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# Epidermal fatty acid binding protein protects nerve growth factor differentiated PC12 cells from lipotoxicity injury

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#### Abstract

Epidermal-fatty acid binding protein (E-FABP/FABP5/DA11) binds and transport long-chain fatty acids in the cytoplasm and may play a protecting role during neuronal injury. We examined whether E-FABP protects nerve growth factor differentiated PC12 cells (NGFDPC12 cells) from lipotoxic injury observed after palmitic acid (C16:0; PAM) overload. NGFDPC12 cells cultures treated with PMA/BSA at 0.3 mM/0.15 mM show PAM-induced lipotoxicity (PAM-LTx) and apoptosis. The apoptosis was preceded by a cellular accumulation of reactive oxygen species (ROS) and higher levels of E-FABP. Antioxidants MCI-186 and N-acetyl cysteine prevented E-FABP's induction in expression by PAM-LTx while tert-butyl hydroperoxide increased ROS and E-FABP expression. Non-metabolized methyl ester of PAM, methyl palmitic acid, failed to increase cellular ROS, E-FABP gene expression or trigger apoptosis. Treatment of NGFDPC12 cultures with siE-FABP showed reduced E-FABP levels correlating with higher accumulation of ROS and cell death after exposure to PAM. In contrast, increasing E-FABP cellular levels by preloading the cells with recombinant E-FABP diminished the PMA-induced ROS and cell death. Finally, agonists for PPARβ (GW0742) or PPARγ (GW1929) increased E-FABP expression and enhanced the resistance of NGFDPC12 cells to PAM-LTx. We conclude that E-FABP protects NGFDPC12 cells from lipotoxic injury through mechanisms that involve reduction of ROS.

# Introduction

Epidermal-fatty acid binding protein (E-FABP/ FABP5/DA11) belongs to a family of low molecular weight (14–15 kDa) cytosolic proteins that binds long-chain free fatty acids. The members of the FABP family share similar tertiary structure which consists of two short α-helical segments and a fatty acid binding cavity surrounded by two five-stranded antiparallel β-sheets (Gutierrez-Gonzalez *et al.* 2002). FABPs are thought to play a prominent role in trafficking of long-chain free fatty acids to respective final metabolic or regulatory sites within the cell. Compared to other members of FABPs in the family, E-FABP has particularly wide tissue distribution, suggesting its diversified functions. E-FABP was first isolated from human epidermal cells (Siegenthaler *et al.* 1994), and the rat version (DA11) was later cloned from injured dorsal root ganglion cells (De Leon *et al.* 1996). E-FABP is also found expressed in tissues such as vasculature endothelial cells (Masouye *et al.* 1997),

mammary tissue (Buhlmann et al. 1999), adipose tissue (Coe et al. 1999), pancreatic islets (Hyder et al. 2010), macrophages (Owada et al. 2001) in addition to all nerve cells studied. An analysis of the temporal and spatial expression profiles in the developing brain shows that E-FABP exhibits a robust expression during embryonic neurogenesis, axonal growth, neuronal migration and terminal differentiation (Liu et al. 1997, Liu et al. 2000). It is highly expressed (more than 100-fold compared to adult) as early as E14 in the rat, and the high level of expression is sustained during the first three weeks postnatal followed by a lower expression in the adult brain and spinal cord (Liu et al. 2000, Owada et al. 1996b). E-FABP is up-regulated by nerve growth factor (NGF) and is required for NGF-induced and polyunsaturated fatty acid-potentiated neurite outgrowth in PC12 cells (Allen et al. 2000, Liu et al. 2008). E-FABP co-localizes with growth-associated protein 43 in differentiating PC12 cells and in retinal ganglion cells (Allen et al. 2000, Allen et al. 2001). Furthermore, we and others have reported that E-FABP is induced in motor neurons after peripheral nerve axonal injury (De Leon et al. 1996, Owada et al. 1997). Similarly, E-FABP expression is up-regulated in the hippocampus in response to kainic acid-induced seizure (Owada et al. 1996a) and in the cerebellum and hippocampus after experimental brain ischemia (Boneva et al. 2010, Ma et al. 2010). In addition, hypoxia causes elevated expression of E-FABP in aortic endothelial cells (Han et al. 2010) and PC12 cells (unpublished data). These results suggest a role of E-FABP during stress injury in the nerve cells, but its neuroprotective characteristics in the nervous system have not been addressed in the literature.

Neuronal tissue holds a larger amount of membrane lipids compared to other tissues and contains a high concentration of polyunsaturated fatty acids that are susceptible to lipid peroxidation, leading to oxidative damage. Modulation lipid metabolism plays an important role during neuronal injuries and neuronal disorders. Several studies have shown that traumatic injury and hypoxic-ischemic brain injury lead to activation of phospholipase A2 and sphingomyelinease that release fatty acids and ceramide from membrane phospholipids and sphingolipids respectively (Dhillon et al. 1997, Liu et al. 2006, Yu et al. 2000). The increase of arachidonic acid and ceramide initiates the cascade of inflammatory response (Farooqui et al. 2007, Nixon 2009), and the accumulation of free fatty acids, especially saturated fatty acids, can cause lipotoxicity (Scheff & Dhillon 2004). All of these events contribute to a great extent to the prolonged-phase of secondary degenerative damage by various pathways, including generation of free radicals and lipid peroxidation, eventually leading to cell death (Hall & Braughler 1989, Lok et al. 2011). Further, there is growing evidence suggesting that sustained elevation of saturated fatty acids in the circulation due to high calorie intake results in lipotoxicity, inflammation and increased oxidative stress, which are believed to take part in the development of neurodegenerative diseases such as Alzheimer's disease and Parkinson's disease (Adibhatla & Hatcher 2008, Gupta et al. 2012, Middleton & Yaffe 2009), and metabolic disorders such as type 2 diabetes and nonalcoholic fatty liver disease (Unger & Orci 2001, Wang et al. 2006).

Our laboratory has been investigating the lipotoxic effect of palmitic acid (C16:0; PAM) in the nervous system. Pathophysiological concentration of PAM causes caspase-dependent and caspase-independent apoptotic cell death in NGF-differentiated PC12 (NGFDPC12) cells and Schwann cells (Padilla *et al.* 2011, Ulloth *et al.* 2003). The injury cascade starts

with increasing intracellular calcium concentration and reactive oxygen species (ROS) generation (Almaguel *et al.* 2009, Padilla *et al.* 2011). Meanwhile, ER stress genes (CHOP, Xbp1 and GRP78) and apoptosis genes (BNIP3, Bax) have been shown to be involved in the process (Almaguel *et al.* 2009, Padilla *et al.* 2011, Ulloth *et al.* 2003), and Fas receptor and Fas ligand are dramatically increased (Almaguel *et al.* 2009, Ulloth *et al.* 2003). In NGFDPC12 cells, lysosomal membrane permealization precedes mitochondrial membrane permealization, and cathepsin L seems to be a key player of this lysosomal-mitochondrial crosstalk in PAM-induced lipotoxicity (PAM-LTx) (Almaguel *et al.* 2010). The present study uses an NGFDPC12 cell model to evaluate whether E-FABP is a stress response protein that plays a protective role counteracting the ROS accumulation observed during PAM-LTx.

