused more than 5 million deaths in world. One of the leading causes of the severe form of COVID-19 is the production of massive amounts of pro-inflammatory cytokines. Epigenetic mechanisms such as histone/DNA methylation, miRNA and long noncoding RNA (lncRNA) are known to play important roles in the regulation of inflammation. In this study, we investigated if hospitalized COVID-19 patients exhibit alterations in epigenetic pathways in their peripheral blood mononuclear cells (PBMCs). We also compared gene expression profiles between healthy controls and COVID-19 patients. Despite individual variations, the expressions of many inflammation-related genes such as Arginase 1 (ARG1) and IL1 receptor 2 (IL1R2) were significantly upregulated in COVID-19 patients. We also found the expressions of coagulation-related genes, VWF and Protein S, were altered in COVID-19 patients. The expression patterns of some genes such as IL1R2 correlated with their histone methylation marks. Pathway analysis indicated that most of those dysregulated genes were in the TGFβ, IL1b, IL6 and IL17 pathways. Targeting pathway revealed that majority of those altered genes were targets of dexamethasone which is an approved drug for COVID-19 treatment. We also found that the expression of BMX, a member of TEC family kinases, was increased in the PBMCs of COVID-19 patients. Interestingly, some inhibitors of TEC family kinases have been used to treat COVID-19. Overall, this study provides important information towards identifying potential biomarkers and therapeutic targets for COVID-19 disease.

Disclosures

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Introduction

The pandemic of COVID-19 disease caused by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) has resulted in over 250 million infected cases and over 5 million deaths in the world. In the United States, more than 40 million people have been infected with the virus. Although most infected people are asymptomatic or with mild symptoms, about 5–10% of the individuals develop a severe form of the disease with clinical features such as pneumonia, Acute Respiratory Distress Syndrome (ARDS), cytokine storm, and multi-organ failure which could lead to death (1). One of the major underlying causes of death in COVID-19 patients is the induction of cytokine storm, during which massive amounts of pro-inflammatory cytokines are produced causing tissue damage and organ failure. The pro-inflammatory cytokines induced include IL-6, IL-8 and TNF-α (2, 3). It is believed that SARS-CoV-2 infection activates various immune cells including macrophages, NK cells, T cells and dendritic cells. As a result, multiple inflammatory pathways such as JAK/STAT signaling, TNFα pathway, and toll-like receptor pathway are stimulated, leading to the release of pro-inflammatory cytokines, and cytokine storm (4, 5). Although drugs such as dexamethasone, a corticosteroid, has been shown to reduce mortality in patients with the severe form of COVID-19 (6, 7), treating COVID-19 patients with immunosuppressive drugs has a limited effect due to the inability to control the cytokine storm once initiated.

We and the others have shown that epigenetic mechanisms such as histone/DNA methylation, miRNA and long noncoding RNA (lncRNA) play important roles in the regulation of cytokine production and inflammation (8, 9). Dysregulation of miRNA in peripheral blood mononuclear cells (PBMCs) of sepsis patients who also develop cytokine storm, correlates with clinical manifestations and inflammation (10). In Post-traumatic stress disorder (PTSD) patients, we have shown that the expression of pro-inflammatory cytokines is associated with altered histone/DNA modification and non-coding RNA expression (miRNA and lncRNA) (11, 12). In animal models of inflammatory disease, we have shown that epigenetic changes in T helper cells associate with disease development (9, 13). More importantly, treatment with anti-inflammatory agents such as 9 -tetrahydrocannabinol (THC) and cannabidiol (CBD) reduces the symptoms and partially reverses these epigenetics changes, highlighting the important role of epigenetic modification in immune response (9, 13, 14).

