



Published in final edited form as:

Arterioscler Thromb Vasc Biol. 2018 July ; 38(7): e108–e116. doi:10.1161/ATVBAHA.118.311282.

The Renin-Angiotensin System and Cardiovascular Functions

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Keywords

renin; angiotensin; cardiovascular; atherosclerosis; aortic aneurysms

Introduction

The renin-angiotensin system plays critical roles in maintaining normal cardiovascular functions and contributes to a spectrum of cardiovascular diseases. Classically, the renin-angiotensin system is composed of angiotensinogen (AGT), renin, angiotensin-converting enzyme (ACE), angiotensin II (AngII), and two AngII receptors (AT1 and AT2 receptors).^{1,2} AGT, a protein with 452 amino acids, is cleaved by renin to produce AngI. AngI is a decapeptide, which is then cleaved by ACE to produce AngII. AngII is an octapeptide, acting through binding to its receptors, AT1 and AT2 receptors. AT1 receptor is the major receptor for AngII to regulate many physiological and pathophysiological functions.³⁻⁶ In mice, AT1 receptor has two subtypes, AT1a and AT1b, which have more than 90% sequence homology, but distinctive distributions and functions.^{4,7-12} AT1a receptor is important for blood pressure regulation and contributes to atherosclerosis and aortic aneurysms,^{5,13,14} whereas AT1b receptor has no evident contribution to these functions,¹⁵ but is associated with vasculature contractility.^{16,17} AT2 receptor is abundant during fetal development, but becomes low in most tissues after birth.¹⁸

In the past two decades, many new components in this system have been discovered. These include ACE2, a homologue of ACE, which converts AngII to Ang(1-7), or converts AngI to Ang(1-9).^{19,20} The G protein-coupled receptor Mas1 was identified as the receptor of Ang(1-7).²¹

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The content in this manuscript is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

Disclosures

None.

This review highlights some recent publications in *ATVB* that have provided insights into understanding the classic components of the renin-angiotensin system and its alternative components contributing to cardiovascular functions. We will focus on effects of this hormonal system on cardiac dysfunction, hypertension, atherosclerosis, and aortic aneurysms.²²⁻²⁹

Angiotensinogen

AGT is the only known substrate of the renin-angiotensin system to produce all downstream angiotensin peptides. AGT regulates blood pressure as demonstrated by multiple mouse models, including global AGT deficient mouse model and human AGT and renin transgenic mouse model.³⁰⁻³³ AGT was also implicated in atherosclerosis using a transgenic mouse model expressing both human angiotensinogen (*Agt*) and renin genes.³⁴ Two recent studies have provided direct evidence that AGT regulates blood pressure and contributes to atherosclerosis through AngII-mediated mechanisms.^{35,36} These studies used multiple genetic manipulations including *Agt* hypomorphic mice, bone marrow transplantation, hepatocyte-specific *Agt* deficient mouse model, and adeno-associated viral infection to repopulate the manipulated *Agt* in vivo. These studies demonstrate that hepatocyte-derived AGT is the predominant source to regulate blood pressure and promote atherosclerosis. A pharmacological approach using antisense oligonucleotides has also opened a door to directly target AGT for preventing high blood pressure and atherosclerosis.³⁶

Renin

Renin is the rate-limiting enzyme of the renin-angiotensin system and the only enzyme known to cleave AGT. These properties make renin a potentially attractive target to inhibit the renin-angiotensin cascade and improve AngII-mediated cardiovascular dysfunctions.^{37,38} Inhibition of renin reduces blood pressure and atherosclerosis in animal models.^{6,36,39-43} Unfortunately, renin inhibitors in patients with cardiovascular diseases have not provided superior beneficial effects beyond the well-established ACE inhibitors or AT1 receptor blockers.⁴⁴

Despite some disappointing findings in human studies of renin inhibition, it has not discouraged research to understand renin-related mechanisms of cardiovascular diseases. The juxtaglomerular cells of the kidney are the major source of renin production and secretion. As an important organ in blood pressure regulation and cardiovascular functions, renal denervation aiming to reduce sympathetic nerve activity has drawn significant attention, although there are conflicting findings that need further research.⁴⁵⁻⁴⁸ A recent study using pigs discovered that this approach reduced blood pressure and improved cardiovascular functions through its influence on kidney-brain-heart axis with profound changes of plasma renin activity, implicating the involvement of the renal renin-angiotensin system regulation in the process.⁴⁹