## **Material and Methods**

#### Material

Rat pheochromocytoma (PC12) cells were obtained from American Type Culture Collection (Manassas, VA, USA) and all experiments were performed within seven passages. Cell culture medium was acquired from Mediatech (Manassas, VA, USA) while horse serum and fetal bovine serum (FBS) were purchased from Atlantic Biological (Lawrenceville, GA, USA). Nerve growth factor (NGF) is a product from Alomone Labs (Jerusalem, Israel). Fatty acid-free bovine serum albumin (BSA) was from EMD Millipore Corp. (Billerica, MA, USA) and palmitic acid (PAM), methyl- palmitic acid (mPAM), N-acetyl cysteine (NAC), and tert-butyl hydroperoxise (TBHP) were from Sigma-Aldrich (St. Louis, MO, USA). Antioxidant MCI-186 was purchased from Biomol Research Laboratories (Plymouth Meeting, PA, USA) and NF-κB SN50 cell permeable inhibitory peptide and control peptide SN50M were from Enzo Life Sciences (Farmingdale, NY, USA). All of the PPAR agonists were bought from R&D Systems (Minneapolis, MN, USA).

#### **Cell culture and PAM treatment**

PC12 cells were propagated with F-12K medium (Ham's F-12 Nutrient Mixture, Kaighn's Modification with glutamine) containing 15% horse serum, 2.5 % FBS, and penicillin (100 units/mL)/streptomycin (100  $\mu$ g/mL) (Full serum-medium). The cells were then reseeded in 6-well plates at the density of 70,000 cells/well and differentiated with 50 ng/mL of NGF in F-12K medium with 1% FBS and penicillin/streptomycin (1% FBS-NGF medium). The medium was replaced every 3 days and PC12 cells were differentiated for 7–10 days before treatments.

PAM was delivered to the cell culture in complex with fatty acid-free BSA at PAM to BSA molar ratio of 2:1, 1:1 or 0.5:1. Following previously described procedures (Almaguel *et al.* 2009, Ulloth *et al.* 2003), PAM was first dissolved in 100% ethanol to make 300 mM stock solution and then diluted into warm 1% FBS-NGF medium containing 150  $\mu$ M fatty acid-free BSA to make 300  $\mu$ M (2:1), 150  $\mu$ M (1:1) and 75  $\mu$ M (0.5:1) working solution. The final concentration of ethanol was less than 0.1%. With this method, the concentration of unbound free PAM in the medium was about 11 nM in the 300  $\mu$ M PAM medium throughout the course of experiment. For control, the cells were treated with 1% FBS-NGF

medium containing 150  $\mu M$  fatty acid-free BSA and 0.1% ethanol, designated as "control medium."

## **Cell Morphology Analysis**

Cell morphology changes were monitored by phase contrast microscopy at different time points while nuclear morphology of control and PAM-treated NGFDPC12 cells were assessed by staining with fluorescent dye Hoechst 33342 (Life Technologies, Carlsbad, CA, USA). Hoechst dye was added to the culture medium at 1 ng/ml and incubated for 10 min at 37°C. Nuclear morphology was visualized under fluorescent microscopy. Apoptotic cells were identified by the presence of highly condensed chromatin or fragmented nuclei.

#### **Cell Viability Assay**

At the end of experimental treatments, test medium was replaced by one ml/well of plain F-12K medium containing 50 µl of cell proliferation/viability reagent WST-1 (Roche Applied Science, Indianapolis, IN, USA). After 30 min incubation in the cell culture incubator, 100 µl aliquots were transferred to 96-well plate and optical density at 450 nm was determined by µQuant plate reader (Bio-Teck Instruments, Winooski, VT, USA). WST-1 solution without incubating with cells was served as the blank. Cell viability was expressed as relative optical density of experimental group opposed to that of control group. For comparison, crystal violet cell viability assay was also performed using the same procedure described previously (Padilla *et al.* 2011).

#### Reactive oxygen species (ROS) Analysis

The ROS levels in NGFDPC12 cells were evaluated by a florescent indicator 2', 7' dichlorodihydrofluorescein diacetate (H<sub>2</sub>DCFDA, Life Technologies). After treatments, the cells were changed to plain F-12K medium with 10  $\mu$ M H<sub>2</sub>DCFDA and incubated for 25 min in cell culture incubator. Cells were then detached and analyzed using a FACSCalibur flow cytometer and Flow-Jo software as described before (Almaguel *et al.* 2009, Padilla *et al.* 2011).

#### siRNA transfection

To knockdown E-FABP in NGFDPC12 cells, we selected Ambion *In Vivo* siRNA system. Rat FABP5 siRNA (s139047) and negative control siRNA with scrambled sequences were acquired (Life Technologies) and introduced into cells by X-tremeGENE siRNA transfection reagent (Roche Applied Science). The siRNA transfection, following the manufacturer's instruction, was performed as below: siE-FABP or siControl stock was prepared at  $100~\mu\text{M}$  in water and  $2~\mu\text{l}$  of stock was diluted with  $250~\mu\text{l}$  of Opti-MEM. Transfection reagent ( $10~\mu\text{l}$ ) was also diluted with  $250~\mu\text{l}$  of Opti-MEM. Diluted siRNA and transfection reagent were combined and incubated for 20~min. Three day-differentiated PC12 cells in 6-well plates were change to antibiotics-free medium (1.5~ml/well) and then transfection solution (0.5~ml) was added to the well. After 24 hrs, the medium was changed to 1%~FBS-NGF medium for continual differentiation for another 3-5~days. The transfected NGFDPC12 cells were treated with PAM accordingly.

#### **Deliver recombinant E-FABP to NGFDPC12 cells**

Recombinant rat E-FABP protein was produced using IMPACT kit (New England Biolabs, Beverly, MA, USA) and delipidated by Lipidex 1000 method as reported before (Liu *et al.* 2008). To increase the level of E-FABP in NGFDPC12 cells, recombinant E-FABP protein was delivered to the cells by BioPORTER Quik Ease kit (Gene Therapy Systems, San Diego, CA, USA). Dried BioPORTER reagent in the vials was hydrated with PBS and then incubated with recombinant E-FABP at room temperature for 5 min. Recombinant E-FABP/BioPORTER complex solution was diluted with plain F-12 medium before added to NGFDPC12 cells in 6-well plates (10 $\mu$ g protein/well). BioPORTER reagent alone and BioPORTER complexed with a non-related protein,  $\beta$ -galactosidase, were used as controls. After 3–4 hrs incubation, full serum medium was added to the wells to let cells recover for 4 hrs and then the medium was changed to 1% FBS-NGF medium. The cells were treated with PAM accordingly on the following day.

