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## Novel allosteric agonists of M<sub>1</sub> muscarinic acetylcholine receptors induce brain region-specific responses that correspond with behavioral effects in animal models

G.J. Digby<sup>a,b</sup>, M.J. Noetzel<sup>a,b</sup>, M. Bubser<sup>a,b</sup>, T.J. Utley<sup>a,b</sup>, A.G. Walker<sup>a,b</sup>, N.E. Byun<sup>a,b</sup>, E.P. Lebois<sup>a</sup>, Z. Xiang<sup>a,b</sup>, D.J. Sheffler<sup>a,b</sup>, H.P. Cho<sup>a,b,c</sup>, A.A. Davis<sup>a</sup>, N.E. Nemirovsky<sup>e</sup>, S.E. Mennenga<sup>e</sup>, B.W. Camp<sup>e,f</sup>, H.A. Bimonte-Nelson<sup>e,f</sup>, J. Bode<sup>g</sup>, K. Italiano<sup>g</sup>, R. Morrison<sup>b,c</sup>, J.S. Daniels<sup>a,b,c</sup>, C.M. Niswender<sup>a,b,c</sup>, M.F. Olive<sup>e</sup>, C.W. Lindsley<sup>a,b,c,d</sup>, C.K. Jones<sup>a,b,c</sup>, and P.J. Conn<sup>a,b,c,\*</sup>

<sup>a</sup>Department of Pharmacology, Vanderbilt University Medical Center, Nashville, TN 37232, USA

<sup>b</sup>Vanderbilt Center for Neuroscience Drug Discovery, Vanderbilt University Medical Center, Nashville, TN 37232, USA

<sup>c</sup>Vanderbilt Specialized Chemistry Center for Probe Development (MLPCN), Nashville, TN 37232, USA

<sup>d</sup>Department of Chemistry, Vanderbilt University, Nashville, TN 37232, USA

<sup>e</sup>Department of Psychology, Arizona State University, Tempe, AZ, 85287 USA

<sup>f</sup>Arizona Alzheimer's Consortium, Tempe, AZ 85287 USA

<sup>g</sup>Millipore Corporation, Billerica, MA, 01821 USA

### Abstract

M<sub>1</sub> muscarinic acetylcholine receptors (mAChRs) represent a viable target for treatment of multiple disorders of the central nervous system (CNS) including Alzheimer's disease and schizophrenia. The recent discovery of highly selective allosteric agonists of M<sub>1</sub> receptors has provided a major breakthrough in developing a viable approach for discovery of novel therapeutic agents that target these receptors. Here, we describe the characterization of two novel M<sub>1</sub> allosteric agonists VU0357017 and VU0364572 that display profound differences in their efficacy

\*To whom correspondence should be addressed: Jeffrey.Conn@Vanderbilt.edu.

#### Author Contributions

Dr. Digby planned experiments and performed cellular and electrophysiology experiments. Dr. Noetzel helped with planning and performed electrophysiology experiments. Dr. Bubser and Dr. Byun performed animal experiments. Dr. Utley performed *in vitro* experiments. Dr. Walker, Dr. Xiang, and Evan Lebois performed electrophysiology experiments. Dr. CHO, Dr. Sheffler, Dr. Lindsley, Dr. Niswender and Dr. Davis helped with experiment planning. Dr. Olive performed Morris water maze assays. Dr. Conn directed multiple parts of the project and co-wrote the manuscript with Dr. Digby.

#### Financial Interests

##### Consultancies:

Dr. Conn has served as a consultant over the past three years for: Merck and Co., Johnson and Johnson, Hoffman La Roche, GlaxoSmithKline, Lundbeck Research USA, Epix Pharmaceuticals, Invitrogen Life Technologies, Evotech Inc., Addex Pharmaceuticals, Michael J. Fox Foundation, Cephalon Inc., LEK Consulting, The Frankel Group, Prestwick Chemical Co., IMS Health, Primary Insight, Otsuka Pharmaceuticals, AstraZenca USA, NeurOP Inc., Seaside Therapeutics, Millipore Corp., Genentech, Abbott Laboratories, AMRI, Bristol Myers Squibb, and PureTech. Dr. Lindsley receives funding from the NIH (NIMH and NIDA), Johnson&Johnson, Seaside Therapeutics, Vanderbilt University Medical Center (Department of Pharmacology) and the American Chemical Society (as Editor-in-Chief of ACS Chemical Neuroscience). In the recent past, Dr. Lindsley has also received funding from the Michael J. Fox Foundation, the Alzheimer's Association and has consulted for Merck, Eisai, GSK, Biogen and Amgen.

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in activating M<sub>1</sub> coupling to different signaling pathways including Ca<sup>++</sup> and β-arrestin responses. Interestingly, the ability of these agents to differentially activate coupling of M<sub>1</sub> to specific signaling pathways leads to selective actions on some but not all M<sub>1</sub>-mediated responses in brain circuits. These novel M<sub>1</sub> allosteric agonists induced robust electrophysiological effects in rat hippocampal slices but showed lower efficacy in striatum and no measureable effects on M<sub>1</sub>-mediated responses in medial prefrontal cortical pyramidal cells in mice. Consistent with these actions, both M<sub>1</sub> agonists enhanced acquisition of hippocampal-dependent cognitive function but did not reverse amphetamine-induced hyperlocomotion in rats. Together, these data reveal that M<sub>1</sub> allosteric agonists can differentially regulate coupling of M<sub>1</sub> to different signaling pathways and this can dramatically alter the actions of these compounds on specific brain circuits important for learning and memory and psychosis.

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## Introduction

Selective activators of the M<sub>1</sub> subtype of muscarinic acetylcholine receptor (mAChR) may provide an exciting new approach for treatment of schizophrenia and Alzheimer's disease (AD). M<sub>1</sub> receptors play roles in multiple domains of cognitive function (Felder et al., 2000; Auld et al., 2002) and activation of M<sub>1</sub> receptors has cognition-enhancing effects in a range of animal models (Shirey et al., 2009; Lebois et al., 2010). In addition, the M<sub>1</sub>/M<sub>4</sub> preferring agonist xanomeline (Shannon et al., 2000; Perry et al., 2001; Jones et al., 2005) and the M<sub>1</sub>-selective agonist TBPB (Jones *et al.*, 2008) have robust efficacy in rodent models used to predict antipsychotic efficacy. Consistent with this, clinical studies reveal that acetylcholinesterase (AChE) inhibitors or xanomeline can enhance cognitive function and have antipsychotic efficacy in patients (Bodick et al., 1997b; Shekhar et al., 2008; Massoud and Gauthier, 2010). These exciting findings provide a strong impetus for discovery of M<sub>1</sub> receptor ligands as a novel treatment strategy for patients suffering from these CNS disorders (Lebois *et al.*, 2010).

A major breakthrough in the development of selective activators of M<sub>1</sub> came with the discovery of allosteric agonists. Multiple M<sub>1</sub> allosteric or bitopic agonists have been discovered and are providing an exciting new approach for developing M<sub>1</sub>-selective compounds (Conn et al., 2009). We recently reported the discovery of two highly selective allosteric agonists VU0357017 and VU0364572 (Lebois *et al.*, 2010; Lebois *et al.*, 2011). These compounds were optimized to achieve an excellent pharmacokinetic (PK) profile and VU0357017 had robust efficacy in improving hippocampal-dependent learning in rats (Lebois *et al.*, 2010).

Interestingly, recent studies suggest that some M<sub>1</sub> allosteric agonists may selectively activate M<sub>1</sub> coupling to some but not all signaling pathways in cellular systems (Thomas et al., 2009). This could have critical implications for further development of M<sub>1</sub> allosteric agonists as potential therapeutic agents. Multiple signaling pathways including induction of calcium release, β-arrestin recruitment and extracellular regulated signal kinase (ERK) are activated following M<sub>1</sub> stimulation to elicit a broad range of physiological effects, and each of these is likely to participate in the overall effects of M<sub>1</sub> agonists *in vivo*. Thus, if novel M<sub>1</sub> agonists differentially activate some but not all M<sub>1</sub>-mediated responses, this could dramatically alter the *in vivo* and potential therapeutic response to these agents.

We now report that VU0357017 and VU0364572 display profound differences in their efficacy in activating M<sub>1</sub> coupling to calcium, β-arrestin, and ERK pathways. Using a cell line with inducible M<sub>1</sub> expression, we found that the actions of these M<sub>1</sub> allosteric agonists on calcium release and β-arrestin recruitment are dependent on receptor expression levels and suggest a role for differences in receptor reserve in regulating both of these responses. Interestingly, these differential effects on different responses to M<sub>1</sub> activation lead to a

dramatic effect on ability to activate  $M_1$ -mediated responses in different brain circuits. For example,  $M_1$  allosteric agonists have robust effects on  $M_1$ -mediated electrophysiological responses in the hippocampus but have lower efficacy in activating  $M_1$  in striatum of rats and are without measureable effects on established  $M_1$ -mediated responses in mouse mPFC pyramidal cells. Consistent with these actions, both  $M_1$  agonists enhanced hippocampal-dependent cognitive function but did not reduce amphetamine-induced hyperlocomotion in rats. These data suggest that different  $M_1$ -selective allosteric agonists can have fundamentally different effects on different  $M_1$ -mediated responses in the CNS and this can fundamentally alter the *in vivo* and potentially therapeutic effects of different  $M_1$  agonists.

## Materials and Methods

### Compounds

Muscarinic agonist carbachol was purchased from Sigma-Aldrich (St. Louis, MO). Chemical synthesis of VU0364572 and VU0357017 was performed at the Vanderbilt Center for Neuroscience Drug Discovery (VCNDD) (Vanderbilt University, Nashville, TN).

### Cell Lines

Initial agonist characterization was performed in stable CHO cell lines constitutively expressing human  $M_1$  receptors. To generate a tetracycline (TET)-inducible human  $M_1$  mAChR stable cell line, TREx CHO cells expressing tet a repressor (Invitrogen) were transfected with human  $M_1$ -pcDNA5/TO expression plasmid, and subsequently went under hygromycin (450  $\mu$ g/ml) selection in the presence of blasticidin (10  $\mu$ g/ml) for maintaining tet repressors. The resulting hygromycin resistant polyclones were further plated into a 96 well plate for monoclonal selection. Individual monoclones were screened for acetylcholine-stimulated Calcium mobilization across a range of Tetracycline concentrations. TREx CHO cell line was cultured in the medium containing 10% Tetacycline-tested FBS, 10 mM Hepes (Atlanta Biologicals).

