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## Physiological basis of tingling paresthesia evoked by hydroxy-αsanshool

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## Abstract

Hydroxy- $\alpha$ -sanshool, the active ingredient in plants of the prickly ash plant family, induces robust tingling paresthesia by activating a subset of somatosensory neurons. However, the subtypes and physiological function of sanshool-sensitive neurons remain unknown. Here we use the *ex vivo* skinnerve preparation to examine the pattern and intensity with which the sensory terminals of cutaneous neurons respond to hydroxy- $\alpha$ -sanshool. We found that sanshool excites virtually all D-hair afferents, a distinct subset of ultra-sensitive light touch receptors in the skin, and targets novel populations of A $\beta$  and C-fiber nerve afferents. Thus, sanshool provides a novel pharmacological tool for discriminating functional subtypes of cutaneous mechanoreceptors. The identification of sanshool-sensitive fibers represents an essential first step in identifying the cellular and molecular mechanisms underlying tingling paresthesia that accompanies peripheral neuropathy and injury.

### Keywords

somatosensory; pain; TRPV; mechanosensory; potassium channels; nociceptor; cutaneous

## Introduction

A major goal in somatosensory research is to identify molecular mechanisms of touch, under normal and pathological conditions. Diverse nerve fibers innervate the skin and detect a wide variety of somatosensory stimuli (Brown and Iggo, 1967; Burgess et al., 1968). Myelinated A $\beta$  fibers respond to light touch against the skin and help discriminate texture and object form. A-mechanoreceptors (AM) and C-fibers respond to intense or painful pressure. Specialized A $\beta$  and A $\delta$  down hair follicle (D-hair) fibers adapt quickly to touch stimuli, making them exquisitely sensitive to fine textures and movement. Injury and disease affect the function of these neuronal subtypes and lead to altered sensation, ranging from numbing to extreme chronic pain. For instance, tingling paresthesia often accompanies diabetic neuropathy or traumatic nerve injury. This "pins and needles" sensation also accompanies transient limb ischemia. Human microneurography experiments have demonstrated that tingling paresthesia results from the aberrant activity of mechanosensitive neurons (Ochoa and Torebjork, 1980; Nordin et al., 1984), but little is known about the molecular mechanisms underlying this enigmatic sensation.

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A lack of pharmacological tools has hindered our understanding of the physiological mechanisms underlying tingling paresthesia. The utility of natural plant-derived compounds in studying sensation at the molecular level has been illustrated by the use of capsaicin and menthol, to clone the heat-sensitive ion channel TRPV1, and the cold-sensitive ion channel TRPM8, respectively (Caterina et al., 1997; McKemy et al., 2002; Peier et al., 2002). Hydroxy- $\alpha$ -sanshool (sanshool) is a natural plant alkylamide that induces numbing and robust tingling paresthesia in humans (Sugai et al., 2005; Bryant and Mezine, 1999). Thus, understanding sanshool's actions may provide insight into the cellular and molecular mechanisms underlying tingling paresthesia. Nearly 52% of cultured dorsal root ganglia (DRG) neurons are excited by sanshool *in vitro*, including a subset of large-diameter, putative light touch mechanoreceptors (Bautista et al., 2008). Indeed, lingual nerve recordings (Bryant and Mezine, 1999) and recordings of dorsal horn neurons (Sawyer et al., 2009) confirm that sanshool does activate light touch receptors, stimulating interest that sanshool may discriminate between subtypes of mechanosensitive fibers. However, no previous study has elucidated the actual types of nerve fibers activated by sanshool or demonstrated sanshool's ability to differentiate between them.

Using the saphenous skin-nerve preparation to record from primary afferent nerve fibers *exvivo*, we demonstrate that sanshool excites specific subtypes of cutaneous mechanoreceptors. Sanshool potently activates all ultra-sensitive D-hair fibers, and to a lesser extent, unique populations of pressure-sensitive A $\beta$  fibers, and low conduction velocity C-fibers. In all fiber types, sanshool evokes action potential bursting, reminiscent of the activity observed in myelinated fibers of human subjects experiencing tingling paresthesia. In addition, sanshool-evoked avoidance behavior is distinct from pain-evoked behaviors, and is consistent with the robust activation of low threshold mechanoreceptors. Moreover, we demonstrate that sanshool is an invaluable tool for delineating the function of novel mechanosensitive neuron subtypes.

## **Materials & Methods**

#### Skin-nerve preparation

The saphenous skin-nerve preparation was used to record from primary afferent nerve fibers *ex-vivo* (Reeh PW, 1986; Stucky et al., 1999). Male C57BL6 mice were euthanized and skin from the dorsum of the right hind paw was dissected free along with the innervating saphenous nerve. This tissue was placed corium side up in a bath superfused with O<sub>2</sub> saturated synthetic interstitial fluid containing (in mM) 123 NaCl, 3.5 KCl, 0.7 MgSO<sub>4</sub>, 1.7 NaH<sub>2</sub>PO<sub>4</sub>, 2.0 CaCl<sub>2</sub>, 9.5 sodium gluconate, 5.5 glucose, 7.5 sucrose, 10 HEPES to make a 290 mOsm solution. The pH was adjusted to 7.45  $\pm$  0.05 and bath temperature maintained at 32.0  $\pm$  0.5 ° C. The saphenous nerve was teased into thin filaments and single afferent fibers were identified using an electrical search by systematically probing the entire skin with a Teflon-coated steel needle electrode (2 MΩ impedance, un-insulated tip diameter 10 µm) while square-wave electrical pulses (500 ms, 4.2 mA) were applied. Action potentials with signal:noise ratio >2 were identified and the surrounding area probed to find the most electrically-sensitive spot. This point reliably coincided with the most mechanically-sensitive spot for fibers responding to mechanical stimuli. A fiber was considered mechanically-insensitive if it was unresponsive to any force under 147 mN or to a glass rod.