Peripheral blood mononuclear cells (PBMCs), which include primarily T cells, B cells and monocytes are key players in the peripheral immune system that produce pro-inflammatory and anti-inflammatory cytokines and chemokines during an infection. Thus, genetic and epigenetic studies using these cells provide useful clues on the ongoing systemic inflammation. In the current study, we used next generation sequencing-based approaches to examine genome-wide histone methylation and gene expression profiles in the PBMCs of COVID-19 patients. We focused on two histone marks, H3K4me3 and H3K27me3. These two marks are relatively well studied. The presence of H3K4me3 in the promoter region is associated with transcriptional activation while H3K27me3 is associated with transcriptional repression (15, 16). In immune cells, these two marks are often present in the same genomic locations, allowing the cell to quickly turn the transcription on and off in response to the environmental stimuli (16). In our previous studies, we have found that these two histone

marks correlate with the expressions of some immune regulatory genes in human PBMCs (17). In the current study, we also examined global gene expression in PBMCs using RNAseq. Despite individual variations, the expressions of many genes were altered in COVID-19 patients. In order to assess the expression of genes of interest in a larger cohort, the RNA-seq data from a recent multi-omics data set (18) was also analyzed and the findings are reported. Among the upregulated genes in COVID-19 patients, the majority were associated with the regulation of inflammation.

Materials and Methods

Patient samples:

Blood samples were provided by Richland Hospital of Prisma Health in Columbia, South Carolina. The COVID-19 patients were those infected and admitted to the hospital while the controls were healthy volunteer donors. All controls and patients were between 25 to 78 years old, and given written consent. The study was approved by the institutional review board (IRB) of Prisma Health and the University of South Carolina. In this study, we included 6 healthy controls and 6 COVID-19 patients. The healthy controls included 4 Caucasians and 2 Asians, 4 males and 2 females with the average age of 32.5 years. The COVID-19 patients included 5 males and 1 female with the average age of 63 years. The COVID-19 patients were African Americans. All COVID-19 patients had severe symptoms and were admitted to intensive care unit (ICU). The blood samples were taken between 7–14 days after they were admitted to the hospital. (See Supp File 1 for patient information and white blood cell differential)

PBMC isolation:

Peripheral blood samples were drawn into EDTA-coated tubes. Samples were processed immediately using Ficoll-Paque Plus (GE healthcare) according to the provided protocol. The average amount of PBMC in controls was 1.7×10^6 /ml and in COVID-19 patients, it was 4.7×10⁶/ml. Isolated peripheral blood mononuclear cells (PBMCs) were re-suspended in PBS. Total RNA, genomic DNA and protein were isolated using ALLPrep DNA/RNA/ protein kit (Qiagen, Germantown, MD).

ChIP-seq and RNA-seq:

ChIP-seq was performed as described previously (9). Briefly, histone and DNA were crosslinked by formaldehyde, and chromatins were fragmented by sonication using Bioruptor (Diagenode, Denville, NJ). The H3K4me3 and H3K27me3 antibodies for ChIP were purchased from Abcam (Cambridge, MA). After the immunoprecipitated chromatins were reverse cross-linked and purified, sequencing libraries were prepared using Illumina DNA sample preparation kit (Illumina, San Diego, CA). For RNA-seq, libraries were prepared with NEBNext Ultra RNA library Prep Kit (New England Biolabs, Ipswich. MA). Each sample had its unique index and pooled samples were sequenced by Illumina Nextseq 550. In ChIP-seq, we tested 5 controls and 5 COVID-19 samples and in RNA-seq, there were 6 samples in each group.

Real time PCR and Western blotting:

RNA was reversely transcribed into cDNA using random primer and SuperScript II reverse transcriptase (Invitrogen, Waltham, MA) according to the manufacturer's instruction. The relative abundance of gene expression was determined by real-time PCR using 18S rRNA as the internal reference. For miRNA quantification, cDNA was prepared using miScript II RT kit and PCR was performed using miScript Primer Assay kit (Qiagen). Snod96 was used as the internal reference for miRNA. The average amount in the control samples was set as 1. The error bars in qPCR results were standard error of the mean (SEM). Proteins isolated by Qiagen DNA/RNA/protein kit were used for western blotting. Anti-BMX antibody was purchased from Abcam and anti-β-actin and anti-GADPH antibodies were from Cell Signaling Technology (Danvers, MA).