### Calcium Mobilization Assays

For all calcium assays, human  $M_1$ -TREx CHO or h $M_1$ -CHO cells were seeded at a density of 50,000 cells/well in clear-bottomed, black-walled 96-well plates (Costar® Corning Incorporated, Corning, NY) in media containing a range of TET concentrations. The following day, media was removed from the cells and replaced with 50  $\mu$ L of calcium indicator dye, fluo-4 (2  $\mu$ M), dissolved in Hank's balanced salt solution (HBSS-Invitrogen) containing 20 mM HEPES and 2.5 mM probenecid, pH 7.4. Cells were allowed to incubate in the fluo-4/HBSS solution for 45 min; solution was removed and replaced with 50  $\mu$ L HBSS. Agonists were serial diluted into assay buffer for a 2X stock concentration in 1% DMSO; stock compounds were added to assay for final concentration of 0.5% DMSO. 50  $\mu$ L of agonist test solution was added to each well and fluorescent signals were measured at  $\lambda_{525}$  nm fluorescence emission after  $\lambda_{480}$  nm excitation at 1 second intervals for 60 seconds using either a Flexstation II or a Flexstation III (Molecular Devices, Sunnyvale, CA). To generate concentration response curves (CRCs), baseline responses were subtracted from agonist-induced response and were normalized to the maximal response elicited by carbachol.

### ERK1/2 Phosphorylation Assays

ERK1/2 phosphorylation was measured using SureFire Alpha Screen technology (PerkinElmer). Cells were plated at a density of 40,000 cells/well and were incubated in FBS-free media for 5 hours prior to the assay. Cells were treated with agonist for 5 minutes

and were lysed with 1X lysis buffer. phospho-ERK signals were acquired in 384-well plates (Corning #3705) using an Inspire plate reader (PerkinElmer).

### **$\beta$ -arrestin Recruitment Assays**

$\beta$ -arrestin recruitment was measured using PathHunter™ Express hM<sub>1</sub> CHO cells (DiscoverX; Fremont, CA). Cells were plated in 96-well plates. The following day, cells were treated with drug and incubated at 37° C for 90 minutes. Substrate was added to each well and luminescence values were obtained using a Biotek Synergy2 luminometer (Biotek, Winooski, VT).

### **Extracellular field potential recordings (LTD/LTP)**

Young adult (4–6 week) male Sprague-Dawley rats were obtained from Charles River (Wilmington, MA). Rats were anesthetized with isoflurane, and the brains were removed and submerged in ice-cold cutting solution (for LTP details see (Ayala et al., 2009) (for LTD details see (McCutchen et al., 2006) that was continuously bubbled with 95% O<sub>2</sub>/5% CO<sub>2</sub>. Transverse slices (400  $\mu$ m) were made using a vibratome (Leica VT100S; Leica Microsystems, Nussloch, Germany) and hippocampi were microdissected and transferred to a room temperature mixture containing equal volumes of cutting solution and artificial cerebral spinal fluid (ACSF) for 30 minutes, followed by ACSF for 60 minutes (see (Ayala et al., 2009) (LTP)) or ACSF alone for 60 minutes (see (McCutchen et al., 2006) (LTD)). Recordings were performed using a submersion chamber with room temperature ACSF for LTD and 30–32°C ACSF for LTP. Stimulation was elicited utilizing a Bipolar-stimulating electrode placed in the stratum radiatum near the CA3-CA1 border. Recording electrodes were pulled with a Flaming/Brown micropipette puller (Sutter Instruments, CA) and placed in the stratum radiatum of CA1. Field potential recordings were acquired using a MultiClamp 700B amplifier (Molecular Devices, Sunnyvale, CA) and pClamp 9.2 software (Molecular Devices). Threshold and saturation LTP protocols were performed as described previously in (Ayala et al., 2009), LTD was performed as described by (McCutchen et al., 2006). M<sub>1</sub> compounds were diluted in ACSF and were bath applied for 10 minutes.

### **Whole-cell recordings**

In brief, 20–27 day-old C57BL/6Hsd mice (Harlan, Indianapolis, IN) were anesthetized with isoflurane. Brains were removed and placed in ice-cold modified oxygenated artificial CSF. Coronal brain slices (290–300  $\mu$ m) containing the mPFC or striatum were cut using a vibratome, recovered at 32°C for 20 min and transferred to a submersion chamber perfused with oxygenated ACSF at 30°C. Spontaneous EPSCs were recorded from layer V pyramidal neurons in voltage-clamp mode using a Warner 501A amplifier (Warner Instruments, Hamden, CT). Current clamp recordings were performed on striatal MSNs using a MultiClamp 700B amplifier. Recording electrodes were prepared from borosilicate glass pipettes and had resistance of 2 – 4 M $\Omega$ . Electrical signals were low-pass-filtered at 2 kHz, digitized at 10 kHz, and acquired using a Clampex9.2/DigiData 1332 system.

### **Water maze testing**

Male Sprague-Dawley rats (225–250 g) were tested on Morris water maze (MWM) assays to test spatial reference memory. A plastic tub (188 cm diameter) was filled with water (18°C) and made opaque using nontoxic paint. A hidden platform (10 cm wide) was positioned in the northeast quadrant. Rats were injected (IP) with drug or vehicle 30 min prior to the first trial of the day. All treatment groups consisted of 8 rats that were placed at a different starting point and given 60 s to locate the hidden platform. Rats were then placed into a heated cage until the next trial. The inter-trial interval was approximately 10 min. Swim path distance (cm) was used to assess performance via a video tracking system (Ethovision 3.1,

Noldus Instruments). Spatial reference memory between testing days was determined by measuring swim distance from the last trial of day 4 and compared to the first trial on the following day (Day 5). After all test trials on day 5, a 60-s probe trial (platform removed) was conducted to evaluate whether rats localized the platform to the spatial location.

### Acquisition of contextual fear conditioning (CFC)

CFC studies were conducted in conditioning chambers housed in a sound-attenuating cubicle (Med Associates, St. Albans, VT). Male Sprague-Dawley rats (225–250 g) were pretreated with M<sub>1</sub> agonist (0–1 mg/kg, i.p.) or vehicle 30 min before conditioning. Following a 2 min habituation period, one footshock (1-s, 0.5 mA) was delivered through the stainless steel grid floor, and after 45-s rats were returned to their homecage. After ~24 hours, animals were exposed to the same chambers for assessment of freezing behavior. All trials were video recorded (VID-CAM-MONO-2A, Med Associates) and scored blinded.

### GPCRProfiler™ Assay

GPCRProfiler™ Assay buffer was HBSS supplemented with 20 mM HEPES and 2.5 mM probenecid (Sigma P8761). Probenecid was prepared by placing 710 mg into a 15 mL conical vial. 5 mL of 1 N NaOH was then added and the mixture was vortexed until dissolved. An additional 5 mL of HBSS/20 mM HEPES was then added. 10 mL of probenecid solution was then mixed into 1 L of HBSS 20 mM HEPES, pH 7.4 with NaOH. Cells were seeded (from cultures that were less than 90% confluent) at 12,500 cells/well of a 384 well plate. Plates were then incubated at room temperatures for times lengths that vary depending upon the specific cell line and then incubated at 37°C for 24 hours prior to assay. Assays were performed using Fluo-8 No Wash Ca<sup>++</sup> dye. A 2X dye concentration was prepared in GPCRProfiler™ Assay Buffer. Cells were washed with GPCRProfiler™ Assay Buffer and 20 µL of buffer was retained in the plate. 20 µL/well of 2X dye was added and the plates were incubated at 30°C, 5% CO<sub>2</sub> for 90 minutes. Compound plates were prepared to add 20 µl/well during the first addition and compounds were prepared at 3X the final concentration (in this case, 10 µL with a final volume after compound addition of 60 µL). To assess allosteric modulation, a second addition plate was prepared using a 4X stock of reference agonist which was diluted in four fold dilutions into an eight point concentration series. 20 µL was then added to the plate for a final volume of 80 µL. Plates were read on a FLIPR kinetic plate reader. 60 reads at 1 second/read are performed, followed by 60 reads at 2 seconds/read. Data were analyzed as follows: the response of the compound (VU0357017) alone was normalized to the maximal response of the relevant agonist to identify potential agonist activity of VU0357017. To assess modulator effects of VU0357017, complete agonist concentration-responses were performed in the presence and absence of 10 µM ACh.

### [<sup>3</sup>H]NMS Saturation Binding Assays

Saturation binding studies were performed to determine the  $B_{max}$  values of membranes prepared from human M<sub>1</sub>-TREx CHO cells treated across a range of TET concentrations. Binding studies were performed by incubating membranes isolated from cells with a range of [<sup>3</sup>H]NMS (GE Healthcare) concentrations dissolved in radioligand binding buffer containing 100 mM NaCl, 20 mM HEPES, and 10 mM MgCl<sub>2</sub> (pH 7.4). Five µg of protein were used per well and serial dilutions of test compounds were added to 96-well deep-well plates using a final assay volume of 0.5 mL. Nonspecific binding was determined in the presence of 10 µM atropine. Binding reactions were performed at room temperature for 3 hours and reactions were terminated by rapid filtration through GF/B filter plates. Following termination, plates were washed three times with ice-cold harvesting buffer using a 96-well Brandel harvester. Plates were allowed to dry overnight and radioactivity was determined

using a TopCount NXT microplate scintillation and luminescence counter (PerkinElmer Life and Analytical Sciences).

## Data Analysis

sEPSCs were quantified and analyzed using MiniAnalysis software (Synaptosoft, Decatur, GA). Statistical analysis between control and drug-induced effects was performed using student's paired or unpaired *t*-test or one-way analysis of variance followed post-hoc by Tukey's multiple comparison or Dunnett's test. Prism (GraphPad Software) was used to generate bar graphs and CRCs. Cumulative probability plots were made using Origin (v6, OriginLab). LTP and LTD sampled data was analyzed using Clampfit 9.2 and analyzed using a one-way ANOVA and a post-hoc Tukey's multiple comparison. For enhancement of the CF acquisition, percent freezing data were analyzed using a AVOVA and a post-hoc Dunnett's test was used to compare all dose groups to the vehicle treated group.

## Results

### VU0364572 and VU0357017 have robust effects on M<sub>1</sub>-activation of calcium mobilization and ERK1/2 phosphorylation but have little effect on β-arrestin recruitment

We previously reported that VU0364572 and VU0357017 are highly selective agonists of M<sub>1</sub> relative to other mAChR subtypes (Lebois *et al.*, 2010; Lebois *et al.*, 2011). To further assess selectivity of VU0357017, we took advantage of the GPCR Profiler service offered by Millipore to determine the effect of this compound on Ca<sup>++</sup> responses of 168 G protein coupled receptors (GPCRs), including 32 Family A non-peptide GPCRs and 14 Family B and C GPCRs in a functional screening paradigm (Figure 1a and b). VU0357017 showed clean ancillary pharmacology with very small responses at monoamine receptors including D<sub>4</sub> dopamine receptors and β<sub>3</sub>-adrenergic receptors. These data are consistent with our previous findings suggesting that VU0364572 is also highly selective for M<sub>1</sub> when it was profiled against 68 GPCRs, ion channels, and transporters. VU0364572 had little effect on D<sub>3</sub> receptors and inhibited only 10% of binding and required a concentration of greater than 10 μM to induce effects (see (Lebois *et al.*, 2011)).

