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# Multiple Memory Subsystems: Reconsidering Memory in the Mind and Brain

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# Abstract

The Multiple Memory Systems framework — that distinct types of memory are supported by distinct brain systems — has guided learning and memory research for decades. However, recent work challenges the one-to-one mapping between brain structures and memory types central to this taxonomy, with key memory-related structures supporting multiple functions across substructures. Here we integrate cross-species findings in the hippocampus, striatum, and amygdala to propose an updated framework of Multiple Memory Subsystems (MMSS). We provide evidence for two organizational principles of the MMSS theory: first, opposing memory representations are co-located in the same brain structures; second, parallel memory representations are supported by distinct structures. We discuss why this burgeoning framework has the potential to provide a useful revision of classic theories of long-term memory, what evidence is needed to further validate the framework, and how this novel perspective on memory organization may guide future research.

# Keywords

hippocampus; striatum; amygdala; episodic memory; habits; conditioning

Any experience can be stored as multiple kinds of memories, varying in strength, richness, and imageability. Some memories are episodic in nature, involving vivid recollections of a specific event in space and time (e.g., your last birthday party). Other memories may be less detailed, or tied to specific cues (e.g., anticipating a cake when you hear the song "Happy Birthday" or blowing out lit candles placed in front of you). These differences in content also influence the way we use memories to guide future behavior (Biderman et al., 2020). We can call on specific experiences to flexibly guide behavior based on our current state, or we can rely on more general, rigid memories to drive behavior automatically (Tolman, 1948).

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These varieties of remembering led to attempts to systematize long-term memory into an ontology or taxonomy. The theory of Multiple Memory Systems resulted from these efforts and has remained the dominant, guiding framework for memory research. This theory maps functionally distinct representations onto discrete brain structures (Squire, 1992; Henke, 2010). Research across species has identified key hubs for distinct types of associative memory, with the hippocampus involved in *episodic memory* (e.g., remembering your last birthday party), the striatum in *stimulus-response learning* (e.g., linking candles with blowing), and the amygdala in *classical conditioning* (e.g., linking the birthday song with cake).

However, recent work challenges this taxonomy by revealing that multiple — sometimes competing — memories can exist *within* each of these structures, and that similar mnemonic computations are supported *across* multiple structures. Namely, the hippocampus, striatum, and amygdala can each rapidly form separated representations and gradually form integrated representations. Here we synthesize these findings into a new theoretical framework of Multiple Memory *Subsystems* (MMSS). After characterizing these subsystems, we discuss why it may be adaptive to house competing representations within the same brain system, highlight commonalities in subsystems across regions, and discuss factors that modulate the use of subsystems. Together, MMSS provides a more nuanced and precise understanding of the relationship between brain structures and memory functions, unveils novel adaptive memory features, and presents a guide for future research on how these canonical brain regions support our multi-faceted memories.

# Traditional Taxonomy of Multiple Memory Systems: One Memory, One Brain Region

There is a rich history of characterizing how the human mind and brain support multiple types of memory. Early behavioral theories distinguished memories by process, for example noting the distinction between stimulus-response and "cognitive map"-like episodic representations (Tolman, 1948). The majority of initial evidence for Multiple Memory Systems came from lesion studies in human patients and rodents, which localized different types of memories to particular brain regions (Fig 1, top). By linking anatomical damage to mnemonic deficits, this work pushed against prior "equipotentiality" theories that memory is distributed across the brain (Lashley, 1950).

Distinct memory representations in the hippocampus, amygdala, and striatum have been supported by double (Packard et al., 1989; Packard and McGaugh, 1996) and triple dissociations (McDonald and White, 1993) in rodents. For example, rodents with hippocampal damage had impaired episodic-like memory for places but intact stimulusresponse memory for actions, whereas rodents with striatal damage showed the opposite (Packard et al., 1989; Packard and McGaugh, 1996). Such dissociations have been found in human lesion studies as well (Milner, 1962; LaBar et al., 1995; Knowlton et al., 1996).

The nature of multiple memory representations has been refined in important ways over time. Early theories emphasized the role of consciousness in delineating memory systems, with "declarative" forms of memory, like episodic memory, relying on the hippocampus

and "non-declarative" forms of memory, like procedural memory and conditioned responses, relying on the striatum and amygdala, respectively (Squire, 1992). Subsequent theories moved away from strict consciousness-based distinctions, proposing instead that the recruitment of a brain region for a memory process can be explained by computations facilitated by the brain region, with the hippocampus supporting the rapid encoding of flexible associations and the striatum supporting the slower encoding of rigid associations (Henke, 2010). Such an appeal to the computational properties of a brain region can also help explain the role of the hippocampus in non-mnemonic tasks (Shohamy and Turk-Browne, 2013). Although this perspective based on "processing modes" provides greater explanatory power and accounts for a wider range of contemporary findings, existing theories largely continue to treat these memory-related regions as homogeneous, ignoring the functional heterogeneity of subregions (but see White, 2009).

Beyond characterizing the relationship between brain structure and memory function, Multiple Memory Systems theories delineate circumstances under which certain brain regions/memory systems are used preferentially. Segregating memory systems across structures allows for parallel representations to guide behavior through cooperation or compensation. For example, while you may be able to rely on "striatal" stimulus-response associations to get to work (e.g., turn left at the intersection), if there is a roadblock, more flexible "hippocampal" episodic memories could help efficiently circumvent the obstruction. Which memory system is used depends on factors including task demands. For example, reminders of past trials in a reinforcement learning task can bias participants towards acting based on specific episodic memories, rather than incrementally learned values (Bornstein et al., 2017; Duncan et al., 2019). Segregated memory systems can also compete. For example, rodents with hippocampal lesions can exhibit *enhanced* response-based striatal learning (Packard et al., 1989), which would have otherwise conflicted with place-based hippocampal learning (also Gardner et al., 2020). Similarly, in humans, hippocampal damage is associated with increased use of striatum-dependent strategies (Vikbladh et al., 2019).

This framework also promoted an appreciation of modulatory factors that bias the use of different memory systems. For example, across species, *stress* is associated with a bias towards striatal (stimulus-response associations) rather than hippocampal representations (episodic memories; Schwabe et al., 2022). *Time* also plays an important role in arbitrating between memory systems. For example, temporal gaps between conditioned and unconditioned stimuli in trace conditioning lead to a shift from the amygdala to the hippocampus (Clark and Squire, 1998), and delays between choice and feedback in reinforcement learning lead to a shift from the striatum to the hippocampus (Foerde et al., 2013).

# Taxonomy of Memory Subsystems: Multiple Memories, One Brain Region

Although there is extensive evidence that different kinds of memory map onto different brain regions, recent work challenges this framework. Importantly, canonical memory-related brain regions are not functionally homogeneous. Instead, they contain subregions with different firing patterns and connectivity profiles, which may support distinct memory types. Here we review how subregions within the hippocampus, striatum, and amygdala support

different, sometimes opposing memories. This led to our proposal of the MMSS theory, in which single brain regions can support multiple memory representations (Fig 1, bottom).

#### Hippocampus

The hippocampus is traditionally considered the seat of episodic memory. Episodic memory reflects the rapid encoding of a discrete experience, enabling rich recollection while minimizing interference from related experiences. This is attributed to at least two functions of the hippocampus: *relational binding*, linking elements of an experience over space and time into a detailed and integrated episode (Henke, 2010); and *pattern separation*, orthogonalizing the representation of the episode with respect to related memories (Yassa and Stark, 2011).