Data analysis of UofSC samples:

For ChIP-seq, sequencing reads were mapped to human genome build hg19 using Bowtie software (19). SICER was used for the peak calling (20, 21). The peaks in WIG file format were visualized in IGB genome browser ([www.bioviz.org\)](http://www.bioviz.org/). Differentially associated histone marks were analyzed by Partek[©] package ([partek.com\)](https://www.partek.com/). Fold change greater than 2 and p value < 0.05 were considered as significant. For RNA-seq data, reads were mapped with Tophat2 (22). Differentially expressed genes were determined by DESeq2 (23), Adjusted p value <0.05 was considered as significant. Functional enrichment analysis of significantly altered genes was performed using g:Profiler (bitt.cs.ut.ee/gprofiler). Ingenuity pathway analysis (Qiagen) was used to identify the canonical pathways and top networks in which the significantly altered genes are involved.

Meta-analysis of RNA-seq data from a multi-omic data set:

human RNA-seq data was downloaded from the Gene Expression Omnibus (series: GSE157103) (18) and analyzed via Partek[©]. This included 126 plasma and leukocyte samples (100 COVID-19 patients and 26 non-COVID-19 patients) with differing degrees of disease severity. This data, along with lipidomic, proteomic, and metabolomic data is publicly available and curated in a user-friendly database (<https://covid-omics.app:8080/>) (18). The raw data and all supporting information were uploaded into Partek, pre-alignment quality control was performed, bases were trimmed with default settings, STAR-2.7.8a aligned, and reads were quantified to the hg19 reference using the Partek E/M annotation model. Gene counts were filtered to exclude maximum features <=1.0 and normalized with recommended settings (counts per million (CPM) add: 1E-4) resulting in 126 samples with 20,415 features. Principle component analysis (PCA), differential analysis using the Partek GSA algorithm, and descriptive statistics were performed. GSA results were filtered using the false discovery rate $(FDR) \leq 0.05$ and are reported in gene lists and volcano plots

Results

Genome-wide histone H3K4me3 and H3K27me3 methylation in PBMCs.

Because H3K4me3 and H3K27me3 are two well-studied histone marks that regulate gene expression, we first investigated whether the overall histone methylation status was altered

in PBMCs from COVID-19 patients. To that end, ChIP-seq was performed in samples collected from 5 healthy controls and 5 COVID-19 patients. Interestingly, the histone methylation patterns in each individual were very similar. There was no overall difference in these two histone marks in PBMCs between controls and COVID-19 patients. In addition, H3K4me3 and H3K27me3 that seem to be associated with opposite functions in regulating gene expression co-existed in the same regions (Fig 1). Such so called "bivalent domains", in which the DNA segments have both repressive and activating histone modifications, allow the genes to be turned on and off rapidly depending on environmental signals. This result was consistent with our previous ChIP-seq data from immune cells in inflammatory disease models (9).

Histone marks in individual genes.

Although there was no significant difference in overall global histone methylation status in PBMCs between the controls and COVID-19 patients, the signal intensity in individual genes might differ as shown by us previously in other models (9, 17). By comparing the levels of H3K4me3 and H3K27me3 within the 5kb upstream and downstream of the transcription start site (TSS), we identified genes that have significant differences in histone mark intensity between the controls and COVID-19 patient samples (Fig. 2, Supp File 2). Overall, there were more genes with altered H3K4me3 near the TSS. However, those differences may or may not lead to altered gene expressions, because gene expression is regulated by multiple mechanisms.

