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Bone Morphogenetic Protein 4 Mediates Estrogen-Regulated Sensory Axon Plasticity in the Adult Female Reproductive Tract

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Abstract

Peripheral axons are structurally plastic even in the adult, and altered axon density is implicated in many disorders and pain syndromes. However, mechanisms responsible for peripheral axon remodeling are poorly understood. Physiological plasticity is characteristic of the female reproductive tract: vaginal sensory innervation density is low under high estrogen conditions such as term pregnancy, while density is high in low-estrogen conditions such as menopause. We exploited this system in rats to identify factors responsible for adult peripheral neuroplasticity. Calcitonin gene-related peptide-immunoreactive sensory innervation is distributed primarily within the vaginal submucosa. Submucosal smooth muscle cells express Bone Morphogenetic Protein 4 (BMP4). With low estrogen, BMP4 expression was elevated indicating negative regulation by this hormone. Vaginal smooth muscle cells induced robust neurite outgrowth by cocultured dorsal root ganglion neurons, which was prevented by neutralizing BMP4 with noggin or anti-BMP4. Estrogen also prevented axon outgrowth, and this was reversed by exogenous BMP4. Nuclear accumulation of phosphorylated Smad1, a primary transcription factor for BMP4 signaling, was high in vagina-projecting sensory neurons following ovariectomy, and reduced by estrogen. BMP4 regulation of innervation was confirmed in vivo using lentiviral transduction to overexpress BMP4 in an estrogen-independent manner. Submucosal regions with high virally induced BMP4 expression had high innervation density despite elevated estrogen. These findings show that BMP4, an important factor in early nervous system development and regeneration after injury, is a critical mediator of adult physiological plasticity as well. Altered BMP4 expression may therefore contribute to sensory hyperinnervation, a hallmark of several pain disorders including vulvodynia.

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INTRODUCTION

Peripheral target organs can undergo significant changes in innervation associated with both adaptive and maladaptive events. Certain pathophysiological conditions such as neuropathies have long been associated with reductions in axon numbers (Lauria et al., 2005), while more recent studies show that increased innervation density (hyperinnervation) can also contribute to pathological conditions such as sudden cardiac death after myocardial ischemia (Cao et al., 2000; Hasan et al., 2006), musculo-skeletal pain in vitamin D deficiency (Tague et al., 2011) and inflammatory pain (Bohm-Starke et al., 1999; Chakrabarty et al., 2011). These findings underscore the malleability of peripheral axons under pathophysiological conditions in the adult organism.

Changes in peripheral innervation also occur physiologically in the mature organism as it adapts to demands incurred as a result of normal activities. This is particularly true for targets that must make substantial and sometimes rapid adjustments in structure and function. Perhaps some of the most vivid examples are those associated with female reproductive functions. For example, the uterus undergoes rapid denervation coincident with the sexually receptive phase of the estrous cycle, which is thought to be important in providing an environment conducive to implantation of the conceptus. Innervation is again depleted during pregnancy, contributing to uterine quiescence prior to hormonally regulated parturition (Latini et al., 2008), followed by reinnervation (Brauer, 2008). Similarly, vaginal innervation is reduced at term pregnancy, which may facilitate delivery by diminishing vaginal smooth muscle tone and promoting maternal well-being by reducing numbers of local pain-sensing terminals (Liao and Smith, 2011).

Estrogen appears to be a dominant factor driving reproductive tract neuroplasticity. Vaginal innervation by presumptive nociceptor axons containing calcitonin gene-related peptide (CGRP)-immunoreactivity (-ir) is increased in rats under low estrogen conditions following ovariectomy (an animal model of menopause), and reduced by elevating serum estrogen by exogenous administration of 17 β -estradiol (Ting et al., 2004; Liao and Smith, 2011). In humans, systemic estrogen replacement therapy also reduces vaginal innervation density in post-menopausal women, and this effect is more robust when estrogen is applied topically (Griebling et al., 2012) implying a direct effect on vaginal tissue. It therefore appears that declining estrogen levels are associated with increased outgrowth by vaginal nociceptor axons.

Axon outgrowth in the adult is believed to require reactivation of certain transcriptional programs that are typically quiescent in mature neurons. For example, the transcription factor Smad1 is normally expressed at very low levels in intact dorsal root ganglion sensory neurons, but is markedly upregulated in association with regeneration after axonal injury (Zou et al., 2009). Smad1 is regulated by Bone Morphogenetic Protein 4 (BMP4), a member of the TGF β superfamily of cytokines/morphogens (Miyazono et al., 2010). A possible role for the BMP4/Smad1 signaling pathway in reproductive tract axon remodeling is supported by reports that BMP4 is synthesized by vaginal tissues (Cai, 2009) and negatively regulated by estrogen (Chen et al., 2009). In the present study, we investigated whether BMP4 mediates estrogen-driven plasticity of peripheral sensory innervation.

MATERIALS and METHODS

All animal protocols and procedures were approved by the Kansas University Medical Center's Animal Care and Use Committee and were in accordance with the National Institutes of Health guidelines for the care and use of laboratory animals.

Immunohistochemistry

Female Sprague Dawley rats were surgically ovariectomized (OVX) at 8 wks of age according to established methods (Zoubina et al., 2001). After 7 days, rats (n=4/group) received neck scruff subcutaneous implants of silastic tubing (inner/outer diameter = 1.575/3.175 mm, length = 20 mm, volume =170µl) containing sesame oil vehicle with or without 180µg/ml 17 β estradiol (Sigma) (Strom et al., 2008), which raises serum estrogen levels in OVX rats from <15 pg/ml to about 80 pg/ml (high physiological levels similar to proestrus and term pregnancy). Seven days later, animals were euthanized by thoracotomy under isofluorane anesthesia, and vagina and dorsal root ganglia (DRG) harvested and fixed by overnight immersion in Zamboni's fixative at 4°C and cryosectioned at 10 µm as described previously (Ting et al., 2004; Tague and Smith, 2011). In groups used to analyze pSmad1 expression, rats received a single subcutaneous injection of 10µg/kg of 17 β -estradiol which produces a rapid rise in serum estrogen (Zoubina et al., 2001) or sesame oil vehicle (n=3/group), and 24h later L6-S1 DRGs removed, fixed in neutral buffered formalin, and cryosectoned.