However, the hippocampus has also been assigned other mnemonic functions like generalization (Zeithamova and Bowman, 2020) and statistical learning (Sherman et al., 2020). Specifically, the hippocampus extracts spatial and/or temporal regularities across experiences (Schapiro et al., 2012; Covington et al., 2018; Henin et al., 2021) as well as links across related associations (Wimmer and Shohamy, 2012; Schlichting et al., 2014, 2017). In stark contrast to the computational requirements of episodic memory (sparse, orthogonalized code to rapidly form unique memories), these processes require that memories get formed more gradually, using an overlapping neural code to reinforce common aspects of related memories over time without suffering catastrophic interference.

From a traditional Multiple Memory Systems perspective, this is puzzling - how could the hippocampus support such different representations? A neural network model of the hippocampus (Schapiro et al., 2017) suggests that its ability to perform these computationally opposing learning functions depends on two hippocampal pathways (Amaral, 1993) (Fig 2, top). The trisynaptic pathway (TSP) — from entorhinal cortex (EC) to hippocampal subfield cornu ammonis 1 (CA1) via dentate gyrus (DG) and CA3 — has high inhibition and a fast learning rate, ideally suited to support the rapid, pattern separated codes of episodic memory (Leutgeb et al., 2007; Bakker et al., 2008). Pattern separation is often probed by examining hippocampal activity in response to two highly similar environments or images. For example, in monkeys, the firing rates across CA3/DG neurons discriminate between similar images (e.g., two images of the same breed of dog), such that the two similar images are represented by separate populations of neurons (Sakon and Suzuki, 2019). Additionally, a recent human fMRI study measuring multivoxel patterns in CA3/DG found that similar memories (e.g., highly similar object-scene pairs, such as lighthouse 1-guitar 1 and lighthouse 2-guitar 2) were represented in a non-overlapping way, such that they recruited distinct populations of voxels; such representational dissimilarity reduced interference and enhanced new behavioral learning (Wanjia et al., 2021). Beyond evidence of pattern separation in CA3/DG, TSP structural connectivity in humans has also been linked to behavioral evidence of mnemonic specificity in category learning (e.g., learning the exception to a category rule; Schlichting et al., 2021).

The monosynaptic pathway (MSP) — a direct recurrent EC/CA1 connection — has lower inhibition and a slower learning rate, leading to distributed and overlapping representations of related inputs in the service of an integrated code for statistical learning. Consistent with

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this model, human (Schlichting et al., 2014; Molitor et al., 2021) and rodent (Wood et al., 2000; McKenzie et al., 2013) studies find that subfield CA1 supports pattern integration (such that related experiences are represented in a more overlapping manner). For example, a rodent study found that common populations of CA1 neurons fired at both old and new goal locations in a familiar environment, indicating that CA1 may represent the shared content of similar memories across events (McKenzie et al., 2013). In a human study of associative inference, CA1 reinstated patterns of encoding activity for overlapping memories during retrieval, providing a mechanism to link distinct encoding experiences in the service of inference behavior (Schlichting et al., 2014).

Further supporting the distinct roles of CA3/DG (TSP) and CA1 (MSP) in differentiation and integration, respectively, rodent studies have found that CA3 can support the rapid acquisition of memories, whereas CA1 is required for integrating memories more gradually over time (Lee and Kesner, 2002; Lee et al., 2004; Nakashiba et al., 2008). Importantly, although CA1 is part of both the MSP and TSP circuits, we refer to it as an "MSP" region throughout the paper, given that it contains the necessary computational properties (i.e., pattern integration) to support MSP-dependent statistical learning, even in the absence of CA3/DG (Schapiro et al., 2017; Sucevic and Schapiro, 2022).

# Striatum

The striatum has traditionally been associated with stimulus-response, or habit, memory (Knowlton et al., 1996). However, there is evidence that the striatum can also support flexible, goal-directed behavior (Balleine, 2019).

Both habit and goal-directed associations have three parts: a *stimulus* (e.g., birthday candles) indicates that an agent should make a response (e.g., blowing them out) in order to receive a desirable *outcome* (e.g., cake). Habit memory reflects rigid stimulus-response associations, marked by persistent stimulus-evoked responses even without a rewarding outcome. In contrast, goal-directed associations involve continued sensitivity to outcome value and the ability to flexibly update behavior based on current environment or goal states (Grospe et al., 2018; Lhost et al., 2021). Habit memories form slowly, as a result of extensive training, whereas goal-directed associations are formed rapidly (Balleine and O'Doherty, 2010).

As with the hippocampus, the existence of opposing associations within the striatum challenges the traditional Multiple Memory Systems taxonomy. And again, the solution may come from considering functional heterogeneity within the striatum (Fig 2, middle). Different subregions support distinct computations: the dorsolateral striatum (DLS; primate putamen, part of sensorimotor striatum) facilitates rigid, habitual behavior, whereas the dorsomedial striatum (DMS; primate caudate nucleus, part of associative striatum) supports flexible, goal-directed behavior (White, 2009; Turner et al., 2022). Although the majority of this evidence comes from rodents, human neuroimaging provides converging support for this dissociation (McNamee et al., 2015; Patterson and Knowlton, 2018).

The DLS and DMS exhibit distinct firing patterns that may support these different associations. For example, Thorn et al. (2010) designed a task in which rodents were placed in a T-maze. As the animal moved along the linear track (before the choice point),

a cue indicated which of the two goal arms would be rewarded. DMS and DLS were active at distinct timepoints within a trial: DMS activity peaked during the middle portion of the trial, when the animal had to select a behavior based on the cue, whereas DLS primarily fired at the beginning and end of the trial, marking the "action boundaries". This "task-bracketing" of DLS (Jog et al., 1999; Thorn et al., 2010; Smith and Graybiel, 2013) emphasizes boundaries between learned sequences, perhaps chunking them into unified habitual associations. Indeed, DLS bracketing activity is both insensitive to reward devaluation and linked to automaticity (Smith and Graybiel, 2013). In contrast, ramping DMS activity tracks the progression of a sequence, suggesting sensitivity to current states (Vandaele et al., 2021).

#### Amygdala

The amygdala has been linked to remembering salient associations with fear and reward, particularly in the context of classical conditioning. However, stimuli and outcomes can be associated at different levels of granularity, which can motivate different behaviors. Specifically, there is burgeoning evidence that the basolateral amygdala (BLA) supports *specific* associations between a stimulus and a particular outcome, whereas the central amygdala (CeA) supports *general* associations between a stimulus and an ensuing affective state or behavioral output (Fig 2, bottom).

Although there is less work on subsystem dissociations in the amygdala than in the hippocampal and striatal subsystems described above, there is compelling evidence for a BLA/CeA difference from the Pavlovian-to-Instrumental Transfer paradigm. Pavlovian-to-Instrumental Transfer is an experimental paradigm in which classically conditioned cues promote instrumentally learned actions. It can be general (presence of a conditioned cue results in a general motivational increase or response, regardless of the anticipated outcome) or specific (conditioned cue elicits a response associated with the outcome which the cue predicts). As an intuitive example, after a bout of food poisoning, you may show specific transfer by linking the aversive outcome with the dish you ate, and thus avoid ordering that meal in the future. In the case of *general* transfer, you may form a broader representation of that experience, resulting in a general motivation/response change, thus becoming wary of ordering takeout entirely (see Cartoni et al., 2016). Human and rodent studies have linked specific transfer to BLA and general transfer to CeA (Corbit and Balleine, 2005; Prévost et al., 2012; Cartoni et al., 2016). In one such experiment (Corbit and Balleine, 2005), a rodent formed Pavlovian tone/reward associations and instrumental lever press/reward associations. Transfer was measured when the Pavlovian tone was presented while the lever was available. The tone selectively increased lever pressing if the tone and lever were paired with the same reward (specific transfer), but broadly increased lever pressing if they were associated with distinct rewards (general transfer). These findings provide empirical support for theorized BLA/CeA distinctions in classic models of amygdala function (Holland and Gallagher, 1999; Balleine and Killcross, 2006).