It has been reported that there are changes in the expression of some miRNAs in PBMCs of COVID-19 patients (24), therefore we tested if these genes were associated with histone modifications. For example, it has been shown that miR-146a is consistently drown regulated in the COVID-19 patients, while miR181a-2 is only down-regulated in severe COVID-19 cases (25, 26). In our ChIP-seq data, miR-146a had increased suppressive H3K27me3 in the patient samples while miR181a-2 host gene had a more active H3K4me3 mark in the controls (Fig3 a, b). A recent study showed that let-7b targets TLR4/NF-κB pathway and overexpressing let-7b suppresses the expression of IL-6, IL-8 and TNF-α, and improves survival in a murine sepsis model (27). These pro-inflammatory cytokines are increased in patients with COVID-19 (28, 29), and let-7b host gene in patient samples had suppressive H3K27me3 mark (Fig 3c), suggesting a decreased expression. On the other hand, miR-486 was increased in the PBMCs of COVID-19 patients (25), and it was associated with H3K4me3 (Fig 3d). These results suggested that the expression of some miRNAs correlated with these two histone marks.

Gene expression profile in PBMCs.

To determine how SARS-CoV-2 infection affects gene expression in PBMCs, RNA-seq was performed in samples from 6 controls and 6 COVID-19 patients. Based on the overall gene expression prolife, controls and patients did not form clusters as shown in sample-to-sample distances, suggesting the overall gene expression pattern did not differ drastically (Fig 4a). Nonetheless, there were about 160 genes that were significantly increased in COVID-19 patients while about 60 genes were down regulated (Fig 4b) (Supp File 2).

Differentially expressed genes in PBMCs of COVID-19 patients.

Pathway analysis by G-profiler revealed that the majority of the increased genes were enriched in GO:BP (Gene Ontology Biological Processes) while none of the down-regulated genes were in GO:BP (Fig 5a,b). Further analysis showed that most upregulated genes in COVID-19 patients were related to immune response including TGFβ, IL1b, IL6 and IL17 pathway (Fig 5c). We also used IPA to examine whether these altered genes were enriched in some drug targeting pathways. Dexamethasone targeting pathway was the most enriched one (62 up-regulated and 6 down-regulated genes, see Supp File 2 for the list of the genes) (Fig 6). Dexamethasone is an anti-inflammatory drug and has been used in hospitalized patients with COVID-19 (6, 7). Among those upregulated genes, some were well-known pro-inflammatory or anti-inflammatory genes. For example, Arginase1 (ARG1) is highly expressed in monocytes and has an anti-inflammatory function (30). CD177 is expressed in neutrophils and upregulated during inflammation (31) . IL1 receptor 2 (IL1R2) is an anti-inflammatory gene but often overexpressed during inflammation (32). Prostaglandinendoperoxide synthase 1 (PTGS1) is a target of nonsteroidal anti-inflammatory drug (33). There were other interesting genes that were upregulated in COVID-19 patients. Period 1 (PER1) is a circadian gene that has been reported to be dysregulated during inflammatory (34). Von Willebrand factor (VWF), a blood-clotting protein was upregulated in COVID-19 patients (35). Protein S (PROS1), a cofactor that regulates blood clotting was also upregulated in patients (36). The expressions of these selected genes were further validated by real-time RT-PCR (Fig 7a). We also examined H3K4me3 and H3K27me3 marks of these genes. Although the expression of these genes might be regulated by other mechanisms, the histone marks in some genes were consistent with their expression patterns (Fig 7b, c).

Increased expression of BMX kinase:

One of the most significantly increased genes identified by RNA-seq in the PBMCs of COVID-19 patients was Bone Marrow Kinase on Chromosome X (BMX) kinase (Supp File 2). BMX belongs to a group of non-receptor tyrosine kinases called the TEC family. Interestingly, the BMX gene is located next to the ACE2 gene which is the receptor for SARS-CoV-2. The expression of BMX was further validated by real time PCR (Fig 8a). It is known that BMX exerts its pro-inflammatory function, in part, by inducing the expression of IL6 and IL8 cytokines. Indeed, their expressions were increased in patient samples (Fig 8a). TNFα, another downstream of BMX, was also increased (Fig 8a). IL17 is a known pro-inflammatory cytokine which was also increased (Fig 8a). Somehow these cytokines were not identified as significantly increased genes in RNA-seq data. However, real-time PCR results indicated that their expressions were increased in the patients (Fig 8a). We further examined the expression of BMX at the protein level. In 4 control samples, only one had a high level of BMX. In contrast, 4 out of 5 patient samples had elevated protein levels of BMX (Fig 8b).