Sections were immunostained overnight for peripherin (1:400, rabbit antiserum; 1:500, chicken antiserum, Millipore), Protein Gene Product 9.5 (PGP9.5, 1:1000, rabbit antiserum, Serotech), tyrosine hydroxylase (TH,1:200, rabbit antiserum, Millipore), calcitonin generelated peptide (CGRP,1:400, sheep antiserum, Biomol), Enhanced Green Fluorescent Protein (EGFP, 1:750, chicken antiserum, Aves), BMP4 (1:100, mouse monoclonal antibody, Millipore), Bone Morphogenetic Protein Receptor type 1A (BMPR1A, 1:100, rabbit antiserum, Santa Cruz Biotech), Bone Morphogenetic Protein Receptor type 2 (BMPR2, 1:100, goat antiserum, Santa Cruz Biotech), α-smooth muscle actin (Cy3 conjugated mouse antiserum, Sigma), and phosphorylated Smad1 (pSmad1, 1:200, rabbit monoclonal antibody, Cell Signaling Technologies). Secondary antibodies included donkey anti-rabbit Cy3 at 1:200 (Jackson Immuno-Research), donkey anti-mouse Cy3 (1:200, Jackson Immuno-Research), donkey anti-rabbit Alexa 488 (1:750, Invitrogen), donkey antirabbit Alexa 647 (1:500, Invitrogen), donkey anti-chicken Dylight 488 (1:750 Invitrogen), donkey anti-goat Cy3 (1:200 Jackson Immuno-Research), and goat anti-rabbit Cy3 (1:200 Jackson Immuno-Research), donkey anti-sheep Cy3 (1:200 Jackson Immuno-Research). Antibodies have been previously characterized by our laboratory and others (Abir et al., 2008; Clarke et al., 2010; Tague et al., 2011; Tague and Smith, 2011) and include omissions of primary and secondary antibodies and preabsorption of anti-BMP4 with recombinant mouse BMP4 at 500ng/ml for 45min prior to staining.

Retrograde Tracing

Four days following OVX, rats were anesthetized by isoflurane inhalation. Using a Hamilton syringe and 30 gauge needle, recombinant Cholera toxin-B (CTB) conjugated to Alexa 488 ($2\mu g/\mu l$ in PBS, Life Technologies) was injected submucosally at four sites equidistant along the vaginal circumference (2.5 μ l/site; 10 μ l total) at mid-vaginal level. Two days following CTB injection, rats received either a single subcutaneous injection of 10 μ g/kg 17 β -estradiol (which produces a rapid rise in serum estrogen, (Zoubina et al., 2001) or sesame oil vehicle (n=5/group). Twenty-four h later, rats were deeply anesthetized with ketamine-xylazine and perfused transcardially with heparinized PBS followed by ice cold 4% formaldehyde in PBS. L6, S1 and S2 DRGs, which are reported to give rise to vaginal innervation (Berkley et al., 1993), were harvested and cryosectioned at 14 μ and immunostained for BMPR1A, BMPR2 and pSmad1, and co-stained for peripherin. Randomized images from 6–8 sections per animal were acquired and percentages of labeled neurons expressing specific markers assessed in approximately 200 retrogradely labeled neurons per rat.

Flow cytometry

L6 to S2 DRG were harvested aseptically from 8 week old female rats, diced in ice-cold L15 medium with 3% glucose, incubated in 1mg/ml collagenase and 2.5 U/ml dispase (Worthington) in HBSS for 40mins, and triturated using fire-polished glass pipettes in L15-glucose with 10%FBS. Cells were filtered through a 100µm mesh and centrifuged through a percoll gradient column to remove debris. The washed pellet was resuspended, fixed in cold 2% formaldehyde for 1h, and washed in PBST on ice. Cells were immunostained for 1h for peripherin (detected with donkey anti-chicken Alexa 488) and BMPR1A (donkey anti-rabbit Cy3) and fixed in 1% formaldehyde and washed. Fluorescence activated cell sorting was conducted using a BD Aria system, with cells categorized based on their fluorescence intensity in arbitrary units.

PCR and immunoblots

Effects of estrogen on BMP4 gene expression were assessed in vaginal tissue *ex vivo*. Vaginas from 8 week old OVX rats were cut along the length of the lumen, everted and the mucosal surface gently scraped to remove the epithelium. Vaginal wall explants (1mm³) containing smooth muscle and adventitia were cultured in separate wells of a 24 well plate in DMEM/F12 medium for 24h with or without 20nM 17β estradiol, and homogenized in Trizol (Invitrogen) for RNA isolation. cDNA was synthesized from 1µg of total RNA using iScript Reverse Transcriptase kit (Biorad). Semi-quantitative RT-PCR was performed for 30 cycles with 55°C annealing temperature using primers for BMP4 (Forward: GAGCCTTTCCAGCAAGTTTGTTC; Reverse: GTTCTCCAGATGTTCTTCGTGATG; Product size: 487bp) and GAPDH (Forward: CTCTACCCACGGCAAGTT; Reverse: CTCAGCACCAGCATCACC; Product size: 120bp) and products separated on a 1% agarose gel for densitometric analysis.

To assess BMP4 protein levels, western blots were performed from tissue collected from OVX rats with or without estrogen supplementation *in vivo*, as described above. Vaginal submucosa was homogenized in RIPA buffer, and 40µg total protein per well separated on a 12% polyacrylamide gel, transferred to a PVDF membrane and probed with anti-BMP4 (mouse monoclonal antibody, Millipore,1:500) and reprobed for beta-actin (Sigma, 1:1000). For evaluating BMP4 overexpression via lentiviral transduction, 24h conditioned medium was collected from stably infected 293T cells. From equal volumes of conditioned medium total protein was precipitated by TCA-acetone. Equal amounts of resuspended protein were used for immunoblot and probed for BMP4 as described above.

Neuron and smooth muscle cultures

L6 to S2 DRGs from 5-week-old were harvested as above. To assess neurite outgrowth in response to BMP4, neurons equivalent to one half of a DRG per well were plated onto collagen-precoated 24 well plates (BD Biosciences) in serum-free Neurobasal A medium with B27 supplement (Gibco, Life Technologies) and 10 or 50 ng/ml mouse recombinant BMP4 (Peprotech) and cultured for 48h, with neurite quantification as described below. For confocal imaging, some neuronal cultures were grown in defined medium for 48h on laminin/poly D-lysine (Gibco, Life Technologies/Sigma-Aldrich) coated glass coverslips, fixed in 4% PFA, and immunostained for BMPR1A, BMPR2 and peripherin.