# **Real-Time RT-PCR Analysis**

Total cellular RNA was extracted using TRI reagent (Molecular Research Center, Cincinnati, OH) and quantified by measuring the OD at 260 nm. RNA samples (800 ng) were first reversed transcribed to cDNA using iSCRIPT cDNA synthesis kit (Bio-Rad Laboratories, Hercules, CA, USA). E-FABP gene as well as another five FABP genes: intestinal type FABP (I-FABP), heart type FABP (H-FABP), adipocyte FABP (A-FABP), brain type FABP (B-FABP) and myelin FABP (M-FABP) were quantified by real-time PCR using CFX96 system (Bio-Rad). GAPDH was used as the reference gene. Table 1 lists primer sequences used in real-time PCR. Reactions were performed in three replicates with a 25  $\mu$ l mixture containing cDNA samples, primers and iQ Sybr Green supermix (Bio-Rad). The relative amount of mRNA in experimental cells was calculated using 2  $^{-}$  CT method. In addition, the sizes of final PCR products were verified with a 4% agarose gel followed by ethidium bromide staining.

#### **Western Blots**

The polyclonal antibodies against E-FABP were generated in rabbits against recombinant E-FABP produced in the laboratory. After treatment, cells were pelleted and extracted with lysis buffer (50 mM Tris, pH 7.5, 150 mM NaCl, 1% Triton X-100, 5% glycerol, 1mM EDTA, 100 μM PMSF, 1mM DTT, and protease inhibitor cocktail from Roche Applied Science). Protein extracts of NGFDPC12 cells (10 μg) were resolved on a NuPAGE Bis-Tris gel (Life Technologies) and transferred to a nitrocellulose membrane. After blocking with 7.5% milk in Tris-buffered saline with 0.05% Tween 20, pH 7.4 (TTBS), the membrane was incubated with E-FABP antiserum and anti β-actin (clone AC-15, Sigma-Aldrich) in 5% milk TTBS at 4°C overnight. Subsequently, the membrane was washed with TTBS, incubated with horseradish peroxidase-goat anti-rabbit IgG and -goat anti-mouse IgG for 1 hr, and washed again. The signal was then detected by SuperSignal West Pico Chemiluminescent Substrate (Thermo Scientific, Rockford, IL). The relative amount of protein was quantified by densitometry analysis of the autoradiographs using Alpha Innotech (Protein Simple, Santa Clara, CA).

#### Immunofluorescent staining

PC12 cells were seeded in collagen-coated 4-well culture slides (BD Biosciences, Bedford, MA) and differentiated with NGF. After PA-LTx treatments, cells were fixed with 4% paraformaldehyde. After washed with PBS, the cells were incubated with blocking solution that consists of 20% normal donkey serum (NDS) in PBST (PBS with 0.1% Tween 20) for 2 hrs. Primary antibody, anti-E-FABP antiserum, was prepared in 3% NDS with PBST and incubated with the cells overnight at 4°C. Next day, the slides were washed with PBST and incubated with secondary antibody, Alexa Fluor488 anti-rabbit (Life Technologies), for 2 hrs. Afterward, cells were counter-stained with Texas red-phalloidin (Liu *et al.* 2008) and examined with fluorescent microscopy.

#### Statistical Analysis

All the experiments were repeated independently at least 3 times. Statistical comparisons were made using Student's t test. Significance was accepted at p<0.05.

#### Results

#### 1. Lipotoxicity caused by palmitic acid (PAM) induces apoptosis in NGFDPC12 cells

The first series of experiments confirmed the effect of PAM-induced lipotoxicity (PAM-LTx) in NGFDPC12 cells. Figures 1A–1C show the morphological appearances of NGFDPC12 cells after PAM treatment for up to 48 hrs. The extensive neurite network seen in control non-treated cells started to disintegrate after 24 hrs and was largely absent after 36 and 48 hrs of treatment (Fig. 1A). The loss of neurites coincided with round up cell bodies (Fig. 1A) and typical apoptotic nuclei in PAM-treated cells (Fig. 1B). Immunocytochemistry analysis of E-FABP revealed that there is an accumulation of E-FABP in the neurite region after PAM treatment in NGFDPC12 cells (Fig. 1C). Quantitative cell viability assays indicated a time-dependent decrease loss of NGFDPC12 cells following PAM treatment as shown in WST-1 assay and crystal violet assay (Fig. 1D and 1E).

#### 2. E-FABP is up-regulated under PAM-LTx in NGFDPC12 cells

In the next series of experiments we determined the E-FABP mRNA levels in NGFDPC12 cells at various time points after cells were treated with 75  $\mu$ M, 150  $\mu$ M and 300  $\mu$ M PAM (Fig. 2A). When near physiological concentration of PAM was used (75  $\mu$ M), mRNA level of E-FABP did not change for up to 48 hrs. However, at pathophysiological concentration (150  $\mu$ M), E-FABP mRNA showed a maximum increase of 2.5 fold at 18 hrs and dropped back to control level at 24 and 48 hrs. When NGFDPC12 cells were cultured with even higher PAM concentration of 300  $\mu$ M, an earlier and a stronger response of E-FABP mRNA up-regulation was observed. Under such conditions, E-FABP mRNA level reached a maximum 3.5 fold at 12 hrs, followed by a lower stimulation at 18 hrs (3 fold) and 24 hrs (2 fold). Western blot analysis showed that E-FABP protein level in NGFDPC12 cells was increased continuously up to 24 hrs by 300  $\mu$ M PAM while there is no significant changes observed up to 24 hrs when treated with 150  $\mu$ M PAM (Fig. 2B and 2C). In addition to E-FABP, mRNA levels of the other five FABPs (I-FABP, H-FABP, A-FABP, B-FABP and M-FABP) in NGFDPC12 cells were also analyzed and the results are summarized in Table

2. The data show that E-FABP is the most abundant FABP in NGFDPC12 cells by two to three orders of magnitude higher and it was significantly increased by PAM exposure. PAM appears to also stimulate A-FABP expression but it exhibits only very low expression in NGFDPC12 cells.

# 3. E-FABP up-regulation by PAM-LTx in NGFDPC12 cells is mediated through Reactive Oxygen Species (ROS) accumulation

The accumulation of ROS in NGFDPC12 cells after PAM treatment was analyzed using H<sub>2</sub>DCFDA assay. The results indicate that PAM caused a dose- and time-dependent increase of ROS levels in NGFDPC12 cells (Fig. 3A). The increase of ROS by 300 µM and 150 µM PAM occurred as early as 6 hrs after treatment, which precedes the up-regulation of E-FABP mRNA seen in the same conditions (18 hrs, Fig. 2A). Their ROS accumulation reached the highest level at 12 hrs and returned to control level at 24 hrs. Furthermore, ROS levels were not increased when NGFDPC12 cells were treated with 75 µM PAM, which condition did not affect E-FABP mRNA levels (Fig. 2A). Therefore, we hypothesized that the stimulation of E-FABP could be mediated through ROS generation. To test this hypothesis, antioxidants MCI-186 (100 µM) or N-acetyl cysteine (NAC, 100 µM) were added to NGFDPC12 cultures during PAM-LTx treatment. The results are shown in Figure 3B. MCI-186 and NAC by themselves did not affect E-FABP expression but were able to partially (MCI-186) or completely (NAC) abolish the up-regulation of E-FABP caused by PAM. In addition, NGFDPC12 cells were treated with free radical tert-butyl hydroperoxise (TBHP, 100 µM), and the result showed that NGFDPC12 cells elicited a 2.5 to 3 fold induction of E-FABP mRNA expression after 12–24 hrs (Fig. 3C), which is comparable to the stimulation seen by 300 µM PAM (Fig. 2A). These results confirmed that E-FABP is induced via ROS generated by PAM-LTx.