This mapping also extends beyond Pavlovian-to-Instrumental Transfer, with BLA supporting specific responses (Wassum and Izquierdo, 2015) and CeA supporting general responses (Fadok et al., 2018) in rodents. The BLA represents sensory-specific stimulus/outcome

associations, supporting prediction (Lichtenberg et al., 2017) and detailed memory formation (Sias et al., 2021). In contrast, the CeA has been linked more broadly to motivation and reward-seeking behavior (Warlow and Berridge, 2021), as well as more generalized forms of fear and anxiety (Ciocchi et al., 2010; Gilpin et al., 2015). Although studied less in humans, recent patient (van Honk et al., 2013; Rosenberger et al., 2019) and high-resolution fMRI (Sladky et al., 2021) findings provide converging evidence, with BLA (but not CeA) supporting specific stimulus/outcome representations in a trust game.

The computational and connectivity profiles of these subregions help them represent specific sensory information versus general motivational information, respectively. The BLA primarily receives sensory input and has been described as "cortex-like" (Wassum and Izquierdo, 2015). BLA neurons fire strongly to stimuli and outcomes during learning (Sias et al., 2021) and glutamatergic activity in BLA tracks learning (Malvaez et al., 2019). This may potentiate specific stimulus-outcome links (Kyriazi et al., 2018). In contrast, the CeA is directly connected to the hypothalamus and brainstem, facilitating motor and autonomic responses (LeDoux et al., 1988). Stimulating CeA neurons or projections broadly elicits motivational responses such as freezing (Li et al., 2013; Fadok et al., 2017) or feeding (Han et al., 2017; Douglass et al., 2017), even without a stimulus-outcome association. Although these motivation-related responses may support generalized memory behaviors (i.e., a link between cue and motivation), such findings also suggest that the CeA may play a broader role as an output structure supporting defensive or appetitive behaviors (Fadok et al., 2018; Moscarello and Penzo, 2022) beyond memory. Further, in contrast to the hippocampus and striatum, little work in the amygdala has simultaneously measured BLA and CeA computations in the same learning task in order to delineate their roles.

# Interactions Between Subsystems Within a Region

Above we highlighted cross-species evidence that the hippocampus, striatum, and amygdala each contain at least two subsystems supporting distinct memories. These findings present a more precise brain/memory mapping and provide a framework for understanding behavioral consequences of co-located memory representations.

#### **Nature of Interactions**

Just as having multiple memory systems spread across the brain can promote cooperation or competition, housing memory subsystems within the same brain region provides opportunities for interactions. Co-locating may lead to competitive interactions due to shared anatomy and common input/output structures, or to parallel processing, akin to the division of labor between the dorsal and ventral visual streams (Nassi and Callaway, 2009). Another related possibility is that the two subsystems could regulate each other, such that one subsystem controls the expression of the other subsystem. Here, we explore these possibilities and illustrate support for interacting and/or parallel representations across subsystems. We also consider *why* such co-location may be adaptive for facilitating behavior.

**Hippocampus**—By being co-located in the hippocampus, episodic memory and statistical learning can function in parallel to support differentiated or integrated memory

representations, respectively. For example, CA1 (MSP) shows increased pattern similarity for related items (evidence of integration), while CA2/3/DG (TSP) simultaneously exhibits pattern *differentiation* of related items (Dimsdale-Zucker et al., 2018; Molitor et al., 2021).

That said, co-location of these opposing representations could foment competition, especially as the hippocampus ultimately sends a single output representation to cortex (Schapiro et al., 2017). For example, a recent neural network model of category learning found a trade-off between MSP and TSP: lesioning the TSP (such that only MSP was intact) led to enhanced categorization and generalization relative to if both systems were intact (Sucevic and Schapiro, 2022), suggesting that the TSP (which represented specific exemplars) impeded the ability to optimally learn category structure. Empirically, a recent study by Sherman and Turk-Browne (2020) measured competition in a task that allowed for simultaneous encoding of statistical regularities and episodic memories. They found that statistical learning interfered with episodic memory: statistically predictive images were remembered worse than non-predictive images. Providing initial evidence that the hippocampus was the locus of this trade-off, patterns of hippocampal activity measured with fMRI represented statistical predictions, and the stronger the hippocampal prediction, the worse the average memory for predictive images across participants.

The presence of dual-coding strategies within the hippocampus, with CA1 (MSP) supporting integration and CA2/3/DG (TSP) supporting separation (Schapiro et al., 2017; Molitor et al., 2021), may facilitate adjusting behavior based on task demands. For example, when both integrated or separated encoding strategies are available (as in Sherman and Turk-Browne, 2020), it may be more efficient to focus on integration, thus enabling generalization and prediction, even at the cost of remembering specifics. Indeed, a recent neural network model demonstrated that forgetting is necessary to efficiently learn statistics, as encoding each individual experience may lead to overfitting and learning of unreliable statistical structures (Endress and Johnson, 2021). However, when the task is set up to clearly promote either a separation-based episodic strategy (Chanales et al., 2017) or an integration-based inference strategy (Molitor et al., 2021), then co-location may enable these subsystems to adaptively inhibit each other to support the optimal behavior.

**Striatum**—A similar push-and-pull relationship exists in the striatum for habits and goaldirected associations, with evidence that these two subsystems can directly regulate one another (rather than merely compete under certain circumstances, as in the hippocampus). In animals, habits are thought to emerge from extended practice, such that over time responses persist even if the outcome is devalued (Dickinson, 1985) (described in greater detail below; we note that it remains unclear whether such an "over-training" mechanism exists in humans; de Wit et al., 2018; Pool et al., 2022). Nevertheless, recent theories posit that habits and goals are intricately linked, with habits and goal-directed associations stored in parallel, working in concert to guide action (Cushman and Morris, 2015; Balleine and Dezfouli, 2019; Bouton, 2021). For example, a recent behavioral study of human motor sequencing by Hardwick et al. (2019) highlighted the importance of time in toggling between these representations: with time limits, habits automatically drove behavior, but given additional time, goal-directed associations replaced these responses. Attentional demands can also modulate the use of habits vs. goal-directed associations: If the link between a stimulus and

reward is uncertain, goal-directed behavior is maintained over habits, presumably because more attention must be allocated to the outcome (Thrailkill et al., 2018).

After a habit is established, inactivation of the DLS renews expression of goal-directed associations (Zapata et al., 2010; Corbit et al., 2012), suggesting an inhibitory relationship between DLS and DMS. However, a key challenge in detecting competition is that many tasks rely on insensitivity to outcome devaluation. Outcome devaluation is an experimental manipulation in which a rewarding outcome is made less desirable (e.g., through satiation or pairing the outcome with something aversive). Persistence in performing the response that produces the outcome reflects insensitivity to devaluation, often interpreted as evidence for habitual representations. However, despite the fact that such devaluation is interpreted as evidence of habits, outcome devaluation could in fact emerge from impaired goal-directed associations and/or enhanced habit formation (de Wit et al., 2018). Critically, Turner et al. (2022) developed a novel action sequence task for rodents, in which optimal performance could be achieved through habitual behavior. By incentivizing the use of habits, their task provided a measure of habitual behavior without relying on outcome devaluation. In this paradigm, they also observed a double dissociation between DLS/DMS and habit/goal behavior, supporting the notion that these representations map onto striatal subregions and do indeed compete.