We next performed studies to evaluate the effects of VU0364572 and VU0357017 (Figure. 2a) on M<sub>1</sub> coupling to multiple signaling pathways, including Ca<sup>++</sup> mobilization, extracellular signal-regulated kinase (ERK1/2) phosphorylation, and β-arrestin recruitment in Chinese Hamster Ovary (CHO) cells stably expressing M<sub>1</sub>. For comparison, we used carbachol (CCh) as a prototypical orthosteric agonist. CCh is a close analog of ACh and is a full agonist but is resistant to AChE activity and therefore useful for both cell line and brain slice studies. Consistent with our previous reports, CCh and both allosteric agonists induced concentration-dependent increases in Ca<sup>++</sup> mobilization in hM<sub>1</sub> CHO cells (Figure. 2b). The overall efficacies of VU0364572 (% CCh<sub>max</sub> 70.8 ± 6.43) and VU0357017 (% CCh<sub>max</sub> 41.7 ± 2.37) were comparable to values reported in previous studies (Lebois *et al.*, 2011). We also performed saturation binding assays to determine receptor density values (see Figure 2e and Figure legend).

We next determined the effects of each agonist on M<sub>1</sub>-mediated activation of ERK1/2 phosphorylation and β-arrestin recruitment, two well established responses of M<sub>1</sub> activation. CCh and VU0364572 induced robust increases in ERK1/2 phosphorylation in the same cellular background that was used for studies of calcium mobilization (Figure. 2c). VU0357017 induced a more modest ERK1/2 phosphorylation response and also exhibited reduced potency relative to its effect on calcium mobilization (Figure. 2c, for complete list of EC<sub>50</sub> values and E<sub>MAX</sub> values see Table 1).

CCh also induced robust increases in  $\beta$ -arrestin recruitment in hM<sub>1</sub>CHO PathHunter cells (DiscoverX). In contrast, VU0364572 and VU0357017 had little or no effect on  $\beta$ -arrestin recruitment (Figure. 2d, Table 1). Saturation binding experiments confirmed that the cell line used in this assay has robust expression of hM<sub>1</sub> receptors (see Figure 2f and Figure legend). Together these data confirm previous reports that VU0364572 and VU0357017 act as M<sub>1</sub> agonists in activating calcium mobilization. They also reveal that these agents have agonist activity when measuring M<sub>1</sub>-mediated increases in ERK1/2 phosphorylation but not for inducing  $\beta$ -arrestin recruitment.

The finding that VU0364572 and VU0357017 have little or no effect on  $\beta$ -arrestin recruitment may suggest that these allosteric agonists display stimulus bias for activation of M<sub>1</sub> coupling to phospholipase C, calcium mobilization, and ERK relative to  $\beta$ -arrestin recruitment. In addition, the finding that VU0357017 has partial agonist activity in activating both calcium mobilization and ERK1/2 phosphorylation suggests that this compound, and possibly VU0364572, may be a partial agonist and may have differential effects on signaling in systems with lower receptor expression and less receptor reserve. If VU0364572 and VU0357017 are weak partial agonists in inducing calcium mobilization and ERK phosphorylation, responses to these allosteric agonists should be diminished in cells expressing lower levels of M<sub>1</sub>. To test this hypothesis, we created a cell line system using a tetracycline (TET)-inducible (TREx) human M<sub>1</sub> receptor expression system. This allowed us to systematically vary the levels of M<sub>1</sub> expression and measure each response to M<sub>1</sub> activation in a single cellular background with different levels of receptor reserve. As shown in Figure 3a and b, treatment of TREx hM<sub>1</sub> cells with TET induced concentration-dependent increases in M<sub>1</sub> expression and caused progressive leftward shifts in the CCh concentration response curve for activation of calcium mobilization. The potency values of CCh with 0 ng/mL TET ( $EC_{50} = 2.4 \pm 0.7 \mu\text{M}$ ) or 25 ng/mL TET ( $EC_{50} = 1.9 \pm 0.6 \mu\text{M}$ ) are consistent with estimated CCh affinity at M<sub>1</sub> (which is in the low micromolar range see (Fisher and Snider, 1987), suggesting there is no receptor reserve in these conditions. In contrast, incubation with 50 ng/mL or 1  $\mu\text{g/mL}$  TET induced leftward shifts in the CCh concentration response curve (CRC), suggesting the presence of receptor reserve for the calcium mobilization response ( $EC_{50} = 0.06 \pm 0.01 \mu\text{M}$  for 1  $\mu\text{g/mL}$  TET).

As shown in Figure 3c and d, VU0364572 and VU0357017 both behaved as partial agonists in inducing calcium mobilization responses in the TREx hM<sub>1</sub> cell line. Both allosteric agonists induced weak concentration-dependent increases in calcium mobilization in cells treated with 10 ng/mL TET. Further induction of M<sub>1</sub> expression with 25 ng/mL or 1  $\mu\text{g/mL}$  TET increased maximal responses to both allosteric agonists. Table 2 presents  $EC_{50}$  values and maximal responses seen under each condition. Based on this weak partial agonist activity, these agonists may induce robust physiological responses that depend on activation of PLC and calcium mobilization in CNS systems that express high levels of M<sub>1</sub> but may have weaker effects on responses in neuronal populations that lack M<sub>1</sub> receptor reserve for this signaling pathway.

CCh-induced increases in ERK 1/2 phosphorylation were also dependent on levels of M<sub>1</sub> expression. CCh induced a relatively weak increase in ERK1/2 phosphorylation in M<sub>1</sub> TREx cells treated with 25 ng/mL TET with a slight increase in the maximal response with 50 ng/mL TET and a larger increase in the maximal response after M<sub>1</sub> induction with 1  $\mu\text{g/mL}$  TET (Figure 3e). However, the potency of CCh did not change with different levels of M<sub>1</sub> expression, suggesting that there is little or no receptor reserve for the ERK1/2 response in this cell line even with strong induction of M<sub>1</sub> expression. VU0357017 and VU0364572 were weak agonists in the TREx hM<sub>1</sub> cell line treated with 25 ng/mL TET. Interestingly, induction of M<sub>1</sub> expression with 50 ng/mL or 1  $\mu\text{g/mL}$  TET had little effect on the maximal

responses to VU0357017 and did not alter the EC<sub>50</sub> values (Figure. 3f and g; for EC<sub>50</sub> values see Table 3).

Unfortunately, it is not possible to use the PathHunter system for quantitative measures and concentration response curves (CRCs) of agonist-induced  $\beta$ -arrestin recruitment in the TREx inducible cell line. Thus, we used confocal imaging analysis to qualitatively assess  $\beta$ -arrestin2-YFP recruitment the hM<sub>1</sub> TREx cells in which M<sub>1</sub> was induced with 50 ng/mL TET. CCh induced a robust  $\beta$ -arrestin2 response in hM<sub>1</sub> TREx CHO cells treated with 50 ng/mL TET (Figure 4). In contrast, VU0357017 and VU0364572 had no effect on  $\beta$ -arrestin recruitment in these cells. VU0364572 did induce responses after induction of M<sub>1</sub> expression with 1  $\mu$ g/mL TET. Taken together, these data suggest that VU0357017 and VU0364572 are partial agonists with robust effects on some M<sub>1</sub>-mediated responses in systems where M<sub>1</sub> expression is high and VU0364572 is the stronger of the two agonists across multiple assays. However, their actions depend on the signaling pathways engaged and on differences in receptor expression. Previous reports indicate that varying degrees of receptor reserve for multiple M<sub>1</sub>-mediated responses in the CNS (Conn *et al.*, 2009). Thus, we next determined the effects of both compounds across multiple responses in brain slices and in whole animals.

### VU0364572 and VU0357017 enhance synaptic plasticity in the hippocampus

Activation of M<sub>1</sub> has a broad range of physiological effects in multiple brain regions that are critical for the overall *in vivo* actions of M<sub>1</sub> agonists. Given the above responses to VU0364572 and VU0357017 in cell lines, we postulated that these compounds may have differential effects in activating M<sub>1</sub>-mediated responses in different brain regions. To test this hypothesis we determined the effects of CCh, VU0364572, and VU0357017 on clearly established M<sub>1</sub>-mediated responses in three brain regions that are thought to be important for *in vivo* and therapeutic effects of M<sub>1</sub> agonists. One of the most well established effects of M<sub>1</sub> activation is in area CA1 of the hippocampus, a brain region where M<sub>1</sub> has been shown to be the predominant receptor subtype expressed (approximately 60%) (see (Flynn *et al.*, 1995). M<sub>1</sub> activation potentiates NMDA receptor currents in this brain region (Marino *et al.*, 1998), enhances long-term potentiation (LTP) of excitatory synaptic transmission (Anagnostaras *et al.*, 2003; Buchanan *et al.*, 2010), and induces long-term depression (LTD), another form of hippocampal synaptic plasticity (Scheiderer *et al.*, 2006; Volk *et al.*, 2007). Each of these actions is thought to play a critical role in the cognitive enhancing effects of M<sub>1</sub> activation (Anagnostaras *et al.*, 2003; Ma *et al.*, 2009). We previously reported that both VU0364572 and VU0357017 have similar effects to CCh in potentiating NMDA receptor currents in hippocampal pyramidal cells (Lebois *et al.*, 2010; Lebois *et al.*, 2011). We now evaluated the effects of VU0364572 and VU0357017 on hippocampal LTP by determining the effects of each compound on potentiation of threshold  $\theta$ -burst-stimulated (TBS) LTP at the Schaffer collateral-CA1 synapse in rat hippocampus (Ayala *et al.*, 2009). This response is thought to be mediated exclusively by M<sub>1</sub> receptors and is absent in mice where the M<sub>1</sub> receptor is genetically deleted (Anagnostaras *et al.*, 2003). Dendritic field potential recordings revealed that threshold TBS induced a slight potentiation of field excitatory postsynaptic potentials (fEPSPs) (Figure 5a and c,  $17.1 \pm 5.2$  % over basal at 55 minutes post-drug). Saturated LTP was used as a positive control showing that robust LTP is induced after a 4X TBS (Figure 5a and c,  $45.3 \pm 4.4$  % over basal). Interestingly, when slices were incubated with either VU0364572 or VU0357017, the threshold TBS protocol induced a robust LTP response that was significantly potentiated relative to vehicle control (Figure 5b and c, one way ANOVA;  $F(3, 26) = 4.82$ ,  $P < 0.01$ ) and was similar to the saturated LTP response. Thus, both allosteric agonists potentiate threshold TBS LTP in a manner similar to what has been observed with other M<sub>1</sub> agonists (Buchanan *et al.*, 2010).