Fibers were characterized by conduction velocity (CV) and mechanical adaptation. Using the same criteria as previous mouse studies, units conducting slower than 1.2 m/s were classified as unmyelinated C-fibers, those conducting between 1.2 and 10 m/s were thinly myelinated A $\delta$  fibers, and those conducting faster than 10 m/s were large myelinated A $\beta$  fibers (Koltzenburg et al., 1997; Stucky et al., 1999). Mechanically-sensitive A $\beta$  fibers were further classified as slowly adapting (SA) if they responded throughout a sustained force, or as rapidly adapting (RA) if they responded only at the onset and/or offset of the mechanical stimulus. Similarly, mechanically-sensitive A $\delta$  fibers were further classified as A-mechanoreceptors

(AM) if they responded throughout a sustained force, or as D-hairs if they responded only at the onset and/or offset of the mechanical stimulus. The mechanical threshold of all fibers was determined using calibrated von Frey filaments (range: 0.27 to 147 mN). For A $\beta$  fibers, a feedback controlled mechanical stimulator was placed perpendicular to the most mechanically-sensitive part of the receptive field, and square-wave mechanical forces of 5, 10, 20, 40, 100, and 150 mN for 10 sec duration were delivered with 1 min intervals between forces. Any elicited action potentials were recorded.

Following electrical and mechanical characterization, fibers were exposed to chemical stimuli. A hollow metal cylinder (6 mm in diameter) was used to isolate the cutaneous terminal receptive field of each fiber. A silicon-based lubricant was applied as needed to produce a tight seal. Initially, separate populations of D-hair fibers were tested for concentration-response properties by applying 2, 20 or 200  $\mu$ M hydroxy- $\alpha$ -sanshool for 2 min each. We subsequently used 200  $\mu$ M hydroxy- $\alpha$ -sanshool in all skin-nerve experiments as concentration-response analysis revealed that 200  $\mu$ M was a near-maximal concentration for both number of D-hair afferents activated, and action potential firing rate (Supplementary Figure 1).

For each unit, 2 min of baseline activity was recorded before any chemical was applied to the receptive field. Next, the cylinder was evacuated and filled with either 200  $\mu$ M hydroxy- $\alpha$ sanshool in 26 mM dimethylformamide (DMF) and 100  $\mu$ M  $\beta$ -cyclodextrin, or a control solution containing 26 mM DMF and 100 μM β-cyclodextrin. Solutions were kept in the dark, on ice at 10× concentration. Immediately before use, each solution was diluted 10-fold in warmed synthetic interstitial fluid. The experimenter was blinded as to which mixture was applied first. Action potentials were recorded for 2 min. Then, the cylinder and receptive field were washed for 2 min with synthetic interstitial fluid and the procedure repeated using the second mixture. A subset of sanshool-treated fibers (n=30) were recorded following the removal of sanshool for an additional 5 min wash period. For C-fibers, the receptive field was washed for 2 min, exposed to mustard oil (1 mM) for 2 min, washed for 2 min, and then exposed to capsaic  $(1 \mu M)$ . Action potentials were recorded for 30 seconds before, during and 2 min after the addition of each chemical. An additional group of C-fibers was incubated with a selective TRPA1 antagonist (HC-030031, 100 µM) and TRPV1 antagonist (A-425612, 3 µM) for 2 min preceding and then throughout the application of sanshool (200 µM) for 2 min, a wash period of 2 min and the dual application of mustard oil (1 mM) and capsaicin (1  $\mu$ M) for 2 min.

Electrical-, mechanical- and chemical-evoked action potentials were viewed on an oscilloscope for comparison of shape and profile. Data were recorded and saved to a computer using a Powerlab 4.0 system and Chart software (AD Instruments, Colorado Springs, CO). Action potentials were discriminated and counted offline using a spike histogram software extension. Fibers were considered "sensitive" to a chemical once they fired more than three action potentials in excess of their baseline firing rate. Latency to response was measured from the addition of chemical to the third action potential over baseline.

#### **Mouse Behavior**

Ten to 16-week old male C57BL6 mice were housed with 12 h/12 h light/dark cycle at 21 °C. All experiments were approved by the University of California, Berkeley, Institutional Animal Care and Use Committee. Drinking assays were performed as described (Bautista et al., 2008; Caterina et al., 2000). Water containing 0.125% saccharin plus vehicle (1:800 DMF) was provided to animals for three hours every 24 hours. On day four or five, 1 mM sanshool was added to the water in place of vehicle. The amount of water consumed was measured each day. Drinking behavior was video-recorded the day before, and the day of, sanshool addition, and the videos were subsequently scored manually by an observer blinded to chemical

treatment in order to quantitate the amount of time spent drinking. Episodes of drinking separated by less than four seconds of interruption were counted as a continuous block.

#### Sensory neuron culture

Trigeminal ganglion or dorsal root ganglion neurons from P0-42 mice were dissociated and cultured as described (Bautista et al., 2008). Sensory neurons were incubated in the presence or absence of neurotrophin-4 (NT4; 10-20 ng/ml, Peprotec) in culture media for 16-24 hrs. The response of neurons to sanshool (100  $\mu$ M), GABA (100  $\mu$ M, Sigma), and capsaicin (0.5  $\mu$ M) was measured using ratiometic calcium imaging, as described (Bautista et al., 2008). Images were collected using MetaFluor (Molecular Devices), and analyzed in MATLAB (MathWorks) using custom scripts. Neurons were considered "responsive" to a chemical once the average fluorescence ratio exceeded 10% of the baseline level (averaged over four time points at 1/3 frames per second).