The co-location of habits and goals in the striatum might allow them to regulate each other based on task demands. For example, under time pressure (Hardwick et al., 2019) or cognitive load (Haith and Krakauer, 2018), the striatum can default to habitual behavior (via DLS). However, co-located circuitry (DMS) promoting goal-directed behavior may override habits in favor of specific task- or context-relevant behaviors.

**Amygdala**—The separable amygdala subregions supporting specific versus general processing may also interact. Time may play a role in arbitrating between BLA and CeA representations. Early theories posited that these amygdala subregions operate "serially" such that information is first learned in BLA and then transferred to CeA, which controls the expression of learning (LeDoux, 2000). Indeed, BLA tends to be important for acquiring stimulus-outcome relations, whereas over time CeA becomes responsible for *expression* of the learned association (Lázaro-Muñoz et al., 2010; Murray et al., 2015). However, these two systems can also operate in parallel (Balleine and Killcross, 2006). This parallel processing theory is supported by double dissociations, whereby lesions to the BLA result in decreased sensitivity to specific outcomes but lesions to the CeA result in general decreases in motivation or reward-seeking (Corbit and Balleine, 2005; see also Everitt et al., 2003). Such dissociations suggest that the two subregions can operate independently, rather than trading off in time. Human behavioral work also provides some indirect evidence for such parallel processing, with demonstrations of dissociable, complementary components of classical conditioning, a form of learning that critically depends on the amygdala (Zhang et al., 2016; Pool et al., 2019). Pool et al. (2019) measured eye movements and pupil size during classical conditioning of a stimulus-outcome association. After the outcome was devalued, the pupil no longer dilated to the conditioned stimulus (indicating specificity and updated outcome value). Surprisingly, participants continued to gaze toward the expected location of the outcome. These findings suggest two parallel

Pavlovian conditioning systems: one supporting "consummatory" responses by linking specific properties of a stimulus and salient outcome, and one supporting more general "preparatory" or motivational orienting responses, which persist regardless of whether the outcome is desired. Although this *behavioral* evidence of parallel conditioning processes is intriguing, it is unclear whether or how these processes are instantiated in amygdala subregions. A possibility suggested by the MMSS framework is that these consummatory and preparatory forms of classical conditioning map onto the BLA and CeA, respectively.

There are also circumstances under which amygdala subsystems compete. A recent study examined the effect of BLA lesions in both humans and rodents on a threat avoidance task (Terburg et al., 2018). BLA lesions decreased selection of a "rapid escape" behavior and facilitated autonomic reactions (human startle potential and rodent freezing) associated with CeA (Li et al., 2013; Fadok et al., 2017). Indeed, BLA acts on CeA in an inhibitory manner: during active escape, BLA inhibits CeA (thus reducing freezing), but when BLA is damaged or inactivated, the CeA representation dominates (see also Rosenkranz et al., 2006; Tye et al., 2011).

The presence of general and specific associations in the amygdala may enable flexibility. In real-world settings, outcome values are likely to fluctuate (e.g., shifting satiety levels change the desirability of food rewards). Thus, tracking stimulus-outcome contingencies through parallel systems (i.e., Pool et al., 2019) would enable flexible and efficient adaptation across states without having to re-encode values as they subjectively fluctuate. However, in cases when only one representation should ultimately serve to guide behavior (as in the case of freezing or avoiding; Terburg et al., 2018), these representations can inhibit one another to guide behavior.

#### Factors Modulating Use of Subsystems

Above we provided examples of how co-locating memory subsystems within a canonical memory-related brain region can promote adaptive interactions or parallel functions to support behavior. What are the circumstances under which a subsystem is preferentially used? A number of contextual factors may contribute, many of which overlap with the modulatory factors that have been considered in the traditional Multiple Memory Systems framework (see "Traditional Taxonomy of Multiple Memory Systems: One Memory, One Brain Region"). For example, one modulatory factor may be *time*: in the hippocampus, episodic memories are formed after a single experience but statistical regularities require integration across multiple experiences (e.g., Schapiro et al., 2017); in the striatum, goaldirected learning can occur quickly but habits are formed gradually (e.g., Balleine and O'Doherty, 2010); and in the amygdala, memory for specific stimulus-outcome associations may drive behavior early in learning, but general approach behaviors come to be expressed over time (e.g., Murray et al., 2015). Another modulatory factor may be stress, which we consider in greater depth later (see "Implications of Multiple Memory Subsystems: Stress as a Case Study"). Here we consider neurobiological forms of modulation, namely how prefrontal cortex and neurochemical signaling may control the expression of different memory subsystems.

#### **Prefrontal Cortical Modulation**

**Hippocampus:** Medial prefrontal cortex (mPFC) is a key candidate for arbitrating between hippocampal subsystems. Hippocampal-mPFC interactions have been shown to support both gradual, integrated memory representations in humans (Schlichting and Preston, 2015) and rapid, separated memory representations in rodents (Eichenbaum, 2017). Such interactions may play a specialized role during memory consolidation, which has been associated with the gradual transformation of episodic memories into more generalized, statistical, and semantic memories (McClelland et al., 1995), in both humans (Tompary and Davachi, 2017; Graves et al., 2022) and rodents (Richards et al., 2014).

**Striatum:** mPFC is also a candidate for modulating striatal subsystems, with rodent studies showing that separable mPFC subregions support the gradual formation of habits (Smith and Graybiel, 2013) versus the rapid learning of goal-directed associations (Killcross and Coutureau, 2003; Hart et al., 2018). Orbitofrontal cortex (OFC) also plays an important role in shifting between habits and goals (Turner et al., 2022), with OFC activation promoting DMS-dependent goal-directed behavior (Gremel and Costa, 2013).

**Amygdala:** Similar prefrontal regions (OFC and mPFC) have extensive connectivity with BLA: BLA-OFC interactions support stimulus-specific reward memories (Lichtenberg et al., 2017; Malvaez et al., 2019; Sias et al., 2021), and mPFC-BLA interactions regulate fear memory expression (Marek et al., 2013). However, mPFC does not seem to be directly connected to CeA (Arruda-Carvalho and Clem, 2015); instead, BLA-CeA circuits may themselves provide a mechanism for flexibly switching between general and specific representations based on task demands (Kim et al., 2017b).

#### **Neuromodulatory Influences**

**Hippocampus:** Acetylcholine may play an important role in arbitrating between hippocampal subsystems. High levels of acetylcholine are associated with facilitated inputs from EC into the hippocampus, and reduced influence of CA3 on CA1 (for review, see Hasselmo, 2006), suggesting that acetylcholine could bias the hippocampus towards MSPdependent statistical learning. There is also indirect evidence for the role of acetylcholine in toggling between memory states in humans from studies that capitalize on the fact that novelty is associated with acetylcholine release in the hippocampus (Giovannini et al., 2001). Namely, participants are biased toward encoding when the preceding trial contains a novel item and towards retrieval when the preceding trial contains a familiar item (Duncan et al., 2012). Novelty also biases decisions away from the use of individual episodes and toward the use of incrementally learned associations (Duncan et al., 2019), consistent with our proposal that acetylcholine may promote statistical learning.