Angiotensin-converting enzymes (ACE)

In contrast to the rate-limiting and substrate-specific properties of renin, ACE is not sensitive to AngII concentration changes, and it is an enzyme that cleaves not only AngI, but also many other substrates including bradykinin (a vasodilator) and N-acetyl-Ser-Asp-Lys-Pro (a hemoregulatory peptide).⁵⁰⁻⁵³ There is a highly consistent literature demonstrating that ACE inhibition reduces blood pressure and atherosclerosis in animal models.^{6,54,55} ACE inhibitors are one major class for treatment of hypertension, cardiovascular dysfunctions and diabetic nephropathy in patients.⁵⁶⁻⁶⁰ Recent studies have also added new mechanistic insights into guiding the use of ACE inhibitors. It was found that high serum concentration of homocysteine decreased anti hypertensive effect of enalapril, an ACE inhibitor, in chronic hypertensive patients.⁶¹

ACE is ubiquitously present in many cell types, tissues, and organs.^{62,63} Leukocyte or smooth muscle cell-derived ACE contributed to atherosclerosis as demonstrated by bone marrow transplantation and cell-specific depletion of ACE respectively in a mouse model,^{54,64} although their effects were less potent than pharmacological inhibition of ACE systemically.⁶ ACE is abundant in endothelial cells.⁶⁵ However, depletion of ACE in this cell type had no effects on atherosclerosis.⁶⁴ Global genetic depletion or pharmacological inhibition of ACE reduced blood pressure,^{6,66} but depletion of ACE in leukocyte, endothelial cells, or smooth muscle cells did not affect blood pressure.^{54,64} Despite a well-known enzyme discovered half century ago^{67,68} with impressive success of its inhibitors in clinical patients,⁶⁹ it is still a long road to define mechanisms by which ACE contributes to multiple cardiovascular functions, including its cellular source that influences blood pressure regulation.

Angiotensin II

As the major bioactive peptide of the renin-angiotensin system, there are broad views of mechanistic insights into understanding how AngII contributes to multiple cardiovascular physiological and pathophysiological functions. We provide a brief review of the following diseases published recently in **ATVB**. For most of these studies, the approach employed was chronic subcutaneous infusion of AngII.^{70,71}

Cardiac Dysfunction

AngII induces several forms of cardiac dysfunction including hypertrophy, arrhythmia, and ventricle function failure.^{72,73} Basigin is a transmembrane glycoprotein that has multiple functions.⁷⁴ In a mouse model of transverse aortic constriction, genetic reduction of basigin led to less cardiac hypertrophy, fibrosis, and heart failure.⁷⁵ Deficiency of smooth muscle stromal interaction molecule 1, an endoplasmic reticulum Ca²⁺ sensor, also prevented AngII-induced cardiac hypertrophy.⁷⁶ These findings are consistent with that renin-angiotensin inhibition is crucial for improving cardiac dysfunction.

Hypertension

There are many factors contributing to hypertension.⁷⁷⁻⁷⁹ Salt intake is believed to be a critical factor for high blood pressure.⁸⁰ AngII is also a well recognized contributor to high

blood pressure.^{81,82} However, high salt intake suppresses the renin-angiotensin system, whereas low dietary salt increases AngII production.^{83,84} In accord with the paradox between salt intake and the renin-angiotensin regulation, dietary salt intake in blood pressure regulation and its consequent cardiovascular events have also been inconsistent, as reported in both human studies and animal models,⁸⁵⁻⁹¹ implicating complex molecular mechanisms involved in salt versus AngII-mediated hypertension and related cardiovascular dysfunctions.