Meta-analysis of COVID-19 and non-COVID-19 patients.

Due to the small sample size and demographic difference in this study, we investigated to determine whether those significantly altered genes were also identified in other studies. A

recent multi-omics cohort (18) was analyzed for RNA-seq gene expression changes between specific groups in human plasma and leukocyte samples. The principal component analysis (PCA) shows dimensional reduction between disease state of the 126 samples as COVID-19 positive (COVID-19) or COVID-19 negative (non-COVID-19). Differential gene expression between specific comparisons are reported as volcano plots showing false discovery rate (FDR) significance <= 0.05 (Fig 9). These genes are reported in supplemental File 3. Sex differences (male and female) are also reported between 39 individuals positive for COVID-19. Expression of select genes in patients positive (COVID-19) or negative for COVID-19 (non-COVID-19), and among the COVID-19 positives that were admitted to the intensive care unit (ICU) or not (non-ICU) are depicted as reported in the database provided by the authors [\(https://covid-omics.app:8080/\)](https://covid-omics.app:8080/) (18). Furthermore, the expression of select genes of interest were plotted for the comparison between COVID-19 ICU vs non-COVID-19 non-ICU, to resemble the current study. Interestingly, majority of the changes seen, such as increased expression of ARG1, BMX, IL1R2, and PROS1, were significantly increased in COVID-19 ICU patients when compared to non-COVID-19 non-ICU (Fig 10), which was similar to the data found in the current study (Fig 7, 8). However, the dataset did not indicate significant alterations in VWF and histone modification enzymes, KMT2A and MLLT10, while we found their expressions were altered in COVID-19 patients (Supp File 2).

Discussion

Excessive inflammation is the major cause of the severe form of COVID-19. During inflammation, immune cells are activated, and gene expression is increased. Although gene expression is usually correlated with histone marks, the overall levels of H3K4me3 and H3K27me3 do not differ significantly. This result is consistent with our previous results from mouse models of inflammatory disease (9). The result is not unexpected because there are many histone modifications. The gene expression can be regulated by other histone marks. In addition to histone modification, DNA methylation also plays an important role in gene expression. Interestingly, in our RNA-seq data, KMT2A, MLLT6 and MLLT10 were found to be down-regulated (Supp File 2). KMTA2A (Histone-lysine N-methyltransferase 2A) also known as MLL1 (myeloid/lymphoid or mixed-lineage leukemia 1) is an enzyme that can cause H3K4me3 methylation. It can also lead to mono- and di-methylation of H3K4 (37). MLLT6, a PHD finger containing protein and MLLT10 (histone lysine methyltransferase DOT1L cofactor) are involved in chromosomal rearrangement resulting in various types of leukemia (38, 39). In some acute leukemia, MLLT6 and MLLT10 are fused with KMT2A gene leading to the transcription activity of certain genes in T cells (40, 41). However, deletion of KMT2A in mouse only causes decreased H3K4me3 in certain genes (42, 43). Besides KMT2A, there are at least 6 other family members (KMT2B-G) responsible for H3K4 methylation (43). Therefore, we do not expect that altered expression of KMT2A and MLLT10 in COVID-19 patients will lead to a significant change in the global H3K4me3 level. Nevertheless, genes that have altered histone marks should be further investigated. The histone marks in some genes are consistent with their expressions. In our previous study, miR-146a was found to be one of the most significantly down-regulated miRNA in PBMCs of sepsis patients (10). It is also one of the most down-

regulated miRNA in COVID-19 patients (25). This suggests that the downregulation could be due to the increased H3K27me3 in its promoter region. We have demonstrated that miR-146a directly targets IL-6 (10), and IL-6 promotes monocyte proliferation which is a hallmark for both sepsis and COVID-19. One limitation of this ChIP-seq study is that we only examined 2 histone methylation marks. Other histone modifications could also have important roles in regulating gene expression in COVID-19 patients. Another pitfall of this study is that these samples were collected at one time point and only reflected the level of histone mark at that time point. It is known that the alteration in histone modification status is a dynamic process. If the samples were collected from the same patient at different time points during the disease development, it would be more informative in terms of how histone modifications regulate gene expression in the PBMCs of COVID-19 patients during the course of the disease.