For neuron-smooth muscle co-cultures, vaginal tissue from 8 week old rats was harvested in ice-cold L15 medium and stripped of epithelium with a sterile scalpel blade. Portions of smooth muscle were dissected, diced, and immersed in L15 medium containing 2mg/ml collagenase (Sigma-Aldrich) on ice for 30min. Tissue was incubated at 37°C for 30 min and then triturated using fire-polished glass pipettes while adding medium containing 10% FBS to neutralize the collagenase. The suspension was passed through 100µm mesh to remove

debris, centrifuged at 300g for 7min, and the pellet resuspended in DMEM-10% FBS. Cells were plated onto a collagen-coated 35mm dishes (BD Bioscience), incubated at 37°C in 5% CO_2 for 48h, and then divided. To control for non-specific interactions between neurons and co-cultured cells, in some experiments we substituted rat embryonic fibroblasts cultured at greater than 7 passages for smooth muscle cells.

L6 to S2 DRG from female rats aged 35 d were harvested as eptically and dissociated as described above. Neurons equivalent to one half ganglion per well were plated onto confluent layers of smooth muscle cells grown on collagen-coated 48-well plates (BD Biosciences). Cells were co-cultured in the presence or absence of different amendments including 17- β estradiol (20nM), noggin (250ng/ml, Peprotech), anti-BMP4 (500ng/ml, Peprotech), and BMP4 (10ng/ml, Peprotech). After 48h, co-cultures were fixed with 4% formaldehyde and washed with PBS. Cultures were immunostained for peripherin and in some cases for alpha smooth muscle actin.

In some experiments, smooth muscle cells were prepared as above and initially grown in transwells (Corning) for 24h. These were then transferred to 24-well plates in which dissociated DRG neurons had been seeded on collagen. Transwell co-cultures were maintained for 48h in the presence or absence of anti-BMP4, fixed and immunostained as above.

To quantify neurite outgrowth, 6-8 random images per well of peripherin-expressing neurons were captured using a 20X objective ($412 \times 330 \mu m$ field size). Neurite area was measured using a stereological grid (AnalySis version 3.2; Soft Imaging System GmBH, Müenster, Germany) superimposed over each image as described previously (Chakrabarty et al., 2008). Numbers of line intersections overlying stained neurites were divided by total intersections within the field and multiplied by total field area. Neurite area was divided by the number of neurons with at least one neurite within the field and all values in a well averaged and presented as neurite area per neuron.

Lentivirus production and injections

Full-length cDNA of rat BMP4 downstream to a CMV promoter was cloned into the FG12 lentiviral vector (Addgene) between XbaI and PacI restriction sites. The vector carries an EGFP reporter under a ubiquitin-C promoter. Third generation lentiviral packaging with pMDLg/RRE, pRSV-Rev, and pMD2.G (Addgene) was used to synthesize lentiviral particles for BMP4 and EGFP-only vectors. 293T cells were plated in 6 well plates at 60–80% confluence and transfected with the vector carrying the gene of interest or EGFP alone and all the 3 packaging plasmids using Lipofectamine 2000 (Invitrogen) in Opti-MEM medium (Gibco). Medium was changed 12h later with OptiMEM-5% FBS and supernatant collected every 24h for 2–3 days. Viral particles were concentrated from the supernatant by ultracentrifugation in sealed tubes for 2h at 35000 rpm and resuspended in sterile PBS. Lentiviral titers were measured using the Lentivirus qPCR titer kit (Applied Biological Materials).

OVX rats were anesthetized with ketamine/xylazine (70/6 mg per kg) and injected intravaginally using a 30 gauge needle attached by polyethylene tubing to a Hamilton syringe. Injections of lentivirus expressing BMP4 (n=4) or EGFP alone (n=4) were made at four intravaginal sites (corresponding to 3, 6, 9 and 12 o'clock), and a total volume of 10 μ l containing 1×10⁸ viral particles was deposited into submucosal regions corresponding to the location of the vaginal smooth muscle. At the time of injection, rats were implanted with capsules containing sesame oil with or without 17β-estradiol (Ting et al., 2004; Strom et al., 2008). Seven days after injections and implantations, rats were euthanized and vaginal tissues harvested and fixed in Zamboni's solution. Tissues were sectioned at 14 μ m and

immunostained for PGP 9.5, peripherin, CGRP, TH, BMP4 or EGFP. Innervation density was measured in images captured from regions corresponding to the injection sites as identified by BMP4 and EGFP expression, and from adjacent non-injected sites which did not show virally transduced gene expression. Eight to fourteen images were captured from injection and from adjacent sites for each animal, and axonal area within each $412 \times 330 \,\mu\text{m}$ field was determined by thresholding (AnalySis Software) and averaged (Ting et al., 2004).

Statistical analysis

All values are presented as mean \pm SEM. Comparisons between groups were made using Student's t-test, one-way ANOVA, or two way ANOVA with post-hoc comparisons by Student Newman-Kuels tests for normally distributed data, and Mann-Whitney rank sum test for non-parametric analysis. Paired t-tests were used to compare innervation densities in injected and non-injected sites within the same animals in the lentiviral studies. Differences were considered significant at P 0.05.

RESULTS

BMP4 is expressed in adult rat vagina

BMP 4 is an essential morphogen regulating vaginal development and is expressed in the early postnatal period (Cai, 2009). However, BMP4 expression has not been described in mature vagina. The vagina of the 8-week old rat consists of thickened mucosal epithelium surrounded by connective tissue containing a distinct smooth muscle layer (Fig. 1A). Immunostaining showed abundant BMP4 labeling largely confined to the smooth muscle layer (Fig. 1B), which was eliminated by antibody preabsorption with recombinant BMP4 protein (Fig. 1C). The smooth muscle layer also contains presumptive nociceptor innervation (Ting et al., 2004), and immunostaining revealed many axons immunoreactive for peripherin (Fig. 1B), an intermediate filament protein localized to axons and somata of small to medium diameter neurons including dorsal root ganglion nociceptors (Ferri et al., 1990; Goldstein et al., 1991; Fornaro et al., 2008).