**Striatum:** Multiple neuromodulatory systems may mediate the switching between habits and goals. Dopamine transmission plays a role in the transition from goal-directed to habitual behavior, with dopamine downregulation associated with reduced habit formation and dopamine upregulation associated with faster habit formation (for review, see Costa, 2007; Wickens et al., 2007). Such an effect may result from opposing effects of dopamine in DLS and DMS: systemic exposure to a dopamine agonist (methamphetamine) promotes

dendritic spine growth in DLS but reduces spines in DMS (Jedynak et al., 2007). The endocannabinoid system has also been implicated in the shift from goal-directed to habit behavior: blocking endocannabinoid signaling (via mutations to endocannabinoid receptors, both systemically and locally in OFC-striatal circuits) results in reduced habit formation and a bias towards goal-directed behavior (Hilário et al., 2007; Gremel et al., 2016).

**Amygdala:** There are several neuromodulatory candidates for mediating the switching between specific and general representations in the amygdala. For example, dopamine modulates fear generalization within CeA, with higher dopamine levels associated with greater discriminability (less generalization; De Bundel et al., 2016; Jo et al., 2018). Noradrenaline is also associated with increased precision of memories in BLA (Bahtiyar et al., 2020), which may promote specific representations. However, although much work has examined the effect of neuromodulators within BLA or CeA independently, the MMSS framework highlights the need to investigate neuromodulatory mechanisms that mediate switching between these two subsystems and their representations.

#### Why co-locate opposing subsystems?

Throughout this section, we have explored modulatory factors and behavioral consequences arising from co-locating opposing subsystems. We propose that housing opposing memory representations within the same region may promote adaptive behavior. This is perhaps most evident in the hippocampus, in which the output subregion of the hippocampus to cortex (CA1) is part of both the MSP and TSP. CA1 may therefore serve as a computationally efficient "bottleneck", ensuring that only one memory representation (episodic or statistical) is propagated forward to drive behavior, rather than relying on a separate brain region to arbitrate between the two competing memory representations. Similar principles may also be at play in the striatum, with DMS and DLS inhibiting one another to regulate the expression of habits vs goals, and in the amygdala, with BLA-CeA circuits arbitrating between specific and general responses (perhaps due to CeA being the output region of the amygdala). Future work aimed at precisely targeting the nature of these interactions at both the behavioral and neural level will be important for supporting these hypotheses.

## Interactions Between Subsystems Across Regions

Thus far, we have outlined how the hippocampus, striatum, and amygdala each contain two subsystems supported by local circuitry and promoting distinct memories. Carefully examining these memory subsystems illuminates mnemonic features that are consistent across these three regions.

For example, episodic memories (TSP of hippocampus), goal-directed associations (DMS of striatum), and specific cue-outcome associations (BLA of amygdala) represent more "specific" associations. Episodic memories reflect the encoding of a single, unique experience; goal-directed associations reflect a link between a context- or goal-specific stimulus and an associated response/outcome; and specific conditioned associations reflect the link between a certain sensory cue and a given outcome. In this way, these representations may all be considered "separated", in that they are acquired rapidly and held distinct from other, related memories in order to avoid interference (hippocampus: Wanjia et

al., 2021; DMS: Bradfield et al., 2013; amygdala: Sias et al., 2021). This separation enables the flexible use of such memories; for example, storing multiple, separated goal-directed associations allows for the appropriate selection of an action based on a given context or goal.

In contrast, statistical learning (MSP of the hippocampus), habits (DLS of the striatum), and general cue-outcome associations (CeA of amygdala) represent more "general" associations that require the gradual integration of related experiences across time. Statistical learning reflects the abstraction over many idiosyncratic instances in order to uncover generalizable patterns; habits reflect persistent expression of stimulus-evoked responses acquired over many repetitions; and general conditioned associations reflect the link between a stimulus and a broad motivational outcome (rather than a stimulus-specific response). Such integrated learning may give rise to more rigid representations that guide behavior automatically or in a context-insensitive manner.

Distinguishing along these axes highlights shared computations across subsystems from different brain regions. By labeling these commonalities, we aim to highlight representational similarities that can clarify existing findings and generate novel hypotheses, rather than define a strict taxonomy. These also suggest key organizational principles, indicating broader categories of memory representations that may coordinate or be similarly modulated. In this section, we explore examples of how subsystems *across regions* coincide in the learning computations they recruit and the behaviors they support, and we discuss predictions arising from these commonalities.

#### **Nature of Interactions**

Consistent with our proposal of similar computations across memory-related brain regions, there is evidence for overlap in the kinds of memory representations supported by subsystems housed in the hippocampus, striatum, and amygdala. Here we consider how similarities in mnemonic processes may give rise to shared function and facilitation across subsystems.

**Hippocampus and Striatum**—Coordinated representations of flexible, specific, and distinct memories have been studied most thoroughly for the hippocampus and DMS. These are anatomically connected (Groenewegen et al., 1991) and jointly involved in spatial learning and memory (White, 2009; Goodroe et al., 2018), although they may play distinct roles (van der Meer et al., 2010). Hippocampal-DMS connectivity has been related to memory success (Delcasso et al., 2014; Nyberg et al., 2016; Ness et al., 2022) and spatial navigation ability (DeCoteau et al., 2007; Brown et al., 2012) across species. One prediction arising from the MMSS framework is that *TSP* (DG and CA3) would be most similar to and interactive with DMS, supporting rapidly acquired, separated representations. Future work examining functional connectivity among subregions of the hippocampus and striatum could directly test these hypotheses. For example, when goal-directed or single-shot learning is required, this may promote coupling between DMS and hippocampal area CA3/DG. The MMSS framework also raises hypotheses about the other subsystems within these regions:

for example, there may be more coupling between DLS and CA1 when expressing more rigid, habit-like memories.

**Hippocampus and Amygdala**—Interactions between the hippocampus and the BLA subsystem in the amygdala also facilitate episodic (Inman et al., 2018) or episodic-like memory (Bass et al., 2014). Again, the MMSS framework predicts that the TSP hippocampal subsystem in particular would be most closely tied to BLA. Further, given the overlap between the CeA and MSP in supporting generalized forms of memory, we hypothesize that these regions facilitate each other. This would be consistent with behavioral work demonstrating that general (category-level) classical conditioning facilitates episodic memory generalization (Starita et al., 2019). After undergoing a threat conditioning paradigm in which shocks were paired with exemplars of one category (e.g., animals) but not another (e.g., tools), participants showed greater generalization of episodic memories from the threat-associated category (i.e., memories for animal exemplars were less precise). This work suggests that the general association between shock and a semantic category (perhaps supported by CeA) may bias the hippocampus towards a more generalized memory encoding strategy (perhaps supported by MSP).

**Striatum and Amygdala**—DMS and BLA both support learning specific stimulusresponse-outcome associations (Corbit et al., 2013; Fisher et al., 2020) and updating temporal expectations during classical conditioning (Dallérac et al., 2017). This pairing is consistent with our MMSS framework, in that both DMS and BLA are argued to support rapidly acquired, separated representations. Coordination between the striatum and amygdala may extend to general, integrated subsystems as well, as DLS and CeA work together to support habit formation (Lingawi and Balleine, 2012; Murray et al., 2015) and classical conditioning (Han et al., 1997).