#### Pharmacological reagents

Chemicals were purchased from Sigma-Aldrich. A stock solution of mustard oil (100 mM) was made daily in ethanol, and diluted to 1 mM in synthetic interstitial fluid. Aliquots of capsaicin (1 mM) made in 1-methyl-2-pyrrolidinone were stored at -20 °C and diluted to 1  $\mu$ M in synthetic interstitial fluid daily. Hydroxy- $\alpha$ -sanshool was purified from Szechuan peppercorns as previously described (Bautista et al., 2008). A stock of hydroxy- $\alpha$ -sanshool (100 mM) was dissolved in DMF, protected from light and stored at -80 °C. Each experimental day, the stock was diluted to 2 mM in synthetic interstitial fluid containing 1 mM  $\beta$ -cyclodextrin. An equal volume of DMF was added to synthetic interstitial fluid containing 1 mM  $\beta$ -cyclodextrin to make the vehicle control. To prevent breakdown, aliquots were protected from light and kept on ice for up to 4 hours before dilution to 200  $\mu$ M in warm synthetic interstitial fluid. The TRPV1 antagonist, A-425619, was obtained from Hydra Biosciences. A-425619 (3  $\mu$ M) and HC-030031 (100  $\mu$ M) were dissolved in DMSO and diluted 1:1000 in physiological saline.

## **Statistical analysis**

Values are reported either as the mean  $\pm$  SEM, or median with 25<sup>th</sup> and 75<sup>th</sup> percentiles. For comparison between 2 groups, a Student's t-test was used for parametric data, and a Mann-Whitney U test was used for non-parametric data. For  $\geq$  3 groups a one-way ANOVA followed by a Tukey-Kramer post hoc test was used. For analyzing a variable between  $\geq$ 2 groups over multiple measurements, a two-way ANOVA was used. For comparison of different proportions between 2 groups, a Fisher's exact test was used.

## Results

#### Sanshool discriminates between Ao D-hair and mechanoreceptors

Previous studies have shown that a subpopulation of large-diameter, putative light touch mechanoreceptors and small diameter presumptive nociceptors, are excited by sanshool (Bautista et al., 2008). We further classified the population of sanshool-sensitive neurons *in vitro* by examining cell morphology, expression of functional markers and pharmacological profile. Recently, Aptel et. al. (2007) have shown that lightly myelinated A $\delta$  D-hairs can be identified by their ability to depolarize in response to gamma-aminobutyric acid (GABA) (Aptel et al., 2007). We therefore asked whether the subset of myelinated (NF200-immunoreactive) sensory neurons that is excited by sanshool is also sensitive to GABA (Figure 1A and 1B). Among the sanshool-sensitive, capsaicin-insensitive population, 18% were excited by GABA. As expected for D-hair neurons, these cells displayed significantly larger

cell diameters than sanshool- and capsaicin-sensitive neurons (19.5±0.4 µm versus 18.9±0.1 µm, p < 0.05), and preferentially stained for NF200 (Figure 1B). Neurotrophin-4 (NT4) has been shown to promote the differentiation and survival of D-hairs, and exogenous NT4 increases the number of GABA-sensitive cultured sensory neurons (Stucky et al., 1998; Stucky et al., 2002; Aptel et al., 2007). Indeed, the number of neurons sensitive to both sanshool and GABA increased significantly when NT-4 was included in the culture media (Figure 1C). These data suggest that a subset of sanshool-sensitive neurons are putative D-hair receptors.

We next used the *ex vivo* skin-nerve preparation to identify the physiological function of sanshool-sensitive cutaneous sensory neurons. Subclasses of cutaneous sensory neurons were identified by assessing fiber conduction velocity, action potential waveform and response properties to mechanical stimuli. We first examined the effects of sanshool on A $\delta$  fibers (conduction velocities between 1.2 and 10 m/s; n = 55). Three subtypes of A $\delta$  fibers were probed: slowly adapting A-mechanoreceptors (AM; 54%) that terminate as free nerve endings in the skin and display high mechanical thresholds; rapidly adapting down-hair afferents (D-hair; 42%) that innervate down hairs and display very low mechanical thresholds; and mechanically-insensitive fibers (4%).

D-hair fibers responded robustly to sanshool (200  $\mu$ M) applied to their receptive field (Figure 1D). Sanshool evoked an intense and long-lasting barrage of action potentials that displayed an average magnitude ~5-fold greater than their maximum response to sustained mechanical stimuli (Figure 1E). D-hair responses to sanshool were concentration-dependent in proportion and magnitude (Supplementary Figure 1), and at 200  $\mu$ M virtually all (96%; 22/23) D-hair fibers responded. In contrast to D-hair fibers, AM fibers were completely unresponsive to sanshool (0/30), but exhibited robust action potential firing to sustained mechanical stimuli (Figure 1F). Because some fiber responses to sanshool occurred as the compound was removed from the skin, some AM fibers (n=8) were expressly recorded throughout a 5 minute wash period, during which no responses were observed (data not shown). Like AM fibers, the mechanically-insensitive A $\delta$  fibers were also unresponsive to sanshool. These data demonstrate that among all A $\delta$  fiber types, sanshool selectively and vigorously activates D-hair afferents. Importantly, sanshool sensitivity represents a new functional marker for D-hair afferents.

#### Sanshool activates fast-conducting, touch-sensitive Aß fibers

We next probed the effects of sanshool on heavily myelinated A $\beta$  light touch receptors. Three subtypes of A $\beta$  fibers were examined: slowly adapting A $\beta$  (SA-A $\beta$ ) fibers that predominantly terminate on Merkel cells in the basal epidermis, encode low-intensity force and mediate 2-point discrimination (49%); rapidly adapting A $\beta$  (RA-A $\beta$ ), fibers that enwrap the bulb of large guard hair follicles and respond to hair deflection (46%); and mechanically-insensitive fibers (5%). Similar proportions of rapidly adapting (44%) and slowly adapting (37%) A $\beta$  fibers responded to sanshool (Figure 2A and B), however, their response magnitude was quite different. Like rapidly-adapting D-hair fibers, sanshool triggered RA-A $\beta$  fibers to fire hundreds of action potentials in a regular pattern at high frequency (Figure 2A, note inset). In contrast, SA-A $\beta$  fibers fired only a small number of action potentials at frequencies significantly (~10-fold) lower than those evoked by maximal mechanical stimuli (Figure 2B, right). Similar to the mechanically-insensitive A $\delta$  fibers, two mechanically-insensitive A $\beta$  fibers were insensitive to sanshool.