Estrogen downregulates BMP4 expression in vaginal smooth muscle

Vaginal cells, including smooth muscle cells, express estrogen receptors that influence structure and function by altering gene expression (MacLean et al., 1990; Forsberg, 1995; Mowa and Iwanaga, 2000; Giraldi et al., 2002). To assess effects of estrogen on BMP4 expression in mature rat vaginal tissue, we performed RT-PCR on vaginal submucosal explants cultured for 24h in presence or absence of 20nM estrogen. Semi-quantitative RT-PCR showed that, relative to GAPDH expression, estrogen downregulated BMP4 mRNA in the vaginal submucosal smooth muscle (Fig.1D).

We evaluated changes in BMP4 protein content in 8 week old OVX rats implanted with 17 β estradiol-releasing capsules for 7 days. In western blot analysis, vaginal BMP4 protein levels normalized to β -actin were reduced in animals receiving estrogen as compared to vehicle controls (Fig.1E), indicating that estrogen reduces both BMP4 mRNA and protein.

Adult DRG neurons express BMP receptors

BMP4 acts by binding to cell surface receptors that are typically heterodimers consisting of BMPR2 and BMPR1A or BMPR1B. Cervical and thoracic DRG sensory neurons express BMPR2 and predominantly BMPR1A (but not BMPR1B) during development (Zhang et al., 1998), but their presence in more caudal ganglia and persistence into adulthood are unclear. To assess BMP receptor presence and distribution, we performed Fluorescence Activated Cell Sorting (FACS) of 8-week old rat dissociated DRGs from L6-S2, which innervate the rat vagina (Berkley et al., 1993). FACS revealed a substantial cell population with intense

fluorescence for both peripherin and BMPR1A (Fig. 2A, P6), confirming the presence of this receptor in the peripherin-immunoreactive population of neurons. A second population of peripherin positive neurons showed lower levels of BMPR1A expression (P4). Additional cells showed low peripherin and low to high BMPR1A-ir (P8, P7).

We examined DRG sections to further assess BMP4 receptor localization. BMPR1A-ir was observed primarily in peripherin expressing neurons, with smaller numbers of peripherin-positive neurons lacking BMPR1A-ir and a few peripherin negative, large diameter neurons expressing the receptor (Fig. 2B-D); preliminary studies confirmed a paucity of BMPR1B staining (not shown). Immunostaining for BMPR2 showed that this co-receptor was also enriched in peripherin immunoreactive neurons (Fig. 2E-G). BMPR2-ir was observed additionally in large diameter neurons, although the signal intensity was typically less than that of peripherin positive neurons.

We assessed the distribution of BMP4 receptors within peripherin-positive neurons in culture (Fig. 2H, I). Both BMPR1A and BMPR2 showed strong immunostaining throughout the soma and axons (Fig. 2J, K).

To confirm that small-diameter neurons projecting to the vagina express BMPR1A and BMPR2 receptors, we immunostained sections of DRGs 3d following CTB injection of the vaginal submucosa in OVX rats with or without estrogen supplementation. CTB-labeled neurons were present bilaterally in L6-S2 DRGs (Fig. 3A, B). Analysis of peripherinimmunostained sections revealed that $61\pm3\%$ of CTB-labeled neurons were immunoreactive for this small-diameter neuron marker (Fig. 3C, D). BMPR1A-ir was associated with many CTB-labeled cells (Fig. 3E); quantitative analysis revealed that more than two thirds of vagina-projecting neurons expressed BMPR1A (70±4% in OVX, $67\pm4\%$ after estrogen); most of these were also peripherin positive (Fig. 3G; $63\pm3\%$ in OVX, $54\pm12\%$ after estrogen). BMPR2-ir also was observed in a majority CTB-labeled neurons (Fig. 3F; $81\pm3\%$ in OVX, $71\pm7\%$ after estrogen), with most of these immunoreactive for peripherin (Fig. 3H; $64\pm4\%$ in OVX, $64\pm4\%$ after estrogen). Estrogen status did not influence BMPR expression.

BMP4 mediates smooth muscle-induced sensory neurite outgrowth

Our findings show that DRG sensory neurons, including those projecting to the vagina, express BMP4 receptors, and that vaginal target cells synthesize BMP4 more robustly in low-estrogen conditions. Accordingly, reduced BMP4 protein levels could contribute to vaginal axon pruning that occurs when estrogen levels are elevated, as in term pregnancy (Liao and Smith, 2011) and following exogenous hormone replacement (Ting et al., 2004; Griebling et al., 2012).

We tested the responsiveness to BMP4 of primary sensory neurons plated on collagen in defined media. The addition of 10ng/ml recombinant BMP4 increased axon outgrowth relative to that in control media (Fig. 4A); outgrowth was not increased further at 50ng/ml. To delineate whether BMP4 plays a functional role in target regulation of sensory innervation, we cultured dissociated DRG neurons atop near-confluent vaginal smooth muscle cells. Individual neurons elaborated neurite arbors that made multiple contacts with smooth muscle cells (Fig. 4B). We first determined whether members of the BMP family contribute to smooth muscle-induced sprouting by treating cultures with noggin, an endogenous inhibitor of BMP4 (McMahon et al., 1998; Sela-Donenfeld and Kalcheim, 1999). Noggin at concentrations of 250ng/ml appeared to decrease neurite outgrowth relative to control cultures at 48 hrs (Fig. 4C, D), and this was confirmed by quantifying neurite area per viable neuron, where noggin reduced outgrowth by 38% (Fig. 4E). When adult DRG neurons were cultured under the same conditions but in the absence of smooth

muscle cells, noggin failed to alter neurite outgrowth (data not shown). These findings implicate BMPs in smooth muscle cell-mediated sensory neuronal sprouting.

While noggin is an effective endogenous inhibitor of BMP4, it can bind other members of the BMP family of proteins. To ensure that reduced neurite outgrowth observed with noggin is due to BMP4 neutralization, we used a function neutralizing antibody directed specifically against BMP4. Relative to control cultures (Fig. 4F), BMP4 antibody reduced neurite outgrowth by 32% (Fig.4G, H) but did not affect outgrowth by neurons cultured in the absence of smooth muscle (data not shown).