One of the most significantly up-regulated genes in COVID-19 PBMCs is Arginase 1 (ARG1). It has been reported that the expression of ARG1 is increased in sepsis patients (44, 45). A recent study also shows that ARG1 is up-regulated in COVID-19 patients (46). ARG1 is known to play an important role in immune response and is expressed by many types of immune cells such as monocytes, macrophages, neutrophils, and myeloid-derived suppressor cells (MDSCs). During infection, L-arginine is converted to nitric oxide (NO) by iNOS in pro-inflammatory immune cell such as M1 macrophages, in an effort to kill the pathogens. L-arginine can also be converted to ornithine by ARG1 in M2 macrophages to suppress inflammation and repair tissue damage. It has been suggested that increased level of ARG1 may lead to the depletion of L-arginine in the system, which in turn, limits the production of NO and anti-infection activity. It has also been suggested that upregulation of ARG1 is associated with elevated viral load (47, 48). Another anti-inflammatory gene that is upregulated in the PBMCs of COVID-19 patients is IL-1R2. IL-1 mediated signaling pathway is critical to immune response and is tightly regulated. IL-1R1 and IL-1R2 are two main receptors of IL-1. While IL-1R1 is widely expressed, IL-1R2 is mainly expressed by monocytes, macrophages and neutrophils. IL-1R1 is responsible for signal transduction and initiates inflammatory response after binding to IL-1. However, IL-1R2 is a decoy receptor, and the binding of IL-1 to IL-1R2 does not trigger signaling $(32, 49)$. As a result, IL-1R2 competes with IL-1R1 for ligand binding and servers as a negative feedback mechanism. It has been reported that plasma levels of IL-1R2 are increased in infectious diseases including sepsis and acute respiratory distress syndrome as well as in other inflammatory diseases such as multiple sclerosis, rheumatoid arthritis and inflammatory bowel disease (50–52). Therefore, ARG1 and IL-1R2 can serve as potential biomarkers and therapeutic targets for infectious diseases including COVID-19.

Our RNA-seq results also show an increased expression of two coagulation related genes, VWF and Protein S. VWF is a blood clotting factor synthesized by endothelial cells and platelets. A low level of VWF is associated with bleeding while a high level of VWF may lead to blood clotting (53). It has been reported that COVID-19 patients have high levels of VWF in their blood, which may contribute to blood clots in the lungs and other organs (54, 55). VWF synthesized by endothelial cells is stored in Weibel-Palade bodies (WPB) and released when the vessel wall is damaged. It is believed that increased VWF in COVID-19 patients is due to virus-induced endothelial cell damage. The results from

this study suggest that the increased expression of VWF may also contribute to an elevated VWF level. Interestingly, the expression of protein S (PROS1), a vitamin K-dependent anticoagulant is also increased in COVID-19 patients. There is speculation that protein S may be depleted in patients with blood clots because blood clotting consumes soluble coagulation proteins including protein S (56). However, it is unclear whether the level of protein S is indeed decreased in the blood of COVID-19 patients. If so, the increased RNA level of PROS1 could be a compensation mechanism. Nevertheless, the result suggests a dysregulation within the coagulation system in patients with COVID-19. Abnormal blood clotting is one of the main symptoms in patients with COVID-19.