Close examination of the sanshool-sensitive SA-A $\beta$  fibers revealed a new subset of cutaneous mechanoreceptors. Sanshool-responsive SA-A $\beta$  fibers were significantly less responsive to mechanical force (<100 mN) than the sanshool-insensitive SA-A $\beta$  fibers (Figure 2C); at low forces (5 mN), they were ~5 times less responsive to sustained force and displayed higher mechanical thresholds (Supplementary Table 1). This division of SA-A $\beta$  fibers into two

subgroups is based upon an intrinsic property of the fibers, as mechanical responsiveness was assessed prior to sanshool application. No similar trend was found among other A $\beta$  or A $\delta$  fibers (data not shown).

#### Sanshool excites a subset of slowly conducting C-fibers

Previous in vitro studies have shown that sanshool activates a subset of putative C-fiber nociceptors. We thus sought to identify the subclass(es) of C-fiber nociceptors activated by sanshool. C-fibers were identified using an unbiased electrical search stimulus, classified by their characteristic slow conduction velocity (< 1.2 m/s), and subclassified by their sensitivity to TRP channel agonists. Maximal concentrations of sanshool (200  $\mu$ M), the TRPA1 agonist mustard oil (1 mM), and the TRPV1 agonist, capsaic  $(1 \mu M)$ , were applied in succession to the receptive field of isolated C-fibers (Figure 3A). Among all C-fibers tested (n=49), 31% responded to sanshool, 29% responded to mustard oil, 57% responded to capsaicin and 20% were insensitive to all three chemical stimuli (Figure 3A and B). No difference in the prevalence of sanshool-evoked responses was observed in the presence of TRPA1 and TRPV1 inhibitors (n = 19, Figure 3B); in contrast, these inhibitors completely attenuated responses to capsaicin and mustard oil. The sanshool-evoked action potential firing rate was also not altered by the presence of TRPA1 and TRPV1 inhibitors (p = 0.94; Fig 3D). These data suggest that sanshool does not require TRPA1 or TRPV1 to activate sensory nerve fibers. Strikingly, sanshool evoked much stronger responses from C-fibers than either capsaicin or mustard oil, which are among the most intense known activators of nociceptors (Figure 3D).

We observed three types of sanshool-sensitive C-fibers: (1) the largest portion of sanshoolsensitive fibers was insensitive to both mustard oil and capsaicin (53%; Figure 3A *top*, and 3C). This population responded most intensely to sanshool, with firing rates of  $242 \pm 104$  action potentials per min (Supplementary Fig 3); (2) some sanshool-sensitive fibers respond to capsaicin, but not mustard oil (20%; Figure 3A *bottom*, and 3C); and (3) another proportion of sanshool-sensitive C-fibers responded to both capsaicin and mustard oil (27%; Figure 3C). Thus, there was no correlation between sanshool-sensitivity and sensitivity to capsaicin or mustard oil. Nerve fibers from all three groups of C-fibers exhibited action potential bursting in response to sanshool (11/15 fibers, discussed further below). Burst firing was also observed in the presence of TRPA1 and TRPV1 antagonists (4/5 fibers, Supplemental Fig 2). We identified three mechanically-insensitive C-fibers, which were insensitive to sanshool, similar to the mechanically-insensitive A-fibers.

We next asked if any of the sanshool-sensitive C-fibers displayed unique biophysical properties. Indeed, the sanshool-sensitive population displayed significantly lower conduction velocities than the sanshool-insensitive population  $(0.38 \pm 0.02 \text{ m/s} \text{ versus } 0.59 \pm 0.04 \text{ m/s};$  Figure 3E). This difference was apparent across all subgroups of C-fibers, regardless of TRP channel sensitivity (Supplementary Figure 4). Since conduction velocity was always measured before sanshool application, the slower conduction velocity of the sanshool-responsive population is an intrinsic property of these fibers. Interestingly, there was no difference in conduction velocity between the capsaicin-sensitive or -insensitive C-fibers, or between the mustard oil-sensitive or -insensitive subtypes (Supplementary Table 2). Thus, neither TRPV1 nor TRPA1 agonists mark a distinct population of C-fibers based on conduction velocity. Together, these data indicate that sanshool activates a unique population of slow-conducting C-fibers.

#### Sanshool-evoked responses are distinct from those evoked by capsaicin

Our data demonstrates that the majority of fibers activated by sanshool are  $A\beta$  and D-hair neurons that mediate the detection of light touch, rather than noxious stimuli. However, there is a subset of C-fibers that do respond robustly to sanshool. All previously characterized

compounds that activate C-fibers evoke nocifensive behaviors when applied to the hindpaw. Thus, we asked if application of sanshool to the top of the hindpaw elicits nocifensive behaviors. Topical application of sanshool (100 mM) failed to elicit any flinching or guarding behaviors typically associated with C-fiber agonists, such as capsaicin or mustard oil (n=5; data not shown).

Previous studies have shown that sanshool is aversive when included in drinking water or food (Epple et al., 2001). Thus, we directly compared the acute effects of sanshool versus capsaicin, using the drinking aversion assay. When provided a control solution, water-deprived wild-type mice initially drank for ~87 seconds before stopping ( $87.6\pm5.4$  sec, Figure 5A). The duration of drinking was significantly curtailed when sanshool was added to the solution ( $50\pm4.9$  sec, Figure 5A). However, these latencies were significantly shorter when capsaicin was added to the solution ( $6.3\pm1.2$  sec).