Just as housing multiple memory subsystems within a given brain region can give rise to competition, similarities in mnemonic processes (combined with subtle computational differences) across regions may promote antagonistic interactions. For example, despite playing cooperative roles as described above, lesions to hippocampus and DMS can have opposite effects in reversal learning paradigms. In a typical reversal learning paradigm, rodents learn cue/reward associations; eventually, these are "reversed", requiring the rodent to re-learn which cue predicts reward. Notably, performance is worse if reversal occurs in the same context as learning (compared to in a new environment). Lesions to the hippocampus block this context-sensitivity (i.e., rodents perform equally well on the reversal task regardless of context), whereas DMS lesions exaggerate context sensitivity (even worse performance when reversal was encountered in the same environment as initial learning; McDonald et al., 2008), suggesting that these regions may support parallel representations when both are intact. However, evidence of direct competition is lacking, and further work is needed to assess how subsystems supporting similar mnemonic representations across regions might compete.

#### Factors Modulating Use of Subsystems

A central tenet of MMSS is the observation that similar mnemonic processes can be housed in different structures. Although above we have discussed many examples in which related subsystems may support similar behaviors, this raises questions about how and why they may support distinct aspects of behavior. Here, we consider how connectivity patterns and neuromodulatory influences may control the use (and facilitation) of computationally similar subsystems.

The connectivity patterns (and associated modality preferences) of a given brain region may bias the use of memory subsystems. For example, both the MSP (hippocampus) and DLS (striatum) support gradual learning of temporally predictable sequences. However, the MSP has been implicated in the passive extraction of stimulus regularities (Schapiro et al., 2016), whereas DLS has been implicated in the learning of motor sequences (Yin, 2010). The hippocampus receives input from many regions which process different sensory modalities (Turk-Browne, 2019) and thus may be well-suited to represent visual or auditory sequences, whereas the striatum is highly connected to the motor system (Hintiryan et al., 2016) and thus may be well-suited to represent action sequences. This raises the intriguing possibility that DLS and MSP may jointly enable the learning of visuomotor information, which may perhaps shed light on why the hippocampus is required for the consolidation of motor sequence memories (Schapiro et al., 2019).

Neuromodulators may also play a role in broadly promoting particular mnemonic processes, facilitating cooperation among related subsystems. For example, the noradrenergic system is thought to promote the formation of specific, vivid memories (particularly under arousal), whereas the dopaminergic system is thought to promote more integrated memory representations (particularly when engaging in exploration or novelty-seeking; Clewett and Murty, 2019). Although this model of neuromodulator function has largely been considered in the context of emotional memory, the MMSS framework presented here — which proposes the existence of similar mnemonic processes in different memory-related brain regions — makes novel and broader predictions about the roles of these neuromodulators in the formation of memory. We anticipate that the noradrenergic system will broadly facilitate subsystems across brain regions that are involved in rapidly-acquired, specific associations (including episodic, goal-directed, and specific conditioning representations; see also Atucha et al., 2017; Bahtiyar et al., 2020). In contrast, we predict that the dopaminergic system will broadly facilitate subsystems involved in more integrated, generalized associations (statistical learning, habits, and general conditioning; see also Shohamy and Wagner, 2008).

Other neuromodulators may also arbitrate between the use of similar subsystems across regions. Although existing work has so far focused on memory systems rather than *sub*systems, this literature suggests intriguing neuromodulator candidates. For example, acetylcholine modulates switching between hippocampal place and striatal response strategies (Chang and Gold, 2003; Pych et al., 2005), suggesting a role in modulating competition between memory systems (see Gold, 2003). Drawing closer to the MMSS model, acetylcholine may modulate related memory subsystems housed in the amygdala and hippocampus. Specifically, hippocampal acetylcholine levels modulate the acquisition of hippocampal-dependent context conditioning vs. amygdala-dependent tone conditioning

in a dose-dependent manner (Calandreau et al., 2006). This suggests that acetylcholine may modulate competition between specific representations across the hippocampus and amygdala (i.e., specific context-shock vs specific tone-shock). To the extent that acetylcholine facilitates the preferential expression of related memories supported by different brain regions, it may also arbitrate between memory *sub*systems housed in these distinct structures.

#### Why distribute related memory processes across brain regions?

In "Why co-locate opposing subsystems?", we considered why it may be adaptive to house *opposing* memory representations within the *same* brain region. Here, we have highlighted evidence for *similar* mnemonic processes across *different* brain regions. Rather than being fully redundant, we propose that similar computations across memory regions may function adaptively by supporting distinct aspects of behavior. For example, perhaps the hippocampus and DMS are both useful for spatial navigation because the hippocampus supports memory for the environment (e.g., a cognitive map) and DMS promotes the use of a specific goal-directed motor plan within that environment. On the other hand, overlapping computations across brain regions provides redundancy that may allow for compensation in the case of brain damage. Future work employing precise lesion techniques (i.e., to knock out specific subregions/circuits of these regions) is needed to adjudicate these hypotheses.

#### Implications of Multiple Memory Subsystems: Stress as a Case Study

In proposing the MMSS framework, our goal is to not only capture contemporary findings of memory organization in the brain, but also to drive future research and help to account for some findings that traditional Multiple Memory Systems theory fails to explain. Here, as a case study, we explore how the MMSS framework may guide future work on how stress impacts different forms of memory.

The Multiple Memory Systems framework has been highly influential in stress research. Rather than unilaterally enhancing or impairing all memories, stress is thought to modulate the relative engagement of memory systems (e.g., shifting from hippocampal-dependent to striatal-dependent memories; Goldfarb and Phelps, 2017; Schwabe et al., 2022). The MMSS framework proposed herein suggests novel perspectives on how stress alters memory. Specifically, we consider how the traditional Multiple Memory Systems framework does not account for some aspects of how stress influences memory and we consider how the MMSS framework may or may not account for such findings.

#### Hippocampus.

Consistent with traditional Multiple Memory Systems proposals that stress disrupts hippocampal-based memory processing (Goldfarb and Phelps, 2017), stress negatively affects the TSP subsystem in rodents (Chen et al., 2010a,b) and episodic memory retrieval in humans (Gagnon and Wagner, 2016). However, our framework raises the possibility that the other subsystem (MSP) may not be affected in the same way. Indeed, rodent CA1 (MSP) is largely spared from negative effects of stress (Yamada et al., 2003) and may even be enhanced by stress (Karst and Joëls, 2005; Vandael et al., 2021). In

humans, stress promotes "gist"-like memories with less specificity (e.g., Qin et al., 2012) and integration across related episodes (Bierbrauer et al., 2021), as well as detection of probability-based regularities associated with statistical learning (Tóth-Fáber et al., 2021). The MMSS framework both helps to reconcile these apparently contradictory stress-induced enhancements and impairments of hippocampal function, and raises the novel possibility that other "general", MSP-dependent hippocampal memory functions may be enhanced under stress.

#### Striatum.

In contrast to opposing effects across hippocampal subsystems, emerging evidence indicates that stress may enhance both striatal subsystems. In rodents, administration of the stress-related glucocorticoid hormone into DLS (Siller-Pérez et al., 2017) enhances stimulus-response memory, consistent with human findings that stress facilitates a shift towards stimulus-response memory (Schwabe et al., 2022) and habit formation (i.e., higher affective stress associated with early adoption of habitual behavior; Pool et al., 2022). Intriguingly, there is preliminary evidence in rodents that administration of glucocorticoids into DMS also enhances memory associated with this subsystem (Lozano et al., 2013), and in humans that glucocorticoid responses are associated with enhanced DMS-related updating in a cognitive flexibility task (Goldfarb et al., 2017). However, other recent work found that — when pitting stimulus-response and goal-directed strategies against one another in the same task — stress reduced reliance on goal-directed behavior (Meier et al., 2022). The MMSS framework underscores the need to consider the differential effects of stress on behaviors associated with subsystems, calling for more work in this area.

