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# Expansion of the Clinical Phenotype Associated with Mutations in *Activity-Dependent Neuroprotective Protein*

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# Abstract

Mutations in Activity-Dependent Neuroprotective Protein (ADNP), a transcription factor associated with the SWI/SNF complex, have been recurrently identified in autism spectrum disorder (ASD) and are estimated to occur in 0.17% of ASD patients. We report a female patient with global developmental delay in which whole exome sequencing identified a *de novo*, protein-truncating mutation in ADNP (Chr20:49509094, c.2157C>G, p.Y719X). Furthermore, the patient presented with eye movement abnormalities and cortical visual impairment, which extends the clinical spectrum to include abnormalities in development of the visual system. Interestingly, the patient did not meet full diagnostic criteria for autism although the same mutation was identified in a male patient with autism. We also present analyses which indicate high levels of gene

**Competing Interests** 

#### Contributorship

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The authors declare no competing interests.

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expression in developing human brain prenatally but not postnatally. Our analyses further suggest a potential role in transcriptional regulation of neuronal/glial cell fate decision.

#### Keywords

Clinical genetics; Genetics; Molecular genetics; Neurosciences; Visual development

Activity-dependent neuroprotective protein (ADNP) is a highly conserved transcription factor comprised of a nine-zinc finger domains and a homeobox domain.<sup>1, 2</sup> It is highly expressed prenatally during critical stages of embryonic brain development.<sup>3</sup> Knockout (KO) mouse embryos demonstrate severe neurodevelopmental morphological profiles.<sup>4</sup> Although the ADNP KO is lethal, heterozygous embryos demonstrate typical embryogenesis yet display a neurodevelopmental delay phenotype including decreased neuronal survival.<sup>3, 5</sup>

Exome sequencing in the Simons Simplex Collection (SSC) autism dataset identified *ADNP* mutations as a putative autism gene candidate.<sup>6, 7</sup> Helsmoortel et al,<sup>8</sup> recently reported 10 individuals with ASD and mutations in exon five of the *ADNP* gene, nine of which were *de novo*. These patients also exhibited intellectual disability (ID) and dysmorphic features such as a prominent forehead. Mutations in the *ADNP* gene are estimated to be present in at least 0.17% of ASD cases. The current report further expands the *ADNP* phenotype to include abnormalities in the developing visual system (such as eye movement abnormalities and cortical visual impairment). We advise appropriate screening of eye movement and visual symptoms by clinicians in patients who have mutations in *ADNP*.

The six-year-old patient was the first child born to healthy nonconsanguineous parents. Pregnancy was notable for placenta previa and early dilation and effacement of the cervix 3 weeks prior to pregnancy. The patient was born at 40 weeks via C-section secondary to failure to progress and hypertension weighing 6 pounds 14 ounces. She had a short stay in the NICU for breathe holding and feeding problems. She was also hospitalized at 6 weeks for an acute life-threatening event of multiple cyanotic episodes thought to be due to breath holding. Our patient has been diagnosed with hypotonia and mixed developmental delays, moderate to severe expressive and receptive language delays, fine, gross and oral motor delays, ADHD, and episodic mood disorder not otherwise specified (NOS). She has also been diagnosed with hypermetropia and sleep disturbance NOS. Gastrointestinal problems were gastroesophageal reflux disease (GERD), feeding problems in infancy and constipation. Notable dysmorphic features were a broad forehead and slightly tented lips. EEG (awake, drowsy and asleep states), brain MRI, MRS and echocardiogram results were normal.

Diagnostic whole exome sequencing in this female patient, performed due to motor/speech delays as well as cyanotic episodes, identified a *de novo ADNP* mutation (Chr20:49509094, c.2157C>G, p.Y719X) in exon five (Figure 1, Supplementary Table 1). The same mutation has been reported in a male patient,<sup>8</sup> constituting this mutation as recurrent. The recurrence of this mutation is particularly notable given the large size of the *ADNP* gene as well as the large size of exon 5 which appears to harbor all mutations discovered to date. This mutation was confirmed by Sanger sequencing and not found in an unaffected brother or biological

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parents. Prior genome-wide array comparative genomic hybridization (aCGH) testing did not reveal any pathogenic copy number variants. Her constellation of medical and dysmorphic features is consistent with Helsmoortel et al. Notably, our patient is the second *ADNP* proband diagnosed with a mood disorder.<sup>8</sup>

Given the relationship between ADNP mutations and ASD/ID phenotypes, we assessed autistic features and cognitive functioning in our patient at age six. Interestingly, she did not meet criteria for Autism based on the Autism Diagnostic Observation Schedule, Second Edition (ADOS-2). Using the "some words" algorithm that requires a score of 12 or greater for an Autism diagnosis, she had a total score of 11 (Social Affect=10, Restricted and Repetitive Behavior=1) and met criteria for Autism Spectrum. Her severity score was 5, which is representative of an autism spectrum disorder classification.<sup>9</sup> Her full-scale IQ, as measured by the Wechsler Preschool and Primary Scale of Intelligence – Fourth Edition (WPPSI-IV), was 45 indicative of developmental delay. Scores on the Vineland Adaptive Behavior Scale 2<sup>nd</sup> Edition (VABS-II) revealed similar impairment in overall adaptive functioning (standard score = 60). Based on these scores, she met criteria for ID.