We observed a striking similarity between the behavioral latencies and the kinetics of the onset of sanshool- or capsaicin-evoked firing (Figure 5B). Unmyelinated C-fibers responded to sanshool with an average latency of 27 seconds versus 5 seconds in response to capsaicin. Dhair fibers responded with an average latency of 65 seconds, and RA-A $\beta$  and SA-A $\beta$  fibers exhibited the longest latency to firing onset (98±33 and 160±37 sec, respectively). This finding suggests that capsaicin and sanshool promote aversion through distinct mechanisms. Consistent with this hypothesis, TRPV1<sup>-/-</sup>/TRPA1<sup>-/-</sup> mice displayed drinking latencies comparable to wild-type mice when given control or sanshool solution (control: 92±5.9 sec; sanshool: 48.7±2.6 sec; Figure 5A). But, when provided with capsaicin- and mustard oil-laced water, double knockout animals displayed similar drinking latencies in the presence or absence of these irritants. Thus, neither TRPV1 nor TRPA1 is an essential mediator of the behavioral response to sanshool. These data suggest that activation of the low conduction velocity, sanshool-sensitive C-fibers is not sufficient to induce robust nocifensive behaviors.

#### Sanshool-evokes periodic burst firing in sensory fibers

In a subset of fibers, sanshool evoked a burst pattern of action potential firing (Figure 6A). Bursting was most prevalent among sanshool-sensitive C-fibers and D-hair fibers, occurring in 73% and 26% of sanshool-sensitive fibers, respectively. Large myelinated A $\beta$  fibers were the least likely to show bursting as only one A $\beta$ -RA fiber exhibited bursting and none of the A $\beta$ -SA fibers displayed bursting (Figure 6A). Interestingly, the rapidly adapting D-hair fibers and slowly adapting C-fibers displayed distinct patterns of burst firing. Rapidly adapting Dhair fibers (and the A $\beta$ -RA fiber) issued quick bursts of action potentials with short intervals, whereas the slowly adapting C-fibers issued significantly longer-duration bursts of action potentials at less frequent intervals (Figure 6B, *right*). Consequently, the average number of action potentials per burst was considerably higher in C-fibers than in D-hair or RA-A $\beta$  fibers (Figure 6B, *left*). These data suggest differences in the membrane dynamics of rapidly and slowly adapting fibers.

## Discussion

Here, we sought to identify the subtypes of sensory neurons that underlie the tingling paresthesia elicited by hydroxy- $\alpha$ -sanshool. Our findings show that sanshool is the first pharmacological agent identified that can discriminate between distinct subsets of mechanosensory neurons (Figure 6). Among A $\delta$  fibers, virtually all D-hair afferents were vigorously excited by sanshool, whereas AM nociceptors were completely unresponsive. D-hair afferents are the most sensitive of all mechanoreceptors, with mechanical thresholds below the measurable limit (Brown and Iggo, 1967;Burgess et al., 1968;Koltzenburg et al., 1997). They are a key fiber type required for normal tactile acuity and movement detection (Brown and Iggo, 1967;Wetzel et al., 2007). In addition, D-hairs have also been implicated in diabetic

peripheral neuropathy (Jagodic et al., 2007;Shin et al., 2003), which often leads to tingling paresthesia in patients.

Sanshool also activated rapidly adapting  $A\beta$  mechanoreceptors that encode the movement of guard hair follicles. Similar to rapidly adapting  $A\delta$  D-hair receptors, sanshool was more potent in activating  $A\beta$  fibers with rapidly adapting properties to mechanical force than those with slowly adapting properties. Thus, among all myelinated fibers, sanshool activates rapidly adapting fibers far more extensively than slowly adapting fibers. Spontaneous activity in rapidly adapting myelinated fibers has been implicated in both injury- and disease-evoked paresthesia, as well as in post-ischemic paresthesia; however, the exact neuronal subtypes that mediate tingling paresthesia have not been characterized (Nordin et al., 1984; Ochoa and Torebjork, 1980).

A subset of slowly-adapting A $\beta$  fibers also responded to sanshool, albeit with lower firing intensities. Most slowly adapting A $\beta$  fibers are thought to be "SA-I" that innervate Merkel cells and encode sustained pressure to skin, but some slowly adapting A $\beta$  fibers are "SA-II" and sense skin stretch (Srinivasan et al., 1990; Lamotte et al., 1998). Interestingly, in rat 35% of slowly adapting A $\beta$  fibers in the sural nerve and in mice 52% of slowly adapting A $\beta$  fibers in the sural nerve and in mice 52% of slowly adapting A $\beta$  fibers in the sural nerve and in mice 52% of slowly adapting A $\beta$  fibers in the sural nerve and in mice 52% of slowly adapting A $\beta$  fibers in the saphenous nerve are reported to be SA-II stretch sensors (Leem et al., 1993; Maricich et al., 2009). Furthermore, a distinguishing feature of SA-II receptors is that they are approximately six times less sensitive to skin indentation than SA-I receptors (Johansson and Vallbo, 1979, 1980). Two findings support the idea that the sanshool-sensitive slowly adapting A $\beta$  fibers are SA-II type skin stretch sensors. First, the proportion of sanshool-sensitive slowly adapting A $\beta$  fibers (36%) is consistent with the proportion of SA-II type skin stretch sensors. Second, the sanshool-sensitive SA-A $\beta$  fibers were ~5 fold less sensitive to sustained force than the sanshool-insensitive population.