To confirm that the effects of the BMP4 function neutralizing antibody are dependent upon BMP4 synthesis by co-cultured cells, we grew DRG neurons with rat embryonic fibroblasts which are not believed to synthesize BMP4. The addition of anti-BMP4 to the culture medium did not alter neurite outgrowth ($6381\pm482\mu m^2$ control vs. $6210\pm675\mu m^2$ anti-BMP4).

BMP4 is a secreted protein that influences its targets by way of diffusion. To ensure that BMP4 is acting as a secreted factor and not through any direct physical interaction between neuron and muscle, smooth muscle cells were cultured in transwell inserts that allow diffusible factors to reach neurons growing at the bottom of the culture well but prevent direct interactions. The addition of BMP4 neutralizing antibody to the culture medium was as effective in inhibiting outgrowth in these transwell co-cultures as it was when neurons and smooth muscle were in direct contact (Fig. 4H).

Estrogen modulates smooth muscle-mediated axon growth in vitro via BMP4

Protein and RNA measurements show that estrogen reduces vaginal BMP4 expression. To assess whether estrogen modulates smooth muscle-induced outgrowth by way of BMP4, we grew vaginal smooth muscle cells in culture for 72 h in the presence or absence of 17β -estradiol. Adult DRG neurons were then plated over the near-confluent cultures in estrogen-free medium. Measurement of axon length per neuron showed that outgrowth at 48 h was significantly lower in the estrogen-pretreated muscle cell cultures as compared to the untreated cultures (Fig. 5A, B, D).

We reasoned that if reduced outgrowth in estrogen-pretreated cultures is due to the reduction in BMP4 protein, then we should be able to reverse it by adding exogenous BMP4 to the estrogen pretreated cultures. We performed smooth muscle-DRG neuronal co-cultures as above and added recombinant BMP4 to the medium in one estrogen pretreated group at the time of neuronal plating. Forty-eight h after adding BMP4 to cultures pretreated with estrogen, outgrowth was increased significantly relative to cultures pretreated with estrogen alone, and was statistically comparable to that seen in co-cultures where smooth muscle cells were not treated with estrogen (Fig. 5C, D).

Estrogen-modulated axon plasticity is associated with changes in DRG pSmad1

BMP4 binds to cell surface receptors that induce phosphorylation of cytoplasmic Smad1. pSmad1 travels to nucleus to regulate transcription factors mediating axonal outgrowth (Zou et al., 2009). If estrogen regulates axonal outgrowth by way of BMP4 signaling, then nuclear pSmad1 localization should be reduced when vaginal sensory innervation is lower. We investigated pSmad1 expression in L6-S2 DRGs which originate vaginal innervation. Under low-estrogen conditions in OVX rats, many pSmad1 positive nuclei were evident (Fig. 6A). 24h after estrogen injection, pSmad1 immunoreactive nuclei were much less frequent (Fig. 6B), with quantitative analysis showing an 85% reduction of pSmad1 labeled nuclei (Fig.

To confirm that changes seen globally in pSmad1 expression also occur in vagina-projecting neurons, we assessed pSmad1-ir in retrogradely labeled L6-S2 DRG neurons (Fig. 6E, G). In OVX rats, nearly all CTB-labeled peripherin positive neurons displayed pSmad1-ir (Fig. 6F); about half of the peripherin-negative CTB-labeled neurons also contained pSmad1-ir. Following estrogen administration, numbers of pSmad1, CTB-labeled, peripherin-positive neurons (Fig. 6H) were reduced by approximately 60% (Fig. 6I); non-peripherin-ir CTB labeled neurons showed a smaller reduction of about 20% (Fig. 6I).

Local viral expression of BMP4 prevents estrogen-induced nerve depletion in vivo

These findings are consistent with the hypothesis that vaginal innervation density is regulated in part by estrogen's suppression of BMP4 synthesis. If so, then sustained BMP4 synthesis despite estrogen elevation should prevent this reduction in innervation. We used a lentiviral delivery system to drive BMP4 gene expression by the estrogen-independent CMV promoter. The vector also expresses EGFP reporter under the UbiC promoter. Competence of the lentiviral agent was confirmed by assessing BMP4 gene and protein expression in transduced 293T cells (Fig. 7A, B).

OVX rats received vaginal submucosal lentiviral injections and were concurrently implanted with vehicle- or estrogen-releasing capsules and maintained for 7d. To identify regions that had incorporated viral gene expression, tissue was visualized using fluorescent stereomicroscopy and the vagina was cut transversely through the region showing the greatest EGFP fluorescence (Fig. 7C). Cryosections through this region showed EGFP expression in individual cells within the vaginal smooth muscle layer (Fig. 7D). In OVX rats injected with the BMP4 vector and receiving estrogen, smooth muscle showed elevated BMP4-ir (Fig. 7E) relative to rats receiving the EGFP vector alone (Fig. 7F) and as compared to regions adjacent to the injection sites.

We next determined whether sustained BMP4 expression prevents the reduction in vaginal innervation that occurs normally with estrogen elevation. OVX rats show reduced vaginal PGP9.5-immunoreactive innervation after 7 d of estrogen supplementation (Ting et al., 2004). Assessment of tissues adjacent to sites injected with lentivirus carrying BMP4 or EGFP constructs was similar to that described previously. Injection of lentivirus containing the EGFP vector alone also did not affect innervation as assessed using PGP9.5-ir (Fig. 8A, C) or peripherin (Fig. 8D). Sites injected with lentivirus carrying the BMP4 construct exhibited innervation patterns similar to controls but did not show the reduced innervation density normally seen after estrogen administration (Fig. 8B, C, D).

We investigated whether the effects of BMP4 are selective for different populations of vaginal axons. Putative peptidergic nociceptors were identified by immunostaining for CGRP (Lawson, 1992). Axon density was similar in uninjected and EGFP-vector-injected tissues but was increased in tissues receiving BMP4 lentivirus (Fig. 9A, B, C). In contrast, using TH-ir as a marker for sympathetic axons, we found no differences in innervation density among any of the sampled regions (Fig. 9D).