ROS have been shown to activate a number of cellular signal transduction pathways that could mediate the increase of E-FABP gene expression observed during lipotoxic injury. Considering that E-FABP gene has two putative NF-κB binding sites in the promoter region (Fig. 4A) that mediate the up-regulation of E-FABP in MCF-7 cells (Kannan-Thulasiraman *et al.* 2010), we proceeded to further explore the interactions of ROS and E-FABP regulation in cultures treated with SN50, which blocks nucleus translocation of NF-κB. Figure 4B shows that the increase of E-FABP mRNA by PAM was significantly lower in cells co-treated with SN50. Determination of cellular ROS levels at a later time showed that cells co-treated with SN50 and PAM exhibited higher ROS level than cells treated with PAM alone while the control peptide, SN50M, did not affect the ROS levels in NGFDPC12 cells (Fig. 4C). In an additional experiment we also examined if MAP kinase mediates the up-regulation of E-FABP by PAM-LTx. Figure 4D indicates that in the presence or absence of the MAP kinase inhibitor, U0126, E-FABP mRNA was stimulated to similar level upon PAM treatment.

## 4. E-FABP up-regulation by PAM-LTx in NGFDPC12 cells may involve PAM metabolism

In order to determine whether metabolized PAM is essential for producing lipotoxicity, a non-metabolized methyl ester of PAM, methyl palmitic acid (mPAM), was tested (Parker *et al.* 2003). Our results revealed that mPAM does not alter either the E-FABP mRNA (Fig.

5A) or ROS level (Fig. 5B) and NGFDPC12 cells did not lose their morphological integrity as they did with PAM treatment (Fig. 5C). Hence, PAM activation and metabolism are prerequisite in the lipotoxicity process.

# 5. Cellular levels of E-FABP affect ROS concentration and NGFDPC12 cells viability during PAM-LTx

To investigate the significance of E-FABP up-regulation during lipotoxicity, we tested lipotoxicity effects on NGFDPC12 cells having decreased or increased intracellular E-FABP protein levels.

By transfecting siRNA, both the E-FABP protein level and mRNA level in NGFDPC12 cells was significantly reduced when compared to siControl-treated cells (Fig. 6A). PAM treatment resulted in elevated E-FABP mRNA in siE-FABP cells and siConrol cells, but E-FABP in siE-FABP cells were significant lower than that in siControl cells 12 hr and 18 hr after PAM-LTx (Fig. 6A). The effect of decreased E-FABP in NGFDPC12 cells on intracellular ROS is shown on Figure 6B. In the absence of PAM, siE-FABP cells showed higher basal level of ROS than siControl cells, presumably due to lacking ROS-buffering effect from E-FABP. PAM-LTx caused time-dependent increase of ROS accumulation at 12 and 18 hrs. As expected, siE-FABP cells exhibited higher ROS than siControl did (Fig. 6B). Cell viability assay showed no difference between siControl and siE-FABP cells without PAM (Fig. 6C). However, a significant higher loss of cell viability in siE-FABP transfected cells during lipotoxicity was found when compared to that of siControl (Fig. 6C). These results suggest that the E-FABP can reduce ROS accumulation and protect NGFDPC12 cells from apoptosis during PAM-LTx.

In a previous report we showed that increasing cellular levels of E-FABP significantly potentiated neurite extension in differentiating PC12 cells (Liu *et al.* 2008). Using a similar approach, we delivered recombinant E-FABP protein to NGFDPC12 cells before exposure to PAM overload. Figure 7A indicates that NGFDPC12 cells receiving recombinant E-FABP protein showed higher E-FABP levels at both basal and lipotoxic condition. Upon PAM treatment, the cells loaded with recombinant E-FABP protein did not show significant elevation of ROS as seen in vehicle-treated cells (Fig. 7B). Further, this ROS-reducing effect appears to be specific to E-FABP because cells loaded with vehicle (BioPORTER) or unrelated protein ( $\beta$ -galactosidase) still displayed increased ROS level after PAM treatment (Fig. 7B). Figure 7C shows that the PAM+E-FABP group, which exhibits lower ROS levels, had more viable cells than the other three groups at the end of PAM treatment.

E-FABP has been shown to be regulated by peroxisome proliferator-activated receptors (PPARs) (Hyder *et al.* 2010). We used specific PPAR agonists WY14643 (for PPARα), GW0742 (for PPARβ/δ) and GW1929 (for PPARγ) to further examine the effect of increased levels of E-FAPB during PAM-LTx. Among the PPAR agonists tested (Fig. 8A), PPARβ/δ agonist, GW0742, elicited 6-fold stimulation, and PPARγ agonist, GW1929, produced 2-fold stimulation of E-FABP expression at 24 hrs but not at 12 hrs. Based on this result, we pretreated NGFDPC12 cells with PPAR β/δ agonist and PPARγ agonist to increase E-FABP levels before PAM-LTx experiment. Consistent with our hypothesis, elevated cellular levels of E-FABP in NGFDPC12 culture resulting from treatment with

PPAR $\beta$ / $\delta$  and PPAR $\gamma$  agonists increased cell resistance to lipotoxic insult (Fig. 8B). Furthermore, the protecting effect provided by PPAR $\beta$ / $\delta$  and PPAR $\gamma$  agonists was abolished in siE-FABP-transfected cells (Fig. 8C), confirming the important role of E-FABP in the PPAR agonists-initiated resistance during PAM-LTx.

#### **Discussion**

The present study provides new experimental evidence that E-FABP is an oxidative stress response protein that plays a protective role as an antioxidant in NGFDPC12 cells exposed to PAM-LTx injury. We demonstrate that experimental conditions that increase cellular levels of E-FABP (administration of E-FABP recombinant protein and treatment with PPAR agonists) lower ROS levels and improve cell survival in PAM-injured NGFDPC12 cells. Inhibition of E-FABP gene expression using E-FABP siRNA magnifies the detrimental effects of PAM-LTx by increasing ROS accumulation and cell death. Thus, E-FABP levels in the cell can regulate the outcome of PAM-LTx.