#### Amygdala.

It remains unclear how stress affects amygdala subsystems. Behaviorally, stress appears to promote general rather than specific representations. In rodents, systemic glucocorticoid agonists disrupt specific Pavlovian-to-Instrumental Transfer (Zorawski and Killcross, 2003). Systemic glucocorticoids and acute stressors also impair flexible updating of conditioned associations in humans (Merz et al., 2014; Raio et al., 2017), while promoting general transfer, or increased "wanting" (i.e., greater desire/increased effort to obtain a reward, despite no increases in the hedonic value of the reward; Pool et al., 2015). Work across species demonstrates that stress and glucocorticoids promote over-generalization of fear memories (Dunsmoor et al., 2017; dos Santos Corrêa et al., 2019). However, this behavioral evidence that stress biases the amygdala toward general representations needs neurobiological validation. Rodent research has yielded mixed findings, with evidence both that stress facilitates BLA (Roozendaal et al., 2009) and impairs BLA structure and function, with effects varying based on stressor type and BLA neuron connectivity profiles (Zhang et al., 2021). Further, effects of stress on CeA are understudied (Roozendaal and McGaugh, 1997); although there is some evidence that glucocorticoid administration in CeA leads to the enhanced retention of fear memories (Thompson et al., 2004), whether these memories are general or specific remains unclear. Finally, it is unclear how stress-induced BLA enhancements map onto behavioral expressions of memory. Here too, the MMSS framework indicates novel testable hypotheses regarding stress effects on these representations.

# Summary.

Together, the MMSS framework may help to account for distinct effects of stress across memory subsystems within a canonical memory-related brain region. Indeed, claiming that stress impairs an entire brain region (e.g., "hippocampal memory") may be misleading. The MMSS theory suggests the intriguing possibility that stress enhances "general" representations across brain structures (a proposal that would not have arisen from the traditional Multiple Memory Systems framework), though more work is needed to determine whether this occurs in the striatum (where there is some evidence indicating that both subsystems are enhanced) and how the neural correlates of stress actions on the amygdala map onto behavioral observations of more generalized conditioned associations. This framework also provides a roadmap for future work to gain a comprehensive understanding of how stress adaptively alters memory. For example, the majority of studies examining the effects of stress on multiple memory systems have designed tasks to pit episodic/cognitive map-dependent behavior (hippocampus) and stimulus-responsedependent behavior (striatum) against one another. However, to understand how stress influences memory subsystems, it will be important for future work to design tasks which pit the dual mnemonic functions of a given brain region against each other (i.e., examining whether stress promotes the learning of statistical regularities over episodic memories, or the formation of general over specific conditioned associations).

# Avenues Forward and Concluding Remarks

In this review we present comprehensive behavioral and biological evidence for a novel framework of Multiple Memory Subsystems or MMSS. We identified that three traditional memory-related structures in the brain — the hippocampus, striatum, and amygdala — all support at least two distinct and seemingly incompatible mnemonic representations. Our goal in putting forth this framework is to (i) account for existing findings that cannot be accounted for by traditional Multiple Memory Systems theories and (ii) present novel avenues for future research. Here, we discuss several additional areas in which we think the MMSS framework holds promise, while identifying gaps to be filled by future research.

#### Assessing the strengths and weaknesses of evidence

In developing this framework, we integrated findings across nonhuman animal, human, and computational research (Table 1). Although synthesizing across multiple lines of evidence helped to build a comprehensive theory, we also identified gaps for future research across species. For example, whereas animal work allows for high resolution to measure and manipulate subsystems, human work is better suited to probe behavioral correlates of different subsystems. To test the predictions of the MMSS framework, there is a need to combine neural precision with sophisticated task design and behavioral phenotyping. For example, in nonhuman animal models, the quality of memory representations supported by distinct hippocampal subsystems are either understudied (e.g., statistical learning) or difficult to compare to human processes (e.g., recollection of episodic memories). In humans, on the other hand, many neuroimaging studies do not have the (anatomical and/or functional) resolution to distinguish hippocampal subfields and thus may be insensitive to subsystem representations. That said, differences in representation along the longitudinal

axis of the hippocampus may be informative (Poppenk et al., 2013). Specifically, the distribution of hippocampal subfields differs across the longitudinal axis, such that MSP is over-represented in anterior hippocampus and the TSP is over-represented in posterior hippocampus (Malykhin et al., 2010; Schapiro et al., 2017). This proposed distinction converges with findings that anterior hippocampal activation relates to statistical learning (Turk-Browne et al., 2010; Ellis et al., 2021) and that representational differentiation in posterior hippocampus predicts episodic memory (Callaghan et al., 2021).

Combining across human and animal work is also necessary to derive a comprehensive understanding of how subsystems interact and ultimately give rise to behavior. Although animal work is well-suited to deeply characterize *individual* subsystems or regions, as well as neuromodulatory factors (perhaps enabling work on how subsystems within a region interact), human whole-brain imaging enables the interrogation of *multiple* subsystems at once (perhaps enabling work on how subsystems across regions interact). Neural network models of memory regions that incorporate subsystem representations may also be critical for advancing the MMSS theory: such models enable the selective "lesioning" of one subsystem (as has been done in the hippocampus; Schapiro et al., 2017; Sucevic and Schapiro, 2022) which may help delineate the circumstances under which a given subsystem representation will dominate and yield precise, testable empirical hypotheses.

#### Fortifying the MMSS framework

The MMSS framework was inspired by key observations that the hippocampus (e.g., Schapiro et al., 2017), striatum (e.g., Balleine and O'Doherty, 2010), and amygdala (e.g., Balleine and Killcross, 2006) each have opposing memory representations across subregions/circuits within these brain regions (see also Table 1). However, relative to the vast literature on these memory-related regions, there is relatively little work on their *subsystems*, requiring integration across disparate studies and fields designed to study a given subregion in isolation. A goal of our framework is to inspire future, targeted investigations of subsystems, which will not only provide important tests of our framework, but also have the potential to uncover novel, unexpected empirical findings.

There are open questions about the neurobiological and contextual tenets that govern the use of memory subsystems (also see "Implications of Multiple Memory Subsystems: Stress as a Case Study"). Such questions will benefit from more carefully considering the behavior — rather than merely the brain region — that a particular task solicits, and designing tasks suited to isolate a given subsystem(s). Further studies investigating multiple subsystems in tandem (as in Sherman and Turk-Browne, 2020) will be especially important for validating the MMSS model, particularly in cases where the evidence is limited, such as the amygdala.

Lastly, although we have focused on the hippocampus, striatum, and amygdala, it is possible that the principles identified here may apply to other memory-related regions. For example, the cerebellum has been implicated in some forms of conditioning, such as eyeblink conditioning, in which an auditory or visual cue becomes associated a puff of air to the eye, thus leading to a conditioned eyeblink response. Although more work is needed to understand whether the cerebellum supports multiple distinct types of conditioning, there are indications of functional dissociations within the cerebellum supporting distinct aspects of

conditioning behavior (Medina et al., 2002; Thompson and Steinmetz, 2009). For example, separable subregions (cerebellar cortex vs. deep cerebellar nuclei) may support the initial learning vs. storage of conditioned responses (Medina et al., 2002). Intriguingly, there is evidence that cerebellar nuclei continue to represent the conditioned associations even after extinction (Medina et al., 2001), perhaps paralleling behavioral evidence for outcome-insensitive conditioned responses (Pool et al., 2019).