DISCUSSION

BMP4 regulates development of many smooth muscle targets by promoting differentiation, organization, and maturation of smooth muscle cells. Typically, BMP4 from adjacent epithelium, endothelium or fibroblasts acts in a paracrine fashion to regulate smooth muscle development (Frank et al., 2005; Cai, 2009; Wang et al., 2009; Tasian et al., 2010). Our

findings show that in the adult, vaginal smooth muscle cells themselves synthesize BMP4, raising the possibility that BMP4 may also act in an autocrine fashion. Indeed, a recent report suggests that BMP4 exerts autocrine effects by promoting C2C12 cell myotube formation (Umemoto et al., 2011). Hence, BMP4 may regulate smooth muscle integrity and function beyond the developmental period.

Smooth muscle cells are generally well innervated and, accordingly, secrete proteins that potentially influence axon growth and integrity. These include neurotrophins, extracellular matrix components, growth factors and cytokines (Weintraub et al., 1996; Knox et al., 2001; Gerthoffer and Singer, 2002; Krizsan-Agbas et al., 2003; Krizsan-Agbas et al., 2008). However, members of the BMP family of proteins have not been identified previously as regulators of peripheral innervation in the adult. In early development, BMP4 is critical for peripheral neuron migration and maturation, including formation of trigeminal sensory facial maps and phenotype specification of DRG neurons (Hall et al., 2002; Guha et al., 2004; Hodge et al., 2007). This study shows that BMP4 mediates peripheral sensory axon plasticity in the adult as well. DRG neurons express BMP4 receptors, and both smooth muscle-derived and exogenous BMP4 exert similar effects in stimulating sensory (but not sympathetic) axon outgrowth. BMP4 is likely to induce outgrowth by interacting with axonal receptors proximate to sites of target synthesis, although we did not demonstrate BMP4 receptors on terminals and cannot exclude effects at other regions of the axon or soma. Other members of the TGF β family of proteins are known to interact with growth factors such as NGF to influence sensory neuron phenotype (Ai et al., 1999; Hall et al., 2002); hence the ultimate effects of BMP4 in vivo will clearly be determined by combinatorial influences involving other local regulatory molecules. Nonetheless, our findings that DRG axon outgrowth is enhanced when BMP4 levels are increased in defined culture conditions, as well as when they are selectively increased by viral transduction in vivo, lend strong support to the idea that BMP4 acts directly as a pro-neuritogenic factor for at least some types of peripheral neurons in the mature organism.

In developing tissues, many factors regulate BMP4 expression including FGF3, vitamin A, and the wnt and notch signaling pathways (Baker et al., 1999; Endo et al., 2003; Baleato et al., 2005). Much less is known about the regulation of BMP4 synthesis in mature tissues. Our findings show that estrogen is an important factor in determining BMP4 expression in adult smooth muscle. Hence, both BMP4 mRNA and protein levels are decreased when vaginal tissue is cultured in the presence of estrogen. Because these studies were conducted ex vivo, we can exclude the possibility that estrogen acts indirectly by altering other hormonal systems. Similarly, since vaginal smooth muscle cells possess estrogen receptors, this is most likely a direct effect on the smooth muscle (although we cannot exclude paracrine effects by other estrogen-responsive cells in the explant). Consistent with a direct effect of estrogen, in silico analysis reveals several putative EREs upstream of the BMP4 gene (data not shown). As illustrated by our findings at 24h ex vivo and 7 day in vivo, estrogen has both short-term and sustained regulatory effects on BMP4 expression. The idea that estrogen is a negative regulator of BMP4 expression is supported by recent report that BMP4 levels are elevated in prostate gland stromal cells of the estrogen receptor alpha knockout mouse (Chen et al., 2009). It therefore appears that estrogen can act to suppress BMP4 synthesis in multiple mature tissues types.

A striking feature of the female reproductive tract is the extensive and relatively rapid degree to which innervation remodeling occurs in conjunction with varying reproductive states. Our findings are consistent with the hypothesis that BMP4 plays a major role in this remodeling. Dispersed DRG neuron-vaginal smooth muscle co-cultures showed that estrogen's ability to diminish axon sprouting is fully reversed by adding exogenous BMP4, supporting the idea that this cytokine is responsible for outgrowth under low-estrogen

conditions. This was illustrated most vividly in *in vivo* lentiviral transduction studies where smooth muscle cells containing the estrogen-independent CMV-promoter-driven BMP4 transcript showed high levels of sensory innervation whereas regions immediately adjacent that had only native, estrogen-dependent BMP4 expression showed markedly reduced innervation. Therefore, diminished BMP4 expression accounts, at least in part, for reduced vaginal innervation density when estrogen levels rise.

Several lines of evidence show that BMP-Smad signaling plays a crucial role in nerve regeneration following injury. Analysis of the DRG neuron transcriptome following distal axon injury showed that Smad1 is strongly upregulated during regeneration, and that this transcription factor is obligatory, as siRNA knockdown abrogated regenerative outgrowth (Zou et al., 2009). The importance of BMP induction of Smad1 in axon regeneration has recently been shown in studies of DRG neurons following spinal cord injury. Central DRG axons, which normally show minimal regenerative capacity, displayed robust outgrowth when BMP4 was overexpressed in neurons by viral transduction (Parikh et al., 2011). In contrast, blocking BMP signaling by administering noggin or ablating the BMP co-receptor, RMGb, inhibited DRG neuronal outgrowth following axotomy (Ma et al., 2011). Therefore, BMPs acting through the Smad1 pathway are among a number of cytokines (Dubovy, 2011) implicated in the initiation of axon regeneration following injury.

We show here that BMP4/Smad1 signaling is also critical in determining target innervation under physiological conditions. In lumbar DRGs giving rise to vaginal innervation, low estrogen levels following ovariectomy were accompanied by high vaginal innervation density (presumably a result of axon sprouting), and levels of nuclear pSmad1 were high in peripherin-expressing neurons including those projecting to the vagina. While possible contributions of non-canonical signaling mechanisms (Sanchez-Camacho and Bovolenta, 2009) cannot be ruled out, these findings support the hypothesis that smooth muscle-derived BMP4 acts on DRG peripherin-positive neurons to induce Smad1 phosphorylation and nuclear translocation as a prelude to terminal sensory axon outgrowth in the estrogen-deprived vagina.