Previous work from our laboratory showed that the detrimental effects of PAM-LTx can be inhibited by antioxidant treatment (Almaguel et al. 2009, Padilla et al. 2011), suggesting that cellular ROS accumulation is an integral part of this PAM-LTx process. The mitochondrial electron transport chain (ETC) has been recognized as one of the major sites to generate ROS in the cell, mainly from enzyme complexes Complex I and Complex III. Long-chain nonesterified fatty acids modulate mitochondrial ROS production by interacting or uncoupling of the ETC (Schonfeld & Wojtczak 2008). For PAM, in particular, has been shown to increase mitochondrial superoxide generation in cardiomyocytes and INS-1 beta cells (Fauconnier et al. 2007, Lin et al. 2012). Palmitoyl-carnitine that serves as the substrate for β-oxidation releases significant amount of H<sub>2</sub>O<sub>2</sub> (St-Pierre et al. 2002). Further, the mitochondrial H<sub>2</sub>O<sub>2</sub> emission rates in permeabilized muscle fibers are higher during respiration by palmitoyl-carnitine oxidation (fatty acid metabolism) than by pyruvate oxidation (glucose metabolism) (Anderson et al. 2007). Palmitoyl-CoA was shown to inhibit directly (without β-oxidation) adenine nucleotide translocator and results in reduction in the extramitochondrial ATP/ADP ratio and increased ROS production in liver mitochondria (Ciapaite et al. 2006). On the other hand, succinate-dependent ROS release from Complex I is decreased by palmitoyl-CoA in heart mitochondria (Bortolami et al. 2008). PAM can also be metabolized in peroxisome and the balance between H<sub>2</sub>O<sub>2</sub> production (by acyl-CoA oxidases) and H<sub>2</sub>O<sub>2</sub> reduction (by catalase) controls the net H<sub>2</sub>O<sub>2</sub> output from peroxisome. Recently, peroxisomal ROS generation has also been suggested to mediate the PAM-LTx in insulin-producing cells (Elsner et al. 2011). While the present study demonstrates that PAM activation is required for generating ROS and producing lipotoxicity, further studies are required to assess the respective contributions of metabolic oxidation and the generation of lipid-derived signals in the cytosol.

ROS can be toxic to the cells, due to their strong reactivity with proteins, lipids and nucleic acids that causes deleterious modification of these macromolecules (Aruoma *et al.* 1991, Kramer *et al.* 1994; Radi *et al.* 1991). High intracellular accumulation of ROS can also regulate gene expression as seen in the redox-sensitive NF-κB signaling pathway (Morgan & Liu 2011). NF-κB proteins regulate expression of many genes involved in inflammation,

immune response, cell growth/differentiation and apoptosis. Our findings showing SN50 reduces the increase of E-FABP gene expression in NGFDPC12 cells during lipotoxicity points to a potential contribution of the NF-kB pathway in this process, which leads to future studies to examine the role of this important signaling pathway. The NF-kB proteinsim are composed of dimers of the Rel family that bind 10-base pair κB sites. NF-κB dimers are sequestered in the cytosol by inhibitor proteins IkBs. The activity of IkBs is controlled through phosphorylation by IkB kinases (IKKs). Upon phosphorylation, IkBs become ubiquitinated and degraded in proteosomes that allow NF-kB dimers to translocate to the nucleus, bind to kB motif and activate gene transcription. ROS have both stimulatory and inhibitory effects in NF-kB signaling pathway (Byun et al. 2002). Mitochondrial ROS generated during hypoxia/reoxygenation activate NF-κB through phosphorylation of IκBα at alternative phosphorylation site tyrosine 42 (Fan et al. 2003). Tyrosine 42-phosphorylated IκBa is bound by regulatory subunit of PI3-kinase, which consequently unmasks NF-κB and allows it to translocate to the nucleus (Beraud et al. 1999). On the other hand, H<sub>2</sub>O<sub>2</sub> reduces NF-kB signaling by inhibiting inflammatory-stimulated IKK (Reynaert et al. 2006). Further, IKK is known to be phosphorylated and activated by upstream kinase NIK (NF-κBinducing kinase), and this activity is also modulated by H<sub>2</sub>O<sub>2</sub> (Li & Engelhardt 2006). Along these lines, PAM can regulate genes such as interleukin 6 in the skeletal muscle (Weigert et al. 2004) and adipocytes (Ajuwon & Spurlock 2005) through NF-kB activation. PAM has been shown to stimulate DNA binding of NF- $\kappa$ B, decrease cytosolic I $\kappa$ B $\alpha$ , and increase nuclear levels of p65/RalA in L6 myotubes, which is the pathway implicated in fatty acid-induced insulin resistance in skeletal muscle (Sinha et al. 2004).

The fact that treating NGFDPC12 cultures with PPAR agonists is followed by induction of E-FABP suggests an important role of these proteins in protecting cells during PAM-LTx. PPARs, comprising three isotypes PPARα, PPARβ/δ and PPARγ, are transcription factors activated by a wide range of naturally occurring or metabolized lipids derived from the diet or from intracellular signaling pathways and subsequently modulate lipid-related gene expression (Feige et al. 2006). PPARs serve as a lipid signal sensor in the cell and play a crucial role to integrate various pathways involved in lipid metabolism, inflammation, cellular proliferation and differentiation (Feige et al. 2006). Elevated plasma saturated fatty acid due to over nutrition as well as traumatic/ischemic CNS injury lead to activation of inflammatory cascades, as NF-κB the key regulator of inflammation (Cai 2013, Fleming et al. 2006). PPARs are shown to suppress NF-κB through various mechanisms (Wahli & Michalik 2012) and PPARy is considered a promising neuroprotective strategy mainly through its anti-neuroinflammatory activity (Heneka et al. 2011, Munhoz et al. 2008). FABPs are able to facilitate this neuroprotective pathway through channeling lipid ligands to respective PPAR ligand binding domain (Velkov 2013). Members of the FABP family are regulated by PPARs. Adipocyte-FABP and liver-FABP are among the best characterized PPAR target genes (Mochizuki et al. 2001, Poirier et al. 1997, Tontonoz et al. 1994). The impressive up-regulation of E-FABP by PPARβ/δ agonist observed in the present study is similar to the effect of PPARβ/δ in prostate cancer (Morgan et al. 2010). In addition, the neuronal differentiating activity of PPARβ/8 can occur through modulating MAP kinase pathway (D'Angelo et al. 2011), which is consistent with our previous study showing that MAP kinase mediates the NGF-induced up-regulation of E-FABP gene in PC12 cells (Liu et

al. 2008). However, data presented in current study suggest that PAM-stimulated E-FABP gene expression is dependent on NF-κB but not MAP kinase. Our data agree with the notion that the expression of E-FABP may be at the center of neuronal differentiating and injury processes (De Leon *et al.* 1996, Liu *et al.* 1997, Liu *et al.* 2000, Liu *et al.* 2008).