Bone marrow kinase on chromosome X (BMX) is a member of the TEC family, a group of nonreceptor tyrosine kinases including hepatocellular carcinoma (TEC), Bruton's tyrosine kinase (BTK) and IL-2-inducible T cell kinase (ITK) (57). This group of kinases is known to be critical in immune response (58). For example, BTK is required for B cell receptor signaling. Mutations in the BTK gene can lead to an absence of B cells in peripheral blood (59). It has been shown that BMX is activated by TLR agonists and is associated with Myd88 and focal adhesion kinase (FAK) in rheumatoid arthritis synovial fibroblasts (60). Down-regulation of BMX inhibits lipopolysaccharide (LPS)-induced IL-6 expression in synovial fibroblasts, while overexpression of BMX increases LPS-induced IL-6 (61, 62). BMX is also required for TNF-α and IL-1β induced expression of IL-8 (63). Although in our RNA-seq data, the RNA levels of IL-6 and IL-8 did not differ significantly, real time PCR showed that their expressions were increased in PBMCs of COVID-19 patients. Interestingly, in recent clinical trials, administration of BTK inhibitors, Acalabrutinib and Ibrutinib, to the hospitalized COVID-19 patients resulted in improved oxygenation and decreasing the disease severity (64, 65). Further studies indicate that the activity of BTK in macrophages of COVID-19 patients is increased while the total protein level does not differ (64). Acalabrutinib and Ibrutinib have been approved to treat chronic lymphocytic leukemia (CLL) because they inhibit lymphocyte activation (66). It is assumed that reducing lymphocyte activity alleviates the hyper inflammation caused by the viruses. Acalabrutinib and Ibrutinib are also potent inhibitors of other TEC family kinases including BMX. Because the expression of BMX is increased in the PBMCs of COVID-19 patient, it is possible that the effects of these drugs may also be due to the inhibition of BMX.

Our patient sample data has limitations. The sample size is small and the changes in gene expression could be due to individual difference which is more pronounced in human studies. In order to assess our findings on a larger scale, we employed in silico analysis of the data generated by Overmyer and Shishkova et al. (18) using the provided online portal as well as analysis of the raw data. The results showed that when COVID-19 ICU vs non-COVID-19 non-ICU was compared, ARG1, BMX, IL1R1, IL1R2, PROS1 and MLLT6 were significantly altered and these changes were similar to our patient findings. On the contrary, KMT2A, MLLT10, and VWF were not significantly changed in their studies. This discrepancy could be caused by small sample size and individual variations. Another reason for the discrepancy is that in their study, the COVID-19 patients were compared with other non-COVID-19 patients admitted to the hospital, while in our study, the controls were healthy individuals. Interestingly, the authors reported increased expression of plateletassociated proteins, including VWF, in COVID-19 samples compared to non-COVID-19

samples. VWF has been implicated in COVID-19-associated endotheliopathy (67). In addition, the expressions of some known inflammatory cytokines such as IL6, IL8 and IL17 were not significantly different in RNA-seq data from the present study. However, the differential expression could be detected by real time PCR which is more sensitive than RNA-seq. Despite these limitations, the results are consistent with the pathology of COVID-19 disease. Pathway analysis indicates that the altered genes are enriched in pathways known to be involved in COVID-19. Interestingly, more than one-third of the up-regulated genes were downstream targets of dexamethasone. Dexamethasone is a glucocorticoid that has been widely used to suppress inflammation and cytokine storm. Dexamethasone acts through the binding to the glucocorticoid receptor (GC) which is ubiquitously expressed. The ligand-activated receptor works as a transcription factor to activate or suppress the expression of many genes (68). Glucocorticoids have been used to treat cytokine storm in SARS, MERS and recently in COVID-19 (7).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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- **•** Expressions of many inflammation-related genes are altered in COVID-19 patients.
- **•** Some of these changes correlate with their histone methylation marks.

Figure 1. Histone methylation profile in PBMCs

H3K4me3 (a) and H3K27me3 (b) in PBMCs from 5 controls and 5 COVID-19 patients were examined by ChIP-seq. The methylation marks in the region of Chr:1 0–2Mb were visualized in IGB genome browser and presented as examples of global histone methylation profile.