Batchu and colleagues found that Axl, a receptor tyrosine kinase, in T-lymphocytes exerted a significant role in AngII-mediated blood pressure regulation.⁷⁸ This finding is consistent with reports by Harrison's group that T lymphocyte-mediated immune response contributed to AngII-induced high blood pressure,^{92,93} although this needs to be validated in human studies. In addition to immune cells, smooth muscle cells are a critical cell type in AngII-mediated blood pressure regulation. Smooth muscle 22 α is a cytoskeleton-associated protein in smooth muscle cells. Smooth muscle 22 α deficiency in mice reduced AngII-induced high blood pressure and senescence of vascular smooth muscle cells.^{93,94} These phenotypes were proposed to be associated with many mediators including p53 dependent pathway.⁹⁵ Activation of the $\alpha 7$ subtype of nicotinic acetylcholine receptors ($\alpha 7$ nAChR) inhibited AngII-induced senescence in cultured vascular smooth muscle cells and wild type mice, but not in mice with $\alpha 7$ nAChR deficiency. This effect was associated with sirtuin 1 activity since inhibition of sirtuin 1 abrogated this effect.⁹⁶ microRNA-143 and 145 are abundant in vascular smooth muscle cells and regulate myogenic tone.⁹⁷ Depletion of these two microRNAs did not affect AngII-induced high blood pressure, but caused more severe arterial wall disruption, vascular remodeling and inflammation.⁹⁸ Another recent study identified flinecellular repressor of E1A-stimulated genes as a mediator of AngII-induced vascular remodeling.⁹⁹ From these recent studies, we can gather that AngII-mediated hypertension is a complex process that involves a large spectrum of molecules and many cell types.

Atherosclerosis

Atherosclerosis is a complex disease involving diverse mechanisms including disordered lipoprotein metabolism, inflammation, endothelial dysfunction, reactive oxygen species, and endoplasmic reticulum stress.^{29,100-103} Animal models are a common tool to study these mechanisms and exploring potential therapeutic targets. For example, application of drugs using nanoparticles holds promise to optimize drug delivery and efficacy. In apolipoprotein E deficient (*ApoE*^{-/-}) mice fed a high fat diet and infused with AngII, nanoparticles containing pioglitazone, an antidiabetic drug that also had peroxisome proliferator-activated receptor- γ agonistic effects, was injected intravenously on a weekly base for 4 weeks. Although pioglitazone administration did not change atherosclerotic lesion size and macrophage content, it reduced Ly-6C high monocytes, matrix metalloproteinase activity, and cathepsin activity.¹⁰⁴

In addition to mouse models, rabbits have been frequently used to study atherosclerosis. In one study, infusion of AngII to Watanabe heritable hyperlipidemic rabbits led to high death rate (50% for AngII 100 ng/kg/min and 92% for AngII 200 ng/kg/min) due to acute

myocardial infarction with coronary plaque erosion, rupture, and thrombosis.¹⁰⁵ Since plaque rupture and thrombosis are high risk complications in humans,¹⁰⁶ this model would be optimal to study mechanisms related to the human disease. In another study, Honda and colleagues infused AngII to Japanese White rabbits when they were fed a high cholesterol diet and injured using balloon catheter to femoral arteries.¹⁰⁷ This procedure also led to atherothrombotic occlusions. Ezetimibe, a lipid-lowering drug used in patients, profoundly decreased this fatal pathology, providing rationale to determine its extended effects in patients.¹⁰⁷

Thoracic Aortic Aneurysms

Thoracic aortic aneurysms (TAA) manifest as profound dilation of the thoracic aorta, accompanied by compromise of aortic wall integrity, dissection or rupture.¹⁰⁸⁻¹¹² Many genetic disorders are involved in this disease process including fibrillin-1,^{113,114} transforming growth factor (TGF)- β ligands and receptors,¹¹⁵⁻¹²⁰ smooth muscle cell-specific isoforms of α -actin (encoded by *Acta2*) and myosin heavy chain (encoded by *Myh11*).¹⁰⁹ In addition to these genetic manipulations, infusion of AngII also leads to TAA, predominantly localized to the ascending aortic region.¹²¹⁻¹²⁴

The aortic wall is composed of the intima, media, and adventitia. Among the cell types of the aorta, smooth muscle cells are the most abundant cell type and have been the most frequently studied cell type in the development of TAA. Vascular smooth muscle cell phenotypes are associated with aortic aneurysm formation and its pathological process.