Multiple lines of evidence support an antioxidant role of FABPs as function of their demonstrated fatty acid/lipid binding properties (Terrasa et al. 1998, Wang et al. 2005, Wang et al. 2007). For instance, Ek et al. (1997) showed that FABPs can serve as an intracellular fatty acids buffer that can alter their availability for cell metabolic functions. Therefore, the increase in the level of E-FABP by PAM-LTx observed in our study may reduce the effective amount of PAM to generate additional ROS. Further, FABPs can also bind to long-chain fatty acid oxidation derivatives (Raza et al. 1989) and, thus, may neutralize their potential toxic effect. In addition, FABPs are known to directly involve PPAR-mediated gene control by transporting PPAR ligands to the nucleus (Kaczocha et al. 2009, Wolfrum et al. 2001), and PPARs regulate the balance between cell survival and apoptosis (Feige et al. 2006). Along these lines, Tan et al. (2002) reported that E-FABP and adipocyte FABP can transport selective ligands to PPARβ/δ and PPARγ, respectively, to enhance their transcriptional activity. For instance, in breast cancer, retinoic acid either inhibits or promotes cell growth depending on how FABPs, i.e. CRABP-II and E-FABP, channel it to either the nuclear retinoic acid receptor or PPAR $\beta/\delta$ , respectively (Schug et al. 2008). In another series of studies, FABPs have been shown to serve as antioxidant proteins through modification of their amino acid residues not through their ligand binding. For example, E-FABP protein has the highest number of cysteine residue among all FABPs (Odani et al. 2000). Disulfide bonds may be formed between spatially close cysteine pairs: Cys-120/Cys-127 and Cys-67/Cys-87 in the case of rat E-FABP, and they seem not to be directly involved in fatty acid binding. That the cysteine pairs form disulfide bonds or remain free thiols is affected by the cellular redox state suggests that E-FABP can serve as an intracellular free radical scavenger (Odani et al. 2000). The protective role of E-FABP was also evident in the study by Bennaars-Edien et al. (2002) showing that Cys-120 and Cys-127, to a lesser extent, are covalently modified by 4-hydroxynonenal (4-HNE), a toxic lipid peroxidation product, and the 4-HNE modification is potentiated by fatty acid binding. The 4-HNE modification of cysteine side chains was later reported for adipocyte FABP and liver FABP (Grimsrud et al. 2007, Smathers et al. 2012). Besides cysteine residue, oxidative modification of methionine residues was also identified in liver FABP, but the antioxidant effect was reduced after fatty acid binding (Yan et al. 2009). The mechanism by which E-FABP diminishes ROS produced by PAM-LTx demonstrated in this study needs further investigation. However, it is reasonable to suggest that the protective role of E-FABP in PAM-LTx may have important clinical implications in neuronal injuries that involve oxidative stress or lipid peroxidation.

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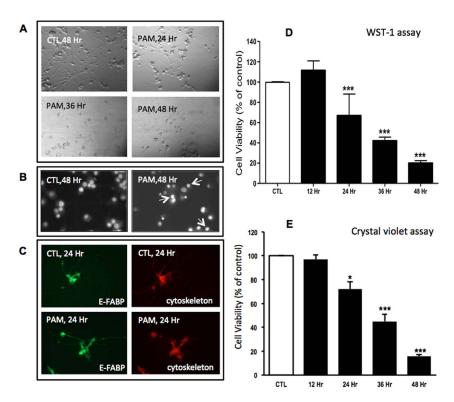
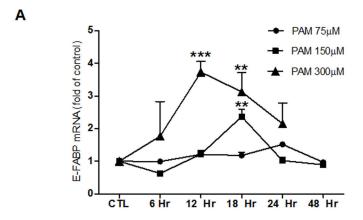
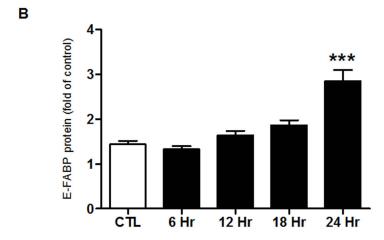
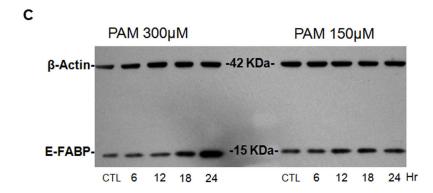


Figure 1. Palmitic Acid (PAM) induces apoptotic cell death in NGFDPC12 cells Cells were treated with control medium (CTL) or 300  $\mu$ M PAM for different time period (12–48 hrs). (A) Representative cellular morphological images were acquired by phase contrast microscopy. (B) Representative nuclear morphological images were analyzed with Hoechst staining and fluorescent microscopy. Arrows indicate chromatin condensation and fragmentation. (C) Representative immunofluorescent images are shown to exhibit intracellular E-FABP in green and cytoskeleton in red. (D) Cell viability of NGFDPC12 cells was determined by WST-1 assay. (E) Cell viability of NGFDPC12 cells was determined by crystal violet assay. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbol: \*\*\*=p<0.001 (compared to control group).



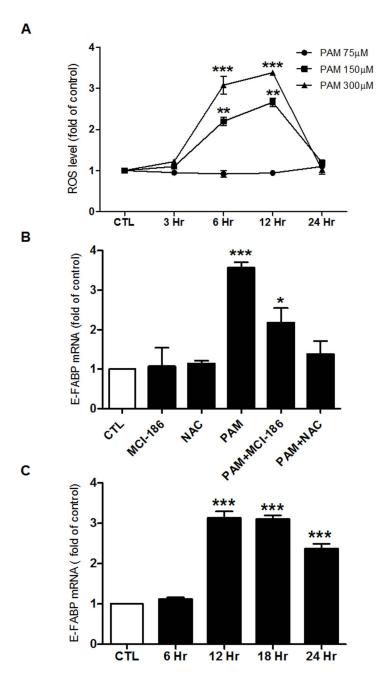




 $\begin{tabular}{ll} Figure 2. E-FABP is up-regulated under PAM-induced lipotoxicity (PAM-LTx) in NGFDPC12 cells \\ \end{tabular}$ 

(A) Cells were treated with control medium (CTL) or PAM at the concentration of 75  $\mu$ M, 150  $\mu$ M or 300  $\mu$ M for 6 to 48 hrs. Quantification of E-FABP mRNA levels was performed by real-time RT-PCR. (B) Cells were treated with CTL or 300  $\mu$ M PAM for 6 to 24 hrs. Quantification of E-FABP protein levels was done by Western blots followed by densitometry analysis, using  $\beta$ -actin as the loading control. (C) A representative Western blot for E-FABP (15kDa) and  $\beta$ -actin (42kDa) of NGFDPC12 cells treated with 300  $\mu$ M or 150  $\mu$ M PAM for 6 to 24 hrs. The data represent mean  $\pm$  SEM of three independent

experiments. Significance symbols: \*\*=p<0.01 and \*\*\*=p<0.001 (compared to control group).