Sanshool activated a unique subset of C-fibers that has an intrinsically slower conduction velocity than other C-fibers. Conduction velocity is largely dependent on fiber diameter and myelination which influence the internal resistance and membrane capacitance of nerve axons. Thus, we may observe this difference because sanshool-sensitive channels are expressed on the smallest diameter C-fibers. However, conduction velocity also correlates with the length constant of a nerve fiber, which is directly proportional to membrane resistance (Koester and Siegelbaum, 2000; Hodgkin and Rushton, 1946). An intriguing possibility is that sanshool-sensitive channels, potentially KCNK18 channels, decrease membrane resistance and thereby, directly slow the conduction velocity. Previous studies of tingling paresthesia in humans have failed to report aberrant activity of A $\delta$  or C-fibers (Nordin et al., 1984; Ochoa and Torebjork, 1980). However, this may be due to technical difficulties in recording from patients experiencing tingling paresthesia. Our data implicate both D-hair afferents and the unique population of slowly conducting C-fibers in tingling paresthesia.

Our data lend support to the hypothesis that sanshool elicits tingling paresthesia through selective activation of mechanosensitive somatosensory neurons (Figure 6). Human psychophysical testing shows that sanshool exhibits its sensory effects ~60 seconds after application (Bryant and Mezine, 1999). Our behavioral data show that mice respond to the effects of sanshool with a characteristic latency of 50 seconds, which is strikingly similar to that observed in humans. The sanshool response latency is significantly slower than latencies to capsaicin or mustard oil. In addition, sanshool consumption fails to elicit the nocifensive responses of nose rubbing and wiping that are commonly observed following consumption of capsaicin or mustard oil (unpublished observations). Moreover, no differences were observed in the sanshool response latency between wild type and TRPA1<sup>-/-</sup>/TRPV1<sup>-/-</sup> animals. Thus, sanshool-evoked behaviors more likely result from tingling paresthesia, rather than painful irritation. This is consistent with the activation pattern of A\delta and A\beta fibers by sanshool, as

well as with results from human psychophysical studies demonstrating that sanshool does not elicit pain sensations (Bryant and Mezine, 1999;Sugai et al., 2005). Although sanshool also activates a subset of C-fibers, it is unclear whether these C-fibers actually transmit pain signals. Several studies have demonstrated the existence of C-fibers that transmit information other than pain. For example, a recent study demonstrated the existence of unmyelinated C-fibers that code for pleasant touch sensations in humans (Loken et al., 2009). In addition, C-fibers that transmit sensations of brushing and itch have also been reported (Zotterman, 1939). Finally, specific labeling of neurons that express a Mas-related G protein-coupled receptor, *MrgprB4*, revealed a unique subpopulation of C-fibers that specifically innervate the skin, but not the viscera; these fibers are hypothesized to function as touch receptors, rather than nociceptors (Liu et al., 2007). Further analysis at the molecular and behavioral levels is required to elucidate the exact role of this new class of sanshool-sensitive C-fibers.

Common among all sanshool-sensitive fibers is the presence of action potential bursting, which we observed in 29% of fibers. Bursting is exhibited by many neurons within the central nervous system, as well as some peripheral neurons. A short burst of action potentials may temporally summate to provide high-fidelity neuronal transmission (Williams and Stuart, 1999) or foster long term potentiation to strengthen neuronal synapses (Liu et al., 2008). In the peripheral nervous system, bursting has been described in trigeminal afferents in the brainstem that are thought to play a key role in the central pattern generator circuit regulating mastication in rodents (Brocard et al., 2006; Hsiao et al., 2009). Bursting is also associated with tingling paresthesia. Microelectrode recordings show robust bursting of sensory afferents in normal human subjects experiencing tingling paresthesia (Ochoa and Torebjork, 1980). In addition, neuronal recordings from patients suffering from activity-dependent tingling paresthesia showed robust bursting of myelinated, rapidly-adapting mechanoreceptors that increased with the degree of paresthesia. Finally, in rat models of diabetic neuropathy, robust bursting of medium diameter fibers increased in diabetic neurons as compared to wild type neurons (Jagodic et al., 2007). Indeed, tingling paresthesia is a common complaint of diabetic patients with neuropathy. We speculate that the bursting pattern may underlie the tingling sensation commonly associated with chewing Szechuan peppers.

Activation of TRPA1 and TRPV1, and inhibition of the two-pore potassium channels KCNK3 (TASK-1), 9 (TASK-3) and 18 (TRESK) have been proposed as mechanisms by which sanshool activates neurons (Koo et al., 2007; Riera et al., 2009; Menozzi-Smarrito et al., 2009) (Bautista et al., 2008). However, we demonstrate that sanshool-evoked fiber responses are of similar prevalence and amplitude in the presence or absence of TRPA1 and TRPV1 selective antagonists. Likewise, sanshool-evoked behaviors were similar between wild type and TRPA1-/-/TRPV1-/- animals. These data suggest that neither TRPA1 nor TRPV1 mediate the excitatory effects of sanshool. In somatosensory neurons, expression and electrophysiological studies show the presence of KCNK18 channels (Dobler et al., 2007; Kang et al., 2008), but expression of KCNK3 and 9 have not been demonstrated; however, KCNK3 and 9 are expressed by keratinocytes in the skin (Kang and Kim, 2006). Thus, sanshool may act directly on KCNK channels in sensory neurons as well as in keratinocytes, which are known to modulate sensory neuron function (Koizumi et al., 2004; Lumpkin and Caterina, 2007) to induce tingling paresthesia. The bursting behavior observed in response to sanshool application is also consistent with a model of potassium channel blockade. Bursting in trigeminal neurons has been linked to the activity of Kv1 channels (Hsiao et al., 2009), and TEA-insensitive potassium channel(s) may contribute to burst firing (Brocard et al., 2006). However, analysis of KCNK-deficient mice is required to test this hypothesis. Recently, two other members of the KCNK channel family, KCNK2 (TREK-1) and KCNK4 (TRAAK), have been shown to regulate responses to thermal and mechanical stimuli in nociceptors (Maingret et al., 1999; Noel et al., 2009). Thus the KCNK family of channels may play key roles in a

variety of mechanosensitive sensory fibers. Again, the analysis of mice lacking KCNK channels will be required to test this hypothesis.