Figure 2. Genes with altered histone marks

H3K4me3 (a) and H3K27me3 (b) signals within 5kb upstream and downstream of TSS in PBMCs of 5 controls and 5 COVID-19 patients were quantified by Partek software using normalized sequencing counts. Red dots represent the genes with significantly increased histone mark in the COVID-19 samples, while blue dots are genes with reduced mark.

Figure 3. Histone methylation in selected miRNAs

ChIP-seq results from 5 controls and 5 COVID-19 patients were combined into 2 groups (control and COVID-19) for analysis. Histone marks were visualized in IGB genome browser.

Yang et al. Page 19

Figure 4. Gene expression profile in PBMCs of control and COVID-19 patients

Gene expressions in 6 controls and 6 COVID-19 patients were determined by RNA-seq. The results were analyzed by DESeq2 software. Sample-to-sample distance was determined by comparing overall gene expression profile (**a**). Red dots are genes with significant difference in expression level between in the control and patient group (**b**). Adjusted p value <0.05 was considered as significant.

Figure 5. Functional enrichment analysis of significantly altered genes in COVID-19 patients Enrichment analysis of upregulated genes (**a**) and down regulated genes (**b**) in PBMCs of COVID-19 patient was performed using g:GOSt functional profiling in g:Profiler. Pathway enrichment of both upregulated and downregulated genes was performed using Qiagen Ingenuity Pathway Analysis (**c**).

Yang et al. Page 21

Figure 6. Downstream analysis of altered genes in COVID-19 patients

The downstream analysis was performed using Qiagen Ingenuity Pathway Analysis. More than one third of upregulated genes are downstream targets of dexamethasone.

Yang et al. Page 22

Figure 7. Expressions of selected genes in PBMCs of COVID-19 patients

The expressions of selected genes were quantified by real time RT-PCR in PBMCs of healthy controls and patients with COVID-19 (n=5). The average amount in the controls was set as 1 and the error bars show standard error of the mean (SEM) (**a**). The histone marks in ILR2 (**b**) and PTGS1 (**c**) were obtained from ChIP-seq data.

Yang et al. Page 23

Figure 8. Expression of BMX in PBMCs

The expression of BMX and its downstream genes in the control and COVID-19 samples $(n=5)$ were quantified by real time RT- PCR(a). The average amount in the control was set as 1 and the error bars represent SEM. The protein levels of BMX in PBMCs were determined by Western blotting.

Figure 9. Meta-analysis of COVID-19 and non-COVID-19 patients

PCA of patient samples grouped by disease, COVID-19 (blue) and non-COVID-19 (red). Groups include COVID-19 positive (COVID-19), COVID-19 negative (non-COVID-19), males positive for COVID-19 (Male COVID-19), females positive for COVID-19 (Female COVID-19), COVID-19 patients admitted to the intensive care unit (COVID-19 ICU), COVID-19 patients not admitted to the ICU (COVID-19 non-ICU), non-COVID-19 patients admitted to the ICU (non-COVID-19 ICU), and non-COVID-19 patients not admitted to the ICU (non-COVID-19 non-ICU). Volcano plots of differential gene expression analysis filtered by significance of $FDR \leq 0.05$ for the comparisons shown, where upregulated genes are shown in red, downregulated genes in blue, and not significant genes in black.

Yang et al. Page 25

Figure 10. Expression of select genes in plasma and leukocytes of COVID-19 patients

Mean gene expression of specific genes of interest in COVID-19 ICU patients (black) and non-COVID-19 non-ICU patients (pink). Significance represents p-values calculated by differential gene analysis (GSA). The web-based tool provided (Overmyer and Shishkova et al. (18)) was used to generate the figures representing gene expression trends across all the groups, where COVID-19 ICU is red, COVID-19 non-ICU is yellow, non-COVID-19 ICU is blue, and non-COVID-19 non-ICU is green. Error bars represent SEM.