We next evaluated the ability of VU0364572 and VU0357017 to induce muscarinic long-term depression (mLTD) in rat brain slices. Previous studies reveal that CCh induces mLTD when added at higher concentrations than those used for potentiation of LTP (Scheiderer *et al.*, 2006). This effect is mediated by M<sub>1</sub> receptors and is blocked by the M<sub>1</sub>-toxin MTx7 (Scheiderer *et al.*, 2006). We replicated these studies and also found that addition of 50 μM CCh induced robust LTD whereas 30 μM CCh was without effect on this response (Figure 5d). VU0364572 (30 μM) also induced robust LTD (Figure 5e and f, closed circles, one-way ANOVA ( $F(3, 20) = 5.3, P < 0.01$ ). Interestingly, VU0357017 (30 μM) did not induce a significant LTD response (Figure 5e, open circles). Thus, while the two allosteric M<sub>1</sub> agonists have similar effects on modulation of NMDA receptor currents (Lebois *et al.*, 2010; Lebois *et al.*, 2011) and induction of hippocampal LTP, they differ in their abilities to induce hippocampal LTD.

### **VU0357017 and VU0364572 exhibit weak efficacy in inducing excitatory effects in striatal medium spiny neurons**

M<sub>1</sub> also plays a major role in regulating the function of the striatum where activation of this receptor induces excitation and increased firing of medium spiny neurons (MSNs), the primary striatal projection neurons (Pisani *et al.*, 2007; Xiang *et al.*, 2011). Activation of M<sub>1</sub> in striatal MSNs is thought to be responsible for effects of M<sub>1</sub> agonists on locomotor activity, including M<sub>1</sub>-mediated reductions of amphetamine-induced hyperlocomotion (Gerber *et al.*, 2001; Jones *et al.*, 2008). Also, actions of M<sub>1</sub> in the ventral striatum have been postulated to be important for the antipsychotic-like effects of M<sub>1</sub> agonists and mAChR-mediated reductions in amphetamine-induced hyperlocomotion have been used as an animal model to assess potential antipsychotic effects of these compounds. Studies measuring [<sup>3</sup>H] QNB binding in mice where M<sub>1</sub> has been genetically deleted have confirmed that M<sub>1</sub> receptors are the predominate mAChR subtype expressed in this brain region (see (Miyakawa *et al.*, 2001). To determine if VU0364572 and VU0357017 induce responses in striatum isolated from rats, we measured modulation of spike discharge frequency by performing whole-cell current clamp recordings in MSNs. Striatal MSNs were identified based on their electrophysiological characteristics, including hyperpolarized resting membrane potentials, inward rectification, and delayed action potential discharges in response to a depolarization current injection (Shen *et al.*, 2007). Excitability of MSNs was assessed by monitoring the changes of membrane potential and the number of spike discharges in response to depolarization current pulse (1.5 s in duration). The amplitude of the depolarization pulse was adjusted such that only 1–3 spikes/s were elicited prior to the application of agonists. As previously reported, CCh (10 μM) induced a robust excitatory effect in MSNs that included an increase in the number of spikes in response to the depolarization current pulse (Figure 6a and d). VU0357017 (30 μM) had very weak efficacy in inducing excitatory effects in MSNs and caused only a slight increase in spiking frequency (Figure 6c and d). VU0364572 (30 μM) also had a relatively weak excitatory effect in MSNs, though the effect of VU036572 was more pronounced than that of VU0357017 (Figure 6b and d). The effects of VU0364572 and VU0357017 were significantly different than CCh suggesting that both compounds act as weak partial agonists for inducing changes in spike frequency in MSNs ( $F(2, 14) = 16.1, P < 0.0002$ , Post-hoc analysis using Tukey's test, VU0364572 ( $p = 0.01$ ) and VU0357017,  $P = 0.001$ ). Comparison of VU0364572 and VU0357017 with post hoc Tukey's test suggests these two responses were not statistically different ( $P = 0.05$ ). Interestingly, the VU0364572 and VU0357017 responses mirror the effects of each compound in heterologous expression systems in that VU0357017 is consistently shown to be a weaker partial agonist when compared to VU0364572.

### VU0357017 and VU0364572 are devoid of activity in inducing M<sub>1</sub>-mediated responses in the medial prefrontal cortex

To further evaluate the effects of VU0364572 and VU0357017 in brain circuits thought to be critical for the potential therapeutic effects of M<sub>1</sub> agonists, we determined the effects of these compounds on mPFC pyramidal cells where M<sub>1</sub> activation induces depolarization and increases excitatory drive (Shirey *et al.*, 2009). These effects are thought to be important for efficacy of mAChR agonists and M<sub>1</sub>-selective PAMs in enhancing mPFC-dependent forms of cognitive function, including working memory and reversal learning (Shirey *et al.*, 2009). Furthermore, M<sub>1</sub> receptors are thought to represent up to 40% of all muscarinic receptor subtypes in cortex (Levey *et al.*, 1995). Whole-cell voltage clamp recordings were performed on layer V pyramidal neurons of mice to monitor agonist-induced changes in membrane potential and spontaneous excitatory postsynaptic current (sEPSC) frequency following treatment with CCh, VU0364572, or VU0357017. CCh was used as a positive control to confirm agonist-induced generation of sEPSCs. The response to CCh is clearly mediated by activation of M<sub>1</sub> as it is absent in M<sub>1</sub> knockout mice, is blocked by an M<sub>1</sub>-selective antagonist, and is potentiated by the M<sub>1</sub>-selective positive allosteric modulator, BQCA (Shirey *et al.*, 2009). Consistent with our previous report, 100 μM CCh induced a robust increase in sEPSC frequency (Figure 7a). Cumulative probability plots of the interevent interval (IEI) demonstrate a large shift in the frequency of events that was reversible upon washout (Fig. 7a). The decrease in IEI after addition of 100 μM CCh reveals a significant increase in sEPSC frequency, ( $p < 0.0001$ , one-sample *t*-test vs normalized baseline; Figure 7d). In contrast to CCh, VU0357017 and VU0364572 (100 μM) had no significant effect on IEI ( $P > 0.05$ ; Figure 7). An unpaired *t*-test revealed that IEI in CCh-treated slices was significantly different from responses to VU0357017 ( $P < 0.0001$ ) or VU0364572 ( $P = 0.0002$ ). Taken together, the above results suggest that VU0364572 and VU0357017 induce brain region-specific responses, in that they have robust activity in hippocampus, weaker efficacy in striatal MSNs, and are inactive in eliciting M<sub>1</sub>-mediated prefrontal cortical electrophysiological responses. It is possible that the lack of an effect in PFC is directly related to receptor reserve inherent to this signaling response as this response requires  $>50$  μM CCh for induction.

### Systemic dosing of VU0364572 and VU0357017 enhances two forms of hippocampal-dependent cognitive function

While it is impossible to definitively ascribe any given behavioral effect of M<sub>1</sub> agonists to a specific electrophysiological response, the finding that M<sub>1</sub> agonists can differentially activate distinct M<sub>1</sub>-mediated responses in cell lines and in brain slices raises the possibility that these compounds may have different *in vivo* effects, depending on their specific actions on M<sub>1</sub> signaling in the CNS. For instance, based on the present findings, it is possible that VU0364572 and VU0357017 may have efficacy in animal models that reflect M<sub>1</sub>-mediated effects on hippocampal-dependent learning but may not have activity in models reflective of M<sub>1</sub> activation in other brain regions. We tested the effects of both compounds in rodent animal models that reflect efficacy in improving hippocampal-dependent cognitive function. First, we evaluated spatial memory using the Morris water maze test after intraperitoneal (i.p.) injection of either vehicle or one of the M<sub>1</sub> agonists. Interestingly, VU0364572 enhanced performance in the Morris water maze when injected prior to testing, suggesting that it enhanced spatial learning. As seen in Figure 8b, VU0364572 decreased swim distance at the 0.1 mg/kg and 10 mg/kg doses on day 5 ( $F(2,42) = 6.107$   $P < 0.001$ , vs vehicle treated animals). This VU0364572-induced enhancement was also seen on day 4 for the 0.1 mg/kg dose (Figure. 8b;  $P < 0.05$  vs vehicle-treated animals). These data also showed comparably enhanced overnight memory retention in the 0.1 mg/kg group from day 4 to day 5 (Fig. 8c;  $F(2,21) = 5.557$ ,  $P = 0.02$  vs vehicle treated animals for day 5). The 0.1 mg/kg dose of VU0364572 also increased platform crossings during the first 30 seconds of the probe trial

(Figure 8d;  $F(2,21) = 4.766$ ,  $P < 0.05$  vs vehicle-treated animals) suggesting improved spatial localization. In contrast to VU0364572, VU0357017-treated groups did not differ from controls in swim path distance from days 4 to 5 (Fig. 8f;  $P = 0.445$ ), overnight memory retention (Figure 8G;  $p = 0.755$ ) or platform crossing on the probe trial (Figure 8h;  $P = 0.981$ ). Interestingly, these effects mirror many of the *in vitro* and electrophysiology studies suggesting that VU0364572 has greater efficacy than VU0357017 in activating  $M_1$ . However, it is also possible that the procognitive effects of VU0364572 are due to better brain exposure of this compound (See Lebois et al 2011).

As a second measure to evaluate the effects of these agents on hippocampal-dependent cognitive function, we determined the effects of both compounds on contextual fear conditioning, a behavioral model previously shown to be impaired by muscarinic antagonists (Sutherland et al., 1982; Anagnostaras et al., 1995). Interestingly, VU0364572 improved acquisition of contextual fear learning at the 0.056, 0.3, and 0.56 mg/kg doses (Figure 8i,  $P < 0.05$  vs vehicle-treated animals). VU0357017 induced robust improvements in acquisition of contextual fear at doses of 0.1, 0.3, 0.56, 1, and 3 mg/kg as measured by an increased duration of freezing (Figure 8j,  $P < 0.05$  vs vehicle-treated animals). Interestingly, these effects did not follow a typical dose response pattern which may have been a consequence of the extremely low doses used for both compounds (0.01 mg/kg etc.). Together, these results support the idea that  $M_1$ -selective partial agonists may provide a novel approach for enhancing hippocampal-dependent forms of cognitive function.