Components of TGF- β signaling pathways are important for maintaining aortic wall integrity. However, its effects on TAA and abdominal aortic aneurysm (AAA) formation are controversial. Inhibition of TGF- β by neutralizing antibodies augmented aortic rupture rate and aortic dilation in both abdominal and thoracic aortic regions in AngII-infused mice,¹²⁵⁻¹²⁷ but attenuated development of TAA in a Marfan mouse model.¹¹⁴ To explore the conflicting findings in different mouse models and different locations of aortic aneurysms, a recent study determined mechanisms of TGF- β signaling in AngII-induced TAA and AAA, combined with smooth muscle cell-specific TGF- β receptor 2 deficiency.¹²⁸ Systemic TGF- β neutralization augmented AAA, but had no effects on TAA. In contrast, smooth muscle cell-specific TGF- β receptor 2 deficiency augmented TAA, but had no apparent effects on the abdominal aorta.¹²⁸ This study emphasizes the distinctive mechanisms between TAA and AAA.¹²⁹

MicroRNA-21 was identified as a critical modulator of proliferation and apoptosis of smooth muscle cells during development of AAA. Overexpression of microRNA-21 reduced AAA and inhibition of this microRNA augmented AAA in two common mouse models.¹³⁰ A recent study discovered that in mice with Smad3 heterozygous background aortic miR-21 expression was increased by AngII infusion and systemic microRNA-21 deletion exacerbated AngII-induced TAA formation.¹³¹ This study, combined with studies using TGF- β receptor 2 genetically manipulated mice, provides evidence for the importance of TGF- β mediated mechanisms in the development of TAA.

In addition to components that are important for maintaining the aortic wall structure and integrity, embryonic origins of smooth muscle cells determine their phenotypes and functions. Embryonic origins of smooth muscle cells in the aorta are complex.¹³² A recent study provided evidence that smooth muscle cells in the ascending aortic region were derived from two embryonic origins, with second heart field contributing to the outer layers and cardiac neural crest for the inner medial layers.¹³³ This study adds new insights into understanding mechanisms of TAA from an evolutionary viewpoint.¹³⁴

Besides critical roles of smooth muscle cells, inflammation is a feature of TAA. Contractile dysfunction in smooth muscle cells is present in aortas of patients with sporadic thoracic aortic aneurysm and dissection, and is associated with activation of nucleotide oligomerization domain-like receptor family, pyrin domain containing 3 (NLRP3)-caspase-1 inflammasome.¹³⁵ A recent study reported that NLRP3 or caspase-1 deficiency in mice significantly reduced AngII-induced contractile protein degradation and aortic aneurysm formation in both thoracic and abdominal aortic regions.¹³⁵

Abdominal Aortic Aneurysms

AAA is defined as pathological dilation of the abdominal aorta. Same as individuals afflicted with TAA, aortic rupture is a fatal consequence of AAA.^{110,112,136,137} There are three commonly used mouse models to study AAA: perfusion of elastase into the infrarenal aorta,¹³⁸ peri-aortic application of calcium chloride,¹³⁹ or subcutaneous infusion of AngII.^{70,140} Modifications of these mouse models have also provided mechanistic insights. For example, co-administration of β -aminopropionitrile with AngII,^{141,142} co-administration of TGF- β neutralizing antibody with AngII¹²⁵ or administration of TGF- β neutralizing antibody to mice with elastase-induced AAA,²⁵ or application of calcium chloride with phosphate-buffered saline onto the infrarenal aorta.¹⁴³

Hypercholesterolemia augments AngII-induced AAA.^{144,145} Therefore, *ApoE*^{-/-} mice and low-density lipoprotein receptor deficient mice are the two commonly used mouse models for AngII-induced AAA studies.^{70,71,140} Although AngII-infused mouse model has become a popular model to study AAA, breeding mice to a hypercholesterolemic background has hampered its more broad use.¹⁴⁶ A recent study provided a rapid approach for increasing plasma cholesterol and AngII-induced AAA incidence in C57BL/6 mice by applying a gain-of-function mutation of mouse PCSK9 protein using an adeno-associated viral method,¹⁴⁷ which was also frequently used in atherosclerosis studies.¹⁴⁸⁻¹⁵⁰

Inflammation as well as extracellular matrix disruption and remodeling are important features of AngII-induced AAA.^{112,145,151-154} Publications describing AngII-induced AAA were featured in a recent **ATVB Highlights**,¹¹² including molecules that promote inflammation involving not only macrophages, but also T and B lymphocytes,¹⁵⁵⁻¹⁶⁴ oxidative stress,¹⁶⁵⁻¹⁶⁷ and many other factors.^{112,145,168}