Figure~3.~Cellular~accumulation~of~Reactive~Oxygen~Species~(ROS)~mediates~PAM-LTx-triggered~E-FABP~up-regulation~in~NGFDPC12~cells

(A) Cells were treated with control medium (CTL) or PAM at the concentration of 75  $\mu$ M, 150  $\mu$ M or 300  $\mu$ M for 3, 6, 12, and 24 hrs and cellular ROS level was measured with H<sub>2</sub>DCFDA method. (B) Cells were pretreated with antioxidants MCI-186 (100  $\mu$ M in control medium) or N-acetyl-cysteine (NAC, 100  $\mu$ M in control medium) for 12 hrs and then incubated with 300  $\mu$ M PAM in the presence of the same antioxidant for another12 hrs. For comparison, cells were treated with CTL, 300  $\mu$ M PAM or antioxidants alone for 12 hrs. Relative E-FABP mRNA levels were determined by real-time RT-PCR. (C) Cells were treated with CTL or tert-butyl hydroperoxide (TBHP, 100  $\mu$ M in control medium) for 6, 12,

18 and 24 hrs and relative E-FABP mRNA levels were determined. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbols: \*=p < 0.05, \*\*=p<0.01 and \*\*\*=p<0.001 (compared to control group).

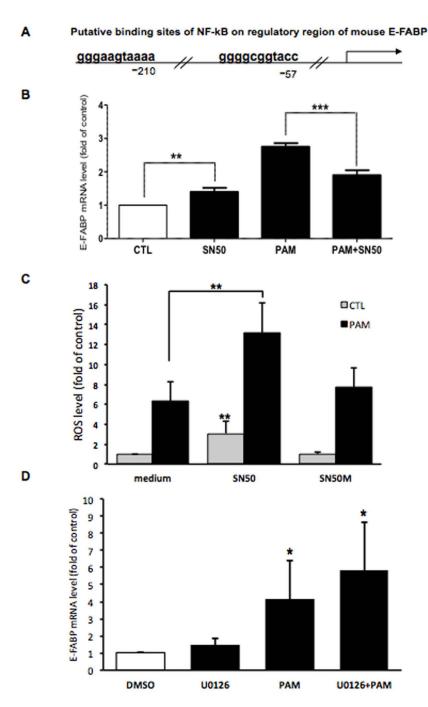


Figure 4. NF- $\kappa$ B inhibitor affects PAM-LTx-induced E-FABP expression and ROS accumulation in NGFDPC12 cells

(A) The putative binding sites of NF-kB on regulatory region of mouse E-FABP predicted by PROMO program (Farre *et al.* 2003). (B) Cells were treated with control medium (CTL), NF-kB inhibitor SN50 at 50µg/ml in control medium (SN50), 300 µM PAM (PAM) or PAM together with SN50 (PAM+SN50) for 12 hrs and E-FABP mRNA levels were determined by real-time RT-PCR. (C) Cells were treated with control medium, SN50 or control peptide SN50M with or without 300 µM PAM for 18 hrs and ROS level was measured with

 $H_2$ DCFDA method. (**D**) Cells were treated with 20 μM of U0126 or control medium with 0.1% DMSO with or without 300 μM PAM for 12 hrs and E-FABP mRNA levels were determined by real-time RT-PCR. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbols: \*=p < 0.05, \*\*=p<0.01 and \*\*\*=p<0.001. Significance symbols are shown above bars when compared to control group and are shown above lines when compared between two linked groups.

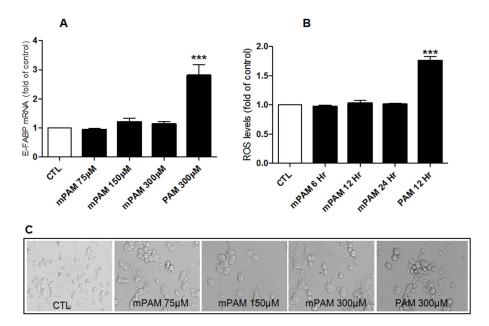
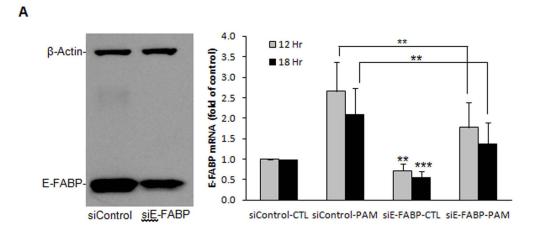
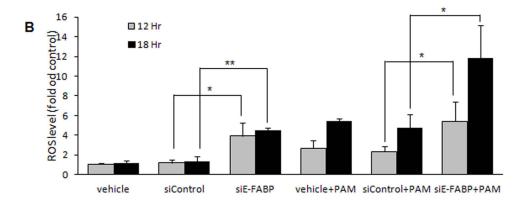


Figure 5. Non-metabolized PAM, methyl palmitic acid (mPAM), does not cause lipotoxicity in NGFDPC12 cells

(A) Cells were treated with control medium (CTL), 300  $\mu$ M PAM or mPAM at the concentration of 75  $\mu$ M, 150  $\mu$ M or 300  $\mu$ M for 12 hrs. Relative E-FABP mRNA levels were determined by real-time RT-PCR. (B) Cells were treated with control medium (CTL), 300  $\mu$ M PAM for 12 hrs or 300  $\mu$ M mPAM for 6, 12, and 24 hrs and ROS level was measured with H<sub>2</sub>DCFDA method. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbols: \*\*\*=p<0.001 (compared to control group). (C) Representative morphological photographs of NGFDPC12 cells 48 hrs after being treated as in (A).





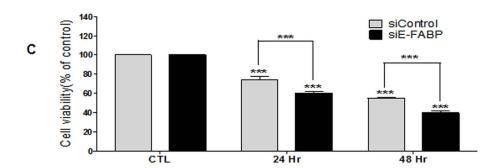
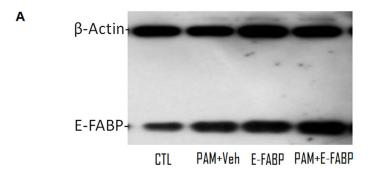


Figure 6. Lowering E-FABP levels in NGFDPC12 cells by siRNA increases ROS accumulation and PAM-LTx-induced cell death

(A) Left: Three-day-differentiated PC12 cells were transfected with siControl or siE-FABP for 5 days. A representative E-FABP Western blot is shown. Right: siControl and siE-FABP transfected cells were treated with control medium or 300 µM PAM for 12 and 18 hrs. Relative E-FABP mRNA levels were determined by real-time RT-PCR. (B) Cellular ROS levels of transfection reagent (vehicle), siControl and siE-FABP treated cells were measured by H<sub>2</sub>DCFDA method at 12 and 18 hrs after PAM (or control medium) treatment. (C) Cell

viability of siControl and siE-FABP cells were measured by WST-1 assay at 24 and 48 hrs after PAM treatment. CTL: control medium at 48 hrs. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbols: \*=p < 0.05, \*\*=p<0.01 and \*\*\*=p<0.001. Significance symbols are shown above bars when compared to control group and are shown above lines when compared between two linked groups.