#### Promise of MMSS as a unifying theory of memory organization

In further validating MMSS, it is possible that the framework will provide a means of clarifying what might seem to be inconsistent findings in the literature. For example, some studies find that greater hippocampal pattern similarity relates to better episodic memory (see Brunec et al., 2020), contrary to the view that pattern *separation* supports episodic memory. However, many of these tasks only probed episodic memory; it is possible that increased pattern similarity reflects increased memory integration or statistical learning, processes that were not directly measured in behavior. Future work more carefully tailored to isolate the behaviors associated with given subsystems will clarify the link between neural representations and behavioral outcomes.

By observing that there may be common computations across subsystems housed in different regions (see "Interactions Between Subsystems Across Regions"), our framework also promotes the discovery of interventions that act similarly across these regions. As one example, prediction errors (or encountering something that deviates from what you expected) appear to act on these computations in a way that extends across brain regions. Interestingly, prediction error may support both specific and general representations. On the one hand, prediction error can support separation and maintenance of specific representations, in part by shielding memories from interference. In the TSP of the hippocampus, prediction errors promote differentiation of memories (Kim et al., 2017a); in the DMS of the striatum, prediction errors shield previously learned information from updated knowledge (Bradfield et al., 2013); and in classical conditioning (presumably supported by the amygdala), prediction error is thought to separate memories for conditioning vs. extinction (thus making fear memories return even after extinction; Gershman et al., 2013). On the other hand, prediction error can also support the gradual learning of integrated representations via the incremental updating of predictions. This process may contribute to statistical learning (Turk-Browne et al., 2010; Sherman and Turk-Browne, 2020), habit memory (Drummond and Niv, 2020), and general cue-outcome associations (Rescorla, 1972).

In other words, prediction error may play distinct roles in facilitating computations underlying separated vs. integrated representations, and appears to do so in a way that transcends canonical memory-related brain regions. This example holds promise not only for understanding shared computations across similar subsystems housed in different regions, but also for understanding potential mechanisms that govern the use of opposing subsystems within a region. Although untested, one possibility is that when the errors are large and deviate from existing knowledge, a separated representation is rapidly created; in

contrast, smaller errors may trigger incremental updating of gradually formed, integrated representations.

In addition to accounting for empirical data and generating novel theoretical hypotheses, the MMSS framework also highlights two notable, yet underexplored patterns in the organization of memory in the brain: The co-location of competing memory representations within a given brain region, and the overlap in mnemonic computations supported by subsystems housed in different brain regions. Given that the traditional Multiple Memory Systems framework highlights the adaptive role of having discrete, anatomically distinct memory systems, the evidence for co-located competition and distal overlap presented here may be puzzling. We argue that both of these organizational principles are adaptive: First, housing competing memory representations within a brain region allows for self-regulation of memory-guided behavior, for example, allowing the goal-directed subsystem to suppress habit memory under disadvantageous circumstances. Second, overlapping computations across canonical memory regions may serve complementary functions. With specific connectivity patterns and computational properties, certain regions may be better suited to support distinct dimensions of memory-guided behavior, and some degree of redundancy across brain regions may be a critical mechanism for shielding complex memories.

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#### Figure 1.

Multiple Memory Subsystems taxonomy. The traditional Multiple Memory Systems taxonomy is depicted in the top shaded area. We propose the delineation of memory "subsystems" within each canonical memory system (bottom).



#### Figure 2.

A) Anatomical visualization of different memory-related regions, segmented into subregions supporting different memory subsystems (MSP = monosynaptic pathway; TSP = trisynaptic pathway; DMS = dorsomedial striatum; DLS = dorsolateral striatum; CeA = central amygdala; BLA = basolateral amygdala). B) Schematic of representations supported by memory subsystems associated with brain subregions in (A). Subsystems indicated in pink tend to support specific, rapidly formed, separated memory representations whereas subsystems indicated in yellow tend to support general, gradually formed, integrated memory representations. Top: the hippocampus forms associations among stimuli (circles). Episodic associations (left) bind together trial-unique stimuli (colored circles with unique symbols) into discrete episodes. Statistically learned associations (right) reflect the extraction of commonalities across experiences (e.g., the co-occurrence of the colored circles, abstracted away from idiosyncratic details). Middle: the striatum forms associations between stimuli (circles), responses (triangles), and outcomes (squares). Goal-directed associations (left) are sensitive to outcomes, whereas habits (right) reflect continuing to make responses when the stimulus is presented, even in the absence of a (desirable) outcome. Bottom: the amygdala forms associations between stimuli (circles) and outcomes (squares). Specific conditioning (left) reflects an association between a cue and an outcome (e.g., juice reward). General conditioning (right) reflects an association between a cue and a general motivational state (e.g., positive affect).

#### Table 1

# Key evidence (across species) for the primary claims of the MMSS framework.

Claim	Region	Evidence Strength	Primary Evidence	Key Citations
The same memory structure can support opposing computations	Hippocampus	***	CA3 (TSP) supports a pattern-separated code CA1 (MSP) supports an integrated code	Lee et al $(2004)^I$ Molitor et al $(2021)^2$
	Striatum	***	DLS activity marks "boundaries" between action sequences DMS activity ramps up until decision is executed	Thorn et al $(2010)^{I}$ Vandaele et al $(2021)^{I}$
	Amygdala	**	BLA facilitates learning of stimulus- outcome links CeA facilitates motivational responses/ behavioral output	Sias et al $(2021)^I$ Fadok et al $(2017)^I$
The same memory structure can support both <b>"specific"</b> and <b>"general"</b> memory representations	Hippocampus	***	TSP can support episodic memory (specific) MSP can support statistical learning (general)	Schlichting et al $(2014)^2$ Schapiro et al $(2017)^3$ Schlichting et al $(2021)^2$
	Striatum	**	DMS can support goal-directed behavior ( <b>specific</b> ) DLS can support habits ( <b>general</b> )	McNamee et al $(2015)^2$ Turner et al $(2022)^1$
	Amygdala	*	BLA supports <b>specific</b> Pavlovian-to- Instrumental Transfer (PIT) CeA supports <b>general</b> PIT	Corbit & Balleine $(2005)^{1}$ Prévost et al $(2012)^{2}$
Similar mnemonic computations are supported by distinct structures	Hippocampus & Striatum	***	Hippocampus (subregion unspecified) and DMS: jointly involved in learning <b>specific</b> associations in context of spatial learning	DeCoteau et al (2007) <sup>1</sup> Brown et al (2012) <sup>2</sup>
	Hippocampus & Amygdala	***	Hippocampus (subregion unspecified) and BLA: facilitate <b>specific</b> associations in context of episodic/episodic-like memory	Bass et al $(2014)^{I}$ Inman et al $(2018)^{2}$
	Striatum & Amygdala	***	BLA and DMS: support learning <b>specific</b> stimulus-response-outcome associations CeA and DLS: support formation of <b>general</b> habit memories	Corbit et al (2013) <sup>1</sup> Lingawi & Balleine (2012) <sup>1</sup>

Evidence Type:

<sup>1</sup>Rodent;

<sup>2</sup>Human;

 $\mathcal{S}_{\text{Neural network model}}$