In addition to extensive studies to define molecular mechanisms of AAA, some recent studies have emphasized the importance of studying sex differences.^{29,169-171} One study used the four core mouse model to generate gonadal male mice with XX or XY chromosomes. This study found that gonadal male mice with an XY chromosome

complement exhibited diffuse aortic aneurysms, whereas XX chromosome complement exhibited focal aortic dilation. Orchiectomy attenuated AngII-induced TAA and AAA in male mice.¹⁷²

Angiotensin II Receptors

AT1a Receptor

AT1a receptor, a subtype of AngII receptor, is the major receptor for AngII-mediated cardiovascular functions in mice. Global deficiency of AT1a receptor ablates atherosclerosis and attenuates AngII-induced TAA and AAA.^{5,14,39,173,174} This effect was not attributed to the presence of AT1a receptor on leukocytes^{39,174} or smooth muscle cells,^{14,122} while endothelial cell-specific depletion of AT1a receptor had modest protective effects on AngII-induced TAA, but not AAA and atherosclerosis.^{14,122} In agreement with these previous studies, using a well-established Marfan mouse model with genetic disruption of fibrillin-1 expression, Galatioto and colleagues¹⁷⁵ found that endothelial-cell specific deletion, but not smooth muscle cell-specific deficiency, of AT1a receptor, modestly attenuated TAA development and related aortic rupture.

AT2 Receptor

Although AT2 receptor remains low in most tissues and organs postnatally, many studies have reported increased presence of AT2 receptor under certain pathophysiological conditions as reviewed in a recent article.¹⁷⁶ Genetic deletion of AT2 receptor in mice had no effects on general health and development,¹⁷⁷ but promoted angiogenesis within ischemic muscle.¹⁷⁸ A diabetic mouse model with a spontaneous mutation in the insulin 2 gene (Ins2+/C96Y) was bred with AT2 receptor deficient mouse model. Hindlimb ischemia was induced by ligating femoral artery. Depletion of AT2 receptor augmented blood flow reperfusion and collateral vessel formation that were associated with SH2 domain-containing phosphatase 1 activity and vascular endothelial growth factor action.¹⁷⁹

Alternative Pathways

This section introduces an enzyme, a bioactive peptide, and a receptor beyond the classic renin-angiotensin components.

Angiotensin-converting Enzyme 2 (ACE2)

ACE2 prevents atherosclerosis and aortic aneurysms, as demonstrated by deficiency of ACE2 accelerating atherosclerosis and AngII-induced AAA in hypercholesterolemic mice.^{180,181} Recently, Moran and colleagues reported that ACE2 deficiency in *Apoe*^{-/-} mice augmented incidence of AAA and aortic rupture rate. Of note, deficiency of ACE2 also led to spontaneous AAA formation in the absence of AngII. Resveratrol, a class of compounds produced by many plants, increased ACE2 and inhibited AAA growth in AngII-infused mice.¹⁸²

Angiotensin (1-7) and Mas1

Recent studies have implicated that Ang(1-7) has protective effects on multiple cardiovascular functions through its interaction with Mas1.¹⁸³ Many studies reported that Ang(1-7)/Mas1-mediated actions counteracted actions of AngII.^{180,184-186} For example, Ang(1-7) had vasodilation effect that was mediated by Mas1, whereas AngII had potent vasoconstriction effect.¹⁸⁷ One study reported that Ang(1-7) induced nitric oxide-mediated vasodilation and increased telomerase activity of endothelial cells.¹⁸⁷ In another study, low dose of Ang(1-7) increased angiogenesis and vasodilation through its interaction with Mas1, which had equivalent effects as same low dose of AngII. Among potential mechanisms, ERK1/2 was essential for Ang(1-7)-induced angiogenesis and vasodilation.^{186,188}

Acknowledgments

Sources of Funding

The authors' research work was supported by the National Heart, Lung, and Blood Institute of the National Institutes of Health under award numbers R01HL133723 and R01HL139748 and the American Heart Association SFRN in Vascular Disease (18SFRN33960001). JZC is supported by the National Center for Advancing Translational Sciences (UL1TR001998). HS is supported by an AHA postdoctoral fellowship (18POST33990468).

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Summary

Although the major renin-angiotensin members were discovered more than a half century ago, this system still attracts a large number of research work in different fields. This implicates the importance of this hormonal system in physiological and pathophysiological functions, but also notes that there are many unknowns and conundrums of this system in our knowledge that require more extensive research work.