Alterations in estrogen status are associated with changes in vaginal autonomic as well as sensory innervation in both rats and humans (Ting et al., 2004; Griebling et al., 2012). While lentiviral BMP4 overexpression mimicked the effect of ovariectomy on CGRP immunoreactive sensory axons, TH expressing sympathetic axons were unaffected This implies that, although both sensory and autonomic neuronal progenitors are responsive to BMP4 (Guha et al., 2004; Liu et al., 2005), BMP4 influences only sensory innervation density in the mature organism. It is unclear why mature sympathetic neurons are not responsive, but it seems likely that other estrogen-regulated factors are involved in achieving the full repertoire of vaginal axon remodeling. Estrogen is known to influence the expression of trophic proteins (Bjorling et al., 2002), as well as factors that are repulsive to sympathetic axons (Krizsan-Agbas et al., 2003; Krizsan-Agbas et al., 2008; Richeri et al., 2011). Hence, while our findings show that BMP4 signaling is necessary and sufficient to achieve high levels of sensory innervation, it is clear that estrogen-mediated regulation of reproductive tract innervation involves complex interactions at the level of the target and neuron.

Abnormal sensory innervation is a hallmark feature of some female pain syndromes. Vulvodynia, characterized by abnormal sensitivity of the genital tissues, affects some 16% of the adult female population (Harlow and Stewart, 2003), and the 'provoked' form of this disorder is associated with marked hyperinnervation of the vaginal vestibule by CGRP immunoreactive axons (Bohm-Starke et al., 1999; Tympanidis et al., 2003) and impaired estrogen receptor signaling (Eva et al., 2003); excising the hyperinnervated region

frequently alleviates the pain (Goetsch, 1996). 'Spontaneous' vulvodynia selectively affects perimenopausal women, where estrogen levels are low and vaginal hyperinnervation also occurs (Griebling et al., 2012). Although the present study does not directly demonstrate that BMP4 elevation leads to hypersensitivity, several lines of evidence support this concept: i) Smad signaling pathways activated by BMP4 and related ligands are implicated in regulating DRG neuron excitability and pain sensitivity (Jeub et al., 2011); ii) our findings show that BMP4 selectively promotes sprouting of axons with a peripherin/CGRP-positive phenotype corresponding to small diameter nociceptors (Bove and Light, 1995; Goldstein et al., 1996), and axons with this phenotype appear to be obligatory for detecting some types of noxious stimuli (McCoy et al., 2012); iii) the proliferation of these axons in OVX comports well with the previously documented hypersensitivity to vaginal distension that occurs under this low-estrogen condition (Bradshaw and Berkley, 2002; Ting et al., 2004); and iv) proliferation of peripheral axons of comparable phenotype is now documented as a common feature of many painful conditions (Di Sebastiano et al., 1995; Brown et al., 1997; Schubert et al., 2005; Tague et al., 2011). While additional research is required to fully define the interrelationships among innervation, estrogen and pain sensitivity, BMP4 clearly represents a potent estrogen-regulated determinant of peripheral sensory innervation.

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Figure 1.

BMP4 expression and regulation in the adult rat vagina. **A**. Low magnification image shows gross histology of the vagina in cross section. Alpha-smooth muscle actin-immunoreactivity (ir) reveals the submucosal smooth muscle layer (red), which lies beneath the epithelium demarcated by the dense aggregation of DAPI-stained nuclei (blue). **B**. BMP4-ir (red) is expressed almost exclusively within smooth muscle (SM) lying beneath the epithelium (E) and this corresponds to the location of most peripherin positive axons (green). **C**. Preabsorption of the BMP4 antibody with an excess of mouse recombinant BMP4 eliminated staining of vaginal tissues. Bars=50µm. **D**. Submucosal vaginal tissue explants cultured for 24h with 20 nM estrogen (E2) show reduced BMP4 gene expression by RT-PCR relative to GAPDH as compared to untreated controls (C). **E**. *In vivo* treatment of ovariectomized rats for 7 d with estrogen also reduced BMP4 protein levels relative to β -actin as assessed by immunoblot.



Figure 2.

BMP receptors are expressed in L6 to S2 sensory neurons. **A**. Fluorescence activated cell sorting of dissociated DRG cells immunolabeled for BMPR1A (Cy3) and peripherin (Alexa 488) reveal high levels of BMPR1A fluorescence intensity in cells displaying high peripherin fluorescence intensity (P6). Other populations include peripherin-negative cells with high BMPR1A (P7), peripherin-positive cells with low BMPR1A expression (P4), and cells negative for either marker (P8). **B**. Immunostaining of an L6 DRG section shows BMPR1A protein is widely distributed; inset is a higher power image showing BMPR1A localized predominantly within neurons. **C**. Distribution of peripherin immunostaining in the

section shown in B. D. A merged image shows that BMPR1A-ir is present predominantly in peripherin-positive neurons. E. BMPR2 immunostaining shows wider localization across different neuronal subtypes. F. Immunostaining reveals peripherin expressing DRG neurons in E. G. Most peripherin-positive neurons show BMPR2 immunoreactivity. H, I. Peripherin immunoreactive neurons in dissociated DRG culture. Immunostaining for BMPR1A (J) and BMPR2 (K) show that both receptors are present throughout the axons (arrows) as well as the cell body. Scale bar in all panels and insets = $50 \,\mu\text{m}$.



Figure 3.

Vagina-projecting neurons express BMP4 receptors. **A**, **B**. Neurons projecting specifically to the vaginal submucosa were labeled following Alexa-488 conjugated recombinant Cholera Toxin-B injection (CTB), as shown here in an S1 dorsal root ganglion. **C**, **D**. Retrogradely labeled neurons frequently display peripherin immunoreactivity. **E**, **F**. Vagina-projecting neurons exhibit immunoreactivity for both BMPR1A and BMPR2. **G**, **H**. Arrows indicate CTB-labeled, peripherin positive neurons expressing BMPR. Arrowheads indicate CTB-labeled, peripherin negative neurons expressing BMPR. Scale bar in H = 50µm in all panels.



Figure 4.