#### **VU0364572 and VU0357017 fail to reverse amphetamine-induced hyperlocomotion suggesting that these agents have limited efficacy as antipsychotic agents**

A number of previous studies suggest that activation of  $M_1$  receptors in the striatum induces behavioral effects that reflect increases in dopaminergic transmission (Gerber et al., 2001; Miyakawa et al., 2001; Ellis, 2002). This can be assessed by measuring the ability of  $M_1$  agonists to reduce behavioral responses to amphetamine and other psychostimulants (see (Jones et al., 2008; Vanover et al., 2008; Ma et al., 2009)). The effects of xanomeline on reversal of amphetamine-induced hyperlocomotion have been postulated to be relevant for the antipsychotic efficacy of this compound in patients suffering from schizophrenia (Stanhope et al., 2001; Andersen et al., 2003). These findings also contribute to the basis for efforts to develop selective  $M_1$  agonists for treatment of this disorder (Jones et al., 2008; Conn et al., 2009). To determine the effects of our compounds on reversing amphetamine-induced hyperlocomotion, we first established a working dose of amphetamine by performing a dose response curve. As can be seen in Figure 9A, a 1 mg/kg dose of amphetamine induces robust hyperlocomotion that is not accompanied by stereotypy, an effect consistent with previously published data (Jones et al., 2008; Rodriguez et al., 2010). A 3 mg/kg dose, the other hand, induced a decrease in locomotor activity, an effect consistent with the induction of stereotypy (see Figure 9A). We next evaluated the ability of both VU0364572 and VU0357017 to reverse amphetamine-induced hyperlocomotion in rats after i.p. dosing. In contrast to previously reported effects of xanomeline and other  $M_1$ -selective compounds (Stanhope et al., 2001; Andersen et al., 2003; Jones et al., 2008; Ma et al., 2009), neither VU0364572 nor VU0357017 (3–56.6 mg/kg) reduced amphetamine-induced hyperlocomotor activity (Figure 9a and b). These results suggest that these functionally selective  $M_1$  agonists lack efficacy in eliciting an established behavioral response that is often used to predict potential antipsychotic-effects of  $M_1$  agonists. Interestingly, the 56.6 mg/kg dose of VU0364572 reduced locomotor activity in rats prior to injection of amphetamine (see Figure 9B). However, this effect was not accompanied by a reduction in hyperlocomotion.

## Discussion

In recent years, the M<sub>1</sub> mAChR has emerged as an exciting new target for treatment of schizophrenia and other major brain disorders (Langmead et al., 2008; Conn et al., 2009). Recent studies suggest that mAChR agonists could provide a fundamental advance in providing efficacy in treatment of all major symptom clusters in schizophrenia patients, including positive symptoms, negative symptoms, and impaired cognitive function (Shekhar et al., 2008; Conn et al., 2009). Currently available antipsychotic drugs have efficacy in reducing positive symptoms (hallucinations, delusions, thought disorder, paranoia) but have little or no efficacy in treatment of negative symptoms (social withdrawal, anhedonia, apathy) or cognitive impairments (deficits in perception, attention, short- and long-term memory and executive function) that are characteristic of this disease (Conn *et al.*, 2009). However, cognitive deficits and negative symptoms are major components of the disabilities associated with schizophrenia and are considered to be especially important predictors of long-term disability and treatment outcome (Meltzer et al., 1999; Conn et al., 2008). Recent clinical studies have revealed that the M<sub>1</sub>/M<sub>4</sub>-preferring mAChR agonist, xanomeline, has robust efficacy in improving positive and negative symptoms and improving cognitive function in schizophrenic patients (Shekhar *et al.*, 2008). In addition, xanomeline has efficacy in reducing hallucinations, delusions, and related behavioral disturbances, in addition to improving cognitive function, in patients suffering from AD and other neurodegenerative disorders (Bodick et al., 1997b; Bodick et al., 1997a).

Unfortunately, efforts to develop xanomeline and other traditional mAChR agonists have failed because of a lack of selectivity of these agents for individual mAChR subtypes and prominent adverse effects that are mediated by activation of M<sub>2</sub> and M<sub>3</sub> mAChRs (Conn et al., 2009). However, a major breakthrough was established with discovery of allosteric agonists and positive allosteric modulators (PAMs) that are highly selective for individual mAChR subtypes. Interestingly, selective M<sub>1</sub> PAMs and allosteric agonists have efficacy in multiple animal models used to predict antipsychotic activity, such as reversal of amphetamine-induced hyperlocomotor activity (Jones *et al.*, 2008), and induce robust improvements in both hippocampal and prefrontal cortical-dependent domains of cognitive function in mouse and rodent models (Ma *et al.*, 2009; Shirey *et al.*, 2009). In addition, M<sub>1</sub> has been clearly established to be the primary mAChR subtype involved in several electrophysiological responses that are thought to be critical for efficacy of mAChR agonists in schizophrenia patients. These include excitatory effects on striatal MSNs (Shen *et al.*, 2007; Xiang *et al.*, 2011), increased excitatory drive and depolarization of mPFC neurons (Shirey *et al.*, 2009) and induction of both LTP and LTD in the hippocampal formation (Anagnostaras et al., 2003; Shinoe et al., 2005; Scheiderer et al., 2006; Volk et al., 2007). The present finding that VU0357017 and VU0364572 selectively activate some but not all physiological responses that are associated with M<sub>1</sub> activation in the CNS provides critical new insights that will be important in guiding any future efforts focused on optimization of M<sub>1</sub> allosteric agonists as therapeutic agents or as research tools. To achieve maximal efficacy in treatment of the major symptom clusters observed in patients with schizophrenia, it will be important to develop M<sub>1</sub> activators that mimic or potentiate the effects of ACh on each of the major systems that are thought to be critical for therapeutic efficacy. This is consistent with our finding that VU0357017 and VU0364572 have efficacy in improving hippocampal-dependent forms of cognitive function, but do not have efficacy in reversing amphetamine-induced hyperlocomotion in rodents, an established model of positive symptoms, where xanomeline (Shannon et al., 2000; Perry et al., 2001; Stanhope et al., 2001; Andersen et al., 2003; Jones et al., 2008) and previous M<sub>1</sub>-selective PAMs (Ma *et al.*, 2009) and allosteric agonists (Bradley et al., 2009; Ma et al., 2009) are efficacious. In addition, the finding that VU0357017 and VU0364572 are inactive in eliciting known physiological effects of M<sub>1</sub> activation in the mPFC, raises the possibility that compounds

with this profile may not have efficacy in improving cognitive function that relies of activation of the prefrontal cortex in patients with schizophrenia. Interestingly, we recently reported that the M<sub>1</sub>-selective PAM, BQCA, has robust effects on M<sub>1</sub>-mediated responses in mPFC pyramidal cells, increases firing of mPFC neurons *in vivo*, and improves mPFC-dependent forms of cognitive function (Shirey *et al.*, 2009). Clinical studies suggest that deficits in mPFC activation represent a key component of the pathophysiology in patients with schizophrenia and that these patients are especially impaired in cognitive tasks that require activation of the PFC (Barch *et al.*, 2001; Arnsten, 2011). Also, as discussed above, M<sub>1</sub> actions on striatal MSNs may be important for the potential antipsychotic efficacy of M<sub>1</sub> agonists. Thus, it will be critical to advance M<sub>1</sub> allosteric activators into clinical development that have robust actions on M<sub>1</sub>-mediated responses in mPFC neurons and in MSNs.

Importantly, it may also be possible to take advantage of the ability to develop M<sub>1</sub> agonists that have limited actions of M<sub>1</sub> in the CNS for other indications. For instance, patients suffering from Parkinson's disease (PD) also suffer from cognitive impairments and there is a need to develop strategies for improving cognitive function in these patients. Muscarinic agonists have not been viewed as a viable option in PD patients because of their actions in the striatum that could worsen parkinsonian motor symptoms (McCarthy *et al.*, 2011). However, the present findings suggest that it may be possible to develop M<sub>1</sub> agonists that do not alter motor function. As we develop a more complete understanding of the signaling pathways required for different actions of M<sub>1</sub> agonists in the CNS, it may be possible to specifically target those that are required for optimal efficacy.

The finding that responses to VU0357017 and VU0364572 on different signaling pathways in cell lines can be altered by changes in levels of M<sub>1</sub> expression is also important for a mechanistic understanding of actions of these agents in the CNS. In studies of calcium mobilization, VU0357017 and VU0364572 behaved as classical partial agonists and had robust efficacy in settings of high receptor expression (ie. high receptor reserve) and relatively low efficacy in cell lines with low receptor expression. Also, effects of these agents on ERK1/2 phosphorylation were highly influenced by levels of M<sub>1</sub> expression. Previous studies reveal that levels of receptor reserve for M<sub>1</sub>-mediated responses are highly variable in the CNS and other native systems (Conn *et al.*, 2009). Thus, different levels of M<sub>1</sub> expression are likely to contribute to the differential responses to VU0357017 and VU0364572 observed in these studies. However, it was interesting to find that VU0357017 never achieved full efficacy in activation of ERK1/2 phosphorylation, even in cell lines with strong induction of M<sub>1</sub> expression to levels that induced high receptor reserve in the calcium mobilization assay. Also, VU0357017 did not induce robust  $\beta$ -arrestin responses in the original cell line or in the TReX hM<sub>1</sub> cells. Thus, the differential effects of these M<sub>1</sub> agonists on CNS responses may reflect a combination of partial agonist activity that is impacted by differences in receptor reserve and by an inherent stimulus-bias at M<sub>1</sub> so that these compounds are not capable of fully activating some responses, even in systems in which the receptor is highly expressed.

In addition to the importance of these findings for our understanding of regulation of M<sub>1</sub> signaling and functional responses in the CNS, these findings provide critical new insights into issues for chemical lead optimization efforts focused on optimizing novel M<sub>1</sub> allosteric agonists as potential therapeutic agents. Lead optimization efforts often focus on a single *in vitro* assay to drive chemical optimization as a way to streamline chemistry efforts. M<sub>1</sub> agonist optimization commonly relies on measures of M<sub>1</sub>-mediated calcium mobilization as the primary assay and use overexpressing cell lines with high levels of receptor reserve to maximize the signal. The present findings suggest that reliance on a streamlined strategy of optimizing with a single readout of M<sub>1</sub> function could yield compounds that may not have

the desired effects. At a practical level, our studies raise the importance of measuring effects of key compounds on multiple signaling pathways under conditions of relatively low receptor expression to drive lead optimization efforts. Also, measuring physiological effects of advanced compounds in multiple CNS systems is important to reduce the risk of inadvertently advancing drug candidates that have more restricted CNS actions.