Our finding that sanshool robustly activates a distinct subset of D-hair, ultra-sensitive light touch receptors in the skin and targets novel, uncharacterized populations of A $\beta$  and C-fiber nerve afferents shows that sanshool is an innovative tool for physiological and molecular studies. In addition, characterization of sanshool-sensitive mechanoreceptors represents an essential first step in identifying the cellular and molecular mechanisms underlying tingling paresthesia that accompanies peripheral neuropathy and injury.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

### Acknowledgments

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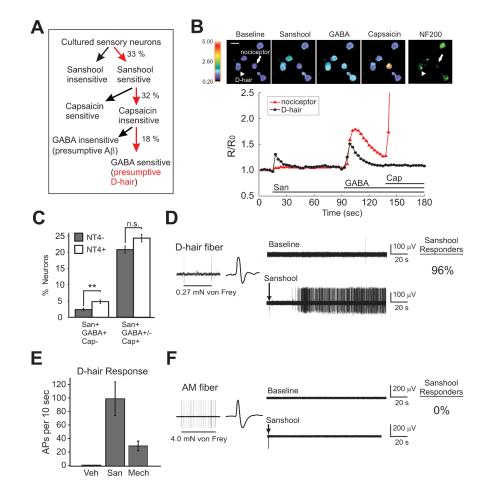
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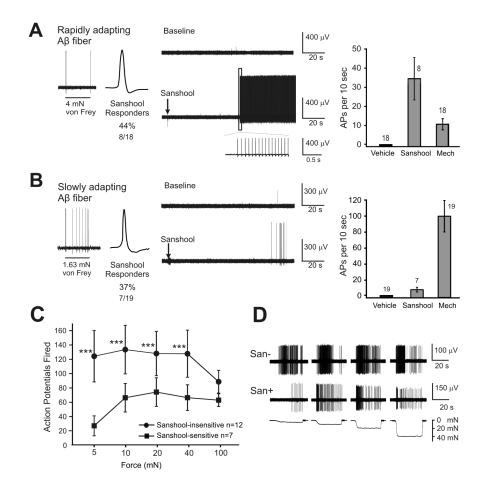
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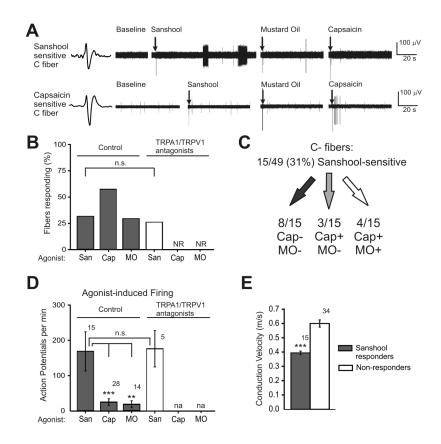
#### Figure 1. Sanshool activates D-hair neurons

A) Classification of cultured sensory neurons based on chemical sensitivity (n=1187). B) Examples of calcium responses to chemical stimuli and staining with neurofilament 200 antibody in cultured sensory neurons. A presumptive D-hair (arrow head) and nociceptor (arrow) are indicated. 74% of sanshool-sensitive and GABA-sensitive but capsaicin-insensitive neurons stained for NF200, n = 23; compared to 49% of all neurons tested, n = 669; p < 0.05, Fisher's exact test). C) The proportion of sanshool-sensitive and GABA-sensitive (San+, GABA+) but capsaicin-insensitive (Cap-) sensory neurons in cultures with or without neurotrophin 4 (NT4), a growth factor which promotes D-hair development. n = 1187 and 1293, in the absence and presence of NT4, respectively, from three independent cultures. \*\* p < 0.01, two proportion z-test. D) Example of a D-hair fiber response to sustained (suprathreshold) mechanical force and subsequently, exposed to 200 µM hydroxy- $\alpha$ -sanshool, and percentage of responsive fibers. E) Maximal response to sustained (suprathreshold) mechanical force and subsequently, exposed to 200 µM hydroxy- $\alpha$ -sanshool, and percentage of responsive fibers. E) maximal response to sustained (suprathreshold) mechanical force and subsequently, exposed to 200 µM hydroxy- $\alpha$ -sanshool, and percentage of responsive fibers. E) maximal response to sustained (suprathreshold) mechanical force and subsequently, exposed to 200 µM hydroxy- $\alpha$ -sanshool, and percentage of responsive fibers.



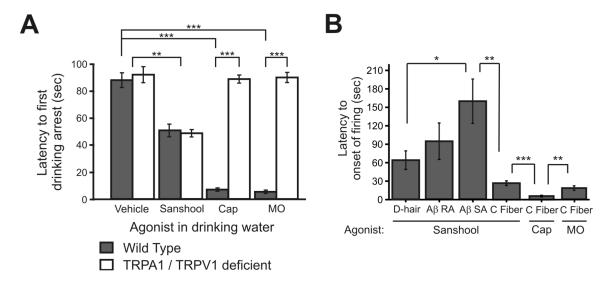
#### Figure 2. Sanshool activates subsets of RA and SA $A\beta$ fibers

Response of A) rapidly adapting A $\beta$  and B) slowly adapting A $\beta$  fibers to sanshool. *Left*: Representative response to a sustained (suprathreshold) mechanical force. *Middle*: Response to 200 µM hydroxy- $\alpha$ -sanshool. *Right*: Maximal firing rate in response to sanshool or mechanical stimuli (100 mN force; 10 sec). C) Number of mechanically-evoked action potentials in sanshool-sensitive and sanshool-insensitive slowly adapting A $\beta$  fibers. Sustained force stimuli (5-100 mN; 10 sec each) were applied to each receptive field before the receptive field was exposed to sanshool. \*\*\* indicates a significant difference between the two cohorts (2-way ANOVA followed by Tukey's multiple comparison test; p < 0.001) D) Representative examples of sanshool-sensitive and sanshool-insensitive slowly adapting A $\beta$  fibers in response to mechanical stimuli.