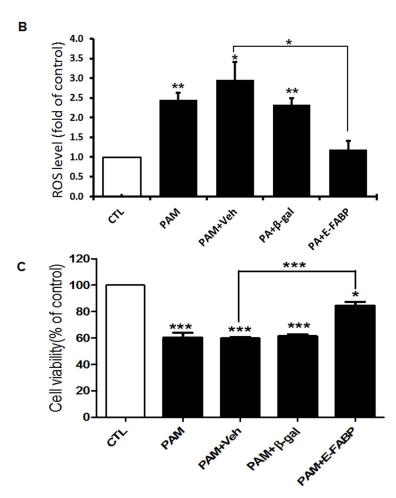


Figure 7. Preloading NGFDPC12 cells with recombinant E-FABP decreases PAM-LTx-induced cellular ROS accumulation and cell death

Recombinant proteins were delivered to NGFDPC12 cells by BioPORTER Quik Ease kit one day before the addition of 300  $\mu$ M PAM to the cell culture. BioPORTER alone was used as the vehicle control. (A) E-FABP Western blot was performed 24 hrs after treatment and a representative blot is shown. Veh: control medium added to vehicle-loaded cells; PAM +Veh: PAM added to vehicle-loaded cells; E-FABP: control medium added to E-FABP-loaded cells; PAM+E-FABP: PAM added to E-FABP-loaded cells. (B) Cellular ROS level was evaluated by H2DCFDA method at 12 hrs after PAM treatment. CTL: control medium

added to vehicle-loaded cells, PAM: PAM added to untreated cells, PAM+Veh: PAM added to vehicle-loaded cells, PAM+ $\beta$ -gal: PAM added to  $\beta$ -galactosidase-loaded cells and PAM +E-FABP: PAM added to E-FABP loaded cells. (C) Cell viability was determined by WST-1 assay at 48 hrs after PAM treatment. Significance symbols: \*=p < 0.05, \*\*=p<0.01 and \*\*\*=p<0.001. Significance symbols are shown above bars when compared to control group and are shown above lines when compared between two linked groups.

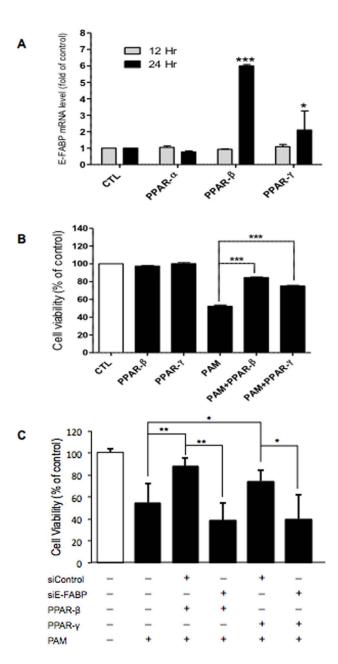


Figure 8. PPAR agonists stimulate E-FABP expression and protect NGFDPC12 cells from PAM-LT $_{\mathbf{x}}$ 

(A) Cells were treated with 10  $\mu$ M of PPAR $\alpha$  agonist (WY14643), PPAR $\beta$  agonist (GW0742) and PPAR $\gamma$  agonist (GW1929) in control medium for 12 and 24 hrs. The stock solution of chemicals was made at 20 mM in DMSO. CTL: control medium with 0.05% DMSO. Relative E-FABP mRNA levels of cells upon treatments were determined at 12 and 24 hrs by real-time RT-PCR. (B) NGFDPC12 cells were treated with 300  $\mu$ M PAM without PPAR agonists pretreatment (PAM), with GW0742 pretreatment (PAM+ PPAR- $\beta$ ), or with GW1929 pretreatment (PAM+ PPAR- $\gamma$ ) for 2 days. Each group was also treated with control medium without PAM. Cell viability was determined by WST-1 assay at 48 hrs. (C) siControl and siE-FABP transfected cells were treated with 10  $\mu$ M GW0742 or GW0742 for

2 days before PAM-LTx experiment. Cell viability was determined by WST-1 assay at 48 hrs. The data represent mean  $\pm$  SEM of three independent experiments. Significance symbols: \*=p<0.05 and \*\*\*=p<0.001. Significance symbols are shown above bars when compared to control group and are shown above lines when compared between two linked groups.

Table 1

Primer sequences for RT-qPCR

Gene		Primer sequences (5'-3')	Amplicon
I-FABP	forward	ATGCAGAAGGGCTAGCTTGG	70 bp
	reverse	CACAGTGAGTGAGCCTGCAT	
H-FABP	forward	CATGGCGGACGCCTTTGTCG	91 bp
	reverse	GGTGGCAAAGCCCACACCGA	
A-FABP	forward	AGAAGTGGGAGTTGGCTTCG	103 bp
	reverse	ACTCTCTGACCGGATGACGA	
E-FABP	forward	TTACCCTCGACGGCAACAA	106 bp
	reverse	CCATCAGCTGTGGTTTCATCA	
B-FABP	forward	GGGCGTGGGCTTTGCCACTA	89 bp
	reverse	TCCGGATCACCACTTTGCCGC	
M-FABP	forward	TCCGGGGGCCTGGGCAGTTA	117 bp
	reverse	GGAGGCTGCTCCTGTTGCCTG	
GAPDH	forward	GGGGCTCTCTGCTCCTCCTG	119 bp
	reverse	AGGCGTCCGATACGGCCAAA	

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Table 2
Relative level of FABP mRNAs in NGFDPC12 cells with and without PAM treatment

CT method. Their mRNA changes upon PAM treatment Relative abundance of selected FABPs in NGFDPC12 cells (without PAM-LTx) was determined by real-time RT-PCR, using GAPDH as the reference gene. Ct: threshold cycle. The amount of mRNA in experimental cells was calculated using 2are represented as mRNA level of PAM-treated cells/ mRNA level of control-treated cells.

	E-FABP	I-FABP	H-FABP	A-FABP	I-FABP A-FABP B-FABP M-FABP	M-FABP
Ct(FABP)-Ct(GAPDH) 0.00±0.27	$0.00\pm0.27$	8.72±2.15	9.93±0.56	$11.69\pm2.20$	8.72±2.15 9.93±0.56 11.69±2.20 11.76±4.73 10.10±2.88	10.10±2.88
Relative Abundance	$1042.81\pm196.69$ $5.51\pm4.95$ $1.11\pm0.32$ $0.73\pm0.67$	$5.51\pm4.95$	$1.11{\pm}0.32$		3.95±4.00	$3.45\pm3.48$
PAM/CTL (fold)	$3.06\pm0.90$	$1.18\pm0.66$	$1.77\pm1.40$	4.71±2.18	$1.18\pm0.66$ $1.77\pm1.40$ $4.71\pm2.18$ $1.03\pm0.57$ $1.48\pm0.80$	$1.48\pm0.80$

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