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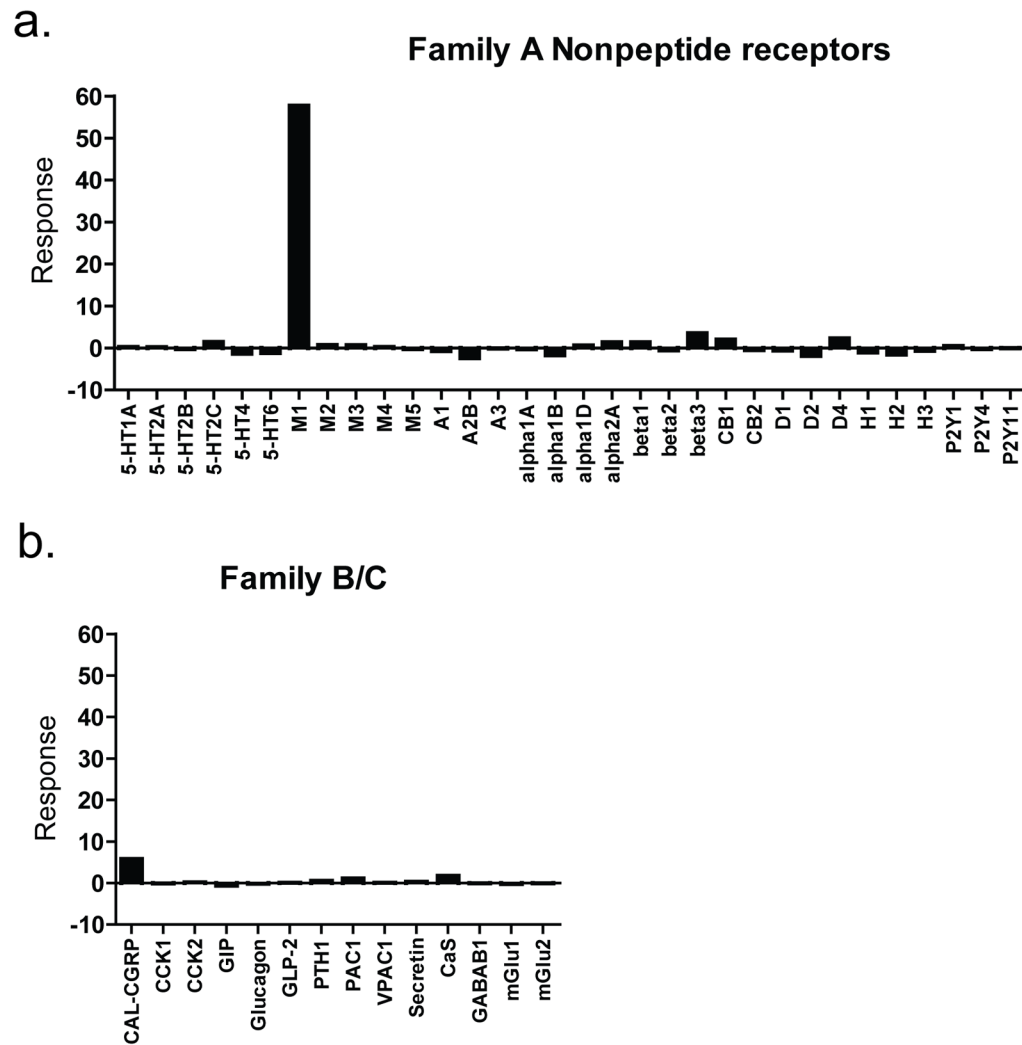
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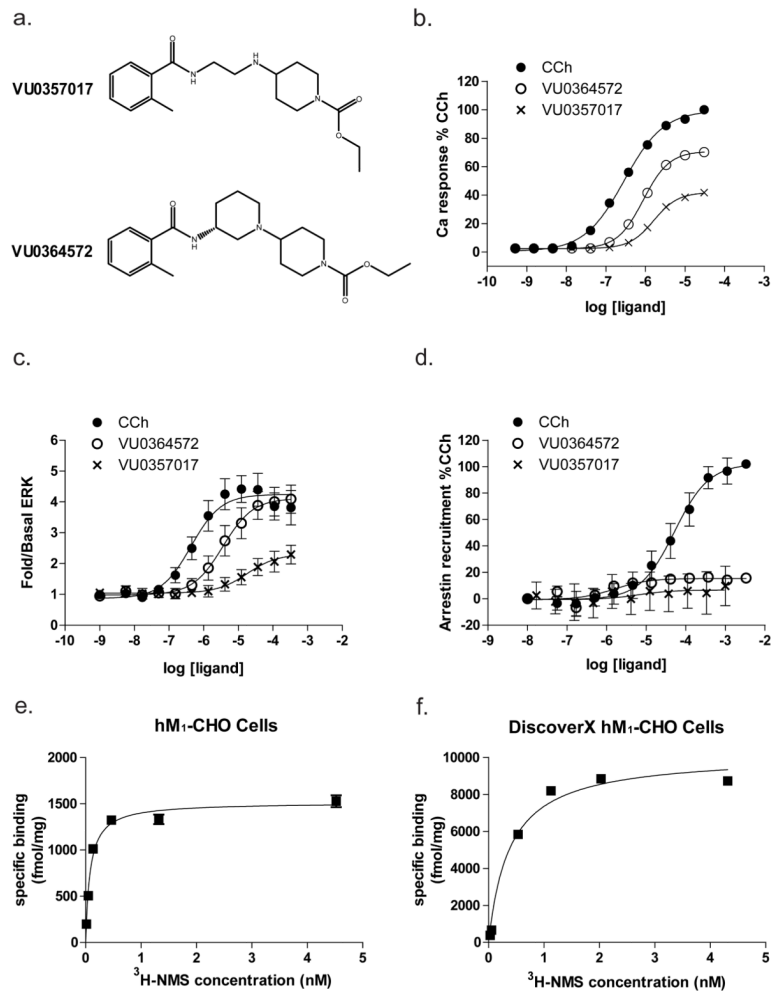
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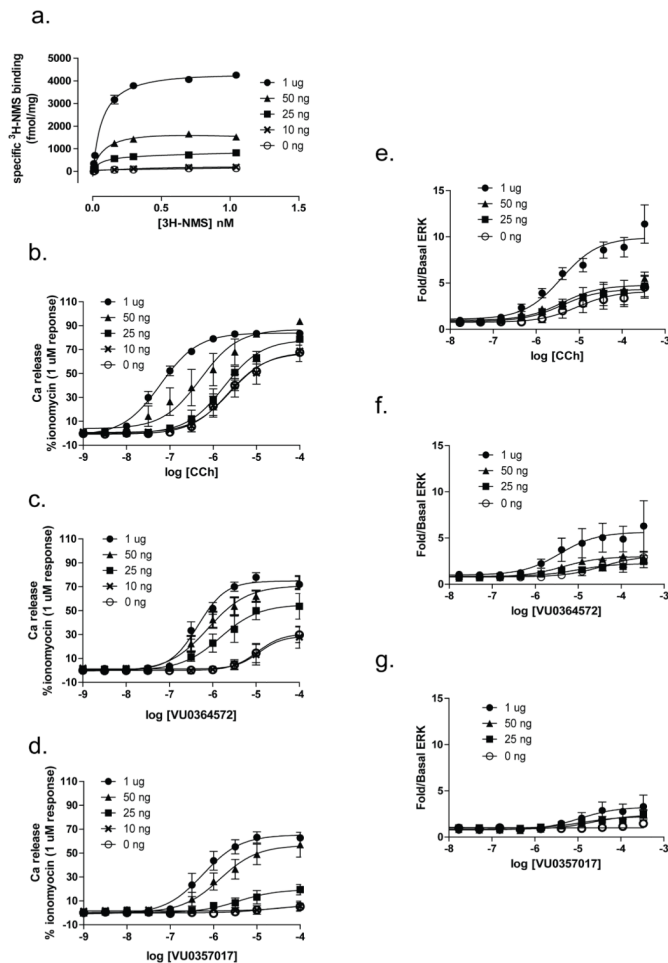


**Figure 1. Selectivity profile of VU0357017 among family A, B, and C GPCRs**

(a.) Selectivity profile of VU0357017 when tested as an agonist against multiple Family A GPCRs using GPCRProfiler™ calcium assay. 10  $\mu$ M VU0357017 was applied to cells expressing various GPCRs; VU0357017 induced a significant response in cells expressing M<sub>1</sub> muscarinic receptors but had little activity at other receptor subtypes. A subsequent addition of a full agonist CRC (acetylcholine) for each receptor allowed measurement of potential PAM or antagonist activity (data not shown). Interestingly, VU0357017 did show potentiation of responses to acetylcholine at D<sub>4</sub> and at  $\beta$ <sub>3</sub> adrenergic receptors. (b.) Selectivity profile of VU0357017 when tested as an agonist against multiple Family B and C GPCRs. 5-HT= serotonin, M=muscarinic, A=adenosine, Alpha=alpha adrenergic, Beta=beta adrenergic, CB=cannabinoid, D=dopamine, H=histamine, P2Y=purinergic, CGRP=calcitonin gene-related peptide, CCK=cholecystokinin, GIP= glucose-dependent insulinotropic peptide, GLP2=glucagon-like peptide receptor, PAC1= Pituitary adenylate cyclase-activating polypeptide type I receptor, PTH=parathyroid hormone, VPAC=vasoactive intestinal peptide, CaS=calcium sensing, GABAB=gamma amino butyric acid, mGlu=metabotropic glutamate receptor.

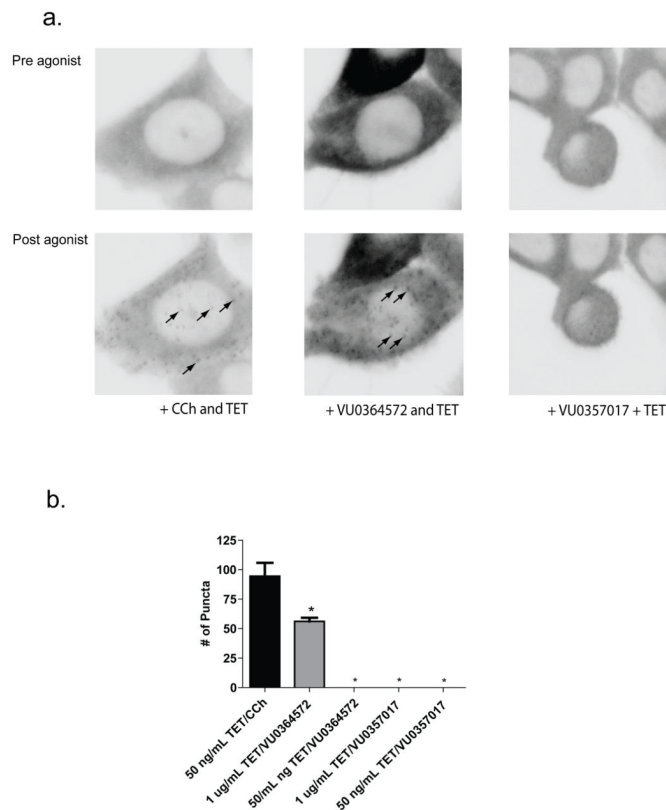


**Figure 2. VU0364572 and VU0357017 induce calcium release and ERK phosphorylation but are without effects on  $\beta$ -arrestin recruitment**  
 (a.) Chemical structures of the two M<sub>1</sub> agonists VU0357017 and VU0364572. (b.) Concentration response curves (CRCs) of receptor-induced calcium release for CCh (filled circles), VU0364572 (open circles), and VU0357017 (crosses) in CHO-K1 cells stably expressing human M<sub>1</sub> mAChRs. Data are normalized to the CCh maximum response. Data points represent mean  $\pm$  S.E.M of four independent experiments performed in duplicate or triplicate. (c.) CRCs of agonist-induced ERK1/2 phosphorylation (pERK1/2) assessed using the SureFire ERK phosphorylation assay in hM<sub>1</sub> CHO cells. Data is expressed as fold change over basal ERK levels and is normalized to the maximum response elicited by CCh. Data represent the mean  $\pm$  S.E.M. of 7–8 independent experiments performed in duplicate or triplicate. (d.) CRCs of agonist-induced  $\beta$ -arrestin recruitment in hM<sub>1</sub> CHO cells using PathHunter detection kit. Data points represent mean  $\pm$  S.E.M. of three independent experiments performed in duplicate or triplicate and are normalized to %CCh max. (e.) Saturation isotherms of [<sup>3</sup>H] NMS binding to membranes prepared from hM<sub>1</sub> CHO cells. Receptor density values ( $1479 \pm 129$  fmol/mg protein) were obtained from three independent experiments. (f.) Representative saturation isotherms of [<sup>3</sup>H] NMS binding to membranes prepared from hM<sub>1</sub> CHO cells used in  $\beta$ -arrestin recruitment assays. Receptor density values ( $11701.600 \pm 1411.21$  fmol/mg protein) were obtained from five independent experiments.