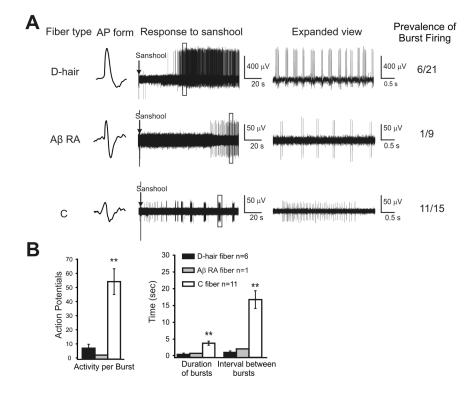
#### Figure 3. Sanshool activates a subset of C-fibers

A) Representative C-fiber responses. Top trace: A C-fiber that was sensitive to hydroxy- $\alpha$ sanshool (200 µM) but not to mustard oil (1 mM) or capsaicin (1 µM). Bottom trace: A C-fiber insensitive to sanshool and mustard oil but sensitive to capsaicin. B) Proportion of C-fibers that respond to sanshool (San), mustard oil (MO) or capsaicin (Cap), in the presence or absence of TRPA1 and TRPV1 inhibitors (HC-030031, 100µM and A-425619, 3µM, respectively). Fisher's exact test; p = 0.42 for sanshool-sensitive fibers. C) Fraction of C-fibers responsive to sanshool and their sensitivity to capsaicin and mustard oil ("+" indicates sensitivity to the chemical agonist whereas "-" indicates insensitivity; also, 5/32 fibers responded to none of the chemical agonists). D) Action potentials fired per min in response to sanshool, capsaicin or mustard oil, in the presence or absence of TRPA1 and TRPV1 inhibitors. "n.s." indicates no significant difference between groups (Student's t-test; p=0.40). \*\* and \*\*\* identify a significant difference between groups (one-way ANOVA followed by a Tukey-Kramer posthoc test; p < 0.01 and p < 0.001 respectively). E) Conduction velocities of all C-fibers that were sanshool-sensitive (grey) or insensitive (white). Conduction velocities were measured prior to sanshool stimulation and are therefore an inherent property of the C-fiber unaffected by sanshool exposure. \*\*\* identifies a significant difference between sanshool-sensitive and insensitive fibers (Student's t-test; p < 0.01).



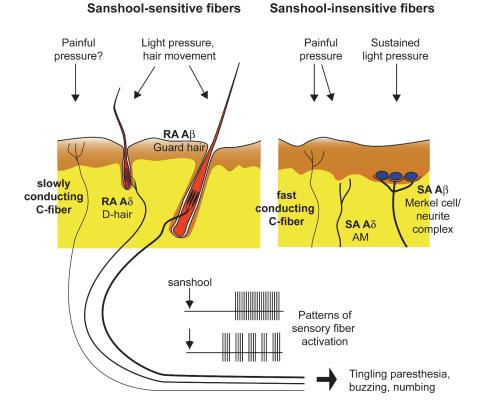
## Figure 4. Sensory fiber activation and behavioral aversion to sanshool is robust, but slow, as compared to inflammatory agents

A) Latency to arrest drinking behavior after water-deprived mice were given water containing the indicated compounds. Sanshool (1 mM), capsaicin (1  $\mu$ M) and mustard oil (100  $\mu$ M) were added to a 0.5 % saccharine solution. \*\* and \*\*\* identify significant differences between drinking latencies (n=8-11 mice per agonist; Student's t-test; p < 0.01 and p < 0.001 respectively). B) Latency to the first action potential in different fiber types evoked by sanshool (200  $\mu$ M), capsaicin (1  $\mu$ M) or mustard-oil (1 mM). Latencies to sanshool were compared across fiber type and the C-fiber latencies to different agonists were compared. \*, \*\* and \*\*\* indicate a significant difference between groups (one-way ANOVA followed by a Tukey-Kramer post-hoc test; p < 0.05, p < 0.01 and p< 0.001 respectively).



#### Figure 5. Sanshool induces bursting activity in a subset of sensory fibers

A) Representative traces of D-hair, RA-A $\beta$  and C-fibers that exhibited burst pattern action potential firing, and the number of such fibers found in each class. The box in each example at the left indicates a region of interest that is expanded to the right of each trace. Note that the time scale is identical for each fiber, thereby reflecting differences in their pattern of burst firing. No SA-A $\beta$  fibers displayed burst firing. B) Comparison of burst firing properties across fiber types. Left: Average number of action potentials fired per burst. Right: Average duration of individual burst and length of interval between bursts for each fiber type. \*indicates a significant difference among groups (one-way ANOVA; p < 0.01).



## Figure 6. Schematic of cutaneous mechanosensory afferents underlying sanshool-induced tingling paresthesia

The putative cutaneous innervation pattern of sanshool-sensitive (left) and sanshool-insensitive (right) mechanosensory afferents examined in this study are shown (Brown and Iggo 1967; Burgess et al., 1968). The dermal and epidermal layers of the skin are represented in yellow and brown, respectively. Thickness of sensory fibers represents degree of myelination. Application of sanshool to the skin induces tonic or bursting activation of subsets of fibers, leading to sensation of tingling paresthesia (bottom).