Target-derived BMP4 promotes sensory neurite outgrowth. **A**. Dissociated dorsal root ganglion neurons grown on collagen coated plates showed increased neurite outgrowth in the presence of 10ng/ml or 50ng/ml BMP4 (*P 0.007). **B**. Vaginal smooth muscle cells immunostained for α -smooth muscle actin (red) were grown on collagen-coated plastic. Dorsal root ganglion neurons immunostained for peripherin (green) were plated on smooth muscle cells, and most extended neurites that made contacts with muscle cells at 48h. **C**. Vehicle treated co-cultures immunostained for peripherin showed many neurites. **D**. Co-cultures treated with noggin (250ng/ml) had fewer neurites. **E**. Quantitative analysis

confirmed a reduction in neurite outgrowth per neuron in noggin treated co-cultures (***P*=0.001). **F**. Neurites elaborated by neurons grown directly on smooth muscle co-cultures (Control) are reduced by the addition of a BMP4 function-neutralizing antibody (#*P*=0.005 **G**, **H**). Anti-BMP4 was equally effective in reducing axon outgrowth when smooth muscle cells were grown in transwell inserts (**H**, Control-T, Anti-BMP4-T, ##*P*=0.004). Bars in C and F = 50 µm.

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Figure 5.

Neurite outgrowth in co-cultures is downregulated by estrogen and rescued by exogenous BMP4. **A**. Smooth muscle cells (unstained) were grown for 72 hours, on which dissociated sensory neurons (green) were cultured for 48h (bar = 50 µm in A-C). **B**. When smooth muscle cells were grown in the presence of 2×10^{-8} M 17 β estradiol, neurite outgrowth appeared to be reduced. **C**. Addition of 10 ng/ml recombinant BMP4 appeared to increase numbers of neurites. **D**. Quantitative analysis showed that neurite outgrowth per neuron was reduced by estrogen (E2) pretreatment (**P*= 0.001 vs. Control), and the decrease was abrogated by BMP4 (#*P*=0.004 vs. E2). There was no significant difference between Control and E2+BMP4.



Figure 6.

pSmad1 expression in dorsal root ganglion neurons is reduced after estrogen administration. A. In vehicle-injected ovariectomized (OVX) rats, many nuclei show high levels of pSmad1-ir (arrows). B. 24h following estrogen administration (OVX+E2), pSmad1-positive nuclei were observed infrequently. C. Quantitative analysis confirms that numbers of pSmad1-positive nuclei are markedly reduced by estrogen administration (**P=0.038*). D. Double-immunostaining for peripherin (green) and pSmad1 (red) show that positive nuclei are frequently present in peripherin positive neurons in the OVX rat. E. Vaginal submucosal injection of CTB resulted in retrograde labeling of DRG neurons of OVX rats. F. Several

CTB labeled neurons in this low-estrogen condition (E) display nuclear pSmad1. Arrows points to peripherin positive CTB labeled neurons and arrowhead shows a peripherin negative CTB neuron. **G**. Vaginal CTB injection also labeled DRG neurons in OVX rats receiving estrogen. **H**. In presence of estrogen, CTB labeled neurons (G) in both peripherin positive (arrow) and negative (arrowhead) groups were frequently pSmad1 negative. **I**. In CTB-labeled neurons, pSmad1immunoreactive nuclei occurred more frequently in peripherin positive as compared to peripherin negative neurons (*P=0.004 by 2-way anova*). Both populations responded to estrogen with a reduction in the percentage of pSmad1 expressing nuclei (***P*<0.001, ****P*=0.034 by Student Newman-Kuels tests). However, the decline was much stronger in the peripherin positive population (*P=0.007*). All images from the L6 and S1 DRG. Scale bars = 50 µm.



Figure 7.

Lentiviral injection regulates BMP4 expression in vaginal smooth muscle. **A**. 293T cells overexpress BMP4 as assessed by RT-PCR 48 h after transduction with viral particles containing vectors for EGFP-BMP4 expression compared to those with only EGFP expressing control. GAPDH was used as a housekeeping control gene. **B**. Immunoblot showing abundant amounts of secreted BMP4 protein in conditioned media of 293T cells transduced with EGFP-BMP4 compared to EGFP alone. **C**. Bright field and epifluorescence overlay of the whole vagina (cut transversely) shows intense EFGP fluorescence at the injection site (arrowhead) at 7d. Arrow indicates the vaginal orifice. **D**. Overlay of DAPI

staining and EGFP in a section of the specimen shown in C. Arrow indicates abundant EGFP expression in the smooth muscle layer (Scale bar = 200μ m). **E**. Immunostaining for BMP4 shows robust fluorescence in vaginal smooth muscle (arrow) of an estrogen-treated OVX rat transduced with EGFP-BMP4 at 7d. **F**. Estrogen-treated rats receiving control virus with EGFP alone showed very low levels of BMP4 immunostaining. Scale bars in E and F = 50μ m.



Figure 8.

BMP4 overexpression preserves vaginal innervation at high estrogen. A. Immunostaining for PGP9.5 at the site of injection 7d following injection of lentivirus driving expression of only EGFP (EGFP-Inj) showed low innervation density typical of OVX rats receiving estrogen supplementation. **B**. PGP positive innervation density at sites injected with lentivirus driving BMP4 expression (BMP4-Inj) was considerably higher, characteristic of low-estrogen OVX rats (scale bar = 50µm). **C**. Injection of EGFP lentivirus did not alter innervation density relative to uninjected adjacent tissues (EGFP Adj), or to innervation at sites adjacent to injection with the BMP4 lentivirus (BMP4 Adj). Innervation density at sites receiving BMP4 lentivirus was significantly greater than that of other sites (*P=0.019 for

BMP4 Inj vs. EGFP Inj, and ***P=0.026* for BMP4 Inj vs. BMP4 Adj). **D**. Staining for peripherin confirmed that changes noted with PGP9.5 also occur within this axonal population (#*P* 0.001 for BMP4 Inj vs. EGFP Inj, and ##*P* 0.001 for BMP4 Inj vs. BMP4 Adj).



Figure 9.

BMP4 over-expression selectively affects sensory innervation density. **A**. In OVX rats receiving estrogen and injected with EGFP lentivirus (EGFP Inj) sensory axons immunoreactive for calcitonin gene-related peptide (CGRP) were depleted. **B**. Sites injected with the BMP4 lentivirus (BMP4 Inj) showed higher levels of CGRP immunoreactive innervation. Scale Bar = 50μ m. **C**. Quantitative analysis confirmed that CGRP axon density in tissue receiving BMP4 lentiviral injections was greater than that of tissue adjacent to the injection site (BMP Adj, **P*=0.012) and to tissue receiving EGFP lentivirus (EGFP Inj,

***P*=0.049). **D**. In contrast, injection with BMP4 lentivirus did not affect densities of axons expressing the sympathetic axon marker tyrosine hydroxylase (TH).