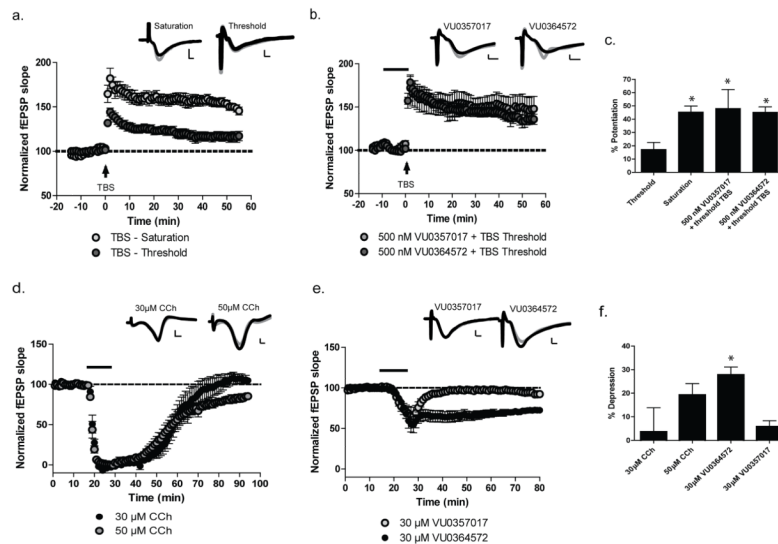


**Figure 3. VU0364572 and VU0357017 induce responses in a cell line with variable receptor expression**

(a.) Saturation isotherms of [<sup>3</sup>H] NMS binding to membranes prepared from hM<sub>1</sub> TREx CHO cells treated with varying concentrations of (TET). Membranes were prepared 24 hours after treatment with TET and specific binding values increased following treatment indicating increased receptor density (in fmol/mg protein; 0 ng/mL TET = 268.5 ± 88.0, 10 ng/mL TET = 188.33 ± 37.0, 25 ng/mL TET = 666.9 ± 130, 50 ng/mL TET = 2277.2 ± 619.6, 1 μg/mL TET = 4435.6 ± 1431.1, *n*=3). (b., c., and d.) CRCs of calcium release for CCh, VU0364572, and VU0357017 in hM<sub>1</sub> TREx CHO cells that were treated overnight with 1 μg/mL (closed circles), 50 ng/mL (closed triangles), 25 ng/mL (closed squares), 10 ng/mL (crosses) or 0 ng/mL TET (open circles). Data points represent mean ± S.E.M of three independent experiments performed in duplicate or triplicate. Data are normalized to % ionomycin (1 μM). (e. f. and g.) M<sub>1</sub>-induced ERK phosphorylation measured in TREx CHO cells treated across a range of TET concentrations. An increase in CCh's maximal response was present in cells treated with 1 μg/mL TET. There was little effect on the EC<sub>50</sub> values. Induction of M<sub>1</sub> expression with 50 ng/mL or 1 μg/mL TET had a small effect on the maximal response to VU0364572 but had little effect on the maximal response to VU0357017. Data points represent the mean ± S.E.M. of two or three independent experiments performed in duplicate or triplicate. Data are expressed as fold over basal ERK response.

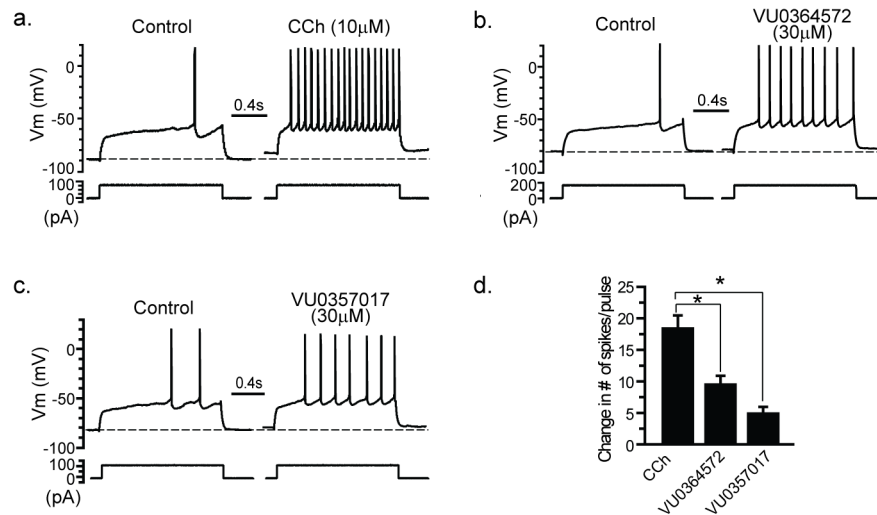


**Figure 4. CCh and M<sub>1</sub> compound VU0364572 induce  $\beta$ -arrestin recruitment in TREx CHO cells** (a.) Pre agonist and post agonist confocal scans of hM<sub>1</sub> TREx CHO cells expressing  $\beta$ -arrestin2-YFP. Treatment of cells with CCh (100  $\mu$ M) induces  $\beta$ -arrestin recruitment (black arrows, bottom panel) in cells that were exposed overnight to TET (50 ng/mL). Treatment of cells with VU0364572 (100  $\mu$ M) induces  $\beta$ -arrestin2 recruitment (black arrows, bottom panel) in cells that were exposed overnight to TET (1  $\mu$ g/mL). VU0357017 (100  $\mu$ M) did not induce  $\beta$ -arrestin2 recruitment in cells treated overnight with 50 ng/mL or 1  $\mu$ g/mL TET. (b.) Quantification of the effects of each agonist on the number of puncta. A one-way ANOVA revealed that puncta in CCh treated cells (50 ng/mL TET) differed significantly when compared to VU0357017 (1  $\mu$ g/mL TET) and VU0364572 (1  $\mu$ g/mL TET) treated cells ( $F(3, 26) = 4.82, p < 0.001$ ). Neither CCh nor either M<sub>1</sub> agonist induced arrestin recruitment in cells that were not treated with TET (data not shown).



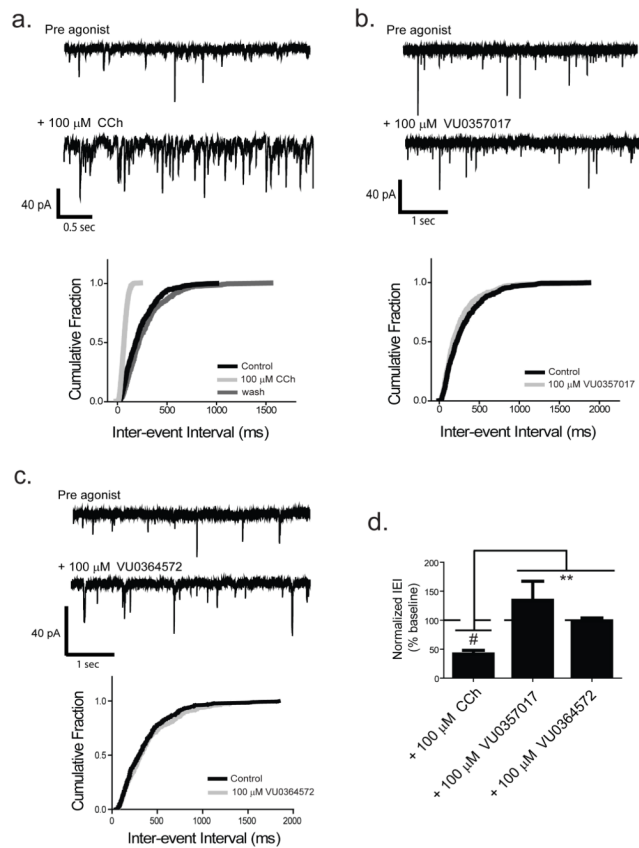
**Figure 5. M<sub>1</sub> agonists VU0364572 and VU0357017 significantly enhance threshold  $\theta$ -burst LTP and VU0364572 induces LTD at the Schaffer collateral-CA1 synapse of rodent hippocampal slices**

Insets for each figure are representative fEPSP traces measured at baseline (black) or 50 (LTD) or 55 (LTP) minutes after compound washout (gray). Scale bars are x-axis = 2ms, y-axis = 0.6mV. (a.) The standard TBS protocol (TBS-saturation) induces significant LTP ( $n=9$ ) whereas the threshold TBS protocol induces only a slight potentiation of fEPSP slope ( $n=8$ ) at the SC-CA1 synapse. (b.) Bath application of 500 nM VU0364572 ( $n=5$ ) or VU0357017 ( $n=5$  out of 9 experiments) for 10 minutes prior to threshold TBS induced a significant potentiation of fEPSP slope. (c.) Significant differences ( $P < 0.01$ ) were observed in the mean percent potentiation induced by threshold TBS compared to TBS-saturation, or TBS-threshold plus compound. (d.) Addition of 50  $\mu\text{M}$  ( $n=5$ ) CCh for 10 minutes induced LTD of fEPSP slope whereas addition of 30  $\mu\text{M}$  CCh ( $n=4$ ) had no effect. (e.) Bath application of 30  $\mu\text{M}$  VU0364572 ( $n=6$ ) for 10 minutes induced LTD, whereas addition of 30  $\mu\text{M}$  VU0357017 ( $n=6$ ) had no effect on LTD. (f.) Mean percent maximal depression induced by each compound. VU0364572 induced a significant depression in fEPSP slope compared to 30  $\mu\text{M}$  CCh.