While hypermetropia has been reported in patients with mutations in ADNP<sup>8</sup>, our patient exhibits multiple deficits in the visual system. A novel finding in our patient is cortical visual impairment (CVI) at 2 years. She was also diagnosed with consecutive exotropia, mild amblyopia and astigmatism at age two. Although the patient has significant visual impairment, she has made considerable gains particularly in tracking objects. Surgery at 14 months corrected bilateral inferior oblique overaction associated with a marked 25° left head tilt. Visual acuity testing at 5 years showed 20/130 (right eye), 20/170 (left eye) and 20/130 (both eyes). Testing at ages 3 and 4 revealed the patient's uncorrected near visual acuity was 6.8 cycles per degree (CPD) and 20/190 on a preferential looking test. At her most recent exam, she had normal peripheral vision, normal contrast sensitivity, was able to hold steady fixation on target and follow moving target in all directions. Visual fields were full in all quadrants.

In order to understand ADNP function in the developing brain, we examined ADNP mRNA expression in the BrainSpan dataset.<sup>10</sup> We downloaded the dataset "RNA-Seq Gencode v10 summarized to genes" from BrainSpan's Developmental Transcriptome (www.brainspan.org) and normalized to RPKM (reads per kilobase per million). We applied a log base 2 tranformation: log(RPKM + 1). Results indicated extensive prenatal expression of ADNP (Supplementary Figure 1). Interestingly, because all mutations described to date are in the last exon, these mutations are unlikely to lead to nonsense-mediated decay. At present, it is unclear if mutations inactivate the protein or alternatively lead to some sort of gain of function. Of note, Helsmoortel et al. (2014) demonstrated that the mutant transcript may be upregulated.<sup>1, 2</sup> It is highly expressed prenatally during critical stages of embryonic brain development.<sup>3</sup> Knockout (KO) mouse embryos demonstrate severe neurodevelopmental morphological profiles.<sup>4</sup> Although the ADNP KO is lethal, heterozygous embryos demonstrate typical embryogenesis yet display a neurodevelopmental delay phenotype including decreased neuronal survival.<sup>3, 5</sup>

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We also found all the genes positively (Pearson correlation .9) and negatively (Pearson correlation -.8) correlated with *ADNP* (Supplementary Tables 2 and 3). We applied pathway analysis to these correlated genes using the Database for Annotation, Visualization and Integrated Discovery (DAVID) v6.7.<sup>11</sup> Significant pathways for positively correlated genes included transcription (p<.001), ion binding (p<.001) and chromatin modification (p<.001) (Supplementary Table 4). Significant pathways for negatively correlated genes included cellular homeostasis (0.03) and myelination (0.05), especially *myelin basic protein* (*MBP*, -0.9) (Supplementary Table 5). All p-values are reported using Benjamini-Hochberg corrected values.

In summary, we report a patient with a recurrent *de novo*, protein truncating ADNP mutation with novel clinical features such as visual system impairments. This extends the current phenotypic characteristics and provides a potential role for ADNP in the development of the visual system given its high prenatal expression (Supplemental Figure 1). Our proband is also the second ADNP patient with a mood disorder. Given this additional finding, mood disorders should be investigated as a secondary feature for ADNP mutations. The National Heart, Lung and Blood Institute (NHLBI) Exome Sequencing Project (ESP) includes exome sequences from 6503 individuals and has been used to clarify X-linked ID gene candidates.<sup>12</sup> One stop-gain mutation (c.1081C>T, p.Q361\*) was found, also in exon 5<sup>8</sup>; therefore, while ADNP mutations appear to have a high rate of occurrence in autism, they may not be completely penetrant in all cases. We further investigated ADNP's role in human neurodevelopment, evidenced by its high level of expression in the human fetal brain and association with gene transcriptional regulation. Pathway analysis results of genes highly coexpressed with ADNP show interesting and novel biological processes for future research, particularly in strongly anti-correlated processes like myelination. This suggests a role for ADNP involvement in neuronal/glial cell differentiation.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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### Figure 1.

Pedigree and sequence tracing for family with an *ADNP* mutation. The *de novo* heterozygous *ADNP* mutation (Chr20:49509094, c.2157C>G, p.Y719X) is noted in the proband sequence tracing compared to the same sequence in the parents (highlighted, red arrows).