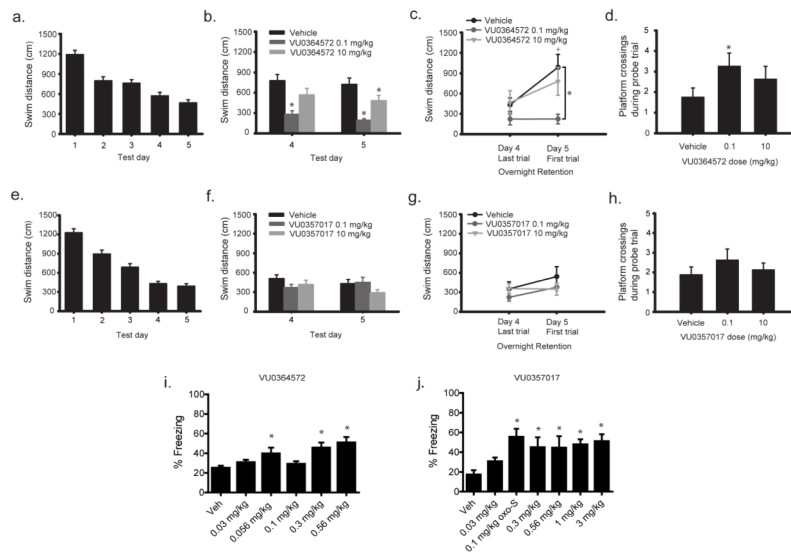
**Figure 6.  $M_1$ -selective agonists VU0364572 and VU0357017 induce small changes in action potential spiking frequency in medium spiny neurons**

(a.) The membrane potential response to a current step before and after application of CCh ( $10 \mu\text{M}$ ) in medium spiny neurons of rats. CCh ( $n=7$ ) induces a robust increase in evoked action potential firing. (b.) Response to current injection following application of VU0364572 ( $n=5$ ). (c.) Response to current injection following application of VU0357017 ( $n=5$ ). (d.) Bar graph showing the change in number of spikes/pulse following addition of test compounds.



**Figure 7. VU0357017 and VU0364572 are devoid of agonist activity in mouse medial prefrontal cortex**

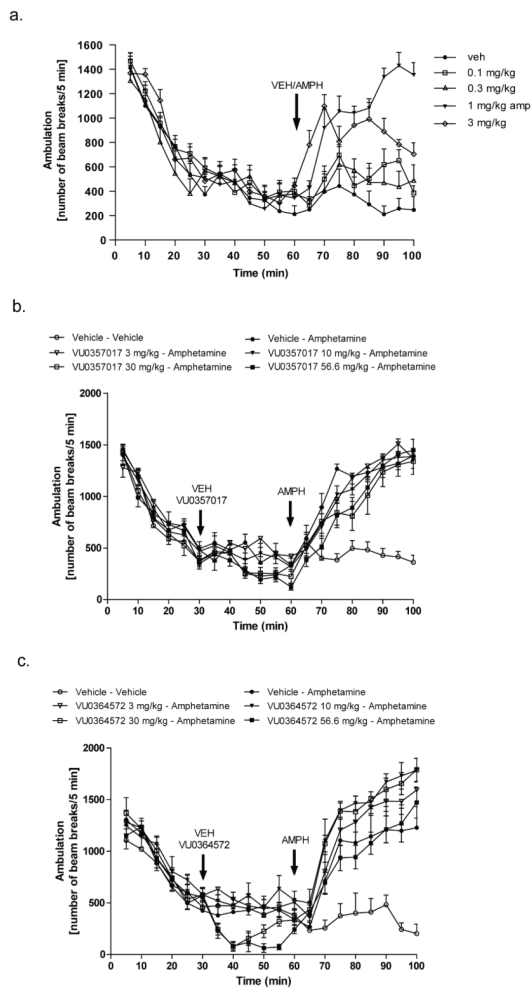
(a.) Sample traces from single neurons and changes in probability plots of the interevent interval (IEI) from representative cells following treatment with CCh showing that CCh induces increases in spontaneous excitatory postsynaptic currents (sEPSCs,  $n=15$ ). (b. and c.) Sample traces and probability plots of IEI in representative cells treated with VU0357017 ( $n=7$ ) or VU0364572 ( $n=4$ ). (d.) Bar graphs depicting mean changes in sEPSC frequency. All changes in frequency represent the mean  $\pm$  S.E.M. and are compared to baseline controls.



**Figure 8.  $M_1$  agonists VU0357017 and VU0364572 enhance performance in Morris water maze and contextual fear conditioning in rats**

(a.) Swim distance across the 5 days of testing in the water maze. Data are collapsed across 4 daily trials and across groups of VU0364572 or vehicle treated animals. (b.) Effects of treatment with VU0364572 on spatial memory on days 4 and 5 of testing in Morris water maze assays. (c.) Effects of treatment with VU0364572 on memory retention between Day 4 Trial 4 and Day 5 Trial 1 ( $n=8$ ). +  $P<0.05$  vs. Day 4 for vehicle-treated animals only. \*  $P=0.02$  vs. vehicle treated animals for Day 5 ( $n=8$ ). (d.) Effects of treatment with VU0364572 on platform crossings during the first 30 sec of the probe trial. (e.) Swim distance across the 5 days of testing in the water maze. Data are collapsed across 4 daily trials and across groups of VU0357017 or vehicle treated animals. (f.) Effects of treatment with VU0357017 on spatial memory on days 4 and 5 of testing ( $n=8$ ). (g.) Effects of treatment with VU0357017 on spatial memory retention between Day 4 Trial 4 and Day 5 Trial 1 ( $n=8$ ). (h.) Effects of treatment with VU0357017 on platform crossings during the first 30 sec of the probe trial. (i.) Effects of treatment of VU0364572 on acquisition of contextual fear in rats ( $n=4-6$ , each group). (j.) Effects of VU0357017 treatment on acquisition of contextual fear in rats ( $n=4-6$ , each group).





**Figure 9. VU0357017 and VU0364572 do not reverse amphetamine-induced hyperlocomotion in rats**

(a.) An amphetamine dose response curve showing that 1 mg/kg amphetamine induces robust hyperlocomotion. (b.) VU0357017 fails to reverse hyperlocomotion induced by amphetamine treatment in rats suggesting that  $M_1$  agonism by this compound does not have an antipsychotic-like profile. VU0357017 or vehicle was injected intraperitoneally 30 minutes prior to amphetamine injection (subcutaneous, 4 mg/kg). (c.) A broad dose range of VU0364572 also fails to reverse this response.

**Table 1**  
**CCh, VU0364572, and VU0357017 induce Ca release, ERK phosphorylation, and  $\beta$ -arrestin responses in hM<sub>1</sub> CHO cells**

EC<sub>50</sub> values are represented in  $\mu$ M and E<sub>max</sub> values are normalized to the % maximum CCh response. VU0364572 and VU0357017 induce responses in ERK and Ca assays but are without effects in arrestin recruitment assays.

Ca release	CCh			VU0364572			VU0357017		
	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n
	0.280	0.016	4	0.890	0.070	4	1.60	0.180	4
	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n
	99.6	0.10	4	70.8	0.430	4	41.7	2.37	4
ERK	CCh								
	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n
	1.60	0.90	8	10.0	7.10	7	37.0	20.0	7
	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n
	99.9	12.6	8	90.5	13.3	7	37.9	8.80	7
$\beta$ -arrestin	CCh								
	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n	EC 50 (in $\mu$ M)	S.E.M. (in $\mu$ M)	n
	62.0	26.7	3	NA	NA	3	NA	NA	3
	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n	% CCh max	S.E.M.	n
	100	0.0	3	NA	NA	3	NA	NA	3

**Table 2**  
**VU0364572 and VU0357017 induce Ca responses in hM<sub>1</sub> TREx CHO cells treated across a range of TET concentrations**

CCh induces a near maximum response in untreated cells. A decrease in the potency values was present in cells treated with 50 or 1  $\mu\text{g}$  of TET suggesting the presence of receptor reserves. In cells treated 25, 50, or 1  $\mu\text{g}$  TET, VU0364572 and VU0357017 induces an increase in  $E_{\text{max}}$  values. Both compounds were found to be more potent following treatment of cells across a range of TET concentrations.

TET concentration	CCh			VU0364572			VU0357017		
	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n
0 ng/mL	2.46	0.72	3	30.5	12.5	3	NA	NA	3
10 ng/mL	2.94	0.82	3	146	120	3	16	11	3
25 ng/mL	1.99	0.69	3	2.3	1.7	3	16	14	3
50 ng/mL	1.08	0.84	3	1.0	0.4	3	1.6	0.57	3
1 $\mu\text{g}$ /mL	0.06	0.01	3	0.5	0.1	3	0.69	0.24	3
TET concentration	% CCh max	S.E.M. (in $\mu\text{M}$ )	n	% CCh max	S.E.M. (in $\mu\text{M}$ )	n	% CCh max	S.E.M. (in $\mu\text{M}$ )	n
0 ng/mL	100	3.45	3	44.2	9.58	3	8.24	5.06	3
10 ng/mL	100	12.8	3	39.9	13.5	3	7.21	6.24	3
25 ng/mL	100	6.40	3	68.1	13.6	3	24.5	5.53	3
50 ng/mL	100	2.93	3	78.1	5.95	3	60.4	11.1	3
1 $\mu\text{g}$ /mL	100	1.29	3	86.2	3.75	3	75.3	1.07	3

**Table 3**  
**VU0364572 and VU0357017 induce ERK responses in hM<sub>1</sub> TREx CHO cells treated across a range of TET concentrations**

CCh induced large responses in cells treated with 1  $\mu\text{g}$  of TET but had little effect on potency values across all TET concentrations. VU0364572 induced an increase in  $E_{\text{max}}$  values in cells treated with higher concentrations of TET, but little effect on potency was detected. VU0357017 induced a small response in cells treated with 1  $\mu\text{g}$  TET.

TET concentration	CCh			VU0364572			VU0357017		
	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n	EC 50 (in $\mu\text{M}$ )	S.E.M. (in $\mu\text{M}$ )	n
0 ng/mL	14.9	7.39	3	108	63.3	3	NA	NA	3
25 ng/mL	1.73	0.97	3	9.88	1.40	3	NA	NA	3
50 ng/mL	4.36	2.16	3	9.44	4.93	3	35.9	0.00	3
1 $\mu\text{g}$ /mL	4.12	2.07	3	3.30	1.50	3	3.17	0.00	3
TET concentration	% CCh max	S.E.M. (in $\mu\text{M}$ )	n	% CCh max	S.E.M. (in $\mu\text{M}$ )	n	% CCh max	S.E.M. (in $\mu\text{M}$ )	n
0 ng/mL	96.3	3.79	3	56.4	17.8	3	27.4	9.96	3
25 ng/mL	80.3	8.87	3	50.6	10.3	3	50.3	2.29	3
50 ng/mL	91.8	2.93	3	52.6	9.31	3	45.9	12.5	3
1 $\mu\text{g}$ /mL	93.3	2.88	3	49.3	8.04	3	30.